



Criterion 8.1.9

Measures taken by the college to familiarise the students to rehabilitation and disability practises as per WHO guidelines relevant to CBR and rehabilitation in India.

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I. Education:

I.i. Training Modules for Community Helpers



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Training Report

Module for: Community Helper training module.

Date of Training: 21.09.2022.

Site of Training: D.E.Society's Brijlal Jindal College of Physiotherapy, Pune.

Participants in the camp: Abha Dhupkar, Riya Jain, Komal Valesha, Kartiki Bhilare, Lynn Fernandes, Nikita Kolhe, Alfaiz Tamboli.

Beneficiaries of the camp: Aarti Shinde, Shobha Bhor, Namrata Adhikari, Vaishali Adsul, Mukta Temghare.

Number of beneficiaries: 5

Materials used in the camp: Yoga mats, chairs, plinths.

Training details: The college and Seva Arogya Foundation are collaborating on providing physiotherapy care to the low socio-economic strata women, who are unaware and unable to access this component of healthcare.

The Arogya maitrins were identified by the prakalp samanvayak, Aarti Shinde. A schedule was set up for them to receive training regarding the exercises to be performed at the college. accordingly, they reported to college at 2 pm and the training session started after introductions of all present. The project was explained in brief and the outline of the session was provided. Exercises were demonstrated twice to the ladies, once on a college student and once on a volunteer from amongst the 5 of the trainees.

After demonstrating the exercises, the ladies were asked their region of preference. Based on this, the students and trainees divided into groups and the students ensured that the ladies were able to perform the exercises appropriately. The ladies' ability to command or give instructions of the exercise was also checked and appropriate corrective commands were provided to them.

The whole training session was for 2 hours. The trainees were enthusiastic and eager to start working with the already identified participants at the various SAF OPDs.

Report prepared by: Abha Dhupkar



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D.E. Society's Brijlal Jindal College of Physiotherapy

Vasti Samanvayak &
Arogya Maitri
Training Camp.

Venue: D.E.SBJCOP MSK Lab.

Date: 21.09.2022.

Trainer: Abha Shupkar.

Riya, Komal, Kartiki.

Ujnn, Abfaiz, Nikita.

Trainees:

1. Aarti Shinde

2. Shobha Bhor.

3. Namrata Adhikari

4. Vaishali Adsul.

5. Mukta Temghare

Region

Shoulder.

Back.

Knee

Neck.

A. Shinde

S.T. Bhor

N.S. Adhikari

V.M. Adsul

Mukta



@Abha
21.09.2022.



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Training Report

Module for: Community Helper training module.

Date of Training: 14.06.2019.

Site of Training: D.E.Society's Brijlal Jindal College of Physiotherapy, Pune.

Participants in the camp: Abha Dhupkar, Rutuja Kowale, Mithila Pawar, Rashida Hamid, Farheen Patel, Shikha Vora, Shravani Sathe.

Beneficiaries of the camp: Bahgyashree Deo (Senior Project Coordinator), Aarogya Seva Vardhini Aarogya maitrini.

Number of beneficiaries: 4

Materials used in the camp: Yoga mats, chairs, plinths.

Training details: This training module was taken to educate and prepare the aarogya maitrin for providing specified exercises to people of her community, who have been identified with musculoskeletal problems. The aarogya maitrin was shown exercises for 4 commonly affected regions of the body: the neck, shoulder, low back and knee. She was then asked for her preference amongst these exercise sets. Later the aarogya maitrin was asked to perform the exercises herself and was supervised by the MPT students and staff members. Necessary instructions and corrections were provided to the aarogya maitrin while she showed the exercises. They too cleared their doubts. The training was in preparation for these women to provide exercises to the members of their community, hence they were asked to practise the exercises till they felt themselves to be comfortable in the instructions and performance of the exercises.

The beneficiaries appreciated the method of teaching exercises and were enthusiastic to start practising themselves.





Photographs of the training:



Report Prepared by: Abha Dhupkar



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I.ii. Ergonomic advice dissemination at workplace.



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Name of Activity: - Lecture Demo on Office Ergonomics at Lokmanya Multipurpose Co-Op bank on SB Road branch

Name of Coordinator: Diptee Bhole; Abha Dhupkar

Department: Musculoskeletal Physiotherapy

Student participants: Musculoskeletal MPT students; Vidhi Kalyani, Pooja Patil

Date: 07/10/2021

Place: Lokmanya Multipurpose Co-Op bank, Senapati Bapat road branch

Schedule of activity:

- i) Introduction to session by Zonal Manager
- ii) Presentation on principles and importance of ergonomics
- iii) Demonstration of basic office stretches exercises as Group therapy
- iv) Ergonomic advice for prevention of postural pain

Outline of activity:

- a) Objective: Awareness of scope and effectiveness of PT; Ergonomics
- b) Participants/ Attendees: Employees of bank of all cadres
- c) Outcomes: Better awareness and understanding about the importance of correct sitting postures among attendees and application of Physiotherapy. The explanation in Marathi improved effectiveness and clarity.

Coordinator's signature: - 



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D.E. Society's
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Name of Activity: - Workshop on Physiotherapy at IDBI bank on FC Road branch

Name of Coordinator: Diptee Bhole

Department: Musculoskeletal Physiotherapy

Student participants: Interns- Ms. Saniya Pradhan, Ms. Leora Penkar

Date: 01/10/2019

Place: IDBI Bank Premises, Fergusson college road branch.

Occasion for programme: Bank's Foundation Day

Schedule of activity:

- i) Introduction to session by Dy General Manager IDBI
- ii) Presentation on scope and practice with multi system benefits of PT
- iii) Demonstration of basic office stretches exercises as Group therapy
- iv) Ergonomic advice for prevention of postural pain

Outline of activity:

- a) Objective: Awareness of scope and effectiveness of PT; Ergonomics
- b) Participants/ Attendees: Employees of bank
- c) Outcomes: Better awareness and understanding about the importance of correct sitting postures among attendees. Removed misconception about PT used being limited only in orthopaedic conditions. They had an interactive and informative session.

Coordinator's signature: -



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II. Health Promotion Activities

II.i. Geriatric Assessment Camps



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Camp Record

Name of camp: DESBJCOP and ILC-I Physiotherapy Assessment Camp.

Date of camp: 18.06.2022

Site of camp: Erandawane Jyeshtha Nagarik Sangha

Participants in the camp: Abha Dhupkar, Komal Valesha, Riya Jain, Kartiki Bhilare, Lynn Fernandes, Nikita Kolhe, Alfaiz Tamboli, Pravin Chavan, Palak Darda, Bhargawi Dhomane.

Beneficiaries of the camp: Members of the Erandawane Jyeshtha Nagarik Sangha

Number of beneficiaries: 11

Materials used in the camp: Sphygmomanometer, cones, measuring tape, weighing machine, record sheets, outcome measures – MoCA, GDS, TMT A and B.

Camp details: The students and faculty set up the camp site by 9:15 am, with each student assigned a station for assessment. The camp beneficiaries registered with the ILC-I representative and circulated through the different stations for their evaluations. The stations were as follows: demographic data, height and weight, FRT, TUG, MoCA, GDS, TMT A and B, 2MWT, evaluation, and exit.

The elders completed all the evaluations and submitted the assessment sheets at the exit counter. A counterfoil was provided to them, with the details of their assessment. Any queries that the elders had were answered at the stations or the exit counter.

Photographs of the camp:





Camp document prepared by: Abha Dhupkar




Principal,
D.E. Society's
Brijlal Jindal College of Physiotherapy, Pune



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Camp Record

Name of camp: DESBJCOP and Punanirman

Date of camp: 24.09.2022

Site of camp: Erandawane Arogya Kothi

Participants in the camp: Abha Dhupkar, Riya Jain, Kartiki Bhilare, Lynn Fernandes, Alfaiz Tamboli,

Beneficiaries of the camp: Members of the Colonel's Cube Pune chapter

Number of beneficiaries: 26

Materials used in the camp: Sphygmomanometer, cones, measuring tape, weighing machine, record sheets, outcome measures – MoCA, GDS, TMT A and B.

Camp details: The camp started at 9 am. Students and faculty set up the camp site, with the students given specific stations for assessment. The stations were as follows: demographic data, height and weight, FRT, TUG, Senior fitness test, GDS, MoCA, TMT A and B, evaluation, and exit.

The beneficiaries of the camp registered at the demographic data station and circulated through all the stations, ending at the exit station. They were explained the results of their assessments at each station. The students at exit checked the completeness of the sheet and answered any queries that the elders had.

Camp document prepared by: Abha Dhupkar.



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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Camp Record

Name of camp: DESBJCOP and ILC-I Physiotherapy Assessment Camp

Date of camp: 19.11.2022

Site of camp: Vakeshwar, Pashan

Participants in the camp: Abha Dhupkar, Riya Jain, Komal Valesha, Kartiki Bhilare, Nikita Kolhe, Lynn Fernandes, Alfaiz Tamboli, Dinkar Thakare, Saee Siddheshwar, Siddhi Dhumal, Yash Choudhari, Rohini Khutal.

Beneficiaries of the camp: Members of the Vakeshwar Jyeshtha Nagarik Sangha

Number of beneficiaries: 69

Materials used in the camp: Sphygmomanometer, cones, measuring tape, weighing machine, record sheets, outcome measures – MoCA, GDS, TMT A and B.

Camp details: The camp was set up by the Junior PG students by 9:30, with the students divided to different stations. The stations were demographic data, height and weight, FRT, TUG, 2MWT, GDS, MoCA, TMT A and B, evaluation and exit.

The members of the jyeshtha Nagarik sangha registered with the ILC-I representatives. They were directed through the various stations of the camp after filling their demographic data. At each station, the test results were explained to the senior citizens. The elders submitted their completed forms at the exit counter. Any queries that they had were answered throughout the camp.

Camp document prepared by: Abha Dhupkar



Principal,
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II.ii. Industry collaboration for health promotion.



D.E. Society's
BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: - Lecture Demo on Exercise awareness for senior citizens

Name of Coordinator: Abha Dhupkar, Diptee Bhole

Department: Community Physiotherapy

Student participants: Community MPT students; Juilee Khadke; Akshay Salve

Date: 25/11/2021

Place: Lokmanya Multipurpose Co-Op bank, Wadgaon Sheri branch

Schedule of activity:

- i) Presentation on effects of ageing
- ii) Scope of physiotherapy and exercises in healthy ageing
- iii) Ergonomic advice for prevention of aches and pain

Outline of activity:

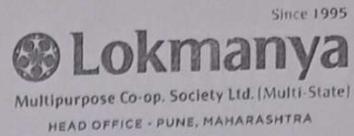
- a) Objective: Importance of exercises in ageing
- b) Participants/ Attendees: Clients of the bank
- c) Outcomes: Better awareness and understanding about the importance of maintenance of physical activity and exercises in ageing. The explanation was mostly provided in Marathi and Hindi for better clarity.

Coordinator's signature: -



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Pune





6th Oct. 2021

To,
The Principal,
Brijlal Jindal college of physiotherapy,
Pune.

Respected Madam,

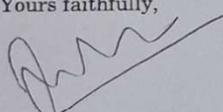
We are thankful to you for conducting session (lecture-Demonstration) on "Office Ergonomics" at our Zonal office, SB Road and on "Exercise awareness for the senior citizens" at Wadgaonsheri Branch.

We appreciate the efforts taken by you for the presentation.....The interaction session was very effective and all the participants were benefited to great extent by knowing importance of physiotherapy.....

In the true sense, your institution is serving to the society by educating public at large.

Thank you once again for putting your best efforts!

Yours faithfully,


Sushil Jadhav,

Zonal Manager,

Pune Zonal office, Pune



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Head Office: 967/10, Next to Ratna Memorial Hospital, Senapati Bapat Road, Shivajinagar, Pune 411016



II.iii. Multidisciplinary Collaboration for Health Promotion:



D.E. Society's
BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: - Camp on occasion of **WORLD ARTHRITIS DAY**

Name of Coordinator: Diptee Bhole; Namrata Sidhaye; Ashwini Kamble

Department: Musculoskeletal Physiotherapy

Student participants: MPT I & II students from Musculoskeletal Physiotherapy
(Priyanka Patil, Sharayu Raybole, Pravin Chavhan, Jaya Pathak)

Date: 12/10/22

Place: DESBJCOP OPD, Opposite Tennis Courts, Near Fergusson College Main Building, Gate No. 2.

Inauguration of program at the hands of Dr. Avinash Bhondwe, a renowned general physician in Pune

Offline

Schedule of activity:

- i) Address of attendees by Dr. Avinash Bhondwe
- ii) Demonstration of basic exercises as group therapy
- iii) Poster presentation: dos and don'ts related to joint protection
- iv) PPT and interactive session on healthy dietary habits in arthritis

Outline of activity:

- a) Objective: Prevention and awareness of arthritis.
- b) Participants/ Attendees: The session was open for all people in the community
- c) Outcomes: Better awareness and understanding about the condition among attendees. They had an interactive and informative session.

Coordinator's signature: - 



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Pune



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: National Safe Motherhood Day 2021

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 12.04.2021

Place: DESBJCOP

Online / Offline: Online live event

Outline of activity: This webinar was arranged to highlight the issues that pregnant women can face, solutions that are available for these issues and the available avenues to access help.

Four speakers discussed about the above-mentioned issues, each a specialist in her field:

1. Dr. Neelima Deshpande: Gynaecologist.
2. Dr. Sheetal Ruikar: Psychologist
3. Dr. Madhushree Joshi: Lawyer
4. Dr. Abha Dhupkar (PT): Physiotherapist

The event has been uploaded to DES's YouTube channel on the following link:

<https://www.youtube.com/watch?v=JqqsFtmmOn8>

- a) **Objective:** highlight medical, psychological, and legal issues faced by pregnant women and new mothers.
- b) **Participants/ Attendees:** 3 speakers, 6 PG students and 2 staff members of the Community PT dept. attended live.
- c) **Outcomes:** The live event was uploaded to DES's YouTube channel.





Photographs:-



Attendance along with participant's/coordinator's signature: - Separate sheet may be attached

@bha



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II.iv. Hospital collaboration for health promotion.


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Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

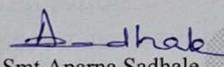
Ref No: - 06 / 2018 - 19 Date:- 05/04/2018.

To,
Dr.Kalyani Bhat,
Dy.Superintendent,
Seth Tarachand Ramnath Charitable Hospital,
Rasta Peth.

Subject: Demonstration & information dissemination on occasion of National Safe Motherhood Day on April 11, 2018.

Madam,

National Safe Motherhood Day is on 11th of April, 2018. On this occasion, we are proposing to take demonstrations of exercises & provide information on ergonomics to the women coming in the antenatal outpatient department of Seth Tarachand Ramnath Charitable Hospital. We request you to grant us permission to carry out this activity. Thanking you in anticipation Sincerely,


Smt. Aparna Sadhale
D.E.Society's
Brijlal Jindal College of Physiotherapy, Pune.



जाने
मा हां करेतीव
अनरेल अभियंताये
Rphopad

Received
5/4/18

for
विभागा प्रमुख
स्त्रीरोग प्रकल्प



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

National Safe Motherhood Day 2018

April 11th was celebrated as the National Safe Motherhood Day by providing information to would-be and post-delivery mothers about correct postures, work positions and breastfeeding positions and its importance. Women from two facilities, Seth Tarachand Ramnath Charitable Hospital and Family Planning Association of India, benefitted from this outreach programme.

Photographs:



Report prepared by: Abha Dhupkar

Abha



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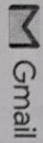
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Gmail - Regarding Safe Motherhood Day observed on April 11 2018.

<https://mail.google.com/mail/u/1/?ik=6d9fa16425&view=pt&search=all&permthid=thread-f:1597...>



Abha Dhupkar <dhupkarabha@gmail.com>

Regarding Safe Motherhood Day observed on April 11 2018.

2 messages

16 April 2018 at 15:29

MEENAL DHARMADHIKARI <MO.PUNE@paandia.org>
To: 'dhupkarabha@gmail.com' <dhupkarabha@gmail.com>
Cc: PUNE <PUNE@paandia.org>

Dear Dhupkar Madam,
This is to inform you that students of D.E. Society's Brijlal Jindal College of Physiotherapy, Pune. Mihail Pawar, Rashida Ahmed and Farheen Patel had visited FPAU Shivajinagar on 11th April 2018 to conduct session about care that the women can take for their health during pregnancy and after childbirth. Also as per our telephonic communication they have prepared very nice IEC posters on postures and exercises during antenatal and post natal care and have submitted to our office. Thank you for the same

With regards,
Dr. M.S. Dharmadhikari Dr. U.S. Joshi

From: PUNE
Sent: Tuesday, March 27, 2018 12:00 PM
To: Abha Dhupkar
Cc: MEENAL DHARMADHIKARI: ujjalasinghkar@gmail.com
Subject: Re: Kind Attn: Mrs. Vijayaxmi Tulpule: Regarding Safe Motherhood Day observed on April 11 2018.

Dear Ms. Dhupkar,

Please find enclosed herewith the contact number of Dr. Joshi.

Contact Number:- 9987232478

Thanking you,

Yours sincerely,

Mrs. V. A. Tulpule
General Manager, FPAI Pune
& Regional Lead, FPA India

From: Abha Dhupkar <dhupkarabha@gmail.com>
Sent: Tuesday, March 27, 2018 11:43 AM
To: PUNE
Subject: Re: Kind Attn: Mrs. Vijayaxmi Tulpule: Regarding Safe Motherhood Day observed on April 11 2018.

Hello madam,

Please forward me Dr. Joshi's number.

05/07/2018, 9:27 AM



II.v. Health promotion through street play.

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Cerebral Palsy Day Street Play

Name of Coordinator: Snehal Joshi

Department: Neurosciences PT

Date: 18.10.2018

Time: 2 pm to 4 pm

Place: Sambhaji Park

Online / Offline: Offline

Outline of activity: IV year B.P.Th. students participated in a street play competition organized by Deenanath Mangeshkar Hospital, to commemorate the International Cerebral Palsy Day.

Participants/ Attendees: 15 IV B.P.Th. students.



Report prepared by: Snehal Joshi



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II.vi. Health promotion through outreach activities.

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Melghat outreach camp

Name of Coordinator: Snehal Joshi

Department: Community PT and Musculoskeletal PT

Date: 03.02.2020 to 09.02.2020

Place: Melghat

Online / Offline: Offline

Outline of activity: 4 MPTs were posted to a tribal village in Melghat region to disseminate information about physical health in the women present there. This was a collaborative activity between Maitri, a non-governmental organization and the college. The students received a rich exposure of working in the community.

Participants: 4 MPT students.





D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



Report prepared by: Snehal Joshi

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D.E.S's BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: -"Sath Chal" event organised by Sakal in account of WARI

Date:-24 June 2022 Time: 6.30 am-7.30 am

Place:-Golibar Maidan Online / Offline:-offline

Activity:-Oath taking for hygiene and healthy lifestyle during and after Wari.

Photographs:-



Attendance –Dr.Atiya Shaikh(PT)(Staff),MPT I students- Palak Darda, Lynn Fernandis, Nayan Kotian, Divya Agarwal, Sachin Kajale, Nikita Kolhe

Students-6, Staff-1


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III. Health care delivery system demystification

III.i. Health Centre Visits



DES Brijlal Jindal College of Physiotherapy, Pune

Report on Field Visit to Rural Health Training Centre Markal Road, Alandi Pune.

Name of Activity: Field Visit to Rural Health Training Centre 2023.

Name of Coordinator: Dr Rutuja Kowale (PT).

Department: Community PT.

Date: 21.03.2023.

Place: Markal, Alandi.

Outline of activity: Dr Joseph Cherrian, MS oriented the students about the working at Rural Health Training Centre, staffing pattern, routine activities taking place at Rural Health Training Centre. Then a visit to the subcentre situated at Solu was done to know about the organization set up, the policies and protocols, staffing pattern and facilities related to health, various training programmes, information about the various national health programs undertaken, MCH services conducted under the training centre and about the records/reports maintained in the centre.

Participants/ Attendees: 1 Staff, 18 third year B.P.Th students



Photos:



Sham

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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Primary Health Centre Loni Kalbhor Visit

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 23.05.2022 and 25.05.2022

Time: 9 am to 4 pm

Place: Loni Kalbhor

Online / Offline: Offline visit.

Outline of activity: A visit to the Loni Kalbhor PHC was arranged for the students to understand the working of the health care delivery system. The primary health centre is the first tier of India's health care delivery system and the Loni Kalbhor PHC has been awarded as the Best PHC for two years by the Maharashtra Government.

The students interacted with Anganwadi workers and the community health workers to learn how health is taken to the doorstep of each individual of the community. They learned of the drives that these workers undertake to create awareness of various health-related issues and how they bring about a positive impact in their community's health. The students were able to see how the chief medical officer conducted a session on antenatal care for the pregnant women in localities covered by the PHC.

Participants/ Attendees: Community MPT student, IV and III B.P.Th. students.

Outcome:

- a. The Community MPT students saw the functioning of a PHC and understood the intricacies of running health programmes. They also received information about the administrative aspects of running a healthcare programme.
- b. The III and IV B.P.Th. students interacted with grass-root level workers and identified the difficulties of reaching out to a community. They also found out the different perceptions of health workers to conducting their jobs.





D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Photographs:



Report prepared by: Abha Dhupkar



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IV. Disability awareness, education, and rehabilitation.

IV.i. Amputee identification camp with Bharat Vikas Parishad.



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Amputation Camp in collaboration with Bharat Vikas Parishad Viklang Punarvasan Kendra.

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 25.09.2021

Place: Yavat, Daund Taluka

Online / Offline: Offline

Outline of activity: This camp was arranged in collaboration with Bharat Vikas Parishad's Viklang Punarvasan Kendra. BVP had arranged a prosthesis measurement and distribution camp for amputees in and around Daund. These prostheses were distributed to the beneficiaries in this camp.

Community department's PG students, Akshay Salve, Juilee Khadke and Kruttika Zala, and faculty, Abha Dhupkar, attended this camp.

- a) **Objective:** To provide post-prosthetic fitting gait training and exercises.
- b) **Participants/ Attendees:** 80 beneficiaries had been identified in a previous camp by BVP. Around 50 of these beneficiaries received their prosthetic limbs in this camp.
- c) **Outcomes:** 12 of these beneficiaries were taught exercises to maintain muscle strength and length. They were also taught gait training and specific exercises to perform to improve gait.
- d) **Other than these beneficiaries,** 3 children were also assessed for delayed milestones, delayed development, and lower limb length discrepancy.





Photographs:-



Attendance along with participant's/coordinator's signature: - Separate sheet may be attached

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Pune . 4



IV.ii. Disability education and experience sharing



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: Amputee Rehabilitation: A Patient perspective

Guest Speaker: Mrs. Aditi Kulkarni

Name of co-ordinator: Dr. Aditi Soman(PT), Dr. Rajani Pagare(PT)

Department: Cardiovascular and Respiratory Physiotherapy

Date/Time: 23rd April,2022; 2-3.30pm

Place: Physiology Lab

Online/offline: Offline

Outline of activity:

Objectives:

1. To make the students understand the important aspects of amputee rehabilitation that led to better quality of life of an amputee.
2. To increase awareness among budding physiotherapists regarding the challenges faced by an amputee during rehabilitation process.
3. To motivate UG and PG students for better planning and execution of amputee rehabilitation programme.

Outcome:

The guest lecture was well appreciated by all attendees and it was thought provoking. Detailed feedback by students attached alongside the document.

Participants: 77 students (UG and PG), attendance copy attached

Photographs and appreciation certificate given to speaker attached





D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



Deccan Education Society, Pune Page No. _____

D.E.S. College Of Physiotherapy

2 B.PTh students

1. Neelima Dahdekar	<i>Bawale</i>
2. Drishiti Hatwani	<i>Dhatwani</i>
3. Shreyas Jayagond	<i>Shreyagond</i>
4. Devashree Kulkarni	<i>Kulkarni</i>
5. Shrikti Vijayare	<i>Shrikti</i>
6. Vaidehi Wate	<i>Wate</i>



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IV.iii. Rehabilitation in collaboration with NGO

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Activity Report

Name of Activity: Prosthesis Assessment camp

Name of Coordinator: Shreya Dhake

Department: Cardiovascular and Respiratory Sciences PT

Date: 22.03.2022

Time: 9 am to 3 pm

Place: PMC Arogya Kothi

Online / Offline: Offline visit.

Outline of activity: Rotary Club of Pune Metro, Vatsalya Trust Mumbai and Bharat Vikas Parishad Punarvasan had conducted a camp for distribution of artificial limbs for all types of amputees and calipers for polio and Cerebral Palsy patients.

Total 60 patients took benefit of the camp. Our students did assessments of patients. Wheelchair bound amputees were given crutch training, strength and balance exercises were demonstrated and the same were advised to be performed at home as well. Students saw how measurements of prosthesis are taken. Prosthesis and orthotics professionals also explained them about measurements and modifications to be done. Many patients were unaware about improving strength, balance and endurance of limbs before prosthesis fitting. Almost 90% of the patients didn't receive strengthening and balance training post discharge from the hospital. Overall, patients lacked knowledge about rehabilitation centres and physiotherapy centres available for the treatment. This camp gave our students very enriching exposure. Distribution of the prosthesis through this measurement camp will be conducted on 19th June 2022.

Participants/ Attendees: 4 IV year students and 1 faculty





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GR4M+Q7X, Erandwana Gaothan, Erandwane, Pune,
Maharashtra 411004, India

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18.5070062°	73.8334494°
Local 12:16:02 PM	Altitude 489.7 meters
GMT 06:46:02 AM	Sunday, 22-05-2022



GR4M+Q7X, Erandwana Gaothan, Erandwane, Pune,
Maharashtra 411004, Ấn Độ

Latitude	Longitude
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GR4M+Q7X, Erandwana Gaothan, Erandwane, Pune,
Maharashtra 411004, Ấn Độ

Latitude	Longitude
18.5070492°	73.8334033°
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GMT 07:59:40 AM	Chủ nhật, 22-05-2022

Report prepared by: Shreya Dhake



Shreya
Principal,
D.E. Society's
Brijlal Jindal College of Physiotherapy, Pune



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: CAMP FOR EXERCISE PRESCRIPTION AFTER PROSTHETIC FITTING FOR AMPUTEES.

Name of co-ordinator: Dr. Aditi Soman(PT)

Department: Cardiovascular and Respiratory Physiotherapy

Date/Time: 19th June, 2022; 9.30-4.15pm

Place: Bharat Vikas Parishad, vikalangpunarvasan Kendra, Nalstop, Pune.

Online/offline: Offline

Outline of activity:

Objectives:

1. To make the students understand the important aspects of amputee rehabilitation after fitting of prosthesis that can lead to better mobility skills of an amputee.
2. To increase awareness among budding physiotherapists regarding the challenges faced by an amputee during prosthetic training.
3. To motivate PG students and amputees for better planning and execution of home exercise programme.

Outcome:

The activity helped students to understand evaluation and exercise regimen for amputees after fitting of prosthesis.

Participants: 7 students (2UG and 5PG) and 43 amputation patients

Photographs attached. Attendance of students and participants of camp attached.

Signature of Principal:




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Sr. No.	Name of Attendee	Student of:
1	Isha Sathe	IV B.P.Th
2	Nayan Kotian	1MPT CVRS PT
3	Divya Agrawal	1MPT CVRS PT
4	Nikita Kolhe	1MPT CBR
5	Poonam Senani	1MPT CVRS PT
6	Shraddha Ghadge	1MPT Neuro PT
7	Vaidehi	IV B.P.Th

Jhanshi
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