LEVERS

Simple machines

□ Machine is a contrivance which enables an applied

force to overcome a given resistance.

THE THORAX AND CHEST WALL BIOMECHANICS

Consists of

× Thoracic vertebra

× Ribs

× Sternum

BIOPHYSICAL **PROPERTIES OF** NONCONTRACTILE TISSUE

<u>Mechanical characteristics of</u> <u>Noncontractile soft tissue</u>

 Non-contractile soft tissue permeates the entire body and is organized into various types of connective tissue to support the structures of body.

6 MINUTE WALK TEST

AMERICAN THORACIC SOCIETY

• ATS STATEMENT: Guidelines for the Six-Minute walk test

HISTORY TAKING

• Demographic data • Chief complaint • History of presenting illness • Past medical history • Past surgical history • Family history • Drug history • Personal history • Socioeconomic history

OUTCOME MEASURES

 A measure of change, either favorable or adverse, in the actual or potential health status of a person

LUNG EXPANSION

THERAPY

Indications

- Atelectasis
- Pts having difficulty in deep breathing
- NMD
- Heavily sedated
- Upper abdominal or thoracic surgery
 SCI
- BEDRIDDEN PATIENTS
- Pain

CA BREAST



- Lymphatic drainage
- Carcinoma of breast
- Types of surgeries
- Impairments/ complications
- Precautions during exercise
- Exercise program

Kyphosis, scoliosis, flail chest

• Kyphoscoliosis is a combination of excessive anteroposterior and lateral curvature of the thoracic spine.

NEUROPHYSIOLOGICAL

FACILITATORY TECHNIQUES

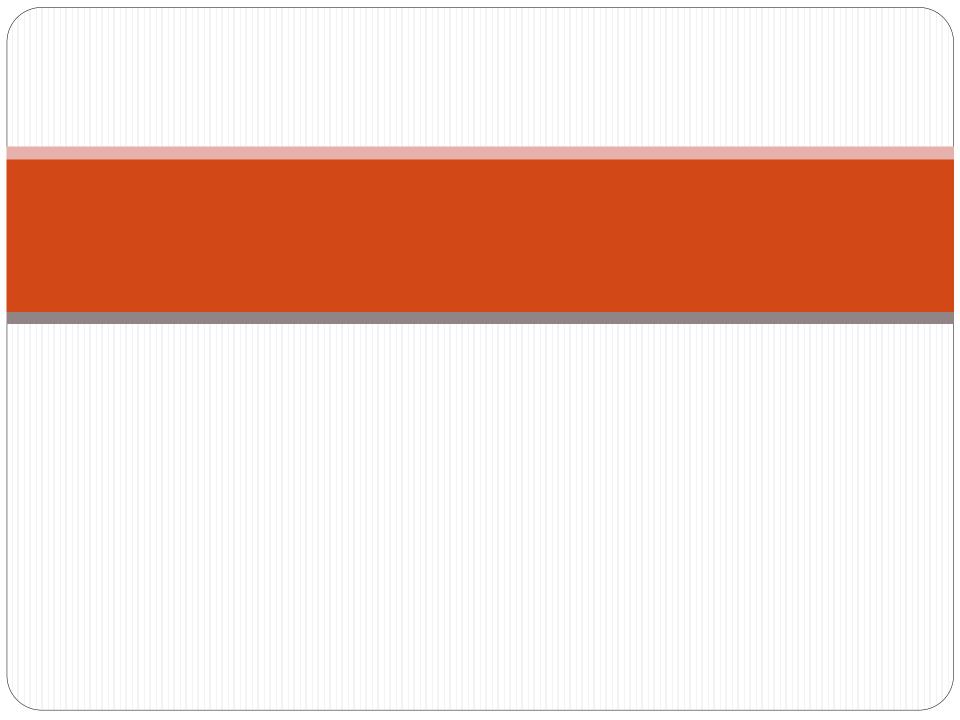
• Breathing is a complex behavior

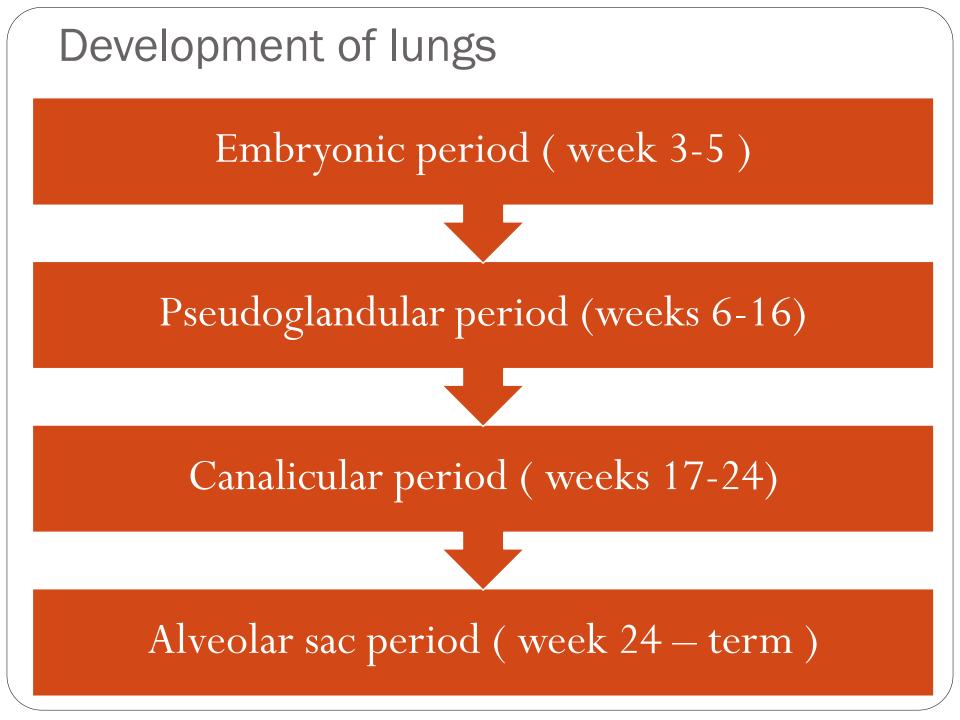
• Motor synergy of respiration includes the major

and accessory respiratory muscles and motor

neuron pools from the level of 5 th cranial nerve

to the upper lumbar segments





Respiratory assessment of infant/ child