

**NATIONAL -INTERNATIONAL DAYS
CELEBRATED**

2018-19



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: International Yoga day 2018

Activity carried out: Different Yoga asanas performed

Name of Coordinator: Dr DipteeBhole

Department: Musculoskeletal Department

Date & Time: 9-10am

Online/Offline: Offline

Outline of Activity:

Objectives: 1. To raise awareness worldwide of the many benefits of practicing yoga.
2. Beneficial effects achieved through use of traditional yoga.

Outcome: Improvement in strength, flexibility & endurance

Participants: Teaching and non teaching staff of DES Brijlal Jindal College of Physiotherapy, Pune



A. Bhole
PRINCIPAL
D E. Society's Brijlal Jindal
College of Physiotherapy
Pune-4.



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: International Yoga day 2019

Activity carried out: Yoga sessions organized in different sub units of Deccan Education Society ,Pune

Name of Coordinator: DESBJCOP

Department: All departments.

Date & Time: 10-11 am

Online/Offline: Offline

Objectives: Toraise awareness worldwide of the many benefits of practicing yoga.

2.Beneficial effects achieved through use of traditional yoga.

Outcome:Improvement in strength,flexibility& endurance

Participants:Teaching and non teachingstaff of DES law college and junior College , Pune



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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Women's Day 2018

This year, we celebrated Women's Day by sensitising the female staff and students of various units of Deccan Education Society to the issues of dysmenorrhoea, urinary incontinence and perineal hygiene.

Staff and the Community Health postgraduate students gave Powerpoint presentations to disseminate information about these topics. The attendees were asked to practically perform the pelvic floor exercises in order to better appreciate their working.

Photographs:



Report prepared by: Abha Dhupkar

Abha



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D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: World heart day 2019 (29th September 2019)

Activity carried out: Health awareness and screening camp organized at DES New English School.

Name of Coordinator: Dr Rajani Pagare, Dr Shreya Dhake, Dr Aditi Soman, Dr Aditi Berry.

Department: Cardio- respiratory PT

Date & Time: 10 am to 3pm

Online/Offline: Offline

Outline of Activity:

Objectives: Awareness about different health issues related to cardiovascular health which can arise.

2. Screening of employees for comorbidities
3. Educating them about correct measures to be adopted to prevent cardiac issues.

Outcome: Physical activity assessment ,obesity assessment, stress assessment ,BP,PR,RR and Spo2

Participants: Teaching and non teaching staff of DES New English School, Pune



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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Women's Day 2019

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 08.03.2019

Place: Fergusson College Campus, Near BMCC Girls Hostel, Fergusson Main Building and Canteen.

Online / Offline: Offline

Outline of activity: Mild, moderate and high intensity aerobics were performed on 3 songs. (FITFEM Aerobics Flash Mob)

Participants/ Attendees: 6 PG students, 1 staff member of the Community PT dept. and interns.

Photographs:



Abha Dhupkar
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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Date: 08.03.2020

WOMEN'S DAY 2020

The postgraduate students of the Community Department organized a camp targeting women of the Deccan Education Society. This was to provide information about different schemes provided by the government to women. An assessment module was conducted in conjunction with this. Women from all strata participated in the camp. The different assessments included a test for balance, cardiovascular testing, and strength testing. The women also underwent pulmonary function tests. The camp was received well by the participants.

Sign of Coordinator

Sign of Principal
PRINCIPAL

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Camp Record

Name of camp: Breast feeding week

Date of camp: 1st August to 7th August 2018

Site of camp: 1. Seth Tarachand Ramnath Charitable Hospital, Rasta Peth
2. Sutika Seva Mandir, Laxmi Road
3. Family Planning Association of India – Outreach activity.

Participants in the camp: Rashida Hamid, Mithila Pawar, Farheen Patel, Abha Dhupkar.

Beneficiaries of the camp: Women in the pregnant and post delivery phases.

Number of beneficiaries: 70 to 80 women.

Materials used in the camp: Charts describing breastfeeding positions, benefits of breastfeeding to mother and child, engorgement and ways to tackle it

Camp details: The camp was an awareness building activity to promote appropriate methods of breastfeeding in the pregnant and post-delivery women. The women were given information about the ergonomic positions of breastfeeding. They were shown the methods of holding the baby for different conditions post-delivery. The importance of immediate breastfeeding after delivery was emphasised. Engorgement, its complications and ways to prevent it were explained and demonstrated. The women asked their queries, which were more about the methods of breast feeding, engorgement prevention and weaning of the baby.

Overall, the women appreciated the information provided.

Photographs of the camp:

Sutika Seva
Mandir, Laxmi road



Family Planning
Association of India

Seth Tarachand
Ramnath Charitable
Hospital, Rasta
Peth.



Report prepared by: Abha Dhupkar



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**NATIONAL -INTERNATIONAL DAYS
CELEBRATED
2020-21**



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: International Yoga day 2021

Activity carried out: Yoga sessions organized for staff and MPT students of Deccan Education Society's Brijlal Jindal college of Physiotherapy, Pune

Name of Coordinator: DESBJCOP

Department: Staff and MPT students

Date & Time: 3-4 pm

Online/Offline: Offline

Outline of Activity:

Objectives: To make aware all the individuals about importance of yoga during covid period.

Can be performed easily at home without use of any equipment

Outcome: Effectiveness of yoga to improve strength, flexibility and immunity

Participants: Teaching Staff and MPT students



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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Women's Day 2021

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 08.03.2021

Place: DESBJCOP

Online / Offline: Online live event

Outline of activity: Women's Day was celebrated by giving a live talk on perineal hygiene, post-menopausal changes in women, use of physiotherapy in women's health.

- a) **Objective:** highlight health-related concerns of women.
- b) **Participants/ Attendees:** 6 PG students and 1 staff member of the Community PT dept. attended live; 5 ladies attended online.
- c) **Outcomes:**

Photographs:-



Abha



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**NATIONAL-INTERNATIONAL DAYS
CELEBRATED
2021-22**



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: International Yoga day 2022

Activity carried out: Yoga sessions organized for 1st and 2nd year students of Deccan Education Society's Brijlal Jindal college of Physiotherapy, Pune

Name of Coordinator: Abha Dhupkar and Shreya Dhake

Department: Cardiorespiratory

Date & Time: 9-10 am

Online/Offline: Offline

Objectives: To make all students aware about importance of yoga and it can be used to improve flexibility of body and concentration in studies

Can be performed easily at home without use of any equipment

Outcome: Effectiveness of yoga to improve strength, flexibility and immunity

Participants: 1st and 2nd BPTH students





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D.E. Society's Brijal Jindal College of Physiotherapy
Organizes
Talk on

International Yoga day
By

On 21st June 2022

Attendance

Sr. No	Student's Name	Signature	Sr. No	Student's Name	Signature
1.	Tanmayee Bhand	Tanmayee	38	Sankha Suryawanshi	Sankha
2.	Sai Neerigaonkar	Sai			
3.	Gauri Bhande	Gauri			
4.	Poojita Kharshe	Poojita			
5.	Amanya Gade	Amanya			
6.	Isha Chopal	Isha			
7.	Aditi Kulkarni	Aditi			
8.	Sanika Deshmukh	Sanika			
9.	Paridhi Talan	Paridhi			
10.	Anjana Venkatgiri	Anjana			
11.	Athana Kulkarni	AK.			
12.	Bhargav Pahl	BP.			
13.	Adarshit Bhurke	AB			
14.	Archika Shinde	AS.			
15.	Nupur Tendulkar	Nupur			
16.	Mugdha Joshi	Mugdha			
17.	Tanika U	Tanika			
18.	Aarti Telang	Aarti			
19.	Mohini Kogale	Mohini			
20.	Nikita J	Nikita J			
21.	Veeshwanari S.	Veeshwanari S.			
22.	Statikdri	Statikdri			
23.	Mitali N	Mitali			
24.	Nidhi B	Nidhi			
25.	Poojanima S	P.S.			
26.	Samir P.	SP			
27.	Shriya H.	SA			
28.	Megha K.	Megha			
29.	Sansukhi	Sansukhi			
30.	Anisla	Anisla			
31.	meghita	Meghita			
32.	Zainab M	Zainab			

34 Sara Malthare ~~Sara~~

35 Ananti Taxe ~~Ananti~~

Signature of Guest Speaker

~~Shak~~
Signature of coordinator



D.E.SOCIETY'S BRIJLAL JINDAL COLLEGE OF PYSIOTHERAPY,PUNE

Name of Activity: Visit to a book exhibition was held at Bai Jerbai Wadia Library, Fergusson College on the occasion of 'World Book Day' on 23rd April 2022

Name of co-ordinator: Mrs. Deepa Bagde, Asst. librarian

Department: Library

Date/Time: 23rd April,2022; 11.30-12.30pm

Place: Bai Jerbai Wadia Library, Fergusson College Campus

Online/offline: Offline

Outline of activity:

Objectives:

1. World Book and Copyright Day is celebrated every year on 23rd April with the main objective of promoting reading habits among students and honoring authors and book from around the world.
2. On this day, students could see the old and famous library like Bai Jerbai Wadia.

Outcome:

Students understood the importance of books and reading books as they could see old and new books on many subjects in the library. Students showed interest in reading books.

Participants: 2nd year students, attendance copy attached



Pune, Maharashtra, India
GRFQ+FJ6, Shivajinagar, Pune, Maharashtra 411004, India
Lat 18.523661°
Long 73.839082°
23/04/22 12:09 PM

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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Women's Day 2022

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 08.03.2022

Place: Pune

Online / Offline: Online

Outline of activity: The postgraduate students created a video highlighting the need for women to be independent and self-reliant in a variety of situations.

a) Objective:

- a. To celebrate Women's Day on the 8th of March 2022.
- b. To empower women and encourage them to become self-reliant.

b) Participants/ Attendees:

- a. Participants: Postgraduate students of all streams.
- b. Attendees: Online viewers of the DESBJCOP YouTube channel.

c) Outcomes:

- a. The students brainstormed for different situations where women can be self-reliant.
- b. The whole video was made by the postgraduate students.
- c. The video was uploaded to the college's YouTube channel on the following link: <https://www.youtube.com/watch?v=ILQOK31ZsnM>



Photograph of the activity:



Coordinator's signature:

A handwritten signature in black ink, appearing to be "Abha".

A handwritten signature in black ink, appearing to be "Jyoti".

Principal,
D.E. Society's
Brijlal Jindal College of Physiotherapy, Pune



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Name of Activity: World Heart Day 2022

Name of co-ordinator: Dr. Aditi Soman(PT), Dr. Aditi Berry(PT)

Department: Cardiovascular and Respiratory Physiotherapy

Date/Time: 26TH SEPTEMBER TO 29TH SEPTEMBER 2022, 2-.30pm

Place: DESBJCOP, Pune

Online/offline: Offline

Outline of activity:

Objectives:

To create awareness about healthy heart habits with various activities like suryanamaskar challenge, plank challenge, healthy food cooking competition, poster making competition, lecture on importance of exercises to prevent CV disease for nursing students and group aerobic exercise session. It was arranged for 4 days as a form of competition where all UG Aand PG students of DESBJCOP participated with full zest.

Outcome:


Poster making competition and its exhibition for entire DES students, healthy cooking competition, group aerobic exercise session for students and faculty of DESBJCOP and other institutes of DES helped in creating awareness about healthy heart habits in all.

Lecture for 1st year B.Sc Nursing students on 'exercise for all' helped budding nurses to understand importance of exercises to avoid CVD.

Participants: suryanamaskar challenge 32, cooking competition 29 participants, plank 23 participants in all, poster making 13 entries, group aerobic session 100 participants

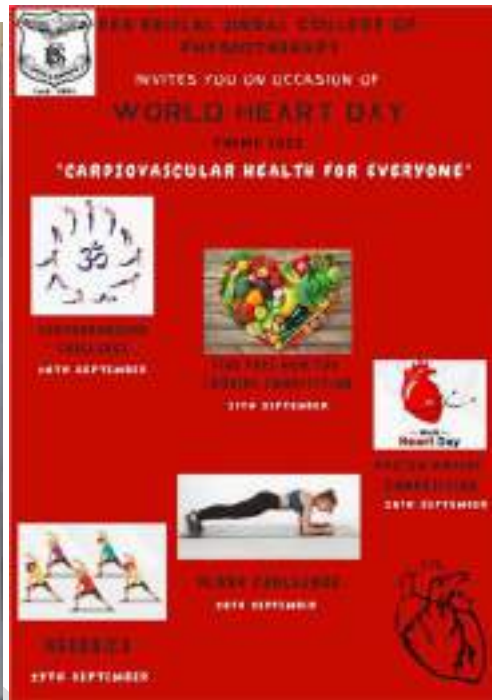
Photographs attached. Attendance of students and participants of camp attached.




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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



Day 4: Aerobics for all



Day 1: Suryanamaskar for all



Pune, Maharashtra, India
GRGR+P28, Chaturshringi Rd, Shivajinagar, Pune,
Maharashtra 411004, India
Lat 18.526735°
Long 73.839922°
26/09/22 04:27 PM GMT +05:30



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Day 2: Prevention is better than cure Poster making Competition and exhibition, Healthy fire less recipe competition

**DES BRIJLAL JINDAL COLLEGE OF
PHYSIOTHERAPY**

On occasion of

WORLD HEART DAY

Presents

ROAR YOUR CORE

#PlankChallenge




DATE - 18th SEPTEMBER
VENUE - PHYSIOLOGY LAB
TIME - 3 pm to 4 pm
COLOUR CODE - ROYAL BLUE





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DES BRIJLAL JINDAL COLLEGE OF
PHYSIOTHERAPY

On occasion of


World Heart Day

Presents



EAT SMART FOR HEART


DATE - 27th SEPTEMBER 2022
VENUE - PHYSIOLOGY LAB
TIME - 3pm to 4pm
COLOUR CODE - YELLOW



DES Brijlal Jindal College of
Physiotherapy

On occasion of

WORLD HEART DAY




ROCK ON BEATS FOR BETTER HEART BEATS

Let's nacho for fitness with fun



DATE - 20th SEPTEMBER
VENUE - OPEN AMPHITHEATER
TIME - 3.30pm to 4.30pm
COLOUR CODE - RED




DES BRIJLAL JINDAL COLLEGE OF
PHYSIOTHERAPY

ON OCCASION OF

WORLD HEART DAY

Presents



SURYANAMASKAR CHALLENGE

DATE - 26th SEPTEMBER 2022
VENUE - PHYSIOLOGY LAB
TIME - 3 pm to 4 pm
COLOUR CODE - WHITE



DES BRIJLAL JINDAL COLLEGE OF
PHYSIOTHERAPY


On occasion

WORLD HEART DAY

Presents

THE HE'ART' DAY

#Postermakingcompetition



DATE - 28th SEPTEMBER 2022
VENUE- PHYSIOLOGY LAB
TIME - 3pm to 4pm
COLOUR CODE - ROYAL BLUE



Name of Activity: - **ALL THAT ACHES AND PAINS: LET'S TALK ABOUT ARTHRITIS**; on the occasion of **WORLD ARTHRITIS DAY**

Name of Resource person: **Dr. Vaijayanti Lagu-Joshi** (M.D. Medicine, Consultant Rheumatologist at Deenanath Mangeshkar Hospital, Pune)

Name of Coordinator: Diptee Bhole; Namrata Sidhaye

Department: Musculoskeletal Physiotherapy

Date: 12/10/21

Place: Physiology Lab, Ground Floor, DESBJCOP

Online / Offline: Online: Microsoft Teams; 6pm-7pm

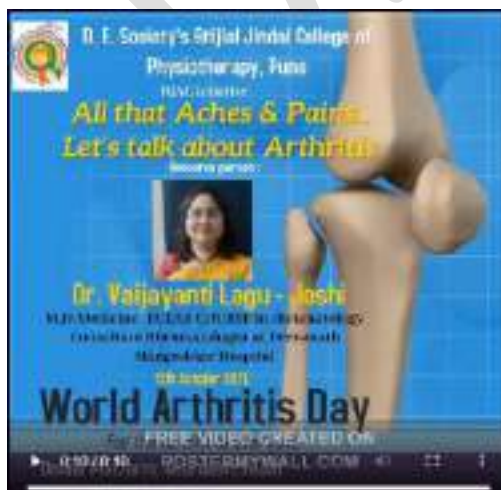
Outline of activity:

- a) Objective: Discuss certain facts and myths related to Arthritis. Overview of the types and management of arthritis.
- b) Participants/ Attendees: The session was open for all people in the community
- c) Outcomes: Better awareness and understanding about the condition

Signature of resource person:

Coordinator's signature: - 

Lecture Recording available




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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune
Activity Report

Name of Activity: International Older Persons' Day 2021

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 01.10.2021

Place: Pune

Online / Offline: Online

Outline of activity: Programme filled with fun and games for the elderly:

1. Singing of devotional songs
2. Antakshari
3. Use the word antakshari
4. Short video of older persons' life experiences.
5. Distribution of handmade cards to the participants.

a) Objective:

- a. To celebrate International Older Person's Day on the 1st of October 2021.
- b. To facilitate the postgraduate students in developing, coordinating and conducting different programmes.

b) Participants/ Attendees: Residents of Sahajivan Narayan Peth, Sahajivan Bhugaon, MadhurBhav Wakad, and clients of Rainbow Day Care Centre, Paud Road.



c) Outcomes:

- a. The elder persons like the different activities that they performed. They enjoyed interacting with people in the same facility as well as from other facilities. They were enthusiastic in their participation and quite competitive.
- b. The PGs needed some facilitation to understand the nature of the programme. Once they knew their own expectations from the programme, they came up with different games and activities for the senior citizens. The PGs also coordinated amongst each other to create the necessary forms, arrange the required material, and conduct the programme at the different venues as well as facilitate amongst the venues.

Photographs:-





Attendance along with participant's/coordinator's signature:

- Separate sheet may be attached

@Bha



Principals

Principal,
D.E. Society's
Brijal Jindal College of Physiotherapy, Pune

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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Menstrual Hygiene Awareness for Women's Day 2022

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 08.03.2022

Place: Pune

Online / Offline: Offline

Outline of activity: Information provided to the girls of the 5th standard of Ahilyadevi High School about menstruation, different menstrual hygiene products, gynaecological visits.

a) Objective:

- a. To celebrate Women's Day on the 8th of March 2022.
- b. To provide information regarding menstruation to the 5th standard students.

b) Participants/ Attendees:

- a. Participants: Rujuta Bhave, Shreeya Athavale, Abha Dhupkar.
- b. Attendees: Students of the 5th standard at Ahilyadevi Girls High School.

c) Outcomes:

- a. The girls received information about menstruation, with many of their doubts regarding this phase of menarche being solved.
- b. The interns, Shreeya and Rujuta, took the initiative and prepared the whole information module, with excellent results.
- c. The school authorities appreciated the session.

Coordinator's signature:



Principal,
D.E. Society's
Brijlal Jindal College of Physiotherapy, Pune



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: -World CP Day Celebration

Name of Coordinator: Dr Atiya Shaikh(PT)

Department: -Neuro

Date:-6/10/21

Place:-College OPD

Online / Offline:-offline

Outline of activity:-

- a) Objective-Free CP patient assessment,treatment, ergonomic advice for care givers
- b) Participants/ Attendees-5 patients ,3 MPT students
- c) Outcomes- Free CP patient assessment,treatment, ergonomic advice for care givers was given

Photographs:-





Attendance along with

participant's/coordinator's signature: - Separate sheet may be attached

Patients-1. Piyush Dongre

2.Rajveer Salunkhe

3.vedika Koluskar

4.Urvi

5.Shivansh

Caregivers-1.Mrs. Dongre

2.Mrs.Salunkhe


3.Mrs Koluskar

MPT Students-1.Nimesh Gupta

2.Sejal

3.Arjun Mandgut




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DES's Brijlal Jindal college of Physiotherapy

Name of Activity: -world physiotherapy week

Resource person: Uma Paranjape

Name of Coordinator: Snehal Joshi

Department: -IQAC

Date:-7.9.2021

Place:- D.E.Society's Brijlal Jindal College of Physiotherapy ,Pune

Online / Offline:-offline

Outline of activity:-

- a) **Objective-1.**Students should be aware about professional practice, ethics administration while stepping out as professionals
- b) **Participants/ Attendees** – IV B.P.Th. students
- c) **Outcomes-1.** enrichment of knowledge through speaker's professional experiences
2.students had an additional knowledge about professional skills




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- (1) Vinita Bagul
- (2) Mahi Bhandarkar
- (3) Rujuta Bhave
- (4) Nidhi Chikhal
- (5) Neha Deshmukh
- (6) Bhargawi Dhokane
- (7) Harshita Dhuve
- (8) Taruna Gombhir
- (9) Ranjeet Ghotge
- (10) Akshay Gujar
- (11) Sanyukta Jagtap
- (12) Neha Kelkar
- (13) Neha Kulkarni
- (14) Shivani Mhaskar
- (15) Rhutuja More
- (16) Abhoy Noyak
- (17) Isaac Salve
- (18) Tonika Sane
- (19) Antara Shah
- (20) Aashika Shah,
- (21)
- (22)
- (23)

Name

7th Sep 21 - Lecture by Pr. Uma Paingape Madam.

IIIrd Year - attendance.

Signature

1) Tonvi Rohul Sutte.

T. R. Sutte

2) Gayatri Joshi

Joshi

3) Shrinu Kunte

4) Isha Sattu

Sattu

5) Megh Thakar

6) Swarangee Sattu

Sattu

7) Rashmi Kaveri

Kaveri

8) Kashish Jain

Jain
Rikhandawala

9) ~~Rushabh Khandawala~~
Rushabh Khandawala

10) Mrunmayee Kalle

Mrunmayee

11) Pooja Jadhav

Jadhav

12) Vedika Rege

Rege

13) Siddhi Bania

Bania

14) Srushti M. Solapurkar

Solapurkar



DES's Brijlal Jindal college of Physiotherapy

Name of Activity: -Confidence building and motivation (world physiotherapy day)

Resource person: Dr.Pallavi Aalap Deshpande(PT)

Name of Coordinator: Snehal Joshi

Department: -IQAC

Date:-8.9.2021

Place:- D.E.Society's Brijlal Jindal College of Physiotherapy ,Pune

Online / Offline:-online

Outline of activity:-

- a) **Objective-1.**Students will learn about various keys of confidence and will be motivated in professional and personal life
- b) **Participants/ Attendees** – all UG & PG students
- c) **Outcomes-1.**Students found the lecture to be inspiring and can bring a change in approach towards their life.





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Meeting Summary

Total Number of Participants: 143
Meeting Title: World Physiotherapy Day
Meeting Start Time: 9/8/2021, 1:39:52 PM
Meeting End Time: 9/8/2021, 3:40:27 PM
Meeting Id: eb85ab00-46ae-403e-8159-febd7be0ced2

Full Name	Join Time	Leave Time	Duration
Dr. Snehal Joshi (P)	9/8/2021, 1:39:52	9/8/2021, 1:51:23	11m 23s
Dr. Shreya Dhake (P)	9/8/2021, 1:42:43	9/8/2021, 1:53:54	11m 21s
Falguni Deshpande	9/8/2021, 1:45:35	9/8/2021, 1:52:12	7s
Akshata Mane (Student)	9/8/2021, 1:49:17	9/8/2021, 1:59:28	11m 11s
Prachi Bagul (Student)	9/8/2021, 1:51:18	9/8/2021, 1:59:30	11m 12s
Mugdha Modak (Student)	9/8/2021, 1:51:30	9/8/2021, 1:59:42	11m 12s
Dr. Atiya Shaikh (P)	9/8/2021, 1:53:11	9/8/2021, 2:04:22	11m 58s
Dr. Atiya Shaikh (P)	9/8/2021, 2:16:51	9/8/2021, 2:26:47	9m 46s
Shirin Kunte (Student)	9/8/2021, 1:53:39	9/8/2021, 2:04:50	11m 9s
Shirin Kunte (Student)	9/8/2021, 2:45:16	9/8/2021, 2:56:41	11m 45s
Mrunmayee Katte	9/8/2021, 1:56:23	9/8/2021, 1:59:30	11m 7s
Purva Rasane (Student)	9/8/2021, 1:56:26	9/8/2021, 1:59:33	11m 7s
Sharayu Raybole (Student)	9/8/2021, 1:56:46	9/8/2021, 1:59:53	11m 7s
Purva Bendre (Student)	9/8/2021, 1:56:48	9/8/2021, 1:59:54	11m 6s
Janhavi Manjrekar	9/8/2021, 1:56:59	9/8/2021, 1:59:56	11m 7s
NIMESH GUPTA	9/8/2021, 1:57:22	9/8/2021, 1:59:28	11m 6s
Priyanka Paliwal (Student)	9/8/2021, 1:57:47	9/8/2021, 1:59:53	11m 5s
Ashwini O Kamble	9/8/2021, 1:57:55	9/8/2021, 1:59:50	11m 5s
SHRINIDHI KULKAR	9/8/2021, 1:58:16	9/8/2021, 1:59:51	11m 5s
Shubham Navathe	9/8/2021, 1:58:27	9/8/2021, 1:59:52	11m 5s
Dr. Rajani Pagare (Instructor)	9/8/2021, 1:58:58	9/8/2021, 1:59:53	11m 5s
ASHWINI NAGARGI	9/8/2021, 1:58:59	9/8/2021, 1:59:54	11m 5s
ASHWINI NAGARGI	9/8/2021, 3:07:39	9/8/2021, 3:19:16	11m 47s
Siddhi Desai (Student)	9/8/2021, 1:59:05	9/8/2021, 1:59:50	11m 5s
Rohini Bhaskar Khurde	9/8/2021, 1:59:09	9/8/2021, 1:59:54	11m 4m
Swarangee Sathe (Instructor)	9/8/2021, 1:59:23	9/8/2021, 1:59:54	11m 4m
Komal Valesha (Guest)	9/8/2021, 1:59:25	9/8/2021, 1:59:56	11m 7m
Reyansh Kasliwal	9/8/2021, 1:59:27	9/8/2021, 1:59:58	11m 4m
Kartiki Bhilare (Student)	9/8/2021, 1:59:41	9/8/2021, 2:04:36	11m 51s
Kartiki Bhilare (Student)	9/8/2021, 2:47:40	9/8/2021, 2:53:14	11m 34s
Krishna Vishvas Konde	9/8/2021, 1:59:50	9/8/2021, 2:01:15	11m 15s
Krishna Vishvas Konde	9/8/2021, 2:10:50	9/8/2021, 2:11:51	10m 41s
Krishna Vishvas Konde	9/8/2021, 2:25:19	9/8/2021, 2:26:19	10m 20s
Krishna Vishvas Konde	9/8/2021, 2:38:02	9/8/2021, 2:39:01	9m 9s
Krishna Vishvas Konde	9/8/2021, 2:58:04	9/8/2021, 2:58:52	48s
Krishna Vishvas Konde	9/8/2021, 3:21:16	9/8/2021, 3:21:53	7s
Megh Thakar	9/8/2021, 2:00:12	9/8/2021, 2:01:15	11m 3m
Kalyani Rathi (Student)	9/8/2021, 2:00:18	9/8/2021, 2:01:24	46m 3s
Amruta Bajantri (Student)	9/8/2021, 2:00:51	9/8/2021, 2:01:24	11m 3m
Riddhi Chavan (Student)	9/8/2021, 2:00:53	9/8/2021, 2:01:15	11m 2m
Sheetal Bobade (Student)	9/8/2021, 2:01:03	9/8/2021, 2:01:15	11m 2m
Siddhi Dhumal (Student)	9/8/2021, 2:01:06	9/8/2021, 2:01:18	11m 2m

Isha Sathe (Studen 9/8/2021, 2:01:16 9/8/2021, :1h 4m
Rutika Khadgave (S 9/8/2021, 2:01:24 9/8/2021, :45m 59s
Dr. Aditi Soman (P 9/8/2021, 2:01:24 9/8/2021, :43m 15s
Amita Kulkarni (Stu 9/8/2021, 2:01:31 9/8/2021, :29m 54s
AKSHAY SALVE 9/8/2021, 2:01:42 9/8/2021, :1h 3m
Arya Kunte (Stude 9/8/2021, 2:01:55 9/8/2021, :1h 1m
Abha Dhupkar 9/8/2021, 2:02:18 9/8/2021, :1h 2m
VIDHI KALYANI 9/8/2021, 2:02:27 9/8/2021, :38m 34s
Samruddhi Sheetal 9/8/2021, 2:02:35 9/8/2021, :15m 39s
Aarya Gune (Stude 9/8/2021, 2:02:50 9/8/2021, :8s
Aarya Gune (Stude 9/8/2021, 2:12:34 9/8/2021, :51m 10s
Rujula Jadhav (Stuc 9/8/2021, 2:03:01 9/8/2021, :1h
Vaidehi Watwe (St 9/8/2021, 2:03:29 9/8/2021, :1h
Dr. Aditi Berry (PT) 9/8/2021, 2:03:29 9/8/2021, :29m 25s
Dr. Aditi Berry (PT) 9/8/2021, 2:34:46 9/8/2021, :29m 33s
Shantanu Dharkari 9/8/2021, 2:03:30 9/8/2021, :1h 30m
Dr. Apoorva Likhite 9/8/2021, 2:03:31 9/8/2021, :1h
JINAL KOTHARI 9/8/2021, 2:03:33 9/8/2021, :7m 25s
JINAL KOTHARI 9/8/2021, 2:13:54 9/8/2021, :1h 9m
Vaishnavi Karde (St 9/8/2021, 2:03:41 9/8/2021, :24m 49s
Apoorva Sanjay Oz 9/8/2021, 2:03:59 9/8/2021, :1m 22s
SEJAL CHHAJED 9/8/2021, 2:04:03 9/8/2021, :59m 50s
Bijal Pasad (Studen 9/8/2021, 2:04:23 9/8/2021, :1h 1m
Sanvika Phule (Stuc 9/8/2021, 2:04:25 9/8/2021, :1h 6m
Sanvika Phule (Stu 9/8/2021, 3:12:29 9/8/2021, :4s
Rushabh Khandaw: 9/8/2021, 2:04:42 9/8/2021, :1m 57s
Rushabh Khandaw: 9/8/2021, 2:22:46 9/8/2021, :3m 27s
Shreya Mane (Stud 9/8/2021, 2:04:43 9/8/2021, :59m 1s
Sakshi Kaulgud (Stu 9/8/2021, 2:04:58 9/8/2021, :58m 39s
MEENAL CHAVAN 9/8/2021, 2:05:12 9/8/2021, :58m 38s
Sanchi Taksande (S 9/8/2021, 2:05:22 9/8/2021, :1h 24m
Sakshi Dhanapune 9/8/2021, 2:05:37 9/8/2021, :58m 23s
Shriprabha Thube (9/8/2021, 2:05:37 9/8/2021, :58m 11s
Dr. Diptee Bhole (P 9/8/2021, 2:05:38 9/8/2021, :58m 42s
Vaishnavi Kotkar (S 9/8/2021, 2:05:39 9/8/2021, :58m 6s
Manasi Bagul (Stuc 9/8/2021, 2:06:04 9/8/2021, :58m 33s
Aabha Bobade (Stu 9/8/2021, 2:06:05 9/8/2021, :47m 10s
JUILEE KHADKE 9/8/2021, 2:06:10 9/8/2021, :57m 32s
Alisha Sundesha (S 9/8/2021, 2:06:23 9/8/2021, :57m 44s
Venkatesh Mane (S 9/8/2021, 2:06:25 9/8/2021, :57m 49s
Apurva Jadhav (Stu 9/8/2021, 2:06:27 9/8/2021, :59m 45s
SHREEYA SAWARE 9/8/2021, 2:06:28 9/8/2021, :57m 42s
Kanchan Rathod (S 9/8/2021, 2:06:34 9/8/2021, :32m 48s
Kanchan Rathod (S 9/8/2021, 2:48:26 9/8/2021, :10m 1s
Yogita Dhoot (Stud 9/8/2021, 2:06:36 9/8/2021, :43m 38s
Yash Chaudhari (St 9/8/2021, 2:06:45 9/8/2021, :57m 5s
Rhea Deshpande (S 9/8/2021, 2:06:58 9/8/2021, :32m 46s
Rhea Deshpande (S 9/8/2021, 2:42:22 9/8/2021, :3m 42s
Arjun Mhadgut (St 9/8/2021, 2:07:10 9/8/2021, :1h
Shalmali Patil (Stuc 9/8/2021, 2:07:21 9/8/2021, :57m 6s

Rhutuja Avinash M 9/8/2021, 2:07:34 9/8/2021, :1h 29m
Akash Namade (Stu 9/8/2021, 2:07:38 9/8/2021, :1h 14m
Kashish Jain (Stude 9/8/2021, 2:07:52 9/8/2021, :56m 10s
Mahi Milind Bhand 9/8/2021, 2:07:58 9/8/2021, :56m 6s
Kashish Jaiswal (Stu 9/8/2021, 2:08:07 9/8/2021, :56m 4s
KRUTTIKA ZALA 9/8/2021, 2:08:10 9/8/2021, :57m 34s
Priya Pandhi (Stude 9/8/2021, 2:08:11 9/8/2021, :14s
Priya Pandhi (Stude 9/8/2021, 2:26:13 9/8/2021, :1h 11m
PRANALI JAYPURKA 9/8/2021, 2:08:20 9/8/2021, :55m 50s
Dr. Namrata Sidha 9/8/2021, 2:08:30 9/8/2021, :14m 10s
Dr. Namrata Sidha 9/8/2021, 2:27:13 9/8/2021, :4m 18s
Tanvi Satte (Stude 9/8/2021, 2:08:34 9/8/2021, :55m 12s
Sae Siddheshwar 9/8/2021, 2:08:38 9/8/2021, :48m 44s
Sae Siddheshwar 9/8/2021, 2:58:36 9/8/2021, :1m 31s
Neha Moreshwar k 9/8/2021, 2:09:11 9/8/2021, :54m 40s
Pradyot Gokhale (S 9/8/2021, 2:09:16 9/8/2021, :54m 54s
Arzoo Shikalgar (St 9/8/2021, 2:09:16 9/8/2021, :54m 47s
Muktai Deshpande 9/8/2021, 2:09:42 9/8/2021, :23m 55s
Muktai Deshpande 9/8/2021, 2:37:58 9/8/2021, :28m 14s
Ishani Kulkarni (Stu 9/8/2021, 2:09:46 9/8/2021, :54m 1s
Rashmi Pradeep Th 9/8/2021, 2:09:59 9/8/2021, :20m 16s
vaishnavi paturde 9/8/2021, 2:11:05 9/8/2021, :22m 16s
Harshita Ajay Dhru 9/8/2021, 2:11:54 9/8/2021, :52m 2s
Pooja Patel (Stude 9/8/2021, 2:12:50 9/8/2021, :2m 17s
Sejal Mehta (Stude 9/8/2021, 2:12:53 9/8/2021, :51m 22s
Isha Galgali (Stude 9/8/2021, 2:13:47 9/8/2021, :3m 31s
Isha Galgali (Stude 9/8/2021, 2:19:54 9/8/2021, :51m 18s
Maitreyee Korde (S 9/8/2021, 2:14:56 9/8/2021, :48m 48s
PRAJAKTA BIDKAR 9/8/2021, 2:17:45 9/8/2021, :46m 20s
Yuga Kulkarni (Stuc 9/8/2021, 2:18:21 9/8/2021, :14m 31s
Rachana Banavadil 9/8/2021, 2:18:34 9/8/2021, :3m 2s
Priyanka Patil (Stuc 9/8/2021, 2:18:47 9/8/2021, :46m 17s
Het Gohil (Student 9/8/2021, 2:19:13 9/8/2021, :30m
Het Gohil (Student 9/8/2021, 3:04:40 9/8/2021, :23s
Devashree Kulkarn 9/8/2021, 2:19:27 9/8/2021, :34m 23s
Girija Paithankar (S 9/8/2021, 2:19:39 9/8/2021, :44m 10s
Kareena Kundnani 9/8/2021, 2:19:51 9/8/2021, :34m 22s
Shruti Ujagare (Stu 9/8/2021, 2:19:52 9/8/2021, :1m 53s
Charnelle Gomes (S 9/8/2021, 2:19:53 9/8/2021, :43m 51s
Rajas Nimje (Stude 9/8/2021, 2:20:03 9/8/2021, :29s
Gayatri Joshi (Stud 9/8/2021, 2:20:04 9/8/2021, :44m 8s
Swaranjali Patil (St 9/8/2021, 2:20:13 9/8/2021, :13m 14s
Saisha Patil (Stude 9/8/2021, 2:20:16 9/8/2021, :43m 40s
Kshitija Deshpande 9/8/2021, 2:20:53 9/8/2021, :5m 34s
Sanyukta Dattatray 9/8/2021, 2:20:57 9/8/2021, :3m 48s
Riya Phatak (Stude 9/8/2021, 2:21:39 9/8/2021, :41m 42s
Sanika Wagh (Stud 9/8/2021, 2:21:43 9/8/2021, :1m 17s
Sanika Wagh (Stud 9/8/2021, 2:34:33 9/8/2021, :31m 57s
Pooja Hudu (Stude 9/8/2021, 2:22:10 9/8/2021, :38m 13s
bhargawi dhoman 9/8/2021, 2:22:44 9/8/2021, :41m 30s

Rajat Ogale (Stude 9/8/2021, 2:23:42 9/8/2021, :38m 32s
Vibhuti Kasliwal (St 9/8/2021, 2:23:50 9/8/2021, :5m 39s
Shrushti Solapurka 9/8/2021, 2:24:41 9/8/2021, :39m 33s
Shraddha Jagade (S 9/8/2021, 2:25:47 9/8/2021, :37m 50s
Hitakshi Jaipuria (S 9/8/2021, 2:27:49 9/8/2021, :5m 42s
Vasanti Khare (Stu 9/8/2021, 2:28:12 9/8/2021, :14m 21s
Spruha Talikoti (Stu 9/8/2021, 2:29:37 9/8/2021, :36m 7s
Ashutosh Somwan: 9/8/2021, 2:29:51 9/8/2021, :1m 12s
Ashutosh Somwan: 9/8/2021, 2:51:09 9/8/2021, :1m 44s
Anirudha Brahman 9/8/2021, 2:29:52 9/8/2021, :8m 5s
Neha Jadhav (Stud: 9/8/2021, 2:29:53 9/8/2021, :5m 28s
Neha Jadhav (Stud: 9/8/2021, 2:39:43 9/8/2021, :24m 26s
PRACHI SATHE 9/8/2021, 2:30:57 9/8/2021, :14m 3s
Prathamesh Badjat 9/8/2021, 2:31:35 9/8/2021, :9m 41s
Prathamesh Badjat 9/8/2021, 3:37:43 9/8/2021, :18s
Neha Ramdas Wag 9/8/2021, 2:31:49 9/8/2021, :26s
Mrunalini Gogate (9/8/2021, 2:32:34 9/8/2021, :52s
Shreya Jayagond (S 9/8/2021, 2:33:08 9/8/2021, :30m 41s
Dr. Rutuja Kowale 9/8/2021, 2:33:36 9/8/2021, :30m 49s
Pooja Darshan Pati 9/8/2021, 2:37:21 9/8/2021, :27m 10s
Drishti Hotwani (St 9/8/2021, 2:39:14 9/8/2021, :1m 5s
Drishti Hotwani (St 9/8/2021, 3:05:40 9/8/2021, :3m 46s
Siddhi Baria (Stude 9/8/2021, 2:40:58 9/8/2021, :31m 24s
aditi soman (Guest 9/8/2021, 2:44:25 9/8/2021, :19m 44s
Aatsha Tilekar (Stu 9/8/2021, 2:44:47 9/8/2021, :1m 11s
Sara Kulkarni (Stud 9/8/2021, 3:01:29 9/8/2021, :4m 39s
Omkar Bargaje (Stu 9/8/2021, 3:02:28 9/8/2021, :6s
Vijaya Asole (Stude 9/8/2021, 3:36:59 9/8/2021, :7s



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Breast-feeding Week 2021

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 01.08.2021 to 08.08.2021

Place: Seth Tarachand Ramnath Hospital and Seva Sutika Mandir.

Online / Offline: Offline event

Outline of activity: The breast-feeding week is observed to promote the practice of breast-feeding by new mothers.

2 PG students, Juilee Khadke and Komal Valesha, created charts with information on the benefits of feeding breast milk to babies and gave that information to the ladies admitted to the postnatal wards of two affiliated hospitals: Seth Tarachand Ramnath Charitable Hospital and Seva Sutika Mandir.

- a) **Objective:** highlight importance of breast-feeding for new mothers.
- b) **Participants/ Attendees:** 25-30 ladies of the post-natal wards of 2 affiliated hospitals.
- c) **Outcomes:** The ladies appreciated the information provided.

Report prepared by: Abha Dhupkar



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**NATIONAL -INTERNATIONAL DAYS
CELEBRATED
2022-23**

Name of Activity: -Yoga Day 2023

Department: - Community

Date:-21/06/2023

Place:-SOFOSH, DESBJCOP OPD, Physiology Lab

Online / Offline:- Offline

Outline of activity:- On occasion of Yoga Day, Students demonstrated different Yogasanas and postures to orphan children from SOFOSH Srivatsa and their caregivers. Also, the session was conducted for college's UG students and OPD patients under the guidance of teaching staff

Objective-

1. To demonstrate various asanas
 2. To explain its importance to people from all age groups
 3. To help them understand its implication and advantages
- a) **Participants/ Attendees-** III BPTH students, Children from SOFOSH and their caregivers, OPD patients

b) **Photographs**







D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: WORLD TUBERCULOSIS DAY 2023

Name of Coordinator: Dr Shreya Dhake (PT)

Department: Cardiovascular & respiratory PT

Date & Time: 24th March 2023

Online/Offline: Offline

Outline of Activity:

Objectives: 1. Raise awareness about the global impact of TB: TB is one of the major reason of death worldwide, and World TB Day serves as an opportunity to highlight the disease's impact on individuals, families, and communities.

2. Educate people about the causes, symptoms, and prevention of TB.

3. To make people aware about complete cure available for tuberculosis & prevent social stigma associated with it.

Participants: I BPTTh & II BPTTh students





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D.E. Society's Brijlal Jindal College of Physiotherapy
Organizes
~~Talk on~~

By
World Tuberculosis day - Rally
On 24-3-2023

Attendance

Sr. No	Student's Name	Signature	Sr. No	Student's Name	Signature
1.	Sameeroddhi	<u>Sameeroddhi</u>	33.	Saakha Sanyasani	<u>Saakha</u>
2.	Harshita	<u>Harshita</u>	34.	Pranjol. K.	<u>PB</u>
3.	Tristia	<u>Tristia</u>	35.	Shruti P.	<u>Shruti</u>
4.	Megha	<u>Megha</u>	36.	Ambika G.	<u>Ambika</u>
5.	Yugeshwari J	<u>Yugeshwari</u>			
6.	Mohini. K	<u>Mohini</u>			
7.	Nipita J	<u>Nipita</u>			
8.	Aashi T	<u>Aashi</u>			
9.	Mugdha	<u>Mugdha</u>			
10.	Tanuja U.	<u>Tanuja</u>			
11.	Nupur. P	<u>Nupur</u>			
12.	Nitali. N	<u>Nitali</u>			
13.	Nidhi B	<u>Nidhi</u>			
14.	Poushima. S	<u>Poushima</u>			
15.	Grade Anamita	<u>Anamita</u>			
16.	Shatabdi S	<u>Shatabdi</u>			
17.	Archika S	<u>Archika</u>			
18.	Isha S	<u>Isha</u>			
19.	Sarika D	<u>Sarika</u>			
20.	Paridhi J	<u>Paridhi</u>			
21.	Anjana V	<u>Anjana</u>			
22.	Sara. M	<u>Sara</u>			
23.	Shabdita. D	<u>Shabdita</u>			
24.	Sara. K	<u>Sara</u>			
25.	Aditi K	<u>Aditi</u>			
26.	Samrin P.	<u>Samrin</u>			
27.	Shriya A.	<u>Shriya</u>			
28.	Anvith. T.	<u>Anvith</u>			
29.	Gauri. B	<u>Gauri</u>			
30.	Tanmayee. B	<u>Tanmayee</u>			
31.	Sai. N.	<u>Sai</u>			
32.	Zainab M	<u>Zainab</u>			

Signature of Guest Speaker

[Signature]
Signature of coordinator



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: - World Book Day

Name of Coordinator- Mrs. Deepa Bagde

Department: - Library

Date:- 24/04/2023

Place:- Bai Jerbai Wadia library, Fergusson College, Pune

Online / Offline:- Offline

Outline of activity:- “World Book Day” is celebrated to commemorate William Shakespear, one of the great English poets and playwrights. 23rd April is observed as the birth and death anniversary of Willium Shakspeare. The day is celebrated to show respect to writers and to encourage reading among students.

On the occasion of ‘World Book Day’ 24rd April 2023, Monday, an exhibition of books written by Great English writer William Shakespear was organized at Bai Jerbai Wadia Library, Fergusson College. For that we visited Bai Jerbai Wadia Library, with 1st year students.

There was a nice fusion of old and new books in the exhibition. Students expressed satisfaction with the arrangement. Students made demands for the newly published book. Seats were arranged for reading books in the book exhibition hall. Many students seized the opportunity to read books.

a) Objective-

1. Students should get to see this very old and famous/ well known library
2. Students should get information about very old and good books on different subjects in this library.

b) Participants/ Attendees- 31

c) Photograph



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D.E. Society's Brijlal Jindal College of Physiotherapy

Organizes

Talks on

"World Book Day" - Visit to Bai Terbai Wadia Library
with 1st year students
Fergusson Campus

On 24/04/23

Attendance

Sr. No	Student's Name	Signature	Sr. No	Student's Name	Signature
1	Gauri Kasal	Gauri Kasal			
2	Sakshi Temghare	Sakshi Temghare			
3	Mayuri Joshi	Mayuri Joshi			
4	Prisha Patil	Prisha Patil			
5	Ayaz Bhave	Ayaz Bhave			
6	Prinmayee Tikar	Prinmayee Tikar			
7	Mekhalika Bhende	Mekhalika Bhende			
8	Yashvi Jain	Yashvi Jain			
9	Usha Bai	Usha Bai			
10	Tanisha Mahajan	Tanisha Mahajan			
11	Sanjana Jambhale	Sanjana Jambhale			
12	Yash Mangalakar	Yash Mangalakar			
13	Dnyaneshwari Khandre	Dnyaneshwari Khandre			
14	Siddhi Madhane	Siddhi Madhane			
15	Apurva M. Na Nagarale	Apurva M. Na Nagarale			
16	Rajeshwari S. Chaudhary	Rajeshwari S. Chaudhary			
17	Gurpreet Kaur	Gurpreet Kaur			
18	Rachika Bagde	Rachika Bagde			
19	Yogeshwari Alhat	Yogeshwari Alhat			
20	Tisha Jain	Tisha Jain			
21	Teesta Shah	Teesta Shah			
22	Sambhavana Modgi	Sambhavana Modgi			
23	Sameer Mulla	Sameer Mulla			
24	Grushti Geraode	Grushti Geraode			
25	Shivani Chavan	Shivani Chavan			
26	Vishruti Shelke	Vishruti Shelke			
27	Vaishnavi Pawde	Vaishnavi Pawde			
28	Lochan Bhatnagar	Lochan Bhatnagar			
29	Hareeshali Kachav	Hareeshali Kachav			
30	Ananya Kulkarni	Ananya Kulkarni			
31	Pooja Shinde	Pooja Shinde			

Deepa Bagale

(Deepa Bagale)
Asst Librarian



Principal

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College of Physiotherapy,
Pune.



D.E.SOCIETY'S BRIJLAL JINDAL COLLEGE OF PYSIOTHERAPY, PUNE

Signature of the Asst. librarian: Name of Activity: Celebration “Vachan Prerna Din”
on 15th October 2022

Speaker: Vaidehi Watve , Lynn Fernandes

Name of coordinator: Mrs. Deepa Bagde, Asst. librarian and Dr. Abha Dhupkar (PT)

Department: Library

Date/Time: 15th October 2022; 4.00 -4.30pm

Place: Physiology lab, DES’s Brijlal Jindal College of Physiotherapy, Pune.

Online/offline: Offline

Outline of activity:

Objectives: In the state of Maharashtra, October 15th is celebrated as the “**Reading Inspiration day**”, the birthday of former President of India and renowned scientist Dr. A P J Abdul Kalam. The main objective of this day is to create interest in reading.

Outcome: On this occasion MPT student Lynn Fernandes gave a brief information about the podcast. She loved to read since childhood and how it made her love to write. Vaidehi Watve, a 2nd year student said that good quality reading is very important for quality writing and reading should be done with the mind and not with the eyes. This time there was a spontaneous response from the students.

Participants: Mpth and BPTH students

Signature of the Asst. librarian





096844238, Chaturshringi Rd, Shivajinagar, Pune, Maharashtra 411004, India

Pune
Maharashtra
India

2022-10-15(Sat) 04:21(pm)

25°C
77°F



096844238, Chaturshringi Rd, Shivajinagar, Pune, Maharashtra 411004, India

Pune
Maharashtra
India

2022-10-15(Sat) 04:09(pm)

25°C
77°F



PRINCIPAL
D. E. Society's Brijlal Jindal
College of Physiotherapy
Pune . 4

D.E. Society's Brijlal Jindal College of Physiotherapy
Organizes
Talk on

Vachan Prerna Din

By

Library Dept, DECBJCP, Pune

On 15th Oct. 22

Attendance

Sr. No	Student's Name	Signature	Sr. No	Student's Name	Signature
1	Aaeti Telang				
2	Mahini Kagane				
3	Yugeshwari J				
4	Nikita Jatal				
5	Tanya Utkar				
6	Tanmayee Bhavard				
7	Sai Neeragaankar				
8	Nupur Pendhavi				
9	Mugdha Jadhav				
10	Amruta Aadar				
11	Sara Malkhane				
12	Isha Shegal				
13	Anjana V				
14	Sanika D				
15	Pandhi S.				
16	Archika S				
17	Aditi Kulkarni				
18	Mumbhri f				
19	Zainab M				
20	Sanika S.				
21	Megha K				
22	Dhruvi K				
23	Shriya				
24	Sansreen				
25	Nidhi B.				
26	Mitali N.				
27	Pournima S.				
28	Rachant B				
29	Rajat O.				
30	Shatabdi G.				
31	Pranjal K.				

Signature of Guest Speaker

Signature of coordinator



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: Introduction to Sevaankurbharat's "One week for nation"

Name of Coordinator: Dr Snehal Joshi and Dr Shreya Dhake

Date & Time: 13-1-2023&3- 5 pm

Online/Offline: Offline

Objectives:

- 1.Introduction to Sevaankur foundation and various activities carried out by them
2. What is " One week for nation" ?
3. How students can participate and contribute to above program and various activities of sevankur.

Participants: 4stBPTH & MPT students

Outline of activity which will be held: This year members of seva ankur will be doing " One week for nation " at Jhabua,Madhyapradesh. This is 6th consecutive year of OWFN. In such events 300 participants including medical students and doctors travel to remote regions across india.They meet interact,serve& understand the lifestyle,culture,health and social issues of countrymen. During this event they arrange medical check up camps and conduct health awareness camps.

Photos





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College of Physiotherapy
Pune . 4



D.E. Society's

BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: -Rashtriya Krida Din Celebration 2023

Name of Coordinator: Namrata Sidhaye-Bhadbhade, Apoorva Pavnaskar

Department: -Sports Committee

Date:- 29.8.2023

Timing: 3pm-4.30pm

Place:- Fergusson college ground, Open Amphitheatre

Online / Offline:- Offline

Outline of activity:- National Sports Day celebrated by BPTTh Students and Staff of the DES Brijlal Jindal college of Physiotherapy Pune

- Students were encouraged to play different outdoor and Indoor sports
- Following sports were conducted: 100 m sprint, Mixed Relay and Skipping competition
- Students had participated enthusiastically in all the games.
- Winners were chosen to appreciate students
- Fitness pledge taken by all students and Staff

Objective- 1.To Inculcate fitness awareness among students

2. To encourage youth about indoor and outdoor games

3. To Inculcate Sporting spirit among students

Attendance - 129

Photographs:-



FERGUSSON COLLEGE JUNIOR WING, DES
BRJLAL JINDAL COLLEGE OF PHYSIOTHERAPY,
शिवली नगर, पुणे, महाराष्ट्र 411004, India
Latitude: 18.526302 Longitude: 73.839867

29.08.2023

IMG_741_08_23_3693305610917.jpg



DES

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College of Physiotherapy
Pune - 4



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

**Name of Activity: Basic Life Support (BLS) training occasion of WORLD HEART DAY
(22-23)**

Guest Speaker: Dr. Shreya Dhake(PT), Dr. Aditi Soman (PT)

Dr Aditi Berry (PT), Dr. Siddhika Kadam(PT)

Department: Cardiovascular and Respiratory Physiotherapy, DESBJCOP

Date & Time: 26/4/2022 [11.00 am – 4.30 pm]

Online/Offline: Offline

Outline of Activity: Demonstration of Cardiopulmonary resuscitation as per American Heart Association Guidelines. It was organized at 4 stations in the campus of DES: open amphitheatre, IMDR, near the college canteen and college OPD.

Objectives: To orient the participants to evaluation of patient in arrest and train for basic life support skills.

Outcome: All the participants were acquainted with the above mentioned skills.

Participants: 265




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 Pune - 4



1

D.E. Society's Brijlal Jindal College of Physiotherapy
Organizes
Talk on

"WORLD HEART DAY"

By DESBTCOP Morning session
On 26/9/23
Kimaya & IMDR

Attendance

Sr. No	Student's Name	Signature	Sr. No	Student's Name	Signature
1	Gauri	[Signature]	35	Somyak Chaudhary	[Signature]
2	Zainab	[Signature]	36	Samarth Giri	[Signature]
3	Shatakshi	[Signature]	37	Pudra Olurkar	[Signature]
4	Pranjal	[Signature]	38	Deshana I	[Signature]
5	Megha	[Signature]	39	Shreya Khandge	[Signature]
6	Mugdha	[Signature]	40	Pragati Jitale	[Signature]
7	Tanuja	[Signature]	41	Pahal Patil	[Signature]
8	Dr. Mansi	[Signature]	42	Radhika Santake	[Signature]
9	Dr. Poonam	[Signature]	43	Alina Shaikh	[Signature]
10	Dr. Nayan	[Signature]	44	Saurabh Bhas	[Signature]
11	Sakshi	[Signature]	45	Vivek Malusare	[Signature]
12	Shweta	[Signature]	46	Brijesh Dasani	[Signature]
13	Gayatri	[Signature]	47	Swarnil Manekar	[Signature]
14	ANUSHA	[Signature]	48	Sham Deda	[Signature]
15	Pranav	[Signature]	49	Satish Kamble	[Signature]
16	Aaradhya	[Signature]	50	Vaishnavi K	[Signature]
17	Maitreyee	[Signature]	51	Vaishnavi Joshi	[Signature]
18	Atansha	[Signature]	52	Suraj Yedav	[Signature]
19	Anurag	[Signature]	53	Runmayi Jamode	[Signature]
20	OM	[Signature]	54	Agast Ambekar	[Signature]
21	Kritik	[Signature]	55	Vinay Bhise	[Signature]
22	Sujal	[Signature]	56	Shreyas Joshi	[Signature]
23	Daya	[Signature]	57	Shambhavi Ghosh	[Signature]
24	Spansh	[Signature]	58	Shweta Mali	[Signature]
25	Chaitanya	[Signature]	59	Sakshi Nigam	[Signature]
26	Siddhant	[Signature]	60	Tanaya Mulye	[Signature]
27	Bhiti	[Signature]	61	Vanshika Nayab	[Signature]
28	Samridd	[Signature]	62	Omkar Shinde	[Signature]
29	Sushir	[Signature]	63	Magnas Marathe	[Signature]
30	Mahesh Rainedal	[Signature]	64	SATYAM JHA	[Signature]
31	Kaustabh Abnave	[Signature]	65	Om Vaidya	[Signature]
32	Prathamesh Samant	[Signature]			
33	Shivam Kamthe	[Signature]			

3

D.E. Society's Brijlal Jindal College of Physiotherapy
Organizes
Talk on

World Heart Day
On 26/9/23

Attendance

Sr. No	Student's Name	Signature	Sr. No	Student's Name	Signature
33	Gurmeshwar Shale	Gshale	59	Pranav Parod	
34	Amaan Ali-Ansari	MA	60	Nikhil Khatia	
35	Vedant Shivolkar		61	Rushikesh Karbu	
36	Ananya Sapkota	Ans	62	Pranmesh Langhe	
37	Vaishnavi Kulkarni	VK	63	Mayuri Tupe	
38	Toshi Deshmukh	T.D.	64	Pragati Nimbalkar	
39	Someshwar Sansare	SS	65	lalit Patil	
40	Nikhil Anur Kati	NAK	66	omkar shinde	
41	ajay mahajan	AJ	67	shubham jadhav	
42	Ritesh pawar	R.P.	68	Rahul Mangare	
43	Jawahar Sonam	JS	69	Jayendra Shroff	
44	Nischay	N	70	Ashay Bhosale	
45	Rushikesh Gawde	R.G.	71	Anjali Talapde	
46	Rajeev Singh	R.S.	72	Ana poudhume	
47	Utkarsha Chopade	UC	73	Ashutosh Yewankar	
48	Prayansh Shinde	PS	74	Ashish Bohet	
49	Shubham Patil	SP	75	Smital Desai	
50	Pranav Bhalekar	PB	76	Shruti Patil	
51	Nikhil Kulkarni	NK	77	Sayali Jadhav	
52	Nancy Jain	NJ	78	Girija Avhad	
53	Nidhi Oswal	NO	79	Taruna Melay	
54	Keddy Kulkarni	KK	80	Trina Manoj	
55	Riddhi Mahamuni	RM		Yash B	
56	Samruddhi Bhosale	SB			
57	Sangeeta L. Chaudhary	SLC			
58	Omkar Ribic	OR			
59	Neha Sonaure	NS			
60	Rushikesh Mutat	RM			
61	Kishor Gundalwa	KG			
62	Satansh Saini	SS			
63	Adhira Mishra	AM			
64	Parth Paralit	PP			

D.E. Society's Brijlal Jindal College of Physiotherapy
Organizes
Talk on

World Heart Day
By

On 26/9/23

Attendance

Sr. No	Student's Name	Signature	Sr. No	Student's Name	Signature
1	Maitreya P.		33	Shloka S. Bhatalkar	
2	Tiisha J.				
3	Jarvi Dixit	Jarvi D			
4	Rajvardhan D.	R.D			
5	Jarvi. Ninge	Jarvi			
6	Vaishnavi J.				
7	Jyotsna S.				
8	Narayani				
9	Ashwini				
10	Shravya				
11	Yogita				
12	Sonija				
13	Amal.				
14	Shreya				
15	Jarvi				
16	Vanshika				
17	Vaidhi				
18	Sarthak S.				
19	Sneha Kamble	Kamble S			
20	Veer Gandhi				
21	Rushita Kulkarni	R.K			
22	Asha Gajbhiye				
23	Ashwini Bhoj				
24	Gauri Sambhulkar	Gauri			
25	Aman Daniel				
26	Brijesh Dasani	Brijesh			
27	Gaurav Wate				
28	Akhya Otari				
29	Ashwini Shinde				
30	Devyani Binje				
31	Acliti Patil				
32	Dhanashri Suryawanshi				

5

D.E. Society's Brijlal Jindal College of Physiotherapy
Organizes
Talk on

World Heart Day

By

On 26/9/23

morning session

Attendance

Sr. No	Student's Name	Signature	Sr. No	Student's Name	Signature
	Sharayu Katre	<i>[Signature]</i>			
	Shraddha Ghanekar	<i>[Signature]</i>			
	Shambhavi Raghunath	<i>[Signature]</i>			
	Tanya Mulay	<i>[Signature]</i>			
	Vaishnav B	<i>[Signature]</i>			
	Vishnu Bhandari	<i>[Signature]</i>			
	Vishwas Mahapatra	<i>[Signature]</i>			
	Aayushi Chandra	<i>[Signature]</i>			
	Aarti Pawar	<i>[Signature]</i>			
	Amisha Mehta	<i>[Signature]</i>			
	Arvindr Nutha	<i>[Signature]</i>			
	Abdul Malik Ansari	<i>[Signature]</i>			
	Sooryash Ghatge	<i>[Signature]</i>			
	Dipak Dake	<i>[Signature]</i>			
	Achita Gandhi	<i>[Signature]</i>			
	Bhavesh B	<i>[Signature]</i>			
	Aditya D	<i>[Signature]</i>			
	Tanishka Gopalan	<i>[Signature]</i>			
	Shubha S. Marankar	<i>[Signature]</i>			
	Ajay Kolhe	<i>[Signature]</i>			
	Aruj Patil	<i>[Signature]</i>			
	Gagan Pawar	<i>[Signature]</i>			
	Jha Jagdekan	<i>[Signature]</i>			
	Cham Mohare	<i>[Signature]</i>			
	Abhinav Kondane	<i>[Signature]</i>			
	Etan Singh	<i>[Signature]</i>			
	Arinika Kulkarni	<i>[Signature]</i>			
	Darshan Shinde	<i>[Signature]</i>			
	Devyani Birje	<i>[Signature]</i>			
	Shanashri Sury	<i>[Signature]</i>			
	Manoj Patil	<i>[Signature]</i>			
32	Pratibha Bhugevat	<i>[Signature]</i>			



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: FOUNDATION DAY OF MUHS & TREE PLANTATION DRIVE 2023

Name of Coordinator: Dr Harshada Sonawane (PT)& Dr Shreya Dhake (PT)

Date & Time: 10th June 2023

Online/Offline: Offline

Outline of Activity: College celebrated 25th foundation day of MUHS by doing flag hoisting and singing university anthem. Also students carried out tree plantation drive on the same day.

Participants: Staff and students of DES Brijlal Jindal College of Physiotherapy.





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D. E. Society's Brijlal Jindal
College of Physiotherapy
Pune . 4

D.E. Society's Brijlal Jindal College of Physiotherapy
Organizes
Talk on

Foundation Day & Tree plantation
By

On 10th June 2023

Attendance

Sr. No	Student's Name	Signature	Sr. No	Student's Name	Signature
1	Grade Amruta	<i>Amruta</i>			
2	Sanika Suryawanshi	<i>Sanika</i>			
3	Megha Kumbhar	<i>Megha</i>			
4	Dhruv Kavediya	<i>DK</i>			
5	Shriya Ambeti	<i>SA</i>			
6	Saharsh Patel	<i>SP</i>			
7	Aarti Telang	<i>Aarti</i>			
8	Yugeshwari Jadhav	<i>YJ</i>			
9	Mohini Kagane	<i>MK</i>			
10	Nikita Jatal	<i>NK</i>			
11	Mugdha Joshi	<i>MJ</i>			
12	Taruna Ubhe	<i>TU</i>			
13	Nrupur Pendhari				
14	Shruti Pimpalpure	<i>SP</i>			
15	Zainab Mahurwala	<i>ZM</i>			
16	Divyanshi Ghatge	<i>DG</i>			
17	Sai Neurgaonkar	<i>SN</i>			
18	Tanmayee Bhuvad	<i>TB</i>			
19	Avanti Tare	<i>AT</i>			
20	Gauri Bande	<i>GB</i>			
21	Bhargav Patil	<i>BP</i>			
22	Ashwini Kulkarni	<i>AK</i>			
23	Archika Shinde	<i>AS</i>			
24	Aditi Kulkarni	<i>AD</i>			
25	Anjana Venkatesh	<i>AV</i>			
26	Shikha Shinde	<i>SS</i>			
27	Paridhi Jalan	<i>PJ</i>			
28	Sanika Deshmukh	<i>SD</i>			
29	Sana Ralkar	<i>SR</i>			
30	Mitali Wadgaonkar	<i>MW</i>			
31	Nidhi Borole	<i>NB</i>			

Signature of Guest Speaker

Kshama
Signature of coordinator



D.E.Society's Brijlal Jindal College of Physiotherapy

Breast Feeding Awareness Week 2023

Name of Activity: Breast-feeding Week 2023

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 01.08.2023 to 07.08.2023

Place: Gynaecology OPD, IPD of Seth Tarachand Charitable Trust Hospital, Pune, Seva Sutika Mandir, Pune.

Online / Offline: Offline event

Time: 11 am onwards

Targeted Population: Antenatal, Postnatal women and their relatives.

Outline of Activity: The post graduate students prepared charts detailing the benefits of breastfeeding, duration of exclusive breastfeeding, and the ergonomic positions in which to feed the babies. These charts were shown to the ladies attending the antenatal care centres at STRCH and Seva Sutika Mandir. Along with that, the students also gave an explanation of the whole process.

The same protocol was followed in the wards, and the mothers' information was reinforced with the help of the pictorial depiction of the advice provided as routine PT care.

Objective: To disseminate information regarding breastfeeding to women and their family members.

Participants / attendees: women reporting to the OPD and IPD of Seth Tarachand Ramnath Ayurvedic Hospital and Seva Sutika Mandir.

Outcome:

For students: The students received a hands-on experience of preparing material and disseminating information in a community-based rehabilitation model.

For Beneficiaries: The expectant and new mothers, and their relatives received information on the need and methods of breastfeeding. They also understood the importance of breastfeeding.

Report by: Abha Dhupkar

Coordinator's sign:


Abha Dhupkar

Dept. Of Community Physiotherapy

DESBJCOP



Photographs:



@Bha



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College of Physiotherapy
Pune . 4



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: Air pollution control drive

Activity carried out: Awareness campaign at traffic signals near college

Name of Coordinator: Dr Harshada Sonawane and Dr Shreya Dhake

Date & Time: 3-4 pm

Objectives:

1. To raise awareness about raising levels of air pollution caused by use of different automobiles among public
2. Implementation of simple techniques to reduce air pollution
3. Increase use of alternate energy like battery operated, CNG, LPG for vehicles

Method: Students took posters and stood at signals, educating people about switching off engine at signals, less use of horns, regular servicing of vehicles etc

Participants: 1st BPTH and MPT students





Dyaneshwar Paduka Chowk Shivaji nagar New Crown Bakery,
GRGR+PR5, Sud Nagar, Shivajinagar, Pune, Maharashtra
411005, India

Latitude
18.5266755°

Longitude
73.8420668°

Local 03:44:53 PM
GMT 10:14:53 AM

Altitude 13.81 meters
Friday, 16.12.2022



GRGV+96W, Sud Nagar, Shivajinagar, Pune, Maharashtra
411005, India

Latitude
18.5268679°

Longitude
73.8403429°

Local 04:07:02 PM
GMT 10:37:02 AM

Altitude 13.82 meters
Friday, 16.12.2022



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College of Physiotherapy
Pune . 4

D.E. Society's Brijlal Jindal College of Physiotherapy

Organizes

Activity ~~Fall~~ on

Pollution Control

By

On 16.12.22

Attendance

Sr. No	Student's Name	Signature	Sr. No	Student's Name	Signature
1.	Akita Kothu	<i>[Signature]</i>			
2.	Ajay Tarubali	<i>[Signature]</i>			
3.	Pravin Chauhan	<i>[Signature]</i>			
4.	Sneha Wadwat	<i>[Signature]</i>			
5.	Divya Agaswal	<i>[Signature]</i>			
6.	Haroon Khan	<i>[Signature]</i>			
7.	Sollwin Kajale	<i>[Signature]</i>			
8.	Jaya Totkale	<i>[Signature]</i>			
9.	Pooja Sonani	<i>[Signature]</i>			
10.	Pravin Chauhan				
11.	Anjali Bais	<i>[Signature]</i>			
12.	Riya Patel	<i>[Signature]</i>			
13.	Shradha Ghadge	<i>[Signature]</i>			
14.	Falak Darda	<i>[Signature]</i>			
15.	Vaishnavi Daptare	<i>[Signature]</i>			
16.	Rani Rode	<i>[Signature]</i>			
17.	Lynn Fernandes	<i>[Signature]</i>			
18.	Anya Phalnas	<i>[Signature]</i>			



Signature of Guest Speaker

[Signature]

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College of Physiotherapy

[Signature]

Signature of coordinator



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: -Panel Discussion on “Millions of Reasons “for World CP Day

Name of Coordinator: Dr Snehal Joshi (PT), Dr.Janhvi Manjrekar(PT)

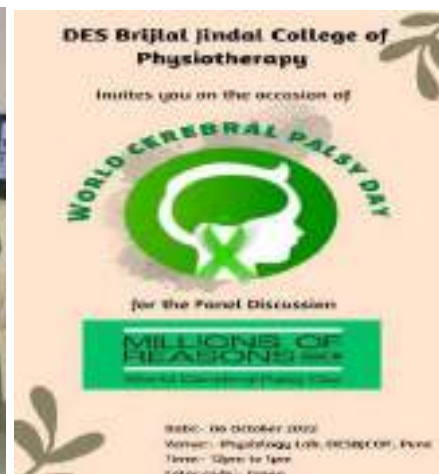
Department: -Neuro Date:-6 Oct 2022 Time:12.30PM-2.00PM

Place:-Physiology lab Online / Offline:-offline

Outline of activity:-

- a) Objective-Panel Discussion of eminent personalities in CP rehabilitation ,CP children and their parents to give other parents and students an insight about experiences of CP children, their care givers, and rehabilitation specialists
- b) Speakers-Medical expert-Dr Sharad Agarkhedkar, Physiotherapist-Dr Atiya Shaikh(PT),Parent’s perspective- Jyoti Yadav, Psychologist-Kiran Kurane ,CP Perspective-Samruddhi Bhalwankar
- c) Outcome- an interesting interactive session was held by the moderator where various questions related to CP rehabilitation and perspective of the specialist was discussed to give information about how to progress ahead with CP was given. Audience appreciated the session.

Photographs:-





सेलेब्रल पाल्सीग्रस्तांना स्वावलंबी बनवा

पुणे : सेलेब्रल पाल्सीग्रस्त रुग्णांना समुपदेशन आणि योग्य मार्गदर्शनाची गरज असून, त्यांना स्वावलंबी बनविले पाहिजे, असे मत मानसोपचार तज्ज्ञ किरण कुरणे यांनी व्यक्त केले.

डेक्कन एज्युकेशन सोसायटीच्या ब्रिजलाल जिंदाल कॉलेज ऑफ फिजिओथेरपीमध्ये जागतिक सेलेब्रल पाल्सी दिनानिमित्त आयोजित चर्चासत्रात कुरणे बोलत होत्या. नियमित व्यायाम आणि योग्य उपचार केल्याने रुग्णांच्या तब्येतीत खूप लवकर सुधारणा

होते, असे डॉ. अतिया शेख यांनी सांगितले. या मुलांना वाढविण्याचे आव्हान स्वीकारून, या आजाराकडे सकारात्मकतेने पाहावे, असे मत सहभागी पालकांनी व्यक्त केले. यावेळी काही रुग्णांनी अनुभव कथन केले. महाविद्यालय स्थानिक व्यवस्थापन समितीचे अध्यक्ष डॉ. शरद आगरखेडकर यांनी मार्गदर्शन केले. प्राचार्या डॉ. स्नेहल जोशी यांनी स्वागत केले. उमा शर्मा यांनी सूत्रसंचालन आणि जान्हवी मांजरेकर यांनी आभार मानले.

सेरेब्रल पाल्सीग्रस्त रुग्णांना स्वावलंबी बनवा : कुरणे

पुणे, ता. ६ : सेरेब्रल पाल्सीग्रस्त रुग्णांना समुपदेशन आणि योग्य मार्गदर्शनाची गरज असून, त्यांना स्वावलंबी बनविले पाहिजे, असे मत मानसोपचार तज्ज्ञ किरण कुरणे यांनी व्यक्त केले.

डेक्कन एज्युकेशन सोसायटीच्या ब्रिजलाल जिंदाल कॉलेज ऑफ फिजिओथेरपीमध्ये जागतिक सेरेब्रल पाल्सी दिनानिमित्त आयोजित चर्चासत्रात कुरणे बोलत होत्या. नियमित व्यायाम आणि योग्य उपचार केल्याने रुग्णांच्या तब्येतीत खूप लवकर सुधारणा होते, असे डॉ. अतिया शेख यांनी सांगितले.

महाविद्यालय स्थानिक व्यवस्थापन समितीचे अध्यक्ष डॉ. शरद आगरखेडकर यांनी मार्गदर्शन केले. प्राचार्या डॉ. स्नेहल जोशी यांनी स्वागत केले. उमा शर्मा यांनी सूत्रसंचालन आणि जान्हवी मांजरेकर यांनी आभार मानले.

Kesari(7th Oct 2022)

Sakal(7th Oct 2022)

सेलेब्रल पाल्सीग्रस्तांना स्वावलंबी बनवा

पुणे : सेलेब्रल पाल्सीग्रस्त रुग्णांना समुपदेशन आणि योग्य मार्गदर्शनाची गरज असून, त्यांना स्वावलंबी बनविले पाहिजे, असे मत मानसोपचार तज्ज्ञ किरण कुरणे यांनी व्यक्त केले.

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होते, असे डॉ. अतिया शेख यांनी सांगितले. या मुलांना वाढविण्याचे आव्हान स्वीकारून, या आजाराकडे सकारात्मकतेने पाहावे, असे मत सहभागी पालकांनी व्यक्त केले. यावेळी काही रुग्णांनी अनुभव कथन केले. महाविद्यालय स्थानिक व्यवस्थापन समितीचे अध्यक्ष डॉ. शरद आगरखेडकर यांनी मार्गदर्शन केले. प्राचार्या डॉ. स्नेहल जोशी यांनी स्वागत केले. उमा शर्मा यांनी सूत्रसंचालन आणि जान्हवी मांजरेकर यांनी आभार मानले.



Kesari(7th Oct 2022)

सेरेब्रल पाल्सीग्रस्त रुग्णांना स्वावलंबी बनवा : कुरणे

पुणे, ता. ६ : सेरेब्रल पाल्सीग्रस्त रुग्णांना समुपदेशन आणि योग्य मार्गदर्शनाची गरज असून, त्यांना स्वावलंबी बनवले पाहिजे, असे मत मानसोपचार तज्ज्ञ किरण कुरणे यांनी व्यक्त केले.

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College of Physiotherapy
Pune . 4

Sakal(7th Oct 2022)



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: -Acute Ischemic stroke- Protocol Based Learning

Coordinator: Dr. Harshada Sonawane & Dr. Atiya Shaikh

Department: -Neurophysiotherapy & IQAC

Date: - 14th November 2022

Place: Physiology Lab, D E Society's Brijlal Jindal College of Physiotherapy Pune

Online/Offline: Offline

a) Objective-1. Students should be aware about prehospitalisation stroke protocol, help the patient and call for the appropriate help.

Outline of activity:

b) Participants/ Attendees-48 (Neuro PT staff and MPT and IV B.P.Th students) +4

c) Outcomes-feedback analysis



ORGR+P2E, Chaturvedi Rd, Shivajinagar, Pune, Maharashtra 411004, India

Pune
Maharashtra
India



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Pune
Maharashtra
India



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Pune
Maharashtra
India



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D.E. Society's
BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: - Camp on occasion of **WORLD ARTHRITIS DAY**

Name of Coordinator: Diptee Bhole; Namrata Sidhaye; Ashwini Kamble

Department: Musculoskeletal Physiotherapy

Student participants: MPT I & II students from Musculoskeletal Physiotherapy
(Priyanka Patil, Sharayu Raybole, Pravin Chavhan, Jaya Pathak)

Date: 12/10/22

Place: DESBJCOP OPD, Opposite Tennis Courts, Near Fergusson College Main Building, Gate No. 2.

Inauguration of program at the hands of Dr. Avinash Bhondwe, a renowned general physician in Pune

Offline

Schedule of activity:

- i) Address of attendees by Dr. Avinash Bhondwe
- ii) Demonstration of basic exercises as group therapy
- iii) Poster presentation: dos and don'ts related to joint protection
- iv) PPT and interactive session on healthy dietary habits in arthritis

Outline of activity:

- a) Objective: Prevention and awareness of arthritis.
- b) Participants/ Attendees: The session was open for all people in the community
- c) Outcomes: Better awareness and understanding about the condition among attendees. They had an interactive and informative session.

Coordinator's signature: -



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College of Physiotherapy
Pune

WORLD ARTHRITIS DAY 2022₁₀

12th Oct' 22.

SR.No	Name	Age	Gender	Address	Phone no.
1.	Asawari Gokhale	43	F	Paudphata	9225526346
2.	Surajkaran Tapade	79	M	Model colony	9420281720
3.	Shrirang Abhyankar	70	M	Karve Nagar	9822087965
4.	Vanishree Kotharwar	69	F	Kothrud	9881092639
5.	Avinash Kotharwar	70	M	Kotheude	"
6.	Jayshree Kothari	67	F	Model colony	9766377780
7.	Mohini Shetty.	64	F	Model colony	9766504207
8.	Dhanraj Shetty	73	M.	Model colony	"
9.	Prachant Jagalk	55	m	Kothrud	9581129836
10.	Vandana Ranade	77	F	Mumbai	9930799128
11.	Vishakha Patil	49	F	Kotheude	9890310846
12.	Bharati Laddha	48	F	Prabhat Road	9822541812
13.	Deepak Laddha	47	M	Prabhat Road	9822088035
14.	Sunil Bhagwat	64	m	Sahkar nagar	8378860647
15.	Shaila galgali	79	F	Erandwane, 4	9860696006
16.	Amrapali Pawar	42	F	Gokhale nagar	9270157346
17.	Shradha Gaitwad	38	F	Gokhale nagar	9765896073



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Women's Day 2023

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 08.03.2023

Place: Pune

Online / Offline: Online

Outline of activity: The postgraduate students interviewed women of different ages and occupations and extracted their views of equity of health care facilities by women. They also discussed how they felt the present scenario of healthcare utilization compares with the previous utilization.

a) Objective:

- a. To celebrate Women's Day on the 8th of March 2023.
- b. To understand perceptions of women towards healthcare equity and utilisation.

b) Participants/ Attendees:

- a. Participants: Lynn Fernandes, Nikita Kolhe, Sheetal Bobade, .
- b. Attendees: Online viewers of the DESBJCOP YouTube channel.

c) Outcomes:

- a. The students identified how they wanted to present the theme for this year's Women's Day, and the stakeholders whom they felt should be involved.
- b. The whole video was made by the postgraduate students.
- c. The video was uploaded to the college's YouTube channel on the following link: <https://www.youtube.com/watch?v=l8twA2gSQ7E>



Photograph of the activity:



Report prepared by: Abha Dhupkar



Sham
Principal,
D.E. Society's
Brijlal Jindal College of Physiotherapy, Pune



D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: Screening camp for Hypertension on occasion of **WORLD HYPERTENSION DAY 2023**

Name of Coordinator: Dr Shreya Dhake (PT)

Department: Cardiovascular & respiratory PT

Date & Time: 17th May 2023

Online/Offline: Offline

Outline of Activity:

Objectives: 1. To screen individuals for Hypertension and to assess their knowledge regarding it.

2. Educate people about the causes, symptoms, and prevention of Hypertension.

3. To make people aware about simple measures which can be adopted to prevent hypertension.

Participants: Staff and students of DES institutes





[Handwritten Signature]

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DES BRIJAL JINDAL COLLEGE OF PHYSIOTHERAPY, PUNE

World Hypertension day Camp 17th May 2023

sr no	Name	Age/gender	Occupation
1	Sunil Dharmadhikari	52/M	security
2	Shravan kumar Pande	45/M	security
3	Sanjay Kharat	23/ M	security
4	Nandkumar Borade	42/M	Professor
5	Rajas Nimje	20/ M	Student
6	Swaranjali Patil	20/F	Student
7	Riya Phatak	21/F	Student
8	Ashutosh Sharma	22/ M	Student
9	Pallavi Deo	42/F	Office
10	SHRIKANT DEO	72/M	Retried worker
11	Aniket Gaikwad	36/M	Professor
12	jitendra wagh	49/M	Professor
13	VALbhav Gophane	33/M	police officer178
14	Jayram sapkal	61/M	security
15	sushila sapkal	50/F	Housekeeper144
16	Shantabai Gotare	43/F	sweeper
17	Sushila kanti	55/F	Housekeeper
18	Balasaheb Bhangale	34/M	police officer178
19	Vaishali Kakde	43/F	security
20	Deepanjali Peru	23/F	security
21	Shraddha Jagade	21/F	Student
22	Sae Siddheshwar	22/F	Student
23	Shreya Mane	23/F	Student
24	Priya Pandhi	21/F	Student
25	Avanti Tare	20/F	Student
26	Sheetal Bobade	22/F	Student
27	Archika Shinde	19/F	Student
28	Narayan Firke	43/M	Professor
29	Spruha Talikoti	22/F	Student
30	Kareena Kundnani	21/F	Student
31	Rutika Khadgave	22/F	Student
32	Amita kulkarni	22/F	Student
33	Sanjay Shinde	60/M	Retried
34	Pratibha ZHADE	61/F	Supervisor
35	Snehal shinde	55.F	HOUSEWIFE
36	Anita Lokhande	33/F	Maid
37	sarika Kamble	40/F	Maid
38	Sangeeta Jadhav	32/F	Maid
39	Kumar jadhav	45/M	Sweeper



D.E.Society's Brijlal Jindal College of Physiotherapy

In collaboration with Seth Tarachand Ramnath Charitable Hospital, Pune

Breast Feeding Awareness Week

Introduction: Breast Feeding Awareness Week celebration by DES Brijlal Jindal College of Physiotherapy and STRCH, Pune from 1 of August to 6 of August was exceptionally grand and done whole heartedly in order to promote, support and protect breast feeding.

Location: Gynaecology OPD, IPD of Seth Tarachand Charitable Trust Hospital, Pune

Time: 11 am onwards

Targeted Population: Antenatal, Postnatal women and their relatives.

Preparation: Second year MPT students, Riya Jain, Kartiki Bhilare and Komal Valesha started the planning of celebration from 26 of July, under the guidance of Dr. Abha Dhupkar (PT). Students coordinated with OBGYN resident from Seth Tarachand Ramnath Charitable Hospital, Dr Jyoti Munde, regarding the topics to be delivered during awareness week. Dr. Jyoti was guided by Dr. Rucha Ganu, HoD, Dept. Of Obstetrics and Gynaecology.

Topics covered for the awareness were as follows: introduction of breast feeding, advantages and disadvantages of early breast feeding, ergonomics of breast feeding for mother, physiotherapy role in postpartum, kangaroo mother care.

Teams were made for particular days from day one to day six. As students were posted at other hospitals, they completed their respective postings and reached the venue ten minutes prior. After reaching they arranged the material and delivered the session to the targeted population.

Execution: The session started at 11am sharp; MPT student and Gynaec resident and college staff were present. Student and resident delivered the pitch. The session majorly focused on effects of breast feeding on mother health and foetal health, different breast feeding positions and correct posture, duration of breast feeding, when to start and stop, care of breast while feeding, good and bad latching, devices used in different condition to feed a baby, contraindications of breast feeding were explained in detail, benefits of Kangaroo mother care for low birth weight baby. The content was explained to the targeted population with the help of charts and flash cards. The session was carried out for half an hour.



The program was concluded at a very light note, by discussing the experiences of their previous pregnancy/ pregnancies. They had an interactive session where all the queries were considered and advice given accordingly.

Outcome:

For students: The Post-graduate students worked as a team to set up the programme. The students learnt different strategies to disseminate information to the community and teamwork. They also got a practical experience of actual community participation and community-based rehabilitation.

For Beneficiaries: The new mothers received information about the different methods of breastfeeding and learnt its importance. The ladies also cleared their doubts regarding breastfeeding.





Report by:

Riya Jain, Kartiki Bhilare, Komal Valesha

Coordinator's sign:

Abha Dhupkar

Dept. Of Community Physiotherapy

DESBJCOP



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