

International Classification of Functioning, Disability and Health

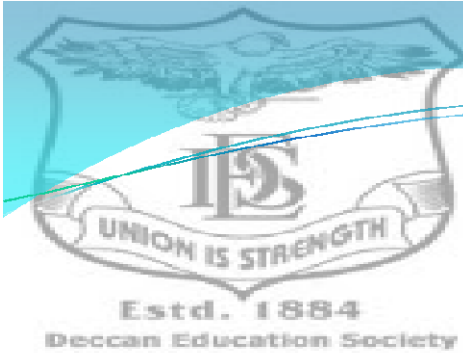
Abha Dhupkar

Assoc. Professor

Department of Community Physiotherapy

What is ICF?

- An international classification system to categorize the various health and health-related domains.
- Overall aim to provide a unified and standard language and framework for the description of health and health-related states.
- These are described as body structures & functions, activities and participation.

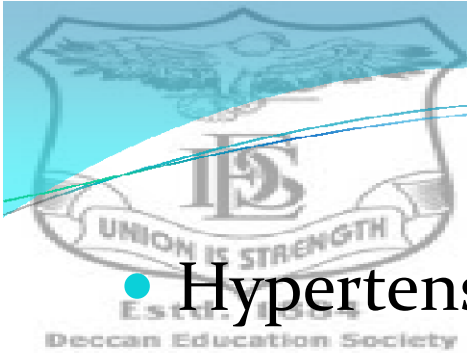


HYPERTENSION AND EXERCISES IN HYPERTENSION

Abha Dhupkar

Assoc. Professor

Department of Community Physiotherapy



- Hypertension:
 - Definition
 - Classification
 - Signs and symptoms
 - Treatment
- Exercises in Hypertension



Industrial Rehabilitation

Abha Dhupkar

Assoc. Professor

Department of Community Physiotherapy



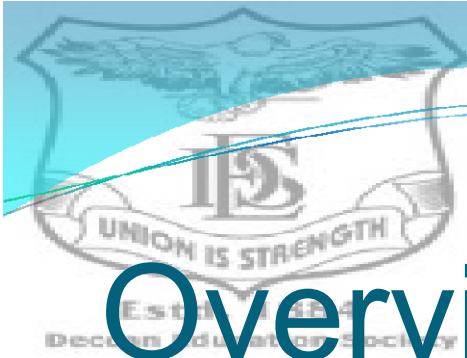
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 - Advantages of IBR
- Worker Care Spectrum
 - JA
 - JPA
 - FCA
 - Work hardening
 - Work conditioning
 - Return to work
 - Acute Care



Obesity, Diabetes Mellitus and Exercise

Abha Dhupkar
Assoc. Professor
Department of Community Physiotherapy



Overview

- Obesity
- Diabetes Mellitus
- Exercise prescription



VOCATIONAL REHABILITATION

Abha Dhupkar
Assoc. Professor
Department of Community Physiotherapy



CONTENTS

- Introduction
- Vocational Evaluation
- Members of the Vocational Rehabilitation team
- Role of each Member.
- Job opportunities for Persons With Disabilities.

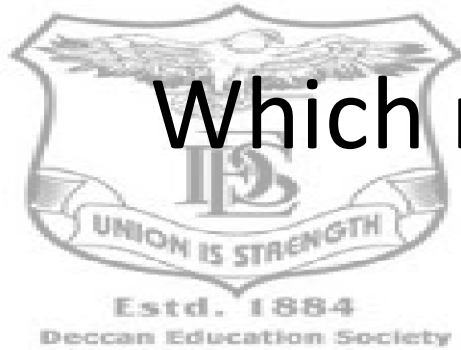


Major Muscles

Abha Dhupkar

Assoc. Professor

Department of Community Physiotherapy



Which muscles are required the most in a body?

- Postural muscles
- Which muscles do we target in women's health?
 - Abdominals
 - Pelvic floor muscles