



## Criteria VIII

### 8.1.9

Report of teaching sessions carried out on the relevance and operational features of the facilities.

Following the mission statement of the college, the students receive training in a variety of clinical setting, with major focus on provision of rehabilitation care to all strata of society.

#### I. Geriatric centres:

Three types of geriatric centres are targeted in this: residential care (Sahajivan), assisted living (MadhurBhav Wakad) and day care (Rainbow). In residential care, we are targeting otherwise healthy elderly and ones with dementia or Alzheimer's disease. The students receive training to work closely with these individuals throughout the II, III and IV years. The culmination of these posting is often by the students receiving commendations from the centre incharges.

Rationale:

1. Administer physiotherapy to a wide pool of individuals, working on maintaining and improving their daily function.
2. Facilitate the recovery from different conditions (eg. stroke) by ensuring adherence to a rehabilitation protocol
3. Provide a fun environment for the elderly to exercise in.

Student benefits by:

1. Gaining a deeper understanding of the issues and problems faced in ageing.
2. Learning empathy through experiential practice.
3. Exploring avenues of exercises that can help the elderly to adhere to an exercise programme.

#### II. Women's health centres:

The two centres where women's health is predominantly treated are Seth Tarachand Ramnath Charitable Ayurvedic Hospital and Seva Sutika. Women of all ages approach these hospitals for an array of conditions, ranging from menstrual disorders to pregnancy and postnatal healthcare. While attending these women, the students are taught to engage them in conversation, identify the issues that are more relevant to those ladies, and to target these issues specifically. The students are given the responsibility to educate and empower these women, providing information about medical care, physiotherapy, psychological counselling and legal aid, during routine care as well on special days like International Women's Day, National Safe Motherhood Day and Breastfeeding Week.

Rationale:



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students to start identifying the fields in which they want to work later in their lives. The college has been fortunate to work closely with companies (Lokmanya Bank, Western India Forgings) that put the health of their stakeholders first.

### Rationale:

1. Develop a bridge between theoretical knowledge and practical applications.
2. Invest in learning by both the academic as well as industry professionals.
3. Decode working in different sectors.

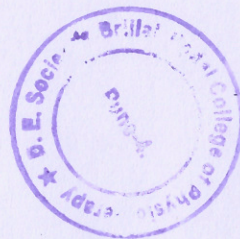
### Student benefits by:

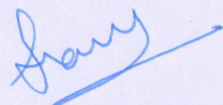
1. Gaining knowledge through a hitherto less explored avenue.
2. Customising information to be provided to the industry or academic centre according to the given brief.
3. Identifying and following routine industrial ethical practices, like non-disclosure agreements, data confidentiality, and on-site safety measures.

The primary aim of the college is to enable the students to gain a vast learning base, while promoting inclusive practices. While affiliating with organisations, the college ensures that a wider patient population gets integrated in the patient flow that is already being treated by the college.

A case-based approach is utilised from the II year onwards, to ensure that all students start inculcating an empathetic approach to the patients when they assess individuals or interact with them. As the students advance through their course, this behaviour shifts from a conscious effort to an unconscious act. While honing their practical skills, the students, consequently, also develop their affective skill set. Not only this, but the students also learn basics of management and administration through the activities that they conduct.

Thus, a mixed-methods approach, of theoretical teaching, practical application, and continuous feedback, is utilised to enable the students to become thorough professionals, capable of adapting to varied conditions, team members and roles.



  
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