

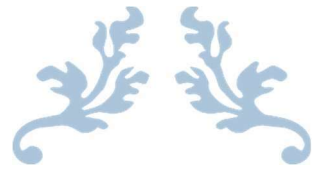
EXTRAMURAL ACTIVITIES

2.2.3



Institution facilitates building and substance of innate talent/aptitude of individual students

Glimpse of some institutional initiatives to facilitate innate talent/aptitude of individual students which were extramural/beyond classroom



ACDEMIC YEAR 2022-23





Level C Speed Judge for Rope Skipping competition:
Bhargav Patil (1st Aug 2022)



Rashtriya Krida Din celebration (29th Aug 2022)

Megh Vidur Thakar
Ironman 70.3®, M18-24 Bib 363

Point	Time	Time of Day	Pace
Swim 27:53	2 nd M18-24, 8 th by Gender, 9 th Overall		
START 7:03	00:00:00	7:30:11 am	---
Swim	27:53	7:58:03 am	01:28
		Avg. Pace	01:28
			min/100m
Transition			
8:42			
T1	8:42	8:06:45 am	---
	00:36:34		
Bike 3:09:45	9 th M18-24, 494 th by Gender, 581 st Overall		
Bike 46.0km	1:34:17	9:41:01 am	29.28
	02:10:51		
BIKE 80km	2:43:36	10:50:20 am	29.43
	03:20:10		
Bike 90km	3:09:45	11:16:29 am	22.95
	03:46:18		
		Avg. Pace	28.46
			km/hr
Transition			
3:14			
T2	3:14	11:19:43 am	---
	03:49:32		
Run 2:09:35	8 th M18-24, 399 th by Gender, 482 nd Overall		
Run 0.6km	3:15	11:22:57 am	05:24
	03:52:46		

Events Search Participants

Congrats to all Participants!

Finished

Megh Vidur Thakar
Ironman 70.3®, M18-24 Bib 363
Finish Time: **05:59:07**

🕒 **Finish Time**
5:59:07

View Details

7th Place out of 13
M18-24

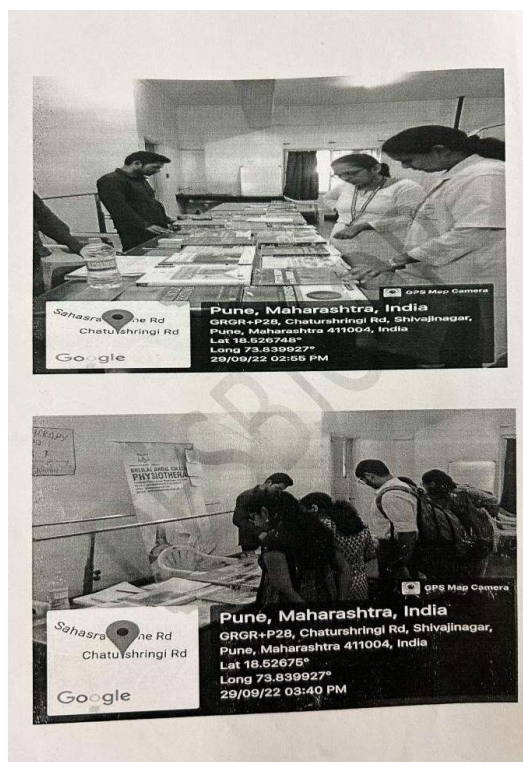
371st Place out of 633
by Gender

428th Place out of 791
Overall

PRELIMINARY: Times and places may change

Share Claim Badge

Ironman Astana Kazakhstan: Megh Thakar (Aug 2022)



Book Exhibition (29th – 30th Sept 2022)



World heart day: Aerobics, Poster awareness campaign, Plank challenge, Eat smart for heart, Suryanamaskar challenge (26th – 29th Sept 2022)



GRGR+P28, Chaturshringi Rd, Shivajinagar, Pune, Maharashtra 411004, India

Pune
Maharashtra
India

2022-10-15(Sat) 04:21(pm)



25°C

77°F

Vachan Prerna Din celebration (15th Oct 2022)

DES Brijlal Jindal college of physiotherapy

REJUVENATE

"Best from waste"

17th oct 2022

Activity

Model making from biodegradable(2D) and non-biodegradable (3D)waste

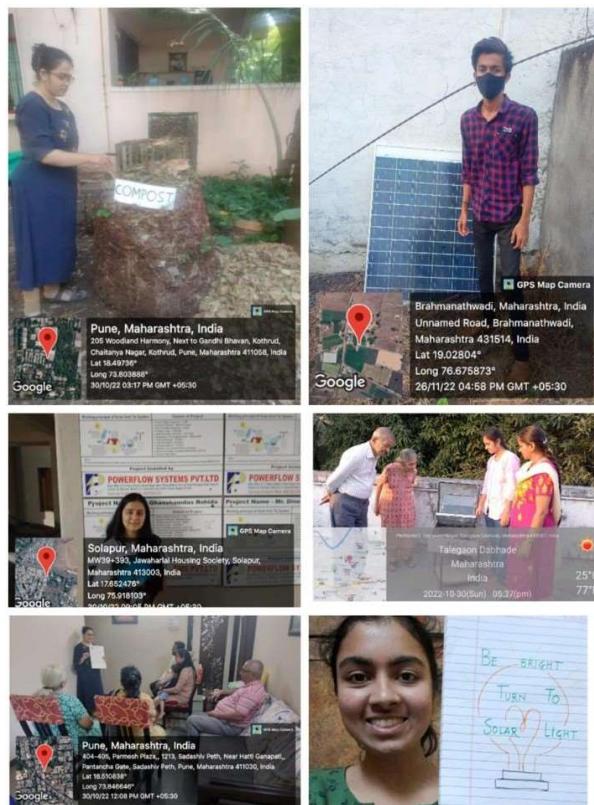
You can participate solo or in group of 2-4

Few fun activities on the spot 😊

VENUE:
Physiology lab



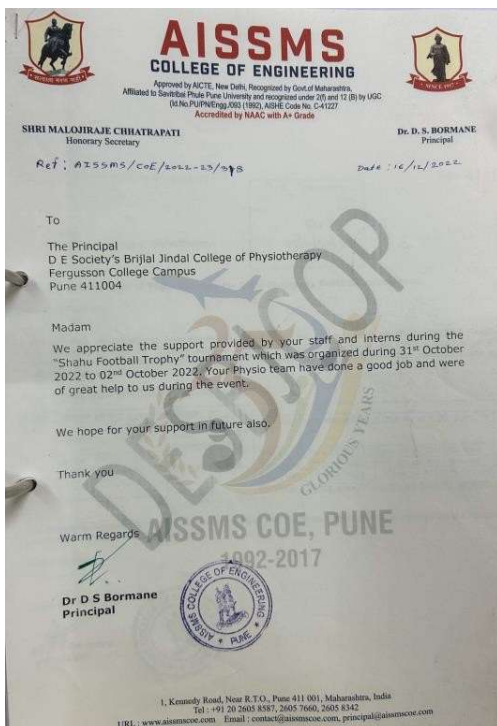
REJUVINATE best out of waste (17th Oct 2022)



Community awareness for renewable energies (23rd Oct – 2nd Nov 2022)



World Stroke Day: flash mob (29th Oct 2022)



Shahu Football Trophy Tournament (31st Oct to 2nd Nov 2022)

Team Team Pro Sports
Relay, MRelay Bib 3072

Point	Time	Time of Day	Pace
Swim 25:42	2 nd MRelay, 2 nd by Gender, 2 nd Overall		
Start	00:00:00	7:40:06 am	---
SWIM-900mtr	13:31	7:53:36 am	01:30
Swim	25:42	8:05:47 am	01:13
		Avg. Pace	01:21
			min/100m
Transition			
5:56			
T1	5:56 00:31:38	8:11:43 am	---
Bike 3:07:16 24 th MRelay, 166 th by Gender, 176 th Overall			
Bike 6.8km	10:28 00:42:05	8:22:10 am	39.00
Bike 22.6km	36:08 01:07:45	8:47:50 am	36.93
Bike 42km	1:09:47 01:41:24	9:21:29 am	34.59
Bike 51.1km	1:32:48 02:04:25	9:44:30 am	25.29

OK

Timim Sharma
Individuals, F35-39 Bib 1481
Finish Time: 05:23:21

Team Team Pro Sports
Relay, MRelay Bib 3072
Finish Time: 05:25:37

Finish Time
5:25:37

View Details

- 14th Place out of 75 MRelay
- 35th Place out of 674 by Gender
- 38th Place out of 781 Overall

PRELIMINARY: Times and places may change

Share Claim Badge

Maitreyi Bokil
Individuals, F30-34 Bib 1273
Finish Time: 06:34:25

Results Map Top Finishers Info Messages
2022 EVENT IS OVER - COURSE CLOSED

Goa Ironman Relay: Megh Thakar (Nov 2022)



Air pollution control Drive (16th Dec 2022)



Physiotherapy for Police games at SRPF ground (7th -13th Jan 2023)



Sportify: Inter college sport event arranged by DESBJCOP Sports committee (31st Jan – 9th Feb 2023)



Physiotherapy for Maharashtra U13 Youth Football League 2022-23 (20th Feb 2023)



Annual gathering (1st Mar 2023)



Retro Day (2nd Mar 2023)



Horror Day (3rd Mar 2023)



Traditional Day (4th Mar 2023)



Renaissance 2023: State level Intercollegiate fest by Modern college of physiotherapy (21st – 31st Mar 2023)

Kho kho: Vaidehi Watve, Vasanti Khare, Samrudhhi Deshpande, Het Gohil, Hitakshi Jaipuria, Swaranjali Patil, Riya Phatak, Abha Bobade

Football: Dinkar Thakare, Shubham Navate, Mohammed Zakaria, Yash Manglekar, Loukik Kulkarni, Yash Chaudhari

Cricket: Adwait Bhurke, Mohammed Zakaria

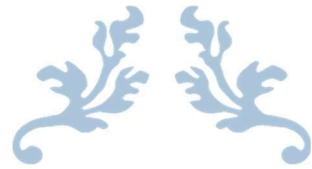
Badminton girl's doubles: Sakshi Houji

Culturals: Solo dance: Tanmayee bhuvad

Poetry: Sameen Mulla

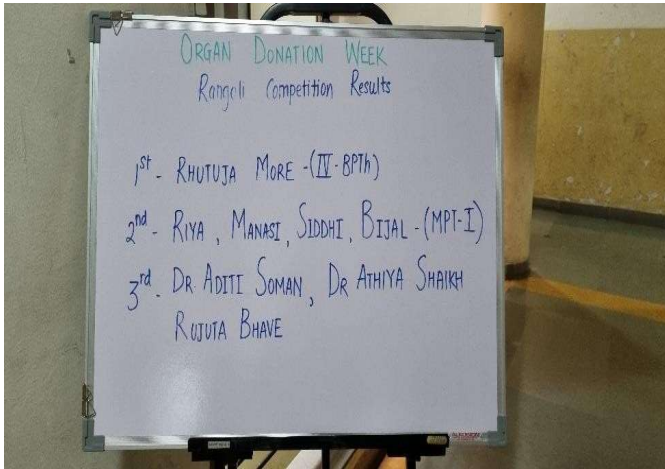
Duet dance: Piyusha Daware

Drama: Neelima Dandekar and Abha bobade



ACADEMIC YEAR 2021-22

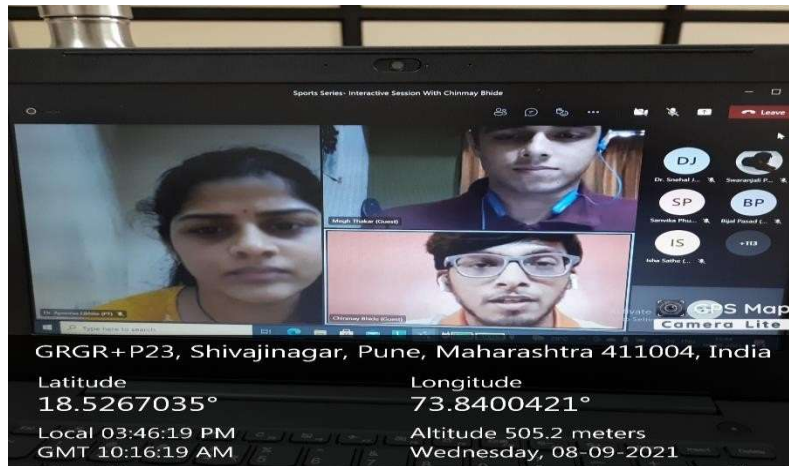




Organ donation campaign - Rangoli competition (13th – 20th Aug 2021)



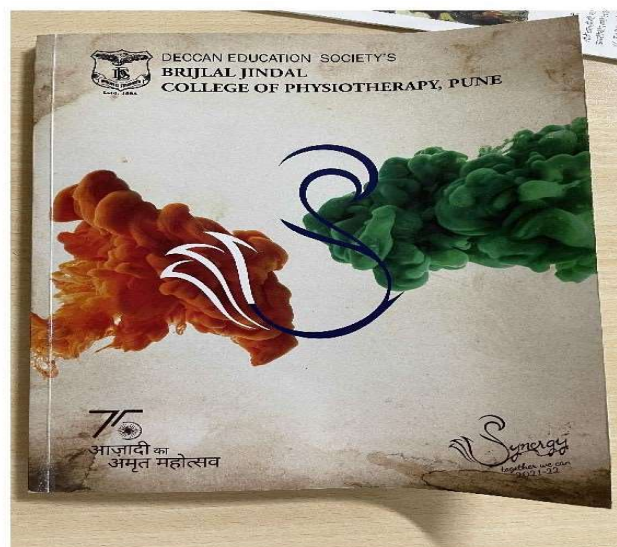
Interactive Session with Alumni Aayush Yekhande by 3rd year student Isha Sathe under Sports committee and alumni association (3rd Sept 2021)



Interview of Alumini of DESBJCOP,Pune - Dr Chinmay Bhide on his experience of Olympics 2020 by IV BPTTh student - Megh Thakar (8th Sept 2021)



CP day camp and celebration by Neuro dept (6th Oct 2021)



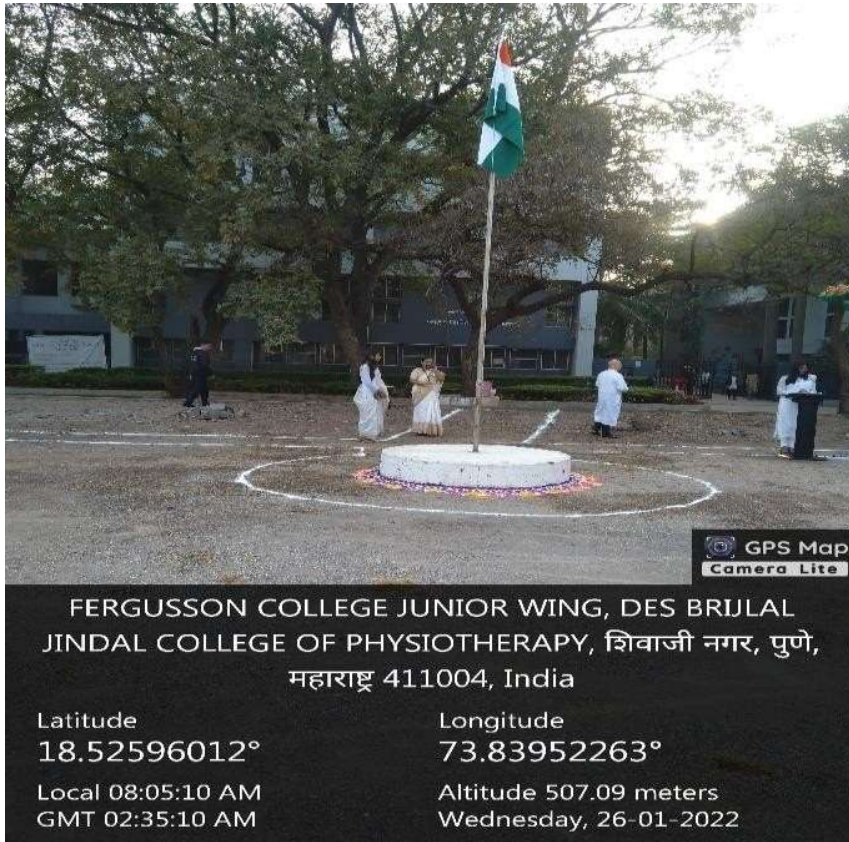
Magzine



USA Ironman: Megh Thakar (1st Dec 2021)



Innovation competition (24th Dec 2021)



Patriotic song singing competition for students (26th Jan 2022)



Plastic waste management activity for students by students (18th Feb 2022)



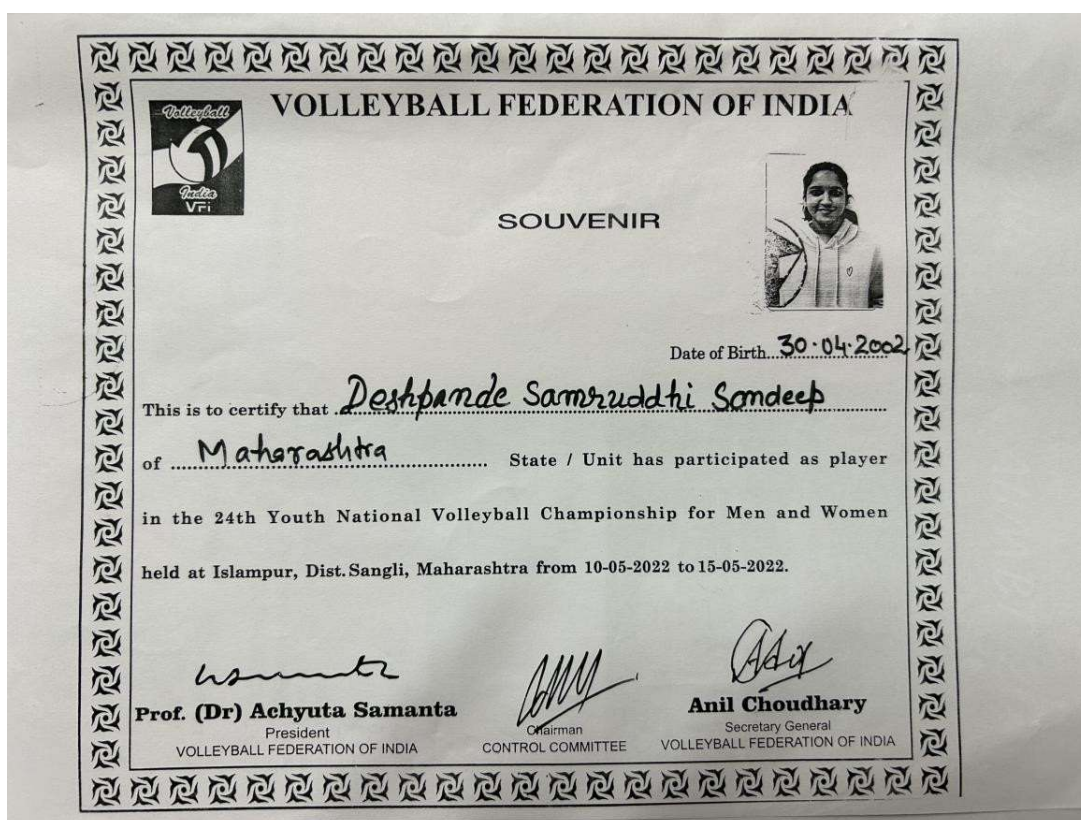
Use of menstrual cup and menstrual hygiene (8th Mar 2022)



All India Inter university Malakhamb Competition - Vaidehi Watve (3rd – 6th April 2022)



World book day-visit at Bai Jerbai Wadia Library, Fergusson College (23rd April 2022)



24th Youth Volleyball Tournament - Samruddhi Deshpande (10th May – 15th May 2022)



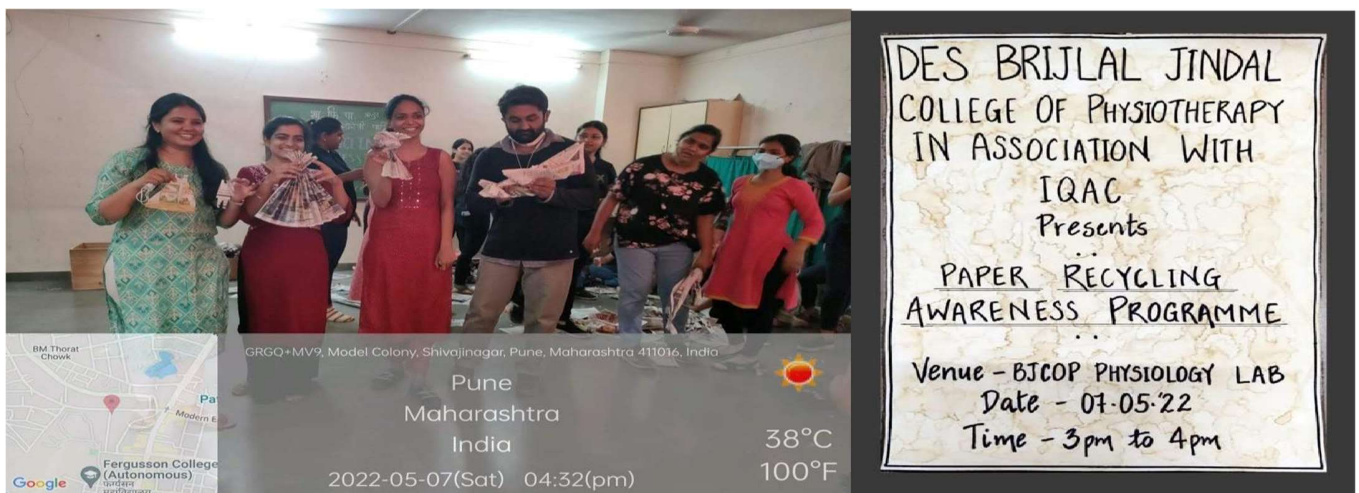
Renaissance 2022: State level intercollegiate fest by Modern college of physiotherapy (26th April 2022)
Football: Shubham Navate, Rushabh Surana, Dinkar Thakare



Renaissance 2022: State level intercollegiate fest by Modern college of physiotherapy (26th April 2022)
Badminton Doubles: Isha sathe



Renaissance 2022: State level intercollegiate fest by Modern college of physiotherapy (26th April 2022)
Basketball: Shubham Navate, Dinkar thakare, Kashish jain, Rishabh Surana



Paper recycling lecture and activity (7th May 2022)



Paper recycling awareness program (7th May 2022)



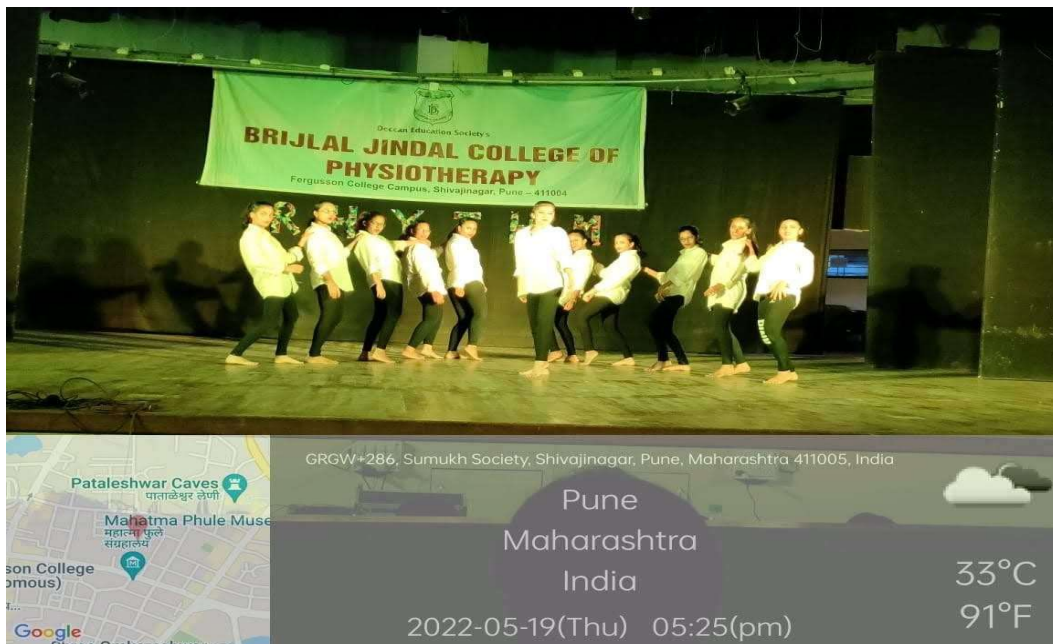
Traditional Day (14th May 2022)



Digital Day 17th May 2022: Digital Day 'LSCS: Like Share Comment Subscribe' (17th May 2022)



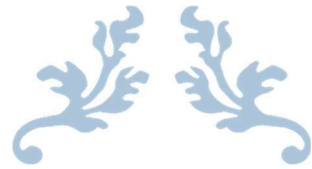
Out of the Box: Feel free to break the stereotypes (18th May 2022)



Annual gathering (19th May 2022)

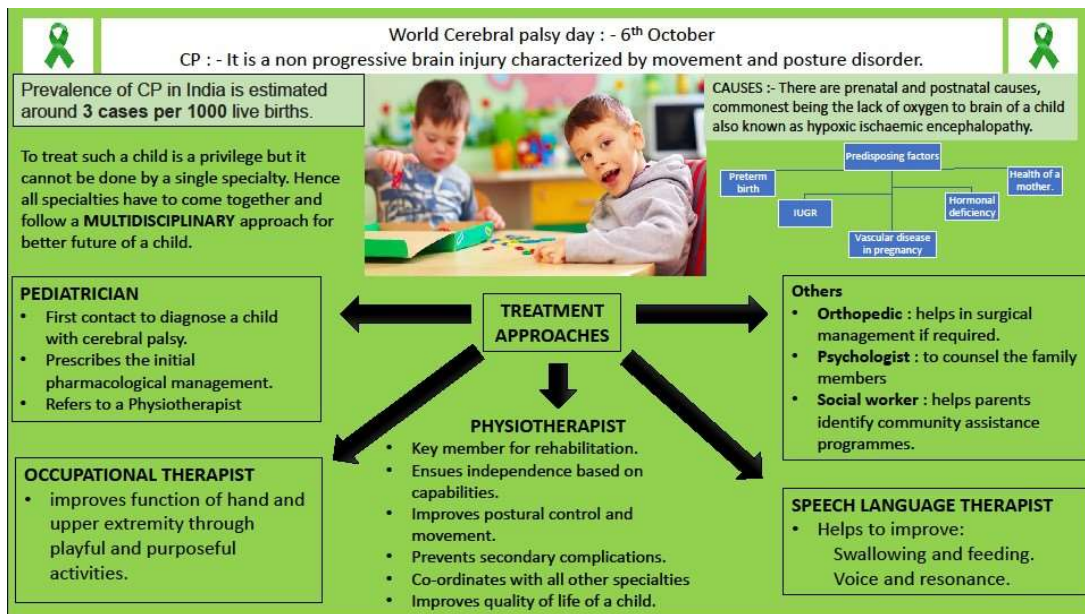


Physiotherapy badminton league state level (4th - 5th Jun 2022)
Mixed doubles: Isha Sathe and Pradyot Gokhale
Women's doubles: Isha Sathe and Janhavi Manjrekar



ACADEMIC YEAR 2020-21





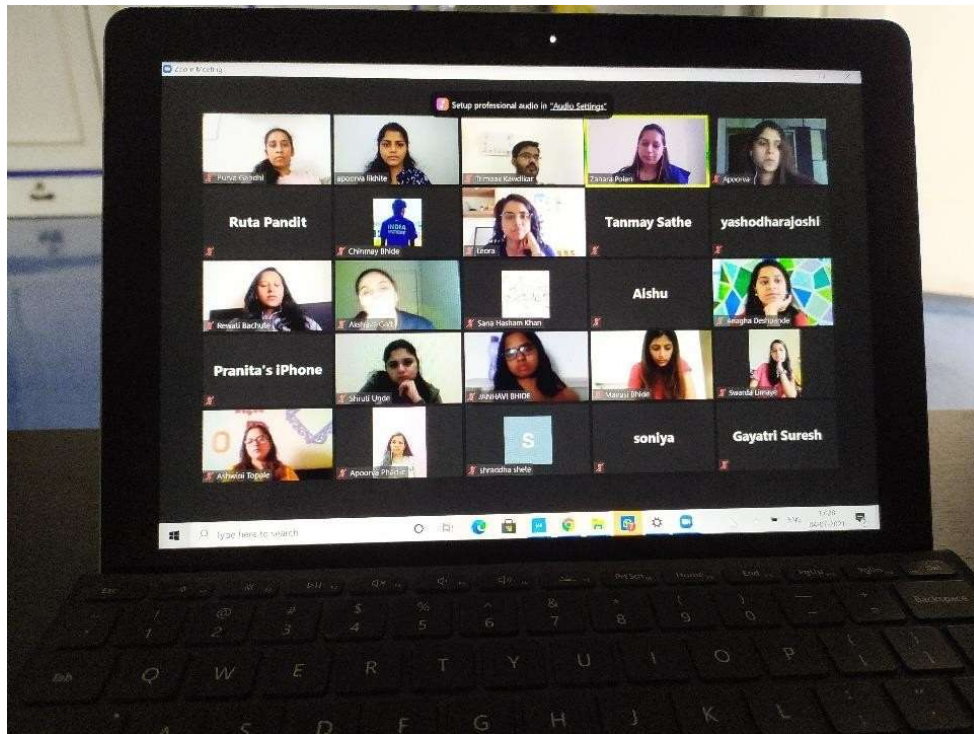
CP day Poster competition by Neuro dept (6th Oct 2020)



Women's day celebration, awareness talk: online by CBR dept (8th Mar 2021)



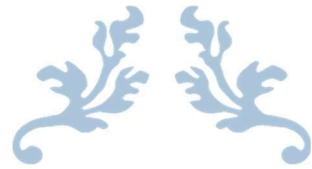
Yoga day for students organized by students (21st June 2021)



Online Alumini Meet 2021 by Alumini association (4th July 2021)



Magazine



ACADEMIC YEAR 2019-20





Yoga for Danish students by DESBJCOP students (14th Sept 2019)



World heart day celebration at Schools in Pune by Cardio dept (New English School 30th Sept 2019, Raman baugh 15th Oct 2019)



Goa Ironman: Megh Thakar (20th Oct 2019)



Simple steps Marathon coverage and awareness talk by DESBJCOP Sports committee (10th Nov 2019)

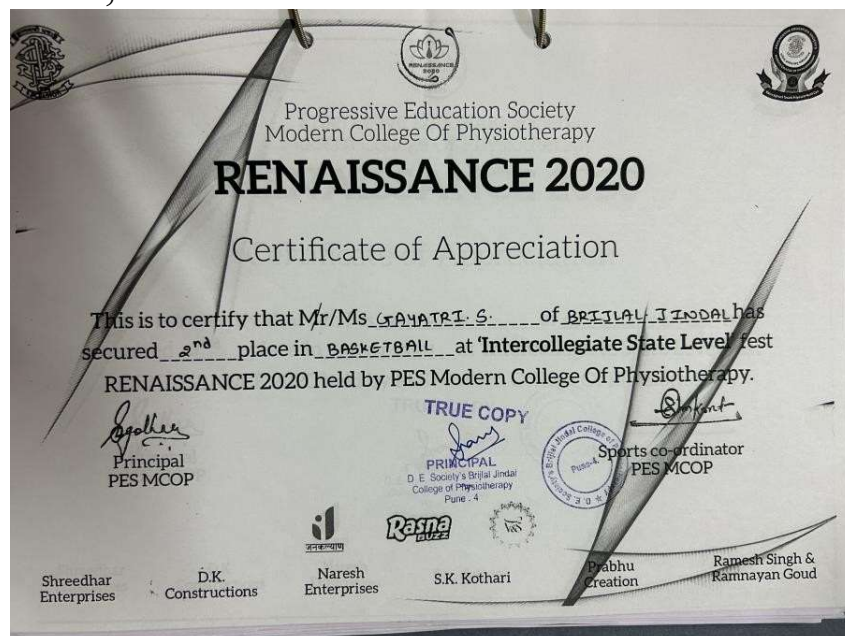


Physioinspira – Inter college Physiotherapy cultural fest 2019 by Sancheti Health Academy (9th – 14th Dec 2019)



Renaissance 2020 intercollegiate state level fest at Modern college of physiotherapy (5th Jan 2020)

Football: Abhay N, Dinkar T, Shubham N, Manav R, Issac S, Varun S, Mihir C, Nakul N



Renaissance 2020 intercollegiate state level fest at Modern college of physiotherapy (5th Jan 2020)

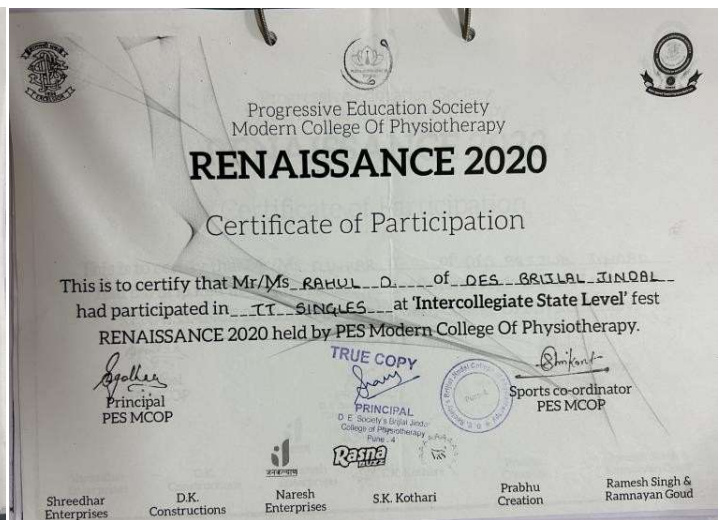
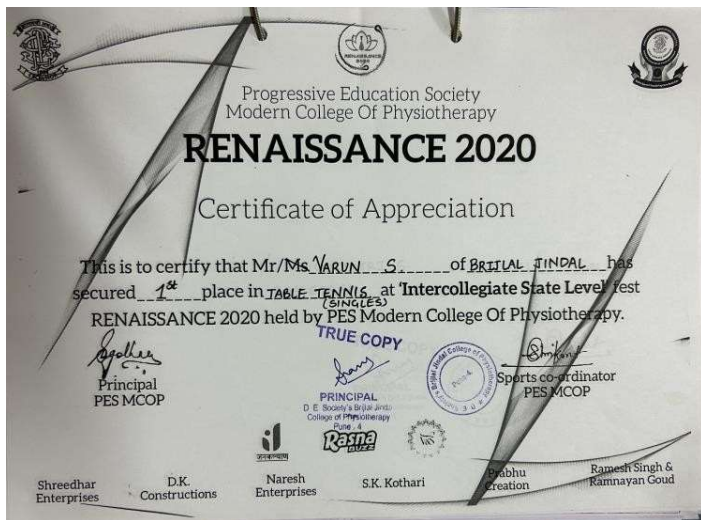
Basketball: Rashmi T, Ruta pandit, Gayatri S, Aashika S, Devaki K, Krishma S



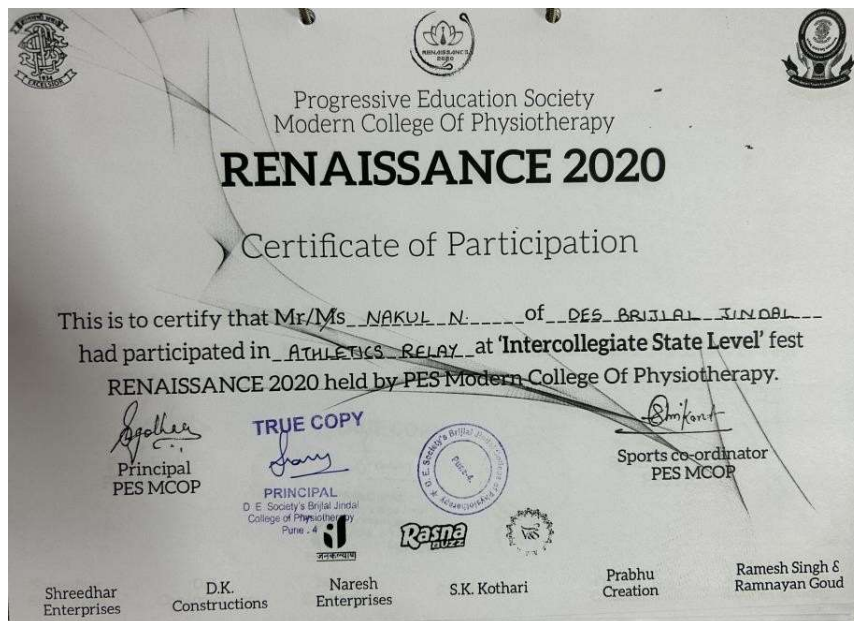
Renaissance 2020 intercollegiate state level fest at Modern college of physiotherapy (5th Jan 2020)
Table tennis mixed doubles: Varun S.



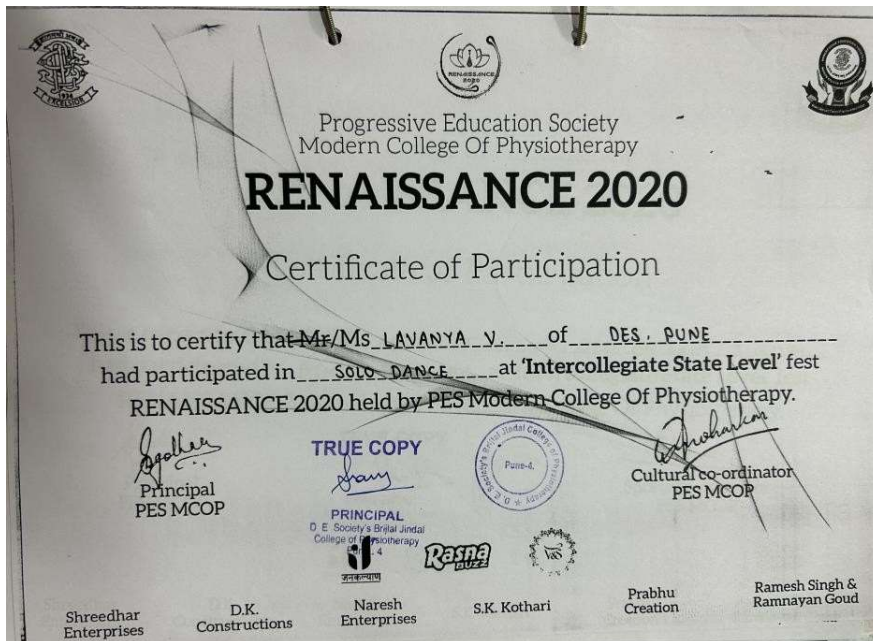
Renaissance 2020 intercollegiate state level fest at Modern college of physiotherapy (5th Jan 2020)
Table tennis boy's doubles: Varun S.



Renaissance 2020 intercollegiate state level fest at Modern college of physiotherapy (5th Jan 2020)
Table tennis singles: Varun S and Rahul D



Renaissance 2020 intercollegiate state level fest at Modern college of physiotherapy (5th Jan 2020)
Athletics relay: Mihir C, Megh T, Varun S



Renaissance 2020 intercollegiate state level fest at Modern college of physiotherapy (5th Jan 2020)
Solo dance: Lavanya V



Awishkar: Inter college research competition participation by Students and Staff (22nd Jan 2020 and 28th- 31st Jan 2020)



Photo contest for students by magazine committee (22nd Jan 2020)



Sportify: Inter college sport event arranged by DESBJCOP Sports committee (27th Jan 2020 – 6th Feb 2020)



FREE ENTRY **कुतूहल** **FREE ENTRY**

Web: <http://kutuhalvibha.in>

An Exhibition on Health Care Systems
Focal theme:
Revealing Journey from "Pre-Birth to Re-Birth"
*Rebirth is referred to the noble cause of organ donation

Key Events at Kutuhal

- Know the science & technology in Medical World
- Forensic Science
- Robotic surgeries
- Organ Donation
- Artificial limbs
- Dental care & treatments
- Sports medicine
- Blood science and blood donation
- I.C.U.s
- Genetic Science
- 3D animated films on medical science
- Health care and preventive measures
- Demonstrations of latest innovations.
- Meet and talk to expert doctors / Medical technologists
- Diagnostic Tests

Dates: **7 - 10 February** Venue: **S. P. College Ground, Pune** Timing: **10.00 am - 8.00 pm**

Entry from Lokmanyanager / Tilak College Gate

Organisers

Vijaya Bharati Pune, College of Engg Pune, S.J Medical Govt College, JMA Pune Chapter, Vign Prasar, Shiksha Prasar Mandal

Kutuhal - an Exhibition on Health care system-Information related Physiotherapy delivered by students and staff (7th Feb -10th Feb 2020)



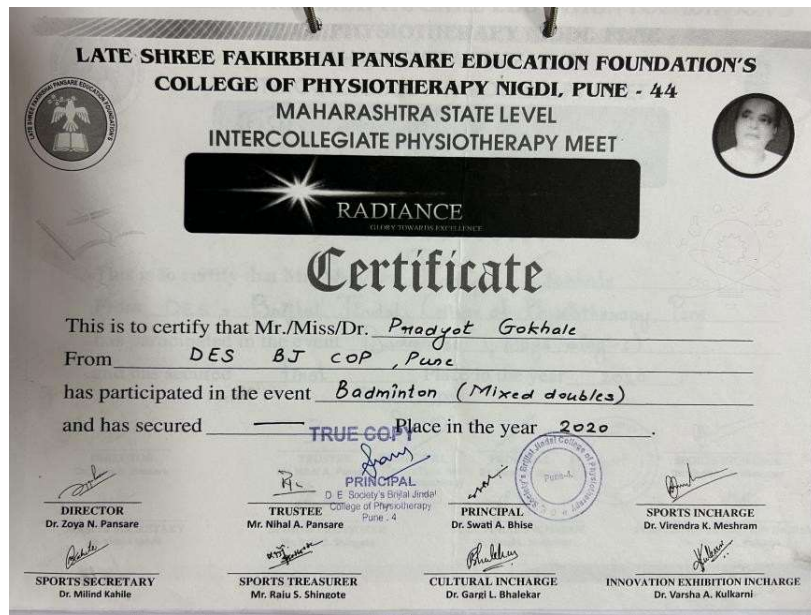
Radiance'20 - Maharashtra state level intercollegiate physiotherapy meets 2020 organized by LSFPEF'S college of physiotherapy (8th Feb 2020)

Cricket (Boys): Shubham Navathe, Megh Thakar, Rishabh Surana, Abhay Nayak, Akshay Gujar, Ranjeet Ghatge, Kashish Jain, Varun Shastry, Isaac Salve, Rhushikesh Ujade

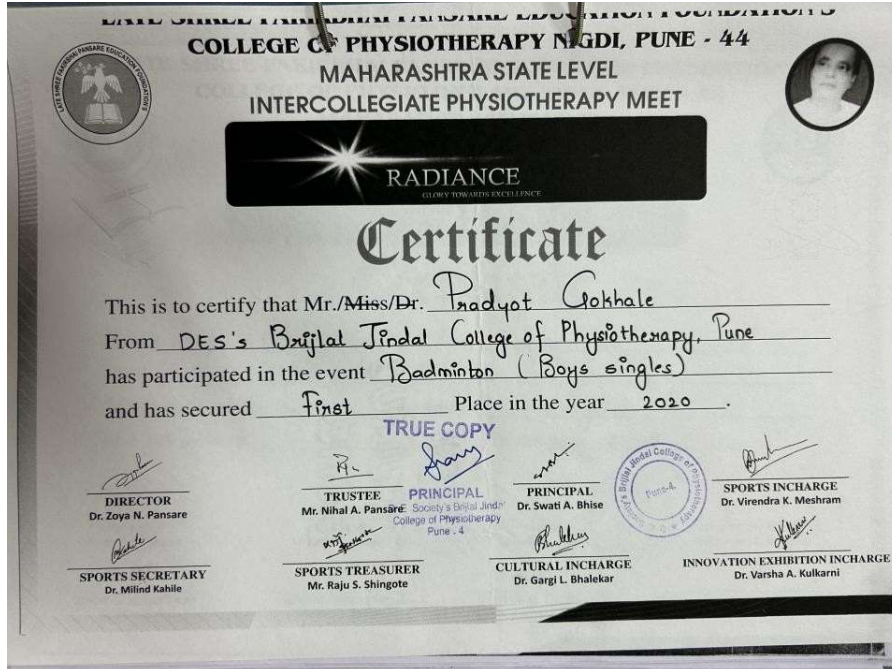


Radiance'20 - Maharashtra state level intercollegiate physiotherapy meets 2020 organized by LSFPEF'S college of physiotherapy

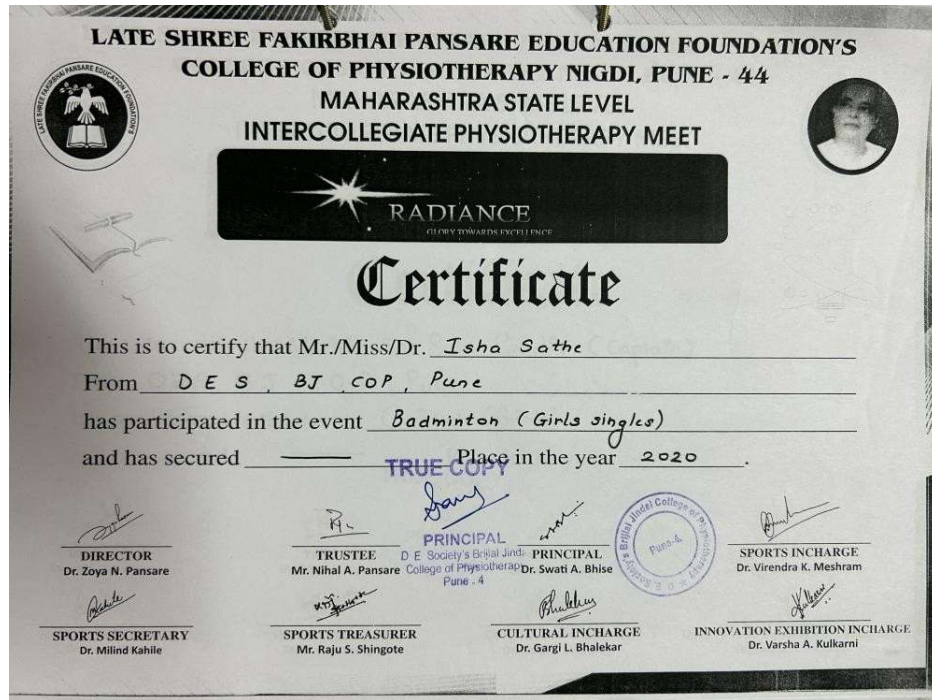
Cricket (Girls): Mrunmayee Katte, Mansi Deolas, Ruta Pandit



Radiance'20 - Maharashtra state level intercollegiate physiotherapy meets 2020 organized by LSFPEF'S college of physiotherapy (8th Feb 2020)
 Badminton (Mixed doubles): Pradyot Gokhale and Isha Sathe



Radiance'20 - Maharashtra state level intercollegiate physiotherapy meets 2020 organized by LSFPEF'S college of physiotherapy (8th Feb 2020)
 Badminton (Boys singles): Pradyot Gokhale



Radiance'20 - Maharashtra state level intercollegiate physiotherapy meets 2020 organized by LSFPEF'S college of physiotherapy (8th Feb 2020)
Badminton (Girl's singles): Isha Sathe



Radiance'20 - Maharashtra state level intercollegiate physiotherapy meets 2020 organized by LSFPEF'S college of physiotherapy (8th Feb 2020)
Badminton (Girl's doubles): Ruta Pandit



Annual gathering (11th Feb 2020)



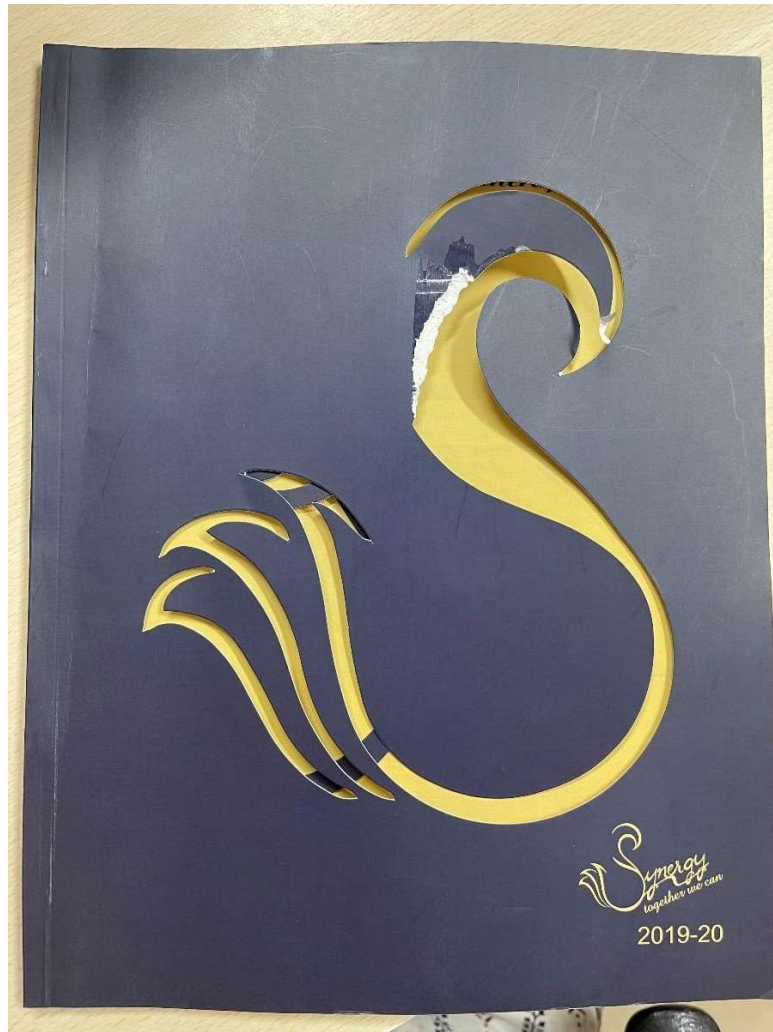
Green window initiative: indoor plant plantation, class room decoration
(13th Feb 2020)



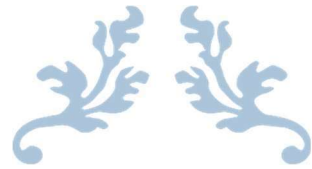
Aadishakti – Women Empowerment Street play by students (20th Feb 2020)



Flash mob by CBR dept on Women's Day (8th Mar 2020)



Magazine



ACADEMIC YEAR 2018-19





Breast feeding week (poster, talks/awareness interactions) by CBR dept at Tarachand hospital, Pune (1st -7th Aug 2018)



Visit to Augusta university (USA): Student exchange program (9th -15th Sept 2018)



CP Day Skit at JM Road by Students (3rd Oct 2018)

Printed from

THE TIMES OF INDIA

18-yr-old Pune boy youngest to finish Ironman challenge

TNN | Oct 27, 2018, 10:59 AM IST

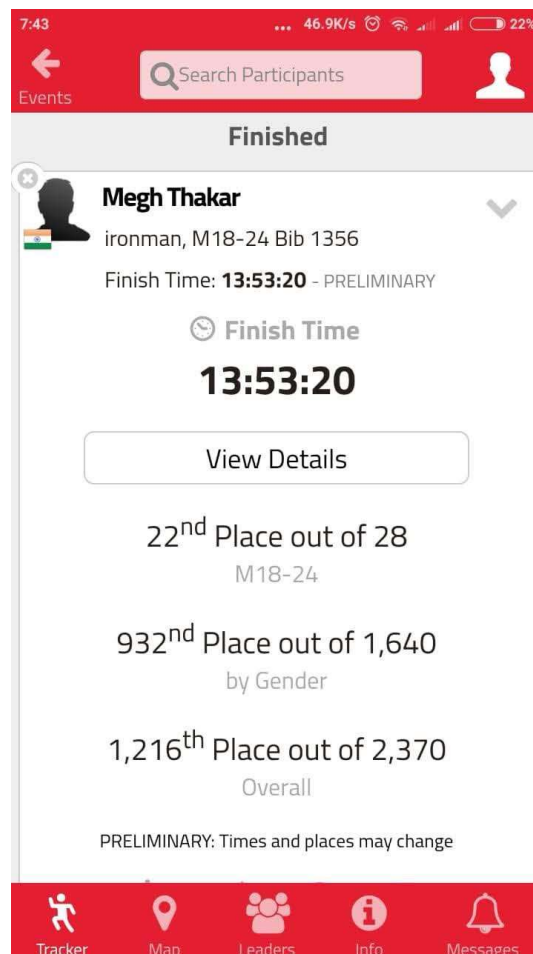


PUNE: Youngsters usually make elaborate plans to bring in their eighteenth birthday. Megh Thakar too had a packed schedule but his plans were a lot more athletic than most.

On his birthday, October 14, Thakar became the youngest competitor to complete the full Ironman challenge held at Louisville, USA.

After a gruelling training period that lasted a little over three months, Megh completed the challenge in 13 hours, 53 minutes and 20 seconds. Of over 2,000 participants in the triathlon, Megh was the 9th fastest in the swimming category. At the finale, the

organizers announced that Megh was the youngest competitor in the challenge.



Ironman Louisville Kentucky: Megh Thakar (October 2018)



Bollywood Day (15th Jan 19)



Fun Fair (17th Jan 2019)



Traditional Day (18th Jan 2019)



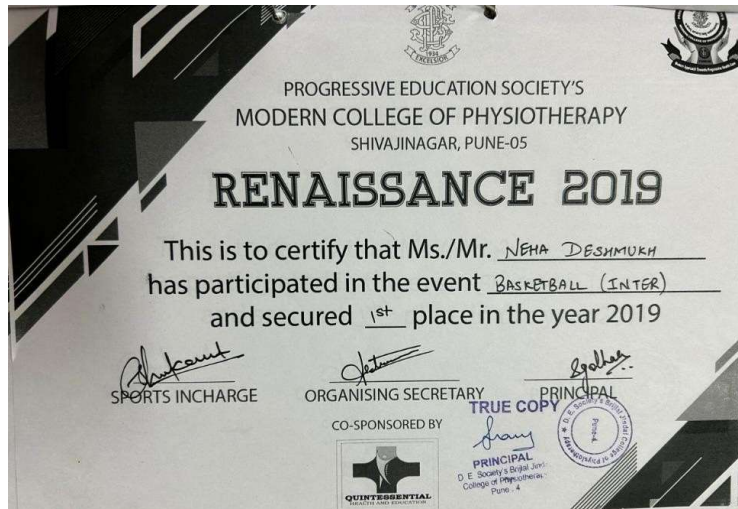
Annual gathering (21st Jan 2019)



Sports week (23rd Jan 2019 to 26th Jan 2019)



Renaissance 2019 Intercollegiate sports and cultural meet at Modern college of physiotherapy (18th Feb 2019)
Triathlon: Mihir Chitale



Renaissance 2019 Intercollegiate sports and cultural meet at Modern college of physiotherapy (18th Feb 2019)
Basketball: Neha Deshmukh, Rashmi Thakkar, Karishma Solanki, Aashika Shah, Devaki Kale, Kajol Chopra



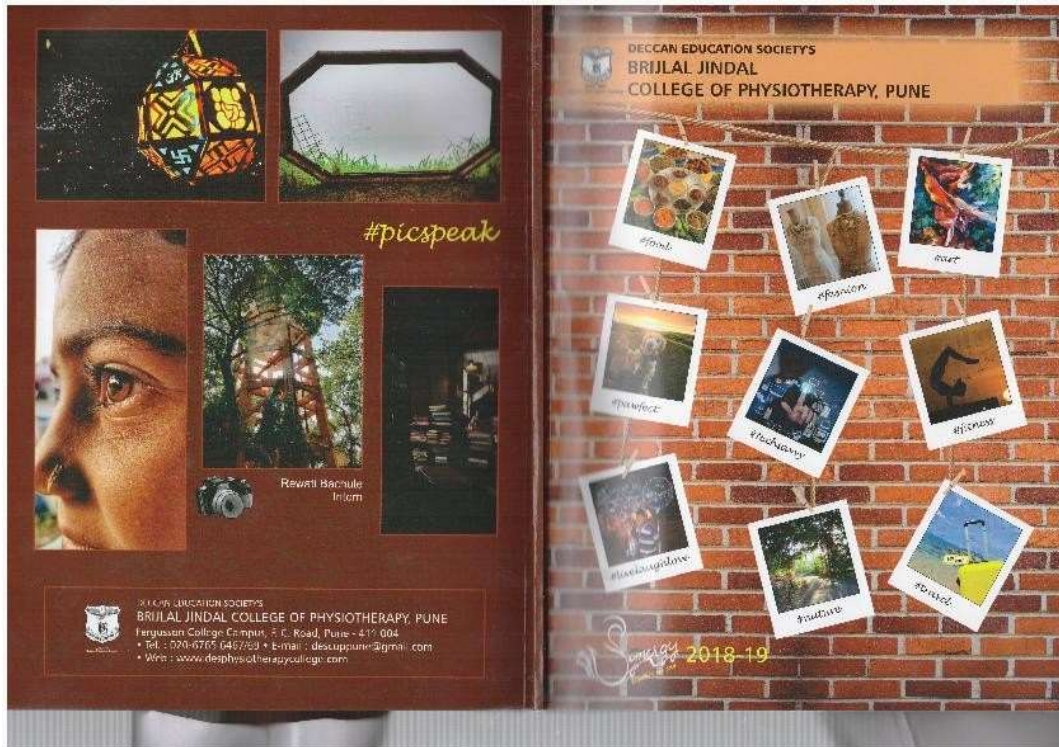
LSFP Intercollege Sports Tournament Participation (20th -25th Feb 2019)



AFMC Silhouettes and AIIMBT 2019 (20th – 23rd Feb 2019)
 Aquatics 50m freestyle & breast stroke - Uma Tulapurkar



AFMC Silhouettes and AIIMBT 2019 (20th – 23rd Feb 2019)
 Dance duet - Neha Apte and Aditee Mangaonkar



Magazine



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Jay

PRINCIPAL
D E Society's Brijal Jindal
College of Physiotherapy
Pune - 4