3.4.2 STUDENTS PARTICIPATING EXTENSION AND OUTREACH ACTIVITIES

DETAILED PROGRAM REPORT



1) EXTENSION ACTIVITY: FOOTBALL MATCHES

COLLABORATING AGENCY/ORGANISATION UNIT: POONA DISTRICT FOOTBALL ASSOCIATION (PDFA)

DATE: 14-20 DECEMBER 2022

DES's Brijlal Jindal college of Physiotherapy Name of Activity: -Inter District Football Championship for Men Name of Coordinator: Snehal Joshi **Department: -Sports Committee** Date: - 14th December 2022 - 20th December 2022 Timing: 8:30am - 5:30pm **Collaborative agency: PDFA** No.of students participated:4 Place: - Balewadi Stadium Online / Offline: - Offline Outline of activity:- On field Physio support was provided for the players of WESTERN INDIAN FOOTBALL ASSOCIATION a) Objective- 1.To provide exposure of on filed injuries in football 2. To prepare the interns to treat those injuries first hand. 3. To help them understand the sports better b) Participants-1. Rishabh Surana 2. Rashmeet Gurudatta 3. Srushti Solapurkar 4. Rujula Jadhav c) Outcome- Common Injuries which were treated by interns were- Ankle sprain, Muscle strain, Muscle cramps, bruising

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2) EXTENSION ACTIVITY: ITF TENNIS TOURNAMENT

COLLABORATING AGENCY/ORGANISATION UNIT: FIT2SPORT ACADEMY

DATE: 27 NOV - 4 DEC

Maharashtra State Olympics - ITF ten	nis tournament
Name of Coordinator: Namrata Sid	haye-Bhadbhade
Department: -Sports Committee	Collaborative agency: Fit2sport
Date:- 27 th Nov- 4th Dec 2022	No.of students participated:4
Гiming: 8am-7pm	
Place:- Deccan Gymkhana	
Online / Offline:- Offline	
onine, onine, onine	
	support was provided for the tennis players
Outline of activity:- On field Physio	sure of on filed injuries of Tennis
Outline of activity:- On field Physio a) Objective- 1.To provide expo	sure of on filed injuries of Tennis nose injuries first hand.
Outline of activity:- On field Physio a) Objective- 1.To provide expose 2. To prepare the interns to treat the int	sure of on filed injuries of Tennis nose injuries first hand.
Outline of activity:- On field Physio a) Objective- 1.To provide expose 2. To prepare the interns to treat the 3. To help them understand the sp	sure of on filed injuries of Tennis nose injuries first hand. orts better
 Outline of activity:- On field Physio a) Objective- 1.To provide export 2. To prepare the interns to treat the 3. To help them understand the sp b) Participants- 	sure of on filed injuries of Tennis nose injuries first hand. orts better T haka
 Outline of activity:- On field Physio a) Objective- 1.To provide expose 2. To prepare the interns to treat th 3. To help them understand the sp b) Participants- 1. Megh T 	sure of on filed injuries of Tennis hose injuries first hand. orts better Chaka Bendre
 Dutline of activity:- On field Physio a) Objective- 1. To provide export 2. To prepare the interns to treat the 3. To help them understand the spication b) Participants- 1. Megh To 2. Purva Ho 3. Isha Sait 	sure of on filed injuries of Tennis hose injuries first hand. orts better Chaka Bendre
a) Objective- 1. To provide expose 2. To prepare the interns to treat th 3. To help them understand the sp b) Participants- 1. Megh T 2. Purva H 3. Isha Sa 4. Rushab	sure of on filed injuries of Tennis hose injuries first hand. orts better Thaka Bendre the

PRINCIPAL D E Society's Brijtal JindS¹ College of Physiotherapy Pune . 4



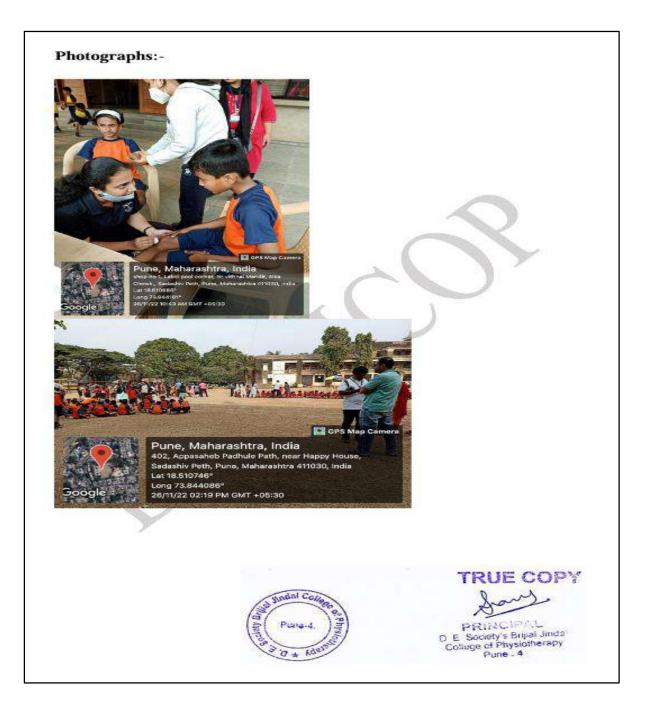


3) EXTENSION ACTIVITY: SPORTS ACTIVITY <u>COLLABORATING AGENCY/ORGANISATION UNIT:</u>: DES Primary School <u>DATE</u>: 26 NOV 2022

DES's Brijlal Jindal Name of Activity: -DES Inter Prima	<u>college of Physiotherapy</u> ry School Meet
Name of Coordinator: Namrata Si	idhaye-Bhadbhade
Department: -Sports Committee	Collaborative agency: DES PRIMARY SCHOOL
Date:- 26th November 2022	No.of students participated:4
Timing: 7.30 am to 4.30 pm Place: - D.E.S. Primary School groun	d Tilak Road, Pune-30
Online / Offline:- Offline Outline of activity:- On field Physic children	o support was provided to school
Objective- 1. To provide exposure o	f on filed injuries during intraschool
matches	
2. To prepare the interns to treat	those injuries first hand.
3. To help them understand the sp	
Outcome - Common Injuries which sprains, Head injuries (minor), Minor i	

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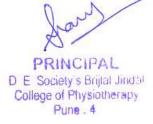




4) EXTENSION ACTIVITY: ORTHOSIS DISTRIBUTION AND FITNESS CAMP

COLLABORATING AGENCY/ORGANISATION UNIT: Bharat Vikas Parishad, viklang punarvasan kendra DATE: 27-09-2022









5) <u>EXTENSION ACTIVITY</u>: INTER COLLEGE SHAHU FOOTBALL TROPHY

COLLABORATING AGENCY/ORGANISATION UNIT: AISSMS College of Engineering,Pune

DATE: 31st OCT – 6th NOV 22

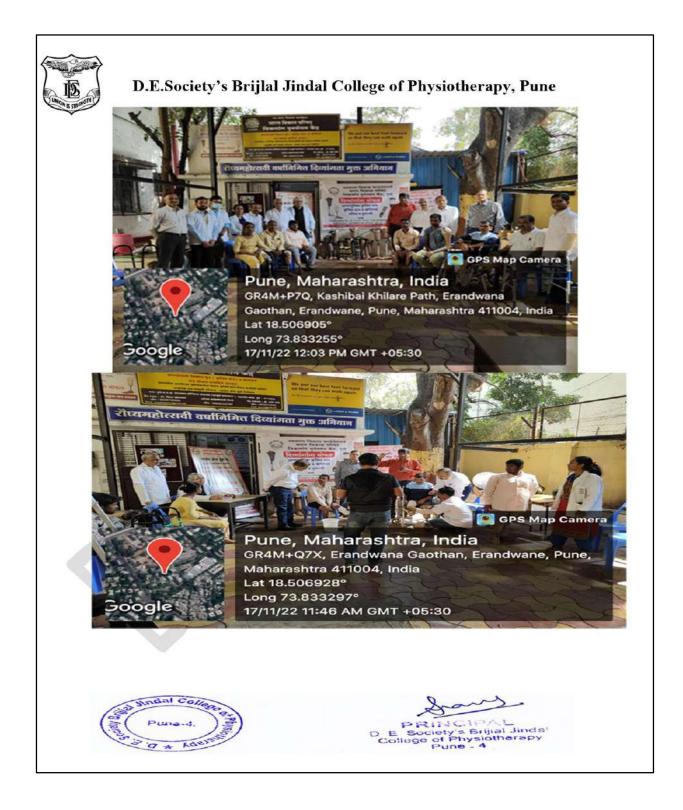
Name of Coordinatory Nomento Cid	ootball tournament (sppu)
Name of Coordinator: Namrata Sid Department: -Sports Committee Date:- 31st October-6th November	Collaborative agency: AISSMS
Timing: 9am-4pm Place:- AISSMS College Ground	No.of students participated:11
Online / Offline:- Offline	
	orte bottor
 To help them understand the spo Outcome- Common Injuries which we injuries (minor), Minor injuries of elbo b) Photographs:- 	ere treated by interns were- Ankle sprains,Head

6) EXTENSION ACTIVITY: AMPUTATION – CAMP FOR EXERCISE PRESCRIPTION AFTER PROSTHETIC FITTNG

<u>COLLABORATING AGENCY/ORGANISATION UNIT:</u> BHARAT VIKAS PARISHAD, VIKLANG PUNARVASAN KENDRA

DATE: 17-11-2022

UNION IS TRANSIN	
Department: Cardiovascu	lar and Respiratory Physiotherapy
Date/Time: 17 th Novembe	r 2022, 10am-1pm
Place: Bharat VikasParisha	d, vikalangpunarvasan Kendra, Nalstop, Pune.
Online/offline: Offline Outline of activity:	Collaborative agency: Bharat vikas parishad kendra No.of students participated:2
Objectives:	
Manage and the second second second second	stand the important aspects of amputee rehabilitation after lead to better mobility skills of an amputee.
2. To increase awareness ar faced by an amputee during	nong budding physiotherapists regarding the challenges prosthetic training.
3. To motivate PG students exercise programme.	and amputees for better planning and execution of home
Outcome:	
The activity helped students amputees after fitting of pro	s to understand evaluation and exercise regimen for osthesis.
Participants: 2students 1. 1	Mr. Yash Chaudhary, IV B.P.Th
2. Photographs attached.	Mr. Sachin Kajale, 1 st M.PT. CVRS PT and 9 amputee
Signature of Principal:	
Aler Pune-4.	PRINCIPAL D E Society's Brijal Jinda College of Physiotherapy Pune - 4



7.) EXTENSION ACTIVITY: MAHARASHTRA STATE YOUTH LEAGUE TOURNAMENT

<u>COLLABORATING AGENCY/ORGANISATION UNIT:</u> Western India football association (WIFA)

DATE: 20-02-2023

DES's Brijlal J	indal college of Physiotherapy
Name of Activity: -Maharashtra Sta	ite Youth League
Name of Coordinator: Namrata Si	idhaye-Bhadbhade
Department: -Sports Committee	Collaborative agency: WIFA
Date: - 20 th February 2023 Timing: 8.30am - 7.30pm	No.of students participated:2
Place:- Corporate ground, Mantralay	ya, Mumbai
Online / Offline:- Offline	
Outline of activity: - On field Physic Indian Football Association	o support was provided for the players of Western
a) Objective- 1.To provide exp	osure of on filed injuries of football to interns
2. To prepare the interns to treat	those injuries first hand.
3. To help them understand the s	ports better
b) Participants- Megh Thakar,	Kashish Jain
c) Outcome- Common Injuries	which were treated by interns were- Overuse
	initis, muscle spasms, cramps, muscle strains,
Ligament sprain	
d) Photographs:-	TRUE COPY Printer P

8) EXTENSION ACTIVITY: GERIATRIC ASSESMENT CAMP

COLLABORATING AGENCY/ORGANISATION UNIT: PUNARNIRMAN FOUNDATION

DATE: 24-09-2022



9) EXTENSION ACTIVITY: COMMUNITY HELPER TRAINING MODULE

COLLABORATING AGENCY/ORGANISATION UNIT: SEVA AROGYA FOUNDATION

DATE: 21-09-2022

III III	l College of Physiotherapy, Pune ning Report
Module for: Community Helper training module.	Collaborative agency: Seva Arogya
Date of Training: 21.09.2022.	No.of students participated: 6
Site of Training: D.E.Society's Brijlal Jindal Colleg	ze of Physiotherapy, Pune.
Participants in the camp: Abha Dhupkar, Riya Jair Fernandes, Nikita Kolhe, Alfaiz Tambo	
Beneficiaries of the camp: Aarti Shinde, Shobha Bl Mukta Temghare.	hor, Namrata Adhikari, Vaishali Adsul,
Number of beneficiaries: 5	\sim
Materials used in the camp: Yoga mats, chairs, pli	nths.
Training details: The college and Seva Arogya Fou physiotherapy care to the low socio-economic strata access this component of healthcare.	
The Arogya maitrins were identified by the prakalp s set up for them to receive training regarding the exer accordingly, they reported to college at 2 pm and the of all present. The project was explained in brief and Exercises were demonstrated twice to the ladies, one volunteer from amongst the 5 of the trainees.	rcises to be performed at the college. e training session started after introductions I the outline of the session was provided.
After demonstrating the exercises, the ladies were as this, the students and trainees divided into groups an able to perform the exercises appropriately. The ladi of the exercise was also checked and appropriate cor	d the students ensured that the ladies were es' ability to command or give instructions
The whole training session was for 2 hours. The train enthusiastic and eager to start working with the alread participants at the various SAF OPDs.	<u>^</u>
Report prepared by: Abha Dhupkar	D E Society's Brijlal Jindal

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10) EXTENSION ACTIVITY: ADVANCE DIPLOMA IN INDUSTRIAL SAFETY TRAINING

COLLABORATING AGENCY/ORGANISATION UNIT: TECHNICAL INSTITUTE PUNE

DATE: 24-11-2022



D.E. Society's

BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Fergusson College Campus, Pune - 411 004 •Phone : (020) 67656471,67656467 •Fax : (91) (020) 67656494, 67656120 • E-mail : <u>descoppune@gmail.com</u> •Web-site :www.desphysiotherapycollege.com , <u>www.despune.org</u> Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

Name of Activity: Demonstration of Practical's for "Advance Diploma in Industrial Safety Course" students.

institute

Guest Speaker: Dr Shreya Dhake (PT)

Dr Aditi Soman (PT)

Collaborative agency: Technical

Dr Aditi Berry(PT)

No.of students participated: 6

Name of Coordinator: Dr. Aditi Berry(PT)

Department: Cardiovascular and Respiratory Physiotherapy, DESBJCOP

Date & Time: 24/11/2022 [2 pm - 4.30 pm]

Online/Offline: Offline

Outline of Activity: Demonstration of following practicals

. Pulmonary Function Tests

Cardiopulmonary resuscitation

Physical fitness evaluation- step test

Objectives: To orient the participants to lung function tests, basic life support skills and evaluation of an individual's physical fitness level using Step test

Outcome: All the participants were acquainted with the above mentioned skills.

Participants: 41 +6 PG students (Divya A, Nayan K, Anjali B,Sachin ,Poonam S,Sneha W)



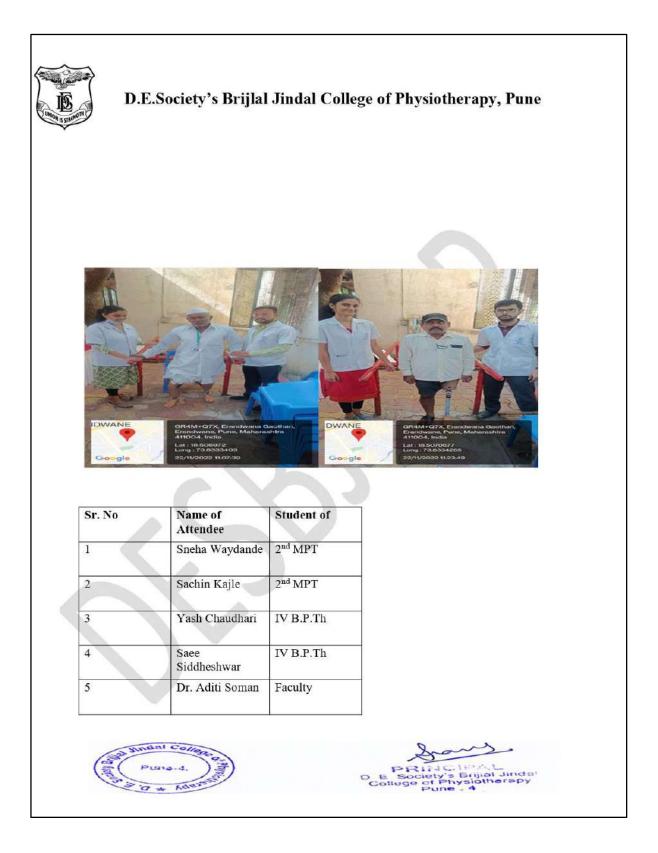


11) EXTENSION ACTIVITY: CAMP FOR EXERCISE PRESCRIPTION AFTER PROSTHETIC TRAINING

COLLABORATING AGENCY/ORGANISATION UNIT : BHARAT VIKAS PARISHAD, VIKLANG PUNARVASAN KENDRA

DATE: 22-11-2022

UNCON 5 STATION	Name of Activity: CAN	jlal Jindal College of Physiotherapy, Pune MP FOR EXERCISE PRESCRIPTION AFTER
	PROSTHETIC FITTL Name of co-ordinator: Di	NG FOR AMPUTEES.
		8 8
		ar and Respiratory Physiotherapy
	date/Time: 22 nd November	
	Place: Bharat VikasParishad	d, vikalangpunarvasan Kendra, Nalstop, Pune.
	Online/offline: Offline Outline of activity: Objectives:	Collaborative agency: BHARAT VIKAS PARISHAD kendra No.of students participated: 4
		stand the important aspects of amputee rehabilitation after lead to better mobility skills of an amputee.
	2. To increase awareness an faced by an amputee during	nong budding physiotherapists regarding the challenges prosthetic training.
	3. To motivate PG students exercise programme.	and amputees for better planning and execution of home
	Outcome:	
	The activity helped students amputees after fitting of pro	to understand evaluation and exercise regimen for sthesis.
	Participants: 4students (20	JG and 2PG) and 7 amputation patients
	Photographs attached. Atten	dance of students and participants of camp attached.
	Signature of Principal:	
	Pura-d.	PRINCIPAL DE Society's Brijial Jindal Colluge of Physiotherapy Pune - 4



12) EXTENSION ACTIVITY: CAMP FOR EXERCISE PRESCRIPTION AFTER PROSTHETIC TRAINING

COLLABORATING AGENCY/ORGANISATION UNIT : BHARAT VIKAS PARISHAD, VIKLANG PUNARVASAN KENDRA

DATE: 07-05-2023

Name of Activity:CA	rijlal Jindal College of Physiotherapy, Pune AMP FOR EXERCISE PRESCRIPTION AFTER FING FOR AMPUTEES.
Name of co-ordinator:	Dr. Aditi Soman(PT)
Department: Cardiovaso	cular and Respiratory Physiotherapy
Date/Time: 7 th May ,20	23; 9.30-3.15pm
Place:Suvarnsmruti hall, vikalangpunarvasan Kend	Deccan organized by Bharat VikasParishad, ira, Nalstop, Pune.
Online/offline: Offline	Collaborative agency: BHARAT VIKAS
Outline of activity:	PARISHAD kendra
Objectives:	No.of students participated: 4
	understand the important aspects of amputee rehabilitation sis that can lead to better mobility skills of an amputee.
2. To increase awareness faced by an amputee durin	among budding physiotherapists regarding the challenges ng prosthetic training.
3. To motivate PG studen exercise programme.	ts and amputees for better planning and execution of home
Outcome:	
The activity helped studen amputees after fitting of p	nts to understand evaluation and exercise regimen for prosthesis.
It also helped patients to l	earn locomotor skills after prosthetic fitting.
Participants: 4PG stude	nts and 4 amputation patients
Photographs attached. Att	endance of students and participants of camp attached.
Signature of Principal:	
Pure-4.	D E Society's Brijial Jinda' Colluge of Physiotherapy



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



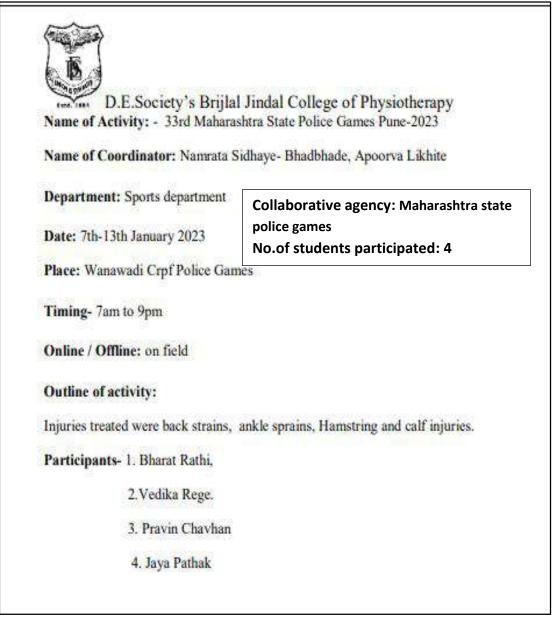
Attendee:

Mr. Sachin Kajale	2 nd MPT
Manasi	1 st MPT
Farkhanda	1 st MPT
Divya B.	1 st MPT



13) EXTENSION ACTIVITY: SPORTS POLICE GAMES, SRPF COLLABORATING AGENCY/ORGANISATION UNIT : MAHARASHTRA STATE POLICE GAMES, SRPF, WANOWARIE

DATE: 7th JAN 2023- 13 JAN 2023



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14) EXTENSION ACTIVITY: MAHARASHTRA STATE OLYMPICS – WATER POLO MATCHES PHYSIO SUPPORT

COLLABORATING AGENCY/ORGANISATION UNIT: MAHARASHTRA OLYMPIAD ASSOCIATION

DATE: 10 JAN 2023 - 12 JAN 2023



DES's Brijlal Jindal college of Physiotherapy

Name of Activity: -Maharashtra State Olympics - Water Polo Matches Physio Support

Name of Coordinator: Namrata Sidhaye-Bhadbhade

Department: -Sports Committee

Date:- 10th to 12th January 2023 Timing: 9:30 - 5:30pm Place:- Balewadi Stadium Collaborative agency: Maharashtra olympiad association

No.of students participated: 4

Online / Offline:- Offline

Outline of activity:- On field Physio support was provided for the players of Maharashtra State Olympics - Water Polo Matches

a) Objective- 1.To provide exposure of on filed injuries of swimming to interns

- 2. To prepare the interns to treat those injuries first hand.
- 3. To help them understand the sports better
- b) Participants- Megh Thakar, Shirin Kunte
- c) **Outcome** Common Injuries which were treated by interns were- Overuse injuries of the shoulder, tendinitis, muscle spasms, cramps, muscle strains
- d) Photographs:-







15) EXTENSION ACTIVITY: SENIOR CITIZENS' MARATHON

COLLABORATING AGENCY/ORGANISATION UNIT: SIMPLE STEPS

DATE: 26 FEB 23



DES's Brijlal Jindal college of Physiotherapy

Name of Activity: -Senior Citizens' Marathon by Simple steps

Name of Coordinator: Apoorva Pavnaskar and Namrata Sidhaye-Bhadbhade

Department: -Sports Committee

Collaborative agency; SIMPLE STEPS

 Date:- 26th February 2023

 Timing: 6:30am -11am

 Place:- Savitribai Phule Pune University

Online / Offline:- Offline

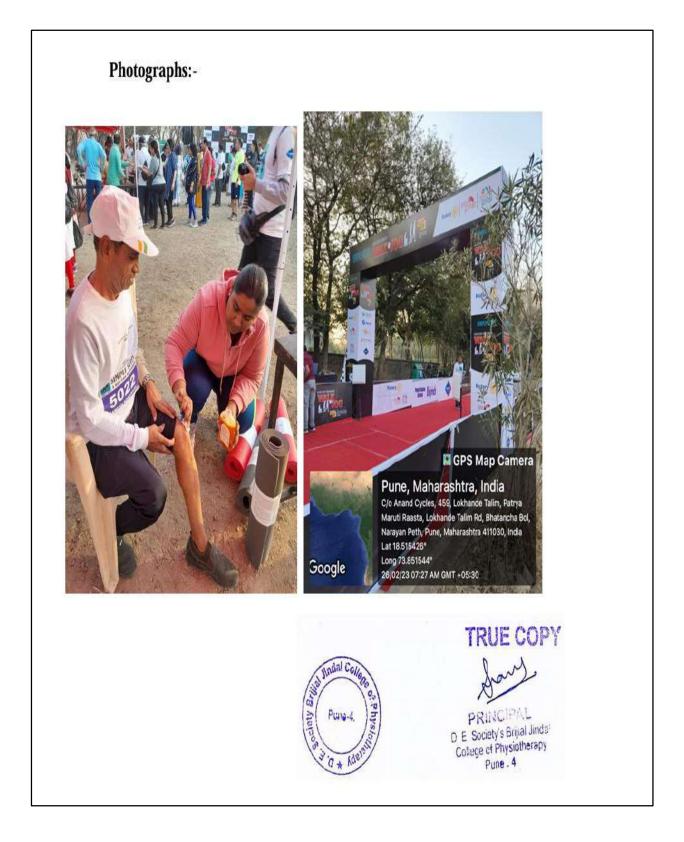
Outline of activity:- On field Physio support provided for the Senior citizens after walkathon

- a) Objective- 1. To provide exposure of on filed injuries in elderly individuals
- 2. To prepare the interns to treat those injuries first hand.
- 3. To help them understand the sports better
- b) Participants- Akshata Mane, Pooja Patel, Dinkar Thakre, Purva Rasne

Outcome- Common Injuries which were treated by interns were- Muscle cramps, ankle sprains, abrasions, etc

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16) EXTENSION ACTIVITY: INTER CLASS COMPETITION

COLLABORATING AGENCY/ORGANISATION UNIT: MGG School, TILAK ROAD, PUNE

DATE: 16-18 NOV 22

	indal College of Physiotherapy Impetitions at Madhay Golwalkar Guruji School,
Tilak road	inpetitions at staulay Golwarkar Guruji School,
Name of Resource person: Interns	
Name of Coordinator: Namrata Sid	lhaye- Bhadbhade
Department: Sports department	Collaborative agency; MGGS School, Tilak
Date: 16th to 18th November 2022	No.of students participated: 6
Place: Madhav Sadashiv Golwalkar (· · ·
Timing- 7.30am-12.30pm	
Online / Offline: on field	
Outline of activity:	
their school ground and Physiotherap	d organized sports days from 16 th to 18 th November at by interns from DES Brijlal Jindal College of official Physiotherapy partner for the entire event.
and played by students ranging from were divided into various teams. Phy	Rally race, Dodgeball ball, Kho kho were organized 8 th standard upto 10 th standard (boys and girls) who siotherapists got to see and treat various injuries, most ament sprains, muscle strains and calf cramps. Thanks
Mr. Nimbalkar, the head coach and a	in important member of the organizing board and his ecessary first aid kit required to tackle these injuries
	he physiotherapists themselves. Mild injuries like sprai T, analgesic sprays and if necessary crepe bandages



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D.E.Society's Brijlal Jindal College of Physiotherapy



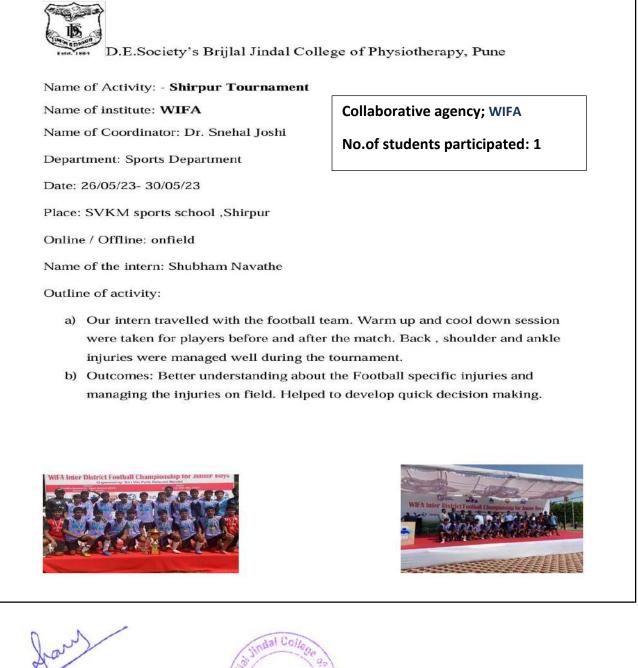
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17) EXTENSION ACTIVITY: SHIRPUR TOURNAMENT

COLLABORATING AGENCY/ORGANISATION UNIT: Western INDIA FOOTBALL ASSOCIATION(WIFA)

DATE: 26-05-2023



PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune 4





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18.) EXTENSION ACTIVITY: KIDS MARATHON

COLLABORATING AGENCY/ORGANISATION UNIT: SIMPLE STEPS

DATE: 13 NOV 2023

	kids marathon 7 th edition
Resource person: in collaboration	with simple steps
Name of Coordinator: Namrata S	idhaye-Bhadbhade
Department: Sports department	
Date: 13/11/22	Collaborative agency; SIMPLE STEPS
Timing: 6.00am- 10.00pm	No.of students participated: 17
Place: Savitribai Phule University,	Pune
Online / Offline: on field	
Participants : Interns were posted	d.
Outline of activity:	
PuneUniversity Campus for kids b as the official Physiotherapy partn attended by Dr. NamrataSidhaye() idea about the track and t-shirts fo 5.30am, 15 of physio interns gather	organized on 13 /11/2022 on early morning of Sunday at between 1-16yrs of age and DESBJCOP was appointed er. A day prior and official meeting was organized and PT) and two of our interns. Here, briefing of the event, r interns were handed over. On the morning of Sunday at ered and got divided in teams of 2, one consisting of 10 nto smaller groups, standing at each mile.
	back at the medical tent with the first aid kit at start iding the participants among 100m, 1km, 5km and 7km

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D.E.Society's Brijlal Jindal College of Physiotherapy

PRINCIPAL P. E. Socre and Jacket College Col

Physio team for 7th edition Simple Steps Kids marathon

Date: - 13.11.2022

Venue: - Pune University

Timing: - 6 a.m. to 10 a.m.

- 1. Dr. Namrata Sidhaye- Bhadbhade (PT)
- 2. Falguni Deshpande
- 3. Dinkar Thakare
- 4. Rohini Kuthal
- 5. Anushka Sankav
- 6. Pooja Patel
- 7. Mugdha Modak
- 8. Mansi Deolasi
- Tanvi Satte
 Rishabh Surana
- 11. Mrunmayee Katte
- 12. Shruti Tamhankar
- 13. Rujula Jadhav
- 14. Srushti Solapurakar
- 15. Vedika Rege
- 16. Purva Rasane
- 17. Rashmeet Gurudatta
- 18. Rhea Deshpande

19) EXTENSION ACTIVITY: PHYSICAL ACTIVITY FOR AGEING

COLLABORATING AGENCY/ORGANISATION UNIT: JAGRUTI MITRA PARIVAR SANGH

DATE: 02-09-2023

Name of Activity: -Physical Activity in Ageing

Name of Coordinator from college:Diptee Bhole

Department: Community Physiotherapy

Student participants: MPT students; Lynn Fernandes, Nikita Kolhe, Ronit Patil,

Snehal Giri, Ashwini Gajbhiye, Saachi Tinaikar

Date:02/09/2023

mitra parivar sangh No.of students participated:6

Collaborative agency; Jagruti

Place:Pu La Deshpande Udyan, Sinhagao road, P

Name of association: Jagruti Mitra Parivar, Sinhagad Road

Name of coordinator from association: Shri, Bhalchandra Kunte

Schedule of activity:

- Presentation on effects of ageing
- ii) Scope of physiotherapy and exercises in healthy againg
- iii) WHO Guidelines for Physical activity

Outline of activity;

- a) Objective: Lecture on Exercise awareness for senior citizens
- b) Participants/ Attendees: Senior citizens from the group

c) Outcomes:Better awareness and understanding about the importance of maintenance of physical activity and exercises in ageing. The explanation was mostly provided in Marathi for better clarity.

College Coordinator's signature: -

Sign of coordinator from association:

D E Society's Brijial Jindal College of Physiotherapy Pune . 4



20) EXTENSION ACTIVITY: GERIATRIC CAMP

COLLABORATING AGENCY/ORGANISATION UNIT: VAKESHWAR JESHTHA NAGRIK SANGHA

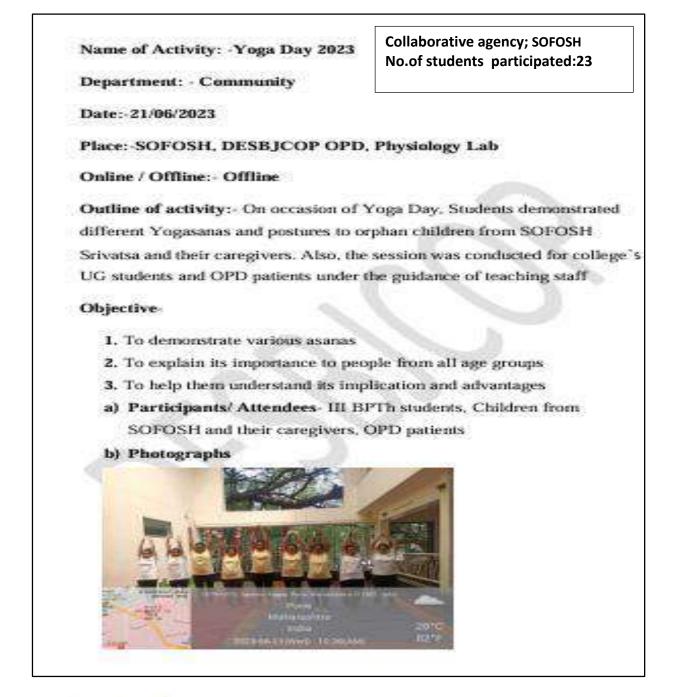
DATE: 19-11-2022

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune **Camp Record** Name of camp: DESBJCOP and ILC-I Physiotherapy Assessment Camp Date of camp: 19.11.2022 **Collaborative agency; Vakeshwar jeshtha nagrik** sangha Site of camp: Vakeshwar, Pashan No.of students participated:11 Participants in the camp: Abha Dhupkar, Riya Jain, Komal Valesha, Kartiki Bhilare, Nikita Kolhe, Lynn Fernandes, Alfaiz Tamboli, Dinkar Thakare, Saee Siddheshwar, Siddhi Dhumal, Yash Choudhari, Rohini Khutal. Beneficiaries of the camp: Members of the Vakeshwar Jyeshtha Nagarik Sangha Number of beneficiaries: 69 Materials used in the camp: Sphygmomanometer, cones, measuring tape, weighing machine, record sheets, outcome measures - MoCA, GDS, TMT A and B. Camp details: The camp was set up by the Junior PG students by 9:30, with the students divided to different stations. The stations were demographic data, height and weight, FRT, TUG, 2MWT, GDS, MoCA, TMT A and B, evaluation and exit. The members of the jyeshtha Nagarik sangha registered with the ILC-I representatives. They were directed through the various stations of the camp after filling their demographic data. At each station, the test results were explained to the senior citizens. The elders submitted their completed forms at the exit counter. Any queries that they had were answered throughout the camp. Camp document prepared by: Abha Dhupkar oc et Brijlal Jindal College of Physiotherapy, Pune

21) EXTENSION ACTIVITY: YOGA DAY

COLLABORATING AGENCY/ORGANISATION UNIT: SOFOSH

DATE: 21-06-2023



PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune 4



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International		Day	12.11.2.1	
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	0n 21	- 6 - 2	1023	
	Atten	danca		
Student's Name	Signature	Sr.	Student's Name	Signature
Student's Name	Signature	No	Storent a rearing	Sillowine
Swaragal Poti	Beets]-			
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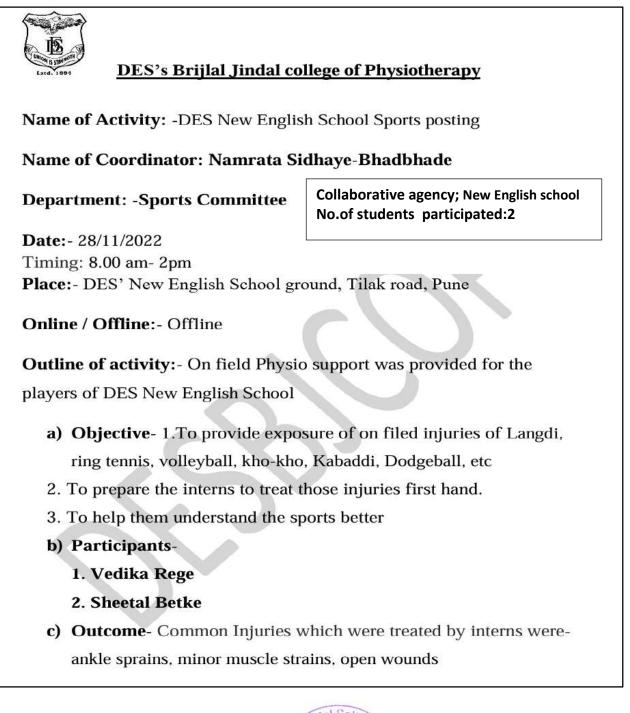
PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune . 4



22) EXTENSION ACTIVITY: SPORTS ACTIVITY

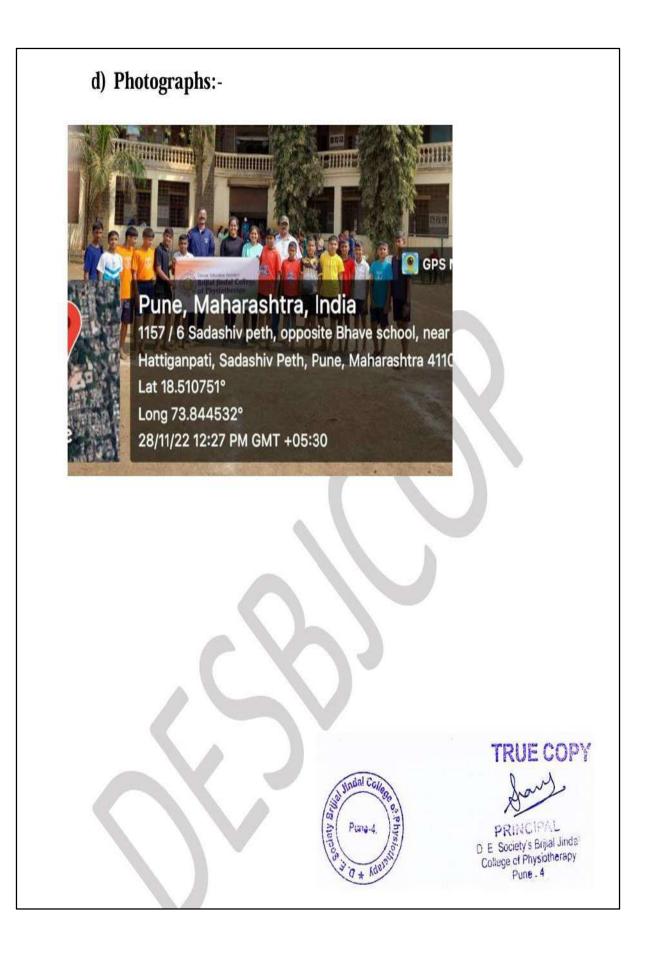
COLLABORATING AGENCY/ORGANISATION UNIT: NEW ENGLISH SCHOOL, TILAK ROAD

DATE: 28 NOV 2022









23) EXTENSION ACTIVITY: Geriatric CAMP

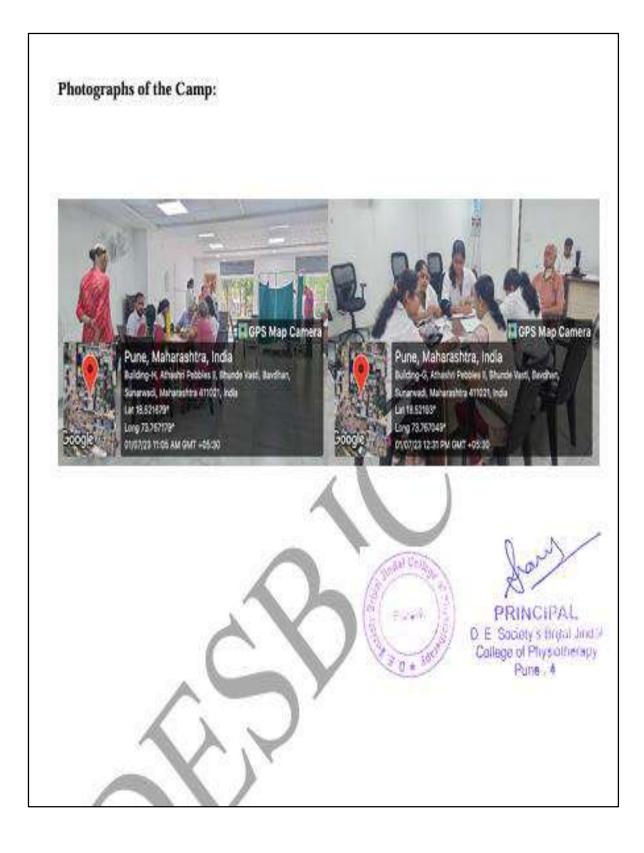
COLLABORATING AGENCY/ORGANISATION UNIT : Athashri synergy pebbles

DATE: 1/07/ 2023

DES Brijlal Jindal College of Physiotherapy, Pune Camp Record Name of Camp: Geriatric Camp. **Collaborative agency: Athashri synergy** pebbles No.of students participated:16 Date of Camp: 1/07/ 2023. Site of Camp: Athashri Pebbles Bavdhan, Pune. Participants in the Camp: Dr Rutuja Kowale (PT), Akanksha Wadodkar, Alfaiz Tamboli, Nikita Kolhe, Ashwini Gajbhiye, Lynn Fernandes, Isha, Sakshi Houji, Surbhi, Archika, Samruddhi, Mugdha, Megha Kamble, Diksha, Amruta, Sharayu and Yugeshwari Beneficiaries of the Camp: Geriatric Population. Number of Beneficiaries: 40 Materials used in the camp: Sphygmomanometer, Cones, Tape, Weighing Machine, Weight Cuffs, Dumbbell's. Camp Details: A physiotherapy assessment camp was organized on 24th June 2023.A team of 14 physiotherapist did the assessment and taught the exercises as per the diagnosed condition. A documentation was done of the assessment and the planned exercise protocol and the queries of the beneficiaries were resolved individually. Ergonomic advice was also given to have a good healthy and functionally independent life ahead.

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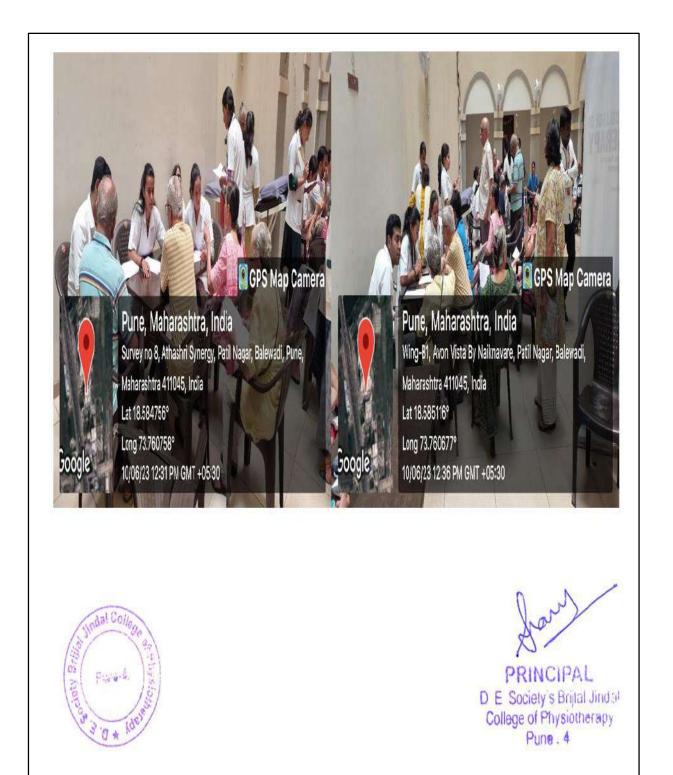


24) EXTENSION ACTIVITY: GERIATRIC CAMP

COLLABORATING AGENCY/ORGANISATION UNIT: Athashri synergy, Balewadi

DATE: 10 JUNE 2023

(IS)	
Total 1884	Camp Record
Name of Camp: Geriatric Camp.	•
Date of Camp: 10th June 2023.	
Site of Camp: Athashri Synergy, Balewadi, Pune.	
	olbe,Swaranjali Patil,Ashwini Gajbhiye,Lynn Joshi,Pooja Hudu,Rajas Nimje,Yugeshwari
Beneficiaries of the Camp: Geriatric Population.	Collaborative agency: Athashri synergy balewadi No.of students participated:17
Number of Beneficiaries: 30	
Materials used in the camp: Sphygmomanometer, Cuffs, Dumbbell's.	Cones, Tape, Weighing Machine, Weight
Camp Details: A physiotherapy assessment camp 17 physiotherapist did the assessment and taught th documentation was done of the assessment and the the beneficiaries were resolved individually. Ergon healthy and functionally independent life ahead. Photographs of the Camp:	e exercises as per the diagnosed condition. A planned exercise protocol and the queries of
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PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune . 4	

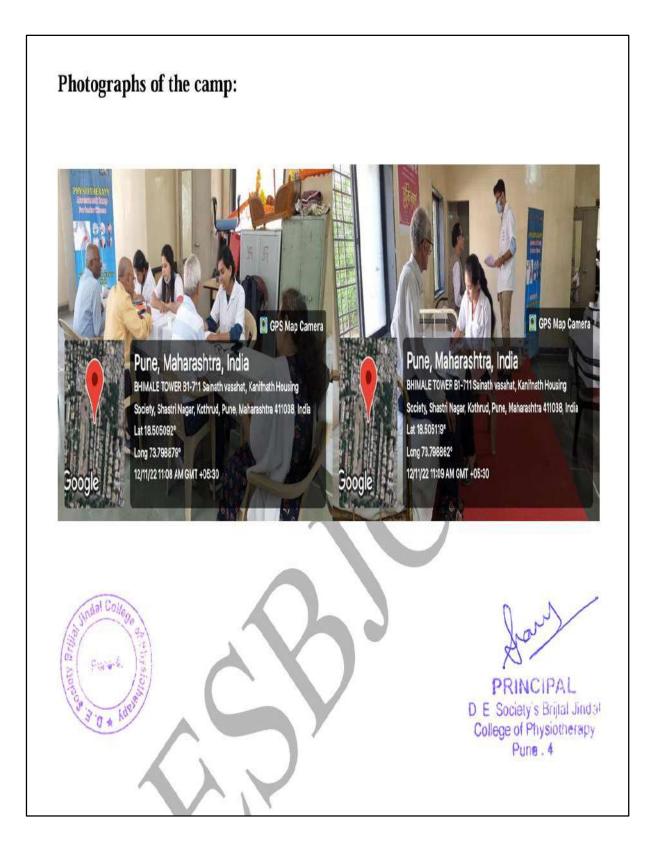


25) EXTENSION ACTIVITY: GERIATRIC CAMP

COLLABORATING AGENCY/ORGANISATION UNIT:Madhyavarti JESHTHA NAGRIK SANGH,KOTHRUD

DATE: 12 NOV 2022

L Std. 1884	Camp Record
Name of camp: Geriatric Camp.	Collaborative agency: Jeshtha Nagrik Sangh,Kothrud
Date of camp: 12 th November 2022.	No.of students participated: 10
Site of camp: Madhyavarati Jyeshtha	Nagrik Sangh, Kothrud, Pune.
	uja Kowale, Nikita Kolhe, Lynn Fernandes, Wadodkar,Mitali,Ashwini Gajhbiye,Anuja Sara Malkhare etc
Beneficiaries of the camp: Geriatric	Population.
Number of beneficiaries: 45	σ
Materials used in the camp: Sphygn	nomanometer, Cones, Tape, Weight Cuffs.
2023.A team of 14 physiotherapist d per the diagnosed condition. A docur planned exercise protocol and the	essment camp was organized on 29th April id the assessment and taught the exercises as mentation was done of the assessment and the queries of the beneficiaries were resolved s also given to have a good healthy and
PRINCIPAL D E Society's Brijfal Jindal College of Physiotherapy Pune 4	Dindal College great



26) EXTENSION ACTIVITY: GERIATRIC CAMP

COLLABORATING AGENCY/ORGANISATION UNIT: PUNARNIRMAN FOUNDATION, ERANDWANE AROGYA KOTHI)

DATE: : 24.09.2022

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune Camp Record Name of camp: DESBJCOP and Punamirman **Collaborative agency:** Punarnirman Foundation Date of camp: 24.09.2022 No.of students participated: 5 Site of camp: Erandawane Arogya Kothi Participants in the camp: Abha Dhupkar, Riya Jain, Kartiki Bhilare, Lynn Fernandes, Alfaiz Tamboli. Beneficiaries of the camp: Members of the Colonel's Cube Pune chapter Number of beneficiaries: 26 Materials used in the camp: Sphygmomanometer, cones, measuring tape, weighing machine, record sheets, outcome measures - MoCA, GDS, TMT A and B. Camp details: The camp started at 9 am. Students and faculty set up the camp site, with the students given specific stations for assessment. The stations were as follows: demographic data, height and weight, FRT, TUG, Senior fitness test, GDS, MoCA, TMT A and B, evaluation, and exit. The beneficiaries of the camp registered at the demographic data station and circulated through all the stations, ending at the exit station. They were explained the results of their assessments at each station. The students at exit checked the completeness of the sheet and answered any queries that the elders had. Camp document prepared by: Abha Dhupkar. 02.00 Brillal Jindal College of Physiotherapy, Pune

27) EXTENSION ACTIVITY: CAMP FOR EXERCISE PRESCRIPTION AFTER PROSTHETIC FTTING

COLLABORATING AGENCY/ORGANISATION UNIT: Bharat Vikas Parishad Punarvasan kendra

DATE: 22-05-2022

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune D.E.Society's Brijlal Jindal College of Physiotherapy, Pune Activity Report Name of Activity: Prosthesis Assessment camp Name of Coordinator: Shreya Dhake Department: Cardiovascular and Respiratory Sciences PT Date: 22.03 2022 **Collaborative agency: Bharat Vikas Parishad** Time: 9 am to 3 pm Punarvasan Kendra Place: PMC Arogya Kothi No.of students participated: 3 Online / Offline: Offline visit. Outline of activity: Rotary Club of Pune Metro, Vatsalya Trust Mumbai and Bharat Vikas Parishad Punarvasan had conducted a camp for distribution of artificial limbs for all types of amputees and calipers for polio and Cerebral Palsy patients. Total 60 patients took benefit of the camp. Our students did assessments of patients. Wheelchair bound amputees were given crutch training, strength and balance exercises were demonstrated and the same were advised to be performed at home as well. Students saw how measurements of prosthesis are taken. Prosthesis and orthotics professionals also explained them about measurements and modifications to be done. Many patients were unaware about improving strength, balance and endurance of limbs before prosthesis fitting. Almost 90% of the patients didn't receive strengthening and balance training post discharge form the hospital. Overall, patients lacked knowledge about rehabilitation centres and physiotherapy centres available for the treatment. This camp gave our students very enriching exposure. Distribution of the prosthesis through this measurement camp will be conducted on 19th June 2022 Particpants/ Attendees: 4 IV year students and 1 faculty r. etys 11-1 10 dal Colla PRINCIPAL

D E Society's Brijfal Jindal College of Physiotherapy Pune 4





PRINCIPAL D E Society's Brijtal Jindol College of Physiotherapy Pune 4



27) EXTENSION ACTIVITY: Breastfeeding awareness week 2023

COLLABORATING AGENCY/ORGANISATION UNIT: TARACHAND RAMNATH CHARITABLE HOSPITAL

Date: 1 of August to 6 of August

In collaboration w	ith Seth Tarachand Ramnath Charitable Hospital, Pune
	Breast Feeding Awareness Week
Physiotherapy and STRCE and done whole heartedly :	ing Awareness Week celebration by DES Brijlal Jindal College of I, Pune from 1 of August to 6 of August was exceptionally grand in order to promote, support and protect breast feeding.
Location: Gynaecology O	PD, IPD of Seth Tarachand Charitable Trust Hospital, Pune
Time: 11 am onwards	Collaboration: Tarachand hospital.No.of students participated: 3
Targeted Population: An	
Preparation: Second year	MPT students, Riya Jain, Kartiki Bhilare and Komal Valesha
started the planning of cele	bration from 26 of July, under the guidance of Dr. Abha Dhupkar
(PT). Students coordinated	with OBGYN resident from Seth Tarachand Ramnath Charitable
Hospital, Dr Jyoti Munde,	regarding the topics to be delivered during awareness week. Dr.
Jyoti was guided by Dr. Ru	acha Ganu, HoD, Dept. Of Obstetrics and Gynaecology.
Topics covered for the awa	reness were as follows: introduction of breast feeding, advantages
and disadvantages of early	breast feeding, ergonomics of breast feeding for mother,
physiotherapy role in post	partum, kangaroo mother care.
Teams were made for parts	cular days from day one to day six. As students were posted at
other hospitals, they comp	leted their respective postings and reached the venue ten minutes
prior. After reaching they a	arranged the material and delivered the session to the targeted
population.	
Execution: The session sta	arted at 11am sharp; MPT student and Gynaec resident and college
	and resident delivered the pitch. The session majorly focused on
effects of breast feeding or	mother health and foetal health, different breast feeding positions
and correct posture, duration	on of breast feeding, when to start and stop, care of breast while
feeding, good and bad late	hing, devices used in different condition to feed a baby,
contraindications of breast	feeding were explained in detail, benefits of Kangaroo mother
care for low birth weight b	aby. The content was explained to the targeted population with the
	rds. The session was carried out for half an hour.

PRINCIPAL D.E. Society's Brijtal Jindal College of Physiotherapy Pune . 4



	GPS Map
Manager and the second s	ri Complex,, Near Tarachand Hospital,, , Rasta Peth, Pune, Maharashtra 411011, India
Latitude	
18.5176758° Local 12:40:38 PM GMT 07:10:38 AM	73.8637756° Altitude 0 meters Tuesday, 02-08-2022
Report by:	
Riya Jain, Kartiki Bhilare, Komal	Valesha
Coordinator's sign:	8)
Abha Dhupkar	
Dept. Of Community Physiothera DESBJCOP	ру
Y	Coc etys &
	(and to a gently form
	D E Society's Brijlal Jindal College of Physiotherapy Pune 4

28) EXTENSION ACTIVITY: MAHARASHTRA STATE YOUTH LEAGUE PLAYOFFS Under 13

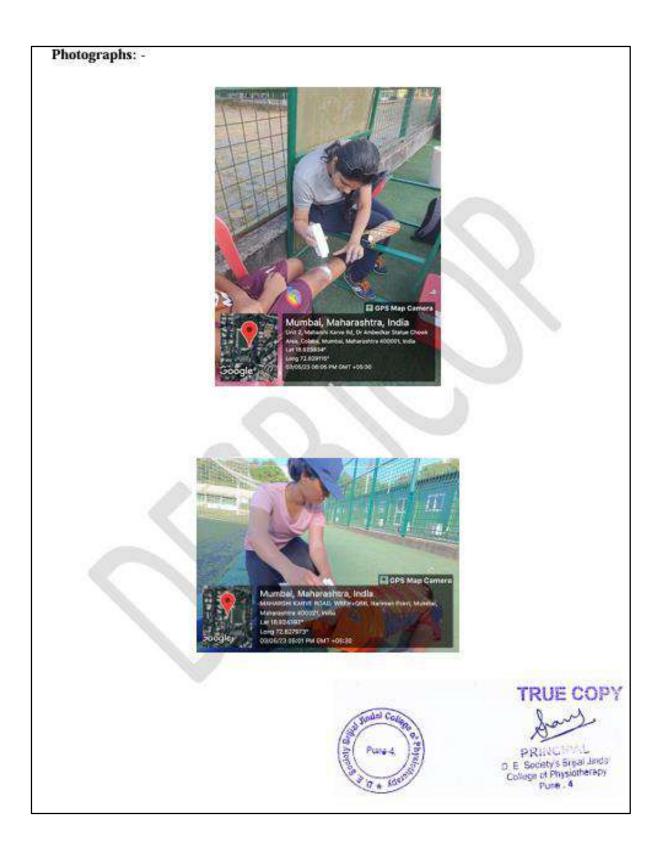
COLLABORATING AGENCY/ORGANISATION UNIT: WIFA

Date: 3rd May-12th May 2023

	DES's Brijk	al Jindal college of Physiotherapy			
	Name of Activity: MAHARASHTR	A STATE YOUTH LEAGUE PLAYOFFS Under 13			
	Department: -Sports Committee	Collaborative agency: WIFA			
	Date: - 3 ^{nt} May - 12 th May 2023 Timing: 8.30 am- 7 pm	No.of students participated: 2			
	Place: - Cooperage Football Ground,	Mumbai			
	Online / Offline: - Offline				
	Outline of activity:- On field Physio	support was provided for the budding Football players			
	(Under 13)				
a)	Objective- 1. To provide exposure of	on field injuries during football			
	2. To prepare the interns to treat those	e injuries firsthand.			
	3. To help them understand the sports	better			
	Participants- Charnelle Gomes, Sid	dhi Baria			
b)	Outcome- came across several injuries ranging from muscle cramps, minor cuts, abrasions &				
- 82	Outcome- came across several injurie	es ranging from muscle cramps, minor cuts, abrasions 8			

PRINCIPAL D E Society's Brijtal Jinds/ College of Physiotherapy Pune , 4





29) EXTENSION ACTIVITY: Inter DES PT Teachers' Sports day

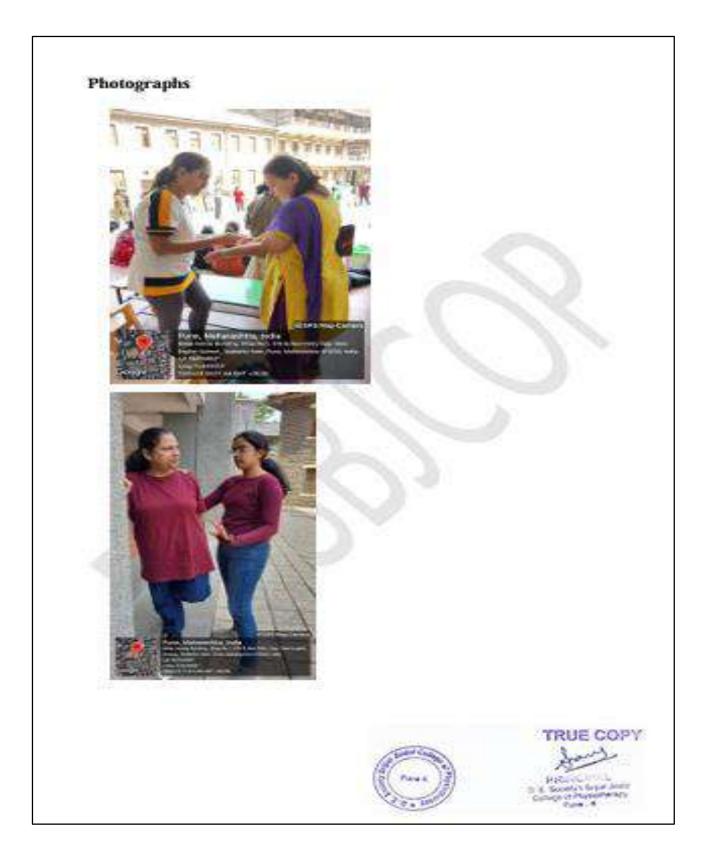
COLLABORATING AGENCY/ORGANISATION UNIT:NEW ENGLISH SCHOOL TILAK ROAD

Date: 13-4-23

Name of Activity: -Int	er DES PT Teachers' Sports day.
Name of Coordinator-	Namrata Bhadbhade, Apoorva Pavnaskar
Department: - Sports	Department
Date:-13/4/23	Collaborative agency:New English school,tilak road
Time- 8am to 11am	No.of students participated: 2
Online / Offline:- On - Outline of activity:- Pl teachers' sports day	field tysios were posted to treat on field injuries during
a) Objective-	
1. To provide expose matches	ure of on filed injuries during inter-school
2. To prepare the int	erns to treat those injuries first hand.
3. To help them und	erstand the sports better
b) Participants/ At	tendees- Rashmeet Gurudatta, Sheetal Bekte
Outcome- Common Inj	uries which were treated by interns were-Strains,

R PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune 4





30) EXTENSION ACTIVITY: SENIOR CITIZEN MARATHON

COLLABORATING AGENCY/ORGANISATION UNIT: SIMPLE STEPS

Date: 26 Feb 23

DES's Brijl	al Jindal college of Physiotherapy
Name of Activity: -Senior Citizens'	Marathon by Simple steps
Name of Coordinator: Apoorva Pa	wnaskar and Namrata Sidhaye-Bhadbhade
Department: -Sports Committee	Collaborative agency:Simple steps
Date:- 26 th February 2023	No.of students participated: 4
Timing: 6:30am -11am	
Place: - Savitribai Phule Pune Univer	rsity
Online / Offline:- Offline Outline of activity:- On field Physic	support provided for the Senior citizens after
walkathon	support provided for the Senior Citizens arter
a) Objective, 1 To provide evo	osure of on filed injuries in elderly individuals
a) Objective- 1.10 provide expo	
 To prepare the interns to treat the 	those injuries first hand.
	5
 To prepare the interns to treat To help them understand the space 	2

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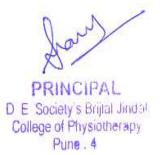
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31) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES to Geriatric population:

COLLABORATING AGENCY/ORGANISATION UNIT: Punarnirman FOUNDATION

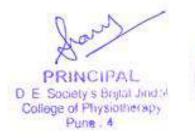
DATE: .A.Y 22-23

D.E.S's Brijlal Jindal College Of Physiotherapy, Pune Name of Activity: Community posting : Punarnirman Name of co-ordinator: Dr. Abha Dhupkar, **Collaborative agency: : Punarnirman** Time: 9am – 1pm FOUNDATION Year: A.Y 2022-23 No.of students participated: 187 Participants: BPTh II, III, IV, Interns, PGs Time: 9am to 1pm Objectives: 1. To make the students provide physiotherapy services to elderly population 2. To sensitize the younger generation on the issue of elderly and creating inter-generational dialog. 3. To motivate interns for better planning and execution of exercise program as per the patients need. 4. To organize various camps for assessment & treatment of geriatric population Outcome: The posting is beneficial for students in observing, learning, planning individual patient handling & management as per patients needs





all'a	Upperfective Upperfective
Outward no: 2022/322	Date : 16/09/2022
	ollege of Physiotherapy, Pune.
We, on behalf of 'PUNARNI team on the commitment a area.	IRMAN SOCIAL FOUNDATION, PUNE' appreciate you and your and efforts in the treatment of geriatric population in Kothrud
Your faculty and students b physiotherapy services to t	save been extremely helpful in rendering the quality his population.
	Punamirman Social Foundation
	2000 R1 APETINGT Director





32) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES TO FAMILY DEPRIVED CHILDREN

COLLABORATING AGENCY/ORGANISATION UNIT (SOFOSH)

DATE: .A.Y 22-23



D.L. Society's BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY, PUNE

Consolidated report for "SOFOSH" posting 2022-23 Collaboration: SOFOSH Sudents: 34

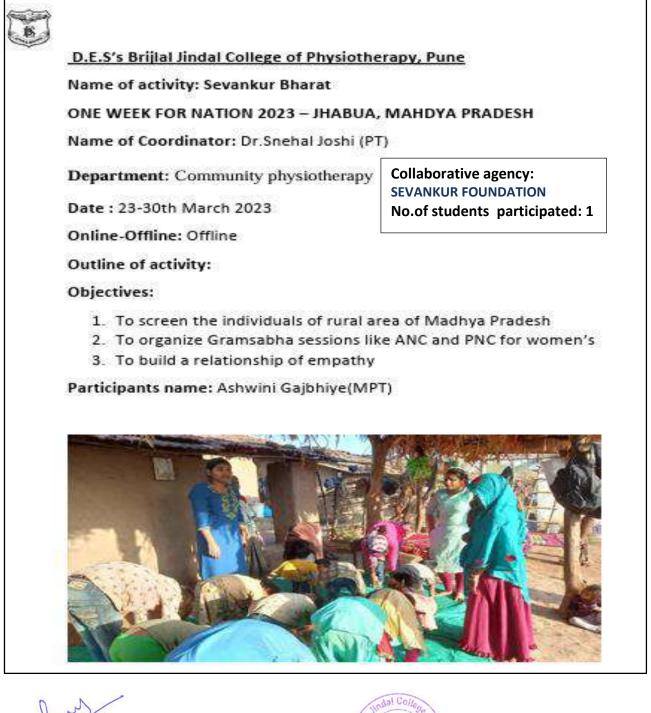
D. E. Society's Brijlal Jindal College of Physiotherapy MPT students provided services to family deprived and orphanage children in A. Y. 2022-23.

Name of Posting	III A COURT OF COURTO	
	BADJATE DIVYA MANOJ	Nayan Kotian
	ATHAVALE SHREEYA ANANT	Anjali Bais
	PATIL RONIT RAVINDRA	Sneha Waydande
	SHRUTIKA JAYANT SAPKAL	Divya Agarwal
	SHAIKH FARKHANDA	Poonam Sonani
	DESHMUKH MANASI	Sachin Kajale
	SAIFEE SAKINA SHOEB HUSSAIN	Riya Patel
	BHANDARI CHAHAT SUSHANT	Palak Darda
SOFOSH	DUPARE SAKSHI HARSHWARDHAN	Vaishnavi Daptare
	HARSHIKA GANESHKUMAR PARWAL	Rani Rodge
	TINAIKAR SAACHI	Anuja Bhalerao
	SHEDGE DNYANESHWARI	Shraddha Ghadge
	BHUTE SIDDHI MANOHAR	Nikita Kolhe
	WADODKAR AKANKSHA	Lynn Fernandes
	ASHWINI SUNIL GAJBHIYE	Alfaiz Tamboli
	SHINDE SHARAYU BHAURAO	Pravin Chavan
	GIRI SNEHAL MACCHIANDRA	Jaya Pathak
rdinator	C.E. Society o Brital	Sign of Principal
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33) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES IN THE COMMUNITY

COLLABORATING AGENCY/ORGANISATION UNIT: (SEVANKUR FOUNDATION)

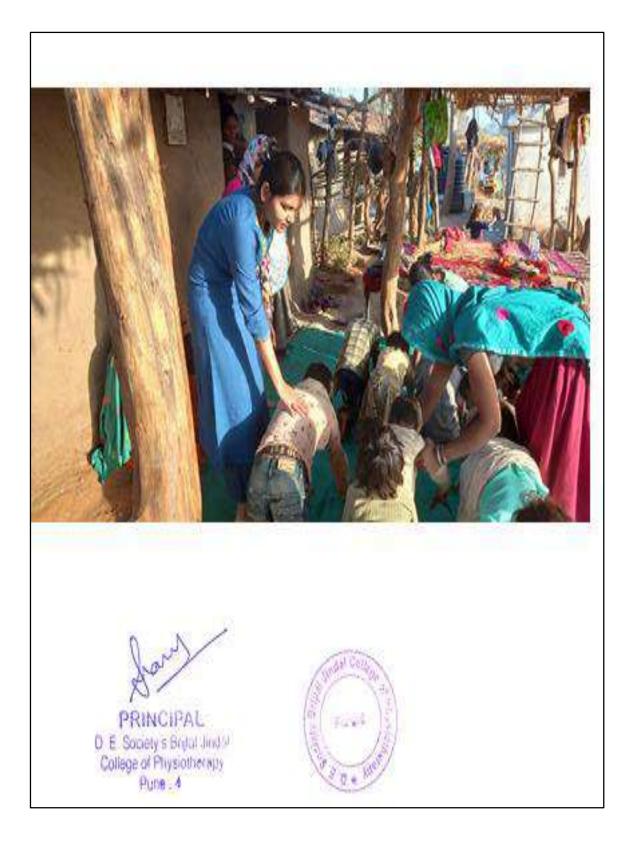
DATE: A.Y: 23-30TH MARCH 23



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D E Society's Brijtal Jindbi College of Physiotherapy Pune . 4





34) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES TO ELDERLY POPULATION

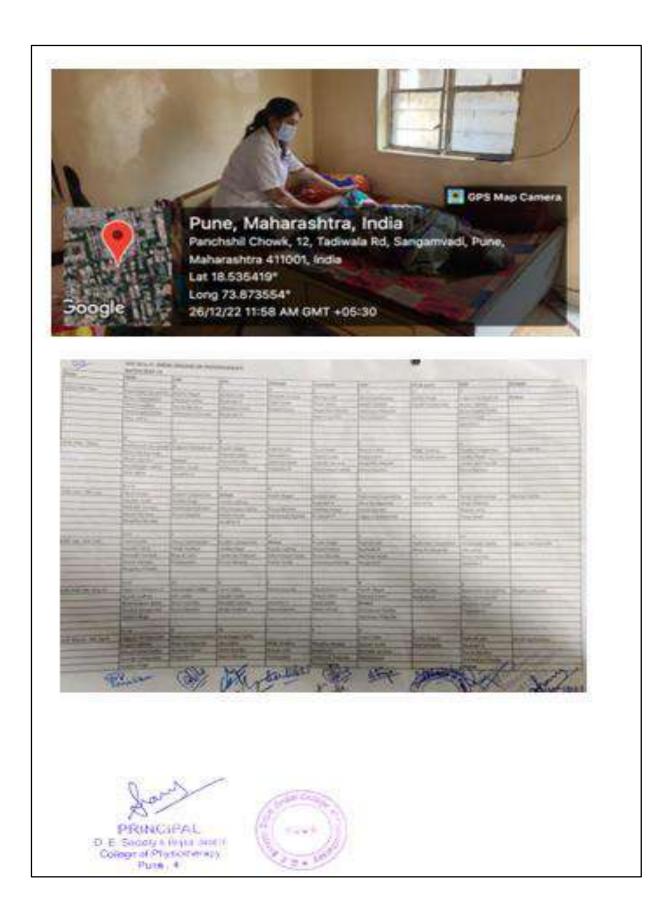
COLLABORATING AGENCY/ORGANISATION UNIT : (SCHOOL, SOCIETY OF COMMUNITY HEALTH RELATED OPERATIONAL LINK

DATE:A.Y.22-23

(A)	D.E.S's Brijlal Jindal College Of Pl	nysiotherapy, Pune		
	Name of Activity: Society of community health oriented operational links (SCHOOL) Posting			
	Name of co-ordinator: Dr.Snehal Joshi (PT), Dr. Ashwini Kamble (PT)			
	Posting Days: Monday to Saturday Collaborative agency: SCHOOL Time: 9am – 1pm No.of students participated: 6 Year: A.Y 2022-23 Participants: Interns : Dinkar T, Rujula Jadhav, Shital Bekte, Falguni Deshpande, Mugdha Modak, Shruti Tamhankar			
	Time: 9am to 1pm			
	Outline of activity: Objectives:			
	 To make the students provide physiotherapy services to elderly population in slums in Pune municipal corporation 			
	To sensitize the younger generation on the issue of elderly and creating inter-generational dialog.			
	To motivate interns for better planning and execution of exercise program as per the patients need.			
	Outcome:			
	The posting was beneficial for the interns in planning individual patient management as per patient need.			

PRINCIPAL D E Society's Brijfal Jindal College of Physiotherapy Pune : 4





35) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES TO ELDERLY POPULATION

SEVA AAROGYA FOUNDATION

DATE:A.Y 22-23

-	ent: Com ic Year: 2	munity Physiotherapy 022-23	conaboratio	n: Seva Arogya Its participated: 34
	Constant and			
	Sr. No.	Name of Posting Sahajivan Narayan	Frequency of visits Monday,	Students posted II B.P.Th.
		Peth	Wednesday, Thursday, Saturday	III B.P.Th. IV B.P.Th. Interns I.M.P.T. II M.P.T.
	2	Sahajivan Bhugaon	Friday	Interns I M.P.T. II M.P.T.
	3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	IMP.T. IIM.P.T.
	5	MadhurBhay Baner	Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
~	6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	7	Seva Arogya Foundation	Friday	IMPT IIMPT.
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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

	itudents					
Acaden	ac Year: 2022-23					
	and I			in the second se		
Sr.No.		Ш	IV	Interns	I MPT	H MPT
	Shriya Ambeti	Riya Phatak	Sheetal Bobade	Anand Sakshi	Badjate Divya	Nayan Kotian
	Gauri Bande	Anirudha Brahmanathkar		Bagul Prachi	Athavale Shreeya	Anjali Bais
	Adwait Bhurke	Loukik Kulkarni	Riddhi Chayan	Baria Saddhi	Patil Ronit	Sneha Waydand
	Tanmayee Bhavad	Ashutosh Somwanshi	Kshitja Deshpande	Bekte Sheetal	Shrutika Jayant	Divya Agarwal
	Nidhi Borole	Vasanti Khare	Muktai Deshpande	Bendre Purva	Shaikh Farkhanda	Poonam Sonani
	Sanka Deshmukh	Omkar Bargaje	Sakshi Dhanapune	Borse Pooja	Deshmukh Manasi	Sachin Kajale
	Amruta Gade	Diya Thapar	Rahul Dhavale	Deolasi Mansi	Saifee Sakina	Riya Patel
115	Surbhi Gaikwad	Aarya Gune	Yogita Dhoot	Deshpande Falguni	Bhandari Chahat	Palak Darda
	Samruddhi Gaimukte	Devashree Kukarni	Siddhi Dhumal	Deshpande Rhea	Dupare Sakshi	Vaishnavi Dapta
	Yugeshwari Jadhao	Rajat Ogale	Sejal Doshi	Dombe Aishwarya	Harshika Parwal	Rani Rodge
	Pandhi Jalan	Sara Kukami	Isha Galgali	Dupare Sweejal	Traikar Saachi	Anuja Bhalerao
12	Nikita Jatal	Het Gohil	Pradyot Gokhale	Gomes Chamelle	Shedge Duyaneshwari	Shraddha Ghad
13	Shatakshi Jha	Sarvesh Yeshwant	Shraddha Jagade	Jadhav Rujula	Bhute Siddhi	Nkia Kohe
14	Mugdha Joshi	Vibhuti Kashwal	Kashish Jaiswal	Jain Kashish	Wadodkar Akanksha	Lynn Fernandes
15	Megha Kamble	Snehal Waghmode	Vaishnavi Karde	Joshi Gayatri	Ashwini Gajbhiye	Alfaiz Tamboli
16	Diruvi Kavediya	Pooja Hudu	Sakshi Kaulgud	Katte Mrummayce	Shinde Sharayu	Pravin Chavan
17	Mohini Kagane	Sakshi Houji	Maitreyee Korde	Kende Vaishnavi	Giri Snehal	Jaya Pathak
18	Pranjal Kharche	Rajas Ninje	Vaishnavi Kotkar	Khandawala Rushabh		100
19	Aditi Kulkarni	Shruti Ujagare	Amita Kulkarni	Kunte Shirin		1
20	Atharva Kulkarni	Samraddhi Deshpande	Ishani Kukami	Mane Akshata	No.	
21	Zainab Mahuvawala	Neelina Dandekar	Kareena Kundnani	Megh Thakar		
22	Sara Malkhare	Hitakshi Jaipuria	Shreya Mane	Modak Mugdha		
23	Mitali Nandanwar	Vaidehi Watwe	Sejal Mehta	Navathe Shubham		
24	Sai Neurgaonkar	Drishti Hotwani	Akash Namade	Palwal Privanshi	i.	
25	Samrin Patel	Swaranjali Patil	Girija Paithankar	Patel Pooja	1	
26	Bhargay Patil	Prathamesh Badjate	Priva Pandhi	Rasane Purva	9	
27	Nupur Pendhari	Sanika Wagh	Saisha Patil	Rashmeet Gundatta	1	
	Shruti Pimplapure	Aabha Bobade	Pranah Pawar	Rathi Bharat	-	
	Trishala Sankhlecha	Shreya Jayagond	Shalomh Patil	Rege Vedika	1	
	Pournima Sardeshpande	Mrunalini Gogate	Sanyika Pitule	Sankay Antishka	· · · · · · · · · · · · · · · · · · ·	
	Isha Shepal	Mitika Jasnani	Kalvan Rath	Sathe Isha		
	Archika Shinde	Ashutosh Sharma	Kanchin Rathod	Sathe Swarangee	1	
	Sanika Sarvawanshi	Rutka Khadesve	Samruddhi Shah	Satte Tanvi	1	-
	Avanti Tare	Alisha Sundesha	Arzoo Shkalgar	Solapurkar Srushti		
	Aarti Telane	Contral (Public Stat	Sace Siddheshwar	Surana Rishabh	1	
	Tanua Ubhe		Sarchi Taksande	Tamhankar Shruti		-
	Anajana Venkatgiri	1	Spruha Talikoti	Thakare Dinkar	-	
	Harshita Zambre		Kruttika Wayade	Contract of Contract		
	Rishika Katrela		istanta wavade	-		
	Yuza Kulkarni					
	Revati Gadekar			-		
	Revati Gadekar Rachano Banayadikar					
	Waghmode Mayuri					
	State of Sta			-		
- 44	Sirse Diksha					

Soc ety's 8 ų, * Latin Ostau 3 Jinda/

Principal, D.E. Society's Brijlal Jindal College of Physiotherapy, Pune

36) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES TO ELDERLY POPULATION

ANANDHHAM, JYESHTHA NAGRIK VIRANGULA KENDRA A.Y.: 2022-23

demic Year: 2		No.of student			
and the second se	Name of Posting	Frequency of visits	Students posted		
1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.		
2	Sahajivan Bhugaon	Friday	Interns IMPT IIMPT		
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.		
4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	IMPT. IIMPT.		
5	MadhurBhay Baner	Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.		
6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.		
3	Seva Arogya Foundation	Friday	IMPT - IIMPT		
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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

	itudents nc Year: 2022-23				-	
Acaden	nc Y ear: 2022-23					-
sr.No.	u .	m	IV	Interns	IMPT	II MPT
	Shriva Ambeti	Riva Phatak	Sheetal Bobade	Anand Sakshi	Badjate Divya	Navan Kotian
-	Gauri Bande	Anirodha Brahmanathkar	Yash Chaudhari	Basul Prachi	Athavale Shreeva	Amah Bas
	Adwait Bhurke	Loukik Kulkarni	Riddhi Chavan	Baria Siddhi	Patil Ronit	Sneha Waydand
	Tannavee Bhavad	Ashitosh Somwanshi	Kshitija Deshpande	Bekte Sheetal	Shrutika Jayant	Diva Agarwal
	Nidhi Borole	Vasanti Khare	Muktai Deshpande	Bendre Purva	Shaikh Farkhanda	Poonam Sorani
	Sanka Deshmukh	Omkar Bargaje	Sakshi Dhanapune	Borse Pooja	Deshmukh Manasi	Sachin Kajale
	Amruta Gade	Diya Thapar	Rahul Dhavale	Deolasi Mansi	Saifee Sakina	Riva Patel
	Surbhi Gaikwad	Aarva Gune	Yogita Dhoot	Deshpande Falguni	Bhandari Chahat	Palak Darda
115	Samruddhi Gaimukte	Devashree Kukarni	Siddhi Dhumai	Deshpande Rhea	Dupare Sakshi	Vaishnavi Dapta
	Yuxeshwari Jadhao	Rajat Ogale	Scial Doshi	Dombe Aishwarya	Harshika Parwal	Rani Rodge
	Paridhi Jalan	Sara Kukami	Isha Galeali	Dupare Sweeial	Tinaikar Saachi	Anuia Bhalerao
	Nikita Jatal	Het Gohd	Pradvot Gokhale	Gomes Chamele	Shedge Davaneshwan	Shraddha Ghads
	Shatakshi Jha	Sarvesh Yeshwant	Shraddha Jagade	Jadhay Rujula	Bhute Siddhi	Nkia Kohe
	Mugdha Joshi	Vibbuti Kashwal	Kashish Jaiswal	Jain Kashish	Wadodkar Akanksha	Lynn Fernandes
	Megha Kamble	Snehal Washmode	Vaishnavi K arde	Joshi Gavatri	Ashwini Gaibhiw	Alfaiz Tamboli
	Diruvi Kavediva	Pooja Hudu	Sakshi Kaukud	Katte Mrunmayee	Shinde Sharayu	Pravin Chavan
	Mohini Kagane	Sakshi Houji	Maitrevee Korde	Kende Vaishravi	Giri Snehal	Java Pathak
	Pransal Kharehe	Rajas Nimje	Vaishnavi Kotkar	Khandawala Rushabh	Gin Sheriki	Јауа Гаснак
1010	Aditi Kulkarni	Shruti Ujagare	Amita Kulkarni	Kunte Shrin		y
	Atharva Kukarni	Samuddhi Deshpande	Ishani Kukami	Mane Akshata		
	Zainab Mahuvawala	Neelina Dandekar	Kareena Kundrani	Mane Akshata Mesh Thakar		
	Sara Malkhare			and the second se		
	Mitaä Nandanwar	Hitakshi Jaipuria Vaidehi Watwe	Shreya Mane	Modak Mugdha Navathe Shubham		
	and the second sec		Sejal Mehta	St. In the second s		
	Sai Neurgaonkar	Drishti Hotwani	Akash Namade	Paliwal Priyanshi		
	Samin Patel	Swaranjali Patil	Girija Pathankar	Patel Pooja		
	Bhargay Patil	Prathamesh Badjate	Priya Pandhi	Rasane Purva		
	Nupur Pendhari	Sanika Wagh	Saisha Patil	Rashmeet Gundatta		
	Shruti Pimplaptare	Aabha Bobade	Pranah Pawar	Rath Bharat		
	Trishala Sankhlecha	Shreya Jayagond	Shahmah Patil	Rege Vedika		
	Pournima Sardeshpande	Mrunalini Gogate	Sanvika Phule	Sankay Anushka	-	
	Isha Shepal	Mitika Jaspani	Kalyani Ratha	Sathe Isha		
-	Archika Shinde	Ashutosh Shanna	Kanchan Rathod	Sathe Swarangee		
	Sanika Suryawanshi	Rutika Khadgave	Samruddhi Shah	Satte Tanvi		
	Avanti Tare	Alisha Sundesha	Arzoo Shikalgar	Solapurkar Srushti		
	Aarti Telang		Saee Siddheshwar	Surana Rishabh		
	Tanuja Ubhe		Sanchi Taksande	Tamhankar Shruti		
	Anajana Venkatgiri	S. 52	Spraha Talikoti	Thakare Dinkar	Į	
	Harshita Zambre	N	Kruttika Wavade	1		
1000	Rishika Katrela		1			
	Yuga Kulkarni					
	Revati Gadekar	K. A.				
1,000	Rachana Banavadikar			-		
	Waghmode Mayuri					
44	Sirse Diksha			-		



Principal, D.E. Society's Brijlal Jindal College of Physiotherapy, Fune

37)) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES TO ELDERLY POPULATION

SAHJIVAN, OLD AGE HOME

A.Y.: 2022-23

ademic Ye	ar: 2022-23	Collaboration	ts participated: 187
	No. Name of Posting	Frequency or visits	
1	Sahajiwan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
2	Sahajivan Bhugaon	Friday	Interns I M.P.T. II M.P.T.
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	I MP.T IFM.P.T.
5	MadhurBhav Baner	Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
2	Seva Arogya Foundation	Friday	IMPT - IIMPT
n of HoD	F (*)	boo and a state and	Sign of Principal Principal, D.E. Society's Indal College of Physiotherapy,



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

and the second second second	itudents	1				
Academ	ic Year: 2022-23					-
Sr.No.	н	ш	IV	Interns	IMPT	H MPT
1	Shriya Ambeti	Riva Phatak	Sheetal Bobade	Anand Sakshi	Badjate Divya	Nayan Kotian
2	Gauri Bande	Anirodha Brahmanathkar	Yash Chaudhari	Bagul Prachi	Athavale Shreeya	Anjali Bais
3	Adwait Bhurke	Loukik Kulkami	Riddhi Chavan	Baria Siddhi	Patil Ronit	Sneha Waydand
4	Tannavee Bhavad	Ashutosh Somwanshi	Kshitija Deshpande	Bekte Sheetal	Shrutika Jayant	Diva Agarwal
5	Nidhi Borok	Vasanti Khare	Muktai Deshpande	Bendre Purva	Shaikh Farkhanda	Poonam Sonani
6	Sanka Deshnukh	Omkar Bargaje	Sakshi Dhanapune	Borse Pooja	Deshmukh Manasi	Sachin Kajale
7	Amruta Gade	Diya Thapar	Rahul Dhavale	Deolasi Mansi	Saifee Sakina	Riva Patel
8	Surbhi Gaikwad	Aarva Gune	Yogita Dhoot	Deshpande Fakuni	Bhandari Chahat	Palak Darda
9	Samruddhi Gaimukte	Devashree Kukarni	Siddhi Dhumai	Deshpande Rhea	Dupare Sakshi	Vaishnavi Dapta
10	Yuzeshwari Jadhao	Rajat Ogale	Seial Doshi	Dombe Aishwarya	Harshika Parwal	Rani Rodge
	Pandhi Jalan	Sara Kukami	Isha Galeali	Dupare Sweeial	Traikar Saachi	Anuia Bhalerao
	Nikita Jatal	Het Gohil	Pradyot Gokhale	Gomes Chamele	Shedge Dayaneshwari	Shraddha Ghada
	Shatakshi Jha	Sarvesh Yeshwant	Shraddha Jagade	Jadhay Rujula	Bhute Siddhi	Nikita Kolhe
	Mugdha Joshi	Vibhuti Kashwal	Kashish Jaiswal	Jain Kashish	Wadodkar Akanksha	Lynn Fernandes
-	Meeha Kamble	Snebal Washmode	Vaishnavi Karde	Joshi Gavatri	Ashwini Gaibhive	Alfaiz Tamboli
10.0	Dhruvi Kavediya	Pooja Hudu	Sakshi Kaukud	Katte Mrunmayce	Shinde Sharayu	Pravin Chavan
	Mohini Kagane	Sakshi Houn	Maitrevee Korde	Kende Vaishravi	Giri Snehal	Java Pathak
1211	Pransal Kharche	Rajas Nime	Vaishnavi Kotkar	Khandawala Rushabh	CHILDREN IN	and a manner
121.2	Aditi Kulkarni	Shruti Ujagare	Amita Kulkarni	Kupte Shrin		9
	Atharya Kukarni	Samraddhi Deshpande	Ishani Kukami	Mane Akshata		1
	Zainab Mahuvawala	Neelina Dandekar	Kareena Kundrani	Mesh Thakar		
	Sara Malkhare	Hitakshi Jaipuria	Shreya Mane	Modak Mugdha		
	Mitali Nandanwar	Vaidehi Watwe	Sejal Mehta	Navathe Shubham		
-	Sai Neurgaonkar	Drishti Hotwani	Akash Namade	Palwal Privanshi	1	
	Samin Patel	Swaramali Patil	Girna Parlankar	Patel Pooia		
	Bhargay Patil	Prathamesh Badjate	Priva Pandhi	Rasane Purva	ŷ	
10.00	Nupur Pendhari	Sanika Wagh	Saisha Patil	Rashmeet Gundatta		
	Shruti Pimplapure	Aabha Bobade	Pranah Pawar	Rath Bharat		
	Trishala Sankhlecha	Shreya Jayagond	Shahmah Patil	Rese Vedika	1	
	Pournima Sardeshpande	Mrunalini Gogate	Sanvika Phule	Sankay Anushka	2	
_	Isha Shepal	Mitika Jasnani	Kalyani Rath	Sathe Isha		
	Archika Shinde	Ashutosh Sharma	Kanchan Rathod	Sathe Swarangee		
	Sanka Sarvawanshi	Rutika Khadeave	Samruddhi Shah	Satte Tanvi		
	Avanti Tare	Alisha Sundesha	Arzoo Shikalgar	Solapurkar Srushti		
	Aarti Telang	Contractor and Contractor	Sace Siddheshwar	Surana Rishabh	1	
	Tanuja Ubhe		Sanchi Taksande	Tambankar Shrati		-
	Anaşana Venkatgiri		Spraha Talikoti	Thakare Dinkar		
	Harshita Zambre		Kruttika Wayade			
	Rishka Katrela		in a sublicit in a sublicit	P		
	Yuga Kulkarni					
	Revati Gadekar			-		
	Rechang Banavadikar			-		
1,000	Waghmode Mayuri					



Principal, D.E. Society's Brijlal Jindal College of Physiotherapy, Pune

38)) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES TO ELDERLY POPULATION

MADHURBHAV

A.Y.: 2022-23

artment: Com	munity Physiotherapy				
demic Year: 2	022-23	No.of students	No.of students participated: 187		
Sr. No.	Name of Posting	Frequency of visits	Students posted		
1	Sahajiwan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.		
2	Sahajivan Bhugaon	Friday	Interns IMPT IIMPT		
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.		
4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	IMPT IIMPT		
5	MadhurBhay Baner	Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th IV B.P.Th Interns I M.P.T. II M.P.T.		
6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.		
2	Seva Arogya Foundation	Friday	IMPT- IIMPT		
a of HoD	190 + 190 190 190	poc etty's de soldar Brijtat J	Sign of Principal Principal, D.E. Society's Indal College of Physiotherapy		



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

and the second second second	itudents	1				
Academ	ic Year: 2022-23					-
Sr.No.	н	ш	IV	Interns	IMPT	H MPT
1	Shriya Ambeti	Riva Phatak	Sheetal Bobade	Anand Sakshi	Badjate Divya	Nayan Kotian
2	Gauri Bande	Anirodha Brahmanathkar	Yash Chaudhari	Bagul Prachi	Athavale Shreeya	Anjali Bais
3	Adwait Bhurke	Loukik Kulkami	Riddhi Chavan	Baria Siddhi	Patil Ronit	Sneha Waydand
4	Tannavee Bhavad	Ashutosh Somwanshi	Kshitija Deshpande	Bekte Sheetal	Shrutika Jayant	Diva Agarwal
5	Nidhi Borok	Vasanti Khare	Muktai Deshpande	Bendre Purva	Shaikh Farkhanda	Poonam Sonani
6	Sanka Deshnukh	Omkar Bargaje	Sakshi Dhanapune	Borse Pooja	Deshmukh Manasi	Sachin Kajale
7	Amruta Gade	Diya Thapar	Rahul Dhavale	Deolasi Mansi	Saifee Sakina	Riva Patel
8	Surbhi Gaikwad	Aarva Gune	Yogita Dhoot	Deshpande Fakuni	Bhandari Chahat	Palak Darda
9	Samruddhi Gaimukte	Devashree Kukarni	Siddhi Dhumai	Deshpande Rhea	Dupare Sakshi	Vaishnavi Dapta
10	Yuzeshwari Jadhao	Rajat Ogale	Seial Doshi	Dombe Aishwarya	Harshika Parwal	Rani Rodge
	Pandhi Jalan	Sara Kukami	Isha Galeali	Dupare Sweeial	Traikar Saachi	Anuia Bhalerao
	Nikita Jatal	Het Gohil	Pradyot Gokhale	Gomes Chamele	Shedge Duyaneshwari	Shraddha Ghads
	Shatakshi Jha	Sarvesh Yeshwant	Shraddha Jagade	Jadhay Rujula	Bhute Siddhi	Nikita Kolhe
	Mugdha Joshi	Vibhuti Kashwal	Kashish Jaiswal	Jain Kashish	Wadodkar Akanksha	Lynn Fernandes
-	Meeha Kamble	Snebal Washmode	Vaishnavi Karde	Joshi Gavatri	Ashwini Gaibhiye	Alfaiz Tamboli
10.0	Dhruvi Kavediya	Pooja Hudu	Sakshi Kaukud	Katte Mrunmayce	Shinde Sharayu	Pravin Chavan
	Mohini Kagane	Sakshi Houn	Maitrevee Korde	Kende Vaishravi	Giri Snehal	Java Pathak
1211	Pransal Kharche	Rajas Nime	Vaishnavi Kotkar	Khandawala Rushabh	CHILDREN IN	and a manner
121.2	Aditi Kulkarni	Shruti Ujagare	Amita Kulkarni	Kupte Shrin		9
	Atharya Kukarni	Samraddhi Deshpande	Ishani Kukami	Mane Akshata		1
	Zainab Mahuvawala	Neelina Dandekar	Kareena Kundrani	Mesh Thakar		
	Sara Malkhare	Hitakshi Jaipuria	Shreya Mane	Modak Mugdha		
	Mitali Nandanwar	Vaidehi Watwe	Sejal Mehta	Navathe Shubham		
-	Sai Neurgaonkar	Drishti Hotwani	Akash Namade	Palwal Privanshi	1	
	Samin Patel	Swaramali Patil	Girna Parlankar	Patel Pooia		
	Bhargay Patil	Prathamesh Badjate	Priva Pandhi	Rasane Purva	ŷ	
10.00	Nupur Pendhari	Sanika Wagh	Saisha Patil	Rashmeet Gundatta		
	Shruti Pimplapure	Aabha Bobade	Pranah Pawar	Rath Bharat		
	Trishala Sankhlecha	Shreya Jayagond	Shahmah Patil	Rese Vedika	1	
	Pournima Sardeshpande	Mrunalini Gogate	Sanvika Phule	Sankay Anushka	2	
_	Isha Shepal	Mitika Jasnani	Kalyani Rath	Sathe Isha		
	Archika Shinde	Ashutosh Sharma	Kanchan Rathod	Sathe Swarangee		
	Sanka Sarvawanshi	Rutika Khadeave	Samruddhi Shah	Satte Tanvi		
	Avanti Tare	Alisha Sundesha	Arzoo Shikalgar	Solapurkar Srushti		
	Aarti Telang	Contractor and Contractor	Sace Siddheshwar	Surana Rishabh	1	
	Tanuja Ubhe		Sanchi Taksande	Tambankar Shrati		-
	Anaşana Venkatgiri		Spraha Talikoti	Thakare Dinkar		
	Harshita Zambre		Kruttika Wayade			
	Rishka Katrela		in a sublicit in a sublicit	P		
	Yuga Kulkarni					
	Revati Gadekar			-		
	Rechang Banavadikar			-		
1,000	Waghmode Mayuri					

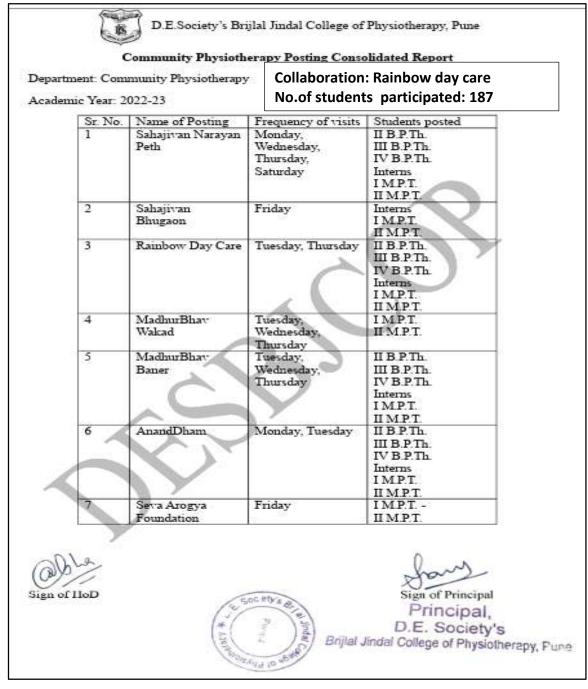


Principal, D.E. Society's Brijlal Jindal College of Physiotherapy, Pune

39) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES TO ELDERLY POPULATION

RAINBOW, DAY CARE

A.Y.: 2022-23





D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

	itudents					
Acaden	ac Year: 2022-23					
	and I		and a lo	in the second se		
Sr.No.		Ш	IV	Interns	I MPT	H MPT
	Shriya Ambeti	Riya Phatak	Sheetal Bobade	Anand Sakshi	Badjate Divya	Nayan Kotian
	Gauri Bande	Anirudha Brahmanathkar	Yash Chaudhari	Bagul Prachi	Athavale Shreeya	Anjali Bais
	Adwait Bhurke	Loukik Kulkarni	Riddhi Chavan	Baria Saddhi	Patil Ronit	Sneha Waydand
	Tanmayee Bhavad	Ashutosh Somwanshi	Kshitja Deshpande	Bekte Sheetal	Shrutika Jayant	Divya Agarwal
	Nidhi Borole	Vasanti Khare	Muktai Deshpande	Bendre Purva	Shaikh Farkhanda	Poonam Sonani
	Sanka Deshmukh	Omkar Bargaje	Sakshi Dhanapune	Borse Pooja	Deshmukh Manasi	Sachin Kajale
	Amruta Gade	Diya Thapar	Rahul Dhavale	Deolasi Mansi	Saifee Sakina	Riya Patel
	Surbhi Gaikwad	Aarya Gune	Yogita Dhoot	Deshpande Falguni	Bhandari Chahat	Palak Darda
	Samruddhi Gaimukte	Devashree Kukarni	Siddhi Dhumal	Deshpande Rhea	Dupare Sakshi	Vaishnavi Dapta
	Yugeshwari Jadhao	Rajat Ogale	Sejal Doshi	Dombe Aishwarya	Harshika Parwal	Rani Rodge
	Pandhi Jalan	Sara Kukami	Isha Galgali	Dupare Sweejal	Traikar Saachi	Anuja Bhalerao
12	Nikita Jatal	Het Gohil	Pradyot Gokhale	Gomes Chamelle	Shedge Duyaneshwari	Shraddha Ghad
13	Shatakshi Jha	Sarvesh Yeshwant	Shraddha Jagade	Jadhav Rujula	Bhute Siddhi	Nkia Kohe
14	Mugdha Joshi	Vibhuti Kashwal	Kashish Jaiswal	Jain Kashish	Wadodkar Akanksha	Lynn Fernandes
15	Megha Kamble	Snehal Waghmode	Vaishnavi Karde	Joshi Gayatri	Ashwini Gajbhiye	Alfaiz Tamboli
16	Diruvi Kavediya	Pooja Hudu	Sakshi Kaulgud	Katte Mrummayce	Shinde Sharayu	Pravin Chavan
17	Mohini Kagane	Sakshi Houji	Maitreyee Korde	Kende Vaishnavi	Giri Snehal	Jaya Pathak
18	Pranjal Kharche	Rajas Ninje	Vaishnavi Kotkar	Khandawala Rushabh		100
19	Aditi Kulkarni	Shruti Ujagare	Amita Kulkarni	Kunte Shirin		1
20	Atharva Kulkarni	Samraddhi Deshpande	Ishani Kukami	Mane Akshata	No.	
21	Zainab Mahuvawala	Neelina Dandekar	Kareena Kundnani	Megh Thakar		
22	Sara Malkhare	Hitakshi Jaipuria	Shreya Mane	Modak Mugdha		
23	Mitali Nandanwar	Vaidehi Watwe	Sejal Mehta	Navathe Shubham		
24	Sai Neurgaonkar	Drishti Hotwani	Akash Namade	Palwal Privanshi	i.	
25	Samrin Patel	Swaranjali Patil	Girija Paithankar	Patel Pooja	1	
26	Bhargay Patil	Prathamesh Badjate	Priva Pandhi	Rasane Purva	9	
27	Nupur Pendhari	Sanika Wagh	Saisha Patil	Rashmeet Gundatta	1	
	Shruti Pimplapure	Aabha Bobade	Pranah Pawar	Rathi Bharat	-	
	Trishala Sankhlecha	Shreya Jayagond	Shalrmah Patil	Rege Vedika	1	
	Pournima Sardeshpande	Mrunalini Gogate	Sanvika Pitule	Sankay Antishka	· · · · · · · · · · · · · · · · · · ·	
	Isha Shepal	Mitika Jasnani	Kalvani Rath	Sathe Isha		
	Archika Shinde	Ashutosh Sharma	Kanchin Rathod	Sathe Swarangee	1	
	Sanika Sarvawanshi	Rutka Khadesve	Samruddhi Shah	Satte Tanvi	1	
	Avanti Tare	Alisha Sundesha	Arzoo Shkalear	Solaparkar Srushti		
	Aarti Telane	Contractor and a state	Sace Siddheshwar	Surana Rishabh	1	
	Tanua Ubhe		Sanchi Taksande	Tamhankar Shruti		-
	Anajana Venkatgiri		Spraha Talikoti	Thakare Dinkar		
	Harshita Zambre		Kruttika Wayade	Contraction of the Property of		
	Rishika Katrela		is and in a value	-		
	Yuza Kulkarni					
	Revati Gadekar					
	Rechano Banavadikar					
	Waghmode Mayuri					
	State of Sta			-		
- 44	Sirse Diksha					

Soc ety's 8 ų, * Latin Ostau 3 Jinda/

Principal, D.E. Society's Brijlal Jindal College of Physiotherapy, Pune

LIST OF COLLABORATING AGENCY AND NUMBER OF STUDENTS

2022-23

D.E. Society's



BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Fergusson College Campus, Pune - 411 004 •Phone : (020) 67656471,67656467
•Fax : (91) (020) 67656494, 67656120 • E-mail : <u>descoppune@gmail.com</u>
•Web-site :www.desphysiotherapycollege.com , <u>www.despune.org</u>
Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

LIST OF COLLABORATING AGENCY AND NUMBER OF STUDENTS PARTICIPTED IN EXTENSION AND OUTREACH ACTIVITY DURING ACADEMIC YEAR 2022-23

DESBJCOP collaborates with various collaborating agency to conduct different extension & outreach activities like sports events, community activities, geriatric camps, physiotherapy services at amputation center and treatment for special children. The details are as follows:

Sr.no			
	Name of extension activity	COLLABORATING AGENCY /ORGANISATION UNIT	NUMBER OF STUDENTS PARTICIPATION
1)			
	Football matches	Poona District Football Association(PDFA)	Shrusti S,Rishabh S,Rashmeet G, Rujula J .: 4
2)	ITF Tennis tournament	Fit-to -sport academy	Megh Thakkar,Purva B, Isha S, Rushabh K.: 4
3)	Sports activity	D.E.S. Primary School ground, Tilak Road	Anushka S, Rohini K,Manasi D, Mughdha M: 4
4)			
	Orthosis distribution and fitting camp	Bharat Vikas Parishad, vikalang punarvasan Kendra	Janvi M, Shriprbha T,Arya K,Uma S,Amruta B,Apoorva J, : 6
5)	Inter collegiate Shahu football Trophy	AISSMS college of engineering,Pune	Mugdha Modak, Mansi Deolasi, Sheetal Bekte, Shruti Tamhankar, Pooja Patel, Purva Bendre, Siddhant Deshmukh, Megh Thakar, Bharat Rathi, Prachi Bagul, Nikita Chopade: 11.
6)			
	Amputation : Camp for exercise prescription after prosthetic fitting	Bharat Vikas Parishad, vikalang punarvasan Kendra	Sachin Kale, Yash Chaudhari: 2
7)			
	Maharashtra State Youth League tournament	WIFA	Megh Thakar, Kashish Jain.: 2

8)	Geriatric Assessment	Punarnirman, Erandwane arogya	Riya J, , Kartiki V, Lyn F,,Alfaiz T:
	camp	kothi	4
9)	Community Helper training module.	Seva Aroygya foundation	Riya J, Komal V, Kartiki V, Lyn F,Nikita K,Alfaiz T: 6
10)	Advance diploma in industrial safety training	Technical institute DES, Pune	Divya A, Nayan K, Anjali B, Sachin K, Poonam S, Sneha W: 6
11)	Camp for exercise		
11)	prescription after prosthetic fitting	Bharat Vikas Parishad, vikalang punarvasan Kendra	Sneha W,Yash Chaudhari C,Saee S, Sachin Kajale .: 4
12)			
	Camp for exercise prescription after prosthetic fitting	Bharat Vikas Parishad, vikalang punarvasan Kendra	Manasi D, Farkanda, Divya B, Sachin K. 4
13)		•	
	Maharashtra State police games, SRPF,Wanowarie	B.J.Medical college,Sasson hospital,pune	Bharat rathi, Vedika R, Jaya P, Pravin C: 4
14)	Maharashtra State Olympics - Water Polo Matehas Physic Support	MAHARAHTRA OLYMPIAD ASSOCIATION	Chirin Kuntha Magh Thakari 2
15)	Matches Physio Support	ASSOCIATION	Shirin Kunthe, Megh Thakar: 2
13)	Consign Citizen / Manathan	Circuit a starts	Poorva B, Pooja P,Akshata
16)	Senior Citizens' Marathon	Simple steps	M,Dinkar T .: 4
10)	Inter class competition	MGGSV,Tilak road	Pooja P, Gayatri J, Falguni D, Tanvi S,Bharat R, DinKer T .: 6
17)	Shirpur Tournament	WIFA	Shubham N.:1
18)	Kids marathon	Simple steps	Falguni D, Dinkar,Rohini k, Anushaka S,Pooja P, Mughdha M,Manasi D,TanviS, Rishabh S, Mrunmayee K,Shruti T,Rujula J,Shrushti S,Vedika R,Poorva R, Rashmeet G,Riya D.: 17
19)			
	Physical activity for ageing	Jagruti Mitra Parivar Sangh	Lyn F, Nikita K, Ronit P, Snehal G,Ashwini G, Sachi T .: 6
20)	Geriatric Camp	Vankeshwar jyeshta nagrik sangh	Riya J, Komal V, Kartiki B, Lyn F,Nikita K,Alfaiz T,Dinkar T, Sai S,Siddhi D, Yash C, Rohini K .:11
21)	Genatric camp	vankeshwar jyeshta nagrik sangi	
21) 			Swaranjali P,Arya G,Drishti H,Nilima D,Abha B,Pooja H, Mitika J,Hitakshi J,Ashitosh S,Laukik k,Vaidehi W,Riya P,Sanika W, Anirudha B,Diya T, Ashutosh S,Het G, Mrunalini G, Vibhuti k, Rajas N, Shreya J,
	Yoga Day	Sofosh	Devashree K, Sakshi H.: 23

22)			
	Sports activity	DES New English School , Tilak road	Sheetal B, Vedika R.: 2
23)	. ,		Akaksha W, Alfaiz T,Nikita
			K,Ashwini G,Lynn F, Isha ,Sakshi
			H,Surabhi ,Archika
			,Samruddhi,Mughdha,Megha
			K,Diksha ,Amruta, Sharayu
	Geriatric camp	Athashri synergy pebbles	S,Yugeshwari.: 16
24)	•	, , , , , , , , , , , , , , , , , , , ,	Akanksha Wadodkar, Alfaiz
,			Tamboli, Isha
			Shepal,Loukik
			Kulkarni, Nikita Kolhe.Swaranjali
			Patil.Ashwini Gajbhiye.Lynn
			Fernandes. Megha
			Kamble,Mugdha Joshi,Pooja
			Hudu, Rajas Nimje. Yugeshwari
			Jadhao, Siddhi Bhute, Avanti
			Tare ,Shreeya Archika
	Geriatric camp	Athashri synergy Balewadi	Shinde.:17
25)			
			Nikita Kolhe,Ashwini G, Akansha
			W,Siddhi b,Mitali, Anuja B, Nidhi
		Madhyavarti Jyeshtha Nagrik	,Samreen, Sara M, Lynn
	Geriatric camp	Sangha Kothrud,	Fernandes: 10
26)			
20)		Punarnirman	Riya Jain, Alfaiz Tamboli, Kartiki
		Foundaton, Erandwane arogya	Bhilare, Riya Jain, Lynn
	Geriatric camp	kothi	Fernandes: 5
27)	Breast feeding awareness	Seth Tarachand Charitable Trust	Riya Jain, Kartiki Bhilare and
	week 2023	Hospital	Komal Valesha.: 3
28)			
	MAHARASHTRA STATE		
	YOUTH LEAGUE		Siddhi R. Charnell Comerce
201	PLAYOFFS Under 13 Inter DES PT Teachers'	WIFA	Siddhi B, Charnell Gomes: 2
29)	Sports day	New English School , Tilak road	Sheetal B, Rashmeet G: 2
30)			
507			Akshata Mane, Pooja P,Dinkar
	Senior citizen marathon	Simple steps	,Purva Rasane .:4
31)	Physiotherapy services to		
	elderly population	Punarnirman Foundaton,Pune	BPT II,III,IV,Interns,PGs: 187
32)	Physiotherapy services to		
	family deprived children	SOFOSH	PG Students: 34
33)	Physiotherapy services in		
	the Community	Sevankur foundation	Ashwini Gajbiye: 1
34)	the continuity		Dinkar, Rujula J, Sheetal B,
54)	Physiotherapy services to	SCHOOL,Society of community	Falguni D, Mughdha M,Shruti T.:
	elderly in slums	health related operational link	6
L			v

35)	Physiotherapy services to elderly	Seva arogya foundation, Pune	PG Students: 34
36)	Physiotherapy services to geriatric population	Anandhham,Jyeshtha nagrik Virangula Kendra	BPT II / III / IV / ,Interns, / PGs: 187
37)	Physiotherapy services to geriatric population	Sahjivan,old age home	BPT II / III / IV / ,Interns, / PGs: 187
38)	Physiotherapy services to geriatric population	MadhurBhav	BPT II / III / IV / ,Interns, / PGs: 187
39)	Physiotherapy services to geriatric population	Rainbow day care.	BPT II / III / IV / ,Interns, /PGs: 187

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Letter for amount generation for extension activities for academic year 2022-23

DES Brijlal Jindal College Of Physiotherapy had participated and carried out various extension and outreach activities with many collaborating agency in last 5 years. The total number of activities in academic year 2022-23 were 39. No amount was generated from these activities.



PRINCIPAL

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1) EXTENSION ACTIVITY: ADVANCE DIPLOMA IN INDUSTRIAL SAFETY

COLLABORATING AGENCY/ORGANISATION UNIT: TECHNICAL INSTITUTE, PUNE

DATE: March 2022

	D.E. Society's			
	BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY Fergusson College Campus, Pune - 411 004 •Phone : (020) 67656471,67656467			
1				
S	•Fax : (91) (020) 67656494, 67656120 • E-mail : <u>descoppune@gmail.com</u> •Web-site :www.desphysiotherapycollege.com , <u>www.despune.org</u> Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik			
4				
	Name of Activity: Demonstration of Prac	tical's for "Advance Diploma in Industrial Safet		
	Course" students.			
	Guest Speaker: Dr Shreya Dhake (PT)	Collaborating agency: :Technical institute		
	Dr Aditi Soman (PT)	No. of students participated: 5		
	Dr Aditi Berry(PT)			
	Name of Coordinator: Dr. Aditi Berry(PT)			
	Department: Cardiovascular and Respiratory Physiotherapy, DESBJCOP			
	Date & Time: 5 /3/2022 [2 pm - 4.30 pm]			
	Online/Offline: Offline			
	Outline of Activity: Demonstration of following practicals			
	. Pulmonary Function Tests			
	Cardiopulmonary resuscitation			
	Physical fitness evaluation- step test			
	Objectives: To orient the participants to	lung function tests, basic life support skills and		
	evaluation of an individual's physical fitness level using Step test			
	Outcome: All the participants were acqua	ainted with the above mentioned skills.		
	Participants: 41 + PG students (Arjun M	1,Siddhi D,Manasi B,Bijal P, Venkatesh Mane)		

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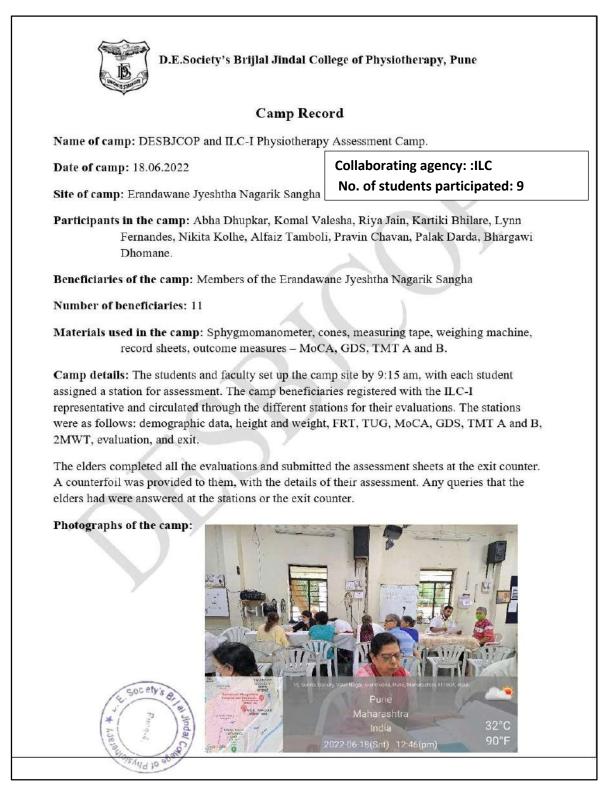
/ and 0 A PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune . 4



Decean Education Society's Technical Institute P B No \$10, DAGT Road Pose 411/004 Telephone 020 - 070/0283/283 E Mail proceeding standard with attribut Diploma in Surface Coating Technology Advance Diploma in Industrial Sufety Date - 52-02/202 Ref No. - 456 2021-22 To, The Principal DES Briglal Jindal College of Physiotherapy Pune -04 Subject - Visit to your Institute for Demonstration of Practicals for ADIS Students Respected Str Madam, We conduct " Advance Diploma in Industrial Safety Course" (MSBTE Approved) since 2009, through DES Technical Institute Pune. Our intake capacity for this course is 10 students per year. As part of our course curriculum, students expected to do practicals of industrial Hy giene & Occupational Health 23115. We request you to give demonstration for following Practicals (Exact number of Students will be communicated to you). 1 Lung Function Test 2 CPR 3 To find Physical Fitness of person by Step Test We therefore request you, kindly allow us to visit your institute for Demoestration of Practicals for ADIS Students Thanks and Regards1 Barr De R H Dongte Head DES Technical Institute Head 0.E. 8 -ral lesting - -Suggested Dates - Between I March 2022 to 7 March 2022 Cat Cel D E. Society's Brijlal Jindai College of Physiotherapy Pune-4.

COLLABORATING AGENCY/ORGANISATION UNIT: ILC, ERANDWANE JYESHTHA NAGRIK SANGHA

DATE: 18-06-22



Camp document prepared by: Abha Dhupkar



COLLABORATING AGENCY/ORGANISATION UNIT: ILC, BAL RANJAN KENDRA

DATE: 09-04-22



COLLABORATING AGENCY/ORGANISATION UNIT: ILC, PHULE JYESHTHA NAGRIK SANGHA

DATE: 19-03-22



COLLABORATING AGENCY/ORGANISATION UNIT: INTERNATIONAL LONGETIVITY CENTRE

DATE: 21-05-22

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune **Camp Record** Name of camp: DESBJCOP and ILC-I Physiotherapy Assessment Camp (follow-up). **Collaborating agency: ILC, Warje** Date of camp: 21.05.2022 No. of students participated: 10 Site of camp: Ganesh Dhyan Mandir, Warje Participants in the camp: Abha Dhupkar, Riya Jain, Komal Valesha, Kartiki Bhilare, Lynn Fernandes, Nikita Kolhe, Alfaiz Tamboli, Krishna Kolhatkar, Akshay Gujar, Taruna Gambhir, Rani Rodge Beneficiaries of the camp: Members of the Ganesh Dhyan Mandir Jyeshtha Nagarik Sangha Number of beneficiaries: 5 Materials used in the camp: Sphygmomanometer, cones, measuring tape, weighing machine, record sheets, outcome measures - MoCA, GDS, TMT A and B. Camp details: This was a follow-up camp. The students and faculty reached the camp site by 9:15 am. The senior PG students set up the camp site, directed the students to their stations and ensured that each member had their equipment ready. The stations were as follows: demographic data, height and weight, FRT, MoCA, GDS, TUG, 2MWT, TMT A and B, evaluation section, exit. The beneficiaries of the camp registered with ILC-I, and then circulated through the different stations. The students at the exit counter explained the camp document to the elders and answered any queries that they had. Camp document prepared by: Abha Dhupkar oc etu 'rincipal. D.E. Society's Brijlal Jindal College of Physiotherapy, Fune

COLLABORATING AGENCY/ORGANISATION UNIT: ILC, JYESHTHA NAGRIK SANGHA , TINGRE NAGAR

DATE: 27-11-21

С	amp Record
Name of camp: Geriatric Camp.	Collaborating agency: : ILC, JYESHTHA NAGRIK SANGHA ,TINGRE NAGAR
	No. of students participated: 10
Date of camp: 27th November 2021.	
Site of camp : Jyeshtha Nagrik Sangha, Vi	idya Nagar, Tingre Nagar, Pune.
	e, Komal Valesha,Kartiki Bhilare,Riya Jain,Akshay xa Jhala,Pooja Patil,Vidhi Kalyani,Arjun and Sharayu
Beneficiaries of the camp: Geriatric Popu	ulation.
Number of beneficiaries: 30	
	anometer, Cones, Tape, Stepper, Weighing Machine,

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Photographs of the camp:





ATTENDANCE OF CAMP AT JYESHTHA NAGRIK SANGHA, VIDYA NAGAR, TINGRE NAGAR, PUNE.

These Students Attended the Geriatric Camp

Sr No		Year
	Name of Student	
1	Komal Valesha	MPT2
2	Kartiki Bhilare	MPT2
3	Riya Jain	MPT2
4	Akshay Salve	MPT1
5	Juilee Khadke	MPT1
6	Krutikka Jhala	MPT1
7	Pooja Patil	MPT1
8	Vidhi Kalyani	MPT1
9	Arjun Mhadgut	MPT1
10	Sharayu Raybole	MPT1



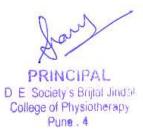
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7) EXTENSION ACTIVITY: INTERNATIONAL OLDER PERSONS DAY

COLLABORATING AGENCY/ORGANISATION UNIT: Sahajevan bhugaon, Madhurbhav, Rainbow day care

DATE: 1-10-21

IS a	rijlal Jindal College of Physiotherapy, Pune Activity Report		
Name of Activity: Internationa	l Older Persons' Day 2021		
Name of Coordinator: Abha Dh	Name of Coordinator: Abha Dhupkar		
Department: Community PT	Collaborating agency: Sahajevan bhugaon,		
Date: 01.10.2021	Madhurbhav,Rainbow day care		
Place: Pune	No. of students participated: 6		
Online / Offline: Online			
Outline of activity: Programme	filled with fun and games for the elderly:		
1. Singing of devotional song	5		
2. Antakshari			
3. Use the word antakshari	3. Use the word antakshari		
4. Short video of older persons' life experiences.			
5. Distribution of handmade cards to the participants.			
a) Objective:			
a. To celebrate Interna	tional Older Person's Day on the 1 st of October		
2021.			
b. To facilitate the postgraduate students in developing, coordinating			
and conducting different programmes.			
b) Participants/ Attendees: Residents of Sahajivan Narayan Peth,			
Sahajivan Bhugaon, MadhurBhav Wakad, and clients of Rainbow Day			
Care Centre, Paud Road.	Soc ety's gran a lindar Private Control of the con		



c) Outcomes:

- a. The elder persons like the different activities that they performed. They enjoyed interacting with people in the same facility as well as from other facilities. They were enthusiastic in their participation and quite competitive.
- b. The PGs needed some facilitation to understand the nature of the programme. Once they knew their own expectations from the programme, they came up with different games and activities for the senior citizens. The PGs also coordinated amongst each other to create the necessary forms, arrange the required material, and conduct the programme at the different venues as well as facilitate amongst the venues.

Photographs:-





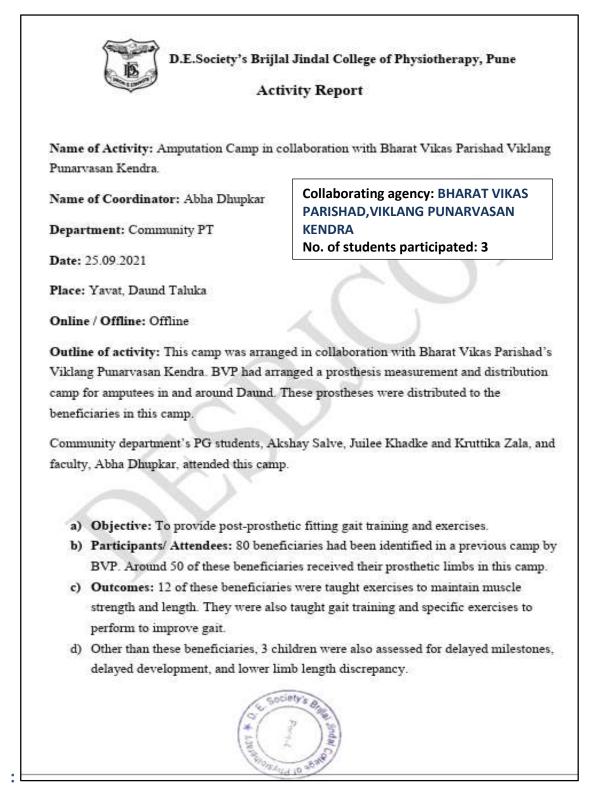
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8) EXTENSION ACTIVITY: ORTHOSIS DISTRIBUTION & FITTING CAMP

COLLABORATING AGENCY/ORGANISATION UNIT: BHARAT VIKAS PARISHAD, VIKLANG PUNARVASAN KENDRA

Date :25-9-21





9) EXTENSION ACTIVITY: INDUSTRIAL VISIT ERGONOMIC SURVEY

COLLABORATING AGENCY/ORGANISATION UNIT:SWAROVSKI,RANJANGAON

DATE: 26-02-22

D.E.Society's Brijlal J	indal College of Physiotherapy, Pune
UNCLUMON	ijlal Jindal College of Physiotherapy, Pune ctivity Report
Name of Activity: Industrial Visit	
Name of Coordinator: Abha Dhupkar	Collaborating agency: SWAROVSKI, industry RANJANGAON
Department: Community PT	No. of students participated: 7
Date: 26.02.2022	
Time: 7 am to 6 pm	
Place: Swarovski Ranjangaon	
Online / Offline: Offline	
Outline of activity: Ergonomic evaluat	ion of workers of a reputed jewelry unit was carried
out, with a shopfloor evaluation.	
a) Objective:	
	ted to the working of environment of an industrial set-
up.	
ii. To perform shop-floor as	ssessments.
iii. To perform worker evalu	
b) Participants/ Attendees:	
i. Riya Jain, Kartiki Bhilar	e, Komal Valesha, Priyanka Patil, Sharayu Raybole,
Rujuta Bhave, Mihir Chi	tale.
ii. Abha Dhupkar	
iii. Prachi Nagul, Akshay M	athur, Prerak Arya, Shraddha Arya
c) Outcomes: The students got to l	learn the different aspects that are to be considered
when evaluating the shopfloor. T	They learnt about worker assessments, and that they
need to be customised for each v	vorking environment. The students got a hands-on
opportunity to interact with world	kers and evaluate them.

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10) EXTENSION ACTIVITY: Industrial visit

COLLABORATING AGENCY/ORGANISATION UNIT:WESTERN INDIA FORGES LTD(WIF)

DATE: 23-07-22

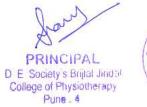
S	Activity Report
	Activity Report
Name of Activity: Industrial Visit 2022	[
Name of Coordinator: Abha Dhupkar	Collaborating agency: WESTERN INDIA
Department: Community PT	FORGES LTD(WIF) No. of students participated: 6
Date: 23.07.2022	
Place: Western India Forgings Ltd.	
Online / Offline: Offline Industrial visit	
Outline of activity: Evaluation of the We	stem India Forgings Ltd. Factory workers,
ergonomic site survey.	
a) Objective: identify common post	ins and issues of the workers
	ers, 6 PG students: Riya Jain, Komal Valesha,
Kaniki Bhilare, Lynn Fernandes, 1	
c) Outcomes:	
1. Students led the visit, learn	ing teanwork and administration.
2. Worker assessment highlig	hted the need for frequent evaluations to work in
the preventive area of indu	strial health.
Photographs:-	
Report created by: Abba Dhupkar	Principal, D.E. Society's Britel Jindel College of Physiotherep

11) EXTENSION ACTIVITY: PROSTHETIC ASSESMENT CAMP

COLLABORATING AGENCY/ORGANISATION UNIT: BHARAT VIKAS VIKLANGA PUNARVASAN KENDRA

DATE: 19 JUNE22

		lal Jindal College of Physiotherapy, Pune P FOR EXERCISE PRESCRIPTION AFTER FOR AMPUTEES.	
	Name of co-ordinator: Dr. Aditi Soman(PT)		
	Department: Cardiovascular and Respiratory Physiotherapy		
	Date/Time:19th June,2022; 9.30-4.15pm		
	Place: Bharat VikasParishad	, vikalangpunarvasan Kendra, Nalstop, Pune.	
	Online/offline: Offline Outline of activity:	Collaborating agency: Bharat vikas parishad Kendra No. of students participated: 7	
1.		tand the important aspects of amputee rehabilitation after lead to better mobility skills of an amputee.	
	2. To increase awareness am faced by an amputee during p	ong budding physiotherapists regarding the challenges prosthetic training.	
	3. To motivate PG students a exercise programme.	and amputees for better planning and execution of home	
	Outcome:		
	The activity helped students amputees after fitting of pros	to understand evaluation and exercise regimen for sthesis.	







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Sr. No.	Name of Attendee	Student of:
1	Isha Sathe	IV B.P.Th
2	Nayan Kotian	1MPT CVRS PT
3	Divya Agrawal	1MPT CVRS PT
4	Nikita Kolhe	1MPT CBR
5	Poonam Senani	1MPT CVRS PT
6	Shraddha Ghdge	1MPT Neuro PT
7	Vaidehi	IV B.P.Th

12) EXTENSION ACTIVITY: ARTIFICIAL LIMB DISTRIBUTION FOR AMPUTEES

COLLABORATING AGENCY/ORGANISATION UNIT: BHARAT VIKAS VIKLANGA PUNARVASAN KENDRA

DATE: 22.03.2022

D.E.Society's	Brijlal Jindal College of Physiotherapy, Pune
D.E.Society	's Brijlal Jindal College of Physiotherapy, Pune
10	
~	Activity Report
Name of Activity: Prosthesis A	ssessment camp
Name of Coordinator: Shreya	Dhake
Department: Cardiovascular an	nd Respiratory Sciences PT
Date: 22.03.2022	
Time: 9 am to 3 pm	Collaborating agency: BHARAT VIKAS
	VIKLANGA PUNARVASAN KENDRA
Place: PMC Arogya Kothi	No. of students participated: 3
Online / Offline: Offline visit.	
Wheelchair bound amputees we demonstrated and the same were measurements of prosthesis are them about measurements and n improving strength, balance and the patients didn't receive streng hospital. Overall, patients lacked centres available for the treatme	The camp. Our students did assessments of patients. The given crutch training, strength and balance exercises were advised to be performed at home as well. Students saw how taken. Prosthesis and orthotics professionals also explained modifications to be done. Many patients were unaware about and endurance of limbs before prosthesis fitting. Almost 90% of thening and balance training post discharge form the d knowledge about rehabilitation centres and physiotherapy int. This camp gave our students very enriching exposure. Tough this measurement camp will be conducted on 19 th June ear students and 1 faculty
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Jon	

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13) EXTENSION ACTIVITY: EXERCISE AWARENESS FOR SENIOR CITIZEN

COLLABORATING AGENCY/ORGANISATION UNIT: LOKMANYA MULTIPURPOSE CO-OP BANK, WADGAON SHERI

DATE: 25-11-21

D.E. Society's BRIJLAL JINDAL COLLEGE OF PHYSIOTH	ERAPY	
Name of Activity: - Lecture Demo on Exercise aware	eness for senior citizens	
Name of Coordinator: Abha Dhupkar; Diptee Bhole Department: Community Physiotherapy	Collaborating Agency: Lokmanya Multipurpose Co-Op Bank,Wadgaon No. Of Students Participated: 2	
Student participants: Community MPT students; Juilee Khadke; Akshay Salve		
Date: 25/11/2021		
Place: Lokmanya Multipurpose Co-Op bank, Wadga	on Sheri branch	
Schedule of activity:		
i) Presentation on effects of ageingii) Scope of physiotherapy and exercises in heiii) Ergonomic advice for prevention of aches		
Outline of activity:		
 a) Objective: Importance of exercises in ageing b) Participants/ Attendees: Clients of the bank c) Outcomes: Better awareness and understandin maintenance of physical activity and exercises mostly provided in Marathi and Hindi for better 	s in ageing. The explanation was	
Coordinator's signature: -		
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40-Wadgaonsheri Pune:- Physiotherapy programme on 25/11/2021 at Lokmanya Wadgaonsheri branch.

wadgaonsheri wadgaonsheri <wadgaonsheri.pune@lokmanyasociety.org>

Thu 11/18/2021 4:43 PM

To:Office Physiotherapy <office.physiotherapy@despune.org>

DEAR SIR/MADAM,

We are celebrating our(Lokmanya Multipurpose co-operative society) Wadgaonsheri branch 7th Anniversary on 25/11/2021.

You are very much aware that most of our customer are senior citizen.

To guide them we request you please arrange to send your team for demo on Physiotherapy on this occasion at 4 to 5.30 PM.

Which one is benefited our old customers.

Thanking You Yours Faithfully

Suresh Bokade Branch Manager Wadgaonsheri Branch Pune

Ph.No-020-27033190



PRINCIPAL D. E. Society's Brijlal Jind College of Physiotherapy Purie



6th Oct. 2021

To,

The Principal,

Brijlal Jindal college of physiotherapy,

Pune.

Respected Madam,

We are thankful to you for conducting session (lecture-Demonstration) on "Office Ergonomics" at our Zonal office, SB Road and on "Exercise awareness for the senior citizens" at Wadgaonsheri Branch.

We appreciate the efforts taken by you for the presentation......The interaction session was very effective and all the participants were benifited to great extent by knowing impotance of physiotherapy.....

In the true sense, your institution is serving to the society by educating public at large.

Thank you once again for putting your best efforts!

Yours faithfully,

Sushil Jadhav, Zonal Manager,

W

Pune Zonal office, Pune





PRINCIPAL . C. Seulery - Critici Jind Solleys of Paymentation

Maharashtra I Karnataka I Goa I Delhi I Reg. No. M.C.S.C./C.R./140/2002 I <u>www.lokmanvasocietv.org</u> Corporate Office: 195/A, Nasco Royals, Guruwar Peth, Tilakwadi, Belgaum 590006 I 1800 212 4050 Head Office: 967/10, Next to Ratna Memorial Hospital, Senapati Bapat Road, Shivajinagar, Pune 411016

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14) EXTENSION ACTIVITY: OFFICE ERGONOMICS

COLLABORATING AGENCY/ORGANISATION UNIT: LOKMANYA MULTIPURPOSE BANK SB ROAD

DATE: 7-10-21

D.E. Society's BRIJLAL JINDAL COLLEGE OF PHYSIC	OTHERAPY	
Name of Activity: - Lecture Demo on Office Erg Co-Op bank on SB Road branch Name of Coordinator: Diptee Bhole; Abha Dhupl Department: Musculoskeletal Physiotherapy Student participants: Musculoskeletal MPT stude	Collaborating Agency: : LOKMANYA MULTIPURPOSE BANK SB ROAD No. Of Students Participated: 2	
Date: 07/10/2021 Place: Lokmanya Multipurpose Co-Op bank, Sen Schedule of activity:	apati Bapat road branch	
 i) Introduction to session by Zonal Manager ii) Presentation on principles and importance of ergonomics iii) Demonstration of basic office stretches exercises as Group therapy iv) Ergonomic advice for prevention of postural pain 		
 Outline of activity: a) Objective: Awareness of scope and effecti b) Participants/ Attendees: Employees of ban c) Outcomes: Better awareness and understar sitting postures among attendees and appli explanation in Marathi improved effective 	k of all cadres nding about the importance of correct cation of Physiotherapy. The	
Coordinator's signature: - D&D		

n'

PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune . 4







6th Oct. 2021

To,

The Principal, Brijlal Jindal college of physiotherapy, Pune.

Respected Madam,

We are thankful to you for conducting session (lecture-Demonstration) on "Office Ergonomics" at our Zonal office, SB Road and on "Exercise awareness for the senior citizens" at Wadgaonsheri Branch.

We appreciate the efforts taken by you for the presentation......The interaction session was very effective and all the participants were benifited to great extent by knowing impotance of physiotherapy.....

In the true sense, your institution is serving to the society by educating public at large.

Thank you once again for putting your best efforts!

Yours faithfully,

Sushil Jadhav,

W

Zonal Manager,

Pune Zonal office, Pune



PRINCIPAL 8. 6. Soulary - Total Jud College of Payotal Society

Maharashtra I Karnataka I Goa I Delhi I Reg. No. M.C.S.C./C.R./140/2002 I <u>www.lokmanyasociety.org</u> Corporate Office: 195/A, Nasco Royals, Guruwar Peth, Tilakwadi, Belgaum 590006 I 1800 212 4050 Head Office: 967/10, Next to Ratna Memorial Hospital, Senapati Bapat Road, Shivajinagar, Pune 411016

15) EXTENSION ACTIVITY: AROGYA WARI DURING PALKHI

COLLABORATING AGENCY/ORGANISATION UNIT: SAKAL

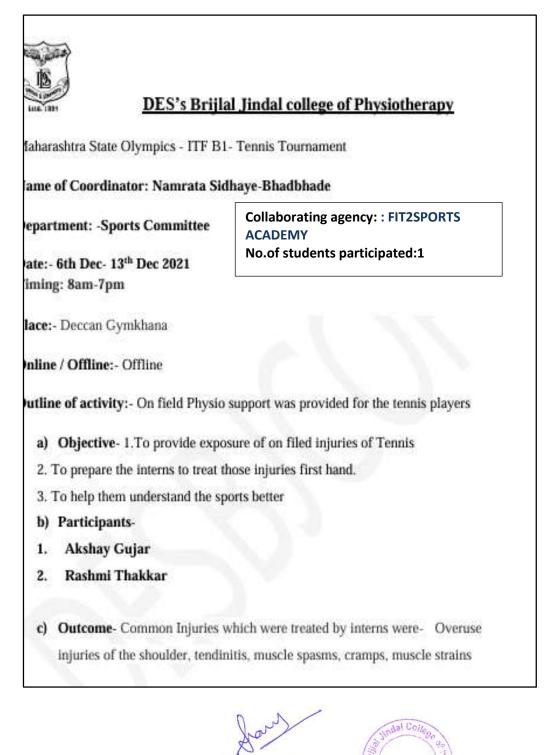
DATE: 24-6-22

D.E.S's BRULAL JINDAL COLLEGE OF PHYSIOTHERAPY Name of Activity: "Sath Chal" event organised by Sakal in account of WARI Date: -24 June 2022 Time: 6.30 am-7.30 am Place: Golibar Maidan Online / Offline:-offline Activity: Oath taking for hygiene and healthy lifestyle during and after Wari. Photographs:-REALS, ANEAL COLLEGE OF PHYSIOTHERAPY Pune, MH, India NH 65, Pune Cantt Townshea, Pu Lat 18 505782, Long 73 882218 05/24/2022 07 35 AM s, Pune Attendance -Dr.Atiya Shaikh(PT)(Staff),MPT I students- Palak Darda, Lynn Fernandis, Nayan Kotian, Divya Agarwal, Sachin Kajale, Nikita Kolhe Students-6, Staff-1 Collaborating agency: : SAKAL **No.of students participated:6** PRINCIPAL D E Society & Big Dr. And H College of Physiotherapy Pune. #

16) EXTENSION ACTIVITY: ITF TENNIS TOURNAMENT

COLLABORATING AGENCY/ORGANISATION UNIT: FIT2SPORTS ACADEMY

DATE: 29-11-21



PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy

Pune . 4

17

17) EXTENSION ACTIVITY: B1 TENNIS TOURNAMENT

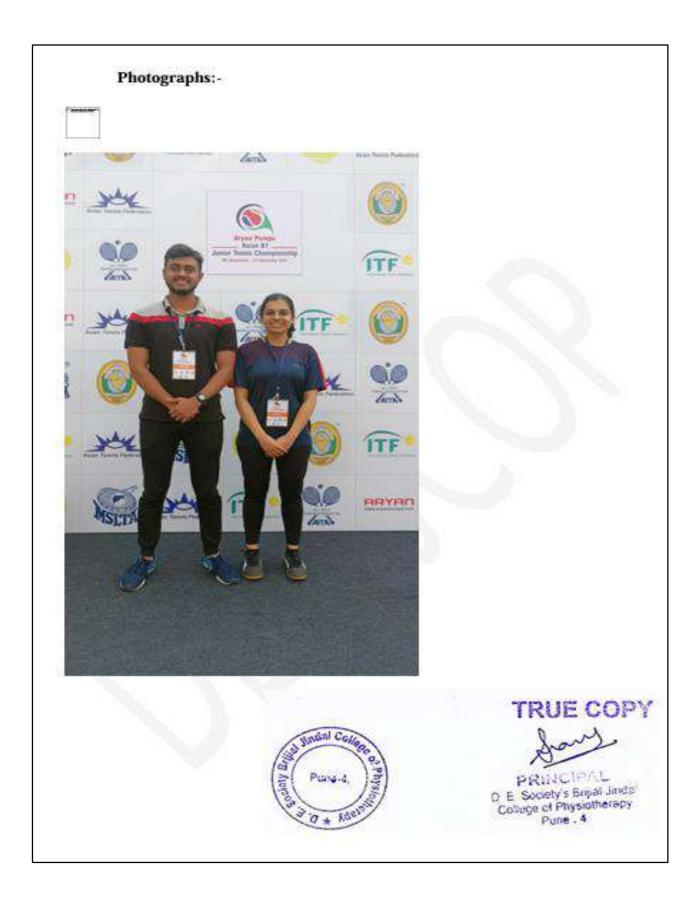
COLLABORATING AGENCY/ORGANISATION UNIT: FIT2SPORT

DATE: 29-11-21

DES's Brijlal	Jindal college of Physiotherapy
Maharashtra State Olympics - ITF B1- 7	Fennis Tournament
Name of Coordinator: Namrata Sidh	aye-Bhadbhade
Department: -Sports Committee	Collaborating agency: FIT2SPORT
Date:- 6th Dec- 13 th Dec 2021 Timing: 8am-7pm	No.of students participated:2
Place:- Deccan Gymkhana	
Online / Offline:- Offline	
Outline of activity:- On field Physio su	pport was provided for the tennis players
a) Objective- 1. To provide exposu	re of on filed injuries of Tennis
2. To prepare the interns to treat tho	se injuries first hand.
3. To help them understand the spor	ts better
b) Participants-	
1. Akshay Gujar	
2. Rashmi Thakkar	
c) Outcome- Common Injuries wh	ich were treated by interns were- Overuse

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Pured Adered



18) Extension activity: SBA CUP 2021

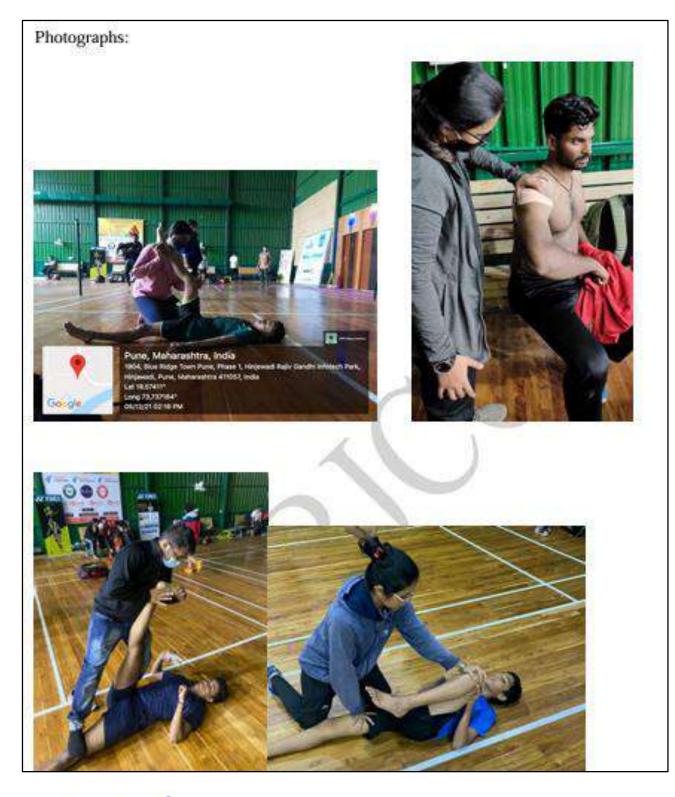
COLLABORATING AGENCY/ORGANISATION UNIT: SUDHANSHU BADMINTON ACADEMY

DATE: 1DEC TO 5 DEC 2021

	al Jindal college of Physiotherapy
	SBA Cup 2021
1st Dec to 5 Th December, 2021. Post-Graduate students of DESI	dhanshu's Badminton Academy was organized fro Age groups of participants was 10- 30 yrs. BJCOP were posted for om field Physio support. ting various musculoskeletal injuries like Acute ba ain, Deltoid strain,Calf strain.
MPT Students posted were: Sharayu raybole Priyanka Patil Riya jain	Collaborating agency: SUDHANSHU BADMINTON ACADEMY No.of students participated:10
Komal valesha Apurva jadhav Siddhi Desai	50-
Vyanktesh Mane Beejal Pasad	

PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune - 4





PRINCIPAL D E Society's Brijtal JindSI College of Physiotherapy Pune 4



19) EXTENSION ACTIVITY: NATIONAL ROLL BALL

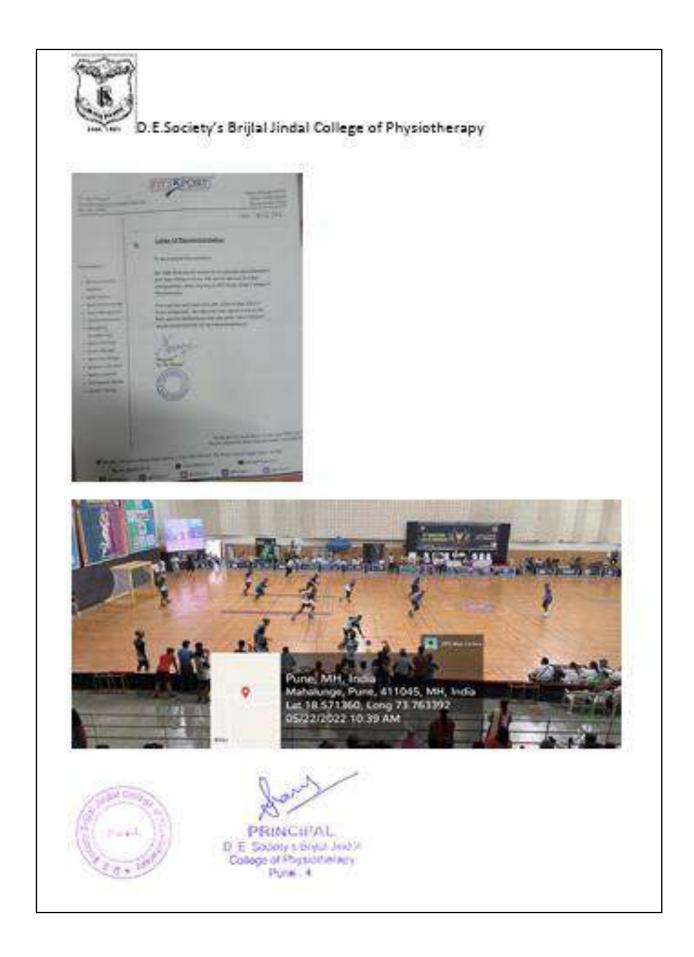
COLLABORATING AGENCY/ORGANISATION UNIT: FIT2SPORT

DATE: MAY 2022

Name of Activity: - 18 th NATIONAL	ROLLBALL TOURNAMENT
Name of Resource person: in collaboration	on with fit to sports
Name of Coordinator: Apoorva Likhite	Collaborating agency: FIT2SPORT
Department: Sports department	
Date: 19 th - 22 ^{od} of May 2022	No.of students participated: 1
Date: 19 - 22 01 May 2022	
Place: Shiv Chhatrapati Sports Complex, I	Balewadi, Pune.
Online / Offline: on field	
Intern posted: Mahi Bhandarkar	
Outline of activity:	
Most common injuries seen by her:	
 Jammed fingers 	
Ankle sprain	
 Ligament sprain at radioulnar joint 	s
 Nerve impingement at various cord 	is of brachial plexus
 Nose bleed 	
 Knee injuries 	
 Groin Injury 	
 Facial cuts 	
 Plantarfascitis 	
 Chest injuries 	
 Concussions 	
 Fractures (suspected) 	

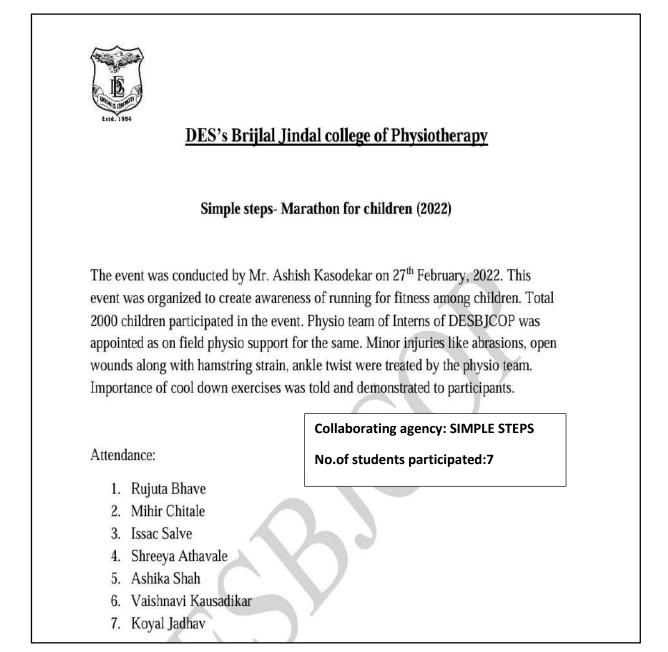
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20) EXTENSION ACTIVITY: KIDS MARATHON 6th EDITION COLLABORATING AGENCY/ORGANISATION UNIT: SIMPLE STEPS

DATE: 27 FEB 2022



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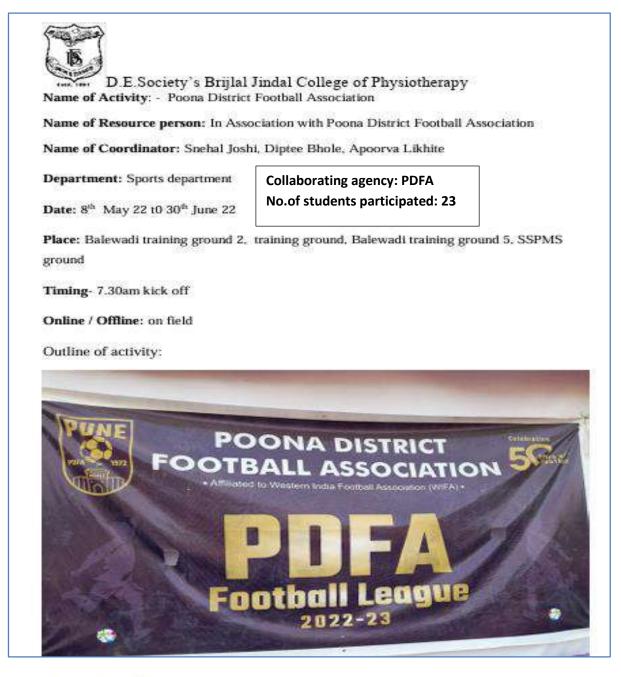




21) EXTENSION ACTIVITY: FOOTBALL LEAGUE:PDFA

COLLABORATING AGENCY/ORGANISATION UNIT: PDFA

DATE: MAY-JUNE 2022



PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune 4





D.E.Society's Brijlal Jindal College of Physiotherapy



DATE	14 De	c 15-Dec	16 Dec	17-Dec	18-Dec	19-Dec	20 Dec
STUDENTS	Srushti Solapurkar	Purva Rasane	Srushti Solapurkar	Purva Rasane	and the second se	1000	Falguni Deshpande
	Rishabh Surana	Rhea Deshpande	Rishabh Surana	and an addition of the first of the second	a a shinka bi kin bashan laga	a high chile lands of a glip of a second second	Dinkar Thakare
_	Rashmeet Gurudutta	Poonam Sonani	Shinin Kunte	a construction of the product of the second construction	Percent and a president and the second and the seco	Vaishnavi Daptare	A STREET ASSOCIATION AND A STREET ASSOCIATION AND A STREET ASSOCIATION AND A STREET ASSOCIATION AND A STREET AS
	Jaya Pathak	Pravin Chavhan	Jaya Pathak	Sachin Kapale		neseren er in meinigt frisionis	1414.53.55.5
	Sneha Waydande	Lynn Fernandes	Nikita Kolhe	Nayan Kotian			
-	Shraddha Ghadge	Palak Darda	Divya Agrawal				
						S	and

22) EXTENSION ACTIVITY: ULTRA DYNAMO RACE

COLLABORATING AGENCY/ORGANISATION UNIT: RUN BUDDIES

DATE: 28TH DEC 2021



DES's Briilal Jindal college of Physiotherapy

Collaborating agency: RUN BUDDIES

Ultra Dynamo

No.of students participated:38 This was the World's longest multi distance foot race for a Guinness World record attempt race performed by Mr. Ashish Kasodekar. He ran 60 full marathons consecutively for 60 days from 28th November- 26th January at Savitribai Phule University, Pune. Enthusiast runners who were interested were also welcomed for the run. Choice of 5km, 10km, 21km and 42km was open for the runners. There was a great response from all the age groups across Pune. Our Physio team, Final year students and Interns were appointed for on field Physio support for all 60 days. The team provided recommendable support in form of first aid support, Stretching, Warm-up and Cool-down Exercises for Mr. Ashish and other runners too. Some of the students had also participated and successfully completed the 5km, 10km, and 21km marathon.

The felicitation ceremony was conducted on 26th february , where all the successfull runners were felicitated. A special recognition and trophy was given to Physio team for the great help rendered for the event. Staff of the college, Dr. Apoorva Likhite- Pavnaskar(PT) and final year students were present at the felicitation ceremony.

Participants: All Final Year Students of 2021-2022

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23) EXTENSION ACTIVITY: ULTRA DYNAMO SERIES – LONGEST MULTI DISTANCE FOOT RACE COLLABORATING AGENCY/ORGANISATION UNIT : SIMPLE STEPS, RUN BUDDIES

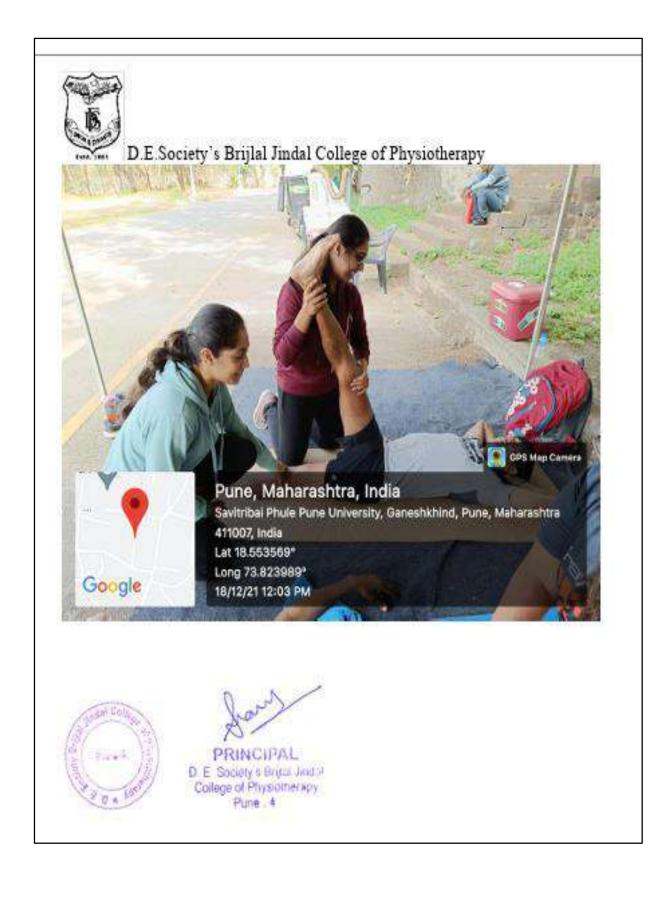
28th NOV 2021 to 26th Jan 2022

D.E. Society's Brijlal Jindal Col	llege of Physiotherapy
Name of Activity: - Ultra Dynamo Series:	world's Longest Multi Distance for
race	
Resource person: in collaboration with sim	ple steps and RUN BUDDIES
Name of Coordinator: Apoorva Likhite	Collaborating agency: SIMPLE
	STEPS, RUN BUDDIES
Department: Sports department	No.of students participated:38
Date: 28th NOV 2021 to 26th Jan 2022	
Timing: 6.00am- 12.00pm	
Place: Savitribai Phule University, Pune	
Online / Offline: on field	
Participants: Fourth year students were po	sted.
Outline of activity:	
Ultra Dynamo Series: World's Longest Multidis	tance foot race , which was a part of
Guinness world record attempt for consecutive	days to run a full marathon for 60 days by
Ashish Kasodekar. Our fourth year students coy	ered the events. We not only offered the o
field physiotherapy but also some of the student	s did participate in half or full marathon. V
took cool down stretches for Ashish everyday al	ong with other runners. Managed commor

PRINCIPAL

D E Society's Brijfal Jindal College of Physiotherapy Pune . 4







Date: 27th January 2022

То

The Principal,

DES Brijfal Jindal College of Physiotherapy Pune

We would like to thank you for volunteering and showing support and dedication to the Ultra Dynamo Series - World's Longest Multi Distance Foot Race, which was a part of Guinness World Record Attempt for Most Consecutive days to run a Full Marathon (Male) by Ashish Kasodekar. Ultra Dynamo started from 28th Nov 2021 to 26th Jan 2022 at Savitribal Phule Pune University, Pune.

Ultra Dynamo would have never been able to fulfil its mission of meeting the needs of the running community without the support from your college's intern and final year students and generosity of volunteers like you. Your willingness to a dedicate your time and resources are greatly appreciated.

Thank you

Race Director Arvind Bijwe

Principal, D.E. Society's Brijal Jacal College of Physiotherapy, Pana



24) EXTENSION ACTIVITY: GERIATRIC CAMP

COLLABORATING AGENCY/ORGANISATION UNIT: (ILC, YERWADA)

DATE: 19.03.2022

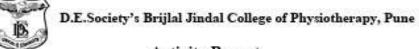


25) EXTENSION ACTIVITY: Breast-feeding Week 2021

COLLABORATING AGENCY/ORGANISATION UNIT: TARACHAND HOSPITAL & SEVA SUTIKA

DATE: 01.08.2021 to 08.08.2021

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



Activity Report

Name of Activity: Breast-feeding Week 2021

Name of Coordinator: Abha Dhupkar

Department: Community PT

Date: 01.08.2021 to 08.08.2021

Place: Seth Tarachand Ramnath Hospital and Seva Sutika Mandir.

Online / Offline: Offline event

Outline of activity: The breast-feeding week is observed to promote the practice of breastfeeding by new mothers.

2 PG students, Juilee Khadke and Komal Valesha, created charts with information on the benefits of feeding breast milk to babies and gave that information to the ladies admitted to the postnatal wards of two affiliated hospitals: Seth Tarachand Ramnath Charitable Hospital and Seva Sutika Mandir.

- a) Objective: highlight importance of breast-feeding for new mothers.
- b) Participants/ Attendees: 25-30 ladies of the post-natal wards of 2 affiliated hospitals.
- c) Outcomes: The ladies appreciated the information provided.

Report prepared by: Abha Dhupkar

D E Society's Brijlal Jindal College of Physiotherapy Pune 4

Collaborating agency: Tarachand Hospital & Seva Sutika

No.of students participated:2

26) EXTENSION ACTIVITY: Menstrual Hygiene Awareness for Women's Day 2022

COLLABORATING AGENCY/ORGANISATION UNIT: AHILYADEVI HIGH SCHOOL

DATE::08.03.2022

D.E.Society's Brijlai	Jindal College of Physiotherapy, Pune
Ac	tivity Report
Name of Activity: Menstrual Hygiene A	wareness for Women's Day 2022
Name of Coordinator: Abha Dhupkar	Collaborating agency: : Ahilyadevi High
Department: Community PT	School
Date: 08.03.2022	No.of students participated:2
Place: Pune	
Online / Offline: Offline	
Online / Offinne: Offinns	
Outline of activity: Information provided	to the girls of the 5 st standard of Ahilyadevi High
School about menstruation, different mens	trual hygiene products, gynaecological visits.
a) Objective:	
a. To celebrate Women's Day	on the 8 st of March 2022.
	arding menstruation to the $\mathfrak{I}^{\mathfrak{s}}$ standard students.
b) Participants/Attendees:	P
	Shreeya Athavale, Abha Dhopkar. 5% standard at Ahilyadetti Girls High School.
 Anendees: Students of the 	r standard at Antiyaden Gins rugo School.
c) Ontroman:	
 c) Outcomes: a. The sirks received informat 	ion about mananuation, with many of their doubts
	ion about menstruation, with many of their doubts tarthe being solved.
a. The girls received informat regarding this phase of mer	경험에는 한 학생님은 것이 이 것은 것을 물러야 한 것에서 가지 않는 것이 많이 가지 않는 것이 없다.
 a. The girls received informat regarding this phase of mer b. The interns, Shreeya and R information module, with e 	narche being solved. ujuta, took the initiative and prepared the whole accellent results.
 a. The girls received informat regarding this phase of mer b. The interns, Shreeya and R 	narche being solved. ujuta, took the initiative and prepared the whole accellent results.
 a. The girls received informat regarding this phase of mer b. The interns, Shreeya and R information module, with e 	narche being solved. ujuta, took the initiative and prepared the whole accellent results.
 a. The girls received informative regarding this phase of merics. b. The interns, Shreeya and R information module, with e c. The school authorities approximation for the school authorities. 	narche being solved. ujuta, took the initiative and prepared the whole accellent results.

27) EXTENSION ACTIVITY: GERIATRIC CAMP

COLLABORATING AGENCY/ORGANISATION UNIT (ILC, GANESH DHYAN MANDIR)

DATE: : 23.04.2022

	Camp Record
Name of camp: DESBJCOP and ILC-I	Physiotherapy Assessment Camp.
Date of camp: 23.04.2022 Site of camp: Ganesh Dhyan Mandir	Collaborating agency: ILC, Ganesh Dhyan Mandir No.of students participated:180
사실 가지 가지 귀엽지 않는 것이 없는 것이 없을 것 같아요. 말한 것 같이 있는 것 같이	kar, Komal Valesha, Riya Jain, Kartiki Bhilare, Lynn Rani Rodge, Palak Darda, Krishna Kolhatkar, Harshita
Beneficiaries of the camp: Members o	f the Ganesh Dhyan Mandir Jyeshtha Nagarik Sangha
Number of beneficiaries: 45	
그 것, 성경 방법에 날려가 많이 많은 것, 것은 것을 알았다. 것, 것 같아요.	omanometer, cones, measuring tape, weighing machine, easures – MoCA, GDS, TMT A and B.
students set up the camp site, directed t	y reached the camp site by 9:15 am. The senior PG he students to their stations and ensured that each member were as follows: demographic data, height and weight, T A and B, evaluation section, exit.
	d with ILC-I, and then circulated through the different r explained the camp document to the elders and
	Dhupkar
Camp document prepared by: Abha I	Principal, D.E. Society's Boilal Indal College of Physicity

28) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES TO FAMILY DEPRIVED CHILDREN

COLLABORATING AGENCY/ORGANISATION UNIT: SOFOSH

DATE: A.Y.2021-22

llaborati	ve agency: SOFOSH	2021-22	No. of student participated: 180
D. E. So family d	ciety's Brijlal Jindal Col eprived and orphanage c	lege of Physiothera hildren in A. Y. 202	ny MPT students provided services t 1-22.
Sr		Auropean an	22000
No	Name of Posting	MPT 1	MPT2
1		Nayan Kotian	Priyanka Patil
2		Anjali Bais	Sharayu Raybole
3		Sneha Waydande	Apurva Jadhav
4		Divya Agarwal	Janhavi Manjrekar
5		Poonam Sonani	Shriprabha Thube
7		Sachin Kajale	Amruta Bajantri
8		Riya Patel	Arya Kunte Uma Sharma
9	SOFOSH	Palak Darda	and the second second second
10	SUPUSH	Vaishnavi Daptare	Siddhi Desai
11		Rani Rodge	Arjun Mhadgut Venkatesh Mane
12		Anuja Bhalerao	Contraction of the second
13		Shraddha Ghadge	Bijal Pasad
14		Nikita Kolhe	Mansi Bagul
15		Lynn Fernandes Alfaiz Tamboli	Riya Jain Kostili Bhillour
16		Pravin Chayan	Kartiki Bhillare Komal Valesha
17		Jaya Pathak	Komai vaiestia
	ordinator ada Sonawane	DE Social a gran were so the social and the social	Sign of Principal PRINCIPAL D. E. Society's Brital Jindal College of Physiotherapy

EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES TO ELDERLY POPULATION

29) EXTENSION ACTIVITY:COMMUNITY SERVICE TO ELDERLY POPULATION

ANANDDHAM, JYESHTHA NAGRIK VIRANGULA KENDRA)

DATE: A.Y 21-22

epartme	nt: Com	munity Physiotherapy		agency: ANANDDHAM
cademic	Year: 2	021-22	No.of students	s participated:180
E	Sr. No.	Name of Posting	Frequency of visits	
	1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	2	Sahajivan Bhugaon	Friday	Interns I M.P.T. II M.P.T.
	3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th III B.P.Th. IV B.P.Th Interns I M.P.T. II M.P.T.
	4	MadhurBhav	Tuesday,	IMP.T.
		Wakad	Wednesday, Thursday	II M.P.T.
	5	MadhurBhav Baner	Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
~	6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	7	Seva Arogya Foundation	Friday	IMP.T IIM.P.T.
ign of H	LA IOD	4	ac ety s a jordar Co	PRINCIPAL D E Society's Brijlal Jin College of Physiothera Pune 4

	Students					
Academ	nic Year: 2021-22					
		-	las.		i i mar	and the second
ir.No.		Ш ch	IV	Intens	1 MPT	II MPT
	Riya Photak	Sheetal Bobade	Arand Sakshi	Bhavika Agrawal	Nayan Kotian Aniak Bais	Priyanka Patil
	Anirudha Brahmanathkar Loukik Kulkami	Yash Chaudhari Riddhi Chavan	Bagul Prachi Baria Siddhi	Komal Agrawal Shreeya Athavale	Snehn Waydande	Sharaya Raybole Aparva Jadhay
				Vinita Band		
	Ashutosh Somwanshi	Kshitja Deshpande	Bekte Sheetal	and the owner of the local division of the l	Divya Agarwal	Janhavi Manjreka
	Vasatti Khure	Muktai Deshpande	Bendre Purvn	Mahi Blundarkar Rujuta Bhrve	Poonam Sonani	Stripmbha Thube
- 0	Onkar Bargaje Diva Thapar	Sakshi Dhinapute Rahul Dhiyale	Borse Pooja Deolasi Mansi	Sumbhi Bhote	Sachin Kajale Riya Patel	Annata Bajantri Arva Kunte
	Aarya Gane	Yogita Dhoot	Deshpunde Falami	Nifhi Chikhal	Palak Darda	Una Sharma
		Siddhi Dharnal		Mihir Chitale		Siddh Desai
9	Devashree Kulkarni	the second s	Deshpande Rhea		Vaishnavi Daptare	
_	Rajat Ogale Sara Kulkami	Sejal Doshi Isha Galqali	Dombe Aishwarya	Neha Deshmukh Siddhunt Deshroukh	Rate Rodge Antaia Bhalcano	Arjun Mhadgut Venkatesh Mane
	Het Gohl	Pradyot Gokhale	Dapare Sweejal Gomes Chantelle	Subtrant Destruct	Shraddha Ghadae	Bial Pasad
-	the second s	the second se				
13		Shraddha Jagade	Jadhuv Rujula	Harshita Dhruv Tanuna Gambhir	NktaKohe	Mansi Bagul Risa Juin
_	Vibhuti Kasliwal	Kashish Jaiswal Vaishnavi Kaide	Jain Kashish		Lynn Fernandes	
	Snehal Waghmode Pooja Hudu	Sakshi Kaulgad	Joshi Guyatri Katte Mnamayee	Ranjeet Ghatge Snehal Giri	Alfaiz Tamboð	Kartiki Bhillare Kornal Valesha
					Pravin Clavan	Komii valesni
17	and the second se	Matreyee Korde	Kende Vaishnayi Khandawala Rashabh	Akshay Gajar	Jaya Pathak	
- 10	Rajas Nimje	Vaishnavi Kotkur	and the second se		- 100	Y
19	and the second se	Amita Kulkami Ishani Kulkami	Kunte Shirin Mane Akshutu	Sanyakta Jagtap		
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		and the second se	Megh Thakar			
22		Shreya Mane	Modak Mugdha	Krishm Kolhatkar		
23	7	Sejul Mehta	Navathe Stabham	Neha Kulkarni		
	Drishti Hotwani	Akash Namade	Puliwal Priyansh	Shivani Mhaskar	1	
	Swaranjali Patil	Ginja Pathankar	Patel Pooja	Rhinja More	1	-
26		Priya Pandhi	Rasane Purva	Abhay Nayak		
27		Saisha Patil	Rashmeet Guruditta	Apoorva Ozatkar	-	
28		Pranak Pawar	Rathe Hlburat	Taovi Parkh	1	
29		Shalmah Patil	Rege Vedius	Vaisheavi Paturde	{	
_	Mrunalini Gogate	Sanvika Phole	Sankav Amshka	Tanitu Sanc	ł	
31	the second s	Kalyani Rathi	Sathe Isha	Aushin Shih		
32		Kanchan Rathod	Sathe Swarangee	Antira Shah		
33		Samudati Shali	Satte Tanvi	Nimli Shah	{	
34	Alisha Sundesha	Arzoo Shikaluar	Solapurkar Srushti	Rashm Thukkar	-	
35		Sace Siddheshwar	Surana Rahabb	Uma Tulaparkar	-	
36	4	Sanchi Taksande	Tamhankar Shruti	Rhushikesh Ujude		-
37		Spříha Talkou	Thakare Dinkar	· · · · · · · · · · · · · · · · · · ·		
38	. A.	Kruttika Wavade	Nikin Chopade			
39		Nchu Wash	1			

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PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune - 4

30)) EXTENSION ACTIVITY: COMMUNITY SERVICE TO ELDERLY POPULATION

SAHJIVAN

DATE: .A.Y 21-22

	Community Physiotherapy		
특별 감독 감독 감독 감독		No.of students pa	•
ademic Year:	2021-22	No.or students pa	liticipated.180
Sr. No.	Name of Posting	Frequency of visits	Students posted
1	Sahajiwan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T
			IIMPT
2	Sahajivan Bhugaon	Friday	Interns IMPT IMPT
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th III B.P.Th IV B.P.Th Interns I M.P.T. II M.P.T.
4	MadhurBhav	Tuesday,	IMP.T.
	Wakad	Wednesday,	II M.P.T.
5	MadhurBhav Baner	Thursday Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
7	Seva Arogya Foundation	Friday	IMP.T IIM.P.T.
abla m of HoD		ac ety's di la jodar	PRINCIPAL D E. Society's Brijlal Jir College of Physiothera Pune - 4



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

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Brahmanathkar Culcarni Sornwanshi Chure Jargaje par ane e Kulkarni ale Kumi I Veshwant Laslwal 'aghmode chu ouji mje	Yash Chaudhari Riddhi Chavan Kshitija Deshpande Muktai Deshpande Sakshi Dhanapune Rahul Dhavale Yogita Dhoot Siddhi Dhamal Sejal Doshi Isha Galgali Pradyot Gokhale Shraddha Jagade Kashish Jaiswal Vaishnavi Karde Sakshi Kaulgal	Bagul Prachi Baria Siddhi Bekre Sheetal Bendre Purva Borise Purva Doolesi Marsi Deshpande Falguni Deshpande Rhea Dombe Aishwarya Dapare Sweejal Gomes Chantelle Jadhav Rujula Jain Kashish Joshi Gayatri	Bhrvikn Agrawal Komal Agrawal Shreeyn Athawale Vinita Bagud Mahi Bhandarkar Riguta Bhave Surabhi Bhote Nidhi Chidal Mihir Chidal Mihir Chidal Mihir Chidal Siddhant Deshmakh Siddhant Deshmakh Bhargawi Dhomane Harshita Dhraw Tanana Gambhir	Nayan Kotian Anjak Bais Sneha Waydande Divya Agarwal Poonam Sonani Sachin Kajale Riya Panel Palak Darda Vaishnavi Daptare Rani Rodge Amaa Bhakano Shraddha Ghadge Nikita Kohe	Priyanka Patil Sharayu Raybole Apurva Jadhavi Janhavi Marijrek Shriprubha Thub Arnruta Bajantri Arya Konte Uma Sharma Siddhi Desai Arjun Mhadgut Venkatesh Mane Bijal Pasad Mansi Bagul
Brahmanathkar Culcarni Sornwanshi Chure Jargaje par ane e Kulkarni ale Kumi I Veshwant Laslwal 'aghmode chu ouji mje	Yash Chaudhari Riddhi Chavan Kshitija Deshpande Muktai Deshpande Sakshi Dhanapune Rahul Dhavale Yogita Dhoot Siddhi Dhamal Sejal Doshi Isha Galgali Pradyot Gokhale Shraddha Jagade Kashish Jaiswal Vaishnavi Karde Sakshi Kaulgal	Bagul Prachi Baria Siddhi Bekre Sheetal Bendre Purva Borise Purva Doolesi Marsi Deshpande Falguni Deshpande Rhea Dombe Aishwarya Dapare Sweejal Gomes Chantelle Jadhav Rujula Jain Kashish Joshi Gayatri	Konnal Agrawal Shreeya Athawale Viata Bagul Mahi Bhasdankar Rujuta Bhave Surabhi Bhote Nidhi Chikhal Mihir Chitale Neha Deshmakh Siddhant Deshmakh Bhargawi Dhomane Harshita Dhruw Tanana Gambhir	Anjak Bais Sneha Waydande Divya Agarwal Poonam Sonani Sachin Kajale Riya Panel Palak Darda Vaishnavi Daptare Rani Rodge Amaa Bhakano Shraddha Ghadge Nikita Kohe	Shamyu Raybole Apurva Jadhav Janhavi Manjrek Shriprubha Thub Amuta Bajantri Arya Konte Uma Shamu Siddhi Desai Arjun Mhadgut Venkatesh Mane Bijal Pasad Mansi Bagul
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l Yeshwaat Lashwal Yaghmode xdu xdu ouji mje	Pradyot Gokhale Shraddha Jagade Kashish Jaiswal Vaishnavi Kaulge Sakshi Kaulgad	Gomes Chantelle Jadhav Rujuh Jain Kashish Joshi Gayari	Bhargawi Dhomane Harshita Dhruv Taruna Gambhir	Shraddha Ghadge Nikita Kohe	Bijal Pasad Mansi Bagul
Yeshwant Jasliwal Jaghmode idu ouji nije	Shraddha Jagade Kashish Jaiswal Vaishnavi Kaude Sakshi Kaulgad	Jadhuv Rujula Jain Kashish Joshi Gayatri	Harshita Dhruv Tanuna Gambhir	NktaKole	Mansi Bagul
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PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune - 4

31) EXTENSION ACTIVITY: COMMUNITY SERVICE TO ELDERLY POPULATION:

MADHURBHAV,

DATE: .A.Y 21-22

)epartm	ent: Com	munity Physiotherapy	Collaborating a	agency: MADHURBHAV
cadem	ic Year: 2	021-22	No.of students	s participated:180
	Sr. No.	Name of Posting	Frequency of visits	Students posted
	1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	2	Sahajivan Bhugaon	Friday	Interns I M.P.T. II M.P.T.
	3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	IMPT. IIMPT
	5	MadhurBhay Baner	Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T.
~	6	AnandDham	Monday, Tuesday	II M.P.T. II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	7	Sevia Arogya Foundation	Friday	IMPT IIM.P.T.
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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

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	Sheetal Bobade	Arand Sakshi	Shivika Agrawal	Nayan Kotian	Privanka Pati
nindha Brahmanathkar		Band Prachi	Komal Ammal	Anial Bas	Sharaya Raybole
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Tarahana Shahibi Satur Santa Shah	asami Khure Muktai Deshpande Bendre Purva Mahi Bhandarkar Poonam Sonami mkar Bargaje Sakshi Diamapune Bocse Pooja Rujuta Bhave Sacha Kajale aya Gane Yogita Dhoot Deshpande Falgani Nafhi Chithal Palak Darda evonlaree Kukarni Siddhi Dhamal Deshpande Falgani Nafhi Chithal Palak Darda evonlaree Kukarni Siddhi Dhamal Deshpande Raa Milur Chitale Vaishnavi Daptare ajat Ogale Sejal Doshi Dombe Aishwarya Neha Deshmakh Rami Rodge ara Kukarni Isha Galgali Dapare Sweejal Siddhamt Deshmakh Anga Bhakano et Gohi Pradyot Gokhale Gomes Chamelle Bhargawi Dhomane Shradha/Ghadje uresh Yeshwant Shradha Jagade Jadhuw Rujuh Harshita Dhruw Neha Kohe bhuti Kasliwal Kashida Jagade Jadhuw Rujuh Harshita Dhruw Neha Kohe bhuti Kasliwal Kashida Jagade Jadhuw Rujuh Harshita Dhru Neha Kashiwal Kashida Jagade Jadhuw Rujuh Harshita Dhruw Neha Kohe bhuti Kasliwal Kashida Jagade Jadhuw Rujuh Harshita Dhruw Kash Houji Matreyee Korde Kende Vaishnavi Akahay Gajar Jaya Parbak kish Houji 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Sante Swanagee Anitara Shah itaka Jagane Shahara Kanehan Rathed Sathe Swanagee Anitar

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PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune - 4

32)) EXTENSION ACTIVITY:COMMUNITY SERVICE TO ELDERLY POPULATION

RAINBOW DAYCARE,

DATE: .A.Y 21-22

감양감망		munity Physiotherapy	condocrating agene	y: RAINBOW DAYCARE	
cadem	ic Year: 2	021-22	No.of students par	No.of students participated:180	
	and the second s	Name of Posting	Frequency of visits	Students posted	
	1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.	
	2	Sahajivan Bhugaon	Friday	Interns I M.P.T. II M.P.T.	
	3	Rainbow Day Care	Tuesday, Thursday	II B P.Th. III B.P.Th. IV B P.Th. Interns I M.P.T. II M.P.T.	
	4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	I MP.T. II MP.T	
	5	MadhurBhav Baner	Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.	
~	6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.	
	7	Sevia Arogya Foundation	Friday	IMPT IIM.P.T.	
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		IV	Intens	IMPT	II MPT
	Sheetal Bobade	Arand Sakshi	Shivika Agrawal	Nayan Kotian	Privanka Pati
nindha Brahmanathkar		Band Prachi	Komal Ammal	Anial Bas	Sharaya Raybole
oskk Kulkami	Riddhi Chavan	Baria Siddhi	Shreeya Athavale	Snehn Waydande	Aparva Jodhav
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			Sumbhi Bhote		Asya Konte
	Yonita Dhoot		Nidhi Chikhal	Palak Darda	Une Sherne
	Siddhi Dhumal			Vaishoovi Domture	Siddh Desai
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					Mansi Bazul
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				the property of the second sec	Komal Valeshi
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	Kruttika Wavade	Nikin Chopade			
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Sostara Santa Paril Baachi Taixiande Tarahana Shahibi Satur Santa Shah	asami Khure Muktai Deshpande Bendre Purva Mahi Bhandarkar Poonam Sonami mkar Bargaje Sakshi Diamapune Bocse Pooja Rujuta Bhave Sacha Kajale aya Gane Yogita Dhoot Deshpande Falgani Nafhi Chithal Palak Darda evonlaree Kukarni Siddhi Dhamal Deshpande Falgani Nafhi Chithal Palak Darda evonlaree Kukarni Siddhi Dhamal Deshpande Raa Milur Chitale Vaishnavi Daptare ajat Ogale Sejal Doshi Dombe Aishwarya Neha Deshmakh Rami Rodge ara Kukarni Isha Galgali Dapare Sweejal Siddhamt Deshmakh Anga Bhakano et Gohi Pradyot Gokhale Gomes Chamelle Bhargawi Dhomane Shradha/Ghadje uresh Yeshwant Shradha Jagade Jadhuw Rujuh Harshita Dhruw Neha Kohe bhuti Kasliwal Kashida Jagade Jadhuw Rujuh Harshita Dhruw Neha Kohe bhuti Kasliwal Kashida Jagade Jadhuw Rujuh Harshita Dhru Neha Kashiwal Kashida Jagade Jadhuw Rujuh Harshita Dhruw Neha Kohe bhuti Kasliwal Kashida Jagade Jadhuw Rujuh Harshita Dhruw Kash Houji Matreyee Korde Kende Vaishnavi 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Anitara Shah itaka Jagane Shaha Pade Sante Swanagee Anitara Shah itaka Jagane Shahara Kanehan Rathed Sathe Swanagee Anitar

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PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune - 4

33)) EXTENSION ACTIVITY: COMMUNITY SERVICE TO ELDERLY POPULATION:

SEVA AROGYA FOUNDATION

DATE: .A.Y 21-22

1969	ent: Com ic Year: 2	munity Physiotherapy 021-22	Foundation	gency: Seva Arogya
			No.Of Students	
	and particular approximation (in the particular sector)	Name of Posting	Frequency of visits	
	1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	2	Sahajivan Bhugaon	Friday	Interns I M.P.T. II M.P.T.
	3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	4	MadhurBhay	Tuesday,	IMP.T.
	1.11	Wakad	Wednesday,	II M.P.T.
			Thursday	
	5	MadhurBhav Baner	Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
~	6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	7	Seva Arogya Foundation	Friday	IMPT IIM.P.T.
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		IV	Intens	IMPT	II MPT
	Sheetal Bobade	Arand Sakshi	Shivika Agrawal	Nayan Kotian	Privanka Pati
nindha Brahmanathkar		Band Prachi	Komal Ammal	Anial Bas	Sharaya Raybole
oskk Kulkami	Riddhi Chavan	Baria Siddhi	Shreeya Athavale	Snehn Waydande	Aparva Jodhav
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		and the second se	the state of the s	the second s	Amnata Bajantri
			Sumbhi Bhote		Asya Konte
	Yonita Dhoot		Nidhi Chikhal	Palak Darda	Une Sherne
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				the property of the second sec	Komal Valeshi
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	the second s	and the second se		Jaya Partas	<u></u>
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	shutosh Sornwanshi asanti Khure nkar Bargaje iya Thapar arya Gane evushree Kukarni ajat Ogale ara Kolkarni et Gohil arvesh Yeshwant bhuti Kasliwal urvesh Yeshwant bhuti Kasliwal urvesh Yeshwant bhuti Kasliwal urvesh Yeshwant bhuti Kasliwal urvesh Yeshwant bhuti Kasliwal urvesh Yeshwant ojas Nirije anti Ujagare anti Ujagare mitu Ujagare mitu Jaipuria anti Ujagare etimi Dandekar inka Narji arhamesh Bodipte anka Wagh asha Bohade ireya Jayagond Irumalini Gogate itika Jasaani shutosh Sharma otika Khadgave lisha Sundesha	asanti Khure Muktai Deshpande nikar Barguje Sakshi Dhanapune iya Thapar Rahul Dhavale arya Gane Yogita Dhoot evushree Kukarni Siddhi Dhanal ajat Ogale Sejal Doshi ara Kofkarni Isha Galgali et Gohil Pradyot Gokhale arvesh Yeshwant Shraddha Jagade ibhati Kasliwal Kashish Jaiswal achal Waghmode Vaishravi Karde ooja Hodu Sakshi Kaulgal akshi Houji Matreyee Korde ajas Ninje Vaishravi Kotkarr inti Ujagare Amita Kukarni amruddhi Deshpande Ishari Kukarni amruddhi Deshpande Ishari Kukarni etimu Dandekar Kareena Kundaani itakshi Jaipuris Shreya Mane aidehi Watwe Sejal Mehta nishi Jaipuris Shreya Mane aidehi Watwe Sejal Mehta nisha Bodiate Priya Pandhi anka Wagh Saisha Patil Iranalini Gogine Saiswa Paula ahha Bohade Pinank Pawar treya Jayagond Shahnali Patil Iranalini Gogine Saiswa Paule titka Jaenani Kalyarii Rathi shatosh Sharma Kanchan Rathged utka Khadgave Saimuddili Shilu	asanti Khure Muktai Deshpande Bendre Purva nkar Barguje Sakshi Dhanapune Borse Pooja ju Thapar Rahul Dhavale Deoksi Mansi arya Gane Yogita Dhoot Deshpande Falguni evoshree Kukarni Siddhi Dhamal Deshpande Rhea ajat Ogale Sejal Doshi Dombe Aishwarya ara Kolkarni Isha Galgal Dapare Sweejal et Gohil Pradyot Gokhale Gomes Chuntelle arvesh Yeshwant Shraddha Jagade Jadhuv Rajula bhuti Kaslaval Kashish Jaiswal Jain Kashish nehal Waghmode Vaishnavi Kaulgal Katte Mnumrayee akshi Hougi Matreyee Korde Kende Vaishmarvi ajas Ninje Vaishnavi Kaulgal Katte Mnumrayee akshi Hougi Matreyee Korde Kende Vaishnavi antu Ugapre Amita Kukarna Kunte Shirin mrunddhi Deshpande Ishari Kukarna Kunte Shirin mrunddhi Deshpande Ishari Kukarna Kunte Shirin mrunddhi Deshpande Ishari Kukarna Magh Thakar takshi Jaipuria Shreya Mane Moduk Muadha nideh Watwe Sejal Melta Navathe Shabharn rishti Hotwani Akash Namade Paliwal Priyangla waranjal Paril Girija Patharikar Patel Pooja ahamesh Badjate Priya Paedhi Rasare Purva mka Wagh Saisha Pati Rashire Gurualita hana Kalyani Rathi Saisha Pati Rashirata taka Wagh Saisha Pati Rashire Gurualita hana Kalyani Rathi Sathe Ishari Kalyana hana Kalyani Rathi Sathe Jaharat taka Magh Saisha Pati Rashiret Gurualita aha Bobade Pinak Paula Sathi Sathe Jaha Shutosh Sharma Kalyani Rathi Sathe Isha Satha Sharma Kalyani Rathi Sathe Isha Satha Sharma Kalyani Rathi Sathe Isha Satha Sharma Kanchan Rathed Satha Satha Sharma Kanchan Rathed Satha Satha Isharat inta Janaani Kalyani Rathi Sathe Isha shutosh Sharma Kanchan Rathed Satha Satha Isha Jana Kalagare Sandida Shalin Sathe Isha Sanchi Takamate Satha Sharma Rathi Sathe Isha	asanti Khure Misktai Deshpande Bendre Purva Mahi Bhasdarkar nikar Bargaje Sakshi Dhanapune Borse Pooja Rujuta Bhave ya Thapar Rahal Dhavale Deoksi Mansi Surabhi Bhote arya Gane Yugita Dhovale Deshpande Falguri Nifhi Chikhal evadree Kukarni Siddhi Dhamal Deshpande Rhen Mihir Chitak ajat Ogale Sejal Doshi Dombe Aishwarya Neha Deshanakh ra Kukarni Isha Galgak Dapare Sweejal Siddhant Deshunakh et Gohil Pradyot Gokhule Gomes Chantelle Bhargowi Deshunakh et Gohil Pradyot Gokhule Gomes Chantelle Bhargowi Deshunakh et Gohil Pradyot Gokhule Gomes Chantelle Bhargowi Deshunakh et Gohil Pradyot Gokhule Jadhuv Rujula Harshita Diraw bhati Kasliwal Kashish Jaiswal Jain Kashish Taruna Gambhir achal Waghmode Vaishnavi Karde Joshi Gayatri Ranjeet Charge ooja Hudu Sakshi Kadgad Karte Minarrayee Snehal Giri ajas Nirije Vaishnavi Karde Kende Vaishnavi Akshay Gajar ajas Nirije Vaishnavi Kofkar Khandawala Rushabh Koyal Jadhav anti Ugapre Amita Kukarna Kunte Shirin Sariyoku Jagtap miruldhi Deshpande Ishari Kofkarni Mane Akshata Vaishariwi Karosofkar elema Dandekar Kareena Kundanai Megh Thakar Neha Kofkarni itakshi Jaiparia Sheya Mane Modak Muadha Krishas Kohatikar aideh Watwe Sejal Mehta Navathe Shabhari Neha Kufarai aidah Watwe Sejal Mehta Navathe Shabhari Neha Kufarai rathamish Bodjate Priya Pandhi Rasane Purva Abhay Nayak maka Wajh Sansha Paril Rasane Purva Abhay Nayak inda Wajh Sansha Paril Rasane Purva Abhay Nayak inda Majh Sansha Paril Rasane Purva Abhayi Nayak inda Majh Sansha Paril Rasane Purva Abhayi Nayak inda Majh Sansha Paril Rasane Purva Abhayi Nayak inda Bohade Pranak Pawar Rathi Bharat Tarayi Parikh isha Jasaani Kahani Rathi Sane Sindhaga Santa Paril Rasane Subha Shaha Shah isha Sandesha Arzeo Shikalgar Sostar Taravi Rashika Tarahu Shah isha Sandesha Arzeo Shikalgar Sostar Rasange Antira Shah isha Sandesha Arzeo Shikalgar Sostara Rashika Rashika Tarahu Sanh isha Sandesha Arzeo Shikalgar Sostara Santa Paril Baachi Taixiande Tarahana Shahibi Satur Santa Shah	asami Khure Muktai Deshpande Bendre Purva Mahi Bhandarkar Poonam Sonami mkar Bargaje Sakshi Diamapune Bocse Pooja Rujuta Bhave Sacha Kajale aya Gane Yogita Dhoot Deshpande Falgani Nafhi Chithal Palak Darda evonlaree Kukarni Siddhi Dhamal Deshpande Falgani Nafhi Chithal Palak Darda evonlaree Kukarni Siddhi Dhamal Deshpande Raa Milur Chitale Vaishnavi Daptare ajat Ogale Sejal Doshi Dombe Aishwarya Neha Deshmakh Rami Rodge ara Kukarni Isha Galgali Dapare Sweejal Siddhamt Deshmakh Anga Bhakano et Gohi Pradyot Gokhale Gomes Chamelle Bhargawi Dhomane Shradha/Ghadje uresh Yeshwant Shradha Jagade Jadhuw Rujuh Harshita Dhruw Neha Kohe bhuti Kasliwal Kashida Jagade Jadhuw Rujuh Harshita Dhruw Neha Kohe bhuti Kasliwal Kashida Jagade Jadhuw Rujuh Harshita Dhru Neha Kashiwal Kashida Jagade Jadhuw Rujuh Harshita Dhruw Neha Kohe bhuti Kasliwal Kashida Jagade Jadhuw Rujuh Harshita Dhruw Kash Houji Matreyee Korde Kende Vaishnavi Akahay Gajar Jaya Parbak kish Houji Matreyee Korde Kende Vaishnavi Akshay Gajar Jaya Parbak kish Houji Matreyee Korde Kende Vaishnavi Akshay Gajar Jaya Parbak jaya Ninje Vaishnavi Kukarni Kante Sharin Samyaku Jagap murudhi Deshpande Ishari Kukarni Kante Sharin Sanyaku Jagap murudhi Deshpande Ishari Kukarni Mane Akshata Vaisharov Kausadhar eelma Dandekar Kareena Kundanai Megh Thakar Nelta Kekar inditi Bowani Akash Pand Rashatha Nakahata Vaisharov Kausadhar waranja Pari adehi Watwe Sejal Melita Navathe Shabhari Neha Kukarni inditi Bowani Akash Namade Paliwal Priyagafi Shiyami Miaskar waranja Pari anka Maji Saishi Parid Rashare Purvu Abhay Nayaka Inamika Waji Saishi Parid Rashare Gurudafita Aporta Otakar ahha Bohode Prinak Pawar Rathi Barara Tanjwi Parade Iranahi Gogate Sawaka Pade Sante Swanagee Anitara Shah intak Jagano Shahari Shahi Atao Shahari Kandani Shah Araco Shakapar Sothe Jaari Naishka Taniku Sane tika Jacani Kahana Kante Shahara Tanji Shah Araco Shakapar Sothe Sante Swanagee Anitara Shah itaka Jagane Shaha Pade Sante Swanagee Anitara Shah itaka Jagane Shahara Kanehan Rathed Sathe Swanagee Anitar

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34) EXTENSION ACTIVITY: PHYSIOTHERAPY SERVICES to Geriatric population:

COLLABORATING AGENCY/ORGANISATION UNIT: Punarnirman

DATE: .A.Y 21-22

- dia	D.E.S's Brijlal Jindal College Of Physiotherapy, Pune Name of Activity: Community posting : Punarnirman			
	Name of co-ordinator	: Dr. Abha Dhupkar,		
	Time: 9am – 1pm	Collaborating agency: : Punarnirman		
	Year: A.Y 2021-22	No.of students participated:180		
	Participants: BPTh II, III, IV, Interns, PGs			
	Time: 9am to 1pm			
	Objectives:			
	 To make the students provide physiotherapy services to elderly population 			
	To sensitize the younger generation on the issue of elderly and creating inter-generational dialog.			
	To motivate interns for better planning and execution of exercise program as per the patients need.			
	 To organize various camps for assessment & treatment of geriatric population 			
	Outcome:			
		al for students in observing, learning, planning lling & management as per patients' needs		

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Outward no: 2021/103	Date : 23/09/2021
To The Principal, D.E.Society's Brijlal Jindal College of Physiotherap We, on behalf of 'PUNARNIRMAN SOCIAL FOUNE team on the commitment and efforts in the treat area.	DATION, PUNE' appreciate you and your
Your faculty and students have been extremely h physiotherapy services to this population.	elpful in rendering the quality
	Punamirman Social Foundation
www.punami	rmanur
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LIST OF COLLABORATING AGENCY AND NUMBER OF STUDENTS

2021-22



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BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Fergusson College Campus, Pune - 411 004 •Phone : (020) 67656471,67656467 •Fax : (91) (020) 67656494, 67656120 • E-mail : <u>descoppune@gmail.com</u> •Web-site :www.desphysiotherapycollege.com , <u>www.despune.org</u> Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

LIST OF COLLABORATING AGENCY AND NUMBER OF STUDENTS PARTICIPTED IN EXTENSION AND OUTREACH ACTIVITY DURING ACADEMIC YEAR 2021-22

DESBJCOP collaborates with various collaborating agency to conduct different extension & outreach activities like sports events, community activities, Geriatric camps, physiotherapy services at amputation center and treatment for special children. The details are as follows:

Sr.no			
	Name of extension activity	Organisation unit/agency/collaborating agency	Name of student
1)	activity	unit/agency/conaborating agency	Name of student
1)	Advance diploma in		Arjun M,Siddhi D,Manasi B,Bijal P,
	industrial safety	Technical institute , Pune	Venkatesh Mane: 5
2)			Komal Valesha, Riya Jain, Kartiki
			Bhilare, Lynn Fernandes, Alfaiz
			Tamboli, Nikita Kolhe, Pravin
	Geriatric assessment	The International Longevity Centre,	Chavan, Palak Darda, Bhargawi
	camp	India, Erandwan Jyeshtha nagrik sanga	Dhomane : 9
3)			Komal Valesha, Riya Jain, Kartiki
			Bhilare, Lynn Fernandes, Alfaiz
			Tamboli, Nikita Kolhe, Rani
	Geriatric assessment	The International Longevity Centre,	R,Krishna K,Harshita D, Taruna G,
	camp	India,Bal ranjan kendra	Akshay G, Palak Darda: 12
4)			Riya Jain, Komal Valesha, Kartiki
			Bhilare, Antara Shah, Rushabh
			Khandawala, Dinkar Thakare,
			Mahi Bhandarkar, Mansi Deolasi,
		The International Longevity Centre,	Sanyukta Jagtap, Antara Shah,
	Geriatric assessment	India,phulenagar jyeshtha nagarik	Bhavika Agrawal, Mrunmayee
	camp	sangha	Katte: 12
5)			Komal Valesha, Riya Jain, Kartiki
			Bhilare, Lynn Fernandes, Nikita
			Kolhe, Rani Rodge, Krishna
	Geriatric assessment	The International Longevity Centre,	Kolhatkar, Taruna Gambhir,
	camp	India,Warje	Akshay Gujar,Alfaiz T: 10
6)			Komal Valesha,Kartiki
			Bhilare,Riya Jain,Akshay
			Salve,Juilee Khadke ,Krutikka
			Jhala,Pooja Patil,Vidhi
	Geriatric assessment		Kalyani,Arjun and Sharayu
	camp	Jyeshtha nagrik Sangha, Tingre nagar	Raybole : 10

7)		Sahaiiyan	
	International older	Sahajivan Bhugaon,madhurbhav,Rainbow day	Akshay S,Juilee K, Kruttika
	persons day	care	Z,Komal V, Riya J,Kartiki B : 6
8)			2,Komar V, Krya 3,Kartiki D. O
0,			
	Orthosis distribution	Bharat Vikas Parishad, vikalang	Akshay Salve, Juilee Khadke and
	& fitting camp	punarvasan Kendra	Kruttika Zala: 3
9)		·	Riya Jain, Kartiki Bhilare, Komal
	Industrial		Valesha, Priyanka Patil, Sharayu
	visit:Ergonomic		Raybole, Rujuta Bhave, Mihir
	survey	Industrial visit, Ranjan gao	Chitale: 7
10)			Riya Jain ,Komal valesha, Kartiki
			Bhilare, Lynn F, Nikita Kolhe,
	Industrial visit WIF	Western India Forges Ltd. ,Pune	Alfaiz tamboli: 6
11)			
	Prosthetic	Bharat Vikas Parishad, vikalang	Divya A,Nayan K,Isha S, ,Poonam,
	assessment camp	punarvasan Kendra	Nikita K, Shraddha G,Vaidehi: 7
12)	Artificial limbs	Rotary Club of Pune metro Vatsalya	
	distribution for	Trust Mumbai & Bharat Vikas Parishad	
	amputees	Punarvasan	Isha S, Swarangee S, Akshata M: 3
13)			
,		Lokmanya multipurpose co op	
	Exercise awareness	bank,Wadgaon sheri	Juilee K, Akshay S: 2
14)			
		Lakmanua Multinurnasa hank CD Daad	
	Office ergonomics	Lokmanya Multipurpose bank,SB Road SB Road,pune	Vidhi K, Pooja P : 2
15)	Arogya Wari during"	JB Koad,pune	
15)	palakhi"		Palak Darda, Lynn
	EducationAwareness		Fernandis, Nayan Kotian, Divya
	of physiotherapy to		Agarwal, Sachin Kajale, Nikita
	varkaris	SAKAL	Kolhe: 6
16)	ITF Tennis		
	tournament	FIT2SPORT	Akshay G: 1
17)	B1 Tennis		
	tournament	FIT2SPORT	Akshay G, Rashmi T: 2
18)			Shayrau Raibole ,Priyanka
			Patil,Riya jain, Komal Walesha,
			Apoorva Jadahv,Siddhi
	SBA Cup- corporate		Desai, Vyankatesh Mane, Beejal Pasad, Janhavi Manjarekar, Arjun
	badminton tourament	Sudhanshu badminton academy	Pasad, Jannavi Manjarekar, Arjun M: 10
19)	louidillelit		IVI. 10
1.5)	National roll ball	FIT2SPORT	Mahi bhandarkar : 1
20)	Kids marathon 6th		Vaishnavi, Koyal J,Ashika S, Shreya
	edition	Simple steps	A, Issac, Mihir C, Rutuja B: 7
L	1	l l, -	, , <u>,</u>

21)			Srushti S,Rishabh S,Rashmeet
			G,Sneha W,Shradha G, Purva
			R,Rhea D,Poonam S,Pravin C,Lynn
			F,Palak D,Shirin K,Nikita K,Divya
			A,Falguni D, Sachin K,Nayan,Alfaiz
			T,Vaishnavi D,Anjeli B ,Koyal J,
	Football league	PDFA	Vaishanavi K, ,Pravin C: 23
22)	Ultra dynamo Race	RUN BUDDIES	IV Year students: 38
23)			
	Longest multi		
24	distance foot race	Ultra dynamo	IV Year students: 38
24)			Bhavika A,Sanyukta J,Ashika S,
			Mrunmayee K, Dinkar T, Manasi D,
			Rishabh K, Komal Valesha ,Riya
	Geriatric camp	ILC,Phulenagar, Yerwada	Jain: 9
25)			
	Breast-feeding	Seth Tarachand Ramnath Hospital	Juilee Khadke and Komal Valesha:
	Week 2021	and Seva Sutika Mandir	2
26)			
	Menstrual Hygiene		
	Awareness for	Ahilyadevi High	Rujuta Bhave, Shreeya Athavale:
	Women's Day 2022	School	2.
27)	•		Komal Valesha, Riya Jain, Kartiki
			Bhilare, Lynn Fernandes, Nikita
			Kolhe, Rani Rodge,Palak
			Darda, Harshita D, Krishna
			Kolhatkar, Taruna Gambhir,
	Geriatric camp	ILC,Ganesh Dhyan mandir	Akshay Gujar: 11
28)	Physiotherapy		
20,	services to family		
	deprived children	SOFOSH	PG students : 33
29)		5010511	1 G Students. 33
29)	Physiotherapy		
	services to geriatric	AnandDham, Jyeshtha nagrik Virangula	BPT II / III / IV / ,Interns, /
	population	Kendra	PGs : 180
30)	Physiotherapy		
	services to geriatric		BPT II / III / IV / ,Interns, /
	population	Sahjivan,old age home	PGs: 180
31)	Physiotherapy		
	services to geriatric		BPT II / III / IV / ,Interns,
	population	MadhurBhav	PGs: 180
32)	Physiotherapy		
	services to geriatric		BPT II / III / IV / ,Interns,
	population	Rainbow day care, CARE	PGs: 180
33)	Physiotherapy		1 03.200
557	services to		
	underprivileged		
		Sava arogua Equindation	DG students: 22
	societal group	Seva arogya Foundation	PG students: 33

34)	Physiotherapy		
	services to elderly		BPT II / III / IV / ,Interns,
	population	Punarnirman	PGs: 180

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Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

Letter for amount generation for extension activities for academic year 2021-22

DES Brijlal Jindal College Of Physiotherapy had participated and carried out various extension and outreach activities with many collaborating agency in last 5 years. The total number of activities in academic year 2021-22 were 34. No amount was generated during these activities.



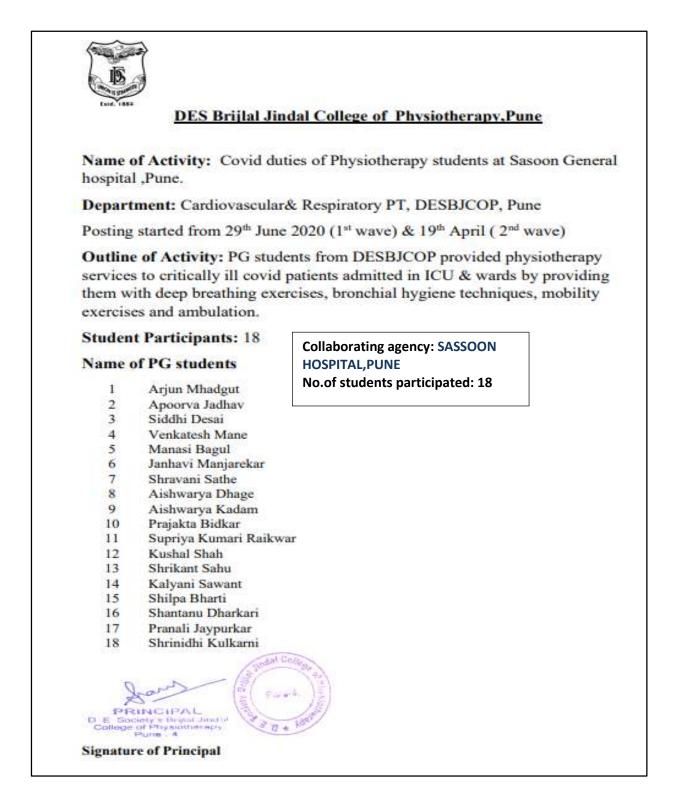
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1) EXTENSION ACTIVITY: COVID POSTING OF STUDENTS

COLLABORATING AGENCY/ORGANISATION UNIT:BJ MEDICAL COLLEGE, SASSOON HOSPITAL, PUNE

DATE: 29th June 2020 (1st wave) & 19th April (2nd wave)



बै.जी.शासकीय वैद्यकीय महाविद्यालय व ससून सर्वोपचार रुग्णालय, पुणे. महाराष्ट्र जातत जगप्रवास नारायम तोड,रेल्वे स्टेजन जवळ,पूर्व-४११ ००१ great a sussecut fearer say names reprive bimopune.org there a sussecut गा.क बैजीप्रावेमवसमरु/कोरोना विपाण/ 12020 8,28/08/2020 1581 रति. गचार्य. रेक्कन एज्युकेंजन सोसायटी, ब्रेजलाल जिंदाल कॉलेज ऑफ फिजिओधेरपी, कर्ग्युसन कॅम्पस, पुणे विषय : कोव्हीड-१९ च्या अनुपंगाने रुग्णोपवारासाठी फिजिओवेरपिस्ट प्रतिनियुक्त करणेवावत.. महोदय. उपरोक्त विषयानुसार मा.जिल्हाधिकारी व मा.विभगीय आयुक्त, पुणे यांच्या आदेजानुसार ससून सर्वापचार रुग्णालयात कोरोना संजयित/बाधित रुग्णांवर उपचार करण्यात येतात. यानुसार समून रुग्णालयात देनंदिन अंदाजे ३००-३५० कोव्हीड संग्रयित/बाधित रुग्गांवर उपचार होत अमतात. सदर रुग्गांबर उपचार करतांना फिजिओथेरपिस्टच्या सेवा वापरल्याम रूग्ण बरा होण्याम अधिक लाभ होवू जकतो. यास्तव आपणास विनंती करण्यात येते की, आपल्या फिजिओधेरपी महाविद्यालयातील किमान ८ फिजिओथेरपिस्टला दर आठवडयाला कोव्हीड-१९ आयसीयू मधील रुषाउपचारासाठी प्रतिनियुक्त करण्यात वावेत. अधिखतां बे.जी.शासकीय वेधकीय महाविद्यालय व समून सर्वोपचार रुग्णलय, पुणे,

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2) EXTENSION ACTIVITY: BADMINTON TOURNAMENT

COLLABORATING AGENCY/ORGANISATION UNIT: SUDHANSHU BADMINTON ACADEMY

DATE: 15-20 FEB 2021



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3) EXTENSION ACTIVITY: Corporate badminton tournament: Spunk shuttler

COLLABORATING AGENCY/ORGANISATION UNIT: FIT2SPORT

DATE: 22 DEC

D.E.Society's Brijlal Jindal G	College of Physiotherapy, Pune
Name of Activity: - Corporate badmin	ton tournament: Spunk shuttlers
Name of Resource person: In associatio	n with fit to sports
Name of Coordinator: Namrata Sidhaye	- Bhadbhade
Department: Sports Department	Collaborating agency: FIT2SPORT No.of students participated:4
Date: 22/12/20- 23/12/20	
Timing: 8 am- 8 pm	
Place: Spunk shuttlers academy , Ambeg	aon
Online / Offline: onfield	
Particiapants:	
1. Aksahy Salve (MPT)	
2. Vidhi Kalyani (MPT)	
3. Shweta Thakar (Intern)	
4. Nakul Nawale (Intern)	
Outline of activity:	
-Students of DESBJCOP along with Fit to	o Sports therapist were involved in pre-
tournament training of the players	
- They also managed various on field inju	ries like sprains, strains etc.
D E. So College	RINCIPAL bciety's Brijlal Jindal e of Physiotherapy Pune-4.

4) EXTENSION ACTIVITY: Sports Event: NICMAR OPEN 2020 COLLABORATING AGENCY/ORGANISATION UNIT: SUDHANSHU BADMINTON ACADEMY

DATE: 22.02.2020

D.E. Society's

BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: - NICMAR Open Badminton tournament

Name of Coordinator: Apoorva Likhite, Namrata Bhadhhade

Department: -Sports Committee

Date: 22.02.2020

Timing: 8am -5 pm

Place: Seyash Academy, Baydhan

BADMINTON ACADEMY No.of students participated:2

Collaborating agency: SUDHANSHU

Online / Offline:- On field

Outline of activity:- On field physiotherapy support was provided for elite hadminton players. People from varied age groups were present. Injuries got covered by Interns and PG students. Importance of warm up and cool down was provided. Muscle strains, Cramps, Ligament sprains were common most injuries which were treated.

Objective-

1. To provide exposure of on field badminton injuries in young population

To prepare the students to treat those injuries first hand.

3. To help them understand the sports better

Participants: Manasi Bhide, Siddhesh Bhagat



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5) EXTENSION ACTIVITY: TENNIS TOURNAMENT

COLLABORATING AGENCY/ORGANISATION UNIT: JP TEAMS TENNIS CAHMPIONSHIP

Date: 6 /03/21- 21/03/21

Number of Alleria and Alleria and Alleria and Alleria	
Name of Activity: - J.P.Team Tennis Champions	nap
Name of Resource person: DESBJCOP	
Name of Coordinator: Namrata Sidhaye- Bhadbha	ide, Apoorva Likhite
Department: Sports Department	
Date: 6./03/21-21/03/21 (over three weeakends)	Collaborating agency: : JP TEAMS
maner, as the state structure of the constructions)	
Timing: 7 am- 5 pm	No.of students participated:13
Place: Tennis courts , Fergusson college campus	
Online / Offline: on field	L
Online / Offline: on nest	
Particiapants:	
1. Namrata Sidhaye- Bhadbhade (staff)	
2. Apoorva Likhite (staff)	
3. Aleshay Gujar	
4. Abhay Naik	
5. Nidhi Chikhal	
6. Apoorva Orazkar	
7. Pooja Patil	
8. Vidhi Kalyani	
9. Vishwali Athavale	
10. Shivani Mhaiskar	
11. Neha Apte	
12. Shweta Thakkar	
13. Shewta Shengal	
14: Himani Deo	
15. Mahi Bhandarkar	

PRINCIPAL D E Society's Brijfal Jindsi College of Physiotherapy Pune - 4





Deccan Education Society's Brijal Jindal College of Physiotherapy, Pune

Outline of activity:

- Over 260 players all over Pune, were participated in the tournament.

-Students of DESBJCOP were involved with warm up and cool down sessions of the players.

- They also managed various on field injuries like sprains, strains etc.





6) EXTENSION ACTIVITY: PHYSIOTHERAPY FOR SPECIAL AND ORPHANAGE CHILDREN

COLLABORATING AGENCY/ORGANISATION UNIT: SOFOSH

DATE: 31ST MARCH 2021

Coordinator

Dr. Harshada Sonawane



D.1. Society's BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY, PUNE

Consolidated report for "SOFOSIT" posting 2020-21 Collaboration: Sofosh

No.of students: 33

D. E. Society's Bridal Jindal College of Physiotherapy MPT students provided services to family deprived and orphanage children in A. Y. 2020-21.

Sr. No.	Name of Posting	MPTI	MPTH
1		Priyanka Patil	Vidhi Kaliyani
2		Sharayu Raybole	Poloja Patil
1		Apurva Jadhav	Meenal Chavan
3		Janhavi Manjrekar	Prachi Sathe
5		Shriprabha Thube	Nimesh Gupta
6		Amruta Bajantri	Shreeya Saware
3	SOFOSH	Arya Kunte	Sejal Chhajed
8		Uma Sharma	Ashwini Nagargoje
9		Siddhi Desai	Pranali Jaypurkar
10		Arjun Mhadgut	Prajakta Bidkar
11		Venkatesh Mane	Shantanu Dharkari
12		Bijal Pasad	Shilpa Bharti
13		Mansi Bagul	Jinal Kothari
14		Riya Jain	Shrinidhi Kulkarni
15		Kartiki Shillare	Juilee Khadke
16		Komal Valesha	Akshay Salve
			Krutikka Zala

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Sign of Principal PRINCIPAL D E Society's Brital Jindal College of Physiotherapy Pune , 4

7) EXTENSION ACTIVITY: Physiotherapy services to geriatric population

SAHJIVAN, OLD AGE HOME

DATE: A.Y 2020-21





D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

a bit of the		Im	In	C. C	Liber	Juxor 1
ir.Na. 1		III No. (C h h		Intenis	1 MPT	H MPT
	Sheetal Bobade	Arend Sekshi	Bhrvika Agrawal	Agashe Munit	Priyanka Patil	Vidhi Kahani
	Yash Chaudhari Riddhi Chavan	Bagul Pitachi	Komal Agrawal	Apte Neha	Sharayu Raybole	Pooja Patil
	Kshitja Deshpunde	Baria Saldhi Bekte Sheetal	Shreeya Athavale Vinita Bagol	Apte Rutuja Athavale Vishwali	Aparva Jadhav Janhavi Manjrekar	Meenal Chryan Prachi Sathe
	Muktai Deshpande	Bendre Purva	Mahi Bhandarkar	Bernd Shravani	Shiprabha Thube	Ninesh Gupta
	Sakshi Dhanapune	Borse Pooia	Ruuta Bhove	Bhave Neha	Amrata Bajantri	Shreeya Saware
_	Rahal Dhavale	Deolasi Mansi	Sumbhi Bhote	Chhajed Nikita	Arya Kunte	Sejal Chhujed
-	Yogita Dhoot	Deshpande Faligani	Nidhi Chikhal	Gokhale Aaditi	Uma Shama	Ashwini Nagargoje
	Siddhi Dhemil	Deshpunde Rhea	Mihr Chitale	Himani Deo	Siddhi Desai	Pranali Jaypurkar
	Sejal Doshi	Dombe Aishwaryn	Neha Deshmikh	Ingle Mayari	Ariun Mhadaat	Praiaku Bidkar
_	Isha Galezli	Dupare Sweejal	Siddhant Deshmikh	Majmudar Aayashi	Venkatesh Mane	Shantana Dharkari
	Pradyot Gokhale	Gomes Chantele	Bhargawi Dhomane	Mangoankur Aditee	Bial Pased	Shiba Bharti
_	Shraddha Jagade	Judhay Rusula	Harshita Dhray	Mengle Varada	Maner Band	Jinal Kothari
	Kashish Jaiswal	Jain Kashish	Tanata Gambhir	Nakul Nawale	Riva Jain	Shrinidhi Kulkarni
_	Vaishnavi Karde	Joshi Gayatri	Ranjeet Ghutur	Natu Pranjali	Kartisi Bhilare	Julee Khadke
	Sakshi Kaulgat	Kate Mnamayee	Sochul Giri	Oak Devashree	Konal Vziesha	Akshay Sabe
_	Maitreyee Korde	Kende Vaishmyi	Akshay Gujar	Patil Ronit	Java Pathak	Kninkka Zala
_	Vaishneyi Kotkar	Khandowalo Rushabh	Koval Jadhay	Patkar Anestin	20 ftl 1 antente	Participant and
-	Amita Kulkami	Kunte Shrin	Sanyakta Jaatap	Pal Deepakkuman		1
_	Ishani Kulkarni	Mane Akshata	Vaishannyi Kausadkar	Rajpurohit Money	1 1	
	Kareere Kundnani	Megh Thakar	Neha Kelkar	Rebello Hazel	. /	
	Shreya Mane	Modak Mundha	Krishn Kollutkar	Issac Salve		
_	Scial Mehta	Navathe Shubhani	Neha Kulkami	Mahek Soni		
	Akash Nanude	Paliwal Privanshi	Shinuni Mhuskar	Akanksha Shah	1	
	Giria Paithankar	Patel Pooja	Rhunga More	Shingol Shweta	1	
	Priya Pandhi	Rasane Purvu	Abhay Nayak	Shraddha Kanade	1	
_	Saisha Patil	Rashmeet Gorudatta	Apoerva Özarkar	Thakar Shweta		
	Pranali Pawar	Rathi Bharat	TumtPankh	2		
-	Shalmali Patil	Rege Vedika	Vashnavi Paturde	NO.		
30	Sanvika Plude	Sankay Asushka	Tanka Sanc	1		
_	Kabuni Rathi	Sathe Isha	Andaka Shah	25		
32	Kauchan Rathod	Sathe Swaniture	Antam Shah			
33	Samuddhi Shah	Satte Tativi	NiniliShah	3		
34/	Arabo Shkalgar	Solopurkar Snahn	Rashmi Thakkar	0		
35	Soce Siddheshwar	Surana Rishabh	Uma Tulaporkav			
36 5	Sanchi Taksande	Tanhockar Shnti	RhutakeshUjade	1		
37 5	Spruha Talikoń 🥒	Thikare Diskar		2		
	Knitika Wavade	Nikita Chopade	1			
_	Neha Wagh		1			

8.EXTENSION ACTIVITY: Physiotherapy services to geriatric population

RAINBOW DAY CARE DATE: A.Y 2020-21





D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

a bit of the		Im	In	Concession in the second s	Liber	Juxor 1
ir.Na. 1		III No. (C h h		Intenis	1 MPT	H MPT
	Sheetal Bobade	Arend Sekshi	Bhrvika Agrawal	Agashe Munit	Priyanka Patil	Vidhi Kahani
	Yash Chaudhari Riddhi Chavan	Bagul Pitachi	Komal Agrawal	Apte Neha	Sharayu Raybole	Pooja Patil
	Kshitja Deshpunde	Baria Saldhi Bekte Sheetal	Shreeya Athavale Vinita Bagol	Apte Rutuja Athavale Vishwali	Aparva Jadhav Janhavi Manjrekar	Meenal Chryan Prachi Sathe
	Muktai Deshpande	Bendre Purva	Mahi Bhandarkar	Bernd Shravani	Shiprabha Thube	Ninesh Gupta
	Sakshi Dhanapune	Borse Pooia	Ruuta Bhove	Bhave Neha	Amrata Bajantri	Shreeya Saware
_	Rahal Dhavale	Deolasi Mansi	Sumbhi Bhote	Chhajed Nikita	Anyu Kunte	Sejal Chhujed
-	Yogita Dhoot	Deshpande Faligani	Nidhi Chikhal	Gokhale Aaditi	Uma Shama	Ashwini Nagargoje
	Siddhi Dhemil	Deshpunde Rhea	Mihr Chitale	Himani Deo	Siddhi Desai	Pranali Jaypurkar
	Sejal Doshi	Dombe Aishwaryn	Neha Deshmikh	Ingle Mayari	Ariun Mhadaat	Praiaku Bidkar
_	Isha Galezli	Dupare Sweejal	Siddhant Deshmikh	Majmudar Aayashi	Venkatesh Mane	Shantana Dharkari
	Pradyot Gokhale	Gomes Chantele	Bhargawi Dhomane	Mangoankur Aditee	Bial Pased	Shiba Bharti
_	Shraddha Jagade	Judhay Rusula	Harshita Dhruy	Mengle Varada	Maner Band	Jinal Kothari
_	Kashish Jaiswal	Jain Kashish	Tanata Gambhir	Nakul Nawale	Riva Jain	Shrinidhi Kulkarni
_	Vaishnavi Karde	Joshi Gayatri	Ranjeet Ghutur	Natu Pranjali	Kartisi Bhilare	Julee Khadke
	Sakshi Kaulgat	Kate Mnamayee	Sochul Giri	Oak Devashree	Konal Vziesha	Akshay Sabe
_	Maitreyee Korde	Kende Vaishmyi	Akshay Gujar	Patil Ronit	Java Pathak	Kninkka Zala
_	Vaishneyi Kotkar	Khandowalo Rushabh	Koval Jadhay	Patkar Anestin	20 ftl 1 antente	Participant and
-	Amita Kulkami	Kunte Shrin	Sanyakta Jaatap	Pal Deepakkuman		1
_	Ishani Kulkarni	Mane Akshata	Vaishannyi Kausadkar	Rajpurchit Money	1 1	
	Kareere Kundnani	Megh Thakar	Neha Kelkar	Rebello Hazel	. /	
	Shreya Mane	Modak Mundha	Krishn Kollutkar	Issac Salve		
_	Scial Mehta	Navathe Shubhani	Neha Kulkami	Mahek Soni		
	Akash Nanude	Paliwal Privanshi	Shinuni Mhuskar	Akanksha Shah	1	
	Giria Paithankar	Patel Pooja	Rhunga More	Shingol Shweta	1	
	Priya Pandhi	Rasane Purvu	Abhay Nayak	Shraddha Kanade	1	
_	Saisha Patil	Rashmeet Gorudatta	Apoerva Özarkar	Thakar Shweta		
_	Pranali Pawar	Rathi Bharat	TurriParkh	2		
-	Shalmali Patil	Rege Vedika	Vashnavi Paturde	NO.		
30	Sanvika Plude	Sankay Asushka	Tanka Sanc	1		
_	Kabuni Rathi	Sathe Isha	Andaka Shah	25		
32	Kauchan Rathod	Sathe Swaniture	Antam Shah			
33	Samuddhi Shah	Satte Tativi	NiniliShah	3		
34/	Arabo Shkalgar	Solopurkar Snahn	Rashmi Thakkar	0		
35	Soce Siddheshwar	Surana Rishabh	Uma Tulaporkav			
36 5	Sanchi Taksande	Tanihockar Shnti	RhutskeshUjade	1		
37 5	Spruha Talikoń 🥒	Thikare Diskar		2		
	Knitika Wavade	Nikita Chopade	1			
_	Neha Wagh		1			

9. EXTENSION ACTIVITY: Physiotherapy services to geriatric population MADHURBHAV DATE: A.Y 2020-21



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

a bit of the		Im	In	Concession in the second s	Liber	Juxor 1
ir.Na. 1		III No. (C h h		Intenis	1 MPT	H MPT
	Sheetal Bobade	Arend Sekshi	Bhrvika Agrawal	Agashe Munit	Priyanka Patil	Vidhi Kahani
	Yash Chaudhari Riddhi Chavan	Bagul Pitachi	Komal Agrawal	Apte Neha	Sharayu Raybole	Pooja Patil
	Kshitja Deshpunde	Baria Saldhi Bekte Sheetal	Shreeya Athavale Vinita Bagol	Apte Rutuja Athavale Vishwali	Aparva Jadhav Janhavi Manjrekar	Meenal Chryan Prachi Sathe
	Muktai Deshpande	Bendre Purva	Mahi Bhandarkar	Bernd Shravani	Shiprabha Thube	Ninesh Gupta
	Sakshi Dhanapune	Borse Pooia	Ruuta Bhove	Bhave Neha	Amrata Bajantri	Shreeya Saware
_	Rahal Dhavale	Deolasi Mansi	Sumbhi Bhote	Chhajed Nikita	Anyu Kunte	Sejal Chhujed
-	Yogita Dhoot	Deshpande Faligani	Nidhi Chikhal	Gokhale Aaditi	Uma Shama	Ashwini Nagargoje
	Siddhi Dhemil	Deshpunde Rhea	Mihr Chitale	Himani Deo	Siddhi Desai	Pranali Jaypurkar
	Sejal Doshi	Dombe Aishwaryn	Neha Deshmikh	Ingle Mayari	Ariun Mhadaat	Praiaku Bidkar
_	Isha Galezli	Dupare Sweejal	Siddhant Deshmikh	Majmudar Aayashi	Venkatesh Mane	Shantana Dharkari
	Pradyot Gokhale	Gomes Chantele	Bhargawi Dhomane	Mangoankur Aditee	Bial Pased	Shiba Bharti
_	Shraddha Jagade	Judhay Rusula	Harshita Dhray	Mengle Varada	Maner Band	Jinal Kothari
_	Kashish Jaiswal	Jain Kashish	Tanata Gambhir	Nakul Nawale	Riva Jain	Shrinidhi Kulkarni
_	Vaishnavi Karde	Joshi Gayatri	Ranjeet Ghutur	Natu Pranjali	Kartisi Bhilare	Julee Khadke
	Sakshi Kaulgat	Kate Mnamayee	Sochul Gri	Oak Devashree	Konal Vziesha	Akshay Sabe
_	Maitreyee Korde	Kende Vaishmyi	Akshay Gujar	Patil Ronit	Java Pathak	Kninkka Zala
_	Vaishneyi Kotkar	Khandowalo Rushabh	Koval Jadhay	Patkar Anestin	20 ftl 1 antente	Participant and
-	Amita Kulkami	Kunte Shrin	Sanyakta Jaatap	Pal Deepakkuman		1
_	Ishani Kulkarni	Mane Akshata	Vaishannyi Kausadkar	Rajpurchit Money	1 1	
	Kareere Kundnani	Megh Thakar	Neha Kelkar	Rebello Hazel	. /	
	Shreya Mane	Modak Mundha	Krishn Kollutkar	Issac Salve		
_	Scial Mehta	Navathe Shubhani	Neha Kulkami	Mahek Soni		
	Akash Nanude	Paliwal Privanshi	Shinuni Mhuskar	Akanksha Shah	1	
	Giria Paithankar	Patel Pooja	Rhunga More	Shingol Shweta	1	
	Priya Pandhi	Rasane Purvu	Abhay Nayak	Shraddha Kanade	1	
_	Saisha Patil	Rashmeet Gorudatta	Apoerva Özarkar	Thakar Shweta		
_	Pranali Pawar	Rathi Bharat	TumtPankh	2		
-	Shalmali Patil	Rege Vedika	Vashnavi Paturde	NO.		
30	Sanvika Plude	Sankay Asushka	Tanka Sanc	1		
_	Kabuni Rathi	Sathe Isha	Andaka Shah	25		
32	Kauchan Rathod	Sathe Swaniture	Antam Shah			
33	Samuddhi Shah	Satte Tativi	NiniliShah	3		
34/	Arabo Shkalgar	Solopurkar Snahn	Rashmi Thakkar	0		
35	Soce Siddheshwar	Surana Rishabh	Uma Tulaporkav			
36 5	Sanchi Taksande	Tanhockar Shnti	RhutakeshUjade	1		
37 5	Spruha Talikoń 🥒	Thikare Diskar		2		
	Knitika Wavade	Nikita Chopade	1			
_	Neha Wagh		1			

10. . EXTENSION ACTIVITY: Physiotherapy services to geriatric population ANANDHHAM, JYESHTHA NAGRIK VIRANGULA KENDRA DATE: A.Y 2020-21



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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Academ	nie: Year: 2020-21					
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Sr.No.	11	Im	IV.	Intens	1 MPT	II MPT
- 1	Sheetal Bobade	Arand Sakshi	Bhrvika Agrawal	Agashe Manik	Privarka Patil	Vidhi Kahani
2	Yash Chaudhari	Bagal Prachi	Komal Agrawal	Apte Neha	Sharayu Raybole	Pooja Patil
3	Riddhi Chuvun	Baria Saldhi	Shreeya Athuvale	Apte Rutuja	Apurva Jadhav	Meenal Chryan
4	Kshitja Deshpunde	Belete Sheetal	Vinin Bagol	Athavale Vishwali	Janhavi Manjrekar	Prachi Sathe
5	Muktai Deshpande	Bendre Purva	Mahi Bhundarkar	Bernd Shravani	Shiprabha Thube	Ninesh Gupta
6	Sakshi Dhanagune	Borse Peoja	Rujuta Bhave	Bhave Neha	Amuta Bajantri	Shreeya Saware
7	Rahul Dhavale	Deolasi Mansi	Sumbhi Bhote	Chhajed Nikita	Aryu Kunte	Sejal Chhajed
8	Yegita Dhoot	Deshpunde Faligari	Nidhi Chikhal	Gokhale Aadm	Uma Shama	Ashwini Nagargoji
9	Siddhi Dhemal	Deshpunde Rhea	Mihir Chitale	Himani Deo	Siddhi Desai	Pranali Jaypurkar
10	Sejal Doshi	Dombe Aishwaryn	Neba Deshmikh	Ingle Mayuri	Arjun Mhadigat	Projakta Bidkar
11	Isha Galezdi	Dupare Sweejal	Siddhant Deshmukh	Majmutar Aayashi	Venkutesh Mane	Shantanu Dharkari
12	Pradyot Gokhale	Gomes Chantelle	Bhargawi Dhomane	Mangoankur Aditee	Bijal Pasud	Shipa Bharti
13	Shraddha Jagade	Jadhav Rujula	Harshita Dhruy	Mengle Varada	Mansi Basul	Jinal Kothari
14	Kashish Jaiswal	Jain Kashish	Tanua Gambhir	Nakul Nawale	Riya Jain	Shrinidhi Kulkarni
15	Vaishnavi Kasde	Joshi Gayatri	Ranjeet Ghutae	Natu Pranjali	Kartiki Bhilare	Julee Khodke
16	Sakshi Kaulgut	Kate Mnumayee	Sochul Giri	Oak Devastree	Konal Valesha	Akshay Sabe
17	Maitreyee Koode	Kende Vaishmyi	Akshay Gujar	Patil Ronit 🖉	Jaya Pithak	Krimkka Zala
18	Vaishneyi Kotkar	Khundawala Rushabh	Koyal Jadhav	Patkar Anotha		1
19	Amita Kulkami	Kunte Shirin	Sanyakta Jaatap	Pal Deepakkuman	16	1
20	Ishani Kulkarni	Mane Akshata	Vaishannyi Kausadka	Rajpurchis Money	1	
21	Kareena Kundnani	Megh Thakar	Neha Kelkar	Rebelio Harei	. /	
22	Shreya Mane	Modak Mugdha	Krishne Kollutkar	Issac Salve		
23	Sejal Mehta	Navathe Shubham	Neba Kulkami	Mahek Soni		
24	Akash Nanude	Paliwal Priyanshi	Shiruni Mhuskar	Akanksha Shah	1	
25	Girija Paithankar	Patel Pooja	Rhanija More	Shingal Shweta	1	
- 26	Priya Pandhi	Rasane Purvu	Abhay Nayak	Shraddha Kanade	1	
27	Saisha Patil	Rashmeet Garudatta	Apoerva Özarkar	Thakar Shweta		
- 28	Pranafi Pawar	Rathi Bharat	RumePankh	2	1	
29	Shalmali Patil	Rege Vedika	Vaishnavi Paturde	10		
30	Sanvika Plude	Sankay Asushka	Tanka Sanc	1		
- 31	Kalyani Rathi	Sathe Isha	Anshika Shah			
32	Kauchan Rathod	Sathe Swaringee	Antam Shah			
33	Somraddhi Shah	Satte Tativi	NiniliShah			
34	Arabo Shikalgar	Sokperkar Snatni	Rashmi Thukkar			
35	Soce Siddheshwar	Surana Rishabh	Lima Tulapatkar	1		
36	Sanchi Taksande	Taniholkar Shnti	RhutskeshUjade	1		
37	Spruha Talikoti 🥼	Thikare Diskar		12		
38	Knittika Wavade	Nikita Chopade	1			
39	Neha Wagh		11			

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D E Society's Brijlal Jindal College of Physiotherapy Pune . 4

11. . EXTENSION ACTIVITY: Physiotherapy services to geriatric population SEVA AROGYA DATE: A.Y 2020-21

Detail report for all the above community posting





D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

a bit of the		Im	In	C. C	Liber	Juxor 1
ir.Na. 1		III No. (C h h		Intenis	1 MPT	H MPT
	Sheetal Bobade	Arend Sekshi	Bhrvika Agrawal	Agashe Manik	Priyanka Patil	Vidhi Kahani
	Yash Chaudhari Riddhi Chuvun	Bagul Pitachi	Komal Agrawal	Apte Neha	Sharayu Raybole	Pooja Patil
	Kshitja Deshpunde	Baria Saldhi Bekte Sheetal	Shreeya Athavale Vinita Bagol	Apte Rutuja Athavale Vishwali	Aparva Jadhav Janhavi Manjrekar	Meenal Chryan Prachi Sathe
	Muktai Deshpande	Bendre Purva	Mahi Bhandarkar	Bernd Shravani	Shiprabha Thube	Ninesh Gupta
	Sakshi Dhanapune	Borse Pooia	Ruuta Bhove	Bhave Neha	Amrata Bajantri	Shreeya Saware
_	Rahul Dhavale	Deolasi Mansi	Sumbhi Bhote	Chhajed Nikita	Anyu Kunte	Sejal Chhujed
-	Yogin Dhoot	Deshpande Faligani	Nidhi Chikhal	Gokhale Aaditi	Uma Shama	Ashwini Nagargoje
	Siddhi Dhenal	Deshpunde Rhea	Mihr Chitale	Himani Deo	Siddhi Desai	Pranali Jaypurkar
	Sejal Doshi	Dombe Aishwaryn	Neha Deshmikh	Ingle Mayari	Ariun Mhadaat	Praiaku Bidkar
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_	Shraddha Jagade	Judhay Rusula	Harshita Dhruy	Mengle Varada	Maner Band	Jinal Kothari
	Kashish Jaiswal	Jain Kashish	Tanata Gambhir	Nakul Nawale	Riva Jain	Shrinidhi Kulkarni
_	Vaishnavi Katde	Joshi Gayatri	Ranjeet Ghutur	Natu Pranjali	Kartisi Bhilare	Julee Khadke
	Sokshi Kaulgat	Kate Mnamayee	Sochul Giri	Oak Devashree	Konal Vziesha	Akshay Sabe
_	Maitreyee Korde	Kende Vaishmyi	Akshay Gujar	Patil Ronit	Java Pathak	Kninkka Zala
_	Vaishneyi Kotkar	Khandowalo Rushabh	Koval Jadhay	Patkar Anasha	20 ftl 1 antente	Participant and
-	Amita Kulkami	Kunte Shrin	Sanyakta Jaatap	Pal Deepakkuman		1
_	Ishani Kulkarni	Mane Akshata	Vaishannyi Kausadkar	Rajpurohit Money	1 1	
	Kareere Kundnani	Megh Thakar	Neha Kelkar	Rebello Hazel	. /	
	Shreya Mane	Modak Mundha	Krishn Kollutkar	Issac Salve		
_	Scial Metra	Navathe Shubhani	Neha Kulkami	Mahek Soni		
	Akash Nanude	Paliwal Privanshi	Shinuni Mhuskar	Akanksha Shah	1	
	Girša Paithankar	Patel Pooja	Rhunga More	Shingal Shweta	1	
	Priva Pandhi	Rasane Purvu	Abhay Nayak	Shraddha Kanade	1	
_	Saisha Patil	Rashmeet Gorudatta	Apoerva Özarkar	Thakar Shweta		
_	Pranafi Pawar	Rath Bharut	TurriParkh	A COLORADO		
-	Shalmali Patil	Rege Vedika	Vashnavi Paturde	NIA.		
	Sanvika Plade	Sankay Asushka	Tanka Sanc	1		
_	Kabuni Rothi	Sathe Isha	Aashika Shah	200	-	
32	Kauchan Rathod	Sathe Swanihaee	Antam Shah			
33	Samuddhi Shah	Satte Tanvi	NiniiShah	8		
34	Arapo Shkalgar	Solopurkar Snahn	Rashmi Thakkar	0		
33 5	Sace Siddheshwar	Surana Rishabh	Uma Tulaporkav			
36	Sanchi Taksande	Tanhockar Shnti	RhuthkeshUjade	1		
37	Spruha Talikoti 🥒	Thikare Dakar	1			
	Knmika Wavade	Nikita Chopade				
-	Neha Wagh		1			

LIST OF COLLABORATING AGENCY AND NUMBER OF STUDENTS

2020-21

D.E. Society's



BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Fergusson College Campus, Pune - 411 004 •Phone : (020) 67656471,67656467
•Fax : (91) (020) 67656494, 67656120 • E-mail : <u>descoppune@gmail.com</u>
•Web-site :www.desphysiotherapycollege.com , <u>www.despune.org</u>
Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

LIST OF COLLABORATING AGENCY AND NUMBER OF STUDENTS PARTICIPTED IN EXTENSION AND OUTREACH ACTIVITY DURING ACADEMIC YEAR 2020-21

DESBJCOP collaborates with various collaborating agency to conduct different extension & outreach activities like Covid duties, sports events, community activities and treatment for special children. The details are as follows:

Sr		COLLABORATING AGENCY/	
no.	Name of extension activity	ORGANISATION UNIT	NUMBER OF STUDENT
1)	Covid posting of students	B J Medical college, Sasson hospital, pune	Arjun M, Apoorva J, Siddhi D,Venkatesh M, Manasi B,Janhavi M,Shravani S, Aishwarya D, Aishwarya K Shrikant Sahu, Kalyani Sawant, Shilpa Bharti,Shantanu Dharkari,Prajakta bidkar,Supriya Raikar, Kushal Shah,Pranali Jaypurkar,Shrinidhi K: 18
2)	Covid posting of students	· · · · ·	
,	Badminton tournament	Sudhanshu badminton academy	Aaditi Gokhale,Aditee M: 2
3)			
	Corporate Badminton tournament-SPUNK SHUTTER	FIT2SPORT	Akshay S, Vidhi K, Shweta T,Nakul N: 4
4)	Sports Event: NICMAR OPEN 2020	SUDHANSHU Badminton academy	Manasi B, Siddhesh B: 2
5)	Tennis tournament	JP Teams tennis championship	Akshay G, Abhay N,Nidhi C,Apoorva O,Pooja P, Vidhi K,Vishwali, Shivani,Neha Shewta T,Shweta S,Himani D,Mahi, Devshree: 13
6)	Physiotherapy for special & orphanage children	SOFOSH	Nimesh G, Sejal C, Ashwini N, Prachi Sathe, Meenal C, Shreeya Savale: 6
7)	Physiotherapy services to geriatric population	Anandhham,Jyeshtha nagrik Virangula Kendra	BPT II / III / IV / ,Interns, / PGs: 174
8)	Physiotherapy services to geriatric population	Madhurbahv	BPT II / III / IV / ,Interns, / PGs: 174

9)	Physiotherapy services to geriatric population	Rainbow day care ,CARE	BPT II / III / IV / ,Interns, PGs: 174
10			
	Physiotherapy services to		
	geriatric population	Sahjivan,old age home	BPT II / III / IV / ,Interns, PGs: 174
11	Physiotherapy services to underprivileged societal		
	group	SEVA AROGYA	PG students: 34

and Jindal College Brillar R PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune 4 Parte-4. Gociety b 3.0 *

D.E. Society's



BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

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Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

Letter for amount generation for extension activities for academic year 2020-21

DES Brijlal Jindal College Of Physiotherapy had participated and carried out various extension and outreach activities with many collaborating agency in last 5 years. The total number of activities in academic year 2020-21 were 11. No amount was generated from these activities.



PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy

Pune.4



1) EXTENSION ACTIVITY: WORKSHOP ON PHYSIOTHERAPY

COLLABORATING AGENCY/ORGANISATION UNIT: IDBI BANK FC ROAD

DATE: 1-10-2019



D.E. Society's BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: - Workshop on Physiotherapy at IDBI bank on FC Road branch

Name of Coordinator: Dipte	ee Bhole
----------------------------	----------

Department: Musculoskeletal Physiotherapy

Collaborating agency: IDBI BANK FC ROAD No.of students participated:2

Student participants: Interns- Ms. Saniya Pradhan, Ms. Leora Penkar

Date: 01/10/2019

Place: IDBI Bank Premises, Fergusson college road branch.

Occasion for programme: Bank's Foundation Day

Schedule of activity:

- i) Introduction to session by Dy General Manager IDBI
- ii) Presentation on scope and practice with multi system benefits of PT
- iii) Demonstration of basic office stretches exercises as Group therapy
- iv) Ergonomic advice for prevention of postural pain

Outline of activity:

- a) Objective: Awareness of scope and effectiveness of PT; Ergonomics
- b) Participants/ Attendees: Employees of bank
- c) Outcomes: Better awareness and understanding about the importance of correct sitting postures among attendees. Removed misconception about PT used being limited only in orthopaedic conditions. They had an interactive and informative session.

Coordinator's signature: -

ndal C

dhale

PRINCIPAL E. Society's Brijlal Jind College of Physiotherapy Pune



PRINCIPAL D E Society's Brijtal JindS/ College of Physiotherapy Pune - 4



DIDBI BANK

CIN: L65190MH2004GOI148838

To,

The Principal, Brijlal Jindal College of Physiotherapy, Ferguson College campus, Pune- 411004

Madam,

Conduct of Workshop on Physiotherapy at our Bank Premises at F C Road Pune

We extend a gesture of gratitude to your office for deputing Dr. Deepti Bhole and her team for volunteering a workshop on physiotherapy to officers on the occasion of Bank's foundation day on Oct 1, 2019. The lecture was highly educative and handy for creating awareness about proper sitting postures especially during sitting at workstation for long hours at office. Workshop also helped remove misconception about physiotherapy as the subject also relates to treatment on neurological and cardiac issues that too cure is without medication.

We once again appreciate the volunteer efforts put by your team and look forward for more such workshops in future for the benefit of our staff/employees.

Thanking you !!

Sincerely yours,

DGM, IDBIEC Road Office, Pune Nov 30, 2019



D. E. Society's Brijlal Jindal College of Physiotherapy, Pune Inward No218A 2019-20 12/2019 02 Date sadhale Sign

Ext M Ack

Principal, D.E. Society's Initial Jindal College of Physiotherapy, Pune

2) EXTENSION ACTIVITY: GOA IRONMAN MOC TRIATHLON

COLLABORATING AGENCY/ORGANISATION UNIT: PRO SPORTS & BIKE

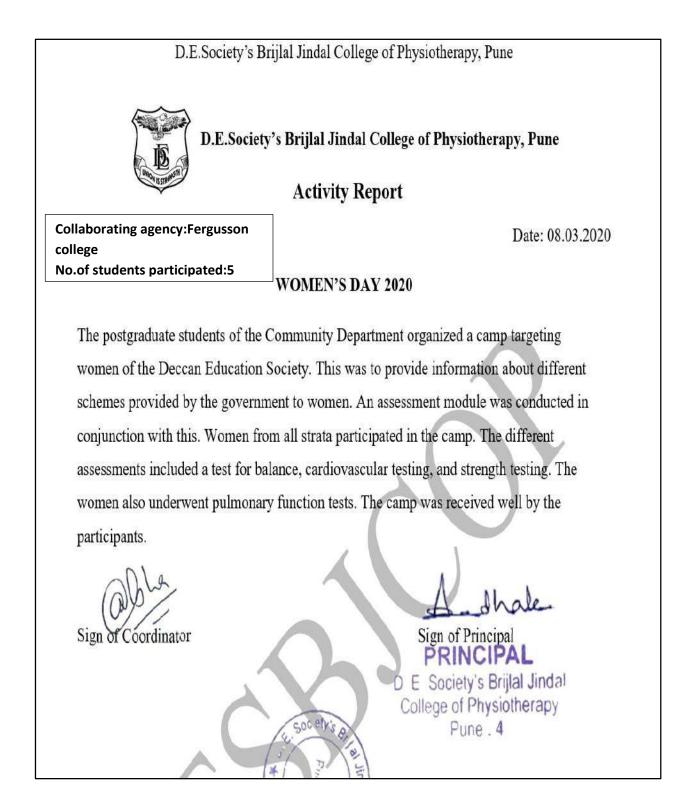
DATE: : 8.9.2019

Department: Sports department	Collaborating agency: : PRO SPORTS & BIKE No.of students participated:7
Date: 8.9.2019	
Place: Pro Sports and bikes outlet Prabl	hat road, Pune
Timing- 8.30 am- 2 p.m.	
Online / Offline: on field	
Outline of activity:	
12 athletes participated. Injuries tra and calf injuries and gluteal injuries	eated were back strains, ankle sprains, Hamstring s.
Participants- 1. Devaki Kale	
2. Pranjal Keni	
3. Juhi shah	
4. Saniya Pradhan	
5. Leora Penkar	
6. Anushka Sanap	
7. Gayatri Suresh	

3) EXTENSION ACTIVITY: WOMENS DAY

COLLABORATING AGENCY/ORGANISATION UNIT: FERGUSSAN COLLEGE

DATE: 8-3-2020



4) EXTENSION ACTIVITY: TRITHOLON SPORTS EVENT

COLLABORATING AGENCY/ORGANISATION UNIT: PRO-SPORTS & BIKE

DATE: 03-11-2019

Name of Coordinator: Namrata Si	dhaye- Bhadbhade, Apoorva Likhite	
Department: Sports department Date: 3 Nov 2019	Collaborating agency: PRO-SPORTS & BIKE No.of students participated:2	
Place: Prabhat road		
Timing- 8.30 am- 2pm.		
Online / Offline: on field		
Outline of activity:.		
Injuries treated were shoulder stra	ains, ankle sprains, Hamstring and calf injuries and	
back problems.		
Participants-		
1.Radhika H.		
2.Ruta Pandit		

750x111 Prested Road Lane No X, Pure - 411004 (Noti: 9552772233 (9622067941 SPORTS & BIKES 13 prosportaundtaken@gmail.com 🛐 Pro Sports and Misso 🛞 Pro Sports and Oken November 4th 2019 To The Principal, DES Britial Jindai College of Physiothecapy Forgusson College Campus, PUNE Respected Madam, This letter of appreciation is to let you know how much we at Pro Sports and Bikes appreciate your help in allowing your interns to be a paint of our Pro Sports 32.2 event which was held on the 3rd of November. For an event to be successful number of people work behind the scenes and your physio team did their bit. Ms, Apporve and the interns did a commendable job and ware of great help which was highly appreciated by all the Athletos. A special thanks to Nanizata Madam for the coordination. Thanking you for all your help. Warm Regards YEAN Prasad Shaligram, Presen ondergram (Partner) Pro Sports and Bikes Iro Hike and Bike Pro Fit Cycles D. E. Society's Brijlal Jindal Collega of Physiotherapy, Park Waard No 219 Jocha- 24 tion of interest And hak 8knin Imported Bicycles : Sales | Service [Rental | Tours 6 SSCOTT PR D E. Society's Brijlal Jindal College of Physiotherapy Pune-4. andal Colleg 1de 0 *

5) EXTENSION ACTIVITY: ROLL BALL EVENT

COLLABORATING AGENCY/ORGANISATION UNIT:FIT2SPORTS

DATE: 3rd Oct 2019 -8 oct 2019

D.E. Society's

BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: - 5th Roll Ball Camp and World -Cup

Name of Coordinator: Namrata Sidhaye

Collaborating agency: :FIT2SPORTS No.of students participated:2

Department: -Sports Committee

Date:- 03.10.2019-08.10.2019 and 4.11.2019-14.11.2019

Timing: 8 am - 5 pm

Place:- Surat (Camp), Chennai (World Cup)

Online / Offline:- Offline

Outline of activity:- On field physiotherapy support was provided for Rollball Players across the country. Injuries got covered by Interns. Importance of warm up and cool down was provided. Muscle strains, Cramps, Ligament sprains, open wounds were common most injuries which were treated

Objective-

- 1. To provide exposure of on filed injuries of Roll ball
- 2. To prepare the students to treat those injuries first hand
- 3. To help them understand the sports better

Participants:

- I. Ruta Pandit
- 2. Varun Shastry

D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.

Injury Management & Sports Performance Enhancement Clinic Or. Apr. Maports Consultant Sports & Descrite Medicine FIT2 SPORT Reg No. 25330 Date: 02-12-2019 Ta The Principal. D.E. Society's Brijlal Jindal College of Physiotherapy, Pune. Subject: Posting of Interns Dear Madam, Following are the names of intents and the tournaments they have covered-1. Xone Paulit and A A. R. (Corgeo Somwane and Siddesh Bhagat – Add Digest Cricket tournament
 Loom Penkar and On Wadhukar – Gadro-MSLTA [TF Grade 3 Junior tennis championship 4. Devaki Kale - NECC - ITF Women's Tennis Terminett It is a pleasure to be associated with your college. Fit2Sport will continue to post your interes and PG students at various enlated local, store, national and international events in the future. We would also like to get associated with your esteered institution for a providing platform to your intents and PG students at Pit2Sport by way of clinical postings during their academic wature. Thanking you. 6 Your Sincerely, 51 Europa Dr. Ajir Mapari Consultant Sports & Exercise Medicine D. E. Soclaty's Bridgest diseits (1994) of Physics the second 120 2010-20 pu halzers. Set: mat dhale Eal" Ant . 204, Chinar Heights, Lane number 5, Prabhae Road, Deccan Gymkhana, Pune 611006
 ü +91 8888851578 IN LODGEDIN TRUE COPY and all Co PROFICIPAL D E Society's Breat Jinds College of Physiotherapy Pune - 4 Pung-d. 17 -4

6) EXTENSION ACTIVITY: BADMINTON TOURNAMENT

COLLABORATING AGENCY/ORGANISATION UNIT: SUDHANSHU BADMINTON ACADEMY

DATE: 28 FEB-MARCH to 1st march 2020



Name of Activity: - Amravati Badminton tournament

Name of Resource person: in association with Sudhanshu's badminton academy

Participant: Siddhesh Bhagat (intern)

Name of Coordinator: Namrata Sidhaye- Bhadbhade, Apoorva Likhite

Department: Sports department

Date: 28 th Feb to 1st march 2020

Collaborating agency: SUDHANSHU BADMINTON ACADEMY No.of students participated::1

Place: Amravati

Timing- 7.30am-5.30pm

Online / Offline: on field

Outline of activity:

There were 45-50 students participated from the open category were participated in the tournament.

Injuries treated were shoulder strains, ankle sprains, Hamstring and calf injuries and back problems.



D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.

7) EXTENSION ACTIVITY: SPORTS EVENT MARATHON

COLLABORATING AGENCY/ORGANISATION UNIT: SIMPLE STEPS

DATE: 10 NOV 2019



D.E. Society's BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: - sports event: Marathon 5 edition (Simple Steps, Pune)

Name of Coordinator: Namrata Sidhaye- Bhadbhade, Apoorva Likhite

Department: Sports department

Date: 10-11-2019

Collaborating agency: : SIMPLE STEPS

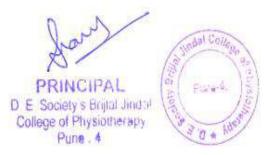
Participants- Gargi S, Krishma S No.of students participated:2

Timing- 8.30 am- 5 p.m.

Online / Offline: on field

Outline of activity:

Interns treated sports injuries under observation of the therapists appointed for the event. Injuries treated were shoulder strains, ankle sprains, Hamstring and calf injuries and back problems.



SIMPLE STEPS 533 A RUN FOR MAPPINESS Tro, The principal. D.F. Socies's Bridal Jointal College of Physiotherapy Fergusson college campus Pone 411004 Date - 0519 Dec 2019 Respected Madam, This letter of appreciation is to let you know how much we at Simple Steps Marathon- Run for happiness" (05th edition) appreciate your help in allowing your staff and interns to be a part of our event which was held an 20/11/1019. Your physio beam did commendable job and were of great help which was highly appreciated by all the children and their parents. Resides the event date , team did a great job on expo day in sensitions the parents about importance of physical activities in the young age. Thanking you for all your help and we are looking ferward to have your support for our next edition. Thiefth you. Warm regards Duleh Ashtsh Kasodekar (Team Simple Steps) D. E. Society's Brijtet Jindet Octiese of Physiles Int y Butte A 2019.30 tio: 3 2013 5160 chelo (4) Mellines Port, Racer Hoan, Barry Port, ALISE, 19234. www.simplestepsmarathon.com

8) EXTENSION ACTIVITY: ADEESHAKTI, WOMEN EMPOWERMENT

COLLABORATING AGENCY/ORGANISATION UNIT: NATIONAL MEDICOS ORGANISATION, ROTARY CLUB

DATE: 20 FEB 2020



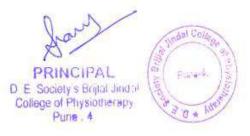
D.E. Society's BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

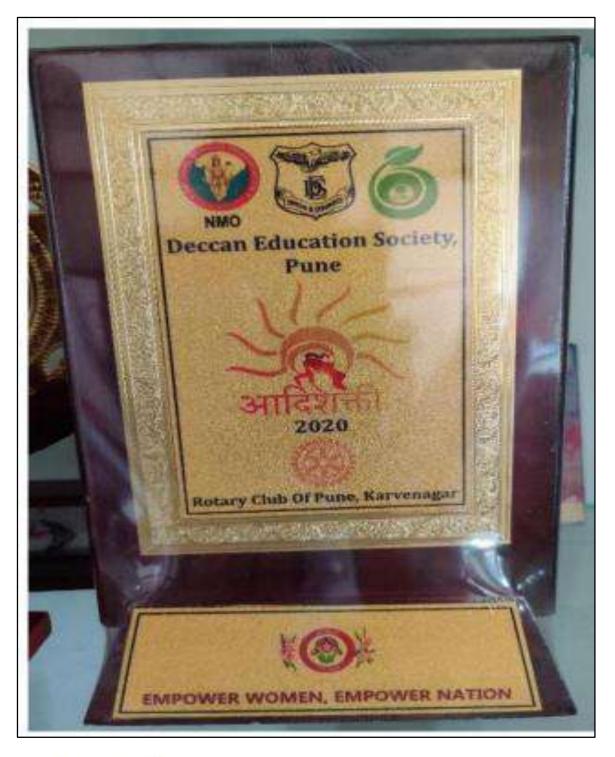
Collaborating agency:Rotary club No.of students participated: 7

ADISHAKTI

DESBJCOP was involved in felicitation of some women achievers for the event of AADISHAKTI which was celebrated on 22 feb 20. This was a joint event arranged by National medicos organisation(Maha.)rotary club and DES. Street play ,Poster exhibition on theme "beti bachao beti pahao" was organised on this occasion. Dr Aparna Sadhale Prinicpal ,DESJCOP was one of the organisers .Dr Purva Gandhi ,Alumnus of DESBJCOP also felicitated on this event. Students Aaditi Gokhale, Varda Mengle, Anagha pathkar,Neha Apte,Pooja P,Meenal C, Prachi Sathe too participated in this event.







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9) EXTENSION ACTIVITY: SWASTH WARI

COLLABORATING AGENCY/ORGANISATION UNIT: MUHS

DATE: 10 OCT 2019

Name of Activity: - Physiotherapy support	at' Swasth wari"
Name of Coordinator: Dr Aparna Sadhale	Collaborating agency: : MUHS
Department: - Community	
Date:-19 oct 2019	No.of students participated:3
Outline of activity:- physiotherapy suppor	t was provided for individuals involv
Participants: Kushal Shah, Aishwarya Dhag महाराष्ट्र आरोग्य रि Maharashtra University	ইয়ান ৰিজাপীত, নাথিক of Health Sciences, Nashik
MUHS EPAKE 1053 /12/100	orwar, ellere - ++++++++++++++++++++++++++++++++++
वी. संदिप थी. युंतरे	Dr. Sandeep D. Gundre
Hanne, ferrill works manifely/menory/menores/25657/2+15, udit,	Objector, Student's Walfare
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meren farmen agent married	नारोप्य निजान निधारीठ, नाजिकच्छा
वानीयने "कावाय प्रार्थन" सा अधिनवानाम /	प्रगणनाता करणनेत्वकप्रिता आप्राल्या
सहाविकालकातील विधार्थ्वांनी सहभावी होउन व	made it wareys an anotal's analysis
 वारीगील रूल्लवेकरीरता के बोगवाल हिन्दे ल्या 	वन्तरः विधार्णीताभ्या कर्ताले स्वार्थापन
magnater solution will resolve the rest.	
must strainer untigers station fau	ग्वरीमा प्रमाणपत्र देख्याल आये, लगेच्य
गादन विद्यापकीच्या स्वरकार्षात्राह चाहक विद्यापीलाम	प्रमाधे रुपाणी प्रावयिषयात वाची. रिवेपाली विद्यार्थी कार्वप्राय तथा रामेची कार्वप्राय समल्वन
D E. Society's Brijlal Jinda College of Physiotherapy Pune-4.	1

10) EXTENSION ACTIVITY: Care giver training

COLLABORATING AGENCY/ORGANISATION UNIT: COLONELS CUBE NGO

DATE: :18/09/2019

Euro, 1888	Collaborating agency: COLONELS CUBE
Name of Activity: Care Giver Training	NGO
Name of Resource person: Dr. Diptee Bhole (PT)	No.of students participated:5
Department: Community PT	
Students' participation: Neuro MPTs: Rutugandha	Sulay; Bhagyashree Gokhale, Richa
Shah, Komal Patel, Dhanashree Modey	
Date:18/09/2019	
Place: Tharkude hospital premises for Senior citize	en's Group, Erandawane
In association with President & Founder of Colone	l's Cube NGO, Col Kumar Fulay
Offline activity	
Outline of activity:	
 Lecture on 'Safe Transfer techniques' for str 	udents undergoing training as care
givers for senior citizens.	
 Demonstration session of techniques 	
Question answer session with sharing of per	rsonal experiences of tending to
seniors.	

D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.





11) EXTENSION ACTIVITY: YOGA EVENT FOR DANISH STUDENT COLLABORATING AGENCY/ORGANISATION UNIT: FERGUSSON COLLEGE DATE: 14 SEPT 2019

Yoga session on 14th September 2019

DES Fergusson College had conducted a students' exchange program with Danish University in September 2019. They had requested DES Brijlal Jindal College of Physiotherapy to conduct a Yoga session for 20 Danish students who visited India.

Session was arranged on 14th September, 2019 from 9 am to 10.30 am in the physiology lab of DESBJCOP. III B.P.Th, student Mihir Chitale talked about history of Yoga and demonstrated some Asanas in supine, prone and standing positions. Effect of Yogasanas on the body was also explained to all. Students were also made to perform the Asanas. All the members enjoyed the session.

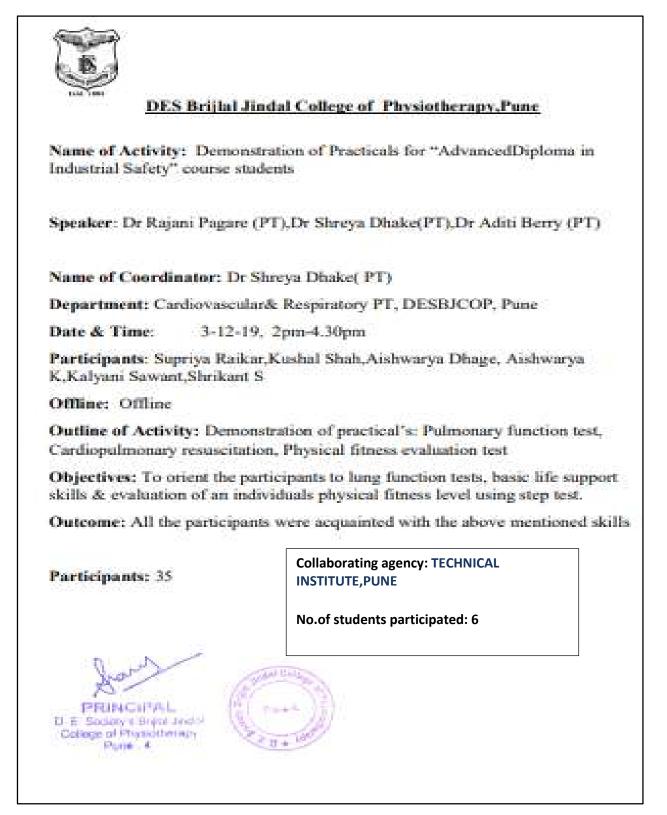
Collaborating agency: FERGUSSON COLLEGE No.of students participated:1

D. E. Society's Brijlal Jindal College of Physiotherapy. Pune.

12) EXTENSION ACTIVITY: ADVANCE DIPLOMA IN INDUSTRIAL SAFETY

COLLABORATING AGENCY/ORGANISATION UNIT: TECHNICAL INSTITUTE, PUNE

DATE: 3RD DEC 2019



13) EXTENSION ACTIVITY: SPORTS POSTING

COLLABORATING AGENCY/ORGANISATION UNIT: DRAVID HIGH SCHOOL, WAI

DATE: 18-01-2020

	Jindal College of Physiotherapy
Name of Activity: - Des interscho	ol volleyball and football tournaments
Name of Coordinator: Namrata Sie	dhaye- Bhadbhade, Apoorva Likhite
Department: Sports department	Collaborating agency: DRAVID HIGH
Date: 18 Jan 2020	SCHOOL, WAI No.of students participated:6
Place: Dravid high school, Wai	
Timing- 8.30 am- 5 p.m.	
Online / Offline: on field	
Outline of activity:	
All the schools under DES partici	ipated in the tournament.
Injuries treated were shoulder stra back problems.	ains, ankle sprains, Hamstring and calf injuries a
Participants- 1. Gayatri Suresh	
2. Krishma Solakhi	
 Krishma Solakhi Manasi Bhide 	
3. Manasi Bhide	

D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



D.E. Society's Brijlal Jindal College of Physiotherapy राजन एज्युकेशन सोसावटी, युवे अ U.m.m.v. ning w. 211190 5-3-3 मा.सा.प.मंडळ क. 21.13.001 हविड हायस्कृल, वाई fa.u. ann a. 2111:901 हिंह, सालारा, बाई 412803. U-DISE No. 27111111509 old all - summer seed . April monodial and - monodial fields Teronal / Fax: (02167) 2270 dravichightchool@rediffmall.o ferris :: 10.1 26/2/2020 राष्ट्रीय और ; पीछ याने १९४१ 491. म, जवामी, हों.सपमी साम्प्रती (पीटी) बंबतात विदाल कॉलेज ऑफ फिजीओवेरवी 99 - W गमेवना, वेक्कन एन्युकेशन सीसाधटी,मुणे आंतरकालेय फूटबॉल व कॉलीबॉल स्वर्धेवाठी आफ माविधालयतील कालील फिजीओयेरपिस्ट प्रथमवने उपस्थित राष्ट्रन स्पर्वेवरम्यान आवस्यक मेहनीय पहल केल्यानवृदल शाळा आपली जल्पत आभारी आहे. श वामी खालील अपहिला किजीओंचेरपिस्ट प्रमकाने अल्पंत मोलाचे सडकार्य केले. १. नामजी सुरेपा २. विक्या सोलाकी मानसी चित्रे * arendy fight ५. वच्छा बारजी < गर्नी सीमावणे Sere. D. E. Society's Britist Jindol College of Physiciliorapy, Pame आपला विश्वास, inware No 152 Dain 20101 2020 Segu A Ihale मेह हायनकृत, बाह Sath Activities The. D E. Society's Brijial Jindai College of Physiotherapy 0.4 Pune-4.

14) EXTENSION ACTIVITY: WOMEN TRIATHLON

COLLABORATING AGENCY/ORGANISATION UNIT: PRO SPORTS

DATE: 8 MARCH 2020



D.E. Society's

BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

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Name of Activity: - Pro sports- All women triathlon
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Name of Coordinator: Namrata Sidhaye, Apoorva Likhite

Department: -Sports Committee

Date:- 08.04.2020

Timing: 7am - 10am

Collaborating agency: PRO SPORTS No.of students participated:6

0

Place:- Pro sports and bike, Prabhat Road

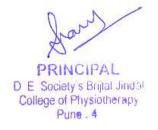
Online / Offline:- Offline

Outline of activity:- Pro sports all women triathlon was held on 8th March, 2020 on the occasion of International Women's Day. It included swimming, 37 km cycling, and 10 km running. Total 20 athletes participated in the event. (16 individuals and 4 relay teams). On field physiotherapy support was provided for runners across the city. People from varied age groups were present. Injuries got covered by UG and PG students. Importance of warm up and cool down was provided. Muscle strains, Cramps, Ligament sprains were common most injuries which were treated.

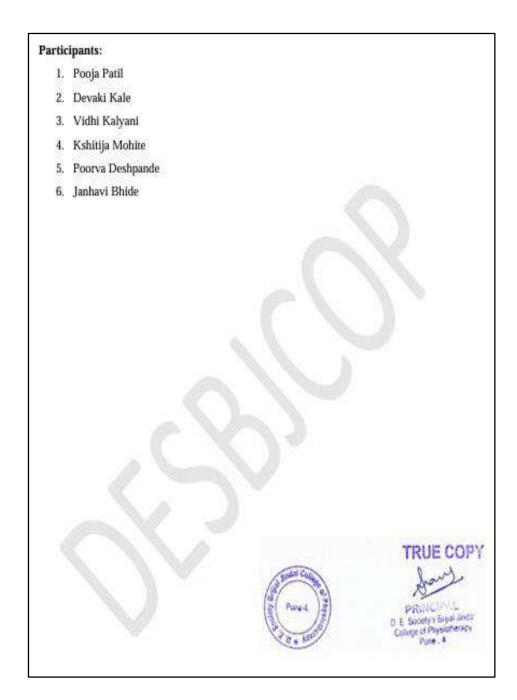
Objective-

 To provide exposure of on filed running, swimming injuries in varied age group population of women

- 2. To prepare the students to treat those injuries first hand
- 3. To help them understand the sports better







15) EXTENSION ACTIVITY: SPORTS EVENT

COLLABORATING AGENCY/ORGANISATION UNIT: MSGGVP SCHOOL, TILAK ROAD

DATE: 26-27 NOV 2019

D.E. Society's BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY Name of Activity: - Sports Physio therapy at Golwalkar highschool Name of Coordinator: Namrata Sidhaye- Bhadbhade, Apoorva Likhite Department: Sports department Collaborating agency: : MSGGVP Date: 26,27 Nov 19 SCHOOL, TILAK ROAD Place: MGGSV, Tilak road, Pune No.of students participated:2 Timing- 8.30 am- 5 p.m. Online / Offline: on field Outline of activity: All the schools under DES participated in the tournament. Injuries treated were shoulder strains, ankle sprains, Hamstring and calf injuries and back problems. Participants-Radhika H,Ruta P ai Co. PRINC D E Society's Bridal Jind J College of Physiotherapy Pune_4

16) EXTENSION ACTIVITY: Dhanori Open badminton

COLLABORATING AGENCY/ORGANISATION UNIT:SUDHSANSHU BADMINTON ACADEMY

DATE: 20-2-2020



D.E. Society's

BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: - Dhanori Open - Badminton

Name of Coordinator: Apoorva Likhite, Namrata Bhadbhade

Department: -Sports Committee

Date:- 22.02.2020

Collaborating agency: SUDHSANSHU BADMINTON ACADEMY No.of students participated:2

Timing: 8am -5 pm

Place:- Elite sports club Dhanori,

Online / Offline:- On field

Outline of activity:- On field physiotherapy support was provided for elite badminton players. People from varied age groups were present. Injuries got covered by Interns and PG students. Importance of warm up and cool down was provided. Muscle strains, Cramps, Ligament sprains were common most injuries which were treated.

PRINCIPAL

D E Society's Brijtal Jindal College of Physiotherapy Pune - 4



17) EXTENSION ACTIVITY: - A and I digest in association with fit to sports COLLABORATING AGENCY/ORGANISATION UNIT: FIT2SPORTS

DATE: 12.02.2019 -18.02.2019



Name of Activity: - A and I digest in association with fit to sports

Name of Coordinator: Namrata Sidhaye- Bhadbhade, Apoorva Likhite

Collaborating agency: : FIT2SPORTS

No.of students participated:2

Department: Sports department

Date: 12.02.2019 -18.02.2019

Place: Pune

Timing- 8.30 am- 5 p.m.

Online / Offline: on field

Outline of activity:

Injuries treated were back strains, ankle sprains, Hamstring and calf injuries.

Participants- 1. Gargi Sonawane

2. Siddhesh Bhagat

D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



Injury Management & Sports Performance Unbanchman Clink-Mapan as Senter & Exercise Merelevie 1.715 HT2SPOP Dee: 02-12-2010 te the Principal. ed. Society's British Jindal College of Physiotherapy, Not Subject Proving of Interns Dere Maderia. Pollowing are the numer of interest and the teamaments they have covered 1. Bats Pandit and Varue Showry - 5th Roll ball world cup Cargee Scouware and Siddesh Bhagat – Add Digest Cricket tournament
 Leven Parkar and Om Wadhekar – Gadre-MSLTA ITF Grade 3 Junior texts champtonisp 4. Devaki Kalu - NECC - ITF Wornest's Territy Toorsanaert it's a planeare to be associated with your college. Th2Sport will continue to post your varues and PG indexts of various related boost, state, national and international events in the future. We would also fike to get associated with your estremad statisation for a providing platform to pass meres and PO students at Fir2Sport by way of clinical postnys during their scademic tenare. Textory you. Yours Sincerely. 104 Dr. And Mapon Considers Sports All service Medicus D. E. Socioty's Start Junial Constant of Providence of the 19 220 2003-30 24 ha12010. Cont East Adt. Em A allerde Lat-Chess D E. Society's Brijlal Jindai College of Physiotherapy 0.4 Pune-4.

18) EXTENSION ACTIVITY: NECC – ITF Junior tennis tournament COLLABORATING AGENCY/ORGANISATION UNIT: FIT2SPORTS DATE: 10.12.2019 -15.12.2019



Name of Activity: - Gadre MSLTF ITF grade 3 junior tennis championships in association with fit to sports

Name of Coordinator: Namrata Sidhaye- Bhadbhade, Apoorva Likhite

Department: Sports department

Collaborating agency: FIT2SPORTS

Date: 10.08.2019 -15.08.2019

No.of students participated: 2

Place: Pune

Timing- 8.30 am- 5 p.m.

Online / Offline: on field

Outline of activity:

Injuries treated were back strains, ankle sprains, Hamstring and calf injuries, elbow and hand injuries.

Participants- 1. Om wadhokar

2. Leora Penkar

lal Jindal D E. Societ College of Physiotherapy Pune-4.





D.E.Society's Brijlal Jindal College of Physiotherapy

Magnath and Sports D Exercise Medicine 19336 Injury Management & Sports Performance Enhancement Clinic 57 FIE2SPOR Date: 02-12-2019 To The Principal. D.E. Society's Brijlal Jindal College of Physiotherapy, Pasz. Subject: Posting of Interns Dear Madam. Following are the names of interns and the tournaments they have covered- Ruta Pandit and Varun Shastry – 5th Roll ball world cup
 Gargee Sonawane and Siddesh Bhagat – A&I Digest Cricket tournament
 Leora Penkar and Om Wadhokar – Gadre-MSLTA ITF Grade 3 Junior tennis championship
 Devaki Kale – NECC – ITF Women's Tennis Tournament It is a pleasure to be associated with your college. Fit2Sport will continue to post your interns and PG statents at various related local, state, national and international events in the future. We would also like to get associated with your esteemed institution for a providing platform to your ments and PG students at Fit2Sport by way of clinical postings during their neademic tenure. Thunking you. Vours Sincerely. Consultant Sports & Exercise Medicine D. E. Society's Build Jindat Criter of Physicatrosper, Fr Alimpter Winney 110 220 2012-20 Bigs A halaora Ciofd. Earl Act.



84 PRIN D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.

19) EXTENSION ACTIVITY: NECC – ITF Women's tennis tournament

COLLABORATING AGENCY/ORGANISATION UNIT: FIT2SPORTS

DATE: 10.12.2019 -15.12.2019



D.E.Society's Brijlal Jindal College of Physiotherapy

Name of Activity: - NECC - ITF Women's tennis tournamentd in association with fit to sports

Name of Coordinator: Namrata Sidhaye- Bhadbhade, Apoorva Likhite

Department: Sports department

Collaborating agency: FIT2SPORTS

Date: 10.12.2019 -15.12.2019

No.of students participated:1

Place: Punc

Timing- 8.30 am- 5 p.m.

Online / Offline: on field

Outline of activity:

Injuries treated were back strains, ankle sprains, Hamstring and calf injuries, elbow and hand injuries.

Participants- 1. Devaki Kale

D E. Society's Brijlal Jindal

College of Physiotherapy Pune-4.



D.E.Society's Brijlal Jindal College of Physiotherapy Injury Management & Sports Married Translate Million Rose 164 STA Date #2-12-2019 Srthe Prescription ut. Saday's Bright Jindal College of Physiotherapy, Part 1 subject Peopling of Internet Des Madain, Pollowing size the corrier of interiorand the interiormets day have covered Rata Pandir and Vierun Sharmy – 5ⁿ Roll ball workt say
 margan Sonaware and Siddash Ithagan – ARI Dipost Cristian tournament
 Laora Pankar and Om Wielbokar – Ondre-MSLTA IIF Grade 2 Junior tensts championship
 Excela Kale – NECC – FIF Wormen's Tenals Transmisses his a planate to be associated with your college. Fit2Sport will continue to post your means and PG indexts at various related local, state, national and international events in the faties. We would also like to get associated with your enterned institution for a providing platform to some three and PG students at Pit2Speet by way of clusteal particips theory their studentic trans-Harking you Vorge Scinoprete-х frond you Dr. All Mapal Consultant Reports & Fasterine Mediants D. E. Society's Repair line of the bade of Property 1 22m An10-24 Autolanta. Galder East Act 7 ante PRIN D E. Society's Bripal Jindai 1.00 College of Physiotherapy 17 = Pune-4.

20) EXTENSION ACTIVITY: 5 th Roll Ball Camp and World -Cup

COLLABORATING AGENCY/ORGANISATION UNIT: FIT2SPORTS

DATE: - 03.10.2019-08.10.2019 and 4.11.2019-14.11.2019

B

D.E. Society's

BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Name of Activity: - 5th Roll Ball Camp and World -Cup

Name of Coordinator: Namrata Sidhaye

Collaborating agency: : FIT2SPORTS No.of students participated:2

Department: -Sports Committee

Date: 03.10.2019-08.10.2019 and 4.11.2019-14.11.2019

Timing: 8 am - 5 pm

Place:- Surat (Camp), Chennai (World Cup)

Online / Offline:- Offline

Outline of activity:- On field physiotherapy support was provided for Rollball Players across the country. Injuries got covered by Interns. Importance of warm up and cool down was provided. Muscle strains, Cramps, Ligament sprains, open wounds were common most injuries which were treated

Objective-

1. To provide exposure of on filed injuries of Roll ball

2. To prepare the students to treat those injuries first hand

3. To help them understand the sports better

Participants:

- 1. Ruta Pandit
- 2. Varun Shastry

D E. Society's Brijlal Jindal College of Physiotherapy Pune-



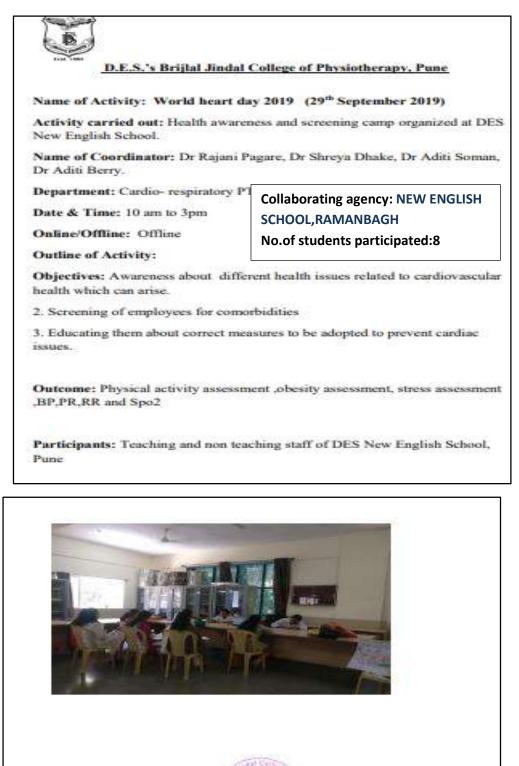
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 Build Stream S TRUE COPY PRUNCH Callery of Physics 201 0.4 1101001-0

21) EXTENSION ACTIVITY: WORLD HEART DAY

COLLABORATING AGENCY/ORGANISATION UNIT: NEW ENGLISH SCHOOL, RAMANBAGH

DATE: 30 SEPT-15 OCT 2019

D E. Society's Brillel Jindai College of Physiotherapy



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22) EXTENSION ACTIVITY: Physiotherapy services to geriatric population ANANDHHAM, JYESHTHA NAGRIK VIRANGULA KENDRA Detail report for all the above community posting DATE: A.Y 2019-20

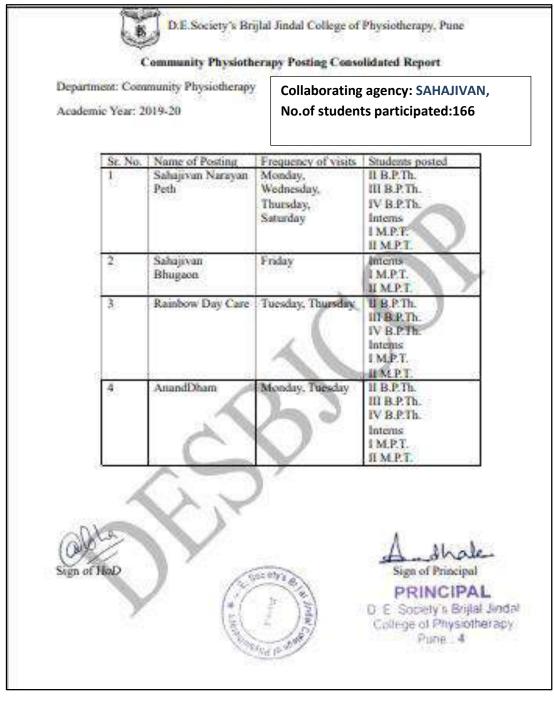
ademic Year	: 2019-20	-	agency: ANANDHHAM s participated:166
Sr. N	o. Name of Posting	Frequency of visits	Students posted
1	Sahajiyan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T.
2	Sahajiyan Bhugaon	Friday	Intens I M.P.T. II M.P.T.
	Rainbow Day Care	Tuesday, Thursday,	UB.P.Th. IV B.P.Th. IV B.P.Th. Intens I M.P.T.
4	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Acaden	nic Year: 2019-20					
						In a shire
Sr.No.	and the second se	Ш	IV	Interns	1 MPT	II MPT
1	Anand Sakshi	Bhavika Agrawal	Agashe Manik	A. Aragha	Vidhi Kalyani	Aditi Tupe
	Bagul Prachi	Komal Agrawal	Apte Neha	Bhagat Siddhesh	Pooja Patil	Akansha Rabde
	Baria Siddhi	Shreeya Athavale	Apte Rutuja	Bhide Janhavi	Meenal Chavan	Sunita Yadav
	Bekte Sheetal	Vinita Bagul	Athavale Vishwali	Bhide Manasi	Prachi Sathe	Arwa Sinnarwala
	Bendre Purva	Mahi Bhandarkar	Berad Shravani	Chandras Vaidehi	Nimesh Gupta	Bhargavi Saraf
	Borse Pooja	Rujuta Bhave	Bhave Neha	Deshmakh Shreya	Shreeya Saware	Kiran Wakpanjar
	Deolasi Mansi	Surabhi Bhote	Chhajed Nikita	Deshpande Poorva	Sejal Chhajed	Ayushi Rathi
	Deshpande Falguni	Nidhi Chikhal	Gokhale Aaditi Himani Deo	Gayatri Suresh Hatolkar Radhika	Ashwini Nagargoje	Prajakta Valke
	Deshpande Rhea	Mihir Chitale			Pranali Jaypurkar	Aishwarya Dhage
	Dombe Aishwarya	Neha Deshmukh	Ingle Mayuri	Kale Devaki	Prajakta Bidkar	Aishwarya Kadan
_	Dupare Sweejal	Siddhant Deshmukh	Majmudar Aayushi	Kale Shreya	Shantanu Dharkari	Supriyakumari Ra
	Gomes Chamelle	Bhargawi Dhomane	Mangoankar Aditee	Keny Pranjal	Shipa Bharti	Kushal Shah
	Jadhav Rujula	Harshita Dhruv	Mengle Varada	Limaye Swarada	Jinal Kothari	Shrikant Sahu
	Jain Kashish	Tanana Gambhir	Nakul Nawale Natu Praniali	Mohite Kshitija	Shrindhi Kukarni Juilee Khadke	Kalyani Sawant
	Joshi Gayatri	Ranjeet Ghatge Snebal Giri	Natu Pranjali Oak Devashree	More Urja	a line a renarcing	Sharvani Sathe Shikha Vora
	Katte Mrunmayee			Mungekar Apoorsa	Akshay Salve	22 7 AV 140 1995
	Kende Vaishnivi	Akshay Gujar	Patil Ronit	Pandit Ruta Patil Manasi	Krutikka Zala	Varsha Kale
_	Khandawah Rushabh	Koyal Jadhav	Patkar Anagha	A TOTAL CONTRACTOR		
	Kunte Shirin	Sanyukta Jagtap	Pal Deepakkumar	Penkar Leora		£
_	Mane Akshata	Vaishanavi Kausadikar	Rajpurohit Manav	Pradhan Saniya		
	Megh Thakar Modak Muadha	Neha Kelkar Krishna Kolhatkar	Rebello Hazel Issac Salve	Sanip Anishka Shah Juhi		
	Navathe Shubham	Neha Kukami	Issac Salve Mahek Soni			
	and the second se		Akanksha Shafi	Shastry Varun Solanki Krishma		
	Paliwal Priyanshi	Shivani Mhaskar			-	
	Patel Pooja Rasane Purva	Rhutuja More	Shengal Shweta Shraddha Karade	Somwane Gargi	-	
_	and the second se	Abhay Nayak		Vashampayan Jai	g	
	Rashmeet Gurudatta Rathi Bharat	Apoorva Ozarkar	Thakar Shweta	Verkatchellum Lavan Wadhokar Om		
	Rath Bharat Rege Vedika	Tanvi Parikh Vaishnavi Paturde		and the second sec		
	Sankav Anashka	Tanka Sanc		Waghmare Statee	-	
_	Sathe Isha	Aashika Shah	No.	Yadnopavit Apoorva	1	
		1, 1990, 1987, 41, 51, 54, 51, 51, 51, 51, 51, 51, 51, 51, 51, 51		100		
	Sathe Swarangee Satte Tanvi	Antara Shah Nirali Shah			1	
_				1		
_	Solapurkar Srushti	Rashm Thakkar				
_	Surana Rishabh	Uma Tulapurkar				
	Tamhankar Shruti	Rhushikesh Ujade			1	
	and the second se					
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38	Thakare Dinkar Nikita Chopade Neha Wagh	Calle	Soc ety Soc ety Harmond Soc ety Primond Sol of the Soc ety	E IN D	PRINCI E Society's f	Brijlal Jin

23) EXTENSION ACTIVITY: Physiotherapy services to geriatric population SAHAJIVAN, OLD AGE HOME Detail report for all the above community posting DATE: A.Y 2019-20





D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Acaden	nic Year: 2019-20					
						In a shire
Sr.No.	and the second se	Ш	IV	Interns	1 MPT	II MPT
1	Anand Sakshi	Bhavika Agrawal	Agashe Manik	A. Aragha	Vidhi Kalyani	Aditi Tupe
	Bagul Prachi	Komal Agrawal	Apte Neha	Bhagat Siddhesh	Pooja Patil	Akansha Rabde
	Baria Siddhi	Shreeya Athavale	Apte Rutuja	Bhide Janhavi	Meenal Chavan	Sunita Yadav
	Bekte Sheetal	Vinita Bagul	Athavale Vishwali	Bhide Manasi	Prachi Sathe	Arwa Sinnarwala
	Bendre Purva	Mahi Bhandarkar	Berad Shravani	Chandras Vaidehi	Nimesh Gupta	Bhargavi Saraf
	Borse Pooja	Rujuta Bhave	Bhave Neha	Deshmakh Shreya	Shreeya Saware	Kiran Wakpanjar
	Deolasi Mansi	Surabhi Bhote	Chhajed Nikita	Deshpande Poorva	Sejal Chhajed	Ayushi Rathi
-	Deshpande Falguni	Nidhi Chikhal	Gokhale Aaditi Himani Deo	Gayatri Suresh Hatolkar Radhika	Ashwini Nagargoje	Prajakta Valke
	Deshpande Rhea	Mihir Chitale			Pranali Jaypurkar	Aishwarya Dhage
	Dombe Aishwarya	Neha Deshmukh	Ingle Mayuri	Kale Devaki	Prajakta Bidkar	Aishwarya Kadan
_	Dupare Sweejal	Siddhant Deshmukh	Majmudar Aayushi	Kale Shreya	Shantanu Dharkari	Supriyakumari Ra
	Gomes Chamelle	Bhargawi Dhomane	Mangoankar Aditee	Keny Pranjal	Shipa Bharti	Kushal Shah
	Jadhav Rujula	Harshita Dhruv	Mengle Varada	Limaye Swarada	Jinal Kothari	Shrikant Sahu
	Jain Kashish	Tanana Gambhir	Nakul Nawale Natu Praniali	Mohite Kshitija	Shrindhi Kukarni Juilee Khadke	Kalyani Sawant
	Joshi Gayatri	Ranjeet Ghatge Snebal Giri	Natu Pranjali Oak Devashree	More Urja	a line a renarcing	Sharvani Sathe Shikha Vora
	Katte Mrunmayee			Mungekar Apoorsa	Akshay Salve	22 7 AV 140 1995
	Kende Vaishnivi	Akshay Gujar	Patil Ronit	Pandit Ruta Patil Manasi	Krutikka Zala	Varsha Kale
_	Khandawah Rushabh	Koyal Jadhav	Patkar Anagha	A TOTAL CONTRACTOR		
	Kunte Shirin	Sanyukta Jagtap	Pal Deepakkumar	Penkar Leora		£
_	Mane Akshata	Vaishanavi Kausadikar	Rajpurohit Manav	Pradhan Saniya		
	Megh Thakar Modak Muadha	Neha Kelkar Krishna Kolhatkar	Rebello Hazel Issac Salve	Sanip Anishka Shah Juhi		
	Navathe Shubham	Neha Kukami	Issac Salve Mahek Soni			
	and the second se		Akanksha Shafi	Shastry Varun Solanki Krishma		
	Paliwal Priyanshi	Shivani Mhaskar			-	
	Patel Pooja Rasane Purva	Rhutuja More	Shengal Shweta Shraddha Karade	Somwane Gargi	-	
_	and the second se	Abhay Nayak		Vashampayan Jai	g	
	Rashmeet Gurudatta Rathi Bharat	Apoorva Ozarkar	Thakar Shweta	Verkatchellum Lavan Wadhokar Om		
	Rath Bharat Rege Vedika	Tanvi Parikh Vaishnavi Paturde		and the second sec		
	Sankav Anashka	Tanka Sanc		Waghmare Statee	-	
_	Sathe Isha	Aashika Shah	No.	Yadnopavit Apoorva	1	
		1, 1990, 1997, 19, 19, 19, 19, 19, 19, 19, 19, 19, 19		100		
	Sathe Swarangee Satte Tanvi	Antara Shah Nirali Shah			1	
_				1		
	Solapurkar Srushti	Rashm Thakkar				
_	Surana Rishabh	Uma Tulapurkar				
	Tamhankar Shruti	Rhushikesh Ujade			1	
	and the second se					
	and the second se	1	1			
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24) EXTENSION ACTIVITY: Physiotherapy services to geriatric population RAINBOW DAY CARE DATE: A.Y 2019-20

Academic	Year: 2	019-20	CARE	agency: RAINBOW DA
3	Sr. No.	Name of Posting	Frequency of visits	
	1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T.
	2	Sahajiyan Bhagaon	Friday	Intents I M.P.T. II M.P.T.
	3	Rainbow Day Care	Tuesday, Thursday,	U B.P.Th. III B.P.Th. IV B.P.Th. Intenss I M.P.T.
	4	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Acaden	nic Year: 2019-20					
						In a shire
Sr.No.	and the second se	ш	IV	Interns	1 MPT	II MPT
1	Anand Sakshi	Bhavika Agrawal	Agashe Manik	A. Aragha	Vidhi Kalyani	Aditi Tupe
	Bagul Prachi	Komal Agrawal	Apte Neha	Bhagat Siddhesh	Pooja Patil	Akansha Rabde
	Baria Siddhi	Shreeya Athavale	Apte Rutuja	Bhide Janhavi	Meenal Chavan	Sunita Yadav
	Bekte Sheetal	Vinita Bagul	Athavale Vishwali	Bhide Manasi	Prachi Sathe	Arwa Sinnarwala
	Bendre Purva	Mahi Bhandarkar	Berad Shravani	Chandras Vaidehi	Nimesh Gupta	Bhargavi Saraf
	Borse Pooja	Rujuta Bhave	Bhave Neha	Deshmakh Shreya	Shreeya Saware	Kiran Wakpanjar
	Deolasi Mansi	Surabhi Bhote	Chhajed Nikita	Deshpande Poorva	Sejal Chhajed	Ayushi Rathi
-	Deshpande Falguni	Nidhi Chikhal	Gokhale Aaditi Himani Deo	Gayatri Suresh Hatolkar Radhika	Ashwini Nagargoje	Prajakta Valke
	Deshpande Rhea	Mihir Chitale			Pranali Jaypurkar	Aishwarya Dhage
	Dombe Aishwarya	Neha Deshmukh	Ingle Mayuri	Kale Devaki	Prajakta Bidkar	Aishwarya Kadan
_	Dupare Sweejal	Siddhant Deshmukh	Majmudar Aayushi	Kale Shreya	Shantanu Dharkari	Supriyakumari Ra
	Gomes Chamelle	Bhargawi Dhomane	Mangoankar Aditee	Keny Pranjal	Shipa Bharti	Kushal Shah
	Jadhav Rujula	Harshita Dhruv	Mengle Varada	Limaye Swarada	Jinal Kothari	Shrikant Sahu
	Jain Kashish	Tanana Gambhir	Nakul Nawale Natu Praniali	Mohite Kshitija	Shrindhi Kukarni Juilee Khadke	Kalyani Sawant
	Joshi Gayatri	Ranjeet Ghatge Snebal Giri	Natu Pranjali Oak Devashree	More Urja	a line a renarcing	Sharvani Sathe Shikha Vora
	Katte Mrunmayee			Mungekar Apoorsa	Akshay Salve	22 7 AV 140 1995
	Kende Vaishnivi	Akshay Gujar	Patil Ronit	Pandit Ruta Patil Manasi	Krutikka Zala	Varsha Kale
_	Khandawah Rushabh	Koyal Jadhav	Patkar Anagha	A TOTAL CONTRACTOR		
	Kunte Shirin	Sanyukta Jagtap	Pal Deepakkumar	Penkar Leora		£
_	Mane Akshata	Vaishanavi Kausadikar	Rajpurohit Manav	Pradhan Saniya		
	Megh Thakar Modak Muadha	Neha Kelkar Krishna Kolhatkar	Rebello Hazel Issac Salve	Sanip Anishka Shah Juhi		
	Navathe Shubham	Neha Kukami	Issac Salve Mahek Soni			
	and the second se		Akanksha Shafi	Shastry Varun Solanki Krishma		
	Paliwal Priyanshi	Shivani Mhaskar			-	
	Patel Pooja Rasane Purva	Rhutuja More	Shengal Shweta Shraddha Karade	Somwane Gargi	-	
_	and the second se	Abhay Nayak		Vashampayan Jai	g	
	Rashmeet Gurudatta Rathi Bharat	Apoorva Ozarkar	Thakar Shweta	Verkatchellum Lavan Wadhokar Om		
	Rath Bharat Rege Vedika	Tanvi Parikh Vaishnavi Paturde		and the second sec		
	Sankav Anashka	Tanka Sanc		Waghmare Statee	-	
_	Sathe Isha	Aashika Shah	No.	Yadnopavit Apoorva	-	
		1, 1990, 1997, 19, 19, 19, 19, 19, 19, 19, 19, 19, 19		100		
	Sathe Swarangee Satte Tanvi	Antara Shah Nirali Shah			1	
_				1		
_	Solapurkar Srushti	Rashm Thakkar				
_	Surana Rishabh	Uma Tulapurkar				
	Tamhankar Shruti	Rhushikesh Ujade			1	
	and the second se					
	and the second se	1	1			
38	Thakare Dinkar Nikita Chopade Neha Wagh	Calle	Soc ety Soc ety Harmond Soc ety Primond Sol of the Soc ety	E IN D	PRINCI E Society's f	Brijlal Jin

25) EXTENSION ACTIVITY: PHYSIOTHERAPY FOR SPECIAL AND ORPHANAGE CHILDREN SERVICES

COLLABORATING AGENCY/ORGANISATION UNIT: SOFOSH

DATE: A.Y.2019-20

Collaboration:SOFOSH		Consolida	Consolidated report for "SOFOSH" poiling 2019-20		No. of Students:34	
			e of Physiotherapy MP) dren in A. Y. 2019-20	Cstudents	provided services to	
- Sc	Name of Postin	8		Ū		
No.			MPTI	MPTH	10.00	
1			Vicht Kalyani	Aditi1		
2			Pooja Patil Meenal Chavan	- 1 C - 1 C	ha Rabde Vadav	
4			Prachi Sathe		Sinnarwala	
5	2	1	Nimesh Gupta	100000		
5	-		Shreeya Saware		avi Sarat Wakbanjar	
7	-		Sejal Chhajed		i Rathi	
8			Ashwini Nagargoje		ita Valke	
9.	50F05	H 1	Pranali Jaypurkar		arya Dhage	
10		100	Prajakta Bidkar		arya Kadam	
11		1	Shantanu Dharkari		akumari Raikwar	
12		1	Shilpa Bharti		(Shah	
13		1	Jinal Kothari		int Sahu	
14			Shrinidhi Kulkarni	The second se	N Sawant	
15		Î	Juilee Khacke		ani Sathe	
16		1	Akshay Salve		1 Vora	
17			Krutikka Zala		a Kale	
	cordinator shada Sonawang		A Contraction of the second se	DES	an of Principal RINCIPAL cety's Brital Jindal e of Physiotherapy	

LIST OF COLLABORATING AGENCY AND NUMBER OF STUDENTS

2019-20

D.E. Society's



BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Fergusson College Campus, Pune - 411 004 •Phone : (020) 67656471,67656467
•Fax : (91) (020) 67656494, 67656120 • E-mail : <u>descoppune@gmail.com</u>
•Web-site :www.desphysiotherapycollege.com , <u>www.despune.org</u>
Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

LIST OF COLLABORATING AGENCY AND NUMBER OF STUDENTS PARTICIPTED IN EXTENSION AND OUTREACH ACTIVITY DURING ACADEMIC YEAR 2019-20

DESBJCOP collaborates with various collaborating agency to conduct different extension & outreach activities like sports events, community activities, geriatric camps and treatment for special children. The details are as follows:

Sr no.	Name of extension opticity	COLLABORATING AGENCY	NUMBER OF STUDENTS
1.	Name of extension activity	/ORGANISATION UNIT	PARTICIPATION
1.			
	Workshop on physiotherapy	IDBI BANK FC road,Pune	Leora P, Saniya P: 2
2.			Devaki K, Juhi S,Saniya P, Leora
	Goa Ironman MOC triathlon	Pro sports and Bikes	P,Pranjal K,Gayatri S,Anuskhka S: 7
3.			Mithila P,Shikha B, Varsha
	Women's day	Fergusson college	K,Rashida, Farheen ,: 5
4.	32.2 Triatholon Sport event	Pro sports and Bikes	Radhika H,Ruta P : 2
5.	Roll ball event	Fit2sport	Varun S, Ruta P : 2
6.	Amravati Badminton	Sudhanshu badminton	
	tournament	academy	Siddhesh bhagat : 1
7.			-
	Sports event Marathon	Simple steps: Marathon	Gargi S, Krishma S: 2
8.		National medicos	Anditi Cakhala Varda Mangla
	Adeeshakti, Women	organisation(Maha.)rotary	Aaditi Gokhale, Varda Mengle, Anagha pathkar,Neha Apte,Pooja
	empowerment	club	P,Meenal C, Prachi Sathe: 7
9.			,,
	SWASTH WARI	MUHS	Kushal S, Aishwarya D, Varsha K: 3
10			Rutugandha Sulay; Bhagyashree
			Gokhale, Richa
		Colonel's Cube NGO, Col	Shah, Komal Patel, Dhanashree
	Care Giver Training	Kumar Fulay	Modey : 5
11	Yoga event for Danish		
	student	Fergusson college	Mihir Chitale: 1

12	Advance diploma in industrial safety	Technical institute	Supriya R, Kushal S, Aishwarya D, Aishwarya K,Kalyani , Shrinant Shahu: 6
13	Sports posting	Dravid High school,Wai	Gargi S, Krishma S, Gayatri S, Varun S, Manasi B, Janavi B : 6
14	Women Triathlon	Pro sports	Pooja P, Devaki K, Vidhi K, Kshitija M, Poorva D, Janhavi: 6
15	Sports Event	MSGGVP, Tilak road,Pune	Radhika H,Ruta P: 2
16	Dhanori Open Badminton	SUDHANSHU Badminton academy	Om Wadhokar, Pooja Patil: 2
17	A & I digest tennis tournament	Fit2sport	Gargi Sonawane, Siddhesh B: 2
18	MSLTA/ITF Junior tennis tournament	Fit2sport	Leora P., Om Wadhokar : 2
19	NECC-ITF Womens Tennis tournament	Fit2sport	Devaki kale: 1
20	5th roll ball world cup tournament	Fit2sport	Ruta pandit, Varun Shastri : 2
21	World heart day	New English school, Ramanbaug	Pranjal K,Swarda L,Manasi,Devaki K, ,Kalyani Swant,Prajakta bidkar,Supriya Raikar,Pranali Jaypurkar.: 8
22	Physiotherapy services to geriatric population	Ananddham,Jyeshtha nagrik Virangula Kendra	BPT II / III / IV / ,Interns, / PGs: 166
23		-	
	Physiotherapy services to geriatric population	Sahjivan,old age home	BPT II / III / IV / ,Interns, / PGs: 166
24	Physiotherapy services to geriatric population	CARE, Rainbow day care	BPT II / III / IV / ,Interns / PGs: 166
25	Physiotherapy treatment for special & orphanage children	SOFOSH	PG STUDENTS: 34

and B PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune 4



D.E. Society's



BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

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Letter for amount generation for extension activities for academic year 2019-20

DES Brijlal Jindal College Of Physiotherapy had participated and carried out various extension and outreach activities with many collaborating agency in last 5 years. The total number of activities in academic year 2019-20 were 25. No amount was generated from these activities.

PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune - 4





EXTENSION ACTIVITY: BREAST FEEDING CAMP COLLABORATING AGENCY/ORGANISATION UNIT: TARACHAND HOSPITAL SUTIKA SEVA, FAMILY PLANNING ASSOCIATION DATE: 1 Aug-7th Aug 2018

1)



D.E.Society's Brijlal Jindal College

Collaborating Agency: Tarachand hospital, Sutika seva, Family planning association

No.Of Students Participated:3

Camp Record

Name of camp: Breast feeding week

Date of camp: 1st August to 7th August 2018

Site of camp: 1. Seth Tarachand Ramnath Charitable Hospital, Rasta Peth

2. Sutika Seva Mandir, Laxmi Road

3. Family Planning Association of India - Outreach activity.

Participants in the camp: Rashida Hamid, Mithila Pawar, Farheen Patel, Abha Dhupkar.

Beneficiaries of the camp: Women in the pregnant and post delivery phases.

Number of beneficiaries: 70 to 80 women.

Materials used in the camp: Charts describing breastfeeding positions, benefits of breastfeeding to mother and child, engorgement and ways to tackle it

Camp details: The camp was an awareness building activity to promote appropriate methods of breastfeeding in the pregnant and post-delivery women. The women were given information about the ergonomic positions of breastfeeding. They were shown the methods of holding the baby for different conditions post-delivery. The importance of immediate breastfeeding after delivery was emphasised. Engorgement, its complications and ways to prevent it were explained and demonstrated. The women asked their queries, which were more about the methods of breast feeding, engorgement prevention and weaning of the baby.

Overall, the women appreciated the information provided.

D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



Photographs of the camp:

Sutika Seva Mandir, Laxmi road





Family Planning Association of India

Seth Tarachand Ramnath Charitable Hospital, Rasta Peth.



Report prepared by: Abha Dhupkar



Shale. PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune 4

COLLABORATING AGENCY/ORGANISATION UNIT: ILC,OLD SANGHAVI

DATE: 25-08-18

	Camp Record	
Name of camp: Geriatric Camp	Collaborating agency: ILC,OLD SANGHAVI	
Date of camp: 25.08.2018	No.of students participated: 9	
Site of camp: Old Sanghvi		
	students of D.E.Society's Brijlal Jindal College of obers of the International Longevity Centre – India.	
Staff members: Abha D	Dhupkar, Atiya Shaikh, Aditi Berry	
	r, Farheen Patel, Rashida Hamid, Richa Shah, Komal Patel, , Pratiksha Sankhe, Rucha Deshpande.	
Beneficiaries of the camp: Geriatric	e individuals of the old Sanghvi area.	
Number of beneficiaries: 60		
-	sment forms, Geriatric depression scale, Montreal Cognitive flow meter, Micro RPM, cones, weighing machine, ise charts.	
	ised in collaboration with the International Longevity Centre n an initial evaluation of the geriatric individuals of the Old	
their headquarters to conduct the can performed. The individual was evalu	the Old Sangvhi area had very graciously allowed us to use np. Multiple stations were set up for different tests to be lated at each station and the result of the test was recorded o for an overall musculoskeletal evaluation of the individual.	
A baseline evaluation was performed pressure and body mass index (BMI)	l which charted the individuals' height, weight, blood	
Tests that were performed were as fo	llows:	
 PEFR Inspiratory and expiratory Timed up and go test 	y muscle strength	

The Geriatric Depression Scale was used to identify the level of depression in these individuals. The cognitive function was assessed using the Montreal Cognitive Assessment scale.

The elderly appreciated the camp and we received a very affirmative feedback from them. The major characteristic that was highlighted was the very positive and helpful attitude that was shown by the staff and students of our college. The other feedback given was the appreciation of the variety of functions that were being assessed in this camp. Most of the participants said that they had not considered the effect of age on the cognitive function in any of their previous evaluations.

Overall, the camp was indicative of the different systems that need to be targeted in the elderly individual and was well appreciated.

Photographs of the camp:

Demographic data and registration of patient.





Peak Expiratory Flow Rate Assessment





COLLABORATING AGENCY/ORGANISATION UNIT: ILC,OLD SANGHAVI

DATE: 27-09-18

D.E.Society's B	rijlal Jindal College of Physiotherapy, Pune
	Camp Record
Name of camp: Geriatric Camp	Collaborating agency: ILC,OLD SANGHAVI
Date of camp: 27.09.2018	No.of students participated:9
Site of camp: Old Sanghvi	
· · · · · · · · · · · · · · · · · · ·	students of D.E.Society's Brijlal Jindal College of bers of the International Longevity Centre – India.
Staff members: Abha Dl	hupkar, Atiya Shaikh, Aditi Berry
	, Farheen Patel, Rashida Hamid, Richa Shah, Komal Patel, Pratiksha Sankhe, Rucha Deshpande.
Beneficiaries of the camp: Geriatric	individuals of the old Sanghvi area.
Number of beneficiaries: 15	
	ment forms, Geriatric depression scale, Montreal Cognitive low meter, Micro RPM, cones, weighing machine, se charts.
Camp details:	
This camp was a follow-up camp for	a previously held camp (25.08.2019)
The attendees were shown exercises t	hat they could perform for their particular ailments.
elderly were shown exercises to reliev	t of painful knee joints, followed by hypertension. The we knee pain. An explanation of progressing exercises mponent of the exercises was explained with the steps of
The attendees were comfortable with their exercise protocols.	the information given and they were enthusiastic to start
Report prepared by: Abha Dhupka	S-dhale
7 + Ase	PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune - 4

COLLABORATING AGENCY/ORGANISATION UNIT:LAKE TOWN SOCIETY SENIOR CITIZEN ASSOCIATION

DATE: 01-12-18

	Camp Record
Name of camp: Geriatric Camp	Collaborating agency: Lake town society
Date of camp: 01.12.2018	senior citizen associatioN
Site of camp: Lake Town Society	No.of students participated:14
Rathi, Bhargavi Saraf, K Neha Pathak, Sanjana M	upkar, Shikha Vora, Shravani Sathe, Varsha Kale, Aayushi Kalyani Savant, Aishwarya Kadam, Shriya Humnabadkar, Iane, Anagha Ajaychandrashekhar, Siddhesh Bhagat, Bhide, Vaidehi Chandras.
Beneficiaries of the camp: Geriatric Association.	individuals of the Lake Town Society Senior Citizens'
Number of beneficiaries: 27	
	ment forms, Geriatric depression scale, Montreal Cognitive low meter, cones, weighing machine, measuring tapes,
Camp details:	
	eviously held camp. The participants were screened for r previous exercises were reviewed and new exercises were
A few participants were screened for	the first time in this camp.
The overall feedback was positive an evaluations performed with them. Photographs of the camp:	d the participants were appreciative of the exercises and

D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.





DATE: 29-09-18

C	amp Record
Name of camp: Geriatric Camp	Collaborating agency:Lake town society,
Date of camp: 29.09.2018	Katraj
Site of camp: Lake Town Society, Kat	No.of students participated:13
	tudents of D.E.Society's Brijlal Jindal College of ers of the International Longevity Centre – India.
Staff members: Abha Dhu	upkar, Diptee Bhole, Aditi Berry
Jadhav, Neesha Neelkanta	Farheen Patel, Rashida Hamid, Komal Patel, Ankita am, Bhagyashree Gokhale, Kajol Sharma, Vaishnavi, ree Solapurkar, Rewati bachute, Charmie Shah.
Beneficiaries of the camp: Geriatric in	ndividuals of Lake Town Society.
Number of beneficiaries: 71	
	ent forms, Geriatric depression scale, Montreal Cognitive ow meter, Micro RPM, cones, weighing machine, charts.
Camp details:	
The camp was held in a society near K	atraj. The Senior Citizens Association here was very
was that this was a new assessment that	get evaluated. The overall response from the members at they underwent. They appreciated the students' efforts in found the students to be helpful and respectful.
was that this was a new assessment that	t they underwent. They appreciated the students' efforts in
was that this was a new assessment tha performing the assessments. They also	t they underwent. They appreciated the students' efforts in
was that this was a new assessment tha performing the assessments. They also Photographs of the camp:	t they underwent. They appreciated the students' efforts in
was that this was a new assessment tha performing the assessments. They also Photographs of the camp:	t they underwent. They appreciated the students' efforts in
was that this was a new assessment tha performing the assessments. They also Photographs of the camp:	t they underwent. They appreciated the students' efforts in
was that this was a new assessment tha performing the assessments. They also Photographs of the camp: Report prepared by: Abha Dhupkar	t they underwent. They appreciated the students' efforts in

COLLABORATING AGENCY/ORGANISATION UNIT: SAVANGADI JYESHTHA NAGRIK SANGHA

DATE: 15-12-18

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune Camp Record Collaborating agency: savangadi jyeshtha Name of camp: Geriatric Camp nagrik sangha Date of camp: 15.12.2018 No.of students participated:15 Site of camp: Savangadi Jyeshtha Nagarik Sangha, Kothrud Participants in the camp: Abha Dhupkar, Shikha Vora, Shravani Sathe, Varsha Kale, Aayushi Rathi, Bhargavi Saraf, Kalyani Savant, Aishwarya Kadam, Shriya Humnabadkar, Neha Pathak, Sanjana Mane, Anagha Ajaychandrashekhar, Siddhesh Bhagat, Janhavi Bhide, Manasi Bhide, Vaidehi Chandras. Beneficiaries of the camp: Senior citizens of the Savangadi Senior Citizens' Association Number of beneficiaries: 55 Materials used in the camp: Assessment forms, Geriatric depression scale, Montreal Cognitive assessment scale, peak flow meter, cones, weighing machine, measuring tapes, exercise charts. **Camp details:** The camp was an initial assessment camp for the senior citizens in Kothrud area. The participants were very enthusiastic for their assessments. They felt that many of their assessments were new and appreciated the new perspective of looking at their health. The participants were assessed for cognitive affect, depression and lung function along with cardiovascular endurance, static and dynamic balance and body mass index. A good proportion of the participants were ladies, who were very active socially and physically. The participants appreciated the conduct of the camp and expressed an interest in the follow-up camp as well. Report prepared by: Abha Dhupkar Alale Inc etv PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune . 4 44 10

COLLABORATING AGENCY/ORGANISATION UNIT:PREMNAGAR JYESHTHA NAGRIK SANGHA

DATE: 23-02-19

	p Record
Name of camp: Geriatric Follow-up Camp	Collaboration: Premnagar jyeshtha nagrik sangha
Date of camp: 23.02.2019	No. of Students participated:12
Site of camp: Premnagar Jyeshtha Nagarik Sa	ngha, Bibwewadi
Participants in the camp: Abha Dhupkar, Ra Megha Joshi, Sneha Koraith, Rut Shravani Sathe, Varsha Kale, Ku	tugandha Sulay, Richa Shah, Shikha Vora,
Beneficiaries of the camp: Geriatric individu	als of the Premnagar Jyeshthta Nagarik Sangha.
Number of beneficiaries: 27	and the second secon
맛 이 물 Hoge 2 ~ 2 ~ 2 ~ 2 ~ 2 ~ 2 ~ 2 ~ 2 ~ 2 ~ 2	et, weighing machine, measuring tape, peak flow- ic Depression Scale, Montreal Cognitive s, cones.
Camp details: This camp was a follow up of a	a previously held camp.
The participants' assessments were performed recent assessment was done with the previous	again and a brief on-the-spot comparison of the assessment.
Most of the participants showed a positive cha encouraged by these results. The new trail mal appreciation and many seniors expressed that t that they needed to concentrate on other than p	ting test that was performed also received they were realising the different functional areas
Overall the participants appreciated the conduc	ct of the camp and felicitated members of the
teams of DESBJCOP and ILC-I.	
teams of DESBJCOP and ILC-L Photographs of the camp:	

8) EXTENSION ACTIVITY: SENIOR CITIZEN CAMP

COLLABORATING AGENCY/ORGANISATION UNIT: DGQA ENGINEERING DISCIPLE CIVILIAN PENSIONERS ORGANISATION

DATE: 2nd February 2019

Last. 1889	
	Camp Record
Name of camp: Geriatric Camp.	51
same of camp. Certain & Camp.	Collaborating agency: DGQA ENGINEERING DISCIPLE CIVILIAN PENSIONERS ORGANISATION
Date of camp: 2nd February 2019.	No.of students participated:13
Site of camp: DGQA Engineering Dis	cipline Civilian Pensioners Organisation Pune
	wale, Rashida Hamid, Farheen Patel, Mithila Pawar,
	the, Shikha Vora, Aishwarya Kadam, Kushal Shah,
Ayushi Rathi, Bhagyashr	ee Gokhale, Richa Shah, Komal Patel, Apurva Bhide.
Beneficiaries of the camp: Genatric F	apulation.
Number of beneficiaries: 50	
Number of beneficiaries: 50	
Number of beneficiaries: 50	
	omanometer, Copes, PEFR machine, Gauze, Tape,
Materials used in the camp: Sphygm	omanometer, Cones, PEFR machine, Gauze, Tape, inc, Pulse Oxymeter, Tape and Mats.
Materials used in the camp: Sphygm	omanometer, Cones, PEFR machine, Gauze, Tape, ine, Pulse Oxymeter, Tape and Mats.
Materials used in the camp: Sphygm	
Materials used in the camp: Sphygm Stepper, Weighing Machi	ine, Pulse Oxymeter, Tape and Mats.
Materials used in the camp: Sphygm Stepper, Weighing Machi Camp details: A physiotherapy assess	ine, Pulse Oxymeter, Tape and Mats.
Materials used in the camp: Sphygm Stepper, Weighing Machi Camp details: A physiotherapy assess 14 physiotherapist did the assessment a	ine, Pulse Oxymeter, Tape and Mats. sment camp was organized on 2 nd February 2019.A team o

D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



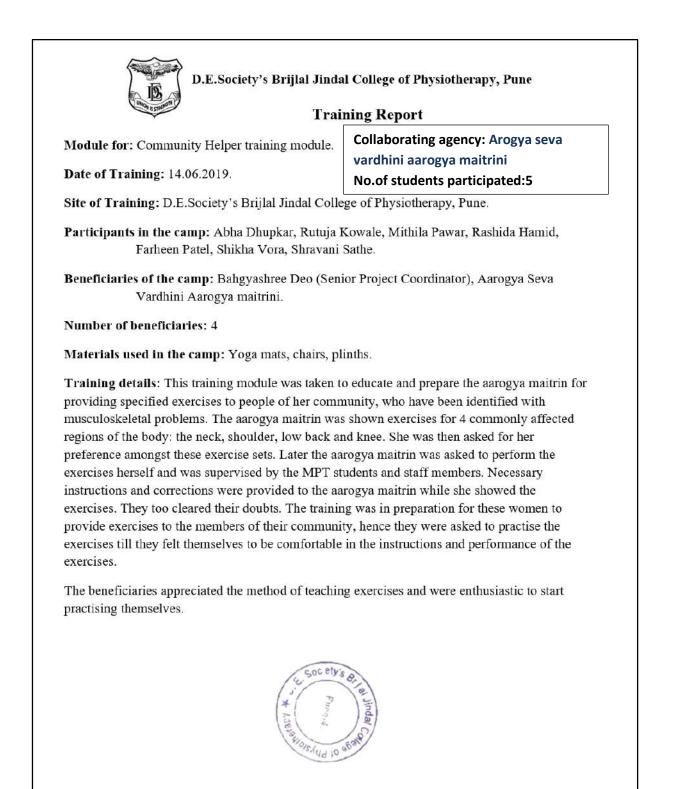
Photographs of the camp:

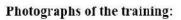


9) EXTENSION ACTIVITY: COMMUNITY HELPER TRAINING MODULE

COLLABORATING AGENCY/ORGANISATION UNIT: AROGYA SEVA VARDHINI AAROGYA MAITRINI

DATE: 14-06-19









Report Prepared by: Abha Dhupkar

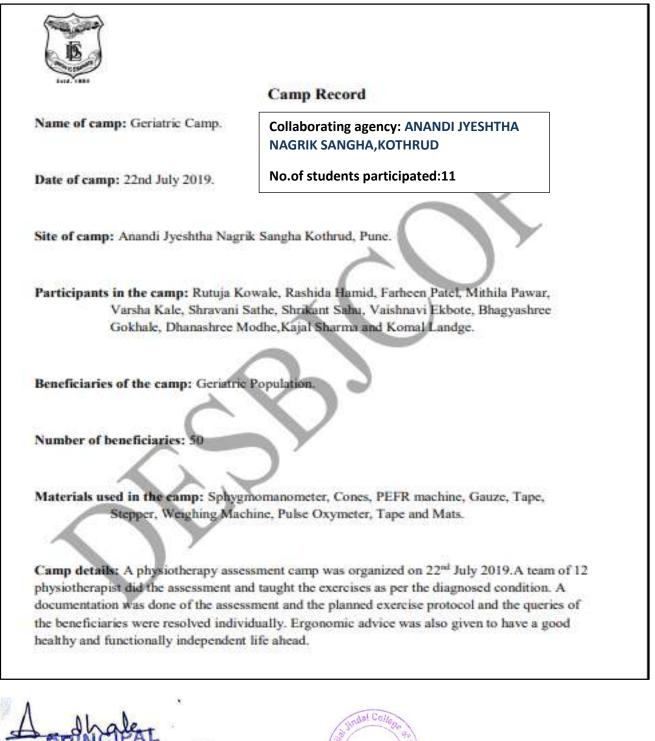
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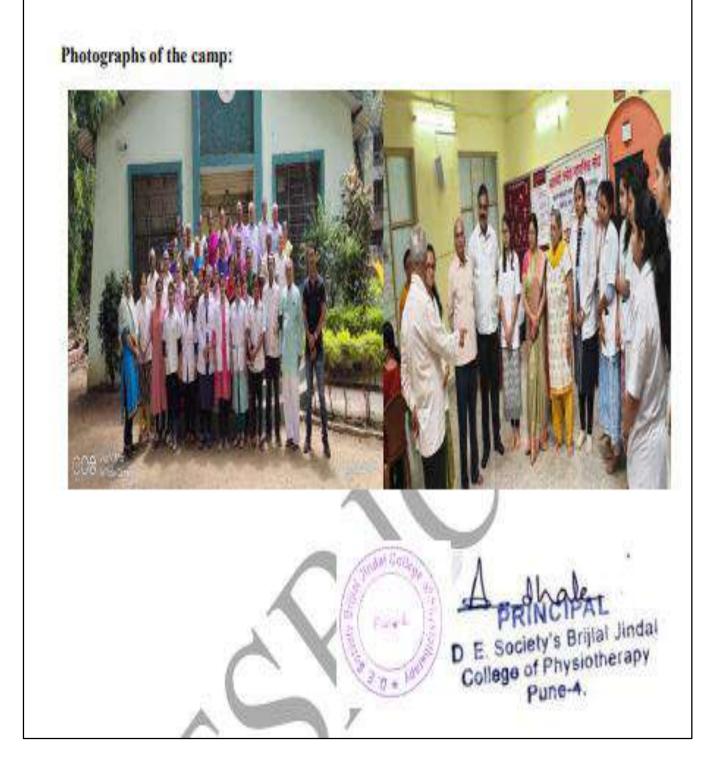
COLLABORATING AGENCY/ORGANISATION UNIT: ANANDI JYESHTHA NAGRIK SANGHA, KOTHRUD

DATE: 22-07-19



D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.





COLLABORATING AGENCY/ORGANISATION UNIT: CHAITANYA OLD AGE HOME

DATE: 05-01-19

	Camp Record
Name of camp: Geriatric Camp	Collaborating agency: CHAITANYA OLD AGE HOME
Date of camp: 05.01.2019	No.of students participated:5
Site of camp: Chaitanya Old Age Hom	e, Khopoli
Aayushi Rathi, Kushal Sh	
Beneficiaries of the camp: Residents of	of Chaifanya old age home.
Number of beneficiaries: 22	
Materials used in the camp: Assessm meter, Montreal Cognitive	ent sheet, weighing machine, measuring tape, Peak flow- e assessment scale, cones.
Camp details: This camp was held in a old age homes.	a small village near Khopoli to assess the residents of two
The residents were enthusiastic in parti exercises as required.	cipating in these camps and were ready to perform
The evaluations performed were measu stand test and BMI.	rement of peak expiratory flow-rate, MOCA, chair sit to
The organisers of the camp appreciated the camp.	d the conduct of the camp and the efforts taken to conduct
Report prepared by: Abha Dhupkar	
+ Acter allossing	PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune, 4

12) EXTENSION ACTIVITY: SPORTS DAY EVENT

COLLABORATING AGENCY/ORGANISATION UNIT:DATAR-SHENDURE ENGLISH HIGH SCHOOL, SATARA

DATE: 12-01-19



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Name of Activity: - DAtar Shendure high school sports event

Name of Coordinator: Namrata Sidhaye- Bhadbhade, Apoorva Likhite

Department: Sports Department

Date: 12 jan 19

Timing: 8.30 am to 5 pm

Place:Satara

Online / Offline: onfield

Particiapants: Sanjana M, Manali K, Kajol S, Komal P

Outline of activity:

-Students of DESBJCOP along with appointed staff were involved in pre-tournament training of the players. They also managed various on field injuries like sprains, strains etc. Studet



's Brijlal Jindal D E. Society College of Physiotherapy Pune-4.

Collaborating agency: DATAR-SHENDURE ENGLISH HIGH SCHOOL, SATARA No.of students participated:4



D.E. Society's BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Fergusson College Campus, Pune - 411 004 +Phone : (020) 67656471,676564670 •Fax : (91) (020) 30866494, 30866120 • E-mail : <u>descoppunetormal.com</u> •Web-site :www.desphysiotherapycollege.com . <u>www.despune.org</u> Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & attiliated to Maharashtra University of Health Sciences, Nashik

Ref No- 495/2018-19

Date- 11/01/2019

To, Headmistress, Datar-Shendure English Medium School, Satara

Subject- Participation of D.E.Society's Brijlal Jindal College of Physiotherapy, Pune in DES interschool sports event

Respected Madam,

As decided in the meeting, we are pleased to send our faculty members Smt. Namrata Sidhaye & Smt. Apoorva Likhite along with our Interns & PG students on 12ⁿ January, 2019 from 8 am to 5.30 pm.

Our faculty & students will be present for on field injury management of students participating in various sports activities.

This is for your Information,

Smt. Aparna Sadhale Principal D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



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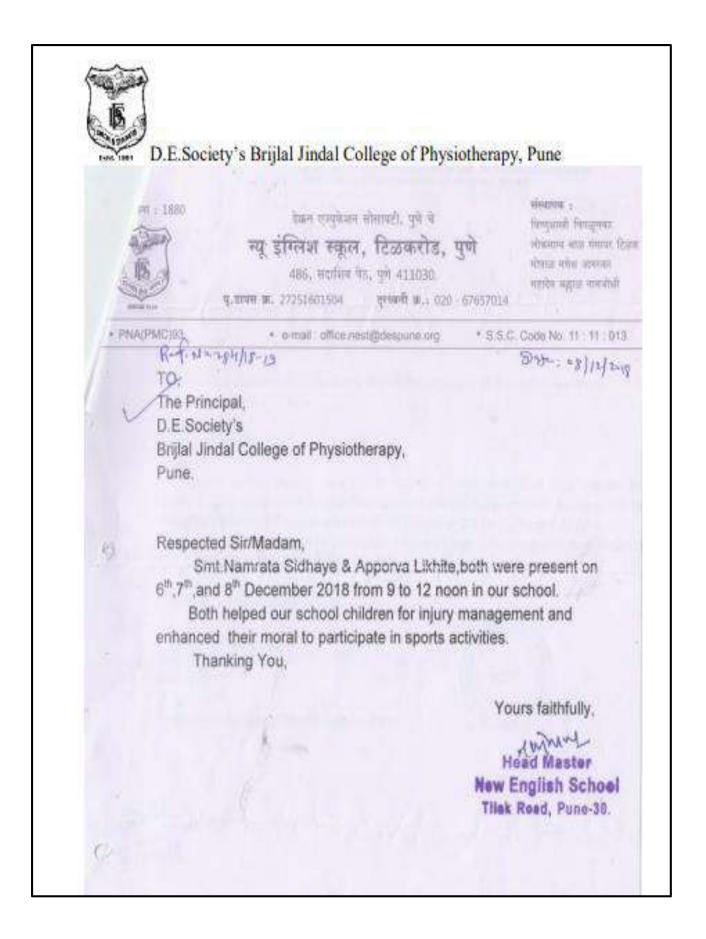
1(101)2.013 HEAD-MISTRESS Datar-Shonture English Medium Secondary Soluei, SATABA.

13) EXTENSION ACTIVITY: SPORTS DAY EVENT

COLLABORATING AGENCY/ORGANISATION UNIT: NEW ENGLISH SCHOOL, TILAK ROAD

DATE: 6 Dec to 8 Dec 18

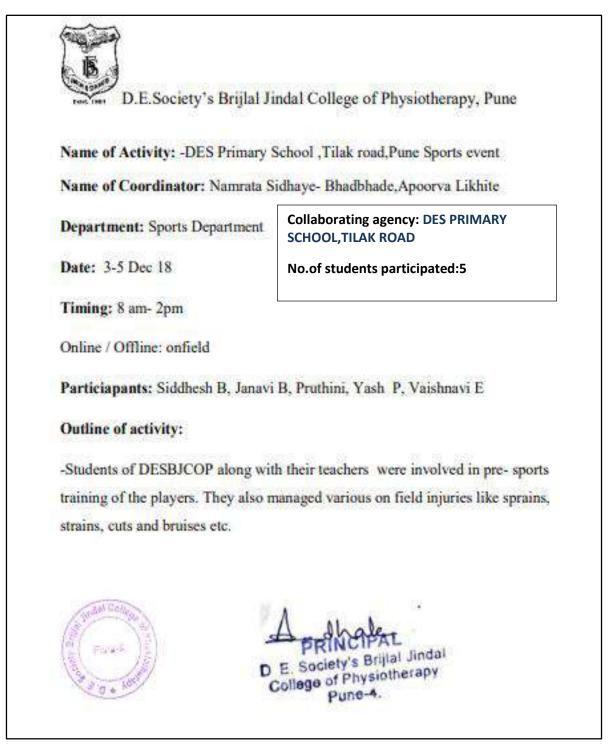
	chool, Tilak road, Pune.
Name of Coordinator: Namrata S	idhaye- Bhadbhade, Apoorva Likhite
Department: Sports Department	Collaborating agency: NEW ENGLISH
Date: 6 Dec to 8 Dec 18	SCHOOL, TILAK ROAD No.of students participated:6
Timing: 8 am- 8 pm	
Particiapants:	
Outline of activity:	
-Students of DESBJCOP along wit	h their teachers were involved in pre-sport
training of the players	
training of the players - They also managed various on fie	ld injuries like sprains, strains etc.



14) EXTENSION ACTIVITY: SPORTS FITNESS

COLLABORATING AGENCY/ORGANISATION UNIT: DES PRIMARY SCHOOL, TILAK ROAD

DATE: 3-5th Dec 18



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune OLL D.E. Society's BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY Pergussen College Campus, Pune - 411 004 +Phone : (020) 67656471,676564670 +Pax : [91] (020) 30856494, 30866120 - E-mail : desconputesizemnil.com •Web-uit: neww.draphysiotherapycollege.com . <u>www.domm.org</u> Approved by Govt. of Maharashtra, Naharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik Ref No-413 Date- sitisladie 2018-13 To, Headmistress, DES, English Medium Primary School, Tilak Road, Pune. Subject-Participation of D.E.Society's Brijlal Jindal College of Physiotherapy, Pune during sports day events. Respected Madam, As decided in the meeting held on 26.11.2018, we are pleased to send our faculty members Smt. Namrata Sidhaye & Smt. Apoorva Likhite along with our final year B.P.Th students, Interns & PG students on 3¹⁴, 4th, 5th December 2018 from 9 am to 12 noon & 3 pm to 5 pm. Our faculty & students will be present for on field injury management of your students participating in various sports activities. This is for your Information, dhale Smt. Aparna Sadhale Principal D.E.Society's Brijlal Jindal College of Physiotherapy, Pune K HOU H-M. Primary Section

15) EXTENSION ACTIVITY: PHYSICAL FITNESS AND MOTOR PROFICIENCY ASSESSMENT COLLABORATING AGENCY/ORGANISATION UNIT: DES PRIMARUY SCHOOL,TILAK ROAD DATE:A.Y 2018-19

D.E.Society's B	Brijlal Jindal College of Physiotherapy, Pune
Name of Activity: -Sports children	specific fitness and motor proficiency assessment of school
Name of Coordinator: Ati	iya Shaikh, Aparna Sadhale
Department: Neuro PT	Collaborating agency: DES PRIMARUY
Date: A.Y 18-19	SCHOOL,TILAK ROAD No.of students participated:7
Timing: once week 2PM-4	
Online / Offline: onfield	
Particiapants: Leora P, Ar	nagha C, Swarada, Gayatri Suresh & 3 PG students Nimesh
G, Prachi S, Sejal C	
Outline of activity:	
-Students of DESBJCOP al	long with their teachers were involved Sports specific
skills and motor proficiency	y assessment for school children . They were assessed using
sport specific skills and Mc	otor proficiency using Bruinniks Osterestky Scale of Motor
Proficiency Short form. Re	ports were given to students in the end .Suggestions related
	ance for skills too were given.



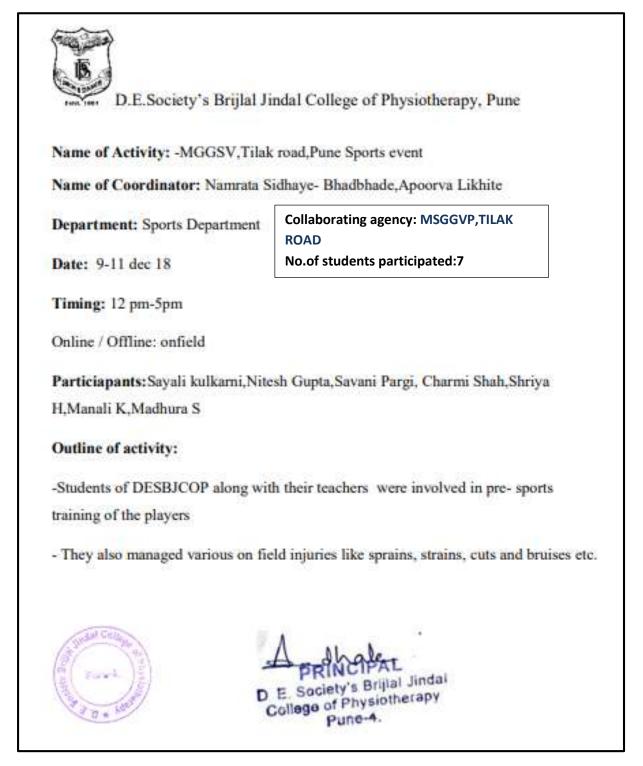
D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.

Deccan Education Society's D.E.S. PRIMARY SCHOOL 11-12 (Permanently Un-aided English Medium) Tilak Road, Pune-411 030 Ph. No. (020) 32427444 Date: 0103 2019 Ref. No. Certificate This is to certify that students and faculty of DES Brijlal Jindal college of Physiotherapy have been coming to our School for sports specific physical fitness and motor proficiency assessment. They have been assessing Students of primary section. This association will continue in future too. S. K. HOUK D. E. Society's Head Mistress Brijist Jindat College of Physiotherspy, Pune DES primary School, Tilak road, Pune-30 Inward No 293. 118-19 10 Head Mintress bate estestaois. DES Primary School sign Andhale Tilak Road, Pane-611080 trospitel. 2 D. E. Society's Brillal Jindal College of Paysiotherapy. PRINCIPAL

16) EXTENSION ACTIVITY: SPORTS DAY EVENT

COLLABORATING AGENCY/ORGANISATION UNIT: MSGGVP, TILAK ROAD

DATE: 10,11-12-18



-W-	माधव सदाशिव व	डेक्कन एज्युकेशन मोसायटीचे मोळवलकर गुरूजी माध्यमिक विद्यालन टिळक रोड, पुने ४११०३०.
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in the second	72.77 प्रति, मुख्याध्यापक क्षेत्र, अपणी साधळे डी.इ.एस. सोसायटी	18 - 99/92/26
0	विषय:- आभार	~ /
	मा, सहोदस,	and and
R)	आपण पाठी लागसेल्या सुलोबर योग्य से	वेलेल्या सुपने पूर्ण तेळ उपस्थित सहल अपचार सनापासून केले. वा सतं नाष्टीचा मयदा झाला, आपल्या सहकायांबद्दल आन्ही एकदा सलापासून प्रत्यवाद.
R)	आपण पाठी लागसेल्या गुलांबर योग्य से मुलांना व आम्हाजा खूप प आपले आभारी आहोत. पुन्हा विद्याच्यांचे नाव	अग्यार मनाधासून केले. या सत्ते नोष्टीचा जगदा झांला, ओपल्या सहकार्यावद्यल आमरी
R.j.	आपण पाठी लागसेल्या मुलांबर योग्य ले मुलांना व आम्हाला खूप प आपले आभारी आहोत. पुन्हा	अपचार मनाधासून श्रेले. या सर्व नोष्टीचा लगदा झांला, ओपल्या सहकार्यावदल आम्ही एकदा मनाणसून चल्यवाद
5	आपण पाठी लागसेल्या गुलांबर योग्य से मुलांना व आम्हाला खूप प आपले आभारी आहोत. पुन्हा विदयाण्यीये नाव अपूर्वा लिखिते नमता सिंघये सायली कुलकर्णी	अपपार मनाभासून श्रेले. या सत्रे गोण्टीचा लगदा झांता, ओपल्या सहकार्यावदल आम्ही एकदा मनामासून प्रस्थवाद तारीख

1 D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



17) EXTENSION ACTIVITY: VRUSHATHON

COLLABORATING AGENCY/ORGANISATION UNIT: FITNESS FIRST

DATE: 09-06-19

Name of Extension activity	Vrukshathon Marathon
Name of Extension activity.	
Department: Sports	Collaborating agency: : FITNESS FIRST
Date/Time : 9/6/2019	No.of students participated:26
Organisation/agency: First	fit
Students participated: Kus	hal Shah, Supriya Raikwar, Kalyani Sawant,
Aishwarya Dhage, Aishwary	a Kadam, Srikant Sahu, Bhargawi, Aayushi Rathi,
Prajakta Valke, Kiran Vaghp	anje, Arwa, Sunita Yadav Aditi Tupe, Akanksha
Rabde, Shikha Vora, Shravar	ni Sathe, Varsha Kale, Farheen, Rashida , Megha,
Mithila pawar, Richa, Priya J	Joshi, Vaishnavi Ekbote, Sneha, Priyanka Munde.
Total-26	
No of staff: Namrata Sidhay	e , Aparna Sadhale
Outline of activity: On field	physio support was provided for the runners
during the marathon.	
Objectives:	
1. To prepare the s	tudents to treat those injuries first hand
3.To provide expos	ure for On field injuries
First fit has organised Vruks	hathon Marathon on occasion of World
Environment Day to spread	awareness of tree plantation amonngst the Pun
citizen in which around 500	0 runners participated.Our college was associste
with the event as Physio par	rtner and had given required services to the
Marathon runners . Commo	on injuries which were treated by interns were

D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.

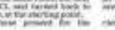


Konkar, Kousadikar win titles in Vrukshathon

LOCAL DESIGNATION OF

SPORTS REPORTER

Pone: Accuracy Elizable: and Radias Rossiniklass ran well.





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in plant town. All the particly manuse were given their sta-tings and first-sur's control. Burnton Micro, Yilay Outhward, Michaeler, Ner-ond, Robert Baire, Achustys Juging, Schrautert Ookto-be, Fachgeney Deshi onel Ary space Kharaturg worked to make the overst passible

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18) EXTENSION ACTIVITY: Physiotherapy services to geriatric population ANANDDHAM, JYESHTHA NAGRIK VIRANGULA KENDRA DATE: A.Y 2018 Detail report for all the above community posting

	nent: Con	nmunity Physiotherapy	Collaborating age	ncy: ANANDDHAM
Cadem	ic rear:	2018-19	No.of students pa	articipated:155
	'Sr. No.	Name of Posting	Frequency of visits	Students posted
	1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. IF M.P.T.
	2	Sahajivan Bhugaon	Friday	Interns I M.P.T. II M.P.T.
	3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	4	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
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all ign of	нор		and Printed Contract	Sign of Principal PRINCIPAL D E Society's Brijlal College of Physiothe



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

	tudents					
	ic Year: 2018-19					
Academ	ic rear: 2018-19					
Sr.No.	п	m s	IV	Interns	IMPT	III MPT
101010-001	Bhavika Agrawal	Agashe Manik	A. Anagha	Revati Bachute	Aditi Tupe	Vaishnavi Ekbo
×	Komal Agrawal	Agastic Mank	Bhagat Siddhesh	Aishwarya Bhave	Akansha Rabde	Pratiksha Sankh
	the second s		Bhide Janhavi	and the second sec	Sunita Yaday	
-	Shreeya Athavale	Apte Rutuja Athavak Vishwali	Bhide Manasi	Apoorva Bhide	Arwa Sinnarwala	Bhagyashree Go
	Vinita Bagul Mahi Bhandarkar	Berad Shravani		Prajakta Bhosale		Komal Patel
			Chandras Vaidehi	Kajol Chopra	Bhargavi Saraf	Rutugandha Suk
	Rujuta Bhave	Bhave Neha	Deshmukh Shreya	Dhanashree Damle	Kiran Wakpanjar	Dhanashree Mo
	Surabhi Bhote	Chhajed Nikita	Deshpande Poorva	Gauri Deshpande	Ayushi Rathi	Richa Shah
1.1.1	Nidhi Chikhal	Gokhale Aaditi	Gayatri Suresh	Komal Gangurde	Prajakta Valke	Komal Landge
	Mihir Chitale	Himani Deo	Hatolkar Radhika	Ninesh Gupta	Aishwarya Dhage	Priya Joshi
	Neha Deshmukh	Ingle Mayuri	Kale Devaki	Shriya Humnabadkar	Aishwarya Kadam	Megha Joshi
	Siddhant Deshmukh	Majmudar Aayushi	Kale Shreya	Apurva Kangude	Supriyakumari Raikwar	
	Bhargawi Dhomane	Mangoankar Aditee	Keny Pranjal	Manali Kulkami	Kushal Shah	Neesha Neelkar
	Harshita Dhruv	Mengle Varada	Limaye Swarada	Sayali Kulkarni	Shrikant Sahu	Kajol Sharma
	Taruna Gambhir	Nakul Nawale	Mohite Kshitija	Sanjana Mane	Kalyani Sawant	Priyanka Munde
15	Ranjeet Ghatge	Natu Pranjali	More Urja	Trishala Nainwal	Sharvani Sathe	Farheen Patel
16	Snehal Giri	Oak Devashree	Mungekar Apoorva	Saniya Palkar	Shikha Vora	Rashida Hamid
17	Akshay Gujar	Patil Ronit	Pandit Ruta	Yash Pandit	Varsha Kale	Mithila Pawar
18	Koyal Jadhav	Patkar Anagha	Patil Manasi	Savni Pargi		
19	Sanyukta Jagtap	Pal Deepakkumar	Penkar Leora	Neha Pathak		1
20	Vaishanavi Kausadikar	Rajpurohit Manav	Pradhan Saniya	Pruthini Patil		
21	Neha Kelkar	Rebello Hazel	Sanap Anushka	Tanaya Randive		
22	Krishna Kolhatkar	Issac Salve	Shah Juhi	Shivani Raghuram		
23	Neha Kulkarni	Mahek Soni	Shastry Varun	Charmie Shah		
24	Shivani Mhaskar	Akanksha Shah	Solanki Krishma	Meghana Sheth		
25	Rhutuja More	Shengal Shweta	Sonawane Ganzi	Madhura Sohani	0	
	Abhay Navak	Shraddha Kanade	Vaishampayan Jai	Mrinmayee Sompurka		
-	Apoorva Ozarkar	Thakar Shweta	Venkatchellam Lavany	and the Rest of States of the Automation of the States of the		
2 G G	Tanvi Parikh		Wadhokar Om	ï		
	Vaishnavi Paturde		Waghmare Stutee			
	Tanika Sane	1	Yadnopavit Apoorva			
	Aashika Shah		Гаспорача Ароогча			
2012.	Antara Shah			-		
	Nirali Shah					
1. A.M.	Rashmi Thakkar		No. III			-
) <u>(</u> , (), (), (), (), (), (), (), (), (), ()	Uma Tulapurkar					
36	Rhushikesh Ujade					
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		1	and to a build to a bu	D E Col	Society's Bri lege of Physic Pune - 4	

19) EXTENSION ACTIVITY: Physiotherapy services to geriatric population SAHAJIVAN, OLD AGE HOME DATE: A.Y 2018

		mmunity Physiotherapy 2018-19	Collaborating agency: SAHAJIVAN, OLD AGE HOME		
readem	ne rear.	2010-19	No.of students pa	rticipated:34	
	'Sr. No.	Name of Posting	Frequency of visits	Students posted	
	1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. IF M.P.T.	
	2	Sahajivan Bhugaon	Friday	Interns 1 M.P.T. II M.P.T.	
	3	Rainbow Day Care	Tuesday, Thursday	If B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.	
	4	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.	
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D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

	tudents					
	ic Year: 2018-19					
Academ	ic rear 2018-19					
Sr.No.	п	m s	IV	Interns	IMPT	III MPT
101010-001	Bhavika Agrawal	Agashe Manik	A. Anagha	Revati Bachute	Aditi Tupe	Vaishnavi Ekbo
×	Komal Agrawal	Agastic Mank	Bhagat Siddhesh	Aishwarya Bhave	Akansha Rabde	Pratiksha Sankh
	the second s		Bhide Janhavi	and the second sec	Sunita Yaday	
-	Shreeya Athavale	Apte Rutuja Athavak Vishwali	Bhide Manasi	Apoorva Bhide Prajakta Bhosale	Arwa Sinnarwala	Bhagyashree Go
	Vinita Bagul Mahi Bhandarkar	Berad Shravani		and the second se		Komal Patel
			Chandras Vaidehi	Kajol Chopra	Bhargavi Saraf	Rutugandha Suk
	Rujuta Bhave	Bhave Neha	Deshmukh Shreya	Dhanashree Damle	Kiran Wakpanjar	Dhanashree Mo
	Surabhi Bhote	Chhajed Nikita	Deshpande Poorva	Gauri Deshpande	Ayushi Rathi	Richa Shah
1.1.1	Nidhi Chikhal	Gokhale Aaditi	Gayatri Suresh	Komal Gangurde	Prajakta Valke	Komal Landge
	Mihir Chitale	Himani Deo	Hatolkar Radhika	Ninesh Gupta	Aishwarya Dhage	Priya Joshi
	Neha Deshmukh	Ingle Mayuri	Kale Devaki	Shriya Humnabadkar	Aishwarya Kadam	Megha Joshi
	Siddhant Deshmukh	Majmudar Aayushi	Kale Shreya	Apurva Kangude	Supriyakumari Raikwar	
	Bhargawi Dhomane	Mangoankar Aditee	Keny Pranjal	Manali Kulkami	Kushal Shah	Neesha Neelkar
	Harshita Dhruv	Mengle Varada	Limaye Swarada	Sayali Kulkarni	Shrikant Sahu	Kajol Sharma
	Taruna Gambhir	Nakul Nawale	Mohite Kshitija	Sanjana Mane	Kalyani Sawant	Priyanka Munde
15	Ranjeet Ghatge	Natu Pranjali	More Urja	Trishala Nainwal	Sharvani Sathe	Farheen Patel
16	Snehal Giri	Oak Devashree	Mungekar Apoorva	Saniya Palkar	Shikha Vora	Rashida Hamid
17	Akshay Gujar	Patil Ronit	Pandit Ruta	Yash Pandit	Varsha Kale	Mithila Pawar
18	Koyal Jadhav	Patkar Anagha	Patil Manasi	Savni Pargi		
19	Sanyukta Jagtap	Pal Deepakkumar	Penkar Leora	Neha Pathak		1
20	Vaishanavi Kausadikar	Rajpurohit Manav	Pradhan Saniya	Pruthini Patil		
21	Neha Kelkar	Rebello Hazel	Sanap Anushka	Tanaya Randive		
22	Krishna Kolhatkar	Issac Salve	Shah Juhi	Shivani Raghuram		
23	Neha Kulkarni	Mahek Soni	Shastry Varun	Charmie Shah		
24	Shivani Mhaskar	Akanksha Shah	Solanki Krishma	Meghana Sheth		
25	Rhutuja More	Shengal Shweta	Sonawane Ganzi	Madhura Sohani	0	
	Abhay Navak	Shraddha Kanade	Vaishampayan Jai	Mrinmayee Sompurka		
-	Apoorva Ozarkar	Thakar Shweta	Venkatchellam Lavany	and the Rest of States of the Automation of the States of the		
2 G G	Tanvi Parikh		Wadhokar Om	ï		
	Vaishnavi Paturde		Waghmare Stutee			
	Tanika Sane	1	Yadnopavit Apoorva			
	Aashika Shah		Гаспорача Ароогча			
2012.	Antara Shah			-		
	Nirali Shah					
1. A.M.	Rashmi Thakkar		No. III			-
) <u>0.00</u>	Uma Tulapurkar					
36	Rhushikesh Ujade					
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		1	and to a build to a bu	D E Col	Society's Bri lege of Physic Pune - 4	

20) EXTENSION ACTIVITY: Physiotherapy services to geriatric population RAINBOW DAY CARE DATE: A.Y 2018

		nmunity Physiotherapy 2018-19	Collaborating age No.of students pa	ency: RAINBOW DAY CARI articipated: 153
S. 80.00	3915424	24476324		
	'Sr. No.	Name of Posting	Frequency of visits	Students posted
	1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Intems I M.P.T. IF M.P.T.
	2	Sahajivan Bhugaon	Friday	Interns 1 M.P.T. II M.P.T.
	3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
	4	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
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Sign of J	HoD		ety s Jindal C	Sign of Principal PRINCIPAL D E Society's Brillal College of Physiothe Pune, 4



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

	Students		-			
Acaden	nic Year: 2018-19			1		
Sr.No.	П	m	IV	Interns	IMPT	II MPT
7.535.54.5	Bhavika Agrawal	Agashe Manik	A. Anagha	Revati Bachute	Aditi Tupe	Vaishnavi Ekbote
í í	Konal Agrawal	Apte Neba	Bhagat Siddhesh	Aishwarva Bhave	Akansha Rabde	Pratiksha Sankhe
	Shreeva Athavale	Apte Rutuja	Bhide Janhavi	Apoorva Bhide	Sunita Yaday	Bhagvashree Gok
	Vinita Bagul	Athavak Vishwali	Bhide Manasi	Prajakta Bhosale	Arwa Sinnarwala	Komal Patel
	Mahi Bhandarkar	Berad Shravani	Chandras Vaidehi	Kajol Chopra	Bhargavi Saraf	Rutugandha Sulay
6	Rujuta Bhave	Bhave Neha	Deshmukh Shreva	Dhanashree Damle	Kiran Wakpanjar	Dhanashree Mod
_	Surabhi Bhote	Chhajed Nikita	Deshpande Poorva	Gauri Deshpande	Avashi Rathi	Richa Shah
8	Nidhi Chikhal	Gokhale Aaditi	Gavatri Suresh	Komal Gangurde	Prajakta Valke	Komal Landge
	Mihir Chitale	Himani Deo	Hatokar Radhka	Nimesh Gupta	Aishwarva Dhage	Priva Joshi
	Neha Deshmukh	Ingle Mayuri	Kale Devaki	Shriva Humnabadkar	Aishwarya Kadam	Megha Joshi
	Siddhant Deshmukh	Maimudar Aavushi	Kale Shreva	Apurva Kangude	Supriyakumari Raikwar	and the second se
12	Bhargawi Dhomane	Mangoankar Aditee	Keny Pranial	Manali Kulkami	Kushal Shah	Neesha Neelkant
	Harshita Dhruy	Mengle Varada	Linave Swarada	Sayali Kulkarni	Shrikant Sabu	Kajol Sharma
v 1975	Taruna Gambhir	Nakul Nawale	Mohite Kshitija	Saniana Mane	Kalvani Sawant	Privanka Munde
	Ranjeet Ghatge	Natu Pranjali	More Uria	Trishala Nainwal	Sharvani Sathe	Farheen Patel
	Snehal Giri	Oak Devashree	Mungekar Apoorva	Saniva Palkar	Shikha Vora	Rashida Hamid
17	Akshay Guiar	Patil Ronit	Pandit Ruta	Yash Pandit	Varsha Kale	Mithila Pawar
18	Koyal Jadhay	Patkar Anagha	Patil Manasi	Savni Pargi		
19	Sanyukta Jagtap	Pal Deepakkumar	Penkar Leora	Neha Pathak		17
20	Vaishanavi Kausadikar	Rajpurohit Manav	Pradhan Saniya	Pruthini Patil		
21	Neha Kelkar	Rebello Hazel	Sanap Anushka	Tanava Randive	. 1	
22	Krishna Kolhatkar	Issac Salve	Shah Juhi	Shivani Raghuram		
23	Neha Kulkarni	Mahek Soni	Shastry Varun	Charmie Shah		
24	Shivani Mhaskar	Akanksha Shah	Solanki Krishma	Meghana Sheth		
25	Rhutuja More	Shengal Shweta	Sonawane Gangi	Madhura Sohani		
26	Abhay Nayak	Shraddha Kanade	Vaishampayan Jai	Mrinmayee Sompurka	ł	
27	Apoorva Ozarkar	Thakar Shweta	Venkatchellam Lavany			
28	Tanvi Parikh	99901244280141031180812	Wadhokar Om			
29	Vaishnavi Paturde		Waghmare Stutee			
30	Tanika Sane		Yadnopavit Apoorva			
31	Aashika Shah					
32	Antara Shah	<u>h</u>		-		
33	Nirali Shah					
34	Rashmi Thakkar	1				
	Uma Tulapurkar					
36	Rhushikesh Ujade					



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Shale

PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune . 4

21) EXTENSION ACTIVITY: PHYSIOTHERAPY FOR SPECIAL AND ORPHANAGE CHILDREN COLLABORATING AGENCY/ORGANISATION UNIT: SOFOSH DATE: A.Y.2018-19

D.E. Society's

BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY, PUNE

Collaboration: SOFOSH

Consolidated report for "SOFOSH" posting 2018-19

No.of students participated:34

D. E. Society's Brijlal findal College of Physiotherapy MPT students provided services to family deprived and orphanage children in A. Y. 2018-19.

Sr. No.	Name of Posting	MPTI	МРН
1		Aditi Tupe	Vaishnavi Ekbote
2	1	Akansha Rabde	Pratiksha Sankhe
3		Sunita Yadav	Bhagyashree Gokhale
4		Arwa Sinnarwala	Komal Patel
5		Bhargavi Saraf	Rutugandha Sulay
6		Kiran Wakpanjar	Dhanashree Mode
7	SOFOSH	Ayushi Rathi	Richa Shah
8		Prajakta Valke	Komal Landge
9		Aishwarya Dhage	Priya Joshi
10		Aishwarya Kadam	Megha Joshi
11		Supriyakumari Raikwar	Sneha Koriath
12		Kushal Shah	Neesha Neelkantam
13		Shrikant Sahu	Kajol Sharma
14		Kalyani Sawant	Priyanka Munde
15		Sharvani Sathe	Farheen Patel
16		Shikha Vora	Rashida Hamid
17		Varsha Kale	Mithila Pawar

Coordinator

Dr. Harshada Sonawane



Sign of Principal PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune . 4

LIST OF COLLABORATING AGENCY AND

NUMBER OF STUDENTS

2018-19

D.E. Society's



BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

Fergusson College Campus, Pune - 411 004 •Phone : (020) 67656471,67656467
•Fax : (91) (020) 67656494, 67656120 • E-mail : <u>descoppune@gmail.com</u>
•Web-site :www.desphysiotherapycollege.com , <u>www.despune.org</u>
Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

LIST OF COLLABORATING AGENCY AND NUMBER OF STUDENTS PARTICIPTED IN EXTENSION AND OUTREACH ACTIVITY DURING ACADEMIC YEAR 2018-19

DESBJCOP collaborates with various collaborating agency to conduct different extension & outreach activities like sports events, community activities, geriatric camps and treatment for special children. The details are as follows:

Sr			
no.		COLLABORATING AGENCY	
	Extension activity	/ORGANISATION UNIT	NUMBER OF STUDENTS PARTICIPATION
1)			
		Tarachand, Sutika Seva	
	Breast feeding	Mandir, Family Planning	
	camp	Association of India	Rashida Hamid, Mithila Pawar, Farheen Patel: 3
2)			Mithila Pawar, Farheen Patel, Rashida Hamid,
			Richa Shah, Komal Patel, Priya Joshi, Sneha
	Geriatric Camp	Old Sanghvi	Jose, Pratiksha Sankhe, Rucha Deshpande. : 9
3)			Mithila Pawar, Farheen Patel, Rashida Hamid,
			Richa Shah, Komal Patel, Priya Joshi, Sneha
	Geriatric Camp	Old Sanghvi	Jose, Pratiksha Sankhe, Rucha Deshpande: 9
4)			Shikha Vora, Shravani Sathe, Varsha Kale,
,			Aayushi Rathi, Bhargavi Saraf, Kalyani Savant,
			Aishwarya Kadam, Shriya Humnabadkar, Neha
		Lake Town Society Senior	Pathak, Sanjana Mane, Anagha
		Citizens'	Ajaychandrashekhar, Siddhesh Bhagat, Janhavi
	Geriatric Camp	Association	Bhide, Manasi : 14
5)			Mithila P, Farsheen P, Rashida H, komal
			P,Ankita J, Nisha K, BhageshreeG, Kajol
			S, Vaaishanavi , Meghana S, Mrunmayee
	Geriatric Camp	Lake Town Society,Katraj	S,Revati B, Charmi S: 13
6)			
			Shikha Vora, Shravani Sathe, Varsha Kale,
			Aayushi Rathi, Bhargavi Saraf, Kalyani Savant,
			Aishwarya Kadam, Shriya Humnabadkar, Neha
			Pathak, Sanjana Mane, Anagha
		Savangadi Jyeshtha Nagarik	Ajaychandrashekhar, Siddhesh Bhagat, Janhavi
	Geriatric Camp	Sangha, Kothrud	Bhide, Manasi Bhide, Vaidehi Chandras.15

7)			
/)			: Rashida Hamid, Farheen Patel, Mithila Pawar,
			Megha Joshi, Sneha Koraith, Rutugandha Sulay,
		Premnagar Jyeshtha Nagarik	Richa Shah, Shikha Vora, Shravani Sathe,:
	Geriatric Camp	Sangha, Bibwewadi	Varsha Kale, Kushal Shah, Aayushi Rathi: 12
8)			Rashida Hamid, Farheen Patel, Mithila Pawar,
			Varsha Kale, Shravani Sathe, Shikha Vora,
			Aishwarya Kadam, Kushal Shah, Ayushi Rathi,
	Senior citizen	DGOA engineering discipline	Bhagyashree Gokhale, Richa Shah, Komal Patel,
	camp	civilian organisation, Pune	Apurva Bhide: 13
9)	Community		
	Helper training		Mithila Pawar, Rashida Hamid, Farheen Patel,
	module	Arogya maitrin	Shikha Vora, Shravani Sathe.:5
10			Rashida Hamid, Farheen Patel, Mithila Pawar,
			Varsha Kale, Shravani Sathe, Shrikant Sahu,
			Vaishnavi Ekbote, Bhagyashree Gokhale,
		Anandi Jyeshtha Nagrik	Dhanashree Modhe, Kajal Sharma and Komal
1.1	Geriatric Camp	Sangha Kothrud, Pune	Landge: 11
11		Chaitanya Old Age Home,	Shikha Vora, Aditi Tupe, Aishwarya Kadam,
	Geriatric Camp	Khopoli	Aayushi Rathi, Kushal Shah: 5
12		Datar-shendure english	
	Sports day event	medium school, satara	Sanjana M,Manali K, Kajol S,Komal P: 4
13			Devaki K,Manasi B. Kajol C,Apoorva
	Sports day event	New English school, Tilak road	bhide,Priya J, Richa Shah: 6
14			
		English Medium primary	Siddhesh B, Janavi B, Pruthini, Yash P,
	SPORTS FITNESS	school, Tilak road, Pune	Vaishnavi E: 5
15	,		
	motor proficiency	DES Primary school, Tilak	Leora P, Anagha C, Swarada, Gayatri Suresh & 3
	assessment	road,Pune	PG students Nimesh G, Prachi S, Sejal C: 7
16			Sayali kulkarni,Nitesh Gupta,Savani Pargi,
	Sports day event	MSGGVP, Tilak road, Pune	Charmi Shah, Shriya H, Manali K, Madhura S : 7
17			Kushal Shah, Supriya Raikwar, Kalyani Sawant,
			Aishwarya Dhage, Aishwarya Kadam, Srikant
			Sahu, Bhargawi, Aayushi Rathi, Prajakta Valke,
			Kiran Vaghpanje, Arwa, Sunita Yadav Aditi
			Tupe, Akanksha Rabde, Shikha Vora, Shravani
			Sathe, Varsha Kale, Farheen, Rashida , Megha,
	Maril de de	Et al a final t	Mithila pawar, Richa, Priya Joshi, Vaishnavi
	Vrukshathon	Fitness first	Ekbote, Sneha, Priyanka Munde. 26
18	, , ,		
	services to	Anond Dhome to och the second	
	geriatric	AnandDham,Jyeshtha nagrik	
19	population	Virangula Kendra	BPT II / III / IV / ,Interns, / PGs: 153
19			
	Physiotherapy		
	services to		
	geriatric	Sahjivan ,old age home	BPT II / III / IV / ,Interns / PGs: 153
1	population		

20	Physiotherapy		
	services to		
	geriatric		
	population	CARE, Rainbow day care	BPT II / III / IV / ,Interns / PGs: 153
21	Physiotherapy for		
	special &		
	orphanage		
	children	SOFOSH	PG students: 34

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D.E. Society's



BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

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Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

Letter for amount generation for extension activities for academic year 2018-19

DES Brijlal Jindal College Of Physiotherapy had participated and carried out various extension and outreach activities with many collaborating agency in last 5 years. The total number of activities in academic year 2018-19 were 21. No amount was generated from these activities.



PRINCIPAL

D E Society's Brijtal Jindol College of Physiotherapy Pune 4



DES BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY

3.4.2



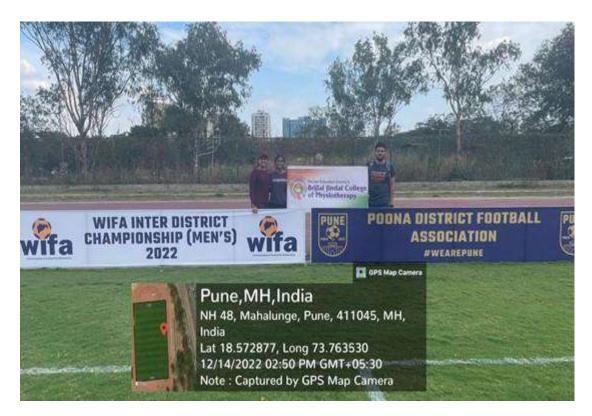
3.4.2 AVERAGE PERCENT OF STUDENTS PARTICIPATING IN EXTENSION AND OUTREACH ACTIVITIES PHOTOGRAPH OR SUPPORTING DOCUMENTS



1) Name of Activity: Football tournament Organisation: PDFA Date : 14-20 DEC 22

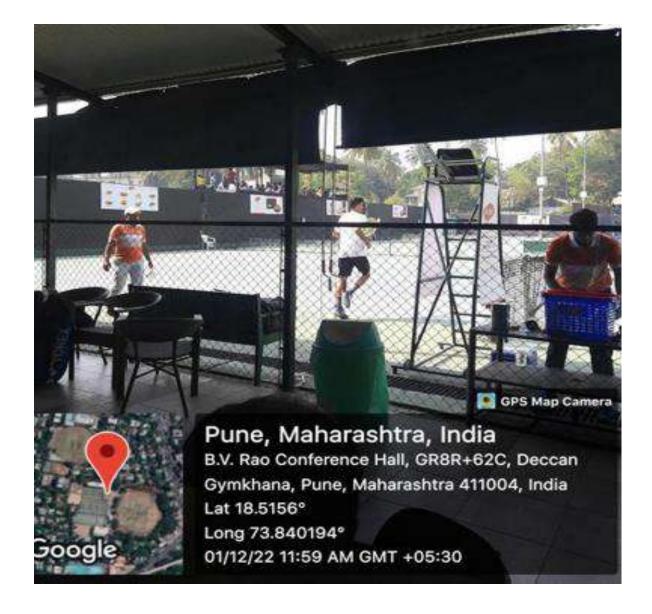
1	NN 304, Later Segueted Chevathery Rand, Mercelonager, Proce At 10005, Methodosana Benealty indestructions Benealty indestructions Website i www.pdfs.co.it	POONA DISTRICT FOOTBALL ASSOCIATIO ARREND to Western India Transladi Association (MIA) Member of Al India Transladi Association (MIA) Member of Al India Transladi Association
Executive Committee	POPP/96/2073-26	4142023
	- To,	and the second se
Dr. Vishwojcet Kodom Nacistre, WAN	Principal,	
Hor, Miclasic of Multiareables	D. E. Society's Brijlal Jindal College	of Physicsboranic
Mr. Pyseslel Okaodhary	Pune 411004	· · · · · · · · · · · · · · · · · · ·
You Provident		
You President	Respected Madam,	
Mr. Produce Perducet Hen Sacology A. Motthere Supersultan Hen Trensver	This letter of appreciation is to let PDFA appreciate your help in allowi a part of our WIFA Sr. Men's Int December to 20 th December 2022 Your physiotherapist team did a co great help which was highly appreconches. Thanking you for all your help and your support for the upcoming match	ing your physiotherapists to be er District held between 14 th at Balewadi Stadium Pune, mmendable job and were of eciated by all the players & d we are looking forward for
Ninij Chevelhory		
Amerikans Rendars At Sector At Sector Mail Autocology Ray	Thank you. Warm regards Mr. Pypreial Choudhary	
Poresh Shendhar Servitihaji Wogh Mansh Angral	Vice-President PDFA	
Adv. Salvan Kolhadur Songeli Vidhadu		
Special Invitie Statutes Simble		



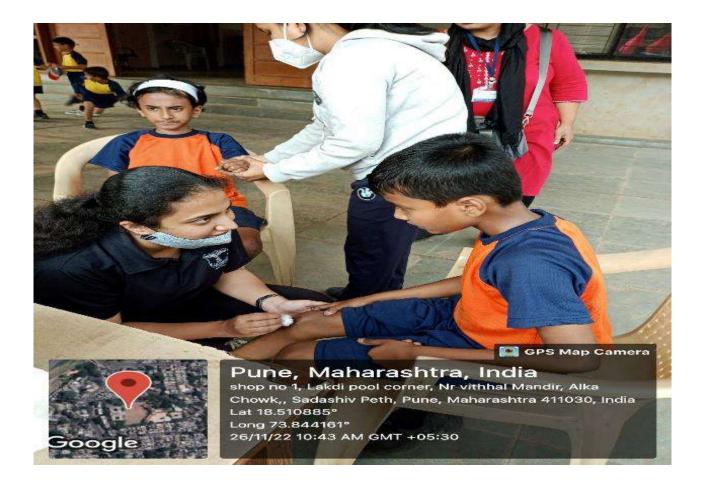


2) Name of Activity: Football tournament Organisation: Fit2sport Date:27 Nov to 4Th Dec 22

Nr. Ajit Mapari Jorsultani Sports & Exerc Jag. No. 25316		T2 POR	T	Injury Management & Sports Performance Enhancement Clinic
	R Sub This Me Sch Sup This Sup Sup Sup Sup Sup Sup Sup Sup Sup Sup	ject: Scheduling of post is to inform DES Brijhi Megh Thakkar, who is po cled to go for the ITF ten Nov. 2022 till 4th of Des rvised by one of our con- rvised by one of our con- fly accommodate this in t ks Margary ATT MAPARI	Date: ERITMAY CONCI ing to a tournament Jordal College of Phy oild with as during hi nis tournament in Dee a 2022. He will be ac- solut physiotherapist	Enhancement Clinic Date :
		De	Kindly get this prescrip not repeat the doses	stion on the next follow-up, without further consultation
Q BOLBOS, 8th flo	or, Kumar Pride Sena	te 1, Neur JW Marricht, 5	CONTRACTOR CONTRACTOR	
\$ +91 888	885.2578	www.fit2iport.in	SS trios	gfit2iport.In
Gft2sport) -	C Bridgeon	Efit2sport	(BRAZsport	- 💟 @fit2sport



3) Name of Activity: -DES Inter Primary School Meet
Date:- 26th November 2022
Organisation:- D.E.S. Primary School ground, Tilak Road, Pune-30





4) Extension Activity: Orthosis distribution and fitting camp
Date : 27-9-22
Organistion unit/agency/collaborating agency: Bharat VikasParishad, vikalangpunarvasan

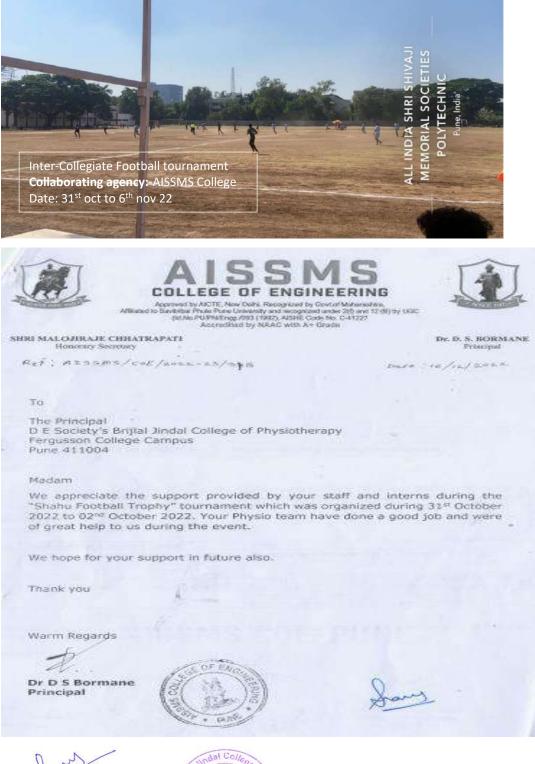
Organistion unit/agency/collaborating agency: Bharat VikasParishad, vikalangpunarvasan Kendra, Nalstop, Pune.





5) Name of Activity: -Inter-Collegiate Football tournament (sppu)

Date:- 31st October-6th November 22 Organistion unit/agency/collaborating agency:- AISSMS College



PRINCIPAL D E Society's Britial Jindol College of Physiotherapy Pune - 4



6) Extension Activity: Camp for exercise prescription after prosthetic fitting for amputees

Date : 17th November 2022

Organistion unit/ agency/collaborating agency: Bharat VikasParishad, vikalangpunarvasan Kendra, Nalstop, Pune.



7)Name of Activity: -Maharashtra State Youth League

Date:- 20th February 2023

Organistion unit/agency/collaborating agency:- Western India Football Association



PRINCIPAL D.E. Society's Brijtal Jindol College of Physiotherapy Pune - 4



8) Extension activity :Geriatric camp Date : 24/9/2022 Organistion unit/agency/collaborating agency : Punarnirman foundation Erandwane Arogya kothi

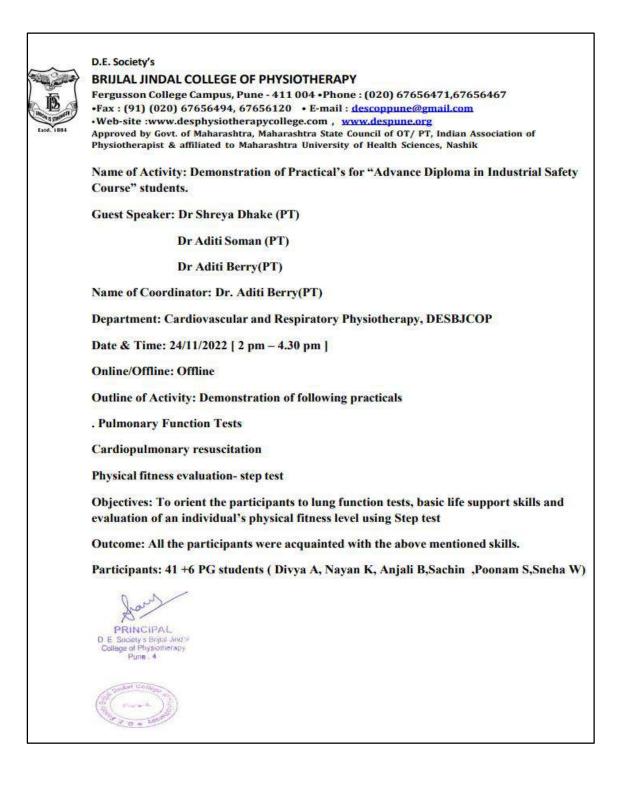
D.E.Society's Brijlal Jindal College of Physiotherapy, Pune **Camp Record** Name of camp: DESBJCOP and Punarnirman Date of camp: 24.09.2022 Site of camp: Erandawane Arogya Kothi Participants in the camp: Abha Dhupkar, Riya Jain, Kartiki Bhilare, Lynn Fernandes, Alfaiz Tamboli, Beneficiaries of the camp: Members of the Colonel's Cube Pune chapter Number of beneficiaries: 26 Materials used in the camp: Sphygmomanometer, cones, measuring tape, weighing machine, record sheets, outcome measures - MoCA, GDS, TMT A and B. Camp details: The camp started at 9 am. Students and faculty set up the camp site, with the students given specific stations for assessment. The stations were as follows: demographic data, height and weight, FRT, TUG, Senior fitness test, GDS, MoCA, TMT A and B, evaluation, and exit. The beneficiaries of the camp registered at the demographic data station and circulated through all the stations, ending at the exit station. They were explained the results of their assessments at each station. The students at exit checked the completeness of the sheet and answered any queries that the elders had. Camp document prepared by: Abha Dhupkar. oc ety: D.E. Society's Brijlal Jindal College of Physiotherapy, Pune

9) Extension Activity: Community helper training module **Organistion unit/agency/collaborating agency:** Seva Arogya foundation

Date : 21-9-22

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune **Training Report** Module for: Community Helper training module. Date of Training: 21.09.2022. Site of Training: D.E. Society's Brijlal Jindal College of Physiotherapy, Pune. Participants in the camp: Abha Dhupkar, Riya Jain, Komal Valesha, Kartiki Bhilare, Lynn Fernandes, Nikita Kolhe, Alfaiz Tamboli. Beneficiaries of the camp: Aarti Shinde, Shobha Bhor, Namrata Adhikari, Vaishali Adsul, Mukta Temphare. Number of beneficiaries: 5 Materials used in the camp: Yoga mats, chairs, plintlis. Training details: The college and Seva Arogya Foundation are collaborating on providing physiotherapy care to the low socio-economic strata women, who are unaware and unable to access this component of healthcare, The Arogya maitrins were identified by the prakalp samanyayak, Aarti Shinde, A schedule was set up for them to receive training regarding the exercises to be performed at the college. accordingly, they reported to college at 2 pm and the training session started after introductions of all present. The project was explained in brief and the outline of the session was provided. Exercises were demonstrated twice to the ladies, once on a college student and once on a volunteer from amongst the 5 of the trainces. After demonstrating the exercises, the ladies were asked their region of preference. Based on this, the students and trainees divided into groups and the students ensured that the ladies were able to perform the exercises appropriately. The ladies' ability to command or give instructions of the exercise was also checked and appropriate corrective commands were provided to them. The whole training session was for 2 hours. The trainees were enthusiastic and eager to start working with the already identified participants at the various SAF OPDs. Report prepared by: Abha Dhupkar 统治教 PRINCIPAL D E Society's Bridal Jindal College of Physiotherapy Pune 4

10) Extension Activity: Demonstration of advance diploma in industrial safety course
 Date : 24-11-22
 Organistion unit/agency/collaborating agency: Technical institute



11) Name of Activity: Camp for exercise prescription after prosthetic fitting for amputees. **Date/Time**: 22nd November 2022, 10am-1pm

Organistion unit/agency/collaborating agency: Bharat VikasParishad, vikalangpunarvasan Kendra, Nalstop, Pune.



12) Extension Activity: Camp for exercise prescription for amputee
 Date: 7th May 2023
 Organistion unit/agency/collaborating agency: Bharat VikasParishad, vikalangpunarvasan Kendra, Nalstop, Pune



13) Extension Activity: sports activity police games.Date of camp: 07.01.2023 to 13.01.2023Organistion unit/agency/collaborating agency: Maharashtra State police games,





police games.

14) Name of Activity: -Maharashtra State Olympics - Water Polo Matches Physio Support

Date:- 10th to 12th January 2023 Organistion unit/agency/collaborating agency: Maharashtra OLYMPIAD Association. Balewadi





15) Name of Activity: -Senior Citizens' Marathon
Date: - 26th February 2023
Organistion unit/agency/collaborating agency - Simple steps





16) Extension Activity: Inter class competitionDate :16-18 Nov 22Organistion unit/agency/collaborating agency: MGGSV school,TILAK Road

Madhav Sadashiv Golwalkar Guruji Sports Week

Sports Posting of interns (DESBJCOP)

Timing: - 7.30 a.m. to 12.30 p.m.

Venue: - Madhav Sadashiv Golwalkar Guruji Vidyalay

Date	Name of interns
6/11/2022	Pooja Patel Gayatri Joshi
7/11/2022	Falguni Deshpande Tanvi Satte
8/11/2022	Bharat Rathi Dinkar Thakare

Sociati 0 10

D. E. Soci jial Jindal College of maysiotherapy, Pune. 17) Extension Activity: Sports tournament Date : 26-5-23 Organistion unit/agency/collaborating agency: WIFA (Shirpur)





18) Extension Activity: Sports tournament: Kids marathonDate : 13-11-22Organistion unit/agency/collaborating agency: Simple steps





PRINCIPAL D E Society's Brijtal Jindol College of Physiotherapy Pune . 4



19) Name of Activity: Physical activity in ageing **Date:** 2nd Sep, 2023 Place: Pu La Deshpande udyan, sinhagad road

Name of Activity: -Physical Activity in Ageing

Name of Coordinator from college:Diptee Bhole

Department: Community Physiotherapy

Student participants: MPT students; Lynn Fernandes, Nikita Kolhe, Ronit Patil, Snehal Giri, Ashwini Gajbhiye, Saachi Tinaikar

Date:02/09/2023

Place:Pu La Deshpande Udyan, Sinhagad road, Pune

Name of association: Jagruti Mitra Parivar, Sinhagad Road

Name of coordinator from association: Shri, Bhalchandra Kunte

Schedule of activity:

- Presentation on effects of ageing i)
- Scope of physiotherapy and exercises in healthy againg ii)
- WHO Guidelines for Physical activity (iii)

Outline of activity:

- a) Objective: Lecture on Exercise awareness for senior citizens
- b) Participants/ Attendees: Senior citizens from the group
- c) Outcomes:Better awareness and understanding about the importance of
- maintenance of physical activity and exercises in ageing. The explanation was mostly provided in Marathi for better clarity.

College Coordinator's signature: . BRNV

Sign of coordinator from association:

PRINCIPAL D E Society's Brijtal Jind 34 College of Physiotherapy Pune 4

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🔋 GPS Map Camera

Pune, Maharashtra, India FRRP+HPM, Sinhgad Rd, Pune Okayama Friendship Garden, Dattawadi, Pune, Maharashtra 411030, India Lat 18.49201° Long 73.83761° 02/09/23 07:24 AM GMT +05:30

Google

20) Extension Activity: Geriatric camp Date : 19-11-22 Organistion unit/agency/collaborating agency: ILC,Vakeshwar Jyeshtha nagarik sangha

Camp Record

Name of camp: DESBJCOP and ILC-I Physiotherapy Assessment Camp

Date of camp: 19.11.2022

Site of camp: Vakeshwar, Pashan

Participants in the camp: Abha Dhupkar, Riya Jain, Komal Valesha, Kartiki Bhilare, Nikita Kolhe, Lynn Fernandes, Alfaiz Tamboli, Dinkar Thakare, Saee Siddheshwar, Siddhi Dhumal, Yash Choudhari, Rohini Khutal.

Beneficiaries of the camp: Members of the Vakeshwar Jyeshtha Nagarik Sangha

Number of beneficiaries: 69

Materials used in the camp: Sphygmomanometer, cones, measuring tape, weighing machine, record sheets, outcome measures - MoCA, GDS, TMT A and B.

Camp details: The camp was set up by the Junior PG students by 9:30, with the students divided to different stations. The stations were demographic data, height and weight, FRT, TUG, 2MWT, GDS, MoCA, TMT A and B, evaluation and exit.

The members of the jyeshtha Nagarik sangha registered with the ILC-I representatives. They were directed through the various stations of the camp after filling their demographic data. At each station, the test results were explained to the senior citizens. The elders submitted their completed forms at the exit counter. Any queries that they had were answered throughout the

camp.

Photographs of the camp:

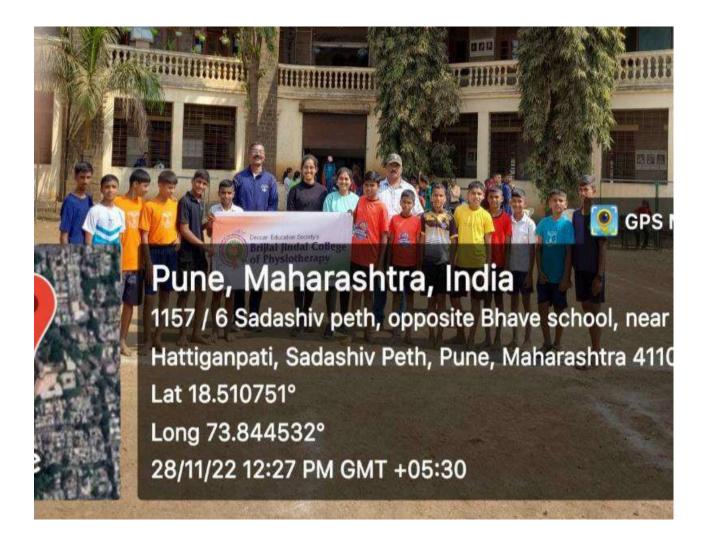
Camp document prepared by: Abha Dhupkar



21) Extension Activity: Yoga DayDate : 9-9-23Organistion unit/agency/collaborating agency: SOFOSH



22) Name of Activity: New English School Sports posting
 Date:- 28/11/2022
 Organistion unit/agency/collaborating agency:- New English School ground, Tilak road, Pune



23) Extension Activity: Geriatric camp Date : 1/07/ 2023 Organistion unit/agency/collaborating agency Athshree pebble bavdhan



24) Extension Activity: Geriatric Camp Date : 10-6-23 Organistion unit/agency/collaborating agency: Athashri synergy Balewadi



25) Extension Activity: Geriatric camp Date : 12 nov 22 Organistion unit/agency/collaborating agency: Madhyavarti jyeshtha nagrik sangha kothrud



26) Extension Activity: Geriatric camp Date : 24-9-2022 Organistion unit/agency/collaborating agency: Punarnirman foundation, erandwane arogya kothi

D.E.Societ	y's Brijlal Jindal College of Physiotherapy, Pune
· ·	Camp Record
Name of camp: DESBJCOP an	d Punamirman
Date of camp: 24.09.2022	
Site of camp: Erandawane Arog	gya Kothi
Participants in the camp: Abha Tamboli,	a Dhupkar, Riya Jain, Kartiki Bhilare, Lynn Fernandes, Alfaiz
Beneficiaries of the camp: Mer	mbers of the Colonel's Cube Pune chapter
Number of beneficiaries: 26	
	phygmomanometer, cones, measuring tape, weighing machine, ome measures – MoCA, GDS, TMT A and B.
students given specific stations f	d at 9 am. Students and faculty set up the camp site, with the for assessment. The stations were as follows: demographic data, Senior fitness test, GDS, MoCA, TMT A and B, evaluation, and
all the stations, ending at the exi	egistered at the demographic data station and circulated through it station. They were explained the results of their assessments at t checked the completeness of the sheet and answered any
Camp document prepared by:	Abha Dhupkar.
\mathcal{Y}	Soc etra Bree
	D.E. Society's

27) Extension Activity : Breast feeding awareness Organistion unit/agency/collaborating agency : Seth Tarachand Charitable Trust Hospital

Date: 1st Aug 2022



28) Extension Activity : MAHARASHTRA STATE YOUTH LEAGUE PLAYOFFS Under 13

Organistion unit/agency/collaborating agency : WIFA



29) Extension Activity: -Inter DES PT Teachers' Sports day. Date:-13/4/23 Organisation/agency :- New English School , Tilak road



30) EXTENSION ACTIVITY: SENIOR CITIZEN MARATHON

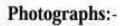
COLLABORATING AGENCY/ORGANISATION UNIT: SIMPLE STEPS

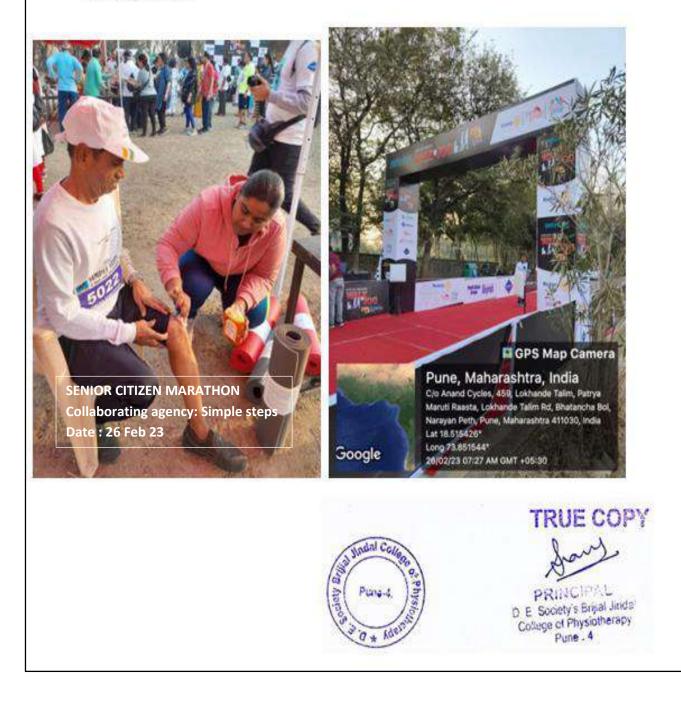
Date: 26 Feb 23

5	Lost 1991	DES's Brijlal Jindal college of Physiotherapy
 Department: -Sports Committee Date: - 26th February 2023 Timing: 6:30am -11am Place: - Savitribai Phule Pune University Online / Offline: - Offline Outline of activity: - On field Physio support provided for the Senior citizens after walkathon a) Objective- 1.To provide exposure of on filed injuries in elderly individual: 2. To prepare the interns to treat those injuries first hand. 3. To help them understand the sports better b) Participants- Akshata Mane, Pooja Patel, Dinkar Thakre, Purva Rasm Outcome- Common Injuries which were treated by interns were- Muscle cramp 	Name of	Activity: -Senior Citizens' Marathon by Simple steps
 Date: - 26th February 2023 Timing: 6:30am -11am Place: - Savitribai Phule Pune University Online / Offline: - Offline Outline of activity: - On field Physio support provided for the Senior citizens after walkathon a) Objective- 1.To provide exposure of on filed injuries in elderly individual: 2. To prepare the interns to treat those injuries first hand. 3. To help them understand the sports better b) Participants- Akshata Mane, Pooja Patel, Dinkar Thakre, Purva Rasm Outcome- Common Injuries which were treated by interns were- Muscle cramp 	Name of	Coordinator: Apoorva Pavnaskar and Namrata Sidhaye-Bhadbhade
 Timing: 6:30am -11am Place: - Savitribai Phule Pune University Online / Offline: - Offline Outline of activity: - On field Physio support provided for the Senior citizens after walkathon a) Objective- 1.To provide exposure of on filed injuries in elderly individual: 2. To prepare the interns to treat those injuries first hand. 3. To help them understand the sports better b) Participants- Akshata Mane, Pooja Patel, Dinkar Thakre, Purva Rasm Outcome- Common Injuries which were treated by interns were- Muscle cramp 	Departm	ent: -Sports Committee
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 Online / Offline:- Offline Outline of activity:- On field Physio support provided for the Senior citizens after walkathon a) Objective- 1.To provide exposure of on filed injuries in elderly individuals 2. To prepare the interns to treat those injuries first hand. 3. To help them understand the sports better b) Participants- Akshata Mane, Pooja Patel, Dinkar Thakre, Purva Rasm Outcome- Common Injuries which were treated by interns were- Muscle cramp 	Timing:	6:30am -11am
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 walkathon a) Objective- 1.To provide exposure of on filed injuries in elderly individuals 2. To prepare the interns to treat those injuries first hand. 3. To help them understand the sports better b) Participants- Akshata Mane, Pooja Patel, Dinkar Thakre, Purva Rasn Outcome- Common Injuries which were treated by interns were- Muscle cramp 	Online /	Offline:- Offline
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b) Participants- Akshata Mane, Pooja Patel, Dinkar Thakre, Purva Rasn Outcome- Common Injuries which were treated by interns were- Muscle cramp		
Outcome- Common Injuries which were treated by interns were- Muscle cramp		
		-
ankie sprains, adrasions, etc		e- Common Injuries which were treated by interns were- Muscle cramps ains, abrasions, etc

ort R PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune : 4







31) Extension Activity: - Physiotherapy services to elderly population

Organistion unit/agency/collaborating agency: Punarnirman foundation

Date: 2022-23

पनर्निर्माण सोशल फौंडेशन CIN: U80901PN2022NLP213877 WHISTELLING MEADOWS, C-BLDG, FLAT NO. 804, S. NO. 257/1A & 257/2/2A BAVDHAN, PUNE - 21. CONTACT : +91 95527 02270 | +91 81499 22488 Date: 10/09/2022 Outward no: 2022/122 To The Principal, D.E.Society's Brijlal Jindal College of Physiotherapy, Pune. We, on behalf of 'PUNARNIRMAN SOCIAL FOUNDATION, PUNE' appreciate you and your team on the commitment and efforts in the treatment of geriatric population in Kothrud area. Your faculty and students have been extremely helpful in rendering the quality physiotherapy services to this population. Punamirman Social Foundation 2721813 0910 Irector Director

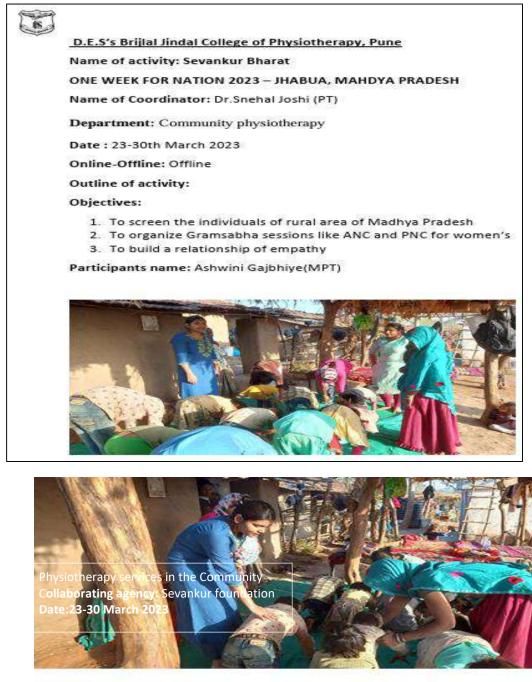
32) Extension Activity: - Physiotherapy services to family deprived and orphanage children

Organistion unit/agency/collaborating agency: SOFOSH **Date** : Year 2022-23

		SOFOSH
Callos : +01-25-26124860 / 26126762	SOCIETY OF FRIENDS	OF THE SASSOON HOSPITALS
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31" March 2023		
To, The Principal, Brijial Jindal College of Physiotherap		
Pune,		
Subject	- Certificate of Appreciation	
Dear Sir/Madam,		
Greetings from SDF05HII		
much to see the that family and 5	tudents of DES (Brijiala Jindal Colleg	e of Physiotherapy)
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to be very satisfactory.		
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We are very thankful to the colleg	te for the facility provided to the child	NUM DI TRANSI
This association will continue in fi	aure.	
Thank you,		
There d		
SHARMILA SAYED		
Administration Head SOFOSH		
Below Ward No. 31/32,		
Sasacon General Hospitais Pune-411001		
and the second second		
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Managing Committee :		
Chairperson:	Secretary:	Members : Smt. Nirmala Laboli
CA. Sachin Abhyankar	Smt. Nivedita Gogle Joint Secretary:	Smt. Amala Phatak
Vice Chairperson: shri, Shyam Mehendalo	Smt. Yogini Brahmankar	Smt. Vibha Bokey
Shri, Arvind Herlekar	Treasurer : Adv. Anand Akut	Shri, Vikas Kakatkar Dr. Rashmi Pabalkar

33) Extension Activity: - Physiotherapy services in the Community **Organistion unit/agency/collaborating agency:** Sevankur foundation

Date:23-30 March 2023



PRINCIPAL D E Society's Brital Jind S College of Physiotherapy Pune . 4



34) Extension Activity: - Physiotherapy services in the Community
Organistion unit/agency/collaborating agency: : Society of community health oriented operational links SCHOOL
Date: 2022-23



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35) Extension Activity: - Physiotherapy services in the Community **Organistion unit/agency/collaborating agency:** : Seva Arogya **Date:** 2022-23

सेवा आरोज्य	सेवा आरोग्य फाऊंडेशन CIN -U74990PN2016NPL158817 सहीवा १९, ४८ - १, मसात्र सरिए, हीएले होच बॉल्स, वर्ष २११,०४२. मल्क: 9015081902
	Email: Info@sevaarogya.org Web.:www.ievaarogya.org
	Date: 1 ^d April 2023
To The Principal D. E. Society's Brijlal Jindal College of Physioth Pune	erapy
i, on behalf of Seva Arogya Foundation appro the treatment of underprivileged societal grou	eciate you, and your team on the commitment and efforts in up.
Your faculty and students have been instrum by rendering the quality physiotherapy service	ental in bringing up the change in wellbeing of these patients es.
I also would like to appreciate services provi bome visits as patient is not in position to visi	ded to these patients in our physiotherapy OPDs and during t OPD. All these services offered are without any fees.
dispensaries and during the physiotherapy H	and provide counselling about lifestyle improvement in the lealth Camp. The physiotherapist teach the patients essential it daily repetitions. Even when it hurt, you encouraged our gthening exercises or rehabilitation, your unwavering support
Your unwavering commitment, empathy, an underprivileged patients. Thank you for be kindness and dedication inspire us all.	d expertise have made a significant impact on the lives of our eing the driving force behind their recovery journey. Your
Thank you for your support	
Regards,	
Yours faithfully Pradeeb Kunte Director Seva Arogya Foundation	

36) Extension Activity : Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency : :** AnandDham **Date:2022-23**

Sr. No.	Name of Posting	Frequency of visits	Students posted
1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th 40 III B.P.Th38 IV B.P.Th 37 Interns - 35 M.P.T 34
2	Sahajiyan Bhugaon	Friday	Interns - 35 M.P.T 34
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th 40 III B.P.Th 38 IV B.P.Th 37 Interns - 35 M.P.T 34
4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	M P.T - 34
5	MadhurBhav Baner	Tuesday, Wednesday, Thursday	II B.P.Th 40 III B.P.Th 38 IV B.P.Th 37 Interns - 35 M.P.T 34
6	AnandDham	Monday, Tuesday	II B.P.Th 40 III B.P.Th 38 IV B.P.Th 37 Interns - 35 M.P.T 34
7	Seva Arogya Foundation	Friday	M.P.T34 -

37) Extension Activity : Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency : :** Sahajivan **Date: 2022-23**

Sr. No.	Name of Posting	Frequency of visits	Students posted
1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
2	Sahajivan Bhugaon	Friday	Interns I M.P.T. II M.P.T.
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	IMPT. IFMPT.
5	MadhurBhay Baner	Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
7	Seva Arogya Foundation	Friday	IMPT - IIMPT

38) Extension Activity : Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency** : Madhurbhav

Date : 2022-23

PethWednesday, Thursday, SaturdayIII B P Th. IV B P.Th. Interns I M P.T.2Sahajivan BhugaonFridayInterns I M.P.T.3Rainbow Day CareTuesday, ThursdayII B P.Th. II B P.Th. I M.P.T.3Rainbow Day CareTuesday, ThursdayII B P.Th. II M.P.T.4MadhurBhav WakadTuesday, Tuesday, I M.P.T.I M.P.T. I M.P.T.4MadhurBhav BanerTuesday, Tuesday, I M.P.T.II B P.Th. I M.P.T.5MadhurBhav BanerTuesday, Wednesday, I M.P.T.II B.P.Th. I M.P.T.6AnandDhamMonday, TuesdayII B.P.Th. I M.P.T. I M.P.T.6AnandDhamMonday, TuesdayII B.P.Th. I M.P.T.Monday, TuesdayII B.P.Th. I M.P.T.5MadhurBhav I M.P.T.II B.P.Th. I M.P.T.6AnandDhamMonday, TuesdayII B.P.Th. II M.P.T.6AnandDhamMonday, TuesdayII B.P.Th. II M.P.T.	Sr. No.	Name of Posting	Frequency of visits	Students posted
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3 Rainbow Day Care Tuesday, Thursday II B.P.Th. III B.P.Th. IV B.P.Th. Interns IM.P.T. 4 MadhurBhav Wakad Tuesday, Wednesday, Thursday I M.P.T. 5 MadhurBhav Baner Tuesday, Wednesday, Thursday II B.P.Th. II B.P.Th. II B.P.Th. II B.P.Th. II B.P.Th. INP.T. 6 AnandDham Monday, Tuesday II B.P.Th. II B.P.Th. II B.P.Th. II M.P.T. 6 AnandDham Monday, Tuesday II B.P.Th. II B.P.Th. II M.P.T.	2		Friday	IMP.T.
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	6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns
7 Seva Arogya Friday I M.P.T Foundation II M.P.T.	3		Friday	IMPT -

39) Extension Activity : Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency :** Rainbow day care

Date: 2022-23

Sr. No. 1	Name of Posting Sahajivan Narayan Peth	Frequency of visits Monday, Wednesday,	Students posted II B.P.Th.
1			
-		Thursday, Saturday	III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
2	Sahajiwan Bhugaon	Friday	Interns I MPT II MPT
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th III B.P.Th IV B.P.Th Interns I M.P.T. II M.P.T.
4	MadhurBhay Wakad	Tuesday, Wednesday,	IMPT. IIMPT
	1	Thursday	
5	MadhurBhay Baner	Tuesday, Wednesday, Thursday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
6	AnandDham	Monday, Tuesday	II B.P.Th. III B.P.Th. IV B.P.Th. Interns I M.P.T. II M.P.T.
7	Seva Arogya Foundation	Friday	IMPT - IIMPT



Extension Activity: Advance diploma in industrial safety
 Date : 12-02-2022
 Organistion unit/agency/collaborating agency: Technical institute DES, Pune



GRGQ+MV9, Model Colony, Shivajinagar, Pune, Maharashtra 411016, India

Latitude 18.5267617°

Local 02:28:34 PM GMT 08:58:34 AM Longitude 73.8398144°

Altitude 501.8 meters Friday, 04-03-2022



GRGQ+MV9, Model Colony, Shivajinagar, Pune, Maharashtra 411016, India

Latitude 18.5267596°

Local 02:27:56 PM GMT 08:57:56 AM Longitude 73.8398164°

Altitude 501.8 meters Friday, 04-03-2022 2) Extension Activity: Geriatric assessment camp
 Date : 18-06-2022
 Organistion unit/agency/collaborating agency: The International Longevity Centre, India





3) Extension Activity: Geriatric assessment camp

Date: 09-04-2022

Organistion unit/agency/collaborating agency: The International Longevity Centre, India, Bal ranjan kendra

Camp Record Name of camp:DESBJCOP and ILC-I Physiotherapy Assessment Camp. Date of eamp:09.04.2022 Site of camp:Bal Ranjan Kendra Participants in the camp: Abha Dhupkar, Komal Valesha, Riya Jain, Kartiki Bhilnee, Lynn Fernandes, Nikita Kolhe, Alfaiz Tamboli, Rani Rodge, Palak Durda, Krishna Kolhatkar, Harshita Dhruv, Taruna Gambhir, Akshay Gujar Beneficiaries of the cump: Members of the Bal Ranjan Kendra Number of beneficiaries:32 Materials used in the camp:Sphygmomanometer, cones, measuring tape, weighing muchine, record sheets, outcome measures - MoCA, GDS, TMT A and B. Camp details: The camp started at 9 am. Senior PGs allotted the students to different evaluation stations. The residents of the colony registered with the representatives of ILC-I. They were then evaluated at different stations for height, weight, TUG, FRT, MoCA, GDS, TMT A and B. Two females were identified as new hypertensives at this camp, with one requiring immediate medical intervention. Both females were requested to follow-up with their respective physicians. The one requiring immediate intervention was escorted by the camp organisers and received appropriate modical care. The rest of the elders completed evaluations at all the stations and received information about their test results immediately. Photographs of the camp: Camp document prepared by: Abha Dhupkar **Brital Jindal** D. E. Sociation Gollege of Physiolnerspy. Pune

4) Extension Activity: Geriatric assessment camp Date: 19-03-2022 Organistion unit/agency/collaborating agency: The International Longevity Centre, India, phulenagar jyeshtha nagarik sangha

	Camp Record
N	same of camp: DESBJCOP and ILC-I Physiotherapy Assessment Camp (follow-up).
Đ	Date of camp: 19.03.2022
s	ite of camp: Phulenagar, Verawada
P	articipants in the camp:
8	ceneficiaries of the camp: Senior citizensof the Phulenagar Jyeshtha Nagarik Sangha
5	sumber of beneficiaries: 21
N	faterials used in the camp: Sphygmomanometer, cones, measuring tape, weighing machine, record sheets, outcome measures – MoCA, GDS, TMT A and B.
9 0 0	Camp details: This was a follow-up camp. The students and faculty reached the camp site by (15 am. The senior PG students set up the camp site, directed the students to their stations and nsured that each member had their equipment ready. The stations were as follows: demographic ata, height and weight, FRT, MoCA, GDS, TUG, 2MWT, TMT A and B, evaluation section, xit.
51	he beneficiaries of the camp registered with ILC-I, and then circulated through the different tations. The students at the exit counter explained the camp document to the elders and nswered any queries that they had.
P	hotographs of the camp:
C	amp document prepared by: Abha Dhupkar
	Control of the second of the s
	× ·
	E.

	Camp Record
Name of camp:	DESBJCOP and ILC-I Physiotherapy Assessment Camp (follow-up).
Date of camp: 3	21.05.2022
Site of camp: G	ianesh Dhyan Mandir, Warje
Fer	the camp: Abha Dhupkar, Riya Jain, Komal Valesha, Kartiki Bhilare, Lyn mandes, Nikita Kolhe, Alfaiz Tamboli, Krishna Kolhatkar, Akshay Gujar, runa Gambhir, Rani Rodge
Beneficiaries of	the camp: Members of the Ganesh Dhyan Mandir Jyeshtha Nagarik Sangl
Number of bea	eficiaries: 5
	in the camp: Sphygmomanometer, cones, measuring tape, weighing machi ord sheets, outcome measures - MoCA, GDS, TMT A and B.
9:15 am. The ser ensured that each	This was a follow-up camp. The students and faculty reached the camp site nor PG students set up the camp site, directed the students to their stations h member had their equipment ready. The stations were as follows: demogr weight, FRT, MoCA, GDS, TUG, 2MWT, TMT A and B, evaluation section
stations. The stud	s of the camp registered with ILC-1, and then circulated through the difference dents at the exit counter explained the camp document to the elders and series that they had.
Photographs of	the camp:
Camp documen	t prepared by: Abha Dhupkar
	Sors (a)

6) Extension Activity: Geriatric assessment camp
Date: 27-11-2021
Organistion unit/agency/collaborating agency: Jyeshtha nagrik Sangha, Tingre nagar

Camp Record

Name of camp: Geriatric Camp.

Date of camp: 27th November 2021.

Site of camp: Jyeshtha Nagrik Sangha, Vidya Nagar, Tingre Nagar, Pune.

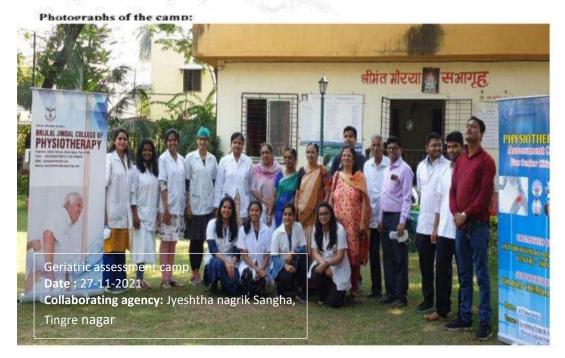
Participants in the camp: Rutuja Kowale, Komal Valesha, Kartiki Bhilare, Riya Jain, Akshay Salve, Juilee Khadke, Krutikka Jhala, Pooja Patil, Vidhi Kalyani, Arjun and Sharayu Raybole

Beneficiaries of the camp: Geriatric Population.

Number of beneficiaries: 30

Materials used in the camp: Sphygmomanometer, Cones, Tape, Stepper, Weighing Machine, Pulse Oxymeter and Tape.

Camp details: A physiotherapy assessment camp was organized on 27th November 2021. A tear of 10 physiotherapist did the assessment and taught the exercises as per the diagnosed condition A documentation was done of the assessment and the planned exercise protocol and the queries of the beneficiaries were resolved individually. Ergonomic advice was also given to have a goo healthy and functionally independent life ahead.



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7) Extension Activity: International older persons day

Date: 01-10-2021

Organistion unit/agency/collaborating agency: Sahajivan bhugaon,madhurbhav,Rainbow day care

	D.E.Society's Brijlal Jindal College of Physiotherapy, Pune Activity Report
Nam	e of Activity: International Older Persons' Day 2021
Nam	e of Coordinator: Abha Dhupkar
Depa	rtment: Community PT
Dates	01.10.2021
Place	: Pune
Onlin	ne / Offline: Online
Outli	ne of activity: Programme filled with fun and games for the elderly:
1.	Singing of devotional songs
2	Antakshari
3.	Use the word antakshari
4.	Short video of older persons' life experiences.
5.	Distribution of handmade cards to the participants.
	\sim
a)	Objective:
	a. To celebrate International Older Person's Day on the 1" of Octob
	2021.
	b. To facilitate the postgraduate students in developing, coordinating
	and conducting different programmes.
b)	Participants/ Attendees: Residents of Sahajivan Narayan Peth,
	Sahajivan Bhugaon, MadhurBhav Wakad, and clients of Rainbow Day
	Care Centre, Paud Road.

and

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Photographs:-



and

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8) Extension Activity: Orthosis distribution & fitting camp
Date : 27-09-2022
Organistion unit/agency/collaborating agency: Bharat Vikas Parishad, vikalang punarvasan Kendra

Photographs:-



9) Extension Activity: Industrial visit:Ergonomic survey Date : 26-02-2022

Date: 26-02-2022

Organistion unit/agency/collaborating agency: Swarovski Ranjangaon, industrial visit, Ranjan gao



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10) Extension Activity: Industrial visit WIFOrganistion unit/agency/collaborating agency: Western India Forges Ltd. ,PuneDate: 23.07.2022



	D.E.Society's Brijlal Jindal College of Physiotherapy, Pune
	Activity Report
Name	of Activity: Industrial Visit 2022
Name	of Coordinator: Abha Dhupkar
Depar	tment: Community PT
Date: 2	23.07.2022
Place:	Western India Forgings Ltd.
Online	e / Offline: Offline Industrial visit
Outlin	e of activity: Evaluation of the Western India Forgings Ltd. Factory workers,
ergono	omic site survey.
a)	Objective: identify common postures and issues of the workers.
ь)	Participants/ Attendees: 30 workers, 6 PG students: Riya Jain, Komal Valesha,
	Kartiki Bhilare, Lynn Fernandes, Nikita Kolhe, Alfaiz Tamboli
c)	Outcomes:
	1. Students led the visit, learning teamwork and administration.
	2. Worker assessment highlighted the need for frequent evaluations to work in
	the preventive area of industrial health.
Photo	graphs:-

11) Extension Activity: Prosthetic assessment camp

Date: 19-Jun-22

Organistion unit/agency/collaborating agency: Bharat Vikas Parishad, vikalang punarvasan Kendra

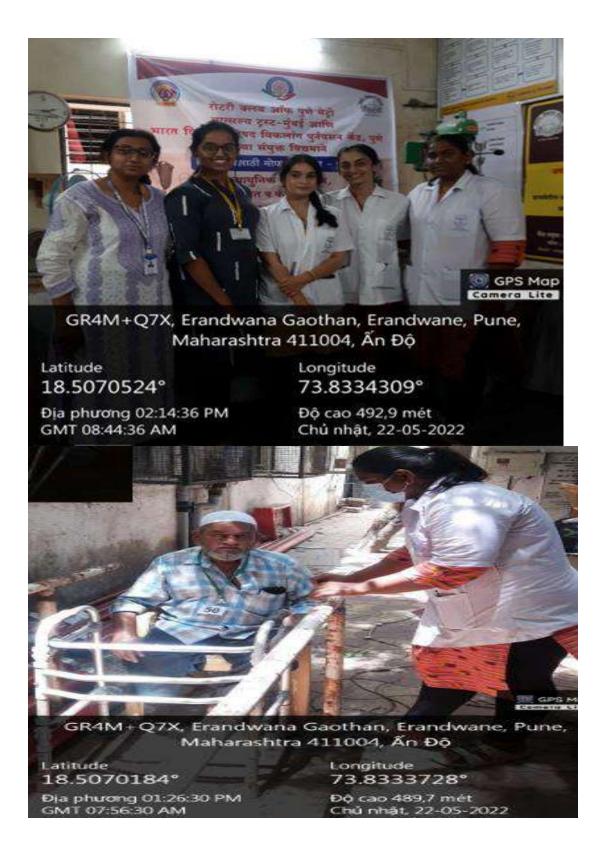




12) Extension Activity: Artificial limbs distribution for amputees

Date: 26-05-2022

Organisation unit/ agency/collaborating agency: Rotary Club of Pune metro Vatsalya Trust Mumbai Bharat Vikas Parishad Punarvasan



13) Name Extension Activity: - Lecture Demo on Exercise awareness for senior citizens **Date**: 25/11/2021

Place: Lokmanya Multipurpose Co-Op bank, Wadgaon Sheri branch





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6th Oct. 2021

To.

The Principal.

Brighal Jundal college of physiotherapy, Purse,

Respected Madam.

We are thankful to you for conducting session (lecture-Domonstration) on "Office Ergonomics" at our Zonal office, SB Read and on "Exercise awareness for the senior cristens" at Wodgasosheri Branch.

We appreciate the efforts taken by you fir the presentation The interaction assisten was very effective and all the participants were benifited to great extent by knowing supplance of physiotherapy.....

In the true array, your institution is serving to the society by educating public at large.

Thank you once again for putting your best efforts!

Yours fuithfally,

Sushil Jadhav, Zenal Manager,

Pune Zonal office, Pane

I.C.

Maharashtra I Kamataka I Gos I Debi I Reg. No. M.C.S.C./C.R./140/2002 I Handline Corporate Office: 195/A. Nasco Royals, Guruwar Peth, Tilakwadi, Reigaum 590006 J 1805 212 4050 Head Office: 967/10, Next to Ratha Memorial Hospital, Senapati Repat Pond, Shivajinagar, Pune 411018

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14) Extension Activity: - Lecture Demo on Office Ergonomics at Lokmanya Multipurpose Co-Op bank on SB Road branch

Date: 07/10/2021

Organistion unit/agency/collaborating agency Lokmanya Multipurpose Co-Op bank, Senapati Bapat road branch





974, Shivaji Co operative Housing Society, Ramoshivadi, Gokhalenagar, Pune, Maharashtra 411016, India

Latitude 18.52801724°

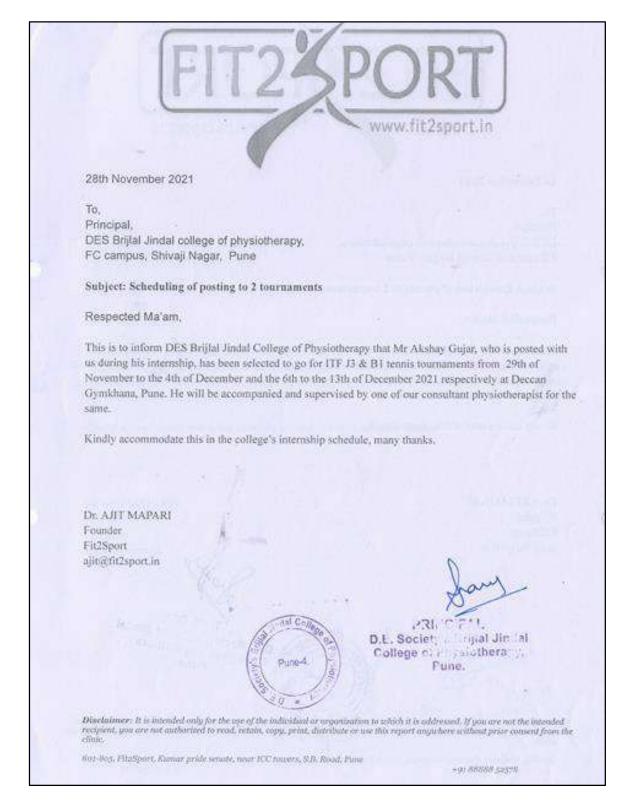
Local 05:49:46 PM GMT 12:19:46 PM Longitude 73.82959725°

Altitude 517.76 meters Thursday, 07-10-2021 **15) Extension Activity :** "Arogya Wari during" palakhi" 24-Jun-22 Awareness of physiotherapy to varkaris

Organistion unit/agency/collaborating agency : SAKAL **Date :24-6-22**

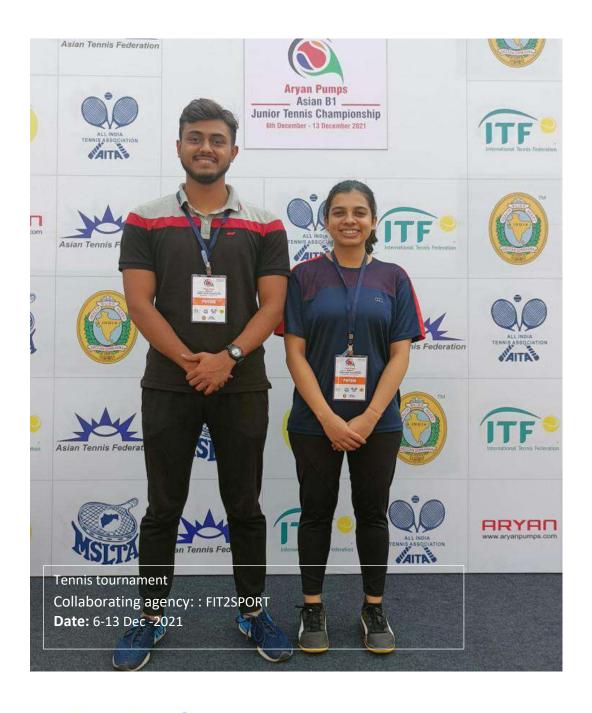


16) Extension Activity: - ITF Tennis tournament Organistion unit/agency/collaborating agency: : FIT2SPORT Date: 29 Nov-4 Dec -2021



17) Extension Activity: - B1 Tennis tournament Organistion unit/agency/collaborating agency: : FIT2SPORT Date: 6-13 Dec -2021

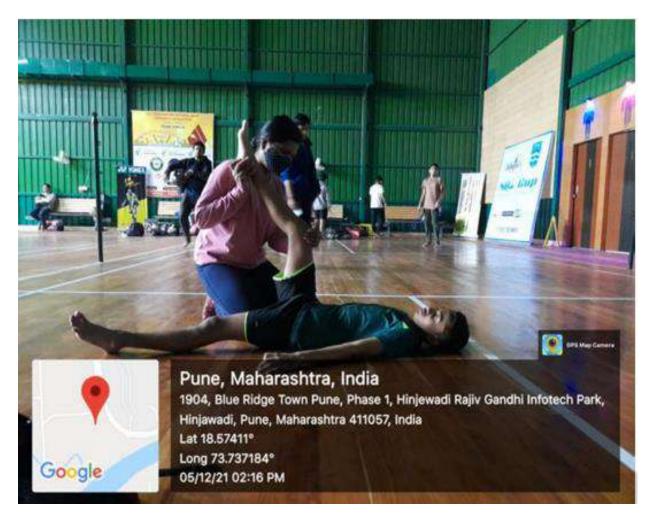
www.fit2sport 7th January, 2021 To. D.E.Society's Brillal Jindal College of Physiotherapy, I am writing to you to express my gratitude for the exceptional efforts of Akshay Gujar and Rashmi Thakkar. As students of DESBJCOP, they assisted our senior physiotherapists during international Tennis tournaments held at Deccan Gymkhana in Nov+Dec 2021. I truly appreciate all that assistance and support extended from the college department. On behalf of my team, I want to thank both of them and extend gratitude towards the cotlege faculty to continue supporting such activities. I took forward to seeing our future achievements and successes with such assignments, Sincerely. Dr. Ajit Mapari Consultant sports & exercise medicine. Founder - Fil2Sport Principal, D.E. Society's Entited Janual College of Physiotherapy, Pure



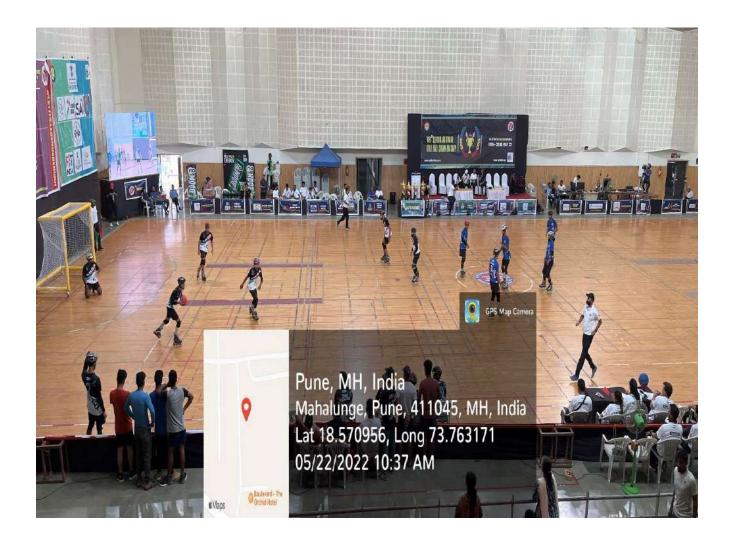
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18) Extension Activity: - SBA Cup- corporate badminton tournament
Organistion unit/agency/collaborating agency: Sudhanshu badminton academy
Date: 1st Dec to 5Th December, 2021



19) Extension Activity: - National roll ball Organistion unit/agency/collaborating agency: FIT2SPORT Date: 19 -22 may 22



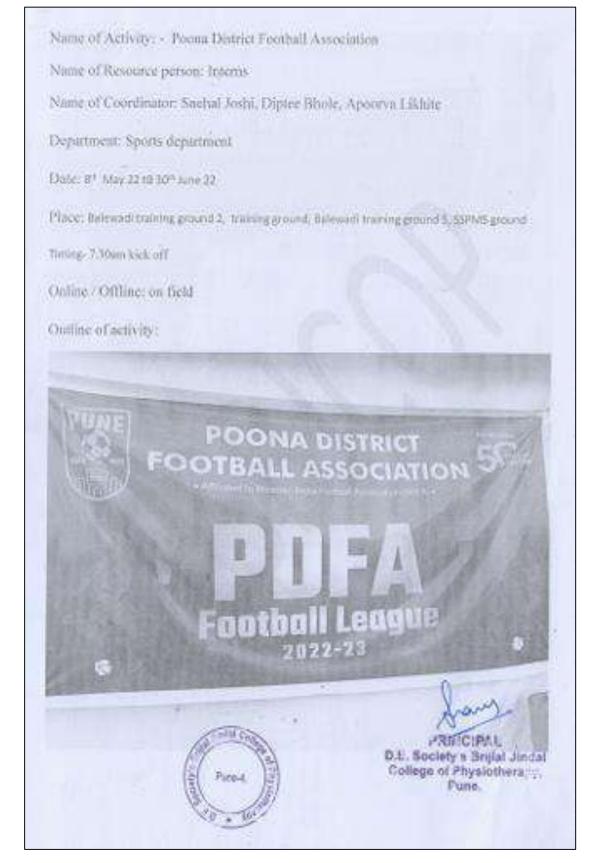


20) Extension Activity: - Kids marathon Organistion unit/agency/collaborating agency: Simple steps

Date: 27feb 22

To, The principal, D.E. Sociey's Brijla Fergusson college Pune 411004 Date – 28TH Feb :		Physiotherapy
Respected Madan	٦,	
Steps Marathon- F in allowing your in	Run for happiness'	(05th edition) appreciate you (05th edition) appreciate you f our event (06th Edition) wh versity.
was highly apprec	iated by all the child all your help and we	ob and were of great help where of great help where and their parents. The are looking forward to have
Thank you. Warm regards		
Ashish Kasodeka (Team Simple St		
	Durne 4 000 0 + 1000 000	Som
	Pellig s, Ajaria	Principal, D.E. Society's al Jindal College of Physiotherapy, Pune

21) Extension Activity: - Football league Organistion unit/agency/collaborating agency: PDFA Date:8th May-30 June 2022







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22) Extension Activity: - Ultra dynamo Race Organistion unit/agency/collaborating agency: RUN buddies Date: 20th Nov 2021

		and the second second	ine la conten	
то				
The Principal,				
DES Brijlal Jindal college of Ph	ysiotherapy			
Pune				
Sub - Request for Physio supp	port at Ultra Dynamo	Race.		
Dear Sir/Mam,				
Thank you so much for showir Marathons in 60 days, Ashish				
Requesting you to kindly prov	ide physio team for t	50 days ,the race will	be inside Sa	vtribai Phule
Pune University campus and t	his will be great expo	osure for interns and	students.	
Looking forward to hear from	you.			
Thanks once again				
manksonce again .				
Warm Regards				
wann negarus				
Arvind Bijwe				
Raco Director Illtra Dunamo		College o	Phys	
		(See	- ision	Con P
Race Director, Ultra Dynamo Founder, Runbuddies		15	141	
		College of the second s	Yden	Principal, D.E. Society's Critege of Physiotherar

23) Extension Activity: - :Longest multi distance foot race Organistion unit/agency/collaborating agency: Ultra dynamo Date: 28th Nov 2021



24) Name of Activity: Geriatric Camp with ILC-I Date: 19.03.2022 Place: Phulenagar, Yerawada

	Camp Record
Name of	camp: DESBJCOP and ILC-I Physiotherapy Assessment Camp (follow-up).
Date of c	amp: 19.03.2022
Site of ca	mp: Phulenagar, Yerawada
Participa	nts in the camp:
Beneficia	ries of the camp; Senior citizensof the Phulenagar Jyeshtha Nagarik Sangha
Number	of beneficiaries: 21
Materials	used in the camp: Sphygmomanometer, cones, measuring tape, weighing machine, record sheets, outcome measures - MoCA, GDS, TMTA and B.
9:15 am. ensured th	tails: This was a follow-up camp. The students and faculty reached the camp site by The senior PG students set up the camp site, directed the students to their stations and nat each member had their equipment ready. The stations were as follows: demographic ht and weight, FRT, MoCA, GDS, TUG, 2MWT, TMT A and B, evaluation section,
stations. T	iciaries of the camp registered with ILC-I, and then circulated through the different he students at the exit counter explained the camp document to the elders and any queries that they had.
Photogra	phs of the camp:
Camp do	cument prepared by: Abha Dhupkar
	How we we we we

for PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune 4





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25) Extension Activity: - Breast-feeding Week 2021

Organistion unit/agency/collaborating agency: Seth Tarachand Ramnath Hospital and Seva Sutika Mandir

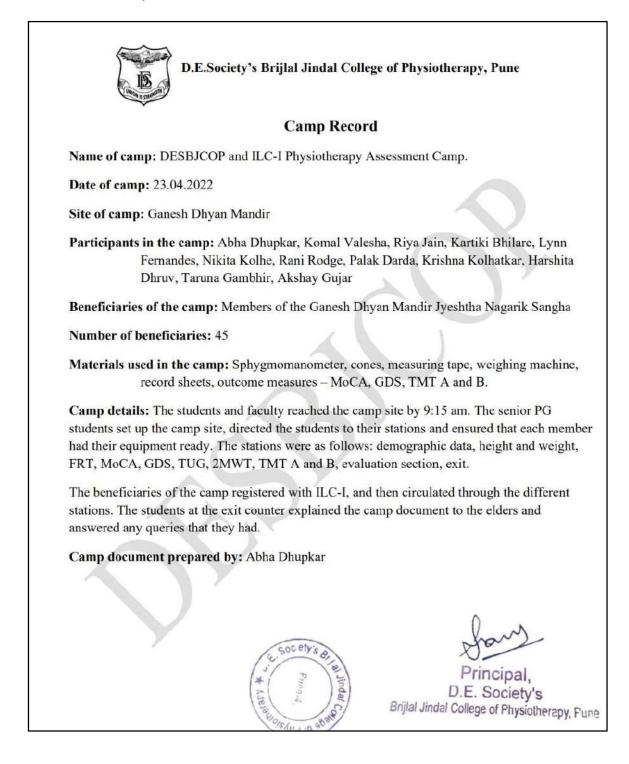
Date: 1Aug -8Aug 2021

D.E. Society's Brijlal Jindal College of Physiotherapy, Pune D.E.Society's Brijlal Jindal College of Physiotherapy, Pune Activity Report Name of Activity: Breast-feeding Week 2021 Name of Coordinator: Abha Dhupkar Department: Community PT Date: 01.08.2021 to 08.08.2021 Place: Seth Tarachand Ramnath Hospital and Seva Sutika Mandir. Online / Offline: Offline event Outline of activity: The breast-feeding week is observed to promote the practice of breastfeeding by new mothers. 2 PG students, Juilee Khadke and Komal Valesha, created charts with information on the benefits of feeding breast milk to babies and gave that information to the ladies admitted to the postnatal wards of two affiliated hospitals: Seth Tarachand Ramnath Charitable Hospital and Seva Sutika Mandir. a) Objective: highlight importance of breast-feeding for new mothers. b) Participants/ Attendees: 25-30 ladies of the post-natal wards of 2 affiliated hospitals. c) Outcomes: The ladies appreciated the information provided. Report prepared by: Abha Dhupkar PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune.4

26) Extension Activity: - Menstrual Hygiene Awareness for Women's Day 2022 Organistion unit/agency/collaborating agency: Ahilyadevi High School Date:8-3-2022

D.E. Society's Brijlal Jindal College of Physiotherapy D.E.Society's Brijlal Jindal College of Physiotherapy, Pune Activity Report Name of Activity: Menstrual Hygiene Awareness for Women's Day 2022 Name of Coordinator: Abha Dhupkar Department: Community PT Date: 08.03.2022 Place: Pune Online / Offline: Offline Outline of activity: Information provided to the girls of the 5th standard of Ahilyadevi High School about menstruation, different menstrual hygiene products, gynaecological visits. a) Objective: a. To celebrate Women's Day on the 8th of March 2022. b. To provide information regarding menstruation to the 5th standard students. b) Participants/ Attendees: a. Participants: Rujuta Bhave, Shreeya Athavale, Abha Dhupkar. b. Attendees: Students of the 5th standard at Ahilyadevi Girls High School. c) Outcomes: a. The girls received information about menstruation, with many of their doubts regarding this phase of menarche being solved. b. The interns, Shreeya and Rujuta, took the initiative and prepared the whole information module, with excellent results. c. The school authorities appreciated the session. Coordinator's signature: Principal D.E. Society's Brijlal Jindal College of Physiotherapy, Pune

27) Name of Activity: Geriatric Camp with ILC-IDate: 23.04.2022Place: Ganesh Dhyan mandir



28) Name of Activity: Physiotherapy services to family deprived children

Date: A.Y 2021-22

Organisation : SOFOSH

SOFOSH ROCKETY OF FRIENDS OF THE SASSOON HOSPITALS Reserved state on the second degeneration for 1995 for the backet descent of the second state of the secon that I prove prevalences, here existing K-mult | among adjustions | Name Andrew West No. 31 (2), Research Sciences Internation, Price 411 (2) 1 and Antonia (2010) No. 16, (2) P.O., Price 211 (2) 1 (2010) 4. a section in the 22"# April 2022 TO WHOM SO IT MAY CONCERN This is to service that faculty and students of DES (Bright Finds) College of Physiotherapy) Pune are treating the family deprived and destructe children at Shreevatur, the child care centre run by SOFOSH since the year 2010. Children are benefited by the therapy and is found to be very satisfactory. This therapy is indeed helpful for the children and we oppeal to the college to continue this engagement of students on an ongoing basis. We are very thankful to the college for the facility provided. This association will continue in future. Thanks you, married SHARMILA SAYED Administration Head SOPOSH Below Ward No. 31/32, Sassoon General Pospilals Pune-411001. MANAGING COMMITTEE Bassantary) Isre ravanta Graphs John Secretary) Gan Averal Herland Transacted / CA, Easter Aldread Ant Chaleperson : Book America Promise er Chairpeligata I A. Erupan Matemien Kalla Kalent PRINCIPAL D. E. Societ - Reflat Joda College L' - Scherepy. max.

29) Extension Activity : Physiotherapy services to geriatric population Organistion unit/agency/collaborating agency : : AnandDham Date:2021-22

Sr. No.	Name of Posting	Frequency of visits	Students posted	
ī	Sahajiyan Narayan Perh	Monday, Wednesday, Thursday, Saturday	II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33	
2	Sahajiyan	Friday	Interns - 36)
3	Bluggon Rainbow Day Care	Tuesday, Thursday	MPT 33 II B.PTh 36 III B.PTh 37 IV B.PTh 37 Interns 36 M.P.T 33	
4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	MPT 33	
5	MadhurBhav Banec	Tuesday, Wednesday, Thursday	II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33	
6	AnandDham	Monday, Tuesday	- II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33	
7	Sava Arogya Foundation	Friday	MPT - 33	
7 Of age of 1	Foundation	Friday	IV B.P.Th 37 Interns - 36 M.P.T 33 M.P.T 33 M.P.T 33	VCIPAL Physiother

30) Extension Activity : Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency** : : Sahjivan

Date:2021-22

	Name of Posting	Frequency of visits	Students posted	
I	Sahajiyan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33	
2	Sahajiyan	Friday	Interns - 36	
3	Bhugaon Rainbow Day Care	Tuesday, Thursday	M.P.T 33 II.B.P.Th 36 III.B.P.Th 37 IV.B.P.Th 37 Interns - 36 M.P.T 33	e
4	MadhurBhav Walcad	Tuesday, Wednesday, Thursday	M.P.T 33	
5	MadhurBhav Baner	Tuesday: Wednesday: Thursday	II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33	
6	AnandDham	Monday, Tuesday	- II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33	
7	Seva Arogya Foundation	Friday	M.P.T 33	
al		NE	Sigest Amoth	0

31) Extension Activity : Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency** : Madhurbhav

Date:Year 2021-22

S. Val	Name of Posting	Frequency of visits	Students posted
I	Sahajiyan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33
2	Sahajiyan	Friday	Interns - 36
<u> 1</u>	Bhugson		M.P.T 33
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th 36 III B.P.Th 37 IV.B.P.Th 37 Interns 36 M.P.T 33
4	MadhurBhav Walcad	Tuesday, Wednesday, Thursday	M.P.T 33
5	MadhurBhav Baner	Tuesday. Wednesday. Thursday	II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33
6	AnandDham	Monday, Tuesday	- II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33
7	Seva Arogya Foundation	Friday	M.P.T 33
Ø.	ioD		D E Society's Brital J College of Physiother Pune . 4

32) Extension Activity : Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency : :** Rainbow day care

Date:Year 2021-22

Se. No I	Name of Posting Sahajiyan Narayan Peth	Frequency of visits Monday, Wednesday, Thursday, Saturday	Students posted II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33
2 3	Sahajiyan Bhugaon Rainbow Day Care	Friday Tuesday, Thursday	Interns - 36 M.P.T 33 II.B.P.Th 36
			III B.P.Th 37 IV.B.P.Th 37 Interns 36 M.P.T 33
4	MadhurBhay Walcad	Tuesday, Wednesday, Thursday	M.P.T 33
5	MadhurBhav Baner	Tuesday, Wednecday, Thursday	II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33
6	AnendDisso	Manday, Tuesday	- II B.P.Th 36 III B.P.Th 37 IV B.P.Th 37 Interns - 36 M.P.T 33
7	Seva Arogya Foundation	Friday	M.P.T 33
	bla		Silver Print Print P

33) Name of Activity: Physiotherapy services to geriatric populationDate: A.Y 2021-22Organisation : Punarnirnam Social foundation

पुनर्निर्माण सोशल फौडेशन CIN U00001PM2022MLP213877 WHISTELLING MEADOWS, C-BLDG, FLAT NO. 804, 5. NO. 257/1A & 257/2/2A BAVOHAN, PUNE - 21. CONTACT : +91 95527 02270] +91 81499 22488 Outward no: 2021/103 Oute : 23/09/2021 To: The Principal: D.E. Society's Brijlal Jindal College of Physiotherapy, Pune. We, on behalf of 'PUNARNIRMAN SOCIAL FOUNDATION, PUNE' appreciate you and your team on the commitment and efforts in the treatment of geriatric population in Kothrud area. Your faculty and students have been extremely helpful in rendering the quality physiotherapy services to this population. Punarnirman Social Foundation Allen? 7 100 Wrector Director

34) Name of Activity: Physiotherapy services for underprivileged patients **Date:** A.Y 2021-22 **Organisation :** Seva Arogya Foundation

No.	सेवा आरोग्य फाऊंडेशन
	CIN -U74990PN2016NPL158817
	साधीं क १९, व ८ – १, जनाज मंदिर, हिंगारे होच कॉलनी, कवेंमपर, पुगे ४३१०२२ -
सेवा आरोज्य	HUN- 9075081961
2014 MARC 11:	Enall: Info@sevaarogya.org Web.:www.sevaarogya.org
	Date: 1 [#] April 2022
та	
The Principal D. E. Society's Brijlal Jindal College of Physi Pune	otherapy
	express my heartfelt gratitude to you, and your team for the shown while working with our underprivileged patients. Your life is truly commendable.
There is lack of awareness about the ben cured without taking much of tablets. Ma permanently.	efits of physiotherapy. With the help of exercise they can fully any a times with the physiotherapy aid their problem get solve
	just medical cases. You ensure that every exercise is completed, our genuine interest in their lives beyond their injuries sets you
Your skilled hands have worked tireless helping them regain full range of motion tireless efforts.	y to ease their pain and promote healing. Your dedication to and overcome restrictions is truly inspiring. Thank you for your
Thanks and Regards,	
Yours Faithfully,	3.52
Pradeets Kunte	
Director Seva Arogya Foundation	
ALL DA BIN	



1) Extension activity: Covid posting

D. E. Society's Brij'al Jirdal College

of Fhysiciherapy, Pune

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Inward 113 109

Sign.

Organistion unit/agency/collaborating agency: BJ Medical college, Sassoon hospital Pune **Period:** 13rd July to 20th Nov 2020

Department of Physiotherapy Sassoon General Hospitals, Pune.

Date:- 25/01/2021 ·

Certificate Of Appreciation

We appreciate the support provided by Department of Cardiovascular and Respiratory Physiotherapy, DESBJCOP, and the work done by their 14 post graduate students (12 with cardiovascular, 2 with neurosciences and 1 with community physiotherapy as their elective) for providing Physiotherapy treatment to COVID-19 affected patients in this pandemic crisis. The service provided by them from 28th June 2020 to 27th September 2020 has contributed for remarkable recovery in these patients's health status.

Dr. Pawan Shirsath (PT), Senior Physiotherapist

Rehabilitation section

Dept. of Orthopedics



Sassoon General Hospital Pune 411001

Principal, D.E. Society's Brilal Jindal College of Physiotherapy, Pur-

Sassoon- Pn.

Date: 10/06/2021 BYRAMJEE JEEJEEBHOY GOVERNMENT MEDICAL COLLEGE AND SASSOON GENERAL HOSPITALS, PUNE. Jai Prakash Narayan Road, Near Pune Railway Station, Pune - 411001. Tel: +91 20 2612800 Email: deanbjmcpune@gmail.com Website: www.bjmcpune.org **DR. PAWAN B.SHIRSATH** DR. Ajay A.Taware Physiotherapy In charge M.D (F.M.T) **Physiotherapy Section Medical Superintendent** CERTIFICATE OF APPRECIATION We on the behalf of Department of Physiotherapy of Sassoon General Hospitals, certify that KALYANI SAVANT _has worked as a Physiotherapist in Covid ICU and ward from 10 08 2020 to 16 08 2020 . We sincerely appreciate the work done by him/her in treating the covid 19 patients during the pandemic. **DR. PAWAN SHIRSATH** DR. AJAY A. TAWARE Rehabilitation section Dept. of Orthopedics Sassoon General Hospital Pune 411001

2))Extension activity: Sports day event 2021 Pacific Sports Arena in Hinjewadi
Organistion unit/agency/collaborating agency: Sudhanshu badminton academy
Date: February 15 to 20, 2021







PRINCIPAL D E Society's Brijtal Jindol College of Physiotherapy Pune . 4



3) Extension Activity: Corporate Badminton tournament-SPUNK SHUTTER Date: 22th, 23rd DEC 20 Organistion unit/agency/collaborating agency: Fit2sport

Injury Management & Sports Jr. Ajit Mapari Performance Enhancement Clinic Consultant Sports & Exercise Medicine Reg. No. 25316 D. E. Societ. Date: 26th Dec. 2020 Brijfal Jindal Colinge of Physiotherapy, mong. 89 Letter of appreciation Inward No 3 12/2020 . Date sports - Ry. dhale Sign.m On behalf of Fit2Sport and DE'S BJ college of Physiotherapy, 4 physios covered a corporate badminton tournament held on the 22nd and 23rd of December 2020 in 0 Pune. 10 teams with 12 participants in each team participated in the event. The tournament was a good success and all four physiotherapists did a professional job. They actively participated in briefing sessions on management of on-field injuries at the Fit2Sport clinic beforehand. Following are the names of those who represented Fit2Sport and DESBJCOP. 1) Akshay Salve 2) Vidhi Kalyani 3) Shweta Thakar 4) Nakul Nawale Also want to extend gratitude to the authorities of DESBJCOP in providing better exposure to the students in this field and permitting them to represent Fit2Sport. Dr. Aft Mapari

204, Chinar Heights, Lane number 5, Prabhat Road, Deccan Gymkhana, Pune 411004
 +91 8888852578
 info@fit2sport.in
 www.fit2sport.in

4) Extension Activity: - Sports Event: NICMAR OPEN 2020 Organistion unit/agency/collaborating agency: SUDHANSHU Badminton academy Date:2020-21

NICMAR open 2020

Bavdhan, Pune.

The event was held at Suyash academy. As physiotherapists (Miss. Manasi Bhide, Mr. Siddhesh Bhagat) covered the tournament and were able to treat a certain number of injuries.

Ankle sprains, paraspinal muscle spasm, shoulder strains to name a few. Due to this opportunity provided by our college DESBJCOP and SUDHANSHU'S BADMINTON ACADEMY, we were able to get our fair share of exposure of the sports injury and a hands on experience of treating them.

TRUE COPY

PRINCIPAL D E. Society's Brijlal Jindal College of Physiotherapy Pune-4 5) Extension Activity: Tennis tournament
Date : Feb march 2021
Organistion unit/agency/collaborating agency: JP Teams tennis championship

Date: 26.3.2021 The Principal, DES Brijlal Jindal College of Physiotherapy Pune Dear Dr. Sadhale, We had a very successful tournament with over 260 players from all over Pune, participating over 3 weekends. We would like to thank your college for providing us with a fantastic team of physics who took care of player injuries. Your team was always present before the commencement of the matches. We would like to thank the following members of your team Akshay Gujar, Abhay Naik, Nidhi Chikhal, Apoorva Orazkar, Pooja Patil, Vidhi Kalyani, Vishvali Athavale, Shivani Mhaiskar, Neha Apte, Shweta Thakkar, Shweta Shengal, Himani Deo, Mahi Bhandarkar and Devashree Oak. Special thanks to Namrata Sidhaye Bhadbhade, Apoorva Likhite and Dr. Sharad Agarkhedkar. 1 Looking forward to your support during our next tournament. With best regards. Mukund Joshi C. 9823056947 J.P.Team Tennis Championship Principal, D.E. Society's Brijlal Jindal College of Physiotherapy, Pune

6) Extension Activity: Physiotherapy services for special & orphanage children
Date : March 2020-21
Organistion unit/agency/collaborating agency: SOFOSH

		SOFOSH
ffice : +91-20-26124660 / 26120762 hreevatsa : +91-20-26128219	SOCIETY OF FRIEND	S OF THE SASSOON HOSPITALS
ara : +91- 85548 77948 mall : admin@sofosh.org laballa : www.sofosh.org	and the Ada	legistration Act 1860 Reg. No. Mah/447/Poona Bombay Public Trust Act 1950 Reg. No. F-325 Iress - SOFOSH, Shreevista Childeare Center, neral Hospitals, Agarkar Road, Pune - 411001.
31 st March 2021		
To,		
The Principal,		
Brijlal Jindal College of Physiotherap	Υ.	
Pune,		
Subject:	- Certificate of Appreciation	
Dear Sir/Madam,		
Greetings from SOFOSH!!		
This is to certify that faculty and stu	udents of DES (Brijlala Jindal Coll	ege of Physiotherapy)
Pune are treating the family depriv	ed and destitute children at Shre	evatsa, the child care
center run by SOFOSH since the year	2010. Children are benefited by th	e therapy and is found
to be very satisfactory.		
This therapy is indeed helpful for the	e children and we appeal to the c	ollege to continue this
engagement of students on an ongoin	ing basis.	
We are very thankful to the college f	or the facility provided to the child	dren at Shreevatsa.
This association will continue in future	re.	
Thank you,		37
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ontat.d		
SHAPMUA		
SHARMILA SAYED Administration Head		
SOFOSH		
Below Ward No. 31/32, Sassoon General Hospitals		
Pune-411001		
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	nt. Nivedita Gogte	Smt. Nirmala Lahoti
A. Sachin Abhyankar Sn	in mound bogie	
ice Chairperson: Jo	int Secretary:	Smt. Amala Phatak
ice Chairperson: Jo nri. Shyam Mehendale Srr	int Secretary: nt. Yogini Brahmankar easurer :	

7) Extension Activity : Physiotherapy services to geriatric population Organistion unit/agency/collaborating agency : : AnandDham

Date : 2020-21

1	Name of Posting Sahajiyan Narayan	Frequency of visits Monday,	II B.P.Th 41
	Peth	Wednesday, Thursday, Saturday	III B P.Th 43 IV B.P.Th 35 Interns - 22 MPT - 32
2	Sahajivan Bhugaon	Friday	Interns - 22 MPT -32
3	Rainbow Day Care	Tuesday, Thursday	III B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22 MPT - 32
4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	MPT-32
5	AnandDham	Monday, Tuesday	II B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22 MPT - 32
6	Seva Arogya Foundation	Friday	MPT-32
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8) Extension Activity : Physiotherapy services to geriatric population Organistion unit/agency/collaborating agency : Madhurbhav

Date : 2020-21

<u>Sr. No.</u> 1	Name of Posting Sahajivan Narayan Peth	Frequency of visits Monday, Wednesday, Thursday, Saturday	II B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22	
2	Sahajivan	Friday	MPT -32 Interns - 22	
3	Bhugaon Rainbow Day Care	Tuesday, Thursday	MPT -32 II B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22 MPT -32	1
4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	MPT-32	
5	AnandDham	Monday, Tuesday	II B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22 MPT - 32	
6	Seva Arogya Foundation	Friday	MPT-32	
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9) Extension Activity : Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency** : Rainbow day care

Date : 2020-21

Sr. No. 1	Name of Posting Sahajivan Narayan Peth	Frequency of visits Monday, Wednesday, Thursday, Saturday	Students posted II B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22 MPT - 32
2	Sahajivan	Friday	Interns - 22
3	Bhugaon Rainbow Day Care	Tuesday, Thursday	MPT -32 II B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22 MPT -32
4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	MPT-32
5	AnandDham	Monday, Tuesday	II B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22 MPT - 32
6	Seva Arogya Foundation	Friday	MPT-32
Ob sign of I		the soc etrs are	Sign of Principal

10) Extension Activity : Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency** : Sahjivan

Date : 2020-21

Sr. No.	c Year: 2020-21 Name of Posting	Frequency of visits	Students posted	
1	Sahajiyan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22 MPT - 32	
2	Sahajivan Bhugaon	Friday	Interns - 22 MPT -32	
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22 MPT - 32	7
4	MadhurBhav Wakad	Tuesday, Wednesday, Thursday	MPT-32	
5	AnandDham	Monday, Tuesday	II B.P.Th 41 III B.P.Th 43 IV B.P.Th 35 Interns - 22 MPT - 32	
6	Seva Arogya Foundation	Friday	MPT-32	
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11) Extension Activity:: Treatment to undersocietal under privileged groupDate : April 2021Organistion unit/agency/collaborating agency: Seva Arogya foundation

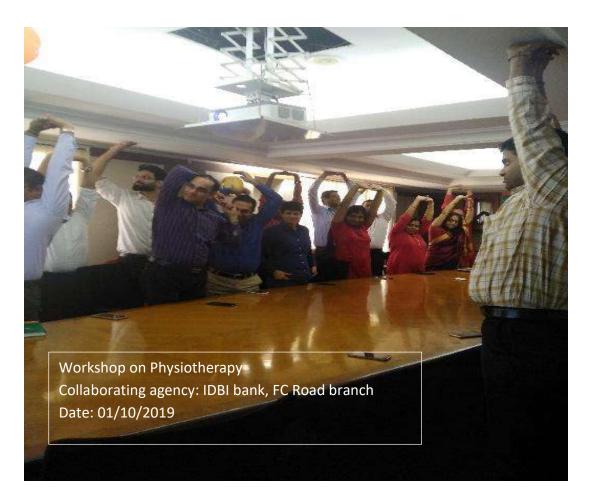
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The Principal D. E. Society's Brijlal Jindal College of	Physiotherapy	
Pune	4270980009201012897040140	
, on behalf of Seva Arogya Foundati the treatment of underprivileged soc		on the commitment and efforts in
Our patients lose hope and give up, the change in wellbeing of these pat for not allowing them to quit, even w	tients by rendering the high-quality	been instrumental in bringing up physiotherapy services. Thank you
I also would like to appreciate servio fees.	ces provided to these patients in ou	ir physiotherapy OPD without any
Physiotherapist teaches basic exercis Physiotherapy OPD helped a lot duri	e to the patient and gives detailed in ne Post Covid.	nstructions about daily repetitions.
Thank you so much for your support	6	
Yours faithfully,		
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Pradeep Kunte	₹.	
Director Seva Arogya Foundation		
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1) Extension Activity - Workshop on Physiotherapy at IDBI bank on FC Road branch Organistion unit/agency/collaborating agency: IDBI bank on FC Road branch

Date: 01/10/2019





2) Extension Activity: Goa Ironman MOC Triathlon Date : 8-9-2019 Organistion unit/agency/collaborating agency : Pro sports and bikes

BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY Fergusson College Campus, Pune - 411 004 •Phone : (020) 67656471,67656467 •Fax : (91) (020) 67656494, 67656120 • E-mail : descoppune@gmail.com •Web-site :www.desphysiotherapycollege.com , www.despune.org Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashik

Ref No-

Date-

'Goa Ironman'-MOC event report

Pro sports and bikes had arranged a MOC triathlon for the event of 'Goa Ironman'. They approached DESBJCOP to be the physio partners for the MOC event, held on 08.09.2019.

The cycling event started at 6.30 am from 'Pro sports and bikes', Prabhat road followed by running event of 10 km. There were total 30 athletes who had participated in the event. All of them had completed the triathlon. Around 12 athletes experienced cramps in hamstrings, quadriceps, gluteal, low back regions during the course of event. They were treated by applying techniques like stretching, exercises, manual muscle flushing and myofacial refease etc. Hydration of the athletes was appropriately maintained during treatment. Few athletes had an open wound due to fall during running event, which were managed by applying first-aid measures.

Team of 6 to 7 interns and 2 staff were present throughout the event and managed the injuries. Events started at 6.30 am and continued till 2 pm.

Dr. Aparna Sadhale (PT) Pricipal, DESociety's Brijlal Jindal college of Physiotherapy

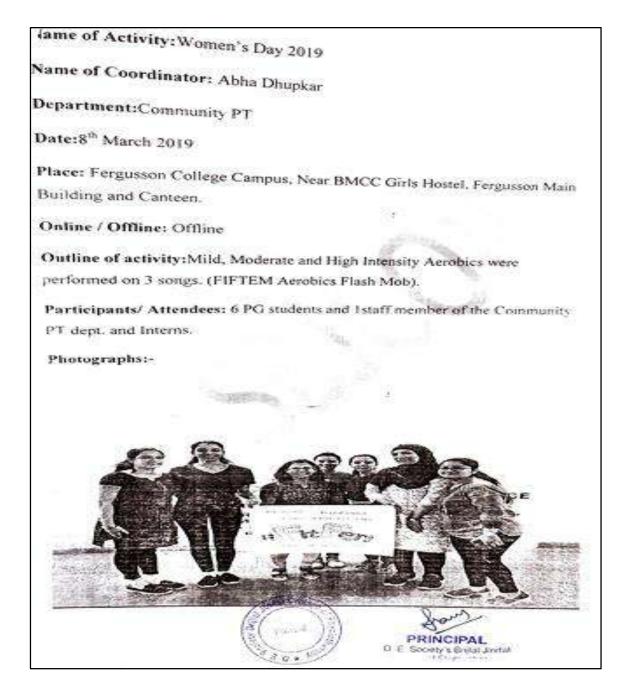
Dr. Namrata Sidhaye(PT) Dr. Apoorva Likhite (PT) Staff representatives



Goa Ironman MOC Triathlon Collaborating agency : Pro sports and bikes Date : 8-9-2019

PRINCIPAL D E Society's Brijtal Jindol College of Physiotherapy Pune . 4











D E Society's Brijfal Jindal College of Physiotherapy Pune . 4



4) Extension activity: Triathlon Sport event kolhapur Organistion unit/agency/collaborating agency: PRO sports N BIKE Date :3-11-19

D.E. Society's Fergusson College Campus, Pune 411 004 *Phone: (020) 67656471.67656467 *Pax: (01) (020) 67656494, 67656120 * E-mail: descoppine2gmail.com Web-site www.desphysiotherapycollege.com, www.despunct.ots Approved by Govt. of Maharashtra, Maharashtra State Council of 07/ PT, Indian Association of Physiotherapist & siffiliated to Maharashtra University of Health Sciences, Nashik BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY Date-Ref No-'Kolhapur triathlon'-MOC event report Pro sports and bikes had arranged a MOC triathlon for the event of 'Kolhapur triathlon'. They approached DESBJCOP to be the physic partners for the MOC event, held on 03.11.2019. 5 The cycling event started at 6.30 am from 'Pro sports and bikes'. Prabhat road followed by running event of 10 km. There were total 11 athletes who had participated in the event. All of them had completed the triathlon. Around 5 to 6 nthletes experienced cramps in hamstrings, quadriceps, glutcal, low back regions during the course of event. They were treated by applying techniques like stretching, exercises, manual muscle flushing and myofacial release etc. Hydration of the athletes was appropriately maintained during treatment. One athlete had an open wound due to fall during running event, which was managed by applying first-aid measures. Team of 5 interns and 1 staff were present throughout the event and managed the injuries. Events started at 6.30 am and continued till 10.30 am. 89 Shale A Dr. Apoorva Likhite (PT) Dr. Aparna Sadhale(PT) Staff representative Pricipal, DESociety's Brijlal Jindal college of Physiotherapy



5) Extension activity: Sport Roll ball event Organistion unit/agency/collaborating agency: FIT2SPORT Date : 3rd oct-8th oct, 4th-14th nov, 15th -20th Nov 2019

No. 25316	Performance Enhancement Clinic	
	100 m	
Date: 02-12-2019		
То		
The Principal,		
D.E. Society's Brijlal Jinda	l College of Physiotherapy,	
Pune.		
Subject: Posting of Interns		
Dear Madam,		
Following	are the names of interns and the tournaments	s they have covered-
 Gargee Sonawane a Leora Penkar and C 	rrun Shastry – 5 th Roll ball world cup and Siddesh Bhagat – A&I Digest Cricket to 0m Wadhokar – Gadre-MSLTA ITF Grade 3 CC – ITF Women's Tennis Tournament	urnament i Junior tennis championship
It is a pleasure to be associa	ited with your college. Fit2Sport will continu ocal, state, national and international events	
. Ajit Mapari Insultant Sports & Exercise Medicine g. No. 25316	Injury Management & Sports Performance Enhancement Clinic	FIT22POP
. Ajit Mapari nsultant Sports & Exercise Medicine	Performance Enhancement Clinic	FIT23POF
. Ajit Mapari nsultant Sports & Exercise Medicine	Performance Enhancement Clinic	Date: 24th September 2019
: Ajit Mapari nsultant Sports & Exercise Medicine g. No. 25316	Performance Enhancement Clinic	Date: 24th September 2019
To, The Principal,	Performance Enhancement Clinic	Date: 24th September 2019
. Ajit Mapari nsultant Sports & Exercise Medicine g. No. 25336	Performance Enhancement Clinic	Date: 24th September 2019
To, Tbe Principal, DES college of Physic Pune.	otherapy.	
To, The Principal, DES college of Physic Pune. Sub: Training and app	Performance Enhancement Clinic	
To, To, DES college of Physic Pune. Sub: Training and app Respected Madam, Further to the discuss	otherapy, pointing two physiotherapists at the Re	oll Ball event.
To, To, Tbe Principal, DES college of Physic Pune. Sub: Training and app Respected Madam, Further to the discuss	otherapy,	oll Ball event.
To, To, The Principal, DES college of Physic Pune. Sub: Training and app Respected Madam, Further to the discuss physiotherapists for F 1) Mr. Varun Shastri	otherapy, pointing two physiotherapists at the Russions, I request you to allocate duties Roll Ball selection camps followed by t	oll Ball event.
To, To, The Principal, DES college of Physic Pune. Sub: Training and app Respected Madam, Further to the discuss physiotherapists for F 1) Mr. Varun Shastri 2) Ms. Ruta Pandit Following is the progr	otherapy, pointing two physiotherapists at the Re sions, I request you to allocate duties Roll Ball selection camps followed by t	oll Ball event. of the following two he World cup 2019.
Ajit Mapari nsultant Sports & Exercise Medicine g. No. 25336 To, The Principal, DES college of Physic Pune. Sub: Training and app Respected Madam, Further to the discuss physiotherapists for F 1) Mr. Varun Shastri 2) Ms. Ruta Pandit Following is the progri 1)Selection Camp 1 f 2)Indian Mens and W	otherapy, pointing two physiotherapists at the Russions, I request you to allocate duties Roll Ball selection camps followed by t	oll Ball event. of the following two he World cup 2019. eer 2019 at Surat. d cup from 4th to 14th November

PRINCIPAL D.E. Society's Brijtal Jindol College of Physiotherapy Pune , 4



6) Extension activity Badminton tournament Organistion unit/agency/collaborating agency : Sudhanshu badminton academy Date : 28Feb-1st march 20

D.E. Society's (R.S.) BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY Fergusson College Campus, Pune - 411 004 •Phone : (020) 67656471,67656467 •Fax : (91) (020) 67656494, 67656120 • E-mail : descoppune@gmail.com •Web-site :www.desphysiotherapycollege.com , www.despunc.org Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapist & affiliated to Maharashtra University of Health Sciences, Nashlk Amravati Badminton tournament 2018-20 Intern of the college, Siddhesh Bhagat had attended a badminton tournament conducted in Amravati from 28th February to 1st of March with Sudhanshu's Badminton Academy. The students participating were of open category There were about 45-50 students in the tournament. He got an opportunity to treat mainly shoulder muscles strains , ankle sprains , hamstring and calf injuries and back related problems . It was overall a very good exposure .

PRINCIPAL D E Society's Brijtal Jindol College of Physiotherapy Pune . 4



7) Extension activity: Marathon, Runathon Simple steps Organistion unit/agency/collaborating agency: Simple Step Date : 10th Nov 2019



8) Extension activity: Adeeshakti Women empowerment

Organistion unit/agency/collaborating agency: National medicos organisation, Rotary club **Date :** 10th Nov 2019



PRINCIPAL D E Society's Brijtal Jindol College of Physiotherapy Pune - 4



9) Extension activity: Swasth Wari Organistion unit/agency/collaborating agency: MUHS Date : 10th Nov 2019

MUHS	Tel : (0253) 665917	dori Road, Mhasrul, Nashik - 422004 4 172 173
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10) Extension Activity: - Care Giver Training: Safe transfer

Organistion unit/agency/collaborating agency: Colonel's Cube NGO, Col Kumar Fulay **Date:** 18/09/2019

Safe transfers: Tips and Techniques Care Giver Training Collaborating agency: Colonel's Cube NGO. Date: 18/09/2019A Colonel's Cube 11, Janhavi Apartmant, 40/22 Bhonde Kalmaid High School, Erandwane, Pur 85692 Mob.; 9545850960 Email- kuma Behind E Sachale . Df. 20.9.19 lance al Callege the Bhole) Timou Ms Apprieration tter take this opportunity to specally that Dipts ished students to come and and students of ised Sou ise and also the Source 400 trank eur ar +2 VE luale hed Side Ca Bons Jour Intergeneration Group Causs ers an tean for it and hope whe whale heartedly yeur end relationship Earlinue Mis we (IT cal kumma for AN) Indal Colle





11) Extension Activity: Yoga event for DANISH STUDENTSDate : 14sep 2019Organistion unit/agency/collaborating agency: Fergusson college



PRINCIPAL D E Society's Brijtal Jindst College of Physiotherapy Pune 4



12) Extension Activity: Advance diploma in industrial safety

Date: 3rd Dec 2019

Organistion unit/agency/collaborating agency: Technical institute

	Date:-03-12-19
То,	
The Principal	
D.E. Society's Brijlal Jindal College	e of Physiotherapy college
Fergusson Campus,	
Pune 41104	
Subject: Acknowledegement le	etter for the conduction of Practical
demonstration by your Cardio-re	spiratory staff
Dear Madam,	
As per requisition from our colle	ge, practical demonstration of the three topics,
맛가 걸릴 것 것 옷을 알려야 한다. 것 다 친구가 많은 것 같이 다 했다. 것	n test and Cardio-pulmonary resuscitation was
이 같은 사람이 가지 않는 것을 것 같아. 그는 것은 것을 가지 않는 것을 하는 것이 없다. 것이 같아. 말 것이 없는 것이 없다. 것이 없는 것이 없다. 것이 없는 것 않이	E.S. Technical Institute by the faculty of Cardio-
이 방법을 알 때 다양 다시 가지 않는 것 같아요. 이 나는 것에 가지 않는 것 같아요. 가지 않는 것 같아요.	tment of DES BJ college of Physiotherapy on 3"
	I to you for the prompt organization of the
program. We hope to continue o	
Street.	
Thank you,	(
Regards,	D. E. Societa - Brijlat Jindal C
VA O	of Physiotherapy
1/hatin	inward No 227 2019-20
Prof.V.R.Bhide	Qete 11 12 2019
Pror.v.R.Bride	sign-A-dhale
Course Co-ordinator ADIS	Construction of the second second
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D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



13) Extension Activity: Sports event,Date : 18/1/2020Organistion unit/agency/collaborating agency: Dravid High school Wai

उ.मा.भा.प.महळ क. 21.11.901 हेकन एज्युकेशन सोसायटी, पुणे चे मा.भा.प.मंडळ आ. 21.11.001 हायस्कूल, वाइ जि.प.चेतन क. 21.11.901 जि. सातारा, वाई 412803. U-DISE No. 27311111509 दरस्वनी / Fax: (02167) 227023 त्यु इम्लिश स्यूल, वाई - स्थापना : १८८५ - इविष्ठ सादस्यकृत, बाई - स्थापना : १९१२ dravidhighschool@rediffmail.com जावक क्र. : दिनांक : 26/3/2020 राष्ट्रीय सौर : भौष प्राके १९४१ प्रति, मा. प्राचार्या. डॉ.अपर्णा साघले (पीटी) बीजलाल जिंदाल कॉलेज ऑफ फिजीओथेरपी पुणे - ४ महोदया, उनकन एज्युकेशन सोसायटी,पुणे आंतरशालेय फूटबॉल व व्हॉलीबॉल स्पर्धेसाठी आपल्या महाविद्यालयातील खालील फिजीओयेरपिस्ट पयकाने उपस्थित राहून स्पर्धेयरम्पान आवश्यक ती रीचकीय मदत केल्यावय्यल शाळा आपली अत्यंत आभारी आहे. या कामी खालील उपस्थित फिजीओथेरपिस्ट पधकाने अल्पंत मोलाचे सहकार्य केले. १. गायत्री सुरेज २. किश्मा सोलंकी मानसी भिडे ४. जान्हवी चिठे ५. वरूण शास्त्री ६. गार्मी सोनावणे कळाते. D. E. Society's Brijial Jindat College of Physiosburney, Pune आपला विश्वास invated Mo 25.2 Date 20 00 2020 dha Sight द्वविड सम्प्रस्कृत, या Activities Ru.

14) Extension Activity: Women Triathlon Date: 8th march 2020 Organistion unit/agency/collaborating agency: : Pro sports

Pro sports all women triathlon Pro sports all women triathlon was held on 8th March, 2020 on the occasion of International Women's Day. It included swimming, 37 km cycling, and 10 km running. Total 20 athletes participated in the event. (16 individuals and 4 relay teams). A team of 7 Physiotherapists rendered on-field support. Following members were the part of the event: Dr. Namrata Bhadbhade(staff), Pooja Patil, Devaki kale, Vidhi Kalyani, Kshitija Mohite, Poorva Deshpande, Janhavi Bhide. Physios were actively involved in warm-up and cool-down sessions. None of the major injuries were reported. Event was covered by 2 local newspapers- Loksatta and Lokmat D.E. Soclety a Brigial Jin dal College of Physiothera Fune.

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Particip Parties Parties T. Verville, 2005 Provided by, extends com

लोकमत

जागतिक महिलादिनामित्त उपक्रम : १९ ते ७३ वर्षांच्या स्पर्धकांचा सहभाग

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PRINCIPAL D E Society's Brijtal Jindal College of Physiotherapy Pune.4



15) Extension activity: Sports event **Organistion unit/agency/collaborating agency** : MSGGVP, Tilak road,Pune **Date:** 26,27 Nov 2019

डेक्कन एज्युकेशन सांसायटीचे माधव सदाशिव गोळवलकर गुरुजी माध्यमिक विद्यालय टिळक रोड, पुणे ४१९०३०. Email : office.msggvsu@despune.org hone 67657024 S.S.C. बोर्ड क./शाळा सांकेतांक :- ११.११.१७१ वायस का : २७२५१६०१५२४ 26.11.19 A) p !- 84/19-20 प्रति, Brijlal Jindal College Of Physiotherapy विषय :- आभार महोदय, आमच्या शाळेल २६.११,२०१९ व २७.११.२०१९ या दिवशी द्पारी ११.०० ते ७.०० या वेळेत क्रीडा दिन पार पडला. त्यावेळेस आपल्या कॉलेजमधील २ इनटर्न नी जखमी झालेल्या विद्यार्थ्याला Physiotherapy treatment दिली व योग्य प्रकारे सहाय्य केले त्याबद्दल आम्हो आपले आभारी आहोत. कळावे, आपली विश्वास् tralet. म्ख्याध्यापिका D. E. Society's Brijlal Jindal College सौ. तलाठी लिना of Physiotherapy, Pune मुख्याध्याविका Inward 10 215 2018-20 गा.स. गोळवलकर गुरुजी विद्यालग Date 25 11 2019 माध्यसिक विभाग, पुणे-३०, Sign the Est " Activities

16) Extension activity: NICMAR OPEN 2020 Organistion unit/agency/collaborating agency : Sudhanshu badminton academy DATE: 01-12-2019

NICMAR open 2020

Bavdhan, Pune.

The event was held at Suyash academy. As physiotherapists (Miss. Manasi Bhide, Mr. Siddhesh Bhagat) covered the tournament and were able to treat a certain number of injuries.

Ankle sprains, paraspinal muscle spasm, shoulder strains to name a few. Due to this opportunity provided by our college DESBJCOP and SUDHANSHU'S BADMINTON ACADEMY, we were able to get our fair share of exposure of the sports injury and a hands on experience of treating them.

TRUE COPY

PRINCIPAL C E. Society's Brijlal Jindal College of Physiotherapy Pune-4.





NICMAR OPEN 2020 Collaborating agency : Sudhanshu badminton academy DATE: 01-12-2019

18) Extension Activity: - MSLTA/ITF Junior tennis tournament Organistion unit/agency/collaborating agency: FIT2SPORT Date: Dec 2019

Ir. Ajit Mapari onsultant Sports & Exercise Medicine og. No. 25336	Injury Management & Sports Performance Enhancement Clinic	FIT2 PORT
	a star	
Date: 02-12-2019		
То		
The Principal,		
D.E. Society's Brijlal Jindal	College of Physiotherapy,	
Pune.		
Subject: Posting of Interns		
Dear Madam,		
Following a	re the names of interns and the tournamen	ts they have covered-
 Gargee Sonawane a Leora Penkar and O 	run Shastry – 5 th Roll ball world cup nd Siddesh Bhagat – A&I Digest Cricket t m Wadhokar – Gadre-MSLTA ITF Grade C – ITF Women's Tennis Tournament	ournament 3 Junior tennis championship
	ted with your college. Fit2Sport will conti cal, state, national and international event	
We would also like to get as interns and PG students at Fi	sociated with your esteemed institution fo it2Sport by way of clinical postings during	r a providing platform to your their academic tenure.
	*	
Thanking you.		
	Your	s Sincerely,
	Dr	Jung per St Ajit Mapari
		sultant Sports &Exercise Medicine
D. E. Socia Brigial Janual C of Physic (Serred Insure No. 230)	icilene V. Fuce	
Sign A - dl	rale Early Act.	
🔮 204, Chinar Heigh	ts, Lane number 5, Prabhat Road, Deccan ම +91 8888852578 ම info@fit2coort in ම uwww.fr2coort	

17) Extension Activity: - A& I Digest cricket tournament Organistion unit/agency/collaborating agency: FIT2SPORT Date:Dec 2019

Ajit Mapari Injury Management & Sports FIT2 SPO tant Sports & Exercise Medicine Performance Enhancement Clinic eg. No. 25316 Date: 02-12-2019 To The Principal, D.E. Society's Brijlal Jindal College of Physiotherapy, Pune. Subject: Posting of Interns Dear Madam. Following are the names of interns and the tournaments they have covered-1. Ruta Pandit and Varun Shastry - 5th Roll ball world cup 2. Gargee Sonawane and Siddesh Bhagat - A&I Digest Cricket tournament 3. Leora Penkar and Om Wadhokar - Gadre-MSLTA ITF Grade 3 Junior tennis championship 4. Devaki Kale - NECC - ITF Women's Tennis Tournament It is a pleasure to be associated with your college. Fit2Sport will continue to post your interns and PG students at various related local, state, national and international events in the future. We would also like to get associated with your esteemed institution for a providing platform to your interns and PG students at Fit2Sport by way of clinical postings during their academic tenure. Thanking you. Yours Sincerely Dr. Ajit Mapari Consultant Sports & Exercise Medicine D. E. Society's Brillal Jindal Gellen) of Physii 22-0 2019-20 04/12/2019 Date Shale gal Act. 204, Chinar Heights, Lane number 5, Prabhat Road, Deccan Gymkhana, Pune 411004 2+91 8888852578

19) Extension Activity: - NECC-ITF Womens Tennis tournament Organistion unit/agency/collaborating agency: FIT2SPORT Date: Dec 2019

Ajit Mapari sultant Sports & Exercise Medicine No. 25316	Injury Management & Sports Performance Enhancement Clin	s FIT2 POR
	and the second s	
	A State of the	
Date: 02-12-2019		
То		
The Principal,		
D.E. Society's Brijlal Jinda	College of Physiotherapy,	
Pune.		
Subject: Posting of Interns		
Dear Madam,		
Following a	are the names of interns and the tourn	aments they have covered-
1. Ruta Pandit and Va	run Shastry - 5th Roll ball world cup	
Leora Penkar and O	nd Siddesh Bhagat – A&I Digest Crie m Wadhokar – Gadre-MSLTA ITF C C – ITF Women's Tennis Tournamer	Grade 3 Junior tennis championship
It is a pleasure to be associat students at various related lo	ted with your college. Fit2Sport will a scal, state, national and international e	continue to post your interns and PG events in the future.
We would also like to get as interns and PG students at F	sociated with your esteemed institution it2Sport by way of clinical postings d	on for a providing platform to your luring their academic tenure.
	A	
Thanking you.		
	1	Yours Sincerely,
		tugars
	-	Dr. Ajit Mapari
		Consultant Sports & Exercise Medicine
D. E. Socie Bright Jundal 6 of Physiotheres	Cellenn .	
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Dois ou hal		
sign A d	rule Each Act.	
0 204 Ebber 204		
¥ 204, Chinar Heigh	ts, Lane number 5, Prabhat Road, Der +91 88888852578	
	m info@fit7sport in a www.fr3.	ennet in

20) Extension Activity: - 5th roll ball world cup tournament Organistion unit/agency/collaborating agency: FIT2SPORT Date: Dec 2019

Ajit Mapari Injury Management & Sports IT25POR Performance Enhancement Clinic insultant Sports & Exercise Medicine PR. No. 25316 Date: 02-12-2019 To The Principal, D.E. Society's Brijlal Jindal College of Physiotherapy, Pune. Subject: Posting of Interns Dear Madam, Following are the names of interns and the tournaments they have covered-1. Ruta Pandit and Varun Shastry - 5th Roll ball world cup 2. Gargee Sonawane and Siddesh Bhagat - A&I Digest Cricket tournament 3. Leora Penkar and Om Wadhokar - Gadre-MSLTA ITF Grade 3 Junior tennis championship 4. Devaki Kale - NECC - ITF Women's Tennis Tournament It is a pleasure to be associated with your college. Fit2Sport will continue to post your interns and PG students at various related local, state, national and international events in the future. We would also like to get associated with your esteemed institution for a providing platform to your interns and PG students at Fit2Sport by way of clinical postings during their academic tenure. Thanking you. ours Sincerely, mapas Dr. Ajit Mapari Consultant Sports & Exercise Medicine D. E. Society's Bridial Unidal Collogia of Physioth 220 2019-20 04/12/2019. Date shale Each Act. Q 204, Chinar Heights, Lane number 5, Prabhat Road, Deccan Gymkhana, Pune 411004 +91 8888852578 an info@fit7sport in nu forar

21) Extension activity: World heart day

Organistion unit/agency/collaborating agency New english school, Ramanbaug **DATE :** 30sep-15 Oct2019





D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



22) Extension Activity: - Physiotherapy services to geriatric population Organistion unit/agency/collaborating agency: AnandDham Date-Year 2019-20

Sr. No.		Frequency of visits	
1	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.Th 41 III B.P.Th 33 IV B.P.Th 26 Interns - 30 M.P.T 33
2	Sahajivan Bhugaon	Friday	Interns - 30 M.P.T 33
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th 41 III B.P.Th 33 IV B.P.Th 26 Interns - 30 M.P.T 33
4	AnandDham	Monday, Tuesday	II B.P.Th 41 III B.P.Th 33 IV B.P.Th 26 Interns - 30 M.P.T 33
5	SEVA AROGYA	Friday	M.P.T 33
all			Andhal

23) Extension Activity: - Physiotherapy services to geriatric population Organistion unit/agency/collaborating agency: Sahjivan Date: Year 2019-20

Sr. No. 1	Name of Posting Sahajiyan Narayan	Frequency of visits Monday,	Students posted II B.P.Th 41
	Peth	Wednesday, Thursday, Saturday	III B.P.Th 33 IV B.P.Th 26 Interns - 30 M.P.T 33
2	Sahajivan Bhugaon	Friday	Interns - 30 M.P.T 33
3	Rainbow Day Care	Tuesday, Thursday	II B.P.Th 41 III B.P.Th 33 IV B.P.Th 26 Interns - 30 M.P.T 33
4	AnandDham	Monday, Tuesday	II B.P.Th 41 III B.P.Th 33 IV B.P.Th 26 Interns - 30 M.P.T 33
5	SEVA AROGYA	Friday	M.P.T 33
	X	Y	

24) Extension Activity: - Physiotherapy services to geriatric population

Organistion unit/agency/collaborating agency: Rainbow day care

Date: Year 2019-20

D.E.Society's Brijlal Jindal College of Physiotherapy, Pune **Community Physiotherapy Posting Consolidated Report** Department: Community Physiotherapy Academic Year: 2019-20 Sr. No. Name of Posting Frequency of visits Students posted ĩ Sahajiwan Narayan Monday, II B.P.Th. - 41 Peth Wednesday, III B.P.Th. - 33 Thursday, IV B.P.Th. - 26 Saturday Interns - 30 M.P.T. - 33 Interns - 30 2 Sahajivan Friday M.P.T. - 33 Bhugaon 3 Rainbow Day Care Tuesday, Thursday HB.P.Th - 41 III B P.Th. - 33 IV B.P.Th. - 26 Interns - 30 MP.T - 33 II B.P.Th. - 41 AnandDham 4 Monday, Tuesday III B.P.Th. - 33 IV B.P.Th. - 26 Interns - 30 M.P.T. - 33 SEVA AROGYA M.P.T. - 33 5 Friday shale Sign of Principal Sign of HoD 5,0C 80/2 PRINCIPAL D E Society's Brijlal Jindal College of Physiotherapy Pune.4

25) Extension activity: Physiotherapy for special & orphanage children services **Organistion unit/agency/collaborating agency** : : Sofosh

DATE : A.Y 2019-20

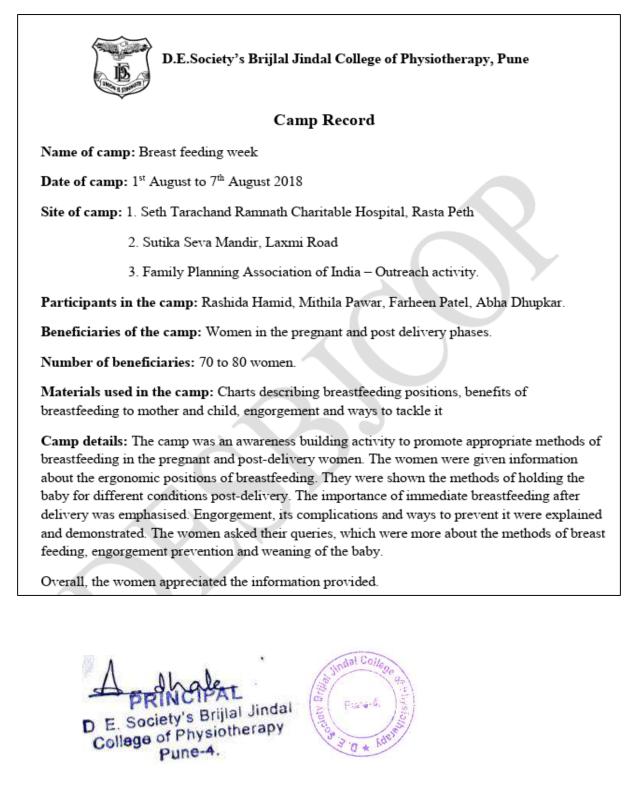
		SOFOSH
Office : +91-20-26124060 / 26126762 Ebrenvetus : +91-20-26128219 Tare : +91-25548 77948 e-mail : admini@sofosh.org Website : www.sofosh.org	Registered under the Societies R and the Add	OF THE SASSOON HOSPITALS regionation Act 1980 Reg. No. Makel/Of/Possee Researcy Public Trant Act 1980 Reg. No. F. 327 Non. SOFOER, Shreewann Children Contre- tion SOFOER, Shreewann Children Contre- and Respirate, Agartar Road, Paper - 411001.
31 st March 2020		
To, The Principal, Brijlal Jindal College of Physiott Pune,	verapy,	
Sub	ject: - Certificate of Appreciation	
Dear Sir/Madam,		
Greetings from SOFOSHII		
This is to certify that faculty ar	vd students of DES (Brijlala Jindal Coll	ege of Physiotherapy)
the second state of the se	eprived and destitute children at Shre	
center run by 50F05H since the	year 2010. Children are benefited by th	e therapy and is found
to be very satisfactory.		
This therapy is indeed helpful f	or the children and we appeal to the o	ollege to continue this
engagement of students on an	ongoing basis.	
We are very thankful to the coll	ege for the facility provided to the chil	dren at Shreevatsa.
This association will continue in	future.	
Thank you,		
SHARMILA SAYED Administration Head SOFOSH		
Below Ward No. 31/32, Sassoon General Hospitals Pune-411001		
Managing Committee :	Connectional	
Chairperson: CA. Sachin Abhyankar Vice Chairperson: shri. Shyam Mehendale Shri. Arvind Herlekar	Secretary: Smt. Nivedita Gogte Joint Secretary: Smt. Yogini Brahmankar Treasurer : Adv. Anand Akut	Members : Smt. Nirmala Lahoti Smt. Amala Phatak Smt. Vibha Bokey Shri. Vikas Kakatkar Smt. Megha Pusalkar

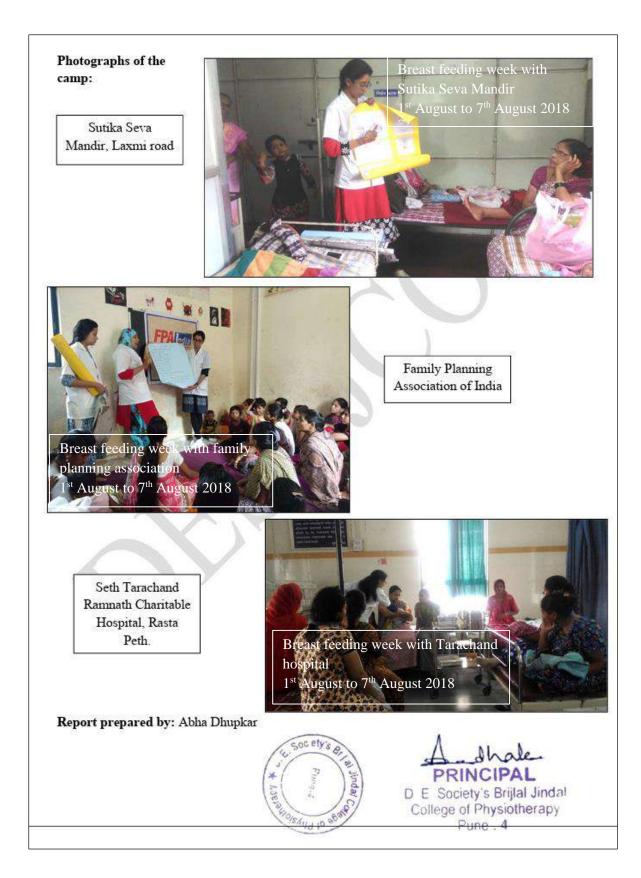


1) Extension Activity: Breast feeding week

Date : 1st August to 7th August 2018

Organistion unit/agency/collaborating agency: Seth Tarachand Ramnath Charitable Hospital, Rasta Peth, Sutika Seva Mandir, Laxmi Road, Family Planning Association of India





2) Extension Activity: Geriatric Camp Date : 25.08.2018 Organistion unit/agency/collaborating agency: ILC, old sanghvi





D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



3) Extension activity : Geriatric Camp
Date of camp: 27.09.2018
Organistion unit/agency/collaborating agency: Old Sanghvi Senior Citizens' Association

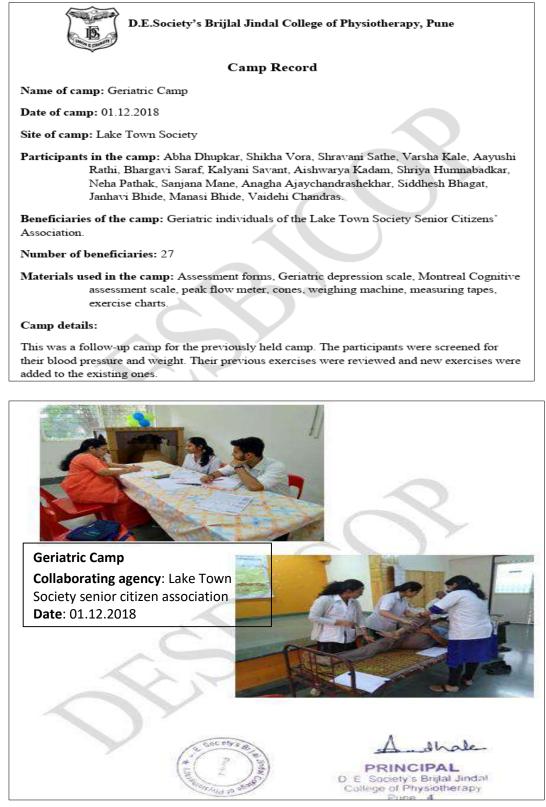








4) Extension Activity: - : Geriatric Camp Organistion unit/agency/collaborating agency: Lake Town Society Date: 01.12.2018



5) Extension Activity: Geriatric Camp:

Date: 29-9-2018

Organistion unit/agency/collaborating agency: Senior citizens association Lake town society, Katraj

Date of camp: 29.09.2018

Site of camp: Lake Town Society, Katraj

Participants in the camp: Staff and students of D.E.Society's Brijlal Jindal College of Physiotherapy and members of the International Longevity Centre - India.

Staff members: Abha Dhupkar, Diptee Bhole, Aditi Berry

Students: Mithila Pawar, Farheen Patel, Rashida Hamid, Komal Patel, Ankita Jadhav, Neesha Neelkantam, Bhagyashree Gokhale, Kajol Sharma, Vaishnavi, Meghna Sheth, Mrunmayee Solapurkar, Rewati bachute, Charmie Shah.

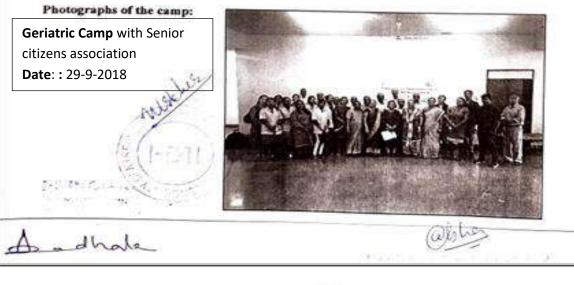
Beneficiaries of the camp: Geriatric individuals of Lake Town Society.

Number of beneficiaries: 71

Materials used in the camp: Assessment forms, Geriatric depression scale, Montreal Cognitive assessment scale, peak flow meter, Micro RPM, cones, weighing machine, measuring tapes, exercise charts.

Camp details:

The camp was held in a society near Katraj. The Senior Citizens Association here was very strong and many members turned up to get evaluated. The overall response from the members was that this was a new assessment that they underwent. They appreciated the students' efforts in performing the assessments. They also found the students to be helpful and respectful.



D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



6) Name of camp: Geriatric CampDate of camp: 15.12.2018Site of camp: Savangadi Jyeshtha Nagarik Sangha, Kothrud

Camp Record	
Name of camp: Geriatric Camp	
Date of camp: 15.12.2018	
Site of camp: Savangadi Jyeshtha Nagarik Sangha, Kothrud	
Participants in the camp: Abha Dhupkar, Shikha Vora, Shravani Sathe, Varsha Kale, Aayu Rathi, Bhargavi Saraf, Kalyani Savant, Aishwarya Kadam, Shriya Humnabadk Neha Pathak, Sanjana Mane, Anagha Ajaychandrashekhar, Siddhesh Bhagat, Janhavi Bhide, Manasi Bhide, Vaidehi Chandras.	ashi ar.
Beneficiaries of the camp: Senior citizens of the Savangadi Senior Citizens' Association	
Number of beneficiaries: 55	
Materials used in the camp: Assessment forms, Geriatric depression scale, Montreal Cogni assessment scale, peak flow meter, cones, weighing machine, measuring tapes, exercise charts.	itive
Camp details:	
The camp was an initial assessment camp for the senior citizens in Kothrud area. The participants were very enthusiastic for their assessments. They felt that many of their assessments were new and appreciated the new perspective of looking at their health.	
The participants were assessed for cognitive affect, depression and lung function along with cardiovascular endurance, static and dynamic balance and body mass index.	
A good proportion of the participants were ladies, who were very active socially and physical The participants appreciated the conduct of the camp and expressed an interest in the follow- camp as well,	lly. up
Photographs of the camp:	
A. Shale	5
PRINCIPAL D E. Society's Brijial J College of Physiother Pune-4	indal apy
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HOD bept. of Community P. T	



'सवंगडीं'साठी फिजिओ थेरपी शिबिर

करण्यात आले होते. वजन, उंची, शिबिरात हलक्याफुलक्या उपक्रमांच्या फुफ्फुसांच्या कार्यांची तपासणी झाली. आवश्यकता असलेल्यांना श्वासाचे; तसेच फिजिओथेरपीचे व्यायाम सहकार्य केले.

पुणे : सवंगडी ज्येष्ठ नागरिक सांगण्यात आले. प्रात्यक्षिकही करून संघातील सभासदांसाठी नुकतेच घेण्यात आले. ब्रिजलाल जिंदाल फिजिओ थेरपी शिबिराचे आयोजन फिजिओधेरपी कॉलेजच्या १५ व २० फिजिओथेरपिस्ट मुली या वेळी उपस्थित रक्तदाब या नेहमीच्या तपासण्यांनंतर या होत्या। संघाच्या अध्यक्षा उषा जाइल उपाध्यक्षा सनंदा जप्तीवाले, श्रीकांत माध्यमातून स्मरणशक्ती, बौद्धिक डंके, सचिव चंद्रशेखर चिंचोरे आदींसह क्षमता यांचीही चाचणी घेण्यात कार्यकत्यांनी या शिबिरासाठी परिश्रम आली. उच्छवासाची गती मोजून घेतले. आयएलसीच्या मेघना खेर, डंके, सचिव चंद्रशेखर चिंचोरे आदोंसह कार्यकत्यांनी या शिबिरासाठी परिश्रम सशांत सोनवणे, नंदकुमार सकट, डॉ. स्निग्धा गोराना, आभा ध्रुपकर आदोंनो

D E. Society's Brijlal Jindal College of Physiotherapy

Pune-4.



7) Extension Activity: Geriatric Camp Date: 23.02.2019

Organistion unit/agency/collaborating agency: Premnagar Jyeshtha Nagarik Sangha, Bibwewadi

Camp Record Name of camp: Geriatric Follow-up Camp Date of camp: 23.02.2019 Site of camp: Prennagar Jyeshtha Nagarik Sangha, Bibwewadi Participants in the camp: Abha Dhupkar, Rashida Hamid, Farheen Patel, Mithila Pawar, Megha Joshi, Sneha Koraith, Rutugandha Sulay, Richa Shah, Shikha Vora, Shravani Sathe, Varsha Kale, Kushal Shah, Aayushi Rathi, Beneficiaries of the camp: Geriatric individuals of the Premnagar Jyeshthta Nagarik Sangha, Number of beneficiaries: 27 Materials used in the camp: Assessment sheet, weighing machine, measuring tape, peak flowmeter, Trail-making test, Geriatric Depression Scale, Montreal Cognitive Assessment Scale, exercise charts, cones. Camp details: This camp was a follow up of a previously held camp. The participants' assessments were performed again and a brief on-the-spot comparison of the recent assessment was done with the previous assessment. Most of the participants showed a positive change from the previous assessment and were encouraged by these results. The new trail making test that was performed also received appreciation and many seniors expressed that they were realising the different functional areas that they needed to concentrate on other than physical fitness. Overall the participants appreciated the conduct of the camp and felicitated members of the teams of DESBJCOP and ILC-L Photographs of the camp: the lag PRINCIPAL D. E. Soclety's Brillal Jindal College of Physiotherapy, Pupe. in maline

8) Extension Activity: Geriatric camp
Date : 2nd Feb 2019
Organistion unit/agency/collaborating agency : DGOA engineering discipline civilian organisation, Pune

	Camp Record
Name of cam	p: Geriatric Camp.
Date of camp	p: 2 nd February 2019.
Site of camp	: DGQA Engineering Discipline Civilian Pensioners Organisation Pune.
Participants	in the camp: Rutuja Kowale, Rashida Hamid, Farheen Patel, Mithila Pawar, Varsha Kale, Shravani Sathe, Shikha Vora, Aishwarya Kadam, Kushal Shah, Ayushi Rathi, Bhagyashree Gokhale, Richa Shah, Komal Patel, Apurva Bhide.
Beneficiarie	s of the camp: Geriatric Population.
Number of	beneficiaries: 64
Materials u	sed in the camp: Sphygmomanometer, Cones, PEFR machine, Gauze, Tape, Stepper, Weighing Machine, Pulse Oxymeter, Tape and Mats.
Maldues Camp deta	
Camp dem	

D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



9) Extension Activity: Community Helper training module.Date of Training: 14.06.2019.Organistion unit/agency/collaborating agency: Arogya maitrin



D.E.Society's Brijlal Jindal College of Physiotherapy, Pune

Training Report

Module for: Community Helper training module.

Date of Training: 14.06.2019.

Site of Training: D.E.Society's Brijlal Jindal College of Physiotherapy, Pune.

Participants in the camp: Abha Dhupkar, Rutuja Kowale, Mithila Pawar, Rashida Hamid, Farheen Patel, Shikha Vora, Shravani Sathe.

Beneficiaries of the camp: Bahgyashree Deo (Senior Project Coordinator), Aarogya Seva Vardhini Aarogya maitrini.

Number of beneficiaries: 4

Materials used in the camp: Yoga mats, chairs, plinths.

Training details: This training module was taken to educate and prepare the aarogya maitrin for providing specified exercises to people of her community, who have been identified with musculoskeletal problems. The aarogya maitrin was shown exercises for 4 commonly affected regions of the body: the neck, shoulder, low back and knee. She was then asked for her preference amongst these exercise sets. Later the aarogya maitrin was asked to perform the exercises herself and was supervised by the MPT students and staff members. Necessary instructions and corrections were provided to the aarogya maitrin while she showed the exercises. They too cleared their doubts. The training was in preparation for these women to provide exercises to the members of their community, hence they were asked to practise the exercises till they felt themselves to be comfortable in the instructions and performance of the exercises.

The beneficiaries appreciated the method of teaching exercises and were enthusiastic to start practising themselves.



10) Extension activity: Geriatric CampDate of camp: 22nd July 2019.Site of camp: Anandi Jyeshtha Nagrik Sangha Kothrud, Pune.

IB
Camp Record
Name of camp: Geriatric Camp.
Date of camp: 22nd July 2019.
Site of camp: Anandi Jyeshtha Nagrik Sangha Kothrud, Pune.
Participants in the camp: Rutuja Kowale, Rashida Hamid, Farheen Patel, Mithila Pawar, Varsha Kale, Shravani Sathe, Shrikant Sahu, Vaishnavi Ekbote, Bhagyashree Gokhale, Dhanashree Modhe,Kajal Sharma and Komal Landge.
Beneficiaries of the camp: Geriatric Population,
Number of beneficiaries: 50
Materials used in the camp: Sphygmomanometer, Cones, PEFR machine, Gauze, Tape, Stepper, Weighing Machine, Pulse Oxymeter, Tape and Mats.
Camp details: A physiotherapy assessment camp was organized on 22 nd July 2019. A team of 12 physiotherapist did the assessment and taught the exercises as per the diagnosed condition. A documentation was done of the assessment and the planned exercise protocol and the queries of the bareford and the distribution.
the beneficiaries were resolved individually. Ergonomic advice was also given to have a good healthy and functionally independent life ahead.

Photographs of the camp:



Geriatric Camp With Anandi Jyeshtha Nagrik Sangha **Date:** 22nd July 2019.

D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.

11) Name of camp: Geriatric CampDate of camp: 05.01.2019Site of camp: Chaitanya Old Age Home, Khopoli

Camp Record Name of camp: Geriatric Camp Date of camp: 05.01.2019 Site of camp: Chaitanya Old Age Home, Khopoli Participants in the camp: Abha Dhupkar, Shikha Vora, Aditi Tupe, Aishwarya Kadam, Aayushi Rathi, Kushal Shah, Beneficiaries of the camp: Residents of Chaitanya old age home. Number of beneficiaries: 22 Materials used in the camp: Assessment sheet, weighing machine, measuring tape, Peak flowmeter, Montreal Cognitive assessment scale, cones. Camp details: This camp was held in a small village near Khopoli to assess the residents of two old age homes. The residents were enthusiastic in participating in these camps and were ready to perform exercises as required. The evaluations performed were measurement of peak expiratory flow-rate, MOCA, chair sit to stand test and BML The organisers of the camp appreciated the conduct of the camp and the efforts taken to conduct the camp. Photographs of the camp: Collega PRINCIPAL D. E. Society's Brijlal Jindal Gollege of Physiotherapy, Pune. 3'0

12) Extension activity: Sports day event.
Date : 12th Jan 2019
Organistion unit: Datar-shendure english medium school, satara.

BRIJLAL JINDAL COLLEGE OF PHYSIOTHERAPY Perguason College Campus, Punc - 411 004 *Phone : (020) 67656471,676564670 *Fax : (91) (020) 30866494, 30866120 * E-mail : descoppone@consil.com *Web-site :www.desphysiotherapycollege.com , <u>www.desphine.org</u> Approved by Govt. of Maharashtra, Maharashtra State Council of OT/ PT, Indian Association of Physiotherapiat & affiliated to Maharashtra University of Health Sciences, Nashik

Ref No- 495/ 2018-19

D.E. SOCIETY 3

To, Headmistress, Datar-Shendure English Medium School, Satara

Subject- Participation of D.E.Society's Brijlal Jindal College of Physiotherapy, Pune in DES interschool sports event

Respected Madam,

As decided in the meeting, we are pleased to send our faculty members Smt. Namrata Sidhaye & Smt. Apoorva Likhite along with our Interns & PG students on 12th January, 2019 from 8 am to 5.30 pm.

Our faculty & students will be present for on field injury management of students participating in various sports activities.

This is for your Information,

Smt. Aparna Sadhale Principal D.E.Society's Brijlal Jindal College of Physiotherapy, Pune



Date- 11/01/2019

Revers HEAD-MISTRESS Datar-Sheedure Eoplish Medium Secondary Balloal, SATARA.

13) Extension activity: Sports day event

Organistion unit/agency/collaborating agency: New english school, Tilak road, Pune **Date**: 6th, 7th, 8th December 2018

COLLEGE OF PHYSIOTHERAPY Pune - 411 004 +Phone : (020) 30866471,30866467 .0866120 · E-mail : descoppune@gmail.com derapycollege.com . www.desnune.org संस्थापकः : PHT : 1880 रेकन एज्युकेशन सोसायटी, पुणे चे विषय्याली विपञ्चणवर इंग्लिश स्कूल, टिळकरोड, पणे लोफमाम्य बाळ गंगाधर टिळक गोपाडा गणेश आयाचर 486, सदाशिव पेठ, पुणे 411030. महादेव बहुराठ नामजोशी दरस्वनी क्र.: 020 - 67657014 ष. शायस आ. 27251601504 PNA(PMC)93 e-mail : office.nest@despune.org * S.S.C. Code No. 11 : 11 : 013 R-1-N=284/18-19 Dor: 08/12/2-19 TO The Principal, D.E.Society's Brijlal Jindal College of Physiotherapy, Pune. Respected Sir/Madam, Smt.Namrata Sidhaye & Apporva Likhite,both were present on 6th,7th,and 8th December 2018 from 9 to 12 noon in our school. Both helped our school children for injury management and enhanced their moral to participate in sports activities. Thanking You, Yours faithfully, Inman **New English Schoel** Tliak Road, Pune-30. ///// Sports day event Collaborating agency: New english school, Tila road,Pune Date: 6th,7th,8th December 2018

14) Extension activity: Sports day eventOrganistion unit/agency/collaborating agency: DES Primary schoolDate: 3-5th December 2018

Deccan Education Society's D.E.S. PRIMARY SCHOOL (Permanently Un-aided English Mediam) Tilak Road, Pune-411 030 Ph. No. (020) 32427444 69/2018-19 Ref. No. Date : 05/12/20 Smt. Aparna Sadhale Principal D.E.Society's Brijlal Jindal College of Physiotherapy, Pune Subject : Participation of D.E. Society's Brijlal Jindal College of Physiotherapy, Pune during sport day events. 3 Respected madam, We are pleased and thankful to you for sending your faculty members Smt. Namrata Sidhaye & Smt. Apporva Likhite on 3rd, 4th and 5th December, 2018 for field injury management, indeed it was a great help for our institution. Thanking You, Yours faithfully, S. A. Kela Smita Kulkarni Head mistress, **Head Mistress DES Primary School** Tilak Read, Pune-411030

15) Extension Activity: Physical fitness & motor proficiency assessment 2019 **Organistion unit/agency/collaborating agency**: DES Primary school **Date**: 2018-19

Deccan Education Society's D.E.S. PRIMARY SCHOOL (Permanently Un-aided English Medium) Tilak Road, Pune-411 030 Ph. No. (020) 32427644 Date: 01/03/2019 Ref. No. Certificate This is to certify that students and faculty of DES Brijlal Jindal college of Physiotherapy have been coming to our School for sports specific physical fitness and motor proficiency assessment. They have been assessing Students of primary section. This association will continue in future too. S. K. HOW D. E. Society's Head Mistress × Brijtst Jindal College of Physiotherspy, Pune DES primary School, Tilak road, Pune-30 Inward No 293-(16-19 Head Mistress DES Primary School bate estostaois. Tilak Royd, Pune-411030 sign A. Abrale Hospitel. 2 SUDC 000 Coll

16) Extension activity: Sports day event

Organistion unit/agency/collaborating agency: MSGGVP, Tilak road, Pune

Date : 10th, 11th December 2018

डेक्कन एज्युकेजन सोसावटीचे माधव सदाशिव गोळवलकर गुरूजी माध्यमिक विद्यालय टिलफ रोड, पुणे ४११०३०. फोन मं : ०२०-२४३३०९४९/१५१७ ई-मेल : msggvsecondary@gmall.com यु जायस का : २७२५१६०१५२४ S.S.C. बोर्ड क./ज्ञाळा सांकेतांक : ११.१९.१७१ C2D uta. - 60 16- 9=19212092 म्ख्याध्यापक श्रीम. अपनी साध्यके डी.इ.एस. सोसायटी विषय:- आमार मा, महोदय, अर्थण पाठविलेल्या युपने पूर्ण तेळ उपस्थित राहून \$53 लागलेल्या मुल्लंबर योग्य ले उपचार मनापासून केले. या सर्व सोच्टीवा मुलांना व आम्हाला खुप फावदा झाला. आपल्या सहकावीयदल आम्ही आपले आभारी आहोत. पुन्हा एकदा सनापासून धन्यवाद. विद्याध्यांचे लाव वारीख अपूर्वा लिखिते लमता सिंधये ६ व १० रोजी /११ /१८ ररायती क्लकणी निमेश सुप्ता सावनी पुरुषी वामी शता श्रीया (सनावदकर 11 tist / 72/96 म नहरी कुलकणी मध्रा सोहोनी tasts -STATE BURGE मा.स. गोवधलकर पुरुजी विद्यालय ৰাগৱনিক বিদান, দুল-২০. Sports day event Collaborating agency: MSGGVP, Tilak road, Pune Date : 10th, 11th December 2018

17) Activity: Vrukshathon Marathon Date : 9/6/2019 Organistion unit/agency/collaborating agency: Fitness first

Konkar, Kousadikar win titles in Vrukshathon

Sakal Times

SPORTS REPORTER

Pune: Anurag Konkar and Radha Kousadikar ran well under two-hour mark to win the men's and women's Under-40 half-marathon titles in Vrukshathon, a run conducted to spread the awareness of planting and nurturing

or planting and nurturing trees to save environment. Over 2300 runners par-ticipated in Vrukshathon conducted over 21-km, 10-km, 5-km and 3-km distanc-es, by Fitnesss First and Sumport Science as punder.

Support Sakal on Sunday. The 21-km run began from BMCC ground and headed on to Senapati Bapat Road, Pashan and Bavdhan and back. The 10-km run took the same route, but only til NCL and turned back to finish at the starting point.

Those present for the



TROPHY TIME: All the winners of Vrukshathon with their trophies.

flag-off were Namrata Pa-til (DCP, Pimpri-Chinchwad Police), Sitaram Kandi, Ri-shikesh Bhanushali, Deepak Jagtap, Vaishali Munde-Karad, Shreetej Darode, Rujit Meher, Mukesh Yewale and Chandrakant Nimhan. A wide spectrum of so-ciety took part and pledged to plant trees. All the partic-

to plant trees. All the partic-ipants were given tree sap-lings and finisher's medal. Santosh More, Vijay Gaikwad, Mahadev Nir-mal, Rohit Salve, Ajinkya Jagtap, Shivanand Gokha-le, Padmaraj Doshi and An-man Khanduja worked to upam Khanduja worked to make the event possible.

physiotherapy college DES BJCOP, APCC, PR South, GF india, Di Runners, Baydhan Brigade, Sahyadri Cyclotrek and Pro Sports supported the event. alts: Men:

21-km (Under-40): 1. Amurag Konkar 1=24:16: 2. Shander Singh 1:28:12: 3. Hären Patel 1=28:14.

21-km (above 40): 1. Deepak Odsani 1::32:02; 2. Amod Bhate 1::32:15; 3. Krishna Sithia 1:35:47

Strime 155547. 10-km (Under-40): 1. Shikhar Mukh 36/21: 2. Surai Ghogare 3852: 3. Ravi Bansode 41-41. 10-km (above-40): 1. Anal Bandwidear 47-43: 2. Suhas Ambrale 4840: 3. Dhanng Helambe 49-27.

21-km (Under-40): 1. Radha Kous 1:57:26; 2. Netra Pelapkar 2:00:37; 3. Aish-warya Doshi 2:14:34.

warya Dochi 2:14:34. 21-km (above 40): 1. Neelan Vaid 2:03:05. 2. Vashail Xuard 2:04:45. 3. P. Reddy 2:03:52. 2. Vashail Xuard 2:04:45. 3. P. Reddy 2:03:52. 2. Swara Ahowala 51:40. 3. Tarya Duckwoh 54:39. 10-km (above-40): 1. Kavitta Reddy 51:49. 2. Swati Agarwal 54:55: 3. Sumitra. Joshi 57:52.



D E. Society's Brijlal Jindal College of Physiotherapy Pune-4.



18) Extension Activity: - Physiotherapy services to geriatric population Organistion unit/agency/collaborating agency: AnandDham Date-Year 2018-19

Bhugaon MPT- 33 Rainbow Day Care Tuesday, Thursday II B P.Th 35 III B P.Th 24 IV B P.Th 30 Interns - 26			ency of visits Stude		
Bhugaon MPT- 33 Rainbow Day Care Tuesday, Thursday II B P.Th 35 III B P.Th 24 IV B P.Th 30 Interns - 26		Wedne	esday, III B day, IV B lay Intern	P.Th 24 P.Th 30 ns - 26	5
3 Rainbow Day Care Tuesday, Thursday II B P.Th 35 III B P.Th 24 IV B P.Th 30 Interns - 26					
M.P.T 33			ay, Thursday II B III B IV B Intern	P.Th - 35 P.Th - 24 P.Th - 30 ns - 26	
4 AnandDham Monday, Tuesday II B P.Th 35 III B P.Th 24 IV B.P.Th 30 Interns - 26 M P.T 33	AnandD	Nham Mond	III B IV B Intern	P.Th 24 P.Th 30 ns - 26	

19)Extension Activity: - Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency:** Sahjivan old age home

Date-Year 2018-19

Sr. No.		Frequency of visits	Students posted II B.P.Th 35
	Sahajivan Narayan Peth	Monday, Wednesday, Thursday, Saturday	II B.P.In 35 III B.P.Th 24 IV B.P.Th 30 Interns - 26 M.P.T 33
2	Sahajiyan Bhugaon	Friday	Interns - 26 MPT- 33
3	Rainbow Day Care	Tuesday, Thursday	II B P.Th - 35 III B P.Th - 24 IV B.P.Th - 30 Interns - 26 M.P.T 33
4	AnandDham	Monday, Tuesday	II B P.Th - 35 III B P.Th - 24 IV B.P.Th 30 Interns - 26 M.P.T 33
		Y	

20) Extension Activity: - Physiotherapy services to geriatric population **Organistion unit/agency/collaborating agency:** : Rainbow day care

Date-Year 2018-19

Saturday Interns - 26 M.P.T 33 2 Sahajivan Bhugaon Friday Interns - 26 MPT- 33 3 Rainbow Day Care Tuesday, Thursday II B.P.Th 35 III B.P.Th 24 IV B.P.Th 30 Interns - 26 M.P.T 33 4 AnandDham Monday, Tuesday II B.P.Th 35	Sr. No. l	Name of Posting Sahajivan Narayan Peth	Frequency of visits Monday, Wednesday, Thursday,	Students posted II B.P.Th 35 III B.P.Th 24 IV B.P.Th 30	
Bhugaon MPT- 33 3 Rainbow Day Care Tuesday, Thursday II B.P.Th 35 3 III B.P.Th 24 IV B.P.Th 30 Interns - 26 M.P.T 33 4 AnandDham Monday, Tuesday II B.P.Th 35				Interns - 26 M.P.T 33	
3 Rainbow Day Care Tuesday, Thursday II B.P.Th 35 3 II B.P.Th 24 IV B.P.Th 30 10 Interns - 26 4 AnandDham Monday, Tuesday II B.P.Th 35	2		Friday		1
	3		Tuesday, Thursday	II B P.Th - 35 III B P.Th - 24 IV B P.Th - 30 Interns - 26	~
III B P.Th 24 IV B.P.Th 30 Interns - 26 M.P.T 33	4	AnandDham	Monday, Tuesday	III B.P.Th 24 IV B.P.Th 30 Interns - 26	

21) Extension Activity: - Physiotherapy treatment for special & orphanage children **Organistion unit/agency/collaborating agency:** Sofosh

Date-Year 2018-19

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Office : +91-20-26124660 / 26120762 Shmevatsa : +91-20-26126219 Tara : +91- 85548 77948 e-mail : admin@sofosh.org Website : www.sofosh.org

SOFOSH

SOCIETY OF FRIENDS OF THE SASSOON HOSPITALS

Registered under the Societies Registration Act 1860 Reg. No. Mah/447/Poona and the Bombay Public Trust Act 1950 Reg. No. F-325 Address : SOFOSH, Skreevatsa Childcare Centre, Sassoon General Hospitals, Agarkar Road, Pune - 411001.

31st March 2019

To, The Principal, Brijlal Jindal College of Physiotherapy, Pune,

Subject: - Certificate of Appreciation

Dear Sir/Madam,

Greetings from SOFOSH!!

This is to certify that faculty and students of DES (Brijlal Jindal College of Physiotherapy) Pune are treating the family deprived and destitute children at Shreevatsa, the child care center run by SOFOSH since the year 2010. Children are benefited by the therapy and is found to be very satisfactory.

This therapy is indeed helpful for the children and we appeal to the college to continue this engagement of students on an ongoing basis.

We are very thankful to the college for the facility provided to the children at Shreevatsa.

This association will continue in future.

Thank you,

SHARMILA SAYED Administration Head SOFOSH Below Ward No. 31/32. Sassoon General Hospitals