

Interdisciplinary Activities Conducted



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BRIJAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: -**Software based gait analysis**

Name of Resource person: **Dr. Avijan Sinha (PT)**

Name of Coordinator: Dr. Diptee Bhole (PT)

Department: Musculoskeletal PT

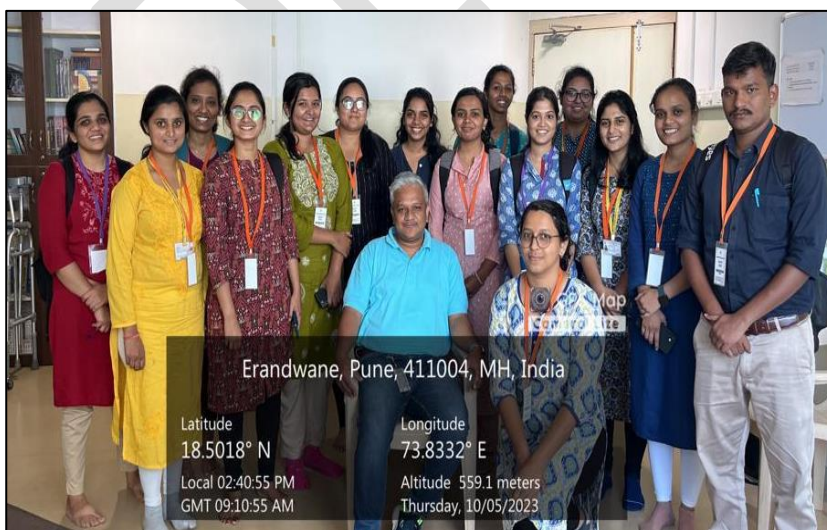
Date:05/10/2023; 12/10/2023

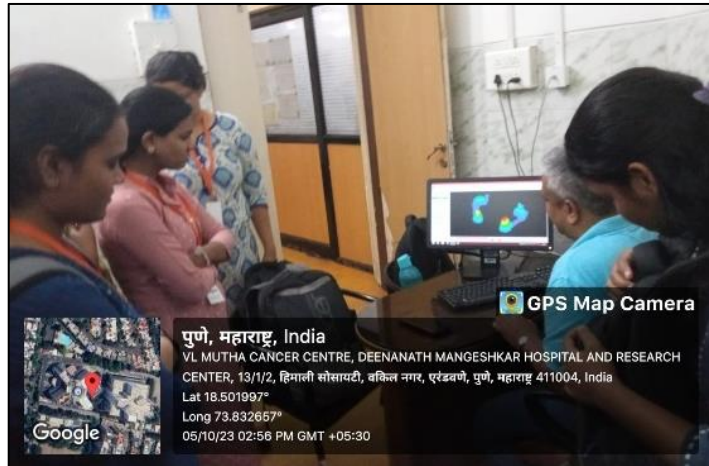
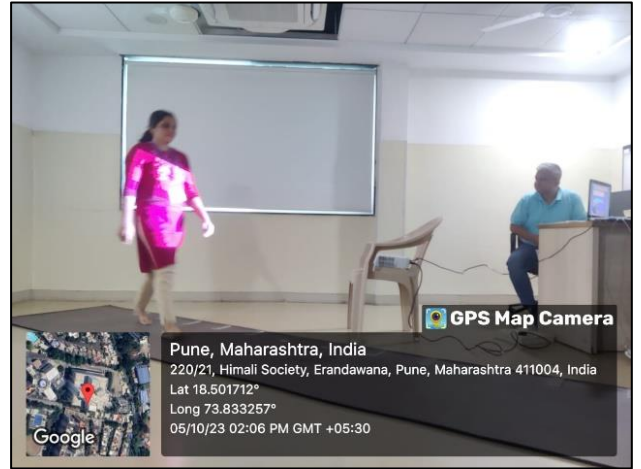
Place: **Gait Lab, Deenanath Mangeshkar Hospital, Erandawane**

Offline activity

Outline of activity:

- a) Lecture on software based analysis of Gait and Paedobarography
- b) Practical demonstration of the software
- c) Participants/ Attendees: MPT students of all specialties
- d) Outcomes:Separate sheet attached





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ATTENDANCE RECORD OF STUDENTS ATTENDING VISITS

LOCATION: GIAIT LAB [Deenanath Mangeshkar Hospital]

DATE: 5th October 2023

COORDINATOR: Dr AVIJAN SINHA

FACULTY COORDINATOR: Dr. Diptee Bhole (PT)

Sr. No.	Name of student	Year	Sign
1.	Jaya P. Pathak	MPT-II	Jspathak
2.	Pravin Tharhan	MPT-II	Pravins
3.	Nikita Kohle	MPT-II	Nikita
4.	Riya Patel	MPT-II	Riya
5.	Palak Darda	MPT-II	Palak
6.	Aniya Bhalerao	MPT-II	Aniya
7.	Vaishnavee Saptare	MPT-II	Vaishnavee
8.	Rani Rodge	MPT-II	Rani
9.	Lyna Fernandes	MPT-II	Lyna
10.	Pooja Sonari	MPT-II	Pooja
11.	Nayan Koliar	MPT-II	Nayan
12.	Shradha Ladge	MPT-II	Shradha
13.	Anjali Bais	MPT-II	Anjali
14.	Sneha Waydande	MPT-II	Sneha
15.	Dixya Agrawal	MPT-II	Dixya
16.	Rani R. Rodge	MPT-II	Rani

Avijan Sinha

Signature of coordinator

Jay

Signature of Principal



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ATTENDANCE RECORD OF STUDENTS ATTENDING VISITS

LOCATION: Gait Lab (DM Hospital, Pune)

DATE: 12/10/2023

COORDINATOR: Dr. AVIJAN SINHA (PT)

FACULTY COORDINATOR: Dr. Diptee Bhole (PT)

Sr. No.	Name of student	Year	Sign
1	Snehal Gite	1 MPT	
2	Siddhi Bhute	1 MPT	
3	Sakina Saifee	-11-	
4	Shreeya Athavale	-11-	
5	Dnyaneshwati Shedge	-11-	
6	Bhaskaryu Shinde	-11-	
7	Akanksha Wadodkar	-11-	
8	Hatshika Pawar	-11-	
9	Divya Badjale	-11-	
10	Farkhanda Shaikh	-11-	
11	Shrutika Sapkal	-11-	
12	Chahat Bhandari	-11-	
13	Manasi Deshmukh	-11-	
14	Sakshi Dupare	-11-	
15	Saachi Jinsikar	-11-	
	Chahat Bhandari	-11-	

Signature of coordinator

Signature of Principal



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'Exercise Physiology: A Different Perspective'

Resource person: Dr. Pramod Patil (Physiologist & HOD BILD)

Dr. Milind Watve (Biologist, IISER Pune)

Venue: BILD (Behavioural Intervention for Lifestyle Disorders) at DMH, Pune

Date: 19th September 2019

List of students

Sr. No.	Name		Sr. No.	Name	
1	Vaishnavi Ekbote	II MPT	31	Sharvani Sathe	I MPT
2	Bhagyashree Gokhale	II MPT	32	Shikha Vora	I MPT
3	Komal Patel	II MPT	33	Varsha Kale	I MPT
4	Rutugandha Sulay	II MPT	34	A. Anagha	Intern
5	Dhanashree Mode	II MPT	35	Bhagat Siddhesh	Intern
6	Richa Shah	II MPT	36	Bhide Janhavi	Intern
7	Komal Landge	II MPT	37	Bhide Manasi	Intern
8	Priya Joshi	II MPT	38	Chandras Vaidehi	Intern
9	Megha Joshi	II MPT	39	Deshmukh Shreya	Intern
10	Sneha Koriath	II MPT	40	Deshpande Poorva	Intern
11	Neesha Neelkantam	II MPT	41	Gayatri Suresh	Intern
12	Kajol Sharma	II MPT	42	Hatolkar Radhika	Intern
13	Priyanka Munde	II MPT	43	Kale Devaki	Intern
14	Farheen Patel	II MPT	44	Kale Shreya	Intern
15	Rashida Hamid	II MPT	45	Keny Pranjal	Intern
16	Mithila Pawar	II MPT	46	Limaye Swarada	Intern
17	Aditi Tupe	I MPT	47	Mohite Kshitija	Intern
18	Akansha Rabde	I MPT	48	More Urja	Intern
19	Sunita Yadav	I MPT	49	Mungekar Apoorva	Intern
20	Arwa Sinnarwala	I MPT	50	Pandit Ruta	Intern
21	Bhargavi Saraf	I MPT	51	Patil Manasi	Intern
22	Kiran Wakpanjar	I MPT	52	Penkar Leora	Intern
23	Ayushi Rathi	I MPT	53	Pradhan Saniya	Intern
24	Prajakta Valke	I MPT	54	Sanap Anushka	Intern
25	Aishwarya Dhage	I MPT	55	Shah Juhi	Intern
26	Aishwarya Kadam	I MPT	56	Shastry Varun	Intern
27	Supriyakumari Raikwar	I MPT	57	Solanki Krishma	Intern
28	Kushal Shah	I MPT	58	Sonawane Gargi	Intern

29	Shrikant Sahu	I MPT	59	Vaishampayan Jai	Intern
30	Kalyani Sawant	I MPT	60	Venkatchellam Lavanya	Intern
61	Wadhokar Om	Intern	72	Mengle Varada	IV B.P.Th.
62	Waghmare Stutee	Intern	73	Nakul Nawale	IV B.P.Th.
63	Yadnopavit Apoorva	Intern	74	Patil Ronit	IV B.P.Th.
64	Agashe Manik	IV B.P.Th.	75	Patkar Anagha	IV B.P.Th.
65	Apte Neha	IV B.P.Th.	76	Pal Deepakkumar	IV B.P.Th.
66	Apte Rutuja	IV B.P.Th.	77	Rebello Hazel	IV B.P.Th.
67	Berad Shravani	IV B.P.Th.	78	Issac Salve	IV B.P.Th.
68	Bhave Neha	IV B.P.Th.	79	Mahek Soni	IV B.P.Th.
69	Chhajed Nikita	IV B.P.Th.	80	Akanksha Shah	IV B.P.Th.
70	Himani Deo	IV B.P.Th.	81	Shengal Shweta	IV B.P.Th.
71	Majmudar Aayushi	IV B.P.Th.	82	Shraddha Kanade	IV B.P.Th.
			83	Thakar Shweta	IV B.P.Th.



Sign of Resource person




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Name of Activity: -Course on “**An update on Brachial Plexus and Tendon Injuries**”

Resource Person: **Dr.Shrikant Chinchalkar (M.Th.O, CHT) Advanced Clinical Education Inc., Canada**

Name of Coordinator: **Dr.Diptee Bhole (PT)**

Department: **Musculoskeletal Physiotherapy**

Student participants: **Faculty, Interns and MPT students from Musculoskeletal Physiotherapy**

Date: **19th and 20th January 2020**

Venue: **DES's Brijlal Jindal College of Physiotherapy, Pune**

Schedule of activity:

Outline of activity: **Separate sheet attached.**

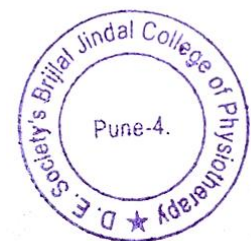
a) Objective:

- i) Understanding classification of Brachial Plexus injuries and the surgical / PT / OT management
- ii) Understanding types of Tendon injuries and various management protocols
- iii) Clinical case discussions

b) Feedback: **Will be obtained from the participants and reported**

Attendance sheet: **Separate sheet attached.**

Coordinator's signature: -



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An Update on Brachial Plexus and Tendon Injuries
Course Resourceperson: Dr. Shrikant Chinchalkar
Dates: 19th and 20th January 2020

Attendance

No.	Name of student	Academic year	Sign Day 1	Sign Day 2
✓1	Manik Agashe	IV B.P.Th.	Manik Agashe	Manik Agashe
✓2	Rujuta Apte	IV B.P.Th.	Rujuta Apte	Rujuta Apte
✓3	Neha Apte	IV B.P.Th.	Neha Apte	Neha Apte
✓4	Vishwali Athavale	IV B.P.Th.	Vishwali Athavale	Vishwali Athavale
✓5	Aditee Mangaonkar	IV B.P.Th.	Aditee Mangaonkar	Aditee Mangaonkar
✓6	Mahek Soni	IV B.P.Th.	Mahek Soni	Mahek Soni
✓7	Shweta Thakar	IV B.P.Th.	Shweta Thakar	Shweta Thakar
✓8	Mayuri Ingle	IV B.P.Th.	Mayuri Ingle	Mayuri Ingle
✓9	Neha Bhawe	IV B.P.Th.	Neha Bhawe	Neha Bhawe
✓10	Shraddha Kanade	IV B.P.Th.	Shraddha Kanade	Shraddha Kanade
✓11	Shravani Berad	IV B.P.Th.	Shravani Berad	Shravani Berad
✓12	Aayushi Majmudar	IV B.P.Th.	Aayushi Majmudar	Aayushi Majmudar
✓13	Nikita Chhajed	IV B.P.Th.	Nikita Chhajed	Nikita Chhajed
✓14	Himani Deo	IV B.P.Th.	Himani Deo	Himani Deo
✓15	Aaditi Gokhale	IV B.P.Th.	Aaditi Gokhale	Aaditi Gokhale
✓16	Hazel Rebello	IV B.P.Th.	Hazel Rebello	Hazel Rebello
✓17	Anagha Patkar	IV B.P.Th.	Anagha Patkar	Anagha Patkar
18	Ronit Patil	IV B.P.Th.	—	Ronit Patil
19	Deepak Kumar Pal	IV B.P.Th.	—	Deepak Kumar Pal
✓20	Rohini Khutal	IV B.P.Th.	Rohini Khutal	Rohini Khutal
✓21	Neha Pansare	IV B.P.Th.	Neha Pansare	Neha Pansare
✓22	Varada Mengle	IV B.P.Th.	Varada Mengle	Varada Mengle
✓23	Shweta Shengal	IV B.P.Th.	Shweta Shengal	Shweta Shengal
✓24	Pranjali Natu	IV B.P.Th.	Pranjali Natu	Pranjali Natu
✓25	Akansha Shah	IV B.P.Th.	Akansha Shah	Akansha Shah
26	Manav Rajpurohit	IV B.P.Th.	—	—
✓27	Devashree Oak	IV B.P.Th.	Devashree Oak	Devashree Oak
28	Akanksha Rabde	II M.P.T. Ortho	x	Akanksha Rabde
29	Aditi Tupe	II M.P.T. Ortho	x	Aditi Tupe
30	Prajakta Valke	II M.P.T. Neuro	Prajakta Valke	Prajakta Valke
31	Sunita Yadav	II M.P.T. Neuro	Sunita Yadav	Sunita Yadav
✓32	Kiran Wakpanjar	II M.P.T. Neuro	Kiran Wakpanjar	—
✓33	Arwa Sinnarwala	II M.P.T. Neuro	Arwa Sinnarwala	Arwa Sinnarwala
✓34	Vidhi Kalyani	I M.P.T. Ortho	V. R. Kalyani	V. R. Kalyani
✓35	Pooja Patil	I M.P.T. Ortho	Pooja Patil	Pooja Patil
36	Nimesh Gupta	I M.P.T. Neuro	Nimesh Gupta	Nimesh Gupta
✓37	Sejal Chhajed	I M.P.T. Neuro	Sejal Chhajed	Sejal Chhajed
✓38	Ashwini Nagargoje	I M.P.T. Neuro	Ashwini Nagargoje	Ashwini Nagargoje
✓39	Shreeya Saware	I M.P.T. Neuro	Shreeya Saware	Shreeya Saware
✓40	Meenal Chavan	I M.P.T. Neuro	Meenal Chavan	Meenal Chavan
✓41	Prachi Sathe	I M.P.T. Neuro	Prachi Sathe	Prachi Sathe
42	Diptee Bhole	Staff	Diptee Bhole	Diptee Bhole
✓43	Ashwini Kamble	Staff	Ashwini Kamble	Ashwini Kamble
✓44	Harshada Sonawane	Staff	—	x

kanksha



Dr. Shrikant Chinchalkar
(Resourceperson)



Activity Report

Name of activity: Industrial Visit

Name of Coordinator: Abha Dhupkar

Date of camp: 22.12.2023

Site of camp: Western India Forgings Ltd., Sanaswadi

Objectives:

1. Performing an ergonomic survey.
2. Evaluation of workers of the factory.
3. Linking ergonomics, worker assessment to form a composite concept of industrial therapy.

Participants in the camp: MPT students: Akanksha Wadodkar, Siddhi Bhute, Ashwini Gajbhiye, Nishita Choudhari, Ketaki Jadhav, Pranjali Kulkarni

Beneficiaries of the camp: Workers of the factory

Number of beneficiaries: 34

Materials used in the camp: Google form, tape measure, stethoscope.

Camp details: Students arrived on site at 10 am. They proceeded for a floor visit and an ergonomic survey, after which they evaluated the factory workers. The workers were evaluated to identify their posture, range of motion, pain pattern as present, eye and ear issue. The responses provided by the workers were entered in the google form by the students.

Output:

1. The students observed and analysed the different tasks performed in a factory setting.
2. The workers' present health status was identified.
3. The students linked actual ergonomic worksite assessment and health evaluation of the workers to identify areas where they could have a role to play in industrial therapy.
4. The students' administrative skills and team building were targeted, where they had to coordinate with the point of contact at the factory, the faculty and amongst each other as well.

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Photographs of the camp:



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Coordinator's Sign:

@bha

Fw: Regarding taking session in our college...

Office Physiotherapy <office.physiotherapy@despune.org>

Sat 3/9/2024 1:03 PM

To: Dr. Harshada Sonawane (PT) <harshada.sonawane@despune.org>

From: Suraj Kamble <suraj@imdr.edu>**Sent:** Tuesday, June 20, 2023 11:06 AM**To:** Office Physiotherapy <office.physiotherapy@despune.org>**Cc:** Director IMDR <director.imdr@despune.org>; Director IMDR <director@imdr.edu>**Subject:** Re: Regarding taking session in our college...

Dear Ma'am,

Thank you for the invitation. The topics mentioned in the list are vast and can not be covered in a session of 1 hour. For tomorrow's session, I would like to cover the following topics.

1. Planning
2. Organisation
3. Leadership

We may plan a few more sessions for the remaining topics.

Please confirm.

On Fri, Jun 16, 2023 at 3:26 PM Office Physiotherapy <office.physiotherapy@despune.org> wrote:

Respected Sir,

We would like to invite you for session on Principles of management, planning, organisation, budget, policy procedures and quality assurance. Communication skills, Leadership quality & teamwork for our PG student on 21st June 2023 Wednesday at 2.00 pm to 3.00 pm

Kindly consider the same & let us know about any other remuneration.

Thanking you in anticipation,

Dr. Snehal Joshi (PT),
Principal,
D. E. Society's Brijlal Jindal College of Physiotherapy, Pune

--

Regards,
Dr. Suraj Chandrakant Kamble
09173074297



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Name of Activity: - **Lecture on Innovations and Use of Technology**

Name of Resource person: **Dr. Trimbak Kawadikar (PT), M.Tech. IIM Powai**

Name of Coordinator:

Department: Student Welfare

Date: 24/01/2019

Place: Physiology Lab, DESBJCOP

Outline of activity: Sensitise the students about innovations and the use of technology

Participants/ Attendees: IV B.P.Th. and PG students



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List of Participants

	Name of student			Name of student	
1	Aditi Tupe	I MPT	32	A. Anagha	IV B.P.Th.
2	Akasha Rabde	I MPT	33	Bhide Janhavi	IV B.P.Th.
3	Sunita Yadav	I MPT	34	Bhide Manasi	IV B.P.Th.
4	Arwa Sinnarwala	I MPT	35	Chandras Vaidehi	IV B.P.Th.
5	Bhargavi Saraf	I MPT	36	Deshmukh Shreya	IV B.P.Th.
6	Kiran Wakpanjar	I MPT	37	Deshpande Poorva	IV B.P.Th.
7	Ayushi Rathi	I MPT	38	Hatolkar Radhika	IV B.P.Th.
8	Prajakta Valke	I MPT	39	Kale Devaki	IV B.P.Th.
9	Aishwarya Dhage	I MPT	40	Kale Shriya	IV B.P.Th.
10	Aishwarya Kadam	I MPT	41	Keny Pranjal	IV B.P.Th.
11	Supriyakumari Raikwar	I MPT	42	Limaye Swarada	IV B.P.Th.
12	Kushal Shah	I MPT	43	More Urja	IV B.P.Th.
13	Shrikant Sahu	I MPT	44	Mungekar Apoorva	IV B.P.Th.
14	Sharvani Sathe	I MPT	45	Patil Manasi	IV B.P.Th.
15	Shikha Vora	I MPT	46	Penkar Leora	IV B.P.Th.
16	Varsha Kale	I MPT	47	Pradhan Saniya	IV B.P.Th.
17	Vaishnavi Ekbote	II MPT	48	Solanki Krishma	IV B.P.Th.
18	Bhagyashree Gokhale	II MPT	49	Sonawane Gargi	IV B.P.Th.
19	Komal Patel	II MPT	50	Suresh Gayatri	IV B.P.Th.
20	Rutugandha Sulay	II MPT	51	Vaishampayan Jae	IV B.P.Th.
21	Dhanashree Mode	II MPT	52	V. Lavanya	IV B.P.Th.
22	Richa Shah	II MPT	53	Waghmare Stutee	IV B.P.Th.
23	Komal Landge	II MPT	54	Yadnopavit Apoorva	IV B.P.Th.
24	Priya Joshi	II MPT	55	Sane Simran	IV B.P.Th.
25	Megha Joshi	II MPT			
26	Sneha Koriath	II MPT			
27	Neesha Neelkantam	II MPT			
28	Kajol Sharma	II MPT			
29	Mithila Pawar	II MPT			
30	Farheen Patel	II MPT			
31	Rashida Hamid	II MPT			



Name of resource person

Dr. TRIMBAK KAWDIKAR (P.T.)
IAP Reg. No. L56432




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Name of activity: **Disaster Management**

Name of resource person: **Shri. V. R. Bhide, Course in-charge, Advanced Diploma in Industrial safety, Fergusson College Campus, Pune**

Date: 3rd May 2019

Venue: Physiology Lab, DESBJCOP

- a) Objective: Discuss Awareness about Definitions / Classification / Risks / Management of Disasters for better awareness and understanding amongst students about principles of management of Disasters, as a part of interdisciplinary team.
- b) Participants/ Attendees: The session was for all UG & PG students.





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Fergusson College Campus, Pune - 411004. • Ph. : (020) 30866471, 30866467

• Fax : 30866494, 30866120 E-mail : descoppune@gmail.com Web-site : www.despune.org

Affiliated to : Maharashtra University of Health Sciences, Mhasrul, Nashik

Ref. No. 34/2019-20

Date : 25/04/2019

To,
Mr. V.R. Bhide,
Course In – charge,
Advanced Diploma in Industrial Safety,
Fergusson College Campus,
Pune

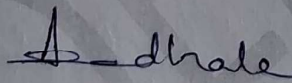
Subject :- Conducting session on Disaster Management.

Respected Madam,

We would like to invite you to conduct a session on Disaster Management for our UG & PG students on 3rd May, 2019 at 2.00pm.

Thanking you,

Sincerely

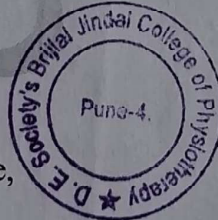


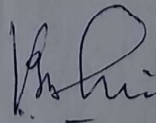
Mrs. Aparna Sadhale,

Principal,

D.E.Society's

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D. E. Society's
Technical Institute,
B.M.C.C. Road, F. C. Campus,
Pune - 411004.

Name of Activity: -Intellectual Property rights

Name of Coordinator: Snehal Joshi

Department: -Ethics committee & IQAC

Date:- 10TH January 2022


Place:-D.E.Society's Brijjal Jindal College of Physiotherapy ,Pune

Online / Offline:-online

Outline of activity:-

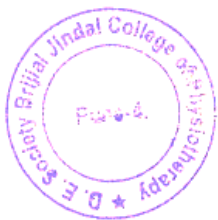
- a) **Objective-1.**
- b) **Participants/ Attendees –164 (teaching, non-teaching staff and students)**
- c) **Outcomes- feedback analysis**





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Attendance:

The screenshot shows a Microsoft Teams meeting interface. The meeting title is "Intellectual property rights". The meeting is scheduled for 10-01-2022 at 14:00, lasting 1 hour. The meeting is organized by Dr. Snehal Joshi (PT). The attendees listed are Dr. DipTEE Bhole (PT) (Accepted) and Dr. Shreya Dhake (PT) (Unknown). The meeting is currently in progress, and the attendance tracking is visible. The meeting is titled "Microsoft Teams meeting".




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Name of Activity: -**Stress management workshop (faculty)**

Name of Coordinator: Snehal Joshi

Department: -IQAC

Date:-14th September 2021-15th September 2021

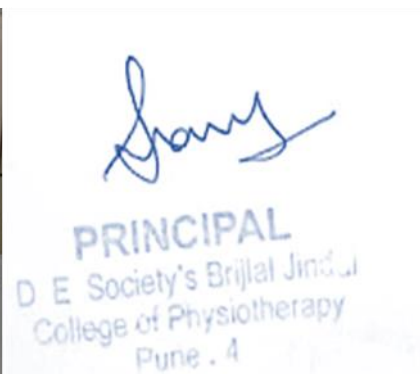
Place:-D.E.Society's Brijlal Jindal College of Physiotherapy ,Pune

Online / Offline:-offline

Outline of activity:-

- a) Objective-1.to make the faculty members aware about stress reduction techniques
- b) Total participants/ Attendees –13 teaching faculty members
- c) Outcomes-At the end of the workshop faculty was aware of few techniques to reduce stress and were motivated to implement them.

Photographs:-





GRGR+P23, Shivajinagar, Pune, Maharashtra 411004, India
 Pune
 Maharashtra
 India
 26°C
 79°F
 2021-09-14(Tue) 03:22(pm)



GRGR+P23, Shivajinagar, Pune, Maharashtra 411004, India
 Pune
 Maharashtra
 India
 26°C
 79°F
 2021-09-14(Tue) 03:21(pm)

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Activity Report

Name of Activity: Breast-feeding Week 2021

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 01.08.2021 to 08.08.2021

Place: Seth Tarachand Ramnath Hospital and Seva Sutika Mandir.

Online / Offline: Offline event

Outline of activity: The breast-feeding week is observed to promote the practice of breast-feeding by new mothers.

2 PG students, Juilee Khadke and Komal Valesha, created charts with information on the benefits of feeding breast milk to babies and gave that information to the ladies admitted to the postnatal wards of two affiliated hospitals: Seth Tarachand Ramnath Charitable Hospital and Seva Sutika Mandir.

- a) **Objective:** highlight importance of breast-feeding for new mothers.
- b) **Participants/ Attendees:** 25-30 ladies of the post-natal wards of 2 affiliated hospitals.
- c) **Outcomes:** The ladies appreciated the information provided.

Report prepared by: Abha Dhupkar



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Activity Report

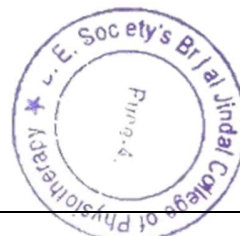
National Safe Motherhood Day 2018

April 11th was celebrated as the National Safe Motherhood Day by providing information to would-be and post-delivery mothers about correct postures, work positions and breastfeeding positions and its importance. Women from two facilities, Seth Tarachand Ramnath Charitable Hospital and Family Planning Association of India, benefitted from this outreach programme.

Photographs:



Report prepared by: Abha Dhupkar



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Activity Report

Name of Activity: Primary Health Centre Loni Kalbhor Visit

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 23.05.2022 and 25.05.2022

Time: 9 am to 4 pm

Place: Loni Kalbhor

Online / Offline: Offline visit.

Outline of activity: A visit to the Loni Kalbhor PHC was arranged for the students to understand the working of the health care delivery system. The primary health centre is the first tier of India's health care delivery system and the Loni Kalbhor PHC has been awarded as the Best PHC for two years by the Maharashtra Government.

The students interacted with Anganwadi workers and the community health workers to learn how health is taken to the doorstep of each individual of the community. They learned of the drives that these workers undertake to create awareness of various health-related issues and how they bring about a positive impact in their community's health. The students were able to see how the chief medical officer conducted a session on antenatal care for the pregnant women in localities covered by the PHC.

Participants/ Attendees: Community MPT student, IV and III B.P.Th. students.

Outcome:

- a. The Community MPT students saw the functioning of a PHC and understood the intricacies of running health programmes. They also received information about the administrative aspects of running a healthcare programme.
- b. The III and IV B.P.Th. students interacted with grass-root level workers and identified the difficulties of reaching out to a community. They also found out the different perceptions of health workers to conducting their jobs.



Photographs:



Report prepared by: Abha Dhupkar



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Camp Record

Name of camp: DESBJCOP and Punarnirman

Date of camp: 31.12.2022

Site of camp: Gururaj Society

Participants in the camp:

Beneficiaries of the camp: Geriatric citizens of Gururaj Society.

Number of beneficiaries: 35

Materials used in the camp: Weighing machine, measuring tape, sphygmomanometer, assessment forms, cones, weight cuffs.

Camp details: The camp was held in the common park of Gururaj Society. The office was converted into the examination centre, with stations set up for the assessment components – height and weight, MoCA, GDS, Trail Making Test and demographic data. One part of the room was used to evaluate the individuals and provide exercises. The spacious outdoor area was utilized to conduct the 2 field tests: Senior Fitness Test, Timed Up and Go.

The camp was a collaboration between the college and an NGO, Punarnirman. It was appreciated immensely, and the senior citizens lauded our efforts to impart health domain related knowledge.

Report prepared by: Abha Dhupkar




Principal,
D.E. Society's
Brijlal Jindal College of Physiotherapy, Pune



Activity Report

Name of Activity: Melghat outreach camp

Name of Coordinator: Snehal Joshi

Department: Community PT and Musculoskeletal PT

Date: 03.02.2020 to 09.02.2020

Place: Melghat

Online / Offline: Offline

Outline of activity: 4 MPTs were posted to a tribal village in Melghat region to disseminate information about physical health in the women present there. This was a collaborative activity between Maitri, a non-governmental organization and the college. The students received a rich exposure of working in the community.

Participants: 4 MPT students.





Shot on OnePlus
By Varsha



Shot on OnePlus
By Varsha

Report prepared by: Snehal Joshi

Audhale

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Name of Activity: **CAMP FOR EXERCISE PRESCRIPTION AFTER PROSTHETIC FITTING FOR AMPUTEES.**

Name of co-ordinator: Dr. Aditi Soman(PT)

Department: Cardiovascular and Respiratory Physiotherapy

Date/Time: 7 th May ,2023; 9.30-3.15pm

Place: Suvarnsmruti hall, Deccan organized by **Bharat Vikas Parishad, vikalangpunarvasan Kendra, Nalstop, Pune.**

Online/offline: Offline

Outline of activity:

Objectives:

1. To make the students understand the important aspects of amputee rehabilitation after fitting of prosthesis that can lead to better mobility skills of an amputee.
2. To increase awareness among budding physiotherapists regarding the challenges faced by an amputee during prosthetic training.
3. To motivate PG students and amputees for better planning and execution of home exercise programme.

Outcome:

The activity helped students to understand evaluation and exercise regimen for amputees after fitting of prosthesis.


It also helped patients to learn locomotor skills after prosthetic fitting.

Participants: 4PG students and 4 amputation patients

Photographs attached. Attendance of students and participants of camp attached.

Signature of Principal:




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Attendee:

Mr. Sachin Kajale	2 nd MPT
Manasi	1 st MPT
Farkhanda	1 st MPT
Divya B.	1 st MPT



Sachin Kajale
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Name of Activity: - **ILC Camp**

Name of Coordinator: Dr. Abha Dhupkar(PT), Dr.Atiya Shaikh (PT), Meghana Kher

Name of Collaborating Agency: International Longevity Center

Date:-9/9/23

Time:-9AM to 1.30PM


Place:-Athashree Bavdhan

Outline of activity:-

- Objective-Assessment of elderly participants for their cognition, reaction time, physical fitness and other associated complains. Suggestion of treatment to reported problems.
- Camp Participants:17
- Student Participants:7 , Staff Participant:1
- Participants were assessed and treated as per the objective stated above. Participants appreciated the session, expressed desire for a regular follow up.

Photographs:-




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D.E.S.'s Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: Saath Chal organized by Sakal newspaper

Name of the Coordinator: Dr. Siddhika Kadam

Date & Time: 14th June 2023 & 6:30 am to 7:30 am

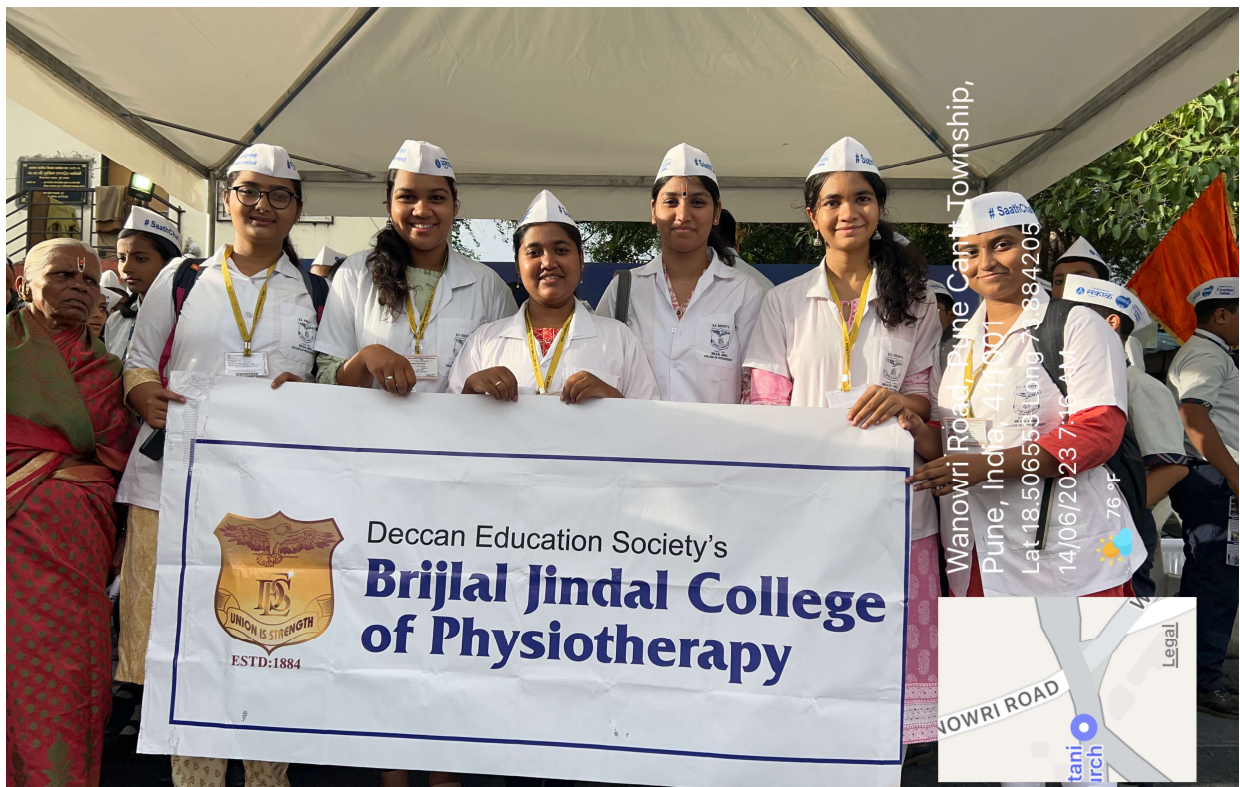
Online/Offline: Offline

Objective: Environment conservation

Participants: 2nd year BPTH students and faculty member

Outline of activity: DES BJ college of physiotherapy students attended 'Saath Chal' activity organized by Sakal newspaper. The activity was organized on the occasion of Aashadhi Vari with concept of 'Vari Vithurayachi and environment conservation'. In this program, everyone along with warkaris, took oath for environment conservation.

Photographs:





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Name of participants	Signature
1. Dr. Siddhika Kadam	
2. Surbhi Gaikwad	
3. Sai Neurgaonkar	
4. Tanmayee Bhuvad	
5. Zainab Mahuvawala	
6. Shriya Ambeti	





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BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: **-STRESS MANAGEMENT WORKSHOP FOR MPT STUDENTS**

Name of Resource person: Dr. Pallavi Khurana, her team, with PG Psychology students from Department of Psychology, Fergusson College, Pune.

Name of Coordinator: Dr. Snehal Joshi

Department: Student Welfare

Date:-10/01/2024;

Place:- Physiology Lab, Ground Floor, DESBJCOP

Online / Offline:- Offline

Outline of activity:-

- a) Objective: Discuss reasons and strategies for the management of stress amongst students
- b) Participants/ Attendees: The session was conducted for all post graduate students and was conducted in an interactive manner with the psychologists interacting with each of the students.
- c) Outcomes: Find attached in the Feedback form

Signature of resource person:

Coordinator's signature: -

Participant's signature: Separate sheet attached



Pune, Maharashtra, India
11012, Model Colony, Shivajinagar, Pune, Maharashtra 411016, India
Lat 18.527238°
Long 73.840304°
10/01/24 03:03 PM GMT +05:30



Pune, Maharashtra, India
GRGR+P28, Chaturshringi Rd, Shivajinagar, Pune, Maharashtra 411004, India
Lat 18.526849°
Long 73.840065°
10/01/24 03:49 PM GMT +05:30



Pune, Maharashtra, India
GRGR+P28, Chaturshringi Rd, Shivajinagar, Pune, Maharashtra 411004, India
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ATTENDANCE RECORD OF STUDENTS ATTENDING
WORKSHOPS/ SEMINARS / GUEST TALKS

NAME OF ACTIVITY: STRESS MANAGEMENT SESSION

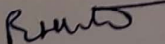
NAME OF SPEAKER: DR. PALLAVI KHURANA & TEAM; Dept of Psychology,
F.C. Pune.

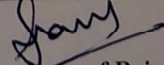
LOCATION: DESBTCOP, Physiology Lab.

DATE: 10/01/2024

COORDINATOR: Dr. Himani Ralchur ; Dr. Snehal Joshi (PT)

Sr. No.	Name of student	Year	Sign
1	IHA PALAMKAR	MPT I	Isla
2	Aishwarya Shah	MPT I	Shah
3	Shantamu Shinde	MPT I	shinde
4	Yogita Krishnan	MPT I	yogita
5	Divya Mane	MPT I	Divyaman
6	Ketaki Jadhav	MPT I	Ketaki
7	Aastha Tawarawala	MPT I	Aastha
8	Avanti Potdar	MPT I	Avanti
9	Mansi Tawari	MPT I	Mansi
10	Sayoni Shah	MPT I	Sayoni
11	Pranjali Kulkarni	MPT I	Pranjali
12	Tami Toté	MPT I	Tami
13	Nishita Chaudhary	MPT I	Nishita
14	Bhavika Durgawade	MPT I	Bhavika
15	Vani Agrawal	MPT I	Vani
16	Samyak Pagare	MPT I	Samyak
17	Diya Manglharani	MPT I	Diya
18	Vaishnavi J	MPT I	Vaishnavi
19	Vaishnavi C	MPT I	Vaishnavi
20	Kemal Dhoble	MPT I	Kemal
21	Vishwali Athawale	MPT I	Vishwali


Signature of coordinator


Signature of Principal



D.E. Society's
BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: - **STRESS MANAGEMENT WORKSHOP FOR STUDENTS**

Name of Resource person: **Ms. Shweta Sahasrabuddhe**

Name of Coordinator: Diptee Bhole

Department: Student Welfare

Date:- 27/08/21; 28/08/21; 03/09/21; 04/09/21

Place:- Physiology Lab, Ground Floor, DESBJCOP

Online / Offline:- Offline

Outline of activity:-

- a) Objective: Discuss reasons and strategies for the management of stress amongst students
- b) Participants/ Attendees: The course was open for all under and post graduate students. Those who volunteered to participate, attended the course. Total number: 12
- c) Outcomes: Find attached in the Feedback form

Signature of resource person:

Coordinator's signature: -

Participant's signature: Separate sheet attached.



ID	Name	Class	Time management	Content covered	Hands-on skills	Quality of presentation	Fulfillment of objectives	Usefulness to you	Overall learning experience	Any suggestions that you would like to give.	Column1	Column2
											Yes	No
1	Sejal Mehta	2nd year	4	4	5	4	5	5	5	No	Yes	Yes
2	Siddhi Desai	MPT 1	4	4	2	4	4	4	3	No suggestions	No	No
3	Sharayu Raybole	1st year MPT	4	4	3	5	5	5	4	Organise a follow up session as well.	Yes	No
4	Amruta Bajantri	1MPT	4	3	3	4	4	5	4	none	No	No
5	Janhavi Manjrekar	Mpt 1	4	4	4	4	4	4	4	IT WAS AN AMAZING EXPERIENCE.	No	Yes
6	Shriprabha Thube	MPT 1	3	3	2	3	3	2	2	Nice workshop but should teach more techniques	No	Yes
7	Manasi Bagul	1 Year MPT	3	4	4	4	4	4	4	No.	Yes	No
8	Bijal Pasad	Mpt-1	3	4	3	3	3	3	3	Overall a very informative session going to be very useful in long run. Using techniques taught since 4 days and looking forward to continue.	Yes	Yes
9	Komal Valesha	1 MPT	4	4	5	4	4	4	4	Thank you	Yes	Yes
10	Arjun Mhadgut	Mpt1	4	4	4	3	5	4	5	None	Yes	Yes
11	Venkatesh Mane	1yr MPTh	4	4	4	4	4	4	4	No	Yes	Yes
12	Riya Jain	Mpt1	4	4	5	4	4	4	4	Thankyou	Yes	Yes
										Followup sessions	Yes	Yes

Column 1: Interested in follow up sessions on this topic?

Column 2: Interested in participating in a support group, if initiated within the college framework?

DES's Brijlal Jindal College of Physiotherapy, Pune

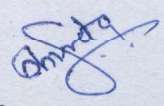
STRESS MANAGEMENT WORKSHOP FOR STUDENTS

Resource Person: Ms. Shweta Sahasrabuddhe

Sr. No.	Name of participant	Year	27-08-2021	28-08-2021	03-09-2021	04-09-2021
1	Janhavi Manjrekar	I MPT				
2	Siddhi Desai	I MPT				
3	Mansi Bagul	I MPT				
4	Komal Valesha	I MPT				
5	Venkatesh Mane	I MPT				
6	Shriprabha Thube	I MPT				
7	Arjun Mhadgut	I MPT				
8	Riya Jain	I MPT				
9	Amruta Bajantri	I MPT				
10	Sharayu Raybole	I MPT				
11	Bijal Pasad	I MPT				
12	Sejal Mehta	II B.P.Th.				



Sign of activity co-ordinator



Sign of resource person



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: **CAMP FOR EXERCISE PRESCRIPTION FOR AMPUTEES**

Name of co-ordinator: Dr. Aditi Soman(PT)

Department: Cardiovascular and Respiratory Physiotherapy

Date/Time: 21st and 28th December, 2023; 9.30am -12.30pm

Place: Bharat Vikas Parishad, vikalangpunarvasan Kendra, Nalstop, Pune.

Online/offline: Offline

Outline of activity:

Objectives: The activity was planned to celebrate International Day of Persons with Disabilities that is followed on 3rd December every year.

1. To increase awareness among budding physiotherapists regarding the challenges faced by an amputee during prosthetic training.
2. To motivate students and amputees for better planning and execution of home exercise programme.


Outcome:

The activity helped students to understand evaluation and exercise regimen for amputees after fitting of prosthesis.

It also helped patients to learn locomotor skills after prosthetic fitting.

Participants: 4PG+ 1 UG students and 12 amputation patients

Photographs attached. Attendance of students and participants of camp attached.


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Signature of Principal:



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Attended by following students:

Ms. Alisha Sundesha	IV B.P.Th
Ms. Astha	I M.P.T.
Ms. ManasiDeshmukh	II M.P.T
Ms. Farkhanda Shaikh	II M.P.T



[Signature]
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Name of Activity: AMPUTEE PROSTHETIC TRAINING CAMP



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: World Heart Day 2022

Name of co-ordinator: Dr. Aditi Soman(PT), Dr. Aditi Berry(PT)

Department: Cardiovascular and Respiratory Physiotherapy

Date/Time: 26TH SEPTEMBER TO 29TH SEPTEMBER 2022, 2-.30pm

Place: DESBJCOP, Pune

Online/offline: Offline

Outline of activity:

Objectives:

To create awareness about healthy heart habits with various activities like suryanamaskar challenge, plank challenge, healthy food cooking competition, poster making competition, lecture on importance of exercises to prevent CV disease for nursing students and group aerobic exercise session. It was arranged for 4 days as a form of competition where all UG Aand PG students of DESBJCOP participated with full zest.

Outcome:


Poster making competition and its exhibition for entire DES students, healthy cooking competition, group aerobic exercise session for students and faculty of DESBJCOP and other institutes of DES helped in creating awareness about healthy heart habits in all.

Lecture for 1st year B.Sc Nursing students on 'exercise for all' helped budding nurses to understand importance of exercises to avoid CVD.

Participants: suryanamaskar challenge 32, cooking competition 29 participants, plank 23 participants in all, poster making 13 entries, group aerobic session 100 participants

Photographs attached. Attendance of students and participants of camp attached.




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DES BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY
INVITES YOU ON OCCASION OF
WORLD HEART DAY
THEME 2022
"CARDIOVASCULAR HEALTH FOR EVERYONE"

SURYANAMASKAR CHALLENGE
20TH SEPTEMBER

FIRE FREE HEALTHY COOKING COMPETITION
27TH SEPTEMBER

POSTER MAKING COMPETITION
28TH SEPTEMBER

PLANK CHALLENGE
28TH SEPTEMBER

AEROBICS
29TH SEPTEMBER



Day 4: Aerobics for all



Day 1: Suryanamaskar for all

GPS Map Camera

Pune, Maharashtra, India
GRGR+P28, Chaturshringi Rd, Shivajinagar, Pune,
Maharashtra 411004, India
Lat 18.526738°
Long 73.839922°
26/09/22 04:27 PM GMT +05:30



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



Day 2: Prevention is better than cure Poster making Competition and exhibition, Healthy fire less recipe competition

**DES BRIJLAL JINDAL COLLEGE OF
PHYSIOTHERAPY**

On occasion of

WORLD HEART DAY

Presents

ROAR YOUR CORE

#PlankChallenge




DATE - 28th SEPTEMBER
VENUE - PHYSIOLOGY LAB
TIME - 3 pm to 4pm
COLOUR CODE - ROYAL BLUE





D.E.Society's Brijlal Jindal College of Physiotherapy, Pune


DES BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY
 On occasion of
World Heart Day
 Presents



EAT SMART FOR HEART


DATE - 27th SEPTEMBER 2022
 VENUE - PHYSIOLOGY LAB
 TIME - 3pm to 4pm
 COLOUR CODE -YELLOW

DES Brijlal Jindal College of Physiotherapy
 Inviting you on occasion of
WORLD HEART DAY




ROCK ON BEATS FOR BETTER HEART BEATS

Let's nacho for fitness with fun



DATE -29 th SEPTEMBER
 VENUE - OPEN AMPHITHEATER
 TIME - 3.30pm to 4.30pm
 COLOUR CODE - RED


DES BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY
 ON OCCASION OF
WORLD HEART DAY
 Presents



SURYANAMASKAR CHALLENGE

DATE - 26th SEPTEMBER 2022
 VENUE - PHYSIOLOGY LAB
 TIME - 3 pm to 4 pm
 COLOUR CODE - WHITE

DES BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY
 On occasion
WORLD HEART DAY
 Presents



THE HE'ART' DAY

#Postermakingcompetition

DATE - 28th SEPTEMBER 2022
 VENUE- PHYSIOLOGY LAB
 TIME - 3pm to 4pm
 COLOUR CODE - ROYAL BLUE



Name of Activity: -Yoga Day 2023

Department: - Community

Date:-21/06/2023

Place:-SOFOSH, DESBJCOP OPD, Physiology Lab

Online / Offline:- Offline

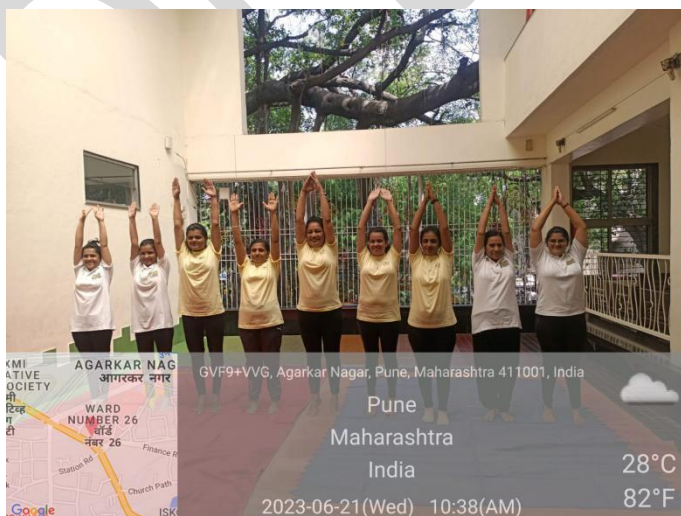
Outline of activity:- On occasion of Yoga Day, Students demonstrated different Yogasanas and postures to orphan children from SOFOSH Srivatsa and their caregivers. Also, the session was conducted for college's UG students and OPD patients under the guidance of teaching staff

Objective-

1. To demonstrate various asanas
2. To explain its importance to people from all age groups
3. To help them understand its implication and advantages

a) **Participants/ Attendees-** III BPTth students, **Children from SOFOSH and their caregivers**, OPD patients

b) **Photographs**





AGARKAR NAGAR
आगरकर नगर
WARD NUMBER 26
वाड नंबर 26

Pune
Maharashtra
India

31°C
88°F

2023-06-21(Wed) 04:24(PM)

GPS Map Camera

Pune, Maharashtra, India
GRGR+P28, Chaturshringi Rd, Shivajinagar, Pune,
Maharashtra 411004, India
Lat 18.526715°
Long 73.839961°
21/06/23 03:31 PM GMT +05:30

