

I.B.P.Th 2021-22

First Academic Term

Fundamentals of kinesiology & Kinesiotherapy Practical

Month	Topic	Faculty
April'22	Movements	Shreya Dhake
April'22	Passive movements-Elbow,Knee	Rutuja kowale
April'22	Passive movements-WRIST,ANKLE	Rutuja kowale
May'22	Passive movements-shoulder	Rutuja kowale
May'22	passive movements-hip	Rutuja kowale
May'22	Active movements	Shreya Dhake
May'22	Massage-back	Harshada Sonawane
May'22	Massage-back	Harshada Sonawane
May'22	massage-neck	Harshada Sonawane
May'22	massage-neck	Harshada Sonawane
June'22	massage-Upper limb	Harshada Sonawane
June'22	massage-Upper limb	Harshada Sonawane
June'22	massage-face	Harshada Sonawane
June'22	Relaxation	Atiya Shaikh
June'22	Relaxation	Atiya Shaikh
June'22	Relaxation	Atiya Shaikh
July'22	starting position	aditi soman
July'22	derived position	aditi soman
July'22	derived position	aditi soman
July'22	derived position	aditi soman
July'22	derived position	aditi soman

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Kinesiotherapy, HOD

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I.B.P.Th 2021-22

First Academic Term

Fundamentals of kinesiology & Kinesiotherapy Theory

Month	Topic	Faculty
April'22	Movements	Shreya Dhake
April'22	Axis& planes	Shreya Dhake
April'22	Passive movements	Rutuja Kowale
April'22	Basic biomechanics	Namrata Bhadbhade
April'22	kinetics/kinematics	
	openchain/closed chain	
April'22	Active movements	Shreya Dhake
April'22	Active movements	Shreya Dhake
MAY'22	Newton's laws, forces	Namrata Bhadbhade
May'22	Massage	Harshada Sonawane
	Massage	Harshada Sonawane
	Massage	Harshada Sonawane
May'22	muscle contraction	Snehal Joshi
May'22	Levers	Aditi k
May'22	COG,LOG, BOS, equilibrium	Aditi K
June'22	Relaxation	Atiya Shaikh
June'22	Relaxation	Atiya Shaikh
May'22	COG,LOG, BOS, equilibrium	Aditi Soman
June'22	Types of muscles	Rutuja Kowale
June'22	Muscle action	Rutuja Kowale
June'22	CPM,Tilt Table	Rajani Pagare
June'22	Springs,Pulleys	Rutuja Kowale
June'22	Therapeutic gym-shoulder wheel, quadriceps table	Aditi k
June'22	range of muscle work,angle of pull, torque	Snehal Joshi
July'22	starting position	Aditi Soman
July'22	starting position	Aditi Soman
July'22	derived position	Aditi Soman
July'22	derived position	Aditi Soman
July'22	derived position	Aditi Soman
July'22	derived position	Aditi Soman
July'22	walking aids	Aparna Sadhale
July'22	finger ladder,rowing machine,	Namrata Sidhaye
July'22	shoulder pulley	
July'22	walking aids	Namrata Bhadbhade
July'22	finger ladder,rowing machine,	Namrata Bhadbhade
July'22	shoulder pulley	

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II B.P.Th A.Y.2021-22

Second Term ACADAMIC PLAN FOR KINESIOTHERAPY

**THEORY**

Sr. No.	month	TIME	TOPIC	FACULTY
1	June	9-10am	co-ordination	Dr. Atiya S
			co-ordination	
2			Humidification and	Dr. Aditi B.
			Humidification and	
3	July	9-10am	surface anatomy of	Dr. Shreya D.
			Postural drainage	
			Postural drainage	
4			stretching	Dr. Atiya s
			stretching	
			stretching	
			stretching	
5	August	9-10am	joint mobility	Dr. Aditi S.
			joint mobility	
6	September	9-10am	Balance	Dr. Snehal Joshi
			Balance	
			Balance	
7	October		Functional re-education	Dr. Snehal Joshi



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II B.P.Th - A.Y.2021-22**

**Second Term ACADAMIC PLAN FOR KINESIOTHERAPY**

PRACTICALS				
DATE	DAY	TIME	TOPIC	
1	June	2-3pm	co-ordination	
			co-ordination	
			Transfers	
2*			Transfers	
			point gait	
3			point gait	
4	July	2-3pm	Surface anatomy	
			Surface anatomy	
			Postural drainage	
			Postural drainage	
			Postural drainage	
			Postural drainage	
			Postural drainage	
			Postural drainage	
5			stretching	
			stretching	
6	August	2-3pm	stretching	
			stretching	
			stretching	
			joint Mobility	
			joint Mobility	
7			balance	
			balance	
			balance	
8	September		functional reeducation	
			functional reeducation	
			functional reeducation	
		9-10am/2-3pm	Revision and remedial teaching	



  
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III B.P.Th

FDPS 2021-22 First Term

CVRS

Month	Faculty	Topic
July'21	Aditi B	Evaluation of respiratory system
	Aditi B	Evaluation of respiratory system
	Aditi B	Evaluation of respiratory system Practical
August'21	Aditi B	6 minute walk test
	Aditi B	6 minute walk test
	RP,SD,AS, AB	6 minute walk test practical
	RP,SD,AS, AB	6 minute walk test practical
	RP,SD,AK	6 minute walk test practical
October'21	Rajani Pagare	Chest Xray
	Rajani Pagare	Chest Xray
	Rajani Pagare	Chest Xray
November'21	Aditi S	ABG
	Aditi S	ABG
	Aditi S	ABG
	Aditi S	ABG
	Aditi S	ABG
	Rajani Pagare	Case Discussion ICF
	Rajani Pagare	Case Discussion ICF

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III B.P.Th  
FDPS 2021-22 Second Term

Month	Faculty	Topic CVRS
December'21	Rajani Pagare	Exercise Testing
	Rajani Pagare	Exercise Testing
	Rajani Pagare	Exercise Testing
	Rajani Pagare	Exercise Testing
	Aditi Soman	PFT
	Aditi Soman	PFT
	Aditi Soman	PFT
	Aditi Soman	PFT
	Aditi Soman	PFT
January'22	Shreya Dhake	ECG
	Shreya Dhake	ECG
	Shreya Dhake	ECG
	Shreya Dhake	ECG
	Shreya Dhake	ECG
February'22	Aditi Soman	Effects of immobilisation
	Aditi Soman	Effects of immobilisation

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**TEACHING PLAN FOR III B.P.Th. PDMS- MSK ; A.Y. 2021-22**

**I term**

FDPS

Sr. No.	Date	Day	Time	Topic	Name of faculty	Th/ Pr
1	11-08-21	Wednesday	9-10 am	Msk Assessment	Diptee Bhole	Theory
2	14-08-21	Saturday	9-10am	Msk Assessment	Diptee Bhole	Theory
3	16-08-21	Monday	2-3 pm	Holiday		
4	17-08-21	Tuesday	2-3 pm	Msk Assessment	Diptee Bhole	Theory
5	18-08-21	Wednesday	9-10 am	Msk Assessment	Diptee Bhole	Theory
6	21-08-21	Saturday	9-10am	Msk Assessment	Diptee Bhole	Theory
7	23-08-21	Monday	2-3 pm	Msk Assessment	Diptee Bhole	Theory
8	24-08-21	Tuesday	2-3 pm	Msk Assessment	Diptee Bhole	Theory
9	25-08-21	Wednesday	9-10 am	Msk Assessment	Diptee Bhole	Theory
10	28-08-21	Saturday	9-10am	Msk Assessment	Diptee Bhole	Theory
11	30-08-21	Monday	2-3 pm	Msk Assessment	Diptee Bhole	Theory
12	31-08-21	Tuesday	2-3 pm	Msk Assessment	Diptee Bhole	Theory
13	01-09-21	Wednesday	9-10 am	Msk Assessment	Diptee Bhole	Theory / Practical
14	04-09-21	Saturday	9-10am	Msk Assessment	Diptee Bhole	Theory / Practical
15	06-09-21	Monday	2-3 pm	Shoulder Special tests	Ashwini Kamble	Practical
16	07-09-21	Tuesday	2-3 pm	Shoulder Special tests	Ashwini Kamble	Practical
17	08-09-21	Wednesday	9-10 am	Shoulder Special tests	Ashwini Kamble	Practical
18	11-09-21	Saturday	9-10am	Knee Special Tests	Namrata Sidhaye	Practical
19	13-09-21	Monday	2-3 pm	Elbow Special Tests	Apurva Likhite	Practical
20	14-09-21	Tuesday	2-3 pm	Knee Special Tests	Namrata Sidhaye	Practical

**15-09-2021 to 07-11-2021 BREAK**

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**TEACHING PLAN FOR III B.P.Th. PDMS- MSK ; A.Y. 2021-22**

II term

Sr.	Month	Topic	Name of faculty	Th/ Pr
	November	Special tests Knee	Namrata Sidhaye	Practical
		Special tests Elbow	Apurva Likhite	Practical
		Msk Assessment	Diptee Bhole	Theory / Practical
	December	Msk Assessment	Diptee Bhole	Theory / Practical
		Msk Assessment	Diptee Bhole	Theory / Practical
		Msk Assessment	Diptee Bhole	Theory / Practical
		Msk Assessment	Diptee Bhole	Theory / Practical
		Msk Assessment	Diptee Bhole	Theory / Practical
		Special tests Shoulder	Ashwini Kamble	Practical
		Special tests Shoulder	Ashwini Kamble	Practical
		Special tests Shoulder	Ashwini Kamble	Practical
		Special tests spine	Diptee Bhole	Practical
		Special tests spine	Diptee Bhole	Practical
	January	Manual Therapy Basics	Diptee Bhole	Theory
		Kaltenborn school of thought	Diptee Bhole	Theory / Practical
		Cyriax's school of thought	Apurva Likhite	Theory / Practical
		MFR	Ashwini Kamble	Theory / Practical
		Special tests Hip	Apurva Likhite	Theory / Practical
	February	Maitland's school of thought	Diptee Bhole	Theory / Practical
		Neural tissue mobilisation	Apurva Likhite	Theory / Practical
		MET	Ashwini Kamble	Theory / Practical
		Special tests Hand	Apurva Likhite	Theory / Practical
	March	McKenzie	Diptee Bhole	Theory / Practical
		Mulligan	Ashwini Kamble	Theory / Practical
	April May	Revision and practice for mobilisation techniques / complete syllabus / case presentations contd.		



  
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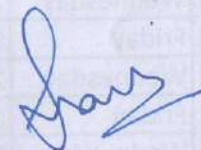
(2021-22 Batch)

## IIIBPTh Neurophysiotherapy (2021-22)

### Tentative Academic Timetable FDPs

date	day	time	Teacher	Topic
11-Aug-21	Wednesday	2pm-3pm	Dr Snehal Joshi	Neurological assessment
13-Aug-21	Friday	9am-10am	Dr Atiya Shaikh	MAS
18-Aug-21	Wednesday	2pm-3pm	Dr Snehal Joshi	GCS/BBS
20-Aug-21	Friday	9am-10am	Dr Snehal Joshi	neuro eval
27-Aug-21	Friday	9am-10am	Dr Snehal Joshi	ICF
01-Sep-21	wednesday	2pm-3pm	Dr Snehal Joshi	DGI
03-Sep-21	Friday	9am-10am	Dr Atiya Shaikh	MMSE
08-Sep	Wednesday	2pm-3pm	Dr Atiya Shaikh	ASIA
10-Nov	Wednesday	2pm-3pm	Dr Snehal Joshi	STREAM
12-Nov	Friday	9am-10am	Dr Harshada Sonawane	Barthel/FIM
17-Nov	Wednesday	2pm-3pm	Dr Atiya Shaikh	Cranial nerves
24-Nov	Wednesday	2pm-3pm	Dr Harshada Sonawane	SDC
26-Nov	Friday	9am-10am	Dr Harshada Sonawane	SDC
01-Dec	Wednesday	2pm-3pm	Dr Harshada Sonawane	SDC
03-Dec	Friday	9am-10am	Dr Harshada Sonawane	FG Testing
08-Dec	Wednesday	2pm-3pm	Dr Harshada Sonawane	FG testing
10-Dec	Friday	9am-10am	Dr Harshada Sonawane	FG testing
15-Dec	Wednesday	2pm-3pm	Dr Atiya Shaikh	Growth and development
17-Dec	Friday	9am-10am	Dr Atiya Shaikh	Growth and development
22-Dec	Wednesday	2pm-3pm	Dr Atiya Shaikh	Growth and development
24-Dec	Friday	9am-10am	Dr Atiya Shaikh	Growth and development
29-Dec	Wednesday	2pm-3pm	Dr Atiya Shaikh	Growth and development
31-Dec	Friday	9am-10am	Dr Atiya Shaikh	Growth and development
05-Jan-22	Wednesday	2pm-3pm	Dr Harshada Sonawane	Pain assessment
07-Jan-22	Friday	9am-10am	Dr Harshada Sonawane	Pain assessment
12-Jan-22	Wednesday	2pm-3pm	Dr Harshada Sonawane	Pain assessment
14-Jan-22	Friday	9am-10am	Dr Snehal Joshi	Brunnstorm
19-Jan-22	Wednesday	2pm-3pm	Dr Snehal Joshi	Brunnstorm
21-Jan-22	Friday	9am-10am	Dr Snehal Joshi	Brunnstorm
28-Jan-22	Friday	9am-10am	Dr Snehal Joshi	Brunnstorm
02-Feb-22	Wednesday	2pm-3pm	Dr Harshada Sonawane	NCV
04-Feb-22	Friday	9am-10am	Dr Harshada Sonawane	NCV
09-Feb-22	Wednesday	2pm-3pm	Dr Harshada Sonawane	NCV
11-Feb-22	Friday	9am-10am	Dr Atiya Shaikh	Bobath
16-Feb-22	Wednesday	2pm-3pm	Dr Atiya Shaikh	Bobath
18-Feb-22	Friday	9am-10am	Dr Atiya Shaikh	NDT
23-Feb-22	Wednesday	2pm-3pm	Dr Atiya Shaikh	NDT
25-Feb-22	Friday	9am-10am	Dr Atiya Shaikh	NDT
02-Mar-22	Wednesday	2pm-3pm	Dr Atiya Shaikh	NDT

04-Mar-22	Friday	9am-10am	Dr Atiya Shaikh	NDT
09-Mar-22	Wednesday	2pm-3pm	Dr Atiya Shaikh	NDT
11-Mar-22	Friday	9am-10am	Dr Snehal Joshi	EMG
16-Mar-22	Wednesday	2pm-3pm	Dr Snehal Joshi	EMG
18-Mar-22	Friday	9am-10am	Dr Snehal Joshi	EMG
23-Mar-22	Wednesday	2pm-3pm	Dr Snehal Joshi	EMG
25-Mar-22	Friday	9am-10am	Dr Snehal Joshi	EMG
30-Mar-22	Wednesday	2pm-3pm	Dr Snehal Joshi	EMG
01-Apr-22	Friday	9am-10am	Dr Harshada Sonawane	MRP
06-Apr-22	Wednesday	2pm-3pm	Dr Harshada Sonawane	MRP
08-Apr-22	Friday	9am-10am	Dr Harshada Sonawane	MRP
13-Apr-22	Wednesday	2pm-3pm	Dr Harshada Sonawane	MRP
20-Apr-22	Wednesday	2pm-3pm	Dr Snehal Joshi	PNF
22-Apr-22	Friday	9am-10am	Dr Snehal Joshi	PNF
27-Apr-22	Wednesday	2pm-3pm	Dr Snehal Joshi	PNF
29-Apr-22	Friday	9am-10am	Dr Snehal Joshi	PNF
04-May-22	Wednesday	2pm-3pm	Dr Snehal Joshi	PNF
06-May-22	Friday	9am-10am	Dr Snehal Joshi	PNF
11-May-22	Wednesday	2pm-3pm		revision
13-May-22	Friday	9am-10am		revision
18-May-22	Wednesday	2pm-3pm		revision
20-May-22	Friday	9am-10am		revision
25-May-22	Wednesday	2pm-3pm		revision
27-May-22	Friday	9am-10am		revision



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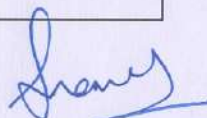
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**DES Brijlal Jindal college of Physiotherapy, Pune**  
**Academic Calancer**  
**III BPTTh 2021-22**

Surgery 1		Surgery 2	
AUGUST		August	
	Introduction		Osteoarthritis
	Arterial Occlusion		Spondylosis, Spondylolistheis
	Wound Healing		RA, Ankylosing Spondylosis
September			Xray Spine And Extremity
	Gangrene		Haemophilic Arthritis , Gout
	TAO		Tuberculous Arthritis
november			Psoriatic Arthritis, Juvenile Arthritis
	Reynauds Disease Atherosclerosis	September	
December			Neurogenic Arthritis
	Aneurysm Kleoid Hypertrophic Scar		Fractures
	Acute Arterial Occlusion		Emergency Care and First Aid
	Varicose Veins		Subluxation and Dislocation upper limb
	Pressure Sores		Subluxation and Dislocation lower limb
	DVT, Burns	December	
January	Tracheostomy		Amputation
	Shock		Rickets, Osteroporosis, Osteromalacia
	CA breast		Soft tissue Injuries
February			Osteoporosis
	Thoracic Incisions		Scoliosis
	Abdominal Incisions	January	
March			Kyphosis
	Chest Injuries	February	
	Rib fracture, Inguinal Hernia		Back Pain
	Appendisectomy		Neck Pain, congenital Anamolies
	Skin Grafts, Flaps	March	
	Head injury		Foot Deformities
April			Bone Tumors
	Peripheral Nerve Injuries		Peripheral Nerve Injuries
	Amputation		Sprengel Shoulder
May			Hip Dislocation
	Urology		Spinal Cord Injuries
			TB bone

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# DES Brijlal Jindal college of Physiotherapy, Pune

## Academic Calancer

### III BPTH 2021-22

community health and sociology

Aug-21	health and indicators of health	
	epidemiology and environmental health	
	concept of disease	
Sep-21	prevention and control of diseases	
Oct 21-nov 21	Preparatory leave+ university exam	
Dec-21	nutrition and health	
	health care system	
	rural and urban health development	
	international health	
	MCH	
	ANC+PNC	
	infant health	
	Terminal Exam	
Jan-22	inmunisation	
	demography and family planning	
	Introduction to Sociology	
	health and sociology	
	socialization	
	community rural and urban	
Feb-22	culture health and disease	
	social stratification	
	social changes	
	social problems	
	brain death and organ donation	
	social security	
Mar-22	occupational diseases	
	ergonomics+occupational health	
	geriatrics	
	menatla health	
	non communicable diseases	
	accidents/injuries	
	vector born diseases	
	HIV/AIDS	
	Prelim Exam	
Apr-22	Revision	

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Academic Calancer

III BPTH 2021-22

Med 1	Neuro med	Pediatrics	
Aug-21 pneumonia	August	August	
ECG			Intrauterine Growth of Foetus
Lung abscess		September	
bronchiectasis	September		Growth and Development
pleural diseases		November	
pneumothorax			Immunization
dyspnea	Oct 21-nov 21	Oct 21-nov 21	Preparatory leave+II yr university exam
arthritis	December	December	
ILD			Neonatal Sepsis
occupational lung diseases			HIE
cystic fibrosis			Cerebral Palsy
ABG		January	
NIV	January		CNS Infections
COPD			MMR
pulmonary HT			Epilepsy and seizures
cor pulmonale		Feb	Revision
blocks	February	Mar-22	Revision +examination
TB			
Preparatory leave+ university			
Dec-21 MI			
bronchial asthma	Mar-22		
acute rheumatic fever			
Jan-22 endocrine system			
DM			
congenital heart diseases			
thyroid diseases			
HT			



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**DES Brijlal Jindal college of Physiotherapy, Pune**  
**Academic Calancer III BPTTh 2021-22**

	Med 1	Neuro med	Pediatrics	
Aug-21	pneumonia	August	August	
	ECG		Introduction	Intrauterine Growth of F
	Lung abcess a		Stroke	September
	bronchiectasis	September		Growth and Developme
	pleural diseases		Movement Disorders	November
	pneumothorax		Basal Ganglia	Immunization
	dyspnea	Oct 21- nov 21	Preparatory leave+ II yr university exam	Oct 21-nov 21 Preparatory leave+II yr university exam
	arthrities	December		December
	ILD		Multiple Sclerosis	Neonatal Sepsis
	occupational lung diseases		Cranial Nerves	HIE
	cystic fibrosis		Peripheral Neuropathies	Cerebral Palsy
	ABG		Spinal Cord injuries	January
	NIV	January		CNS Infections
	COPD		Dementia	MMR
Sep-21	pulmonary HT		Myathenia Gravis	Epilepsy and seizures
	cor pulmonale		Myopathy	Feb Revision
	blocks	February		Mar-22 Revision +examination
	TB		Cerebellar disorders	
Oct 21-	Preparatory leave+		CNS Infections	
Dec-21	MI			
	bronchial asthma	Mar-22	Revision +examination	
	acute rheumatic fever			
Jan-22	endocrine system			
	DM			
	congeniatl heath diseases			
	thyroid diseases			
	HT			
	cardiomyopathy+ heart failure			
Feb-22	RA,OA,SLE			
	gaut			
	obesity			
	aging			
	nutrition			
	micronutrients			
Mar-22	Revision +examination			

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**III BPTTh 2021-22**

	Gynaecology		Dermatology
Aug-21	Intorduction	August	
	common menstrual problems		Introduction
Sep-21	common gynaeac problems		Viral Diseases, Fungal Diseases
Oct 21-nov 21	Preparatory leave+II yr university exam	September	
Dec-21	geniatl prolaps		Connective Tissue Diseases
	instruments		Eczema, Scars, Papula Sq. Diseases
	c section	Novemeber	
Jan-22	infertility		Leprosy
	nomal delivery	December	
Feb-22	signs and symptoms of pregnancy		Viva exam
	episiotomy		Drug Reactions and Parasitic Reactions
Mar-22	contraception		HIV
	diagnostic check ups		STD, STI
	hysterectom		Vesiculobullous Disorders
Apr-22	revisions+interna exam	Apr-22	revisions+interna exam

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	cardiomyopathy+ heart failure			
Feb-22	RA,OA,SLE			
	gaut			
	obesity			
	aging			
	nutrition			
	micronutrients			
Mar-22	Revision +examination			



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100-33	cardiomyopathy+ heart failure			
100-33	RA,OA,SLE			
100-33	gaut			
100-33	obesity			
100-33	aging			
100-33	nutrition			
100-33	micronutrients			
100-33	Revision +examination			

100-33-33-33  
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CARDIOVASCULAR&RESPIRATORY TEACHINGPLAN FOR I TERM 2021-22

IV BPTU

SR NO	Date	Day	Time	Faculty	Topic
1	11-8-21	Wednesday	3-4PM	Aditi Berry	Respi. Anatomy
2	13-8-21	Friday	9-10AM	Aditi soman	Bronchial hygiene-1
3	18-8-21	Wednesday	9-10AM	Aditi Berry	Respi. Anatomy
4	18-8-21	wednesday	3-4PM	Aditi soman	Bronchial hygiene-2
5	20-8-21	Friday	9-10 AM	Aditi soman	Bronchial hygiene-3
6	23-8-21	Monday	3-4PM	Rajani Pagare	Burns
7	25-8-21	Wednesday	9-10am	Rajani Pagare	burns
8	25-8-21	Wednesday	3-4PM	Aditi soman	Bronchial hygiene Practicals
9	27-8-21	Friday	9-10AM	Rajani Pagare	Burns
10	30-8-21	Monday	3-4PM	Shreya Dhake	Respi. Physiology
11	1-9-21	Wednesday	9-10am	Shreya Dhake	Respi. Physiology
12	1-9-21	Wednesday	3-4PM	Aditi Berry	Respi pharmacology
13	3-9-21	friday	9-10am	Shreya Dhake	Body positioning 1
14	6-9-21	monday	2-3PM	Shreya Dhake	Body positioning 1
15	8-9-21	Wednesday	9-10AM	Aditi Soman	abdominal surgery
16	8-9-21	Wednesday	3-4PM	Aditi Berry	Respi pharmacology
17	13-9-21	Monday	3-4PM	Rajani Pagare	cardiac rehab 1
18	15-9-21	Wednesday	9-10AM	Rajani Pagare	cardiac rehab 2
19	15-9-21	Wednesday	3-4PM	Rajani Pagare	cardiac rehab 3
20	8-11-21	Monday	3-4PM	Aditi Berry	MRM *
21	10-11-21	Wednesday	9-10AM	Aditi Berry	MRM
22	10-11-21	Wednesday	3-4PM	Rajani Pagare	Cardiac anatomy
23	12-11-21	friday	9-10 am	Rajani Pagare	Cardiac Physiology
24	15-11-21	Monday	3-4PM	Rajani Pagare	Cardiac Physiology
25	17-11-21	Wednesday	9-10 am	Shreya Dhake	COPD
26	17-11-21	Wednesday	3-4PM	Shreya Dhake	Pulmonary rehabilitation
27	22-11-21	Monday	3-4PM	Shreya Dhake	Pulmonary rehabilitation
28	24-11-21	Wednesday	9-10 am	aditi soman	Oxygen therapy
29	24-11-21	Wednesday	3-4PM	aditi soman	Oxygen therapy
30	26-11-21	Friday	9-10AM	Aditi Berry	Lung expansion therapy-1
31	29-11-21	Monday	3-4PM	aditi berry	Lung expansion therapy-2
32	1-12-21	Wednesday	9-10 am	aditi berry	Lung expansion therapy-3
33	1-12-21	Wednesday	3-4PM	Rajani Pagare	IHD
34	3-12-21	Friday	9-10 am	Rajani Pagare	IHD
35	6-12-21	Monday	3-4PM	Rajani Pagare	PACEMAKER Rehab
36	8-12-21	Wednesday	9-10AM	Aditi soman	Amputation-1
37	8-12-21	Wednesday	3-4PM	Aditi soman	Amputation-2
38	10-12-21	Friday	9-10 am	Aditi soman	Amputation-3
39	13-12-21	monday	3-4PM	Shreya Dhake	Bronchial asthma
40	15-12-21	wednesday	9-10 am	Shreya Dhake	Bronchial asthma

# CARDIOVASCULAR&RESPIRATORY TEACHINGPLAN FOR I TERM 2021-22

## Second Term

SR NO	Date	Day	Time	Faculty	Topic
1	15-12-21	Wednesday	3-4PM	Rajani Pagare	PVD
2	17-12-21	Friday	9-10AM	Rajani Pagare	PVD
3	20-12-21	monday	9-10AM	Rajani Pagare	PVD
4	22-12-21	wednesday,	3-4PM	Rajani Pagare	PVD
5	22-12-21	wednesday	9-10 AM	Aditi soman	ICU Equipments 1
6	24-11-21	Friday	3-4PM	Aditi soman	Icu equipments 2
7	27-12-21	Monday	9-10am	Aditi Berry	Humidifiers
8	29-12-21	Wednesday	3-4PM	Aditi Berry	Nebulizers
9	29-12-21	Wednesday	9-10AM	Shreya Dhake	Bronchiectasis
10	31-12-21	friday	3-4PM	Shreya Dhake	Bronchiectasis mgmt
11	3-1-22	monday	9-10am	Rajani Pagare	RHD
12	5-1-22	Wednesday	3-4PM	Rajani Pagare	RHD
13	5-1-22	Wednesday	9-10am	Rajani Pagare	RHD
14	7-1-22	friday	2-3PM	Shreya Dhake	Pleural diseases
15	10-1-22	Monday	9-10AM	Shreya Dhake	Pleural surgeries
16	12-1-22	Wednesday	3-4PM	Shreya Dhake	Pleural diseases management
17	14-1-22	friday	3-4PM	Aditi soman	Mechanical ventilators
18	17-1-22	Monday	9-10AM	Aditi soman	Mechanical ventilators
19	19-1-22	Wednesday	3-4PM	Aditi soman	Mechanical ventilators
20	19-1-22	Wednesday	3-4PM	Aditi Soman	Mechanical ventilators
21	21-1-22	friday	9-10AM	Aditi Berry	Neonatal conditions
22	24-1-22	Monday	3-4PM	Aditi Berry	Neonatal conditions
23	28-1-22	Wednesday	9-10 am	Aditi Berry	respiratory PNF
24	31-1-22	Wednesday	3-4PM	Aditi Berry	Respi. PNF
25	2-2-22	friday	9-10 am	Aditi Berry	respi. PNF
26	2-2-22	Monday	3-4PM	aditi Soman	ICU Management
27	4-2-22	Wednesday	3-4PM	Aditi Soman	ICU management
28	7-2-22	Wednesday	9-10 am	Aditi Soman	wound healing
29	9-2-22	Friday	3-4PM	Aditi Soman	wound healing
30	9-2-22	Monday	9-10AM	Aditi Soman	wound healing
31	14-2-22	Wednesday	3-4PM	aditi berry	cases
32	16-2-22	Wednesday	9-10 am	aditi berry	cases
33	16-2-22	Friday	3-4PM	Rajani Pagare	cases
34	18-2-22	Monday	9-10 am	Rajani Pagare	cases
35	21-2-22	Wednesday	3-4PM	Rajani Pagare	revision
36	23-2-22	Wednesday	9-10AM	Aditi soman	revision
37	25-2-22	Friday	3-4PM	Aditi soman	revision
38	28-2-22	Monday	9-10 am	Aditi soman	Revision
39					
40					



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## Academic Calender A.Y. 2021-22

### IV B.P.Th. Neuro

Staff	Topic	Date	Day
Dr. Snehal Joshi (PT)	Goal Settings	12-Aug-21	Thursday
	Neuroplasticity & Motor Control	8/23/2021	Monday (M)
	Neuroplasticity & Motor Control	8/30/2021	Monday (M)
	Stroke	26-Aug-21	Thursday
	Stroke	9/2/2021	Thursday
	Stroke	9/9/2021	Thursday
	Stroke	11/11/2021	Thursday
	Stroke	11/18/2021	Thursday
	Stroke	11/25/2021	Thursday
	Stroke Pr.	12/2/2021	Thursday
	Stroke Pr.	12/9/2021	Thursday
	Parkinson's Disease	12/16/2021	Thursday
	Parkinson's Disease	12/23/2021	Thursday
	Parkinson's Disease	12/30/2021	Thursday
	Parkinson's Disease Pr.	1/3/2022	Monday (M)
	Vestibular Rehabilitation	1/6/2022	Thursday
	Vestibular Rehabilitation	1/10/2022	Monday (M)
	Vestibular Rehabilitation Pr.	1/13/2022	Thursday
	Vestibular Rehabilitation Pr.	1/20/2022	Thursday
	Pain Management	1/27/2022	Thursday
Pain Management	2/3/2022	Thursday	
Pain Management	2/10/2022	Thursday	
Pain Management Pr.	2/14/2022	Monday (M)	
Dr. Harshada Sonawane (PT)	Bell's Palsy	8/13/2021	Friday
	PPRP	8/20/2021	Friday
	GBS	8/27/2021	Friday
	GBS	9/3/2021	Friday
	Multiple Sclerosis	11/1/2021	Monday (M)
	Multiple Sclerosis	11/12/2021	Friday
	Multiple Sclerosis	11/15/2021	Monday (M)
	Multiple Sclerosis	11/26/2021	Friday
	Peripheral Nerve Injury	11/29/2021	Monday (M)
	Peripheral Nerve Injury	12/3/2021	Friday
	Peripheral Nerve Injury	12/10/2021	Friday
	Peripheral Nerve Injury	12/13/2021	Monday (M)
	Peripheral Nerve Injury	12/17/2021	Friday
	Peripheral Nerve Injury	12/24/2021	Friday
	Cerebral Palsy	12/27/2021	Monday (M)
	Cerebral Palsy	12/31/2021	Friday
Cerebral Palsy	1/7/2022	Friday	

Cerebral Palsy	1/10/2022	Monday (M)
Cerebral Palsy	1/14/2022	Friday
Cerebral Palsy	1/21/2022	Friday
Cerebral Palsy	1/24/2022	Monday (M)
Cerebral Palsy	1/28/2022	Friday
Cerebellar Ataxia	2/4/2022	Friday
Cerebellar Ataxia	2/7/2022	Monday (M)
Cerebellar Ataxia	2/7/2022	Monday
Cerebellar Ataxia	2/11/2022	Friday
Cerebellar Ataxia	2/14/2022	Monday (M)
Cerebellar Ataxia	2/14/2022	Monday
Sensory Integration	2/18/2022	Friday

Dr. Atiya Shaikh	Down's Syndrome	8/23/2021	Monday
(PT)	Down's Syndrome	8/30/2021	Monday
	Down's Syndrome	9/6/2021	Monday
	DMD	9/13/2021	Monday
	DMD	11/8/2021	Monday (M)
	DMD	11/8/2021	Monday
	DMD	11/15/2021	Monday
	Head Injury	11/22/2021	Monday (M)
	Infectious Disorders	11/22/2021	Monday
	Hydrocephalous & Spina Bifida	11/29/2021	Monday
	Hydrocephalous & Spina Bifida	12/6/2021	Monday (M)
	Spinal cord Injury	12/6/2021	Monday
	Spinal cord Injury	12/13/2021	Monday
	Spinal cord Injury	12/20/2021	Monday (M)
	Birth Injury	12/20/2021	Monday
	Birth Injury	12/27/2021	Monday
	Birth Injury	1/3/2022	Monday (M)
	HSMN & SMA	1/3/2022	Monday
	QOL SF-36	1/10/2022	Monday
	QOL SF-36	1/17/2022	Monday (M)
	TUG	1/17/2022	Monday
	AHC	1/24/2022	Monday
	AHC	1/31/2022	Monday (M)



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**TEACHING PLAN FOR IV B.P.Th. PT in MSK ; A.Y. 2021-22  
I TERM**

**EACHING**

Sr. No.	Date		Topic	Name of faculty
1	11-08-2021	Wednesday	Meniscal Injuries	Namrata ma'am
2	13-08-2021	Friday	meniscal injuries	Namrata ma'am
3	17-08-2021	Tuesday	Introduction	Diptee ma'am
4	17-08-2021	Tuesday	Adhesive capsulitis	ashwini ma'am
5	18-08-2021	Wednesday	Compartment \$	Apoorva ma'am
6	20-08-2021	Friday	meniscal injuries	Namrata ma'am
7	24-08-2021	Tuesday	Fractures	Diptee ma'am
8	24-08-2021	Tuesday	Adhesive capsulitis	ashwini ma'am
9	25-08-2021	Wednesday	VIC	Apoorva ma'am
10	27-08-2021	Friday	Adhesive capsulitis	Ashwini ma'am
11	31-08-2021	Tuesday	fractures	Diptee ma'am
12	31-08-2021	Tuesday	TOS	Ashwini ma'am
13	01-09-2021	Wednesday	CRPS	Apoorva ma'am
14	03-09-2021	Friday	Meniscal Injuries	Namrata ma'am
15	07-09-2021	Tuesday	fractures	Diptee ma'am
16	07-09-2021	Tuesday	Adhesive capsulitis	Ashwini ma'am
17	08-09-2021	Wednesday	Elbow pathologies	Apoorva ma'am
18	10-09-2021	Friday	ACL &PCL inj	Namrata ma'am
19	14-09-2021	Tuesday	fractures	Diptee ma'am
20	14-09-2021	Tuesday	RA	Ashwini ma'am
			MO	AK
			Knee ligament injuries	NS
			TOS	AK
			CRPS	AL



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3 PLAN FOR III B.P.Th. PDMS- MSK ; A.Y. 2021-2

II TERM

Month	Topic	Name of faculty	Th/ Pr	
December	Fractures	Diptee Bhole		
	Ankylosing Spondylitis	Diptee Bhole		
	PID	Diptee Bhole		
	Elbow pathologies	Apurva Likhite		
	RA	Ashwini Kamble		
	Ligament injuries	Apurva Likhite		
	Gout	Ashwini Kamble		
January	Spondylolisthesis	Diptee Bhole		
	Spinal Canal Stenosis	Diptee Bhole		
February	Spondylosis	Diptee Bhole	2	Terminal Ex
	# spine	Diptee Bhole	2	
	Meniscal injuries	Apurva Likhite	3	
	DeQuervain's Tenosynovitis	Apurva Likhite	2	
	Soft tissue injury	Ashwini Kamble	3	
	Ankle sprain	Ashwini Kamble	3	
	Core	Diptee Bhole	2	
March	Tendon injuries	Apurva Likhite	4	
	RC pathology	Ashwini Kamble	3	Prelim exar
April	Osteoarthritis	Ashwini Kamble	3	
	Arthroplasty Hip	Diptee Bhole	2	
	Arthroplasty Knee	Diptee Bhole	2	
	Arthroplasty Shoulder	Diptee Bhole	2	
	PFPS	Apurva Likhite	4	
	Osteoporosis	Ashwini Kamble	3	
Septic Arthritis	Ashwini Kamble	1		

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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune  
Day-wise programme planning for IV B.P.Th. Community Physiotherapy.  
2nd Term A.Y. 2021-22

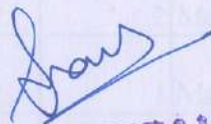
Sr. No.	Day	Date	No.of hours	Topic	Faculty
1	Saturday	01.01.2022	1	Introduction to Industrial therapy	Rutuja Kowale
2	Tuesday	04.01.2022	1	Job analysis	Rutuja Kowale
3	Thursday	06.01.2022	2	Disability Evaluation	Abha Dhupkar
4	Saturday	08.01.2022	1	Disability management	Abha Dhupkar
5	Tuesday	11.01.2022	1	Job analysis	Rutuja Kowale
6	Thursday	13.01.2022	2	Menopause	Abha Dhupkar
7	Saturday	15.01.2022	1	Functional capacity analysis	Rutuja Kowale
8	Tuesday	18.01.2022	1	Functional capacity analysis	Rutuja Kowale
9	Thursday	20.01.2022	2	Menopause exercises	Abha Dhupkar
10	Saturday	22.01.2022	1	Malignancy	Abha Dhupkar
11	Tuesday	25.01.2022	1	Functional capacity analysis	Rutuja Kowale
12	Thursday	27.01.2022	2	Malignancy PT management	Abha Dhupkar
13	Saturday	29.01.2022	1	Ability management and post injury spectrum	Rutuja Kowale
14	Tuesday	01.02.2022	1	Work conditioning	Rutuja Kowale
15	Thursday	03.02.2022	2	Menstruation disorders and PT management	Abha Dhupkar
16	Saturday	05.02.2022	1	UI	Abha Dhupkar
17	Tuesday	08.02.2022	1	Work conditioning	Rutuja Kowale
18	Thursday	10.02.2022	2	Prolapse	Abha Dhupkar
19	Saturday	12.02.2022	1	UI and Prolapse management	Abha Dhupkar
20	Tuesday	15.02.2022	1	Work hardening	Rutuja Kowale
21	Thursday	17.02.2022	2	Institutional based Rehabilitation	Abha Dhupkar



22	Tuesday	22.02.2022	1	Hazards and mitigation	Rutuja Kowale
23	Thursday	24.02.2022	2	Hazards and mitigation	Rutuja Kowale
24	Saturday	26.02.2022	1	ICF	Abha Dhupkar
25	Tuesday	01.03.2022	1	Hazards and mitigation	Rutuja Kowale
26	Thursday	03.03.2022	2	Review women's health	Abha Dhupkar
27	Saturday	05.03.2022	1	Employee fitness programmes	Rutuja Kowale
28	Tuesday	08.03.2022	1	Ergonomics	Rutuja Kowale
29	Thursday	10.03.2022	2	Review women's health	Abha Dhupkar
30	Saturday	12.03.2022	1	Review women's health	Abha Dhupkar
31	Tuesday	15.03.2022	1	Ergonomics	Rutuja Kowale
32	Thursday	17.03.2022	2	Review CBR, IBR, Disability	Abha Dhupkar
33	Saturday	19.03.2022	1	Industrial Therapy	Rutuja Kowale
34	Tuesday	22.03.2022	1	Industrial Therapy	Rutuja Kowale
35	Thursday	24.03.2022	2	Review CBR, IBR, Disability	Abha Dhupkar
36	Saturday	26.03.2022	1	Review Fitness	Abha Dhupkar
37	Tuesday	29.03.2022	1	Industrial Therapy	Rutuja Kowale
38	Thursday	31.03.2022	2		
39	Tuesday	05.04.2022	1	Industrial Therapy	Rutuja Kowale
40	Thursday	07.04.2022	2		
41	Saturday	09.04.2022	1	Industrial Therapy	Rutuja Kowale
42	Tuesday	12.04.2022	1	Industrial Therapy	Rutuja Kowale
43	Saturday	16.04.2022	1		
44	Tuesday	19.04.2022	1	Review Geriatrics	Rutuja Kowale
45	Thursday	21.04.2022	2		
46	Saturday	23.04.2022	1	Industrial Therapy	Rutuja Kowale
47	Tuesday	26.04.2022	1	Review Geriatrics	Rutuja Kowale

48	Thursday	28.04.2022	2		
49	Saturday	30.04.2022	1		
50	Thursday	05.05.2022	2		
51	Saturday	07.05.2022	1	Review Geriatrics	Rutuja Kowale
52	Tuesday	10.05.2022	1	Review Industrial Therapy	Rutuja Kowale
53	Thursday	12.05.2022	2		
54	Saturday	14.05.2022	1		
55	Tuesday	17.05.2022	1	Review Industrial Therapy	Rutuja Kowale
56	Thursday	19.05.2022	2		
57	Saturday	21.05.2022	1		
58	Tuesday	24.05.2022	1		
59	Thursday	26.05.2022	2		
60	Saturday	28.05.2022	1		
61	Tuesday	31.05.2022	1		

Abha Dhupkar  
HoD  
Dept. of Community PT



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