



### 1.3.3 Link for additional information Photos

2018-2019

#### 1) Aerobics Group Fitness Instructor Training.



#### 2) Basic and Advanced Pilates Instructor Training.



2019-2020

**PHYSIOTHERAPY IN ANTENATAL AND POSTNATAL CARE**



**1. AEROBICS/ GROUP FITNESS INSTRUCTOR TRAINING :**

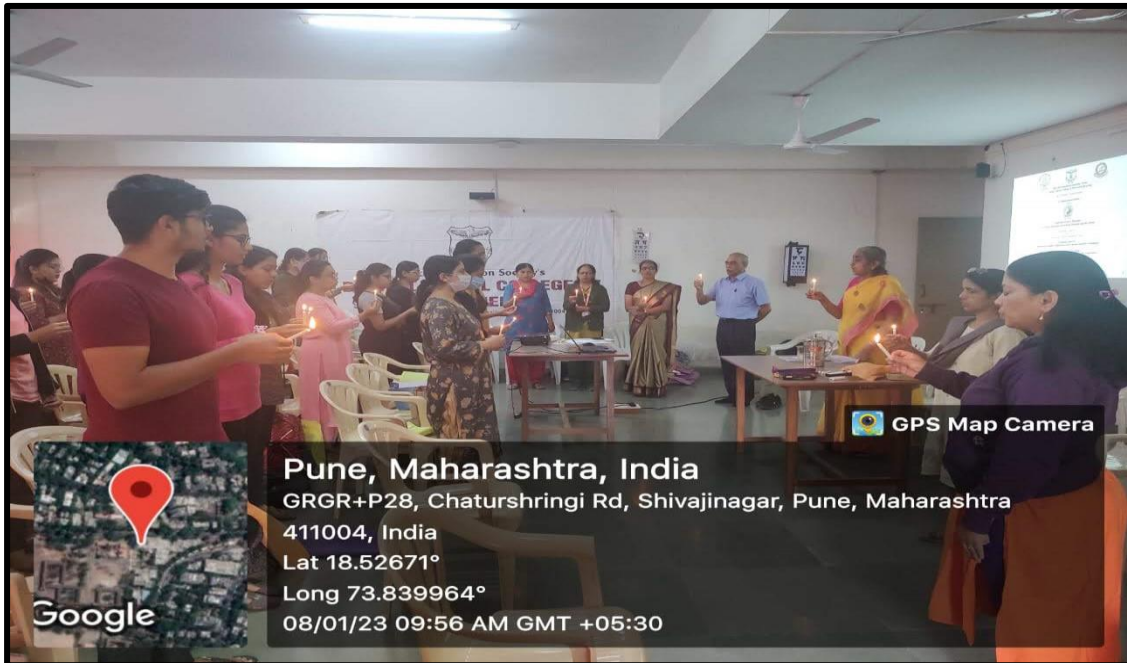


**2. BASIC AND ADVANCED PILATES:**



22-23

## 1.ACUTHERAPY




## 2.AEROBICS/ GROUP FITNESS INSTRUCTOR TRAINING



## 3. BASIC AND ADVANCED PILATES INSTRUCTOR TRAINING



  
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