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EXCHANGE VISITS  
2019-20**



महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक  
MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरी रोड, म्हसळ, नाशिक-४२२००४ Dindori Road, Mhasrul, Nashik-422004

Phone : 0253 - 2539196/206, 0253 - 6659196/206

Email: udc@muhs.ac.in Website: www.muhs.ac.in

MUHS

डॉ. सुनिल ह. फुगारे

एमएस्सी. पीएच.डी.

उपकुलसचिव

Dr. Sunil H. Fugare

MSc.Ph.D.

Deputy Registrar

जा.क्र.मआवि/विवि/पीएच.डी./ई-६/१२४/२०२१

दि.३१/०५/२०२१

ई-मेलद्वारे

प्रति,

मा. अधिष्ठाता / प्राचार्य,

फिजिओथेरेपी स्कूल अँड सेंटर,

सेठ जी.एस. वैद्यकीय महाविद्यालय,

आचार्य धोडे मार्ग, परेल,

मुंबई - ४०० ०१२

E-mail: deangsmc@gmail.com

विषय : पीएच.डी. अभ्यासक्रमाच्या सहामाही प्रगती अहवालास मान्यता प्रदान करणेबाबत...

संदर्भ : १) विद्यापीठ निर्देश क्र.०१/२०२०

२) विद्यापीठ संशोधन मंडळाची बैठक दि.०५/०५/२०२१

३) आपले दि.१४/१०/२०२०, ११/१०/२०२०, १६/१०/२०२०, ११/१२/२०२०,

२२/०३/२०२१, ३१/०३/२०२१, १५/०४/२०२१ रोजीचे पत्र

महोदय / महोदया,

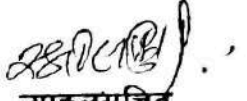
उपरोक्त विषय व संदर्भिय अनुषंगाने आपणास कळविण्यात येते की, आपल्या संशोधन केंद्रात पीएच.डी. अभ्यासक्रमास प्रवेशित विद्यार्थ्यांचे प्राप्त सहामाही प्रगती अहवाल (Six Monthly Progress Report) दि. ०५/०५/२०२१ रोजीच्या विद्यापीठ संशोधन मंडळाच्या बैठकीत मंजुरीस्तव सादर केले असता त्यास मान्यता प्रदान करण्यात आली आहे. सदर विद्यार्थी व त्यांचे सहामाही प्रगती अहवालाचा तपशिल खालीलप्रमाणे :-

Sr. No.	Name of Ph.D. Student	Subject	Academic Year	Six Monthly Progress Reports Details
1	Dr. Ashwini O. Kamble	Physiotherapy	2017-18	2 <sup>nd</sup> - 18/08/2019-18/02/2020 3 <sup>rd</sup> - 19/02/2020-19/08/2020 4 <sup>th</sup> - 20/08/2020-20/02/2021
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6	Dr. Jyotsna A. Thosar	Physiotherapy	2017-18	2 <sup>nd</sup> - 01/11/2019-01/04/2020 3 <sup>rd</sup> - 01/05/2020-01/10/2020

(कृ.मा.प)

7	Dr. Vishakha Sandeep Patil	Physiotherapy	2017-18	2 <sup>nd</sup> - 26/10/2019-25/04/2020 3 <sup>rd</sup> - 26/04/2020-25/10/2020
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सदर बाब आपल्या स्तरावरून संबंधित विद्यार्थ्यांस कृपया अवगत करण्यात यावी.

  
उपकुलसचिव  
विद्यापीठ विभाग कक्ष  
(पीएच.डी.)

प्रत :- संबंधित विद्यार्थी (ई-मेलद्वारे)



**महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक**  
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ई-मेलद्वारे

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सेठ जी.एस. वैद्यकीय महाविद्यालय, ←

आचार्य धोडे मार्ग, परेल,

मुंबई - ४०० ०१२

E-mail: [deangsmc@gmail.com](mailto:deangsmc@gmail.com)

**विषय :** पीएच.डी. अभ्यासक्रमाच्या सहामाही प्रगती अहवालास मान्यता प्रदान करणेबाबत...

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२२/०३/२०२१, ३१/०३/२०२१, १५/०४/२०२१ रोजीचे पत्र

महोदय / महोदया,

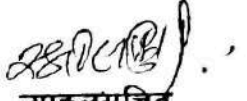
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सदर बाब आपल्या स्तरावरून संबंधित विद्यार्थ्यांस कृपया अवगत करण्यात यावी.

  
उपकुलसचिव  
विद्यापीठ विभाग कक्ष  
(पीएच.डी.)

प्रत :- संबंधित विद्यार्थी (ई-मेलद्वारे)



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

Maharashtra University of Health Sciences, Nashik

वणी - दिंडोरी रोड, म्हसळ, नाशिक - ४२२००४, Vani-Dindori Road, Mhasrul, Nashik- 422 004

EPABX: 0253-2539100-300, Fax – 0253-2539200, Phone: 0253-2539235

E-mail : [academic1@muhs.ac.in](mailto:academic1@muhs.ac.in) Web.: [www.muhs.ac.in](http://www.muhs.ac.in)

डॉ. कालिदास द. चव्हाण

एम.बी.बी.एस, एम.डी. (न्यायवैद्यकशास्त्र),

कुलसचिव

Dr. Kalidas D. Chavan

M.B.B.S., M.D. (Forensic Medicine)

Registrar

MUHS/Allied Health Sciences/MUHS-025843/2019

Date: 10/03/2021

To,  
The Dean / Principal / Director,  
D.E.S. Brijlal Jindal College of Physiotherapy, Fergusson College Campus,  
Pune

**SUB:**Regarding approval of Title & Synopsis.

Sir / Madam,

With reference to the above, it is informed that, the proposal of "Title & Synopsis of Dissertation" of following student is duly "Accepted" by the BORS Committee of the College. Accordingly, the University hereby grant approval to the Title & Synopsis proposal of following student(s).

Name of Student	SHANTANU SURESH DHARKARI
Name of Guide	RAJANI PAGARE
Course/ Specialty	Allied Health Sciences Cardiovascular and Respiratory Physiotherapy
Academic Year of admission	2019-20
Name of the College	D.E.S. Brijlal Jindal College of Physiotherapy, Fergusson College Campus, Pune
Title of Synopsis	Comparison of respiratory muscle strength in elective laparotomies and laparoscopies of upper abdomen by micro-respiratory pressure meter - An observational study.

- 1) Please note that the appearance of the concerned student to the final year examination is subject to final eligibility of the university and fulfillment of relevant rules and regulations of the concerned central council / university
- 2) It is mandatory for the candidate to work for minimum 18 months on the title & synopsis approved by the university prior to submission of dissertation, failing which the term of the candidate shall be extended by the college to that extent
- 3) It is also mandatory for the colleges to maintain Teacher : Student ratio as per norms prescribed by concerned Central Council/University

Sd/-  
Registrar

## CERTIFICATE

This is to certify that **Mr. Shantanu Dharkari**, has satisfactorily completed his dissertation titled **"Comparison of respiratory muscle strength in elective laparotomies and laparoscopies of upper abdomen by micro-respiratory pressure meter- An observational study"** as a requirement for Master in Cardiovascular and Respiratory Physiotherapy at the Maharashtra University of Health Sciences, for academic year 2019-2021. The above study was carried out under my supervision, guidance and to the fullest of my satisfaction.



Guide

**Dr. Rajani Pagare (PT)**

D.E.S. Brijlal Jindal College of  
Physiotherapy, Pune-411004



Date: 24/9/2021

Place: D.E.S. Brijlal Jindal College of Physiotherapy

Shivajinagar, Pune-411004

**CERTIFICATE**

This is to certify that the dissertation work entitled

**“Comparison of respiratory muscle strength in elective laparotomies and laparoscopies of upper abdomen by micro-respiratory pressure meter - An observational study”**

Submitted by **Mr. Shantanu Suresh Dharkari** in partial fulfilment of the requirement for the award degree of Master of Physiotherapy with specialization in Cardiovascular and Respiratory Physiotherapy of D.E.S. Brijlal Jindal College of Physiotherapy, is a bonafide research work carried by him, during the academic year 2019-2021.



*A. dhale*

Principal

**Dr. Aparna Sadhale (PT)**  
D.E.S. Brijlal Jindal College of  
Physiotherapy, Pune- 411004

**PRINCIPAL**  
**D. E. Society's Brijlal Jindal**  
**College of Physiotherapy,**  
**Pune.**


Date: 17/9/2021

Place: D.E.S. Brijlal Jindal College of Physiotherapy  
Shivajinagar, Pune- 411004



visit by PT students

<https://mail.google.com/mail/u/0/?ui=2&ik=9e9e342ecc&j>

 Gmail

deccan education society <descoppune@gmail.com>

Visit by PT students

1 message

Wakade, Chandramohan <CWAKADE@augusta.edu>  
To: deccan education society <descoppune@gmail.com>

Mon, Aug 6, 2018 at 6:24 AM

Dear Dr. Sadhale,

We are working on the schedule for the visiting students. I need to bring your attention to few caveats. Travel from (7th) and to (18th) Atlanta airport is on weekdays. There is a ground transportation that will be convenient for them. The company is Groome transportation and their site is <https://groometransportation.com/>  
One can select the Augusta destination and each way it will cost \$49 per person. While coming to Augusta please have a margin of coming out of immigration and customs. I can talk to you before students make this booking.  
Also I hope that students will have their travel health insurance during this visit.

Best,

Mohan.  
Chandramohan Wakade  
Interim Associate Dean of Research  
College of Allied Health Sciences  
987 St. Sebastian Way, EC 3428  
Augusta University  
Office (706) 721-1106  
[cwakade@augusta.edu](mailto:cwakade@augusta.edu)

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DECCAN EDUCATION SOCIETY'S

# BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Fergusson College Campus, Pune - 411004. • Ph : (020) 30866471, 30866467

• Fax : 30866494, 30866120 E-mail : descoppune@gmail.com Web-site : www.despune.org

Affiliated to : Maharashtra University of Health Sciences, Mhasrul, Nashik

Ref No. 211/2018-19

Date: 01/08/2018

To,

Lester Pretlow, PhD, C(ASCP)<sup>CM</sup>, NRCC(CC)

Professor and Dean College of Allied Health Sciences

987 St. Sebastian Road, EC 3427

Augusta University

Augusta, GA 30912

RE: Honorary professorship for Dr. Wakade

Dear Dr. Pretlow,

It is our pleasure to announce the establishment of an honorary professorship position for Dr. Chandramohan Wakade at the Brijlal Jindal College of Physiotherapy of the Deccan Education Society, Pune India. It was heartening to discover that Dr. Wakade is an alumnus of Fergusson College of the Deccan Education Society Pune, India. Dr. Wakade has been instrumental in commencing a study abroad program between Deccan Education Society's Brijlal Jindal College of Physiotherapy, Pune and the College of Allied Health Sciences (CAHS) at Augusta University (AU). We hosted nine PT students from CAHS last year, and seven of our PT students, along with one faculty member, will visit CAHS this fall. This exchange program will enrich our students' cultural perspectives for both India and the United States. In addition, students will gain knowledge about similarities and differences in educational and clinical aspects of physical therapy, along with health insurance policies, in both countries.

Please note that this honorary position will not provide any form of remuneration for Dr. Wakade. However, we will request a guest lecture from him for our PT students whenever he visits Pune, India. We hope that this program will expand between our institutions and will continue to broaden the horizons of our students.

Please do not hesitate to contact me if you have any questions.

Sincerely,



*A. dhale*

Aparna Sadhale,

Principal,

D.E. Society's Brijlal Jindal College of Physiotherapy, Pune

## EXCHANGE PROGRAM 2018

**Activity :** A students cultural and academic exchange program was arranged

**Venue :** at Augusta University ,Augusta Georgia

**Date :** from 9 sept to 15 sept 2018

**Student participated:** 6 students (Anagha Chandrashekhar, Gargi Sonawane, Devaki Kale,Manasi Bhide,Janhavi Bhide, Trishala Nainwal) participated in this exchange program

**Faculty participated:** . Dr Atiya Shaikh(PT)

Under the guidance of Dr Kiran Shaligram, Dr.Chandramohan Wakade,Dr Aparna Sadhale. Dr Atiya Shaikh, faculty DES Brijal Jindal College of Physiotherapy, Pune,

Team visited multiple clinics and labs at University during their 5 days of academic schedule at Augusta University. Real monitors and ventilators and automatically responding human body simulators at AU simulation center converted theoretical learning to a real life experience. They also participated in in birthing simulation which was highly appreciated by students.

Students visited out patient physical therapy department where they saw different types of high end walking aids and learned about orthotic prescription criteria. The group went to University hospital next day where they observed post operative rehabilitation for orthopedic,cardiac cases and post stroke rehab.

A visit to the Anatomy lab and 3 D printing library stimulated students in appreciating integration of technology for making learning easy.. Collaborative research between faculties at both places in future was also discussed. Faculties also discussed about similarities and differences between the teaching learning methods, curriculum, practice styles and research.

Students attended few lecture sessions with the Augusta students. The lectures were based on integrated teaching model, hence Indian students got to participate and observe a different model of learning. An introductory session on Tai-chi and a practical of Tai-chi by Dr. Hailei Zhao was appreciated by all.

Team also got an opportunity to discuss about Licensure exam and other details for practice in USA with some Indian physical practitioners settled in USA .It helped the team to understand intricacies of USA licensure exam and work visas.

A fun filled cultural experience was gained in Arts in The Heart Festival where students visited more than 25 country stalls and took experience of their crafts and food. The tour came to end

by visit to Savanna canal walk and Augusta city tour. The experience was enjoyed and appreciated by students.



**PRINCIPAL**  
D. E. Society Brijlal Jindal  
College of Physiotherapy,  
Pune.



DECCAN EDUCATION SOCIETY'S  
**BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY**

Fergusson College Campus, Pune - 411 004 • Ph.: (020) 67656471 / 67 / 69  
• Fax : 67656494, 67656120 Email : descoppune@gmail.com Website : www.despune.org

Affiliated to : Maharashtra University of Health Sciences, Mhasrul, Nashik

Ref.No.: 178/2019-20

Date : 07/08/2019

Dear Jessica Smith,

It is my pleasure to extend an invitation to you on behalf of Deccan Education Society's Brijlal Jindal College of Physiotherapy, Pune, India to visit us from 9<sup>th</sup> December, 2019 to 14<sup>th</sup> December, 2019. We are excited for the opportunity to host this prestigious collaboration with the College of Allied Health Sciences, Augusta University, Augusta, Georgia. This collaboration will enrich bonding between institutions, but more importantly will open new horizons for American and Indian students. We have hosted students from your university in December, 2017. We look forward to have you participate in this elective.

Your transportation from Mumbai airport and accommodation at Pune will be taken care of by our institution as well as by the students participating in proposed exchange program.

Our contact information along with phone number is listed below.

Thanking you,

Mrs. Aparna P. Sadhale,  
Principal,

D.E. Society's

Brijlal Jindal College of Physiotherapy, Pune

Contact No. 020-67656471, +919881245766, +919225340940



**Name of Activity: -University of Augusta Student Exchange Program**

**Name of Coordinator: Dr Aparna Sadhale(PT), Dr Snehal Joshi (PT),Dr Chandaramohan Wakade**

**Activity-** Physiotherapy students from Augusta University, Georgia, USA, visited the college as part of the Foreign Exchange programme between 9<sup>th</sup> and 14<sup>th</sup> December 2019. Programmes for knowledge exchange and cultural exchange were organised in this period. The programmes included were yoga demonstration by Mrs. Megha Chitale, renowned Iyengar yoga instructor and Mihir Chitale; a visit to Sinhagad with last yrs exchange students from DESBJOP and Dr Atiya Shaikh(PT); Raja Kelkar Museum; Arogyadham, an Ayurved centre in Baner with Dr Aparna Sadhale(PT) and Dr Snehal Joshi(PT) and Deenanath Mangeshkar Hospital visit . The exchange students were very graciously hosted by students and their families here. Students enjoyed their stay and exchange of knowledge here. A cultural Programme was organised by the college cultural committee under the able guidance of Dr. Snehal Joshi (PT). This comprised of a short glimpse of Indian cultural dances and music for the exchange students in December.



*Joshi*

**PRINCIPAL**

D. E. Society's Primal Jind,  
College of Physiotherapy  
Pune . 4

For Augusta PT students

1 message

Wakade, Chandramohan <CWAKADE@augusta.edu>  
To: deccan education society <descoppune@gmail.com>

Mon, Aug 5, 2019 at 9:47 PM

Dear Dr. Sadhale,

To continue our exchange student collaboration, this year four PT students from AU University will visit Pune. We will be in Pune for the week of 9-14 December 2019. After that we will continue excursion tour for Southern India.

The name of the students are as follows,

- Zachary Agan (zagan@augusta.edu)
- Mackenzie Phillips (macphillips@augusta.edu)
- Anthony O'Neill (aon3ill@augusta.edu)
- Jessica Smith (jesmith4@augusta.edu)

Would you please send them ASAP and copy me on those emails?

Do you need any other information?

Thanks,

Mohan,

Dr. Chandramohan Wakade, MBBS  
Associate Dean of Research at College of Allied Health Sciences  
Department of Neurology at Augusta University  
Department of Neuroscience and Regenerative Medicine at Augusta University  
The Graduate School  
Augusta University\*  
College of Allied Health Sciences



**D.E.Society's Brijlal Jindal College of Physiotherapy**  
**Name of Activity: - Goa Ironman Mock event in association with Pro sports and bikes**

**Name of Coordinator:** Namrata Sidhaye- Bhadbhade, Apoorva Likhite

**Department:** Sports department

**Date:** 8.9.2019

**Place:** Pro Sports and bikes outlet Prabhat road, Pune

**Timing-** 8.30 am- 2 p.m.

**Online / Offline:** on field

**Outline of activity:**

12 athletes participated. Injuries treated were back strains, ankle sprains, Hamstring and calf injuries and gluteal injuries.

**Participants-** 1. Devaki Kale

2. Pranjal Keni

3. Juhi shah

4. Saniya Pradhan

5. Leora Penkar

6. Anushka Sanap

7. Gayatri Suresh



  
**PRINCIPAL**  
D E. Society's Brijlal Jindal  
College of Physiotherapy  
Pune-4.





D.E.Society's Brijlal Jindal College of Physiotherapy

## Pro sports all women triathlon

Pro sports all women triathlon was held on 8<sup>th</sup> March, 2020 on the occasion of International Women's Day. It included swimming, 37 km cycling, and 10 km running. Total 20 athletes participated in the event. (16 individuals and 4 relay teams). A team of 7 Physiotherapists rendered on-field support.

Following members were the part of the event: Dr. Namrata Bhadbhade(staff), Pooja Patil, Devaki kale, Vidhi Kalyani, Kshitija Mohite, Poorva Deshpande, Janhavi Bhide. Physios were actively involved in warm-up and cool-down sessions. None of the major injuries were reported.

Event was covered by 2 local newspapers- Loksatta and Lokmat



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College of Physiotherapy,  
Pune.



## वुमेन्स ट्रायथलॉन उत्साहात

लोकमत न्यूज नेटवर्क

पुणे : जागतिक महिला दिनांिमित्त प्रो स्पोर्ट्स अँड याइक्सवर्क ऑल वुमेन्स ट्रायथलॉन या आगळ्यावेगळ्या उपक्रमाचे आयोजन करण्यात आले होते. अशा प्रकारचा महाराष्ट्रातील, क्विथून भारतातील ही पहिलाच उपक्रम असावा. यातील सर्वात लहान स्पर्धक १९ वर्षांची, तर सर्वात व्हेरि स्पर्थक ७२ वर्षांची होती. सकाळी साडेपाच वाजता रिवॉरिंगपासून सुरु झालेला हा उपक्रम ३७ किलोमीटर सायकलिंग, नंतर १० किलोमीटर रनिंगने शेवट करित पार पडला. सर्व स्पर्धकांनी स्पर्थच्या निमित्त वेळेआधी म्हणजेच ५ तास ३०



ऑल वुमेन्स ट्रायथलॉनमधील यशस्वी स्पर्धक.

मिनटांपेचीच स्पर्धा पूर्ण केली. या टीमनी सहभाग नोंदविला. यातील ७२ स्पर्धेत एकूणत १६ स्पर्धेत, तर ४ रिले स्पर्धांचा विसेस निरूपणा भाग घेता ८

Hello Pune  
Page No. 7 Mar 18, 2020  
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## जागतिक महिलादिनामित्त उपक्रम : १९ ते ७३ वर्षांच्या स्पर्धकांचा सहभाग

तास ३० मिनटांत आपली ट्रायथलॉन पूर्ण करतांना तसेच स्वाती अगरवाल, मेनेयी थोकील आणि श्रेया सुंठणकर या सर्वांत वेगवान असणाऱ्या तिघांना पाहणे प्रोत्साहित करणारे होते. सर्व स्पर्धकांमध्ये ५ हाफ आयर्मन फिनिशरचा समावेश होता व उर्वरित सर्व स्पर्धक प्रथमच सहभागी झाले होते. महिलांना ट्रायथलॉनसारख्या क्रीडाप्रकाराशी जोडणे व त्यासाठी त्यांना प्रोत्साहित करणे, हा या उपक्रमामागचा उद्देश आहे, असे प्रो स्पोर्ट्स अँड याइक्सवर्कचे चिदुर ठकार यांनी सांगितले. या हेतूची पूर्तता पहिल्यांदाच सहभागी होणाऱ्या स्पर्धकांमुळे झाली.

“मी अनेक इव्हेंट्समध्ये सहभाग

घेतला आहे; पण इथे सर्व महिला स्पर्धकांसोबत सहभागी होण्याचा आनंद काही विशेषच होता.” असे मत शारदा कुलकर्णी यांनी नोंदविले. यातील आणखी एक विशेष बाब म्हणजे, स्पर्धेसाठी फिजिओथेरेपी टीम संपूर्णतः महिलांची होती, जिची धुरा श्रिजलाल जिंदाल कॉलेज ऑफ फिजिओथेरेपीच्या डॉ. नम्रता यांनी सांभाळली. या टीमने संपूर्ण स्पर्धेदरम्यान तसेच स्पर्धेनंतरही मेडिकल/ फिजिओसंबंधी तक्रारीची व्यवस्थित काळजी घेतली. सहभागी झालेल्या सर्व स्पर्धक आणि स्वयंसेवकांच्या प्रतिसादांमुळे हा उपक्रम अतिशय उत्साहात झाला.

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*Sham*



**D.E.Society's Brijlal Jindal College of Physiotherapy**  
**Name of Activity: - Des interschool volleyball and football tournaments**

**Name of Coordinator:** Namrata Sidhaye- Bhadbhade, Apoorva Likhite

**Department:** Sports department

**Date:** 18 Jan 2020

**Place:** Dravid high school, Wai

**Timing-** 8.30 am- 5 p.m.

**Online / Offline:** on field

**Outline of activity:**

All the schools under DES participated in the tournament.

Injuries treated were shoulder strains, ankle sprains, Hamstring and calf injuries and back problems.

**Participants-** 1. Gayatri Suresh

2. Krishma Solakhi

3. Manasi Bhide

4. Janhavi Bhide

5. Varun Shastry

6. Gargi Sonawane



D.E.Society's Brijlal Jindal College of Physiotherapy



डेक्कन एज्युकेशन सोसायटी, पुणे चे  
**द्रविड हायस्कूल, वाई**

जि. सातारा, वाई 412803.

हायस्कूल, वाई - स्थापना : १८८५ ■ द्रविड हायस्कूल, वाई - स्थापना : १९१२

उ.मा.शा.प.मंडळ क्र. 21.11.901

मा.शा.प.मंडळ क्र. 21.11.001

जि.प.वेतन क्र. 21.11.901

U-DISE No. 27311111509

दूरध्वनी / Fax : (02167) 227023

dravidhighschool@rediffmail.com

नावक क्र. :

दिनांक : १६/१/२०२०

२६ पौष शके १९४१

राष्ट्रीय सौर :

प्रति,  
मा. प्राचार्या,  
डॉ.अपर्णा साधले ( पीटी)  
ब्रीजलाल जिंदाल कॉलेज ऑफ फिजीओथेरेपी  
पुणे - ४

सप्रेम नमस्कार,

डेक्कन एज्युकेशन सोसायटीच्या सर्व शाळांमधील मुलामुलींच्या फूटबॉल आणि व्हॉलीबॉल या खेळांच्या स्पर्धा द्रविड हायस्कूल, वाई येथे शनिवार दि. १८/१/२०२० रोजी संपन्न होत आहेत.

या स्पर्धेचे उद्घाटन सकाळी ८.३० वा. डे.ए.सोसायटीच्या परिषदेचे आणि नियामक मंडळाचे अध्यक्ष डॉ.शरद कुंटे यांच्या शुभहस्ते होणार आहे.

पारितोषिक वितरण समारंभ त्याच दिवशी सायं. ५.०० वाजता श्री.युवराज नाईक,जिल्हा क्रीडा अधिकारी,सातारा यांच्या हस्ते होणार आहे.

तरी आपण या दोन्ही कार्यक्रमासाठी व स्पर्धा पाहण्यासाठी आवर्जून उपस्थित रहावे,

तसेच आपल्या महाविद्यालयातील फिजीओथेरेपिस्ट या स्पर्धेसाठी पाठवावेत ही विनंती.  
कळावे.

D. E. Society's	
Brijlal Jindal College	
of Physiotherapy, Pune	
Inward No.	251
Date.	20/01/2020
Sign:	A. Adhale

आपला विश्वासू,

मुख्याध्यापक  
द्रविड हायस्कूल, वाई

Excell<sup>n</sup> activities 24





D.E.Society's Brijlal Jindal College of Physiotherapy



डेकन एज्युकेशन सोसायटी, पुणे चे

द्रविड हायस्कूल, वाई

जि. सातारा, वाई 412803.

द्विदिश स्कूल, वाई - स्थापना : १८८५ • द्रविड हायस्कूल, वाई - स्थापना : १९१२

उ.मा.शा.प.मंडळ क्र. 21.11.901

मा.शा.प.मंडळ क्र. 21.11.001

जि.प.वेतन क्र. 21.11.901

U-DISE No. 27311111509

दूरध्वनी / Fax : (02167) 2270

dravidhighschool@rediffmail.co

शालिक क्र. :

दिनांक : १८/१/२०२०

राष्ट्रीय सौर : पौष शके १९४१

प्रति,

मा. प्राचार्या,

डॉ.अपर्णा साधले ( पीटी)

ब्रीजलाल जिंदाल कॉलेज ऑफ फिजीओथेरेपी

पुणे - ४

महोदया,

डेकन एज्युकेशन सोसायटी, पुणे आंतरशालेय फूटबॉल व व्हॉलीबॉल स्पर्धेसाठी आपला महाविद्यालयातील खालील फिजीओथेरेपिस्ट पथकाने उपस्थित राहून स्पर्धेदरम्यान आवश्यक वैद्यकीय मदत केल्याबद्दल शाळा आपली अत्यंत आभारी आहे.

या कामी खालील उपस्थित फिजीओथेरेपिस्ट पथकाने अत्यंत मोलाचे सहकार्य केले.

१. गायत्री सुरेश
२. किशमा सोलंकी
३. मानसी भिडे
४. जान्हवी भिडे
५. वरुण शास्त्री
६. गार्गी सोनावणे

कळवे.

D. E. Society's  
Brijlal Jindal College  
of Physiotherapy, Pune  
Inward No. 252  
Date: 20/01/2020  
Sign: A. Adhale

आपला विश्वासू,

*A. Adhale*  
मुख्याध्यापक  
द्रविड हायस्कूल, वाई

Ext<sup>n</sup> Activities Pr.



*A. Adhale*  
PRINCIPAL  
D. E. Society's Brijlal Jindal  
College of Physiotherapy  
Pune-4.



D.E.Society's Brijlal Jindal College of Physiotherapy



D.E. Society's

## BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

---

**Name of Activity:** - Sports Physio therapy at Golwalkar highschool

**Name of Coordinator:** Namrata Sidhaye- Bhadbhade, Apoorva Likhite

**Department:** Sports department

**Date:** 26,27 Nov 19

**Place:** MGGSV, Tilak road, Pune

**Timing-** 8.30 am- 5 p.m.


**Online / Offline:** on field

**Outline of activity:**

All the schools under DES participated in the tournament.

Injuries treated were shoulder strains, ankle sprains, Hamstring and calf injuries and back problems.

**Participants-** Radhika H, Ruta P

  
**PRINCIPAL**  
D. E. Society's Brijlal Jindal  
College of Physiotherapy  
Pune . 4





डेक्कन एज्युकेशन सोसायटीचे  
माधव सदाशिव गोळवलकर गुरुजी माध्यमिक विद्यालय  
टिळक रोड, पुणे ४११०३०.

Phone 67657024

Email : office.msggvsu@despune.org

यु डायस क्र : २७२५१६०१५२४

S.S.C. बोर्ड क्र./शाळा सांकेतांक :- ११.११.१७१

ज.क्र. :- ८५/१९-२०

दि २६.११.१९

प्रति,

Brijlal Jindal College  
Of Physiotherapy

विषय :- आभार

महोदय,

आमच्या शाळेत २६.११.२०१९ व २७.११.२०१९ या दिवशी दुपारी ११.०० ते ५.०० या वेळेत क्रीडा दिन पार पडला. त्यावेळेस आपल्या कॉलेजमधील २ इन्टर्न नी जखमी झालेल्या विद्यार्थ्यांला Physiotherapy treatment दिली व योग्य प्रकारे सहाय्य केले त्याबद्दल आम्हो आपले आभारी आहोत.

कळावे,

आपली विश्वासू

*Kalait.*

मुख्याध्यापिका

सौ. तलाठी लिना

मुख्याध्यापिका

मा.स. गोळवलकर गुरुजी विद्यालय  
माध्यमिक विभाग, पुणे-३०.

D. E. Society's  
Brijlal Jindal College  
of Physiotherapy, Pune  
Inward No. 215/2019-20  
Date 24/11/2019  
Sign *A. dhale*

Ext<sup>n</sup> Activities



**D.E.Society's Brijlal Jindal College of Physiotherapy**

**Name of Activity: - NECC – ITF Women's tennis tournamentd in association with fit to sports**

**Name of Coordinator:** Namrata Sidhaye- Bhadbhade, Apoorva Likhite

**Department:** Sports department

**Date:** 10.12.2019 -15.12.2019

**Place:** Pune

**Timing-** 8.30 am- 5 p.m.

**Online / Offline:** on field

**Outline of activity:**

Injuries treated were back strains, ankle sprains, Hamstring and calf injuries, elbow and hand injuries.

**Participants-** 1. Devaki Kale



## D.E.Society's Brijlal Jindal College of Physiotherapy

Ajit Mapari  
Consultant Sports & Exercise Medicine  
No. 25316

Injury Management & Sports  
Performance Enhancement Clinic

533

**FIT2SPORT**

Date: 02-12-2019

To  
The Principal,  
D.E. Society's Brijlal Jindal College of Physiotherapy,  
Pune.

Subject: Posting of Interns

Dear Madam,

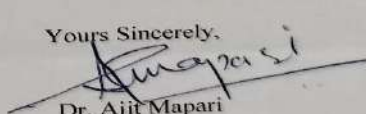
Following are the names of interns and the tournaments they have covered-

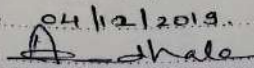
1. Ruta Pandit and Varun Shastry – 5<sup>th</sup> Roll ball world cup
2. Gargee Sonawane and Siddesh Bhagat – A&I Digest Cricket tournament
3. Leora Penkar and Om Wadhokar – Gadre-MSLTA ITF Grade 3 Junior tennis championship
4. Devaki Kale – NECC – ITF Women's Tennis Tournament

It is a pleasure to be associated with your college. Fit2Sport will continue to post your interns and PG students at various related local, state, national and international events in the future.

We would also like to get associated with your esteemed institution for a providing platform to your interns and PG students at Fit2Sport by way of clinical postings during their academic tenure.

Thanking you.

Yours Sincerely,  
  
Dr. Ajit Mapari  
Consultant Sports & Exercise Medicine

D. E. Society's  
Brijlal Jindal College  
of Physiotherapy, Pune  
Inward No 220/2019-20  
Date... 04/12/2019...  
Sign  A. Dhale



  
**PRINCIPAL**  
D. E. Society's Brijlal Jindal  
College of Physiotherapy  
Pune-4.



D.E.Society's Brijlal Jindal College of Physiotherapy

**PRINCIPAL**  
D. E. Society's Brijlal Jindal  
College of Physiotherapy  
Pune . 4





**D.E.Society's Brijlal Jindal College of Physiotherapy**  
**Name of Activity: - Gadre MSLTF ITF grade 3 junior tennis championships in association with fit to sports**

**Name of Coordinator:** Namrata Sidhaye- Bhadbhade, Apoorva Likhite

**Department:** Sports department

**Date:** 10.08.2019 -15.08.2019

**Place:** Pune

**Timing-** 8.30 am- 5 p.m.

**Online / Offline:** on field

**Outline of activity:**

Injuries treated were back strains, ankle sprains, Hamstring and calf injuries, elbow and hand injuries.

**Participants-** 1. Om wadhokar

2. Leora Penkar



## D.E.Society's Brijlal Jindal College of Physiotherapy

Ajit Mapari  
Consultant Sports & Exercise Medicine  
No. 25316

Injury Management & Sports  
Performance Enhancement Clinic

533

**FIT2SPORT**

Date: 02-12-2019

To  
The Principal,  
D.E. Society's Brijlal Jindal College of Physiotherapy,  
Pune.

Subject: Posting of Interns

Dear Madam,

Following are the names of interns and the tournaments they have covered-

1. Ruta Pandit and Varun Shastry – 5<sup>th</sup> Roll ball world cup
2. Gargee Sonawane and Siddesh Bhagat – A&I Digest Cricket tournament
3. Leora Penkar and Om Wadhokar – Gadre-MSLTA ITF Grade 3 Junior tennis championship
4. Devaki Kale – NECC – ITF Women's Tennis Tournament

It is a pleasure to be associated with your college. Fit2Sport will continue to post your interns and PG students at various related local, state, national and international events in the future.

We would also like to get associated with your esteemed institution for a providing platform to your interns and PG students at Fit2Sport by way of clinical postings during their academic tenure.

Thanking you.

Yours Sincerely,

Dr. Ajit Mapari

Consultant Sports & Exercise Medicine

D. E. Society's  
Brijlal Jindal College  
of Physiotherapy, Pune  
Inward No. 220/2019-20  
Date... 04/12/2019.....  
Sign A. Dhale

Encl<sup>n</sup> Act.



A. Dhale  
**PRINCIPAL**  
D. E. Society's Brijlal Jindal  
College of Physiotherapy  
Pune-4.



D.E.Society's Brijlal Jindal College of Physiotherapy

**PRINCIPAL**  
D. E. Society's Brijlal Jindal  
College of Physiotherapy  
Pune . 4





D.E. Society's

## **BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY**

**Name of Activity:** - 5<sup>th</sup> Roll Ball Camp and World -Cup

**Name of Coordinator:** Namrata Sidhaye

**Department:** -Sports Committee

**Date:-** 03.10.2019-08.10.2019 and 4.11.2019-14.11.2019

**Timing:** 8 am – 5 pm

**Place:-** Surat (Camp) , Chennai (World Cup)

**Online / Offline:-** Offline

**Outline of activity:-** On field physiotherapy support was provided for Rollball Players across the country. Injuries got covered by Interns. Importance of warm up and cool down was provided. Muscle strains, Cramps, Ligament sprains, open wounds were common most injuries which were treated

### **Objective-**

- 1.To provide exposure of on filed injuries of Roll ball
2. To prepare the students to treat those injuries first hand
3. To help them understand the sports better

### **Participants:**

1. Ruta Pandit
2. Varun Shastry





Communication letters:

DESBCOP

Dr. Ajit Mapari  
Consultant Sports & Exercise Medicine  
Reg. No. 25316

Injury Management & Sports  
Performance Enhancement Clinic

5.3.3  
**FIT2SPORT**

Date: 24th September 2019

To,  
The Principal,  
DES college of Physiotherapy,  
Pune.

Sub: Training and appointing two physiotherapists at the Roll Ball event.

Respected Madam,  
Further to the discussions, I request you to allocate duties of the following two physiotherapists for Roll Ball selection camps followed by the World cup 2019.

- 1) Mr. Varun Shastri
- 2) Ms. Ruta Pandit

Following is the program:

- 1) Selection Camp 1 from 3rd October 2019 until 8th October 2019 at Surat.
- 2) Indian Mens and Women's team Camp followed by world cup from 4th to 14th November 2019 in Chennai; followed by the world cup at the same venue from 15th to 20th November 2019.

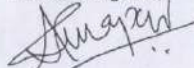
Both the physios are expected to report to the clinic each day from today for training and understanding the record keeping as well as the other related details. Time and the days can be mutually decided.

As per discussions with the Roll Ball federation I wish to clarify that there will be no remuneration for this entire assignment but the travel, stay and food of the two physios will be taken care of.

As they get trained, we'll provide them with the necessary material for treatment and injury management.

Kindly get back if the need be.

Thanks & regards,



Dr. Ajit Mapari



Sports - R.

204, Chinar Heights, Lane number 5, Prabhat Road, Deccan Gymkhana, Pune 411004

+91 8888852578

info@fit2sport.in www.fit2sport.in

Scanned by CamScanner

Dr. Ajit Mapari  
Consultant Sports & Exercise Medicine  
Reg. No. 25316

Injury Management & Sports  
Performance Enhancement Clinic

533  
FIT2SPORT

Date: 02-12-2019

To  
The Principal,  
D.E. Society's Brijlal Jindal College of Physiotherapy,  
Pune.

Subject: Posting of Interns

Dear Madam,

Following are the names of interns and the tournaments they have covered-

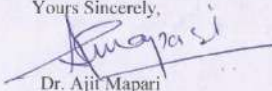
1. Ruta Pandit and Varun Shastry - 5<sup>th</sup> Roll ball world cup
2. Gargee Sonawane and Siddesh Bhagat - A&I Digest Cricket tournament
3. Leora Penkar and Om Wadhokar - Gadre-MSLTA ITF Grade 3 Junior tennis championship
4. Devaki Kale - NECC - ITF Women's Tennis Tournament

It is a pleasure to be associated with your college. Fit2Sport will continue to post your interns and PG students at various related local, state, national and international events in the future.

We would also like to get associated with your esteemed institution for a providing platform to your interns and PG students at Fit2Sport by way of clinical postings during their academic tenure.

Thanking you.

Yours Sincerely,

  
Dr. Ajit Mapari

Consultant Sports & Exercise Medicine

D. E. Society's  
Brijlal Jindal College  
of Physiotherapy, Pune  
Inward No 220/2019-20  
Date 04/12/2019  
Sign 

Excl<sup>n</sup> Act.


204, Chinar Heights, Lane number 5, Prabhat Road, Deccan Gymkhana, Pune 411004

+91 8888852578

info@fit2sport.in www.fit2sport.in

TRUE COPY



  
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D. E. Society's Brijlal Jindal  
College of Physiotherapy  
Pune - 4

DESBLOP



**D.E.Society's Brijlal Jindal College of Physiotherapy**  
**Name of Activity: - A and I digest in association with fit to sports**

**Name of Coordinator:** Namrata Sidhaye- Bhadbhade, Apoorva Likhite

**Department:** Sports department

**Date:** 12.02.2019 -18.02.2019

**Place:** Pune

**Timing-** 8.30 am- 5 p.m.

**Online / Offline:** on field

**Outline of activity:**

Injuries treated were back strains, ankle sprains, Hamstring and calf injuries.

**Participants-** 1. Gargi Sonawane  
2. Siddhesh Bhagat



## D.E.Society's Brijlal Jindal College of Physiotherapy

Ajit Mapari  
Consultant Sports & Exercise Medicine  
Reg. No. 25316

Injury Management & Sports  
Performance Enhancement Clinic

5-3-3

**FIT2SPORT**

Date: 02-12-2019

To  
The Principal,  
D.E. Society's Brijlal Jindal College of Physiotherapy,  
Pune.

Subject: Posting of Interns

Dear Madam,

Following are the names of interns and the tournaments they have covered-

1. Ruta Pandit and Varun Shastry – 5<sup>th</sup> Roll ball world cup
2. Gargee Sonawane and Siddesh Bhagat – A&I Digest Cricket tournament
3. Leora Penkar and Om Wadhokar – Gadre-MSLTA ITF Grade 3 Junior tennis championship
4. Devaki Kale – NECC – ITF Women's Tennis Tournament

It is a pleasure to be associated with your college. Fit2Sport will continue to post your interns and PG students at various related local, state, national and international events in the future.

We would also like to get associated with your esteemed institution for a providing platform to your interns and PG students at Fit2Sport by way of clinical postings during their academic tenure.

Thanking you.

Yours Sincerely,

Dr. Ajit Mapari

Consultant Sports & Exercise Medicine

D. E. Society's  
Brijlal Jindal College  
of Physiotherapy, Pune  
Inward No. 220/2019-20  
Date: 04/12/2019  
Sign: A. Dhale

Earl<sup>n</sup> Act.



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Pune-4.



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College of Physiotherapy  
Pune . 4





D.E. Society's

**BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY**

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**Name of Activity:** - sports event: Marathon 5 edition (**Simple Steps,Pune** )

**Name of Coordinator:** Namrata Sidhaye- Bhadbhade, Apoorva Likhite

**Department:** Sports department

**Date:** 10-11-2019


**Participants-** Gargi S, Krishma S

**Timing-** 8.30 am- 5 p.m.

**Online / Offline:** on field

**Outline of activity:**

Interns treated sports injuries under observation of the therapists appointed for the event. Injuries treated were shoulder strains, ankle sprains, Hamstring and calf injuries and back problems.

  
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College of Physiotherapy  
Pune . 4





5-32

To,

The principal,

D. E. Society's Brijal Jindal College of Physiotherapy

Fergusson college campus

Pune 411004

Date - 05<sup>th</sup> Dec 2019

Respected Madam,

This letter of appreciation is to let you know how much we of 'Simple Steps Marathon- fun for happiness' (05<sup>th</sup> edition) appreciate your help in allowing your staff and interns to be a part of our event which was held on 30/11/2019. Your physio team did commendable job and were of great help which was highly appreciated by all the children and their parents.

Besides the event date, team did a great job on expo day in sensitizing the parents about importance of physical activities in the young age.

Thanking you for all your help and we are looking forward to have your support for our next edition.

Thank you,

Warm regards,



Ashish Kasodekar

{ Team Simple Steps }





D.E. Society's

## BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

**Name of Activity:** - Dhanori Open – Badminton

**Name of Coordinator:** Apoorva Likhite, Namrata Bhadbhade

**Department:** -Sports Committee

**Date:-** 22.02.2020

**Timing:** 8am -5 pm

**Place:-** Elite sports club Dhanori,

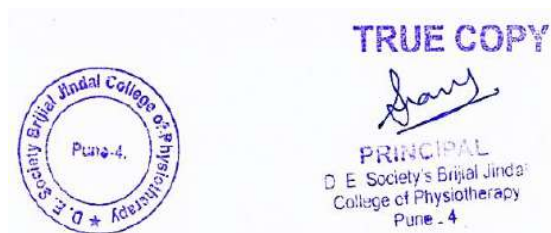
**Online / Offline:-** On field

**Outline of activity:-** On field physiotherapy support was provided for elite badminton players. People from varied age groups were present. Injuries got covered by Interns and PG students. Importance of warm up and cool down was provided. Muscle strains, Cramps, Ligament sprains were common most injuries which were treated.

### Objective-

- 1.To provide exposure of on field badminton injuries in young population
2. To prepare the students to treat those injuries first hand
3. To help them understand the sports better

**Participants:** Om Wadhokar, Pooja Patil



**Photographs:-**

**SPORTINDIA** www.sportindia.in

**22ND FEB 2020**

**POONA** **ELITE SPORTS CLUB**

**SPORTINDIA & ELITE SPORTS CLUB OPEN BADMINTON LEAGUE**  
(PDMBA Approved)

<b>SINGLES</b>	<b>BOYS &amp; GIRLS U - 10</b> BORN ON OR AFTER 1.1.2011	<b>BOYS &amp; GIRLS U - 13</b> BORN ON OR AFTER 1.1.2008	<b>BOYS &amp; GIRLS U - 15</b> BORN ON OR AFTER 1.1.2006	<b>BOYS &amp; GIRLS U - 17</b> BORN ON OR AFTER 1.1.2004
	<b>BOYS &amp; GIRLS U - 13</b> BORN ON OR AFTER 1.1.2008		<b>BOYS &amp; GIRLS U - 17</b> BORN ON OR AFTER 1.1.2004	
	<b>DOUBLES</b>			

**ROUND ROBIN & KNOCKOUTS**

<b>PRIZE DETAILS</b>	<b>VENUE</b>
Winner } Trophy + Certificate	<b>Elite Sports Club</b>
Runner }  +	JR Tingre Sports Complex, Dhanori,
Semifinalist - Medal + Certificate	Pune, Madhav Nagar, Dhanori, Pune,
	Maharashtra, India

\*Certificates for all the participants\*  
Yonex shuttle will be used

**FOR DETAILS CONTACT 8939280484**

**YONEX** to legend status  
**SUNRISE** Precision For Excellence

Entry Fee:  
**SINGLES ₹375/-**  
**DOUBLES ₹600/-**

**REGISTER NOW @ WWW.SPORTINDIA.IN/EVENT/PUNEBAD**

*Shay*  
Principal,  
D.E. Society's  
College of Physiotherapy, Pune





D.E. Society's

**BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY**

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## **AADISHAKTI**

DESBJCOP was involved in felicitation of some women achievers for the event of AADISHAKTI which was celebrated on 22 Feb 20. This was a joint event arranged by National medicos organisation (Maha.) rotary club and DES. Street play, poster exhibition on theme "beti bachao beti pahao" was organised on this occasion. Dr Aparna Sadhale Principal, DESJCOP was one of the organisers. Dr Purva Gandhi, Alumna of DESBJCOP was also felicitated on this event. Students Aaditi Gokhale, Varda Mengle, Anagha pathkar, Neha Apte, Pooja P, Meenal C, Prachi Sathe too participated in this event.



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College of Physiotherapy  
Pune . 4





NMO



**Deccan Education Society,  
Pune**



**आदर्शता**

**2020**



**Rotary Club Of Pune, Karvenagar**



**EMPOWER WOMEN, EMPOWER NATION**



## **DES Brijlal Jindal College of Physiotherapy,Pune**

**Name of Activity:** Demonstration of Practicals for “Advanced Diploma in Industrial Safety” course students

**Speaker:** Dr Rajani Pagare (PT),Dr Shreya Dhake(PT),Dr Aditi Berry (PT)

**Name of Coordinator:** Dr Shreya Dhake( PT)

**Department:** Cardiovascular& Respiratory PT, DESBJCOP, Pune

**Date & Time:** 3-12-19, 2pm-4.30pm

**Participants:** Supriya Raikar,Kushal Shah,Aishwarya Dhage, Aishwarya K,Kalyani Sawant,Shrikant S


**Offline:** Offline

**Outline of Activity:** Demonstration of practical's: Pulmonary function test, Cardiopulmonary resuscitation, Physical fitness evaluation test

**Objectives:** To orient the participants to lung function tests, basic life support skills & evaluation of an individuals physical fitness level using step test.

**Outcome:** All the participants were acquainted with the above mentioned skills

**Participants:** 35

  
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D.E. Society's  
**BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY**

Name of Activity: Care Giver Training

Name of Resource person: Dr. Diptee Bhole (PT)

Department: Community PT

Students' participation: Neuro MPTs: Rutugandha Sulay; Bhagyashree Gokhale, Richa Shah, Komal Patel, Dhanashree Modey

Date:18/09/2019

Place: Tharkude hospital premises for Senior citizen's Group, Erandawane

In association with President & Founder of Colonel's Cube NGO, Col Kumar Fulay

Offline activity

Outline of activity:

- Lecture on 'Safe Transfer techniques' for students undergoing training as care givers for senior citizens.
- Demonstration session of techniques
- Question answer session with sharing of personal experiences of tending to seniors.





*Asadhale*

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Pune





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**BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY**

Name of Activity: - Workshop on Physiotherapy at IDBI bank on FC Road branch

Name of Coordinator: Diptee Bhole

Department: Musculoskeletal Physiotherapy

Student participants: Interns- Ms. Saniya Pradhan, Ms. Leora Penkar

Date: 01/10/2019

Place: IDBI Bank Premises, Fergusson college road branch.

Occasion for programme: Bank's Foundation Day

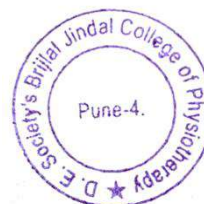
Schedule of activity:

- i) Introduction to session by Dy General Manager IDBI
- ii) Presentation on scope and practice with multi system benefits of PT
- iii) Demonstration of basic office stretches exercises as Group therapy
- iv) Ergonomic advice for prevention of postural pain

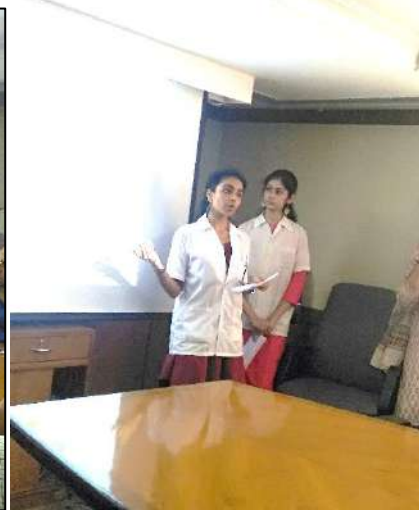
Outline of activity:

- a) Objective: Awareness of scope and effectiveness of PT; Ergonomics
- b) Participants/ Attendees: Employees of bank
- c) Outcomes: Better awareness and understanding about the importance of correct sitting postures among attendees. Removed misconception about PT used being limited only in orthopaedic conditions. They had an interactive and informative session.

Coordinator's signature: -



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College of Physiotherapy  
Pune



To,  
The Principal,  
Brijlal Jindal College of Physiotherapy,  
Ferguson College campus,  
Pune- 411004

Madam,

**Conduct of Workshop on Physiotherapy at our Bank Premises at F C Road Pune**

We extend a gesture of gratitude to your office for deputing Dr. Deepti Bhole and her team for volunteering a workshop on physiotherapy to officers on the occasion of Bank's foundation day on Oct 1, 2019. The lecture was highly educative and handy for creating awareness about proper sitting postures especially during sitting at workstation for long hours at office. Workshop also helped remove misconception about physiotherapy as the subject also relates to treatment on neurological and cardiac issues that too cure is without medication.

We once again appreciate the volunteer efforts put by your team and look forward for more such workshops in future for the benefit of our staff/employees.

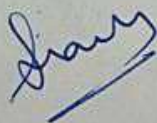
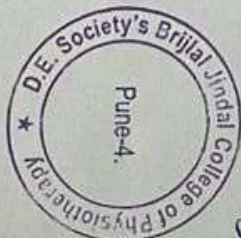
Thanking you !!

Sincerely yours,



DGM, IDBI F C Road Office, Pune

Nov 30, 2019



D. E. Society's	
Brijlal Jindal College	
of Physiotherapy, Pune	
Inward No.	218A/2019-20
Date	02/12/2019
Sign	A. Achale

Ext<sup>n</sup> Ach

Principal,  
D.E. Society's

Brijlal Jindal College of Physiotherapy, Pune



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

### Community Physiotherapy Posting Consolidated Report


Department: Community Physiotherapy

Academic Year: 2019-20

Sr. No.	Name of Posting	Frequency of visits	Students posted
1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
2	Sahajivan Bhugaon	Friday	Interns I M.P.T. II M.P.T.
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
4	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.

  
Sign of HoD



  
Sign of Principal

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## D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

List of Students						
Academic Year: 2019-20						
Sr.No.	II	III	IV	Interns	I MPT	II MPT
1	Anand Sakshi	Bhavika Agrawal	Agashe Manik	A. Anagha	Vidhi Kalyani	Aditi Tupe
2	Bagul Prachi	Komal Agrawal	Apte Neha	Bhagat Siddhesh	Pooja Patil	Akansha Rabde
3	Baria Siddhi	Shreeya Athavale	Apte Rutuja	Bhide Janhavi	Meenal Chavan	Sunita Yadav
4	Bekte Sheetal	Vinita Bagul	Athavale Vishwale	Bhide Manasi	Prachi Sathe	Arwa Simarwala
5	Bendre Purva	Mahi Bhandarkar	Berad Shravani	Chandras Vaidehi	Nimesh Gupta	Bhargavi Saraf
6	Borse Pooja	Rujuta Bhawe	Bhawe Neha	Deshmukh Shreya	Shreeya Saware	Kiran Wakpanjar
7	Deolasi Mansi	Surabhi Bhote	Chhajed Nikita	Deshpande Poorva	Sejal Chhajed	Ayushi Rathi
8	Deshpande Falguni	Nidhi Chikhal	Gokhale Aaditi	Gayatri Suresh	Ashwini Nagargoje	Prajakta Valke
9	Deshpande Rhea	Mihir Chitale	Himani Deo	Hatolkar Radhika	Pranali Jaypurkar	Aishwarya Dhage
10	Dombe Aishwarya	Neha Deshmukh	Ingle Mayuri	Kale Devaki	Prajakta Bidkar	Aishwarya Kadam
11	Dupare Sweejal	Siddhant Deshmukh	Majmudar Aayushi	Kale Shreya	Shantanu Dharkari	Supriyakumari Raik
12	Gomes Charnelle	Bhargawi Dhomane	Mangoankar Aditee	Keny Pranjal	Shilpa Bharti	Kushal Shah
13	Jadhav Rujula	Harshita Dhruv	Mengle Varada	Limaye Swarada	Jinal Kothari	Shrikant Sahu
14	Jain Kashish	Taruna Gambhir	Nakul Nawale	Mohite Kshitija	Shrinidhi Kulkarni	Kalyani Sawant
15	Joshi Gayatri	Ranjeet Ghatge	Natu Pranjali	More Urja	Juilee Khadke	Sharvani Sathe
16	Katte Mrunmayee	Snehal Giri	Oak Devashree	Mungekar Apoorva	Akshay Salve	Shikha Vora
17	Kende Vaishnavi	Akshay Gujar	Patil Ronit	Pandit Ruta	Krutikka Zala	Varsha Kale
18	Khandawala Rushabh	Koyal Jadhav	Patkar Anagha	Patil Manasi		
19	Kunte Shirin	Sanyukta Jagtap	Pal Deepakkumar	Penkar Leora		
20	Mane Akshata	Vaishnavi Kausadikar	Rajpurohit Manav	Pradhan Saniya		
21	Megh Thakar	Neha Kelkar	Rebello Hazel	Sanap Anushka		
22	Modak Mugdha	Krishna Kolhatkar	Issac Salve	Shah Juhi		
23	Navathe Shubham	Neha Kulkarni	Mahek Soni	Shastry Varun		
24	Paliwal Priyanshi	Shivani Mhaskar	Akanksha Shah	Solanki Krishma		
25	Patel Pooja	Rhutuja More	Shengal Shweta	Sonawane Gargi		
26	Rasane Purva	Abhay Nayak	Shraddha Kanade	Vaishampayan Jai		
27	Rashmeet Gurudatta	Apoorva Ozarkar	Thakar Shweta	Venkatchellam Lavanya		
28	Rathi Bharat	Tanvi Parikh		Wadhokar Om		
29	Rege Vedika	Vaishnavi Paturde		Waghmare Stutee		
30	Sankav Anushka	Tanika Sane		Yadnopavit Apoorva		
31	Sathe Isha	Aashika Shah				
32	Sathe Swarangee	Antara Shah				
33	Satte Tanvi	Nirali Shah				
34	Solapurkar Srushti	Rashmi Thakkar				
35	Surana Rishabh	Uma Tulapurkar				
36	Tamhankar Shruti	Rhushikesh Ujade				
37	Thakare Dinkar					
38	Nikita Chopade					
39	Neha Wagh					



*A. Dhale*  
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College of Physiotherapy  
Pune . 4



## BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Fergusson College Campus, Pune - 411 004 •Phone : (020) 67656471,67656467

•Fax : (91) (020) 67656494, 67656120 • E-mail : [descoppune@gmail.com](mailto:descoppune@gmail.com)

•Web-site :[www.desphysiotherapycollege.com](http://www.desphysiotherapycollege.com) , [www.despune.org](http://www.despune.org)

**Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik**

### ACTIVITY DETAILS FOR HOSPITAL COLLABORATIONS 19-20

Institute has collaborated with several multi-speciality hospitals for research, student exposure, training and internship. Students go every day to these hospitals for training and exposure under supervision of appointed staff. Under graduate students of II,III,IV BPT, Interns and MPT students of all speciality get this exposure in rotation. These postings change every month so that all students are exposed to all settings.

**Students do assessment, treatment, and observations of patients under guidance of faculty appointed at that hospital. They participate in collaborative research, activities too.**

Institute has collaborated with following hospitals in A.Y 2019-20

Hospital	Students participating
Sahyadri Super Speciality Hospita,Pune	II,III,IV BPT students/MPT students/Interns who are posted in hospital for that month for whole year (each month the posting changes)
Seth Tarachand Ramnath Hospital,Pune	I,II,III,IV BPT students/MPT students/Interns who are posted in hospital for that month for whole year (each month the posting changes)
Sassoon General Hospital,Pune	II,III,IV BPT students/MPT students/Interns who are posted in hospital for that month for whole year (each month the posting changes)
Deenanath mangeshkar Hospital,Pune	IV BPT students/MPT students/Interns who are posted in hospital for that month for whole year (each month the posting changes)
Jehangir Hospital,Pune	II,III,IV BPT students/MPT students/Interns who are posted in hospital for that month for whole year (each month the posting changes)
District Early Intervention Center,Aundh General Hsopital,Pune	II,III,IV BPT students/MPT students/Interns who are posted in hospital for that month for whole year (each month the posting changes)
Surya Speciality Hospital.Pune	II,IV BPT students/MPT students who are posted in hospital for that month for whole year (each month the posting changes)

\*Community posting included Geriatric and Industrial posting

List of students: Attached separately



2019-20

No.	Student's Name	Oct-19	Nov-19	Dec-19	Jan-20	Feb-20	Mar-20	Apr-20	20-May
1	Anand Sakshi	JH	JH	Surya	Surya	TRH	TRH	SGH	SGH
2	Bagul Prachi	JH	JH	Surya	Surya	SaiShree	SaiShree	SGH	SGH
3	Baria Siddhi	JH	JH	OPD	OPD	SaiShree	SaiShree	TRH	TRH
4	Bekte Sheetal	JH	JH	OPD	OPD	SaiShree	SaiShree	TRH	TRH
5	Bendre Purva	JH	JH	OPD	OPD	SaiShree	SaiShree	TRH	TRH
6	Borse Pooja	SGH	SGH	OPD	OPD	AGH	AGH	TRH	TRH
7	Deolasi Mansi	SGH	SGH	OPD	OPD	AGH	AGH	TRH	TRH
8	Deshpande Falguni	SGH	SGH	SSH	SSH	AGH	AGH	TRH	TRH
9	Deshpande Rhea	SGH	SGH	SSH	SSH	AGH	AGH	TRH	TRH
10	Dombe Aishwarya	SGH	SGH	SSH	SSH	AGH	AGH	TRH	TRH
11	Dupare Sweejal	SGH	SGH	JH	JH	Surya	Surya	TRH	TRH
12	Gomes Charnelle	SGH	SGH	JH	JH	Surya	Surya	SaiShree	SaiShree
13	Jadhav Rujula	TRH	TRH	JH	JH	OPD	OPD	SaiShree	SaiShree
14	Jain Kashish	TRH	TRH	JH	JH	OPD	OPD	SaiShree	SaiShree
15	Joshi Gayatri	TRH	TRH	JH	JH	OPD	OPD	SaiShree	SaiShree
16	Katte Mrunmayee	TRH	TRH	SGH	SGH	OPD	OPD	AGH	AGH
17	Kende Vaishanavi	TRH	TRH	SGH	SGH	OPD	OPD	AGH	AGH
18	Khandwala Rushabh	TRH	TRH	SGH	SGH	SSH	SSH	AGH	AGH
19	Kunte Shirin	TRH	TRH	SGH	SGH	SSH	SSH	AGH	AGH
20	Mane Akshata	TRH	TRH	SGH	SGH	SSH	SSH	AGH	AGH
21	Megh Thakar	TRH	TRH	SGH	SGH	JH	JH	Surya	Surya
22	Modak Mugdha	SaiShree	SaiShree	SGH	SGH	JH	JH	Surya	Surya
23	Navathe Shubham	SaiShree	SaiShree	TRH	TRH	JH	JH	OPD	OPD
24	Paliwal Priyanshi	SaiShree	SaiShree	TRH	TRH	JH	JH	OPD	OPD
25	Patel Pooja	SaiShree	SaiShree	TRH	TRH	JH	JH	OPD	OPD
26	Rasane Purva	AGH	AGH	TRH	TRH	SGH	SGH	OPD	OPD
27	Rashmeet Gurudatta	AGH	AGH	TRH	TRH	SGH	SGH	OPD	OPD
28	Rathi Bharat	AGH	AGH	TRH	TRH	SGH	SGH	SSH	SSH
29	Rege Vedika	AGH	AGH	TRH	TRH	SGH	SGH	SSH	SSH
30	Sankav Anushka	AGH	AGH	TRH	TRH	SGH	SGH	SSH	SSH
31	Sathe Isha	Surya	Surya	TRH	TRH	SGH	SGH	JH	JH
32	Sathe Swarangee	Surya	Surya	SaiShree	SaiShree	SGH	SGH	JH	JH
33	Satte Tanvi	OPD	OPD	SaiShree	SaiShree	TRH	TRH	JH	JH
34	Shirse Diksha	OPD	OPD	SaiShree	SaiShree	TRH	TRH	JH	JH
35	Solapurkar Srushti	OPD	OPD	SaiShree	SaiShree	TRH	TRH	JH	JH
36	Surana Rishabh	OPD	OPD	AGH	AGH	TRH	TRH	SGH	SGH
37	Tamhankar Shruti	OPD	OPD	AGH	AGH	TRH	TRH	SGH	SGH
38	Tarpe Neha	SSH	SSH	AGH	AGH	TRH	TRH	SGH	SGH
39	Thakare Dinkar	SSH	SSH	AGH	AGH	TRH	TRH	SGH	SGH
40	Waghmode Mayuri	SSH	SSH	AGH	AGH	TRH	TRH	SGH	SGH



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College of Physiotherapy  
Pune - 4

### Third yr postings 2019-20(Regular Batch)

SSH	STRH	SGH	JAHANGIR	Saishree	OPD	Aundh
	1/8/2019-31/8/2019					
Bhavika Agarwal	Mahi Bhandrakar	Neha Deshmukh	Harshita Dhruv	Neha Kelkar	Shivani Mhaskar	Tanika Sane
komal Agarwal	Rujuta Bhawe	Siddhant Deshmukh	Sanyukta Jagtap	Krisna Kolhatkar	Rutuja More	Aashika Shah
Shreeya Athavale	Surabhi Bhote	Akshay Gujar	Vaishnavi Kausadikar	Neha Kulkarni	Abhay Nayak	Rashmi Thakur
Vineeta Bagul	Nidhi Chikhhal	Ranjeet Ghatge	Bhargavi Dhomane		Apoorva Ozarkar	
Antara Shah	Mihir Chitale	Koyal Jadhav			Tanvi Parikh	
Taruna Gambhir	Uma Tulapurkar	Rushikesh Ujade			Issac Salve	
1/9/2019-30/09/2019						
Tanika Sane	Bhavika Agarwal	Mahi Bhandrakar	Harshita Dhruv	Neha Deshmukh	Neha Kelkar	Apoorva Ozarkar
Aashika Shah	komal Agarwal	Rujuta Bhawe	Sanyukta Jagtap	Koyal Jadhav	Krisna Kolhatkar	Tanvi Parikh
Rashmi Thakur	Shreeya Athavale	Surabhi Bhote	Vaishnavi Kausadikar	Rushikesh Ujade	Neha Kulkarni	Issac Salve
Shivani Mhaskar	Vineeta Bagul	Nidhi Chikhhal	Bhargavi Dhomane		Siddhant Deshmukh	
Rutuja More	Antara Shah	Mihir Chitale			Akshay Gujar	
Abhay Nayak	Taruna Gambhir	Uma Tulapurkar			Ranjeet Ghatge	
					Tanvi Parikh	
1/10/19-31/10/19						
Apoorva Ozarkar	Issac Salve	Bhavika Agarwal	Mahi Bhandrakar	Nidhi Chikhhal	Neha Deshmukh	Harshita Dhruv
Tanvi Parikh	Tanika Sane	komal Agarwal	Rujuta Bhawe	Mihir Chitale	Koyal Jadhav	Sanyukta Jagtap
Bhargavi Dhomane	Aashika Shah	Shreeya Athavale	Surabhi Bhote	Uma Tulapurkar	Rushikesh Ujade	Vaishnavi Kausadikar
Neha Kelkar	Rashmi Thakur	Vineeta Bagul			Ranjeet Ghatge	
Krisna Kolhatkar	Shivani Mhaskar	Antara Shah			Siddhant Deshmukh	
Neha Kulkarni	Rutuja More	Taruna Gambhir			Akshay Gujar	
	Abhay Nayak				Ranjeet Ghatge	
01/11/19-30/11/19						
Harshita Dhruv	Apoorva Ozarkar	Issac Salve	Mahi Bhandrakar	Vineeta Bagul	Bhavika Agarwal	Siddhant Deshmukh
Sanyukta Jagtap	Tanvi Parikh	Tanika Sane	Rujuta Bhawe	Antara Shah	komal Agarwal	Akshay Gujar
Vaishnavi Kausadikar	Bhargavi Dhomane	Aashika Shah	Surabhi Bhote	Taruna Gambhir	Shreeya Athavale	Ranjeet Ghatge
Neha Deshmukh	Neha Kelkar	Rashmi Thakur			Nidhi Chikhhal	
Koyal Jadhav	Krisna Kolhatkar	Shivani Mhaskar			Mihir Chitale	
Rushikesh Ujade	Neha Kulkarni	Rutuja More			Uma Tulapurkar	
		Abhay Nayak				

class incharge *Allya*

*A. Padhale*

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College of Physiotherapy  
Pune-4



SSH	STRH	SGH	JAHANGIR	Saishree	OPD	Aundh
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1/12/19-31/12/19

Siddhant Deshmukh	Harshita Dhruv	Apoorva Ozarkar	Rashmi Thakkar	Issac Salve	Mahi Bhandrakar	Nidhi Chikhal
Akshay Gujar	Sanyukta Jagtap	Tanvi Parikh	Shivani Mhaskar	Tanika Sane	Antara Shah	Mihir Chitale
Ranjeet Ghatge	Vaishnavi Kausadikar	Bhargavi Dhomane	Rutuja More	Aashika Shah	Taruna Gambhir	Uma Tulapurkar
Rujuta Bhawe	Neha Deshmukh	Neha Kelkar	Abhay Nayak		Vineeta Bagul	Komal Agarwal
Surabhi Bhote	Koyal Jadhav	Krisna Kolhatkar				Shreeya Athavale
	Rushikesh Ujade	Neha Kulkarni				Bhavika Agarwal

01/01/2020 to 31/01/2020

Nidhi Chikhal	Siddhant Deshmukh	Harshita Dhruv	Rashmi Thakkar	Apoorva Ozarkar	Issac Salve	Vineeta Bagul
Mihir Chitale	Akshay Gujar	Sanyukta Jagtap	Shivani Mhaskar	Tanvi Parikh	Tanika Sane	Antara Shah
Uma Tulapurkar	Ranjeet Ghatge	Vaishnavi Kausadikar	Rutuja More	Bhargavi Dhomane	Aashika Shah	Taruna Gambhir
Bhavika Agarwal	Mahi Bhandrakar	Neha Deshmukh	Abhay Nayak		Neha Kelkar	Krisna Kolhatkar
Komal Agarwal	Rujuta Bhawe	Koyal Jadhav				Neha Kulkarni
Shreeya Athavale	Surabhi Bhote	Rushikesh Ujade				

01/02/2020 to 29/2/2020

Antara Shah	Vineeta Bagul	Siddhant Deshmukh	Neha Deshmukh	Harshita Dhruv	Apoorva Ozarkar	Shivani Mhaskar
Taruna Gambhir	Nidhi Chikhal	Akshay Gujar	Koyal Jadhav	Sanyukta Jagtap	Tanvi Parikh	Rutuja More
Issac Salve	Mihir Chitale	Ranjeet Ghatge	Rushikesh Ujade	Vaishnavi Kausadikar	Bhargavi Dhomane	Abhay Nayak
Tanika Sane	Uma Tulapurkar	Mahi Bhandrakar		Ranjeet Ghatge		Neha Kelkar
Aashika Shah	Bhavika Agarwal	Rujuta Bhawe				
Rashmi Thakkar	Komal Agarwal	Surabhi Bhote				
Krisna Kolhatkar	Shreeya Athavale					
Neha Kulkarni						

01/03/2020-31/03/2020

Shivani Mhaskar	Antara Shah	Vineeta Bagul	Neha Deshmukh		Mahi Bhandrakar	Neha Kelkar
Rutuja More	Taruna Gambhir	Nidhi Chikhal	Koyal Jadhav		Rujuta Bhawe	Krisna Kolhatkar
Abhay Nayak	Issac Salve	Mihir Chitale	Rushikesh Ujade	Ranjeet Ghatge	Surabhi Bhote	Neha Kulkarni
Apoorva Ozarkar	Tanika Sane				Harshita Dhruv	
Tanvi Parikh	Aashika Shah	Bhavika Agarwal			Sanyukta Jagtap	
Bhargavi Dhomane	Rashmi Thakur	Komal Agarwal			Vaishnavi Kausadikar	

class incharge

*[Signature]*

*[Signature]*  
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Siddhant Deshmukh	Uma Tulapurkar	Shreeya Athavale
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Akshay Gujar

1/4/2020 to 30/4/2020

Neha Kelkar	Shivani Mhaskar	Antara Shah	Vinceta Bagul	Bhavika Agarwal	Siddhant Deshmukh	Neha Deshmukh
Krisna Kolhatkar	Rutuja More	Taruna Gambhir	Nidhi Chikhal	komal Agarwal	Akshay Gujar	Koyal Jadhav
Neha Kulkarni	Abhay Nayak	Issac Salve	Mihir Chitale	Shreeya Athavale	Ranjeet Ghatge	Rushikesh Ujade
Harshita Dhruv	Apoorva Ozarkar	Tanika Sane	Uma Tulapurkar		Mahi Bhandrakar	
Sanyukta Jagtap	Tanvi Parikh	Aashika Shah			Rujuta Bhawe	
Vaishnavi Kausadikar	Bhargavi Dhomane	Rashmi Thakur			Surabhi Bhot	
Ranjeet Ghatge						

Class Incharge *Aling*

*A. Athavale*

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**D.E.Society's Brijlal Jindal College of Physiotherapy, Pune**

**IV year posting 2019-20**

Name of the student	Aug/Sept		Oct/Nov		Dec/Jan		Feb/March		April/May		
	Agashe Manik	DMH		OPD	Dec-SGH	Jan-SSH	Feb-Surya	March- STRCH	April-Aundh	May- Saishree	
Apte Neha	Feb- STRCH						March- SSH	April- Saishree	May- Aundh		
Apte Rujuta											
Athavale Vishwali	SSH		Oct- Aundh	Nov- Saishree	Dec-STRCH	Jan- SGH	OPD	DMH			
Berad Shravani			Oct- Saishree	Nov- Aundh				Jehangir			
Bhave Neha										DMH	
Chhajed Nikita	Jehangir		SGH	Dec-Aundh	Jan- Saishree	SSH	April-Jehangir				
Gokhale Aaditi				Dec-Saishree	Jan-Aundh		OPD				
Himani Deo											OPD
Ingle Mayuri	Aug-SGH	SSH	DMH	Dec- Surya	Jan- Saishree	Jehangir	STRCH				
Majmudar Aayushi				OPD			April-STRCH	May- Surya			
Mangoankar Aditee				OPD	Jan- STRCH		April- Surya	May-STRCH			
Mengle Varada				OPD	OPD		STRCH				
Nakul Nawale	STRCH		Oct- Surya	Nov- SGH	Dec-SSH	Jan-SGH	DMH	April- Saishree	May- Aundh		
Natu Pranjali			Jehangir					April-Aundh		May-Saishree	
Oak Devashree											
Patil Ronit	Aug- Surya	Sept- Saishree	SSH	DMH			Feb-Aundh	March-Saishree	SGH		
Patkar Anagha	OPD	Sept-SGH								Feb- Saishree	March- Aundh
Rajpurohit Manav		OPD									
Rebello Hazel	Aug- Aundh	Sept- Saishree	Oct- STRCH	Nov- Surya	Jehangir		SGH	March-Surya	SSH		
Shengal Shweta			STRCH		Jehangir					SGH	SGH
Shraddha Kanade	Aug- Saishree	Sept- Aundh	STRCH	Jehangir	Jan-Surya						
Mahek Soni		Sept- Surya			Jehangir					Jehangir	
Thakar Shweta											

*Shake*

Class coordinator

*Aadhale*

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Pune - 4



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune  
Internship postings 2019-20

	Batch A	Batch B	Batch C	Batch D	Batch E	Batch F
1	Ajaychandrashekhar Anagha	Keny Pranjal	Penkar Leora	Bhagat Siddhesh	Soṇawane Gargi	Venkatchellam Lavanya
2	Chandras Vaidehi	Limaye Swarada	Pradhan Saniya	Kale Devaki	Gyatri Suresh	sane simran
3	Deshmukh Shreya	More Urja	Sanap Anushka	Kale Shriya	Wadhokar Om	Patil Manasi
4	Hatolkar Radhika	Mungekar Apoorva	Shah Juhi	Bhide Janhavi	Shastry Varun	Shivani Chinta
5		Vaishampayan Jai	Waghmare Stutee	Pandit Ruta	Solanki Krishma	Yadnopavit Apoorva
6				Bhide Manasi		

DATE	Saishree	Tarachand	OPD	Surya	SSH	Jehangir	DMH	SGH
3.9.19-2.10.19	A	B	C	D 1, 2, 3	E1,2	<del>E</del> 3,4,5,6	F	D 3,4,5
3.10.19-2.11.19	F	A	B	C 1,2	D1,2,3	<del>D</del> 3,4,5,6	E	C3,4,5
3.11.19-2.12.19	E	F	A	B 1,2	C1,2,3	C3,4,5	D	B3,4,5
3.12.19-2.1.20	D	E	F	A 1,2	B1,2	B3,4,5	C	A3,4
3.1.20-2.2.20	C	D	E	F 1,2	A 1,2	A3,4	B	F3,4,5
3.2.20-2.3.20	B	C	D	E 1,2	F1,2	F3,4,5	A	E3,4,5

*He*

*Abh*

*Arnya*

*out*

*Ch. Radhika*

*PV Tarzika*

*J*

*Ch*

*A dhale*

Rehabilitation Section  
Dept. of Orthopedics  
Sassoon General Hosp  
Pune-411001

**DES BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY,PUNE**

**Clinical Postings for MPTs**

01/07/2019 To 30/08/2019

Clinical Postings	1st MPTs	2nd MPTs
Deenanath Mangeshkar Hospital	Prajakta Valke, Aishwarya kadam	Nisha Neelakantham
Sahyadri Speciality Hospital	Ayushi Rathi, Aishwarya Dhage	Bhagyashree Gokhale/ Rutugandha sulay
Surya Hospital	Shrikant Sahu	-----
Sasoon General Hospital	Sunita Yadav, Supriya Kumari	Dhnashree Mode/ Dhnashree Mode
Seth Tarachand Hospital	Akanksha Rabade, Kiran wakpanjar	komal patel / Rutugandha sulay, Rashida Hamid
Aundh Civil Hospital	arwa sinnerwala, Varsha Kale	Komal Landge,
SaiShree Hospital	shravani Sathe	Vaishnavi Ekbote,
DESCOP OPD	Kalyani Sawant, Aditi Tupe	Richa Shah
Jehangir Hospital	Kushal Shah, Shikha Vora	
Seva Sutika ( Gynaec)		Farheen Patel
Geriatric	Bhargavi Saraf	Mithila Pawar



*A. Dhale*

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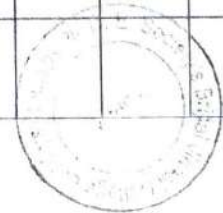
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College of Physiotherapy,  
Pune.



SR NO	NAME OF STUDENT	HEERANATH HOSPITAL		SASOON GEN HOSPITAL		TARACHANE HOSPITAL		SAHAYADRI HOSPITAL		SURYA HOSPITAL		JEWANGIR HOSPITAL		AUNDH CIVIL		SAI SHREE HOSPITAL		DESBJCOP OPD	
		FROM	TO	FROM	TO	FROM	TO	FROM	TO	FROM	TO	FROM	TO	FROM	TO	FROM	TO	FROM	TO
1	Ashwini Nagargoje	06/01/20				01/12/19	31/01/20											01/11/19	30/11/19
																		01/02/20	16/03/20
																		21/09/20	31/10/20
2	Sejal Chajjed			01/12/19	31/01/20	22/10/19	30/11/19					01/12/19	16/03/20						
												01/09/20	31/10/20						
3	Nimesh Gupta	01/02/20	16/03/20									01/07/20	31/08/20	01/12/19	31/01/20				
		14/09/20	13/11/20																
4	Prachi Sathe	01/12/19	31/01/20											01/02/20	16/03/20			14/10/19	30/11/19
																		21/09/20	31/10/20
5	Meenal Chavan			01/02/20	16/03/20	14/10/19	30/11/19											01/12/19	31/01/20
																		28/09/20	31/10/20
6	Shreeya			16/10/19	30/11/19	28/09/20	31/10/20	01/02/20	16/03/20										
7	Vidhi Kalyani			01/12/19	31/01/20	22/10/19	30/11/20									01/02/20	16/03/20	25/09/20	31/10/20
8	Pooja Patil			22/10/19	30/11/19	18/09/20	30/09/20									01/12/19	31/01/20	01/02/20	16/03/20
				01/10/20	31/10/20														
9	Shrinidhi Kulkarni	14/09/20	13/11/20	22/10/19	30/11/19					01/12/19	31/01/20							01/02/20	16/03/20
10	Shilpa Bharati			01/09/20	30/09/20			31/10/19	30/11/19	01/02/20	16/03/20	01/12/19	31/01/20					01/10/20	31/10/20
11	Prajakta Bidkar	01/12/19	31/01/20	01/02/20	16/03/20													22/10/20	30/11/20
		14/09/20	13/11/20																
12	Pranali Jaypurkar			01/12/19	31/01/20					01/02/20	16/03/20							02/11/19	30/11/19
																		07/10/20	31/10/20
13	Shantanu Dharkari					01/02/20	16/03/20			31/10/19	30/11/19							01/12/19	31/01/20
																		12/10/20	31/10/20
	Jinal Athari	01/02/20	16/03/20	22/10/19	30/11/19					01/12/20	31/01/20								
										19/09/20	31/10/20								
										20	0								



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College of Physiotherapy,  
Pune.



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College of Physiotherapy  
Pune-4






D.E. Society's

**BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY**

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## **Sevashayog foundation activity**

DES Brijlal Jindal College of physiotherapy was involved in treatment of special children at Vadarwadi wasti (Deccan) physio OPD of Sevasahyog Chetana Foundation ,Pune. This foundation works for rehabilitation of Special children and services for their care givers. Staff and students of Institute treated 6 patients for free, once a week in their physio OPD. Children with cerebral palsy, attention deficit and genetic disorders who needed physiotherapy were treated in this OPD. Institute had provided free physiotherapy for these children at college OPD too.

  
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College of Physiotherapy  
Pune . 4



# Seva Sahayog Foundation

Regn. No. U85100MH2009NPL195370

**Pune Office :** 18 "Pathik", Vrundavan Society,  
Nr Shri Shri Ravi Shankar Vidya Mandir,  
Navi Peth, Mhatre Bridge, Pune 411030.

t: 020 2453 7655  
e: pune@sevasahayog.com  
w: www.sevasahayog.org

**Mumbai Office :** Maharshi Dadhichi Hospital,  
Near Santacruz Bus Station, Santacruz (East), Mumbai 400055.  
t: 022 24446094 / 9833994754

**Regd. Address :** C/o. Atul Nagras, S.No. 89, 90, 91/2,  
Plot No. 75, Tulshibagwale Colony, Sahakar Nagar No. 2,  
Parvati, Pune 411009.

**SEVA  
SAHAYOG**  
Celebrating Humanity

Celebrating Humanity

To  
The Principle  
Ms. Aparana Sadhale  
DES – Brijlal Jindal College of Physiotherapy  
PUNE

D. E. Society's  
Brijlal Jindal College of Physiotherapy, Pune  
Date – 1<sup>st</sup> January 2020.  
Inward No. 240  
Date 03/01/2020  
Sign A. Ghate

Subject : Letter of Thanks & continuation of your support towards our cause

Chetana Rehabilitation Center – an initiative of Seva Sahayog Foundation is working for Multiple Disability Kids [DIVYANG – KIDS] from urban slums of PUNE. Kids are from the underprivileged section of the society. They need support.

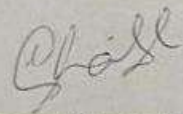
The basic need of these Divyang Kids is – Physiotherapy, Speech Therapy & Special Education. There is also need for Parent Counselling & Awareness generation.

DES – Brijlal Jindal College of Physiotherapy is supporting these Divyang – Kids by providing free Physiotherapy since last 3 years, on weekly basis.


We are grateful to DES – Brijlal Jindal College of Physiotherapy for supporting our cause.

We would like to continue this association with DES Brijlal Jindal College of Physiotherapy here after also.

Thanks & Regards

  
Shailesh Ghatpande  
Director - Operations  
Seva Sahayog Foundation, PUNE



  
Principal,  
D.E. Society's  
Brijlal Jindal College of Physiotherapy, Pune

5-32

To,

The principal,

D. E. Society's Brijal Jindal College of Physiotherapy

Fergusson college campus

Pune 411004

Date - 05<sup>th</sup> Dec 2019

Respected Madam,

This letter of appreciation is to let you know how much we of 'Simple Steps Marathon- fun for happiness' (05<sup>th</sup> edition) appreciate your help in allowing your staff and interns to be a part of our event which was held on 30/11/2019. Your physio team did commendable job and were of great help which was highly appreciated by all the children and their parents.

Besides the event date, team did a great job on expo day in sensitizing the parents about importance of physical activities in the young age.

Thanking you for all your help and we are looking forward to have your support for our next edition.

Thank you,

Warm regards,



Ashish Kasodekar

{ Team Simple Steps }





D.E. Society's  
**BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY, PUNE**

Consolidated report for "SOFOSH" posting  
2019-20

D. E. Society's Brijlal Jindal College of Physiotherapy MPT students provided services to family deprived and orphanage children in A. Y. 2019-20.

Sr. No.	Name of Posting	MPTI	MPTII
1	SOFOSH	Vidhi Kalyani	Aditi Tupe
2		Pooja Patil	Akansha Rabde
3		Meenal Chavan	Sunita Yadav
4		Prachi Sathe	Arwa Sinnarwala
5		Nimesh Gupta	Bhargavi Saraf
6		Shreeya Saware	Kiran Wakpanjar
7		Sejal Chhajed	Ayushi Rathi
8		Ashwini Nagargoje	Prajakta Valke
9		Pranali Jaypurkar	Aishwarya Dhage
10		Prajakta Bidkar	Aishwarya Kadam
11		Shantanu Dharkari	Supriyakumari Raikwar
12		Shilpa Bharti	Kushal Shah
13		Jinal Kothari	Shrikant Sahu
14		Shrinidhi Kulkarni	Kalyani Sawant
15		Juilee Khadke	Sharvani Sathe
16		Akshay Salve	Shikha Vora
17		Krutikka Zala	Varsha Kale

Coordinator  
Dr. Harshada Sonawane



Sign of Principal  
**PRINCIPAL**  
D E Society's Brijlal Jindal  
College of Physiotherapy  
Pune - 4



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

Maharashtra University of Health Sciences, Nashik

वणी - दिंडोरी रोड, म्हसळ, नाशिक - ४२२००४, Vani-Dindori Road, Mhasrul, Nashik- 422 004

EPABX: 0253-2539100-300, Fax – 0253-2539200, Phone: 0253-2539235

E-mail : [academic1@muhs.ac.in](mailto:academic1@muhs.ac.in) Web.: [www.muhs.ac.in](http://www.muhs.ac.in)

डॉ. कालिदास द. चव्हाण

एम.बी.बी.एस, एम.डी. (न्यायवैद्यकशास्त्र),

कुलसचिव

Dr. Kalidas D. Chavan

M.B.B.S., M.D. (Forensic Medicine)

Registrar

MUHS/Allied Health Sciences/MUHS-025843/2019

Date: 10/03/2021

To,  
The Dean / Principal / Director,  
D.E.S. Brijlal Jindal College of Physiotherapy, Fergusson College Campus,  
Pune

**SUB:**Regarding approval of Title & Synopsis.

Sir / Madam,

With reference to the above, it is informed that, the proposal of "Title & Synopsis of Dissertation" of following student is duly "Accepted" by the BORS Committee of the College. Accordingly, the University hereby grant approval to the Title & Synopsis proposal of following student(s).

Name of Student	SHANTANU SURESH DHARKARI
Name of Guide	RAJANI PAGARE
Course/ Specialty	Allied Health Sciences Cardiovascular and Respiratory Physiotherapy
Academic Year of admission	2019-20
Name of the College	D.E.S. Brijlal Jindal College of Physiotherapy, Fergusson College Campus, Pune
Title of Synopsis	Comparison of respiratory muscle strength in elective laparotomies and laparoscopies of upper abdomen by micro-respiratory pressure meter - An observational study.

- 1) Please note that the appearance of the concerned student to the final year examination is subject to final eligibility of the university and fulfillment of relevant rules and regulations of the concerned central council / university
- 2) It is mandatory for the candidate to work for minimum 18 months on the title & synopsis approved by the university prior to submission of dissertation, failing which the term of the candidate shall be extended by the college to that extent
- 3) It is also mandatory for the colleges to maintain Teacher : Student ratio as per norms prescribed by concerned Central Council/University

Sd/-  
Registrar

## CERTIFICATE

This is to certify that **Mr. Shantanu Dharkari**, has satisfactorily completed his dissertation titled **"Comparison of respiratory muscle strength in elective laparotomies and laparoscopies of upper abdomen by micro-respiratory pressure meter- An observational study"** as a requirement for Master in Cardiovascular and Respiratory Physiotherapy at the Maharashtra University of Health Sciences, for academic year 2019-2021. The above study was carried out under my supervision, guidance and to the fullest of my satisfaction.



Guide

**Dr. Rajani Pagare (PT)**

D.E.S. Brijlal Jindal College of  
Physiotherapy, Pune-411004



Date: 24/9/2021

Place: D.E.S. Brijlal Jindal College of Physiotherapy

Shivajinagar, Pune-411004

**CERTIFICATE**

This is to certify that the dissertation work entitled

**“Comparison of respiratory muscle strength in elective laparotomies and laparoscopies of upper abdomen by micro-respiratory pressure meter - An observational study”**

Submitted by **Mr. Shantanu Suresh Dharkari** in partial fulfilment of the requirement for the award degree of Master of Physiotherapy with specialization in Cardiovascular and Respiratory Physiotherapy of D.E.S. Brijlal Jindal College of Physiotherapy, is a bonafide research work carried by him, during the academic year 2019-2021.



*A. dhale*

**Principal**

**Dr. Aparna Sadhale (PT)**  
D.E.S. Brijlal Jindal College of  
Physiotherapy, Pune- 411004

**PRINCIPAL**  
D. E. Society's Brijlal Jindal  
College of Physiotherapy,  
Pune.

Date: 17/9/2021

Place: D.E.S. Brijlal Jindal College of Physiotherapy  
Shivajinagar, Pune- 411004

**Certificate**

This is to certify that the dissertation work entitled

**“Relationship Of Respiratory muscle strength and pulmonary function test in predicting post operative pulmonary complications after upper abdominal surgery – an observational study.”**

Submitted by **Ms. Aishwarya Shivajirao Dhage**, in partial fulfilment of the requirement for the award of degree of Master of Physiotherapy with specialization in Cardiovascular and Respiratory Physiotherapy of D.E.S Brijlal Jindal College of Physiotherapy, is a bonafide research work carried by her, during the academic year 2018-2019 and 2019-2020.

Principal



**Dr. APARNA SADHALE (PT)**

D.E.S Brijlal Jindal College Of  
Physiotherapy, Pune-5

Date:

23/3/2021

Place: D.E.S Brijlal Jindal College Of Physiotherapy

Shivajinagar, Pune-5.



**Certificate**

This is to certify that **Ms. Aishwarya Shivajirao Dhage**, has satisfactorily completed her dissertation titled “**Relationship Of Respiratory muscle strength and pulmonary function test in predicting post operative pulmonary complications after upper abdominal surgery – an observational study.**”

as a requirement for Masters in Cardiovascular and Respiratory Physiotherapy at the Maharashtra University of Health Sciences, for the academic year 2018-2019 and 2019-2020. The above study was carried out under my supervision, guidance and to the fullest of my satisfaction.

**Guide**



**Dr. Shreya Dhake (PT)**

Associate Professor

D.E.S Brijlal Jindal College Of

Physiotherapy, Pune-5



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरी रोड, म्हस्रुळ, नाशिक - ४२२००४ Dindori Road, Mhasrul, Nashik - 422004

Tel : (0253) 6659174, 172, 173

Website : www.muhs.ac.in, E-mail : sw@muhs.ac.in

डॉ. कलिदास द. चव्हाण

एम.बी.बी.एस., एम.डी. (न्यायवैद्यशास्त्र)

कुलसचिव

Dr. Kalidas D. Chavan

M.B.B.S., M.D.(Forensic Medicine)

Registrar

दि. १०/१०/२०१९

मआवि/एसडब्ल्यू/एनएसएस/१९६३/२०१९

प्रति,

अधिष्ठाता/प्राचार्य

डी.ई. सोसायटी यांचे ब्रिजलाल

जिंदाल भौतिकोपचार महाविद्यालय,

फर्ग्युसन महाविद्यालय आवार,

एफ. सी. रोड, शिवाजीनगर,

पुणे - ४११००४

विषय : "स्वस्थ वारी" या अभियानात आपले महाविद्यालय सहभागी झाल्याबद्दल...

महोदय / महोदया,

उपरोक्त विषयाच्या अनुषंगाने महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिकच्या वतीने "स्वस्थ वारी" या अभियानात / उपक्रमात रुग्णसेवेकरिता आपल्या महाविद्यालयाने सहभागी होऊन आळंदी ते पंढरपुर या पालखी मार्गावर वारीतील रुग्णसेवेकरिता जे योगदान दिले त्याबद्दल विद्यापीठाच्या वतीने आपले हार्दिक

आभार !!!

D. E. Society's	
Brijlal Jindal College	
of Physiotherapy, Pune	
Inward No.	198 / 2019-20
Date	25/10/2019
Sign	A. Dhale

कुलसचिव

सोबत : वरील प्रमाणे.

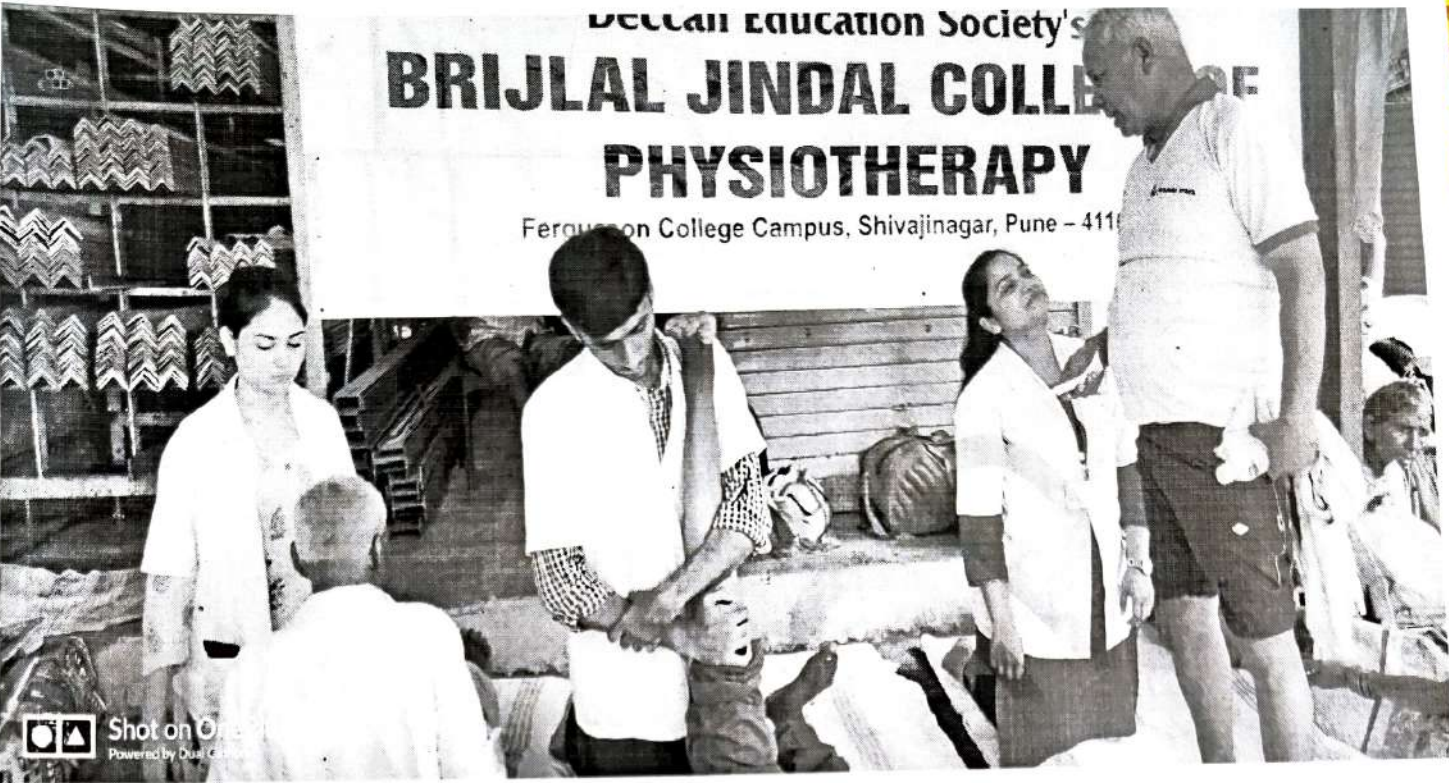
ext<sup>n</sup> activities.

Palkhi

1-7-2019 to 7-7-2019

Deccan Education Society's  
**BRIJLAL JINDAL COLLEGE OF  
PHYSIOTHERAPY**

Fergusson College Campus, Shivajinagar, Pune - 411004



Shot on Osmo  
Powered by Dual Camera

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Fergusson College Campus, Shivajinagar, Pune - 411004



GST NO. 27ABJPG397





महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक  
Maharashtra University of Health Sciences, Nashik

वणी - दिंडोरी रोड, म्हसरुळ, नाशिक - ४२२००४.

Vani - Dindori Road, Mhasrul, Nashik - 422 004.

EPABX : 0253-2539100-300, Phone : 0253-2539174

E-mail : sw@muhs.ac.in Web.:www.muhs.ac.in

डॉ. संदिप धों. गुंडरे

एम.बी.बी.एस., एम.डी.  
संचालक, विद्यार्थी कल्याण

Dr. Sandeep D. Gundre

M.B.B.S., M.D.

Director, Student's Welfare

मआवि/एसडब्ल्यू/एनएसएस/२१७१/२०१९

दि.१८/११/२०१९

प्रति,

मा. अधिष्ठाता/प्राचार्य,

डेक्कन एज्युकेशन सोसायटीचे

ब्रिजलाल जिंदाल भौतिकोपचार महाविद्यालय,

फर्ग्युसन महाविद्यालय आवार, एफ.सी.रोड,

शिवाजीनगर, पुणे - ४११ ००४

D. E. Society's	
Brijlal Jindal College	
of Physiotherapy, Pune	
Inward No.	213/19-20.
Date	25/11/2019
Sign	A. Dhale

Extrajigya

विषय : "स्वस्थ वारी" या अभियानात आपण सहभागी झाल्याबद्दल प्रमाणपत्र देणेबाबत...

महोदय/महोदया,

उपरोक्त विषयाच्या अनुषंगाने महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिकच्या वतीने "स्वस्थ वारी" या अभियानात / उपक्रमात रुग्णसेवेकरिता आपल्या महाविद्यालयातील विद्यार्थ्यांनी सहभागी होऊन आळंदी ते पंढरपुर या पालखी मार्गावर वारीतील रुग्णसेवेकरिता जे योगदान दिले त्याबद्दल विद्यापीठाच्या वतीने खालील स्वयंसेवकांस प्रमाणपत्र अदा करण्यात येत आहे.

सोबत जोडलेल्या यादीनुसार संबंधित विद्यार्थ्यांना प्रमाणपत्र देण्यात यावे, तसेच सदर विद्यार्थ्यांच्या स्वाक्षरीसह पोहच विद्यापीठास उलट टपाली पाठविण्यात यावी.

  
संचालक

विद्यार्थी कल्याण तथा  
रासेयो कार्यक्रम समन्वयक

सोबत : ०३ प्रमाणपत्र

अ.क्र.	विद्यार्थ्यांचे नाव	विद्यार्थ्यांची सही
०१	कुशल शहा	
०२	ऐश्वर्या ढगे	
०३	वर्षा काळे	

प्राचार्यांची सही व शिक्का



## Report for Seva Arogya Foundation

The college has provided physiotherapy services as follows through the Seva Arogya Foundation's Physiotherapy OPDs for the academic year 2019-20:

Sr. No.	Name of Posting	Frequency of visits	Students posted	Number of treatments
1	SAF PT OPDs	Every Friday	I M.P.T. - 3 II M.P.T. - 3	243

The services provided through these OPDs are as follows:

1. Assessment of patient reporting through SAF Medical OPDs.
2. Weekly once physiotherapy sessions for the individuals who have been assessed.

  
Abha Dhupkar,

Dept. of Community Physiotherapy

\*Additional: List of students posted.





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Pune . 4



**List of Students**

Sr. No.	Name	Year
1.	Mithila Pawar	II MPT
2.	Farheen Patel	II MPT
3.	Rashida Hamid	II MPT
4.	Shikha Vora	I MPT
5.	Shravani Sathe	I MPT
6.	Varsha Kale	I MPT

*abha*



*A. Dhale*

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D. E. Society's Brijlal Jindal  
College of Physiotherapy  
Pune . 4

DESBJ



## Activity Report

**Name of Activity:** Melghat outreach camp

**Name of Coordinator:** Snehal Joshi

**Department:** Community PT and Musculoskeletal PT

**Date:** 03.02.2020 to 09.02.2020

**Place:** Melghat

**Online / Offline:** Offline

**Outline of activity:** 4 MPTs were posted to a tribal village in Melghat region to disseminate information about physical health in the women present there. This was a collaborative activity between Maitri, a non-governmental organization and the college. The students received a rich exposure of working in the community.

**Participants:** 4 MPT students.







Shot on OnePlus  
By Varsha



Shot on OnePlus  
By Varsha

Report prepared by: Snehal Joshi

*Aadhale*

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College of Physiotherapy  
Pune . 4

